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ZEBRAFISH AS A POSSIBLE BIOINDICATOR OF ORGANIC POLLUTANTS
IN DRINKING WATERS WITH EFFECTS ON REPRODUCTION: ARE
EFFECTS CUMULATIVE OR REVERSIBLE?

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Short title:

ARE THE POLLUTANTS CUMULATIVE OR REVERSIBLE IN ZEBRAFISH?

26 ABSTRACT

27

28 Due to inefficient detection and removal treatments, organic pollutants are present in
29 drinking waters. For this reason, zebrafish is proposed as a complementary control
30 measure in conventional potabilization treatments.

31

32 According to the most sensitive parameters (hatching rate, fertility rate and
33 underdeveloped specimens) detected in our previous work, in the current work we
34 attempt to study, in these parameters, the possible cumulative effect of
35 environmental pollutants likely present in drinking waters, between generations,
36 when specimens are cultured in the same water in both generations and/or the
37 possible reversibility of these effects when cultured in control water.

38

39 To this end, batches of 20 embryos with the chorion intact were cultured in 3
40 drinking waters from different sources (A, B and C) and in one control water up to 5
41 months, in 20 l tanks. Four replicates were performed in all water groups, with a
42 total of 28 aquariums.

43

44 Results in water C revealed a non-reversible effect on fertility rate, and also in water
45 C an alteration of sex ratio towards females, although in this case the alteration was
46 reversible. A transgenerational alteration in the germline via epigenetic mechanism
47 from the previous generation is proposed as the most plausible explanation to this
48 effect.

49

50 Keywords: organic pollutants; bioindicator; epigenetic; drinking water; zebrafish.

51

52 1. INTRODUCTION

53

54 Organic pollutants such as pharmaceutical and medical substances and persistent
55 organic pollutants (POPs) have been dispersed worldwide and as a result are
56 emerging in surface, groundwater and even in drinking waters, in this case due to
57 inefficient removal treatments (Ikehata et al., 2008; Benner et al., 2013). The
58 concentrations of these substances are low but increasingly numerous (year by year)
59 and variable over time (Khetan and Collins, 2007; Rodil et al., 2012). These
60 substances can exert toxicological but also epigenetic effects on many functions,
61 operating on somatic cells and in the germ line, in this case promoting
62 transgenerational effects (Rusiecki et al., 2008; Skinner, 2011).

63

64 In our previous work (Martínez-Sales et al., 2015), we defined and narrowed the
65 most sensitive developmental and reproductive parameters in zebrafish, with the
66 long-term aim of establishing the zebrafish as a bioindicator of the possible presence
67 of environmental pollutants. Specifically, the assessment was carried out in three
68 drinking waters from different tap water sources. The most sensitive parameters
69 detected were: hatching rate, fertility rate and underdeveloped specimens. So, in the
70 present work we focused on these parameters in order to study the possible
71 cumulative effect and/or possible reversibility of the effects, between generations, of
72 these environmental pollutants in the same three drinking waters (A, B and C) in
73 both generations, despite the fact that there are other sensitive parameters, for
74 example sex ratio.

75

76 2. MATERIAL AND METHODS

77

78 *Zebrafish maintenance*

79 Both F0 obtained from the original wild zebrafish colony and F1 generations were
80 reared in the laboratory following the protocol described in Westerfield (1995).
81 Briefly, adult zebrafish were kept in 20 L tanks at 28.5°C, in a 3:2 ratio (females:
82 males) (Westerfield, 2007) and fed on granular food supplemented with recently
83 defrosted hen egg yolk and shrimp meat (Simão et al., 2010 a). The light cycle was
84 regulated at 14h light/ 10h dark (Matthews et al., 2002; Brand et al., 2002). The
85 aquariums had water recirculation systems but without active carbon filters.
86 According to the Westerfield (2007) recommendations, a quarter of the total
87 aquarium water was removed weekly and replaced by clean water to avoid
88 ammonium concentrations.

89

90 It must be stated that all environmental conditions were identical to all aquariums
91 and the spatial distribution of the aquariums was randomized.

92

93 *Water sources*

94

95 The four different drinking waters used in the present study (the same than in our
96 previous work) were classified depending on their source into: three waters from
97 different tap water distribution networks (A, B and C) and one bottled spring water
98 which was established as a control. Type A was tap water from a city located in a
99 region with intensive farming activity, from the hydrological basin of the Túrria

100 river. Type B was from the tap water distribution network of a medium-sized city,
101 supplied from the Túrria and Xúquer rivers. Finally, type C was tap water from a city
102 also located in a region with intensive agricultural activity, but from the
103 hydrological basin of the river Xúquer. Type A and C came from groundwater
104 prospecting.

105

106 Before filling the aquariums with water, recipients (where the water was stored)
107 were kept open for at least a week, with a large exchange surface to favour chlorine
108 elimination (Westerfield, 1995).

