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Additional Information

1	RHEOLOGICAL PROPERTIES OF HONEY FROM BURKINA FASO: LOSS
2	MODULUS AND COMPLEX VISCOSITY MODELLING
3	Shortened title: Rheological properties of honey from Burkina Faso
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10	
11	Abstract
12	This study evaluates the rheological behaviour of Burkina Faso honey and the use of exponential
13	and polynomial models to predict the influence of chemical composition and temperature on the
14	viscoelastic parameters: complex viscosity (η^*) and loss modulus (G''). Samples were first
15	characterized evaluating: water activity, HMF, sugars (fructose, glucose and sucrose), electrical
16	conductivity, moisture and colour. Dynamic rheological properties were obtained at different
17	temperatures (5, 10, 15, 20, 25, 30 and 40°C). All the honeys displayed Newtonian behaviour.
18	Complex viscosity and loss modulus can be predicted based on the chemical composition and
19	temperature using polynomial models ($R^2 > 98.00\%$).
20	
21	Keywords: honey, rheology, complex viscosity, loss modulus

24 Introduction

25 In Burkina Faso, situated in West Africa, beekeeping activities have increased in the last years, thanks in part to the installation of beekeeping promotion centres, sponsored by beekeeper 26 27 organizations [1]. These activities are helping in the production of honey and therefore, are playing an important role in society by creating sustainable livelihoods. The current development in 28 Burkina honey production is reflected in the number of scientific papers published in recent years. 29 30 For example, different authors studied the impact of storage conditions on the physicochemical characteristics of Burkina Faso honey [1]; the impact of climatic changes on nectar considering 31 honey production by honeybee colonies in a specific zone of Burkina Faso [2]; the compliance of 32 33 international standards related to the importation and sale of honey in Burkina Faso [2].

34 As far the authors know, there is no research related to the rheological properties of honey from 35 this country. Knowledge about the rheological behaviour of viscous food stuff is useful in quality 36 and process control [3]. The importance of measuring the rheological properties of honey is 37 reflected in the volume of research published in the last decade about honey from different countries [4, 5]. For this reason, the aim of this study was to predict the influence of chemical 38 39 composition and temperature on the viscoelastic parameters of honey (complex viscosity (η^*) and 40 loss modulus (G'')) using the exponential model and the polynomial model. As honey rheology is directly related to different chemical parameters [3, 5, 6], samples were first characterized from a 41 chemical point of view. 42

43 Materials and methods

44 Honey samples

Honey (18 samples) from three different places (Kampène, Bouroum-Bouroum andPassena) in the
Poni region situated in the Southwestern region of Burkina Faso were provided by beekeepers. As

the rheological parameters of honeys can be influenced by the presence of crystals and air bubbles
[7, 8], they were warmed up to 55 °C before being used, and kept in flasks at 30 °C to remove air
bubbles that could interfere with rheological studies [4].

50 Physicochemical analyses

The physicochemical properties (HMF, moisture, electrical conductivity) and Pfund colour, were 51 determined according to the harmonised methods of the international honey commission [9]. Water 52 activity (a_w) was measured at 25 °C (± 0.2 °C) using an electronic dewpoint water activity meter, 53 Aqualab Series 4 model TE (Decagon Devices, Pullman, Washington, USA), equipped with a 54 temperature-controlled system [10]. Sugars content (glucose, fructose and sucrose) were analysed 55 56 in a HPAEC-PAD high-resolution ionic chromatograph with a pulsed amperometric detector (PAD) (Bioscan, Methrom, Switzerland) and a Metrosep Carb chromatographic column (styrene 57 divinyl benzene copolymer, 4.6×250 mm). Carbohydrates were eluted with NaOH 0.1N at a flow 58 rate of 1 mL min^{-1} [11]. 59

60 Viscoelastic measurement

61 A RheoStress 1 rheometer (Thermo Haake, Germany) was used to determine the dynamic rheological properties of honey samples at different temperatures $(5, 10, 15, 20, 25, 30 \text{ and } 40^{\circ}\text{C})$, 62 by means of a parallel plate system (\emptyset 60 mm) with a gap of 500 µm. The measurement at each 63 64 temperature was carried out twice using a fresh sample of honey. The sample was loaded, and left for 5 min to allow the sample to reach the desired temperature. With the aim of determining the 65 linear viscoelastic range, stress sweeps were run at 1Hz first. Then, the frequency sweeps were 66 performed over the range w=0.62-62.83 rad/s at 1 Pa stress. The 1 Pa stress was in the linear 67 viscoelastic range. The experimental data were used to calculate storage (or elastic) modulus (G'), 68

loss (viscous) modulus (G''), and complex viscosity (η^{*}) using Rheowin Job software (v. 2.93,
Haake).

71 **Results and discussion**

72 Physicochemical characterization

Different physicochemical parameters were analysed: HMF, moisture, electrical conductivity,
Pfund colour, water activity content, and sugars content (glucose, fructose and sucrose).

The HMF content (widely recognized as an indicator of freshness) ranged between 1.02-35.60 75 mg/kg. All samples were in agreement with the Council Directive relating to honey [12], because 76 in all cases the values of this parameter were lower than 40 mg/kg. However, in some cases the 77 78 value was close to this limit, too high considering that they were raw honeys. These values were 79 lower than those reported in honey from Burkina Faso [1, 2]. The moisture varied from 17.9 to 22.1 g/100g, in some samples exceeding the 20g/100g limit established by the Council Directive 80 81 relating to honey [12]. The high electrical conductivity (between 683 and 1022 µS/cm) and Pfund 82 colour values (91 to 150) of the samples indicates that the great majority of the analysed honeys 83 could be considered to be honeydew. These values were in the same range with those reported by other authors in Burkina Faso honey [1, 2]. With respect to water activity, the values ranged 84 between 0.61-0.66, higher than the values reported by other authors [13]. The inverted sugar and 85 sucrose content had a range of 62-78 g/100g, and 1-2 g/100g, respectively, meeting the Council 86 87 Directive relating to honey [12].

88 Rheological properties of honey

Figure 1 shows the rheograms for three honeys, each from one of the different areas studied in thePoni region of Burkina Faso: 1. Kampène, 2. Bouroum-Bouroum and 3. Passena. It can be

observed that the rheological parameters analysed (complex viscosity (η^*), loss modulus (G'') and storage modulus (G')) are strongly influenced by temperature. The values of the rheological parameters (G', G", η) increased with the frequency applied to the sample, showing that G'' had a greater magnitude than G'. Regarding the complex viscosity, the values were not influenced by the frequency applied. Therefore, it can be ascertain that the honey behaved as a Newtonian fluid (fig. 1) as in the case of honey from other countries such as Romania [4] and Spain [5, 14].

In general, G' is less important than G'' due to its low value with respect to G'' (G'' > G') [15]. Consequently, different authors noted that the elastic behaviour of honey seems to be less important than its viscous behaviour [16]. The rheological properties of honey can also be affected by other factors such as sugars and other polymeric compounds [4, 17]. In particular, as these sugars have different rheological properties, the rheological behaviour can be greatly affect by the sugar content (glucose and fructose)

The data for loss modulus and viscosity will be used to obtain the best prediction model.
Exponential and polynomial models will be applied, and presented below, to predict the influence
of chemical composition and temperature on these two viscoelastic parameters.

106 Viscosity modelling

107 *Effect of Temperature*

108 The influence of temperature on the complex viscosity of honey is described using the Arrhenius109 model, which is:

110
$$\eta^* = \eta_0^* \cdot \exp\left[-\frac{E_a}{RT}\right]$$
 (eq. 1)

Where: η_0 is a constant, R is the gas constant [kJ·mol⁻¹·K⁻¹], and E_a activation energy (an energy) 111 barrier to flowing) $[kJ \cdot mol^{-1}]$, T – absolute temperature [K]. With respect to activation energies, 112 their magnitude ranged between 41.07–48.58 kJ/mol. These values are strongly influenced by the 113 moisture content; decreasing with the increase in the moisture content. The activation energies for 114 the Burkina Faso honey presented in this study are smaller than those reported in the case of 115 Romanian honeys [4] and in Spanish honeys [3, 5]due to the high moisture content of Burkina 116 Faso honey to the honeys from Romania and Spain. The data were fitted well to the Arrhenius 117 model (the regression coefficients are around 0.99). 118

119 Effect of Concentration

The influence of the concentration (C), expressed in^oBrix, on the complex viscosity of honey was
described by power-law (eq. 2):

122
$$\eta^* = \eta^*_{\ 1} C^{a_1}$$
 (eq. 2)

and exponential models (eq.3) [15]:

124
$$\eta^* = \eta^* \exp(a_2 C)$$
 (eq. 3)

125 Where: C is the concentration in °Brix and η_1, η_2, a_1, a_2 are constants. The model parameters have 126 been computed using non-linear regression. According to the regression coefficients values (R²) 127 both models are suitable for predicting the influence of concentration on complex viscosity of 128 honey.