109

110 It should be mentioned that all the waters are potable and also that the chemical
111 parameters defined for tap water for human consumption in Royal Decree 140/2003
112 of 7 February, which establishes the health criteria for the quality of water intended
113 for human consumption, are suitable for zebrafish breeding and maintenance
114 (Westerfield, 2007).

115

116 *Specimen management*

117

118 Fertilized embryos were obtained by siphoning. Batches of 20 fertilized embryos at
119 the Mid Blastula Transition (MBT) stage with the chorion intact (Martinez-Sales et
120 al., 2014; Martinez-Sales et al., 2015) were selected under a stereo microscope
121 between those degenerated and those that initiated aberrant parthenogenetic
122 development. These embryos were left in Petri dishes and cultured until 5 dpf (days
123 post fertilization) at 28, 5°C in dishes with the same water type where their
124 progenitors were reared (same water origin and water destination: A-A; B-B; C-C;

125 Control-Control) and, on the other hand, in dishes with control water (different
126 water origin and water destination: A-control; B-control; C-control).

127

128 Next, from 5 dpf to complete adulthood (5 months post fertilization) larvae were left
129 in aquariums (20 L) in the same type of water as that in which their progenitors were
130 reared and in aquariums with control water, to assess either the possible cumulative
131 effect when specimens are cultured in the same water or the possible reversibility
132 effect when are cultured in control water. From these combinations, four replicates
133 were established with a total of 28 aquariums.

134

135 After three months, marbles were placed in each aquarium with the aim of siphoning
136 all aquariums 2 or 3 times a week throughout the 4th and the 5th month, to evaluate
137 the onset of spawning and the fertility rate. Sex ratio of the surviving adults,
138 underdeveloped specimens and survival and abnormality rates at 5 mpf were also
139 evaluated. Moreover, in the F1 offspring (F2 larvae) we evaluated the survival and
140 abnormality rates at 5 dpf and the hatching rate at 72 hpf (hours post fertilization).

141

142 The experimental procedures and animal care in this work fully comply with the
143 standards for use of animals established by the Ethical Committee of the Polytechnic
144 University of Valencia, which specifically approved this study.

145

146 *Experimental design*

147

148 Two different analyses were carried out on the most sensitive parameters obtained in
149 our previous work: hatching rate, fertility rate and underdeveloped specimens. The

150 first analysis studied the possible cumulative effect between generations. To this
151 end, fertility rate and underdeveloped specimens (runts) were compared in the F0
152 and F1 generation. In turn, the hatching rate at 72 hpf was compared in the F1 and
153 F2 generation. The second analysis studied the possible reversibility of the effects in
154 fertility rate and in underdeveloped specimens in the F1 generation, and hatching
155 rate in the F2 generation (see figure 1).

156

157 *Statistical analysis*

158

159 The possible cumulative and reversible effects in all parameters were analysed using
160 Chi-square test (Statgraphics Plus 5.1). The Yates correction for continuity was used
161 when a single degree of freedom was involved. Values were considered statistically
162 different at $P < 0.05$.

163

164 3. RESULTS

165

166 As stated in material and methods, four replicates were performed in all water
167 groups with a total of 28 aquariums at the outset. However, 8 aquariums were
168 discarded due to total mortality of the larvae cultured in Petri dishes until 5dpf for
169 reasons unknown and uncontrolled. This mortality cannot be associated to a water
170 type, as the mortality was random between groups. So, the minimum number of
171 replicates per group was two, with a total of 20 aquariums. In the first group
172 (control-control) the final number of replicates was three, in the second group (A-A)
173 the final number of replicates was two, in the third group (A-control) the final
174 number of replicates was also two, in the fourth group (C-C) the final number was

175 three, in the fifth group (C- control) the final number was four, in the sixth group
176 (B-B) the final number was two and in the seventh group (B-control) the final
177 number was four.

178

179 3.1.- Hatching rate

180

181 Hatching rate was evaluated at 72 hpf (Martinez-Sales et al., 2015) in the F1 and F2
182 generations during 4th and 5th mpf.

183

184 *Cumulative effect*

185

186 The analysis showed statistically significant differences ($p < 0.05$) between the F1
187 and the F2 generations in all waters studied (see table 1). In all cases, the worst
188 results were obtained in the second generation. These results reveal a cumulative
189 effect in all waters, even in the control water. The negative cumulative effect in the
190 case of water B should be highlighted.

191

192 *Reversible effect*

193

194 The analysis showed statistically significant differences ($p < 0.05$) between data from
195 the specimens reared in waters with the same origin and destination and data from
196 the specimens reared in control water in all waters studied (see tables 2, 3 and 4).
197 The worst result was obtained in all waters with the same origin and destination.
198 These results reveal that there was a reversible effect in all waters when specimens
199 were cultured in control water.