In order to calculate the model constants, the viscosity data were fitted to equations 2-3 by nonlinear regression. The resulting values of the constants are presented in table 1. The coefficients of regression (\mathbb{R}^2) are very similar, so the two models are suitable for describing the effect of the soluble solids on honey viscosity. However, using the absolute average deviation it seems that the
power law model is more suitable for predicting the influence of concentration on the complex
viscosity of honey.

For a given temperature, the activation energy (Ea) for flow is influenced by soluble solid content,
which can be described by several models [18]. In the present work, two models have been used
(eq.4 and eq.5).

138
$$E_a = A_1 C^{B_1}$$
 (eq. 4)

139
$$E_a = A_2 \exp(B_2 C) \tag{eq. 5}$$

Where, A_1 , A_2 , B_1 and B_2 are constants. The activation energies and the model parameters were computed by non-linear regression. The coefficients of regression (\mathbb{R}^2) of the two models proposed above are the same. Computing the absolute average deviation of the activation energies, it can be observed that the exponential model was better than the power law model in describing the dependency of E_a on °Brix concentration.

145 *Combined effect of temperature and concentration*

In practise, it is useful to obtain a general equation of the combined influence of the temperature
and concentration on complex viscosity of honey [19].Figure 2 shows the combined influence of
temperature and concentration on honey viscosity.

149 In this paper two models of complex viscosity of honey were investigated (eq. 6 and eq.7):

150
$$\eta^* = \eta^* \exp(E_1 C + E_a / RT)$$
 (eq. 6)

151
$$\eta^* = \eta^* {}_4 C^{E_2} \exp(E_a / RT)$$
 (eq. 7)

The parameter data used in the two equations were fitted to these models by the non-linear regression, and the values of the model constants were determined. The complex viscosity predictions with temperature and °Brix concentration achieve coefficients of regression between 0.644 and 0.898 (table 2). The AAD certifies that the suitable model corresponds to eq. 6. Therefore, for the interval of ⁰Brix concentrations and temperatures (T) studied, the following equation (eq.8) is suggested for evaluating honey viscosity:

158
$$\eta^* = 3.98 \cdot 10^{-17} \cdot \exp(0.275 * C + 420.03 / RT)$$
 (eq. 8)

159 Polynomial modelling of viscosity

The data model which predicts the complex viscosity of honey according to its chemical composition (sugars, non-sugars components, moisture content, etc.) and temperature was made using a 3rddegree polynomial equation with seven variables. The measured and predicted values were compared to check the appropriateness of the model. The equation of the model is as given (eq. 9):

165
$$\eta_{pred}^* = b_0 + \sum_{i=0}^n b_i x_i + \sum_{i=1}^n b_{ii} x_i^2 + \sum_{i=1}^n b_{iii} x_i^3 + \sum_{i (eq. 9)$$

166 Where: η_{pred}^{*} is the loss modulus predicted, b_0 is a constant that fixes the response at the central 167 point of the experiments, b_i – regression coefficient for the linear effect terms, b_{ij} – interaction 168 effect terms, b_{ii} – quadratic effect terms and b_{iii} – cubic effect terms. The operating region and the 169 levels of the design variables, key factors, are shown as actual and coded values in table 3.

A 3rd order polynomial equation with 7 variables for viscosity was obtained as follows based on
the design variables (eq.10):

172
$$\log(\eta^*) = 0.59 - 1.53 \cdot X_1 + 1.36 \cdot X_2 - 0.34 \cdot X_7 + 0.05 \cdot X_7^2 + 0.13 \cdot X_1 \cdot X_7 - 0.10 \cdot X_2 \cdot X_7 - 0.16 \cdot X_7^3 + 0.38 \cdot X_1 \cdot X_7^2 \\ -0.33 \cdot X_2 \cdot X_7^2 + 1.27 \cdot X_3 \cdot X_7^2 + 1.07 \cdot X_4 \cdot X_7^2$$
(eq. 10)

The coefficient of regression of the proposed model (P=0.005) represents 99.38 % (R^2 adjusted 98.87%, ADD = 16.60). In figure 3 the measured and predicted values of viscosity are represented. Acording to equation 10, it can be observed that moisture content and non-sugar substances do not influence the equation. Fructose and temperature have a negatively linear influence while glucose has a positiveone.