200

201 3.2.- Fertility rate

202

203 Fertility rate was evaluated through 4th and 5th mpf in the F0 and F1 generations.

204

205 ***Cumulative effect***

206

207 The analysis showed statistically significant differences ($p<0.05$) between the F0
208 and the F1 generations in all waters studied (see table 5). The worst results were
209 obtained in the second generation (F1). These results reveal a cumulative effect in
210 all waters, including the control water.

211

212 ***Reversible effect***

213

214 The analysis showed statistically significant differences ($p<0.05$) between data from
215 specimens reared in waters with the same origin and destination and data from
216 specimens reared in control water in all waters studied (see table 6, 7 and 8). In the
217 case of waters A and B, the worst result was obtained in waters with the same origin
218 and destination (A-A and B-B), whereas in water C the result did not improve when
219 specimens were cultured in control water. These results revealed that there was a
220 reversible effect in waters A and B when specimens were cultured in control water,
221 but a non-reversible effect in water C.

222

223 3.3.- Underdeveloped specimens (runts)

224

225 In this second work, specimens evaluated at 5 mpf in the F1 generation were all
226 sexes clearly identifiable, and morphologically were also similar. Hence, there were
227 no underdeveloped specimens.

228

229 3.4.- Sex ratio

230

231 Even though in the previous work sex ratio was not a sensitive parameter, in the
232 present work, water C displayed a feminization process. Therefore, sex ratio in
233 water C was analysed at 5mpf in the F0 and in the F1 generations.

234

235 ***Cumulative effect***

236

237 The analysis showed statistically significant differences ($p < 0.05$) between water C
238 from F0 and water C from F1. The worst result was obtained in water C from F1,
239 where the sex ratio was skewed towards females (males 25%: females 75%) (see
240 table 9). No significant difference ($p > 0.05$) was obtained in the other waters (A and
241 B) whose sex ratio percentages were within the normal range in zebrafish in both
242 generations (60 males: 40 females) (Fenske et al., 1999).

243

244 ***Reversible effect***

245

246 The feminization detected in specimens cultured in water C, disappeared when were
247 reared in control water (see table 10).

248

249 4. DISCUSSION

250

251 Based upon results from our previous work (Martínez-Sales et al., 2015), hatching
252 rate, fertility rate and underdeveloped specimens were the most sensitive parameters
253 to detect the possible presence of environmental pollutants in drinking waters from
254 different tap water distribution networks (A, B and C). These parameters were
255 selected considering the full life-cycle (from development to reproduction) of
256 zebrafish specimens.

257

258 The same waters were used in the present work, but it should be taken into account
259 that although these waters have the same original source, the physical and chemical
260 conditions of the water may have changed due to seasonal variations in quality at
261 the water source (Ouyang et al., 2006), although in order to be drinkable it should
262 meet legal strict limits. Nonetheless, differences between waters also appeared in the
263 same parameters in this experiment, except in the rate of underdeveloped specimens.

264

265 The period around hatching is a critical stage during embryogenesis (Henn, 2011),
266 which is why the hatching rate has been extensively used as a parameter in many
267 toxicological studies (Han et al., 2011; Galus et al., 2013) as well as a parameter for
268 reproductive toxicity assessment (Simon et al., 2011). Our results for hatching rate
269 revealed that although the results were high in all waters in both generations, except
270 in water B (86.47% in F1 and 37.5% in F2), there was a negative cumulative effect
271 in the second generation in all waters tested, even in the control water. Surprisingly,
272 water B reached the worst results in both generations compared to the control water,
273 decreasing to 48.97% (86.47%-37.5%) in the second generation compared to the
274 first. These outcomes may suggest either the possible increasing presence of the
275 same pollutants in waters in both experiments (generations) which affect the

276 hatching process and/or the possible transmission of these negative effects to the
277 next generation via epigenetic mechanisms (Skinner et al., 2010; Skinner, 2011).
278 However, it should be stated that when specimens were cultured in control water,
279 this cumulative effect disappeared, which rules out a possible transgenerational
280 transmission via epigenetic mechanisms.

281

282 Fertility rate has also been used in many toxicological studies as a good parameter
283 (Ankley and Johnson, 2004; Liu et al., 2014). Results from fertility show that there
284 was a negative cumulative effect in the second generation compared to the first in all
285 waters, even in the control water. The most pronounced reduction between
286 generations was obtained in water A, 22.28% (42.60%-20.32%), as this water
287 reached the lowest rate (20.32%), followed by water B (24.5%) in the second
288 generation. These outcomes may suggest either the possible increasing presence of
289 the same pollutants in waters in both experiments (generations), which affected the
290 fertility rate and/or the possible transgenerational transmission of these negative
291 effects to the next generation via epigenetic mechanisms (Skinner et al., 2010;
292 Skinner, 2011). It should be noted that when specimens were cultured in control
293 water, there was a reversible effect in waters A and B, which ruled out a possible
294 transgenerational transmission via epigenetic mechanism in these waters, although
295 the cumulative effect remained in water C, the fertility rate decreasing to 12.03%
296 (43.03% -31%) when specimens were cultured in control water.