178 Loss modulus modelling

179 *Influence of Temperature*

180 The influence of temperature on honey loss modulus was also studied using the Arrhenius model.

181
$$G'' = G_0'' \cdot \exp\left[-\frac{E_a}{RT}\right]$$
(eq.11)

Where: G_0 is a constant, R is the gas constant $[kJ \cdot mol^{-1} \cdot K^{-1}]$, and E_a activation energy (the energy barrier to flowing) $[kJ \cdot mol^{-1}]$, T – absolute temperature [K]. The activation energy (E_a) values, calculated by the Arrhenius model ranged between 24.09 and 48.11 kJ/mol. G'' influenced the magnitude of the activation energy. The activation energy is negatively correlated with moisture. In terms of regression coefficients they were greater than 0.99 for all the samples analysed.

187 *Effect of Concentration*

The influence of the concentration (C, °Brix) on the honey loss modulus can be described by
power-law (eq. 12):

190
$$G'' = G_1'' C^{b_1}$$
 (eq. 12)

and the exponential model (eq.13) [15]:

192
$$G'' = G_2'' \exp(b_2''C)$$
 (eq. 13)

193 Where: C is the concentration in °Brix and $G_1^{"}, G_2^{"}, b_1^{"}, b_2^{"}$ are constants. With the aim of calculating 194 the model constants, the loss modulus data were fitted to equations 12-13 by non-linear regression. 195 The values of the parameters are presented in table 4. According to the ADD values, it seems that 196 the power law model is more suitable for predicting the loss modulus evolution than the 197 exponential model.

Considering the mean relative deviation, it appears that the exponential models are more suitable for predicting the influence of the concentration on the magnitude of loss modulus. For a given temperature, the activation energy for flow depends on the soluble solid content which can be described using several models [18]. In the present work, two models were applied (eq. 14 and eq. 15):

203
$$E_a = A_1^{"} C^{B_1}$$
 (eq. 14)

204

4
$$E_a = A_2^{"} \exp(B_2^{"}C)$$
 (eq. 15)

Where: $A_1^{"}$, $A_2^{"}$, $B_1^{"}$ and $B_2^{"}$ are constants. The E_a values and the concentration of the corresponding honey were fitted to equations 14 and 15 by nonlinear regression in order to determine the model parameter). The coefficients of regression (R²) of the two models proposed above are the same (R² =0.91). The power law model is more suitable for predicting the activation energy value because of the much lower ADD values (12.55 in the case of equation 15, and 30.56 in the case of equation 14).

It is advantageous to obtain an equation describing the combined effect of temperature and concentration on the viscoelastic parameter [19]. The combined effect of temperature and concentration on loss modulus is shown in figure 4.

215 The following models for loss modulus were investigated (equations 16 and 17):

216
$$G'' = G_3'' \exp(E_1''C + E_a/RT)$$
 (eq. 16)

217
$$G'' = G_4'' C^{E_2} \exp(E_a / RT)$$
 (eq. 17)

The loss modulus, concentration, and temperature data were fitted to these models by the nonlinear regression and the values of the model constants were calculated. The values of these constants are shown in table 5. In the case of the loss modulus predictions, according to the temperature and concentration, the regression coefficients ranged between 0.550 and 0.908. The ADD value indicates that eq. 16 was the most appropriated model in the case of Spanish honey [3]. Therefore, for the interval of ⁰Brix concentrations and temperatures (T) studied, the following equation (eq. 18) is suggested to evaluate the loss modulus (G'') of honey:

225
$$G'' = 4.22 \cdot 10^{-17} \cdot \exp(0.292 * C + 43.178/RT)$$
 (eq. 18)

226 Polynomial modelling of loss modulus

The data model for the prediction of loss modulus (G'') of honey according to the chemical composition, moisture content and temperature was made using a 3rddegree polynomial equation with seven variables as in the case of honey viscosity. The equation of the model is (eq. 19):

230
$$G_{pred}^{"} = b_0 + \sum_{i=0}^n b_i x_i + \sum_{i=1}^n b_{ii} x_i^2 + \sum