297

298 So, on the basis of these findings we posit the possible presence of environmental
299 pollutants in water A and B that affect fertility rate in both generations without
300 transgenerational transmission, due to the reversibility process in these waters.

301 Nevertheless, in water C the non-reversible effect also leads us to consider the
302 possible presence of environmental pollutants in water C that affect fertility rate in
303 both generations, but in this case with a possible transgenerational transmission due
304 to the maintenance of the cumulative effects when specimens were cultured later in
305 control water. This could be explained because early exposure during critical
306 periods of development to environmental pollutants, such as endocrine disruptors
307 (Braw-Tal, 2010), can promote an adult-onset alteration (in this case a reduction in
308 fertility rate) long after the compound is removed, even in subsequent generations if
309 the germ line is affected through epigenetic mechanisms (Skinner et al., 2010;
310 Skinner, 2011).

311

312 Regarding the non-reversible effect of the fertility rate in water C, although we are
313 unable to describe the mechanism of action behind this effect, a plausible
314 explanation could be an early exposure to some pollutant in water C during a critical
315 period of embryo development (Braw-Tal, 2010), such as the MBT stage in our
316 case, without a germline alteration via epigenetic mechanism, as the crucial period
317 for epigenetic regulation and modification of the germline is during the period of
318 primordial germ cell migration and gonadal sex determination (Skinner et al., 2010),
319 events that take place after the MBT stage (3 hpf) (Dahm, 2002), at the early
320 gastrulation stage (from 6 hpf) (Yoshizaki et al., 2002). So, taking this argument
321 into account, the most likely explanation could be an alteration in the germline
322 transgenerational transmitted from the previous generation (parents) via epigenetic
323 mechanisms to this generation.

324

325 Sex ratio is a relevant parameter used in many toxicological studies (Hill and Janz,
326 2003; Baumann et al., 2013; Liu et al., 2014). However, in our previous work, it was
327 not classified as a sensitive parameter because in all drinking waters tested sex ratios
328 were within the normal ranges. Thus, all percentages of females were around 40%,
329 which agreed with our current results and with other studies on zebrafish (60 males:
330 40 females) (Fenske et al., 1999), (68:32) (Örn et al., 2003), (56:44) (Vaughan et al.,
331 2001; Hsioa and Tsai, 2003). However, in this second experiment in water C there
332 was an alteration of sex ratio towards females (75%), although this feminization
333 changed towards normal values in zebrafish when specimens were cultured in
334 control water.

335

336 These results suggests the possible presence of some environmental pollutants, only
337 in water C, such as endocrine disrupting chemicals (17-ethinylestradiol, even at
338 ng/l) that can disrupt sexual differentiation in fish (Larsen et al., 2009) and cause
339 feminization and retardation of sexual maturation in zebrafish. These substances
340 may trigger disruption of sex hormones during sexual development and alter female
341 sex, male sex or even both sexes. In fish, the hormonal balance between estrogens
342 and androgens appears to be an important factor in the course of sexual
343 differentiation (Liu et al., 2014).

344

345 It must be highlighted that all environmental factors were rigorously controlled to
346 avoid any external alteration of our sex differentiation in zebrafish, as this is known
347 to be a difficult process in fish (Liew et al., 2014) that can be affected by several
348 environmental factors in a very complex way (Baroiller et al., 1999).

349

350 Evidence from our results gathered to date corroborates that zebrafish is a suitable
351 model for use as a bioindicator to detect environmental pollutants in drinking water.
352 The complexity of detecting these substances in conventional potabilization
353 treatments, due to their interactions and their variable and random presence even at
354 low levels in drinking water, makes their routine chemical detection and control
355 difficult or even impossible (Khetan and Collins, 2007; Benner et al., 2013). For this
356 reason, bioindicators could be used as backup control measures to conventional
357 potabilization treatments.

358

359 Finally, the detection in our previous (Martinez-Sales et al., 2015) and current works
360 of the negative effects on reproductive parameters in zebrafish reared in drinkable
361 water is cause for alarm, as the presence of these substances in drinking water may
362 be one of the reasons behind the decline in human reproduction in metropolitan
363 areas (Toft et al., 2006; Jurewicz et al., 2009; Braw-Tal, 2010; Vested et al., 2014).

364

365

366

367 5. DECLARATION OF INTEREST

368

369 The authors declare that there is no conflict of interest that could be perceived as
370 prejudicing the impartiality of the research reported.

371

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375 public, commercial or not-for-profit sector.

376

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381

382

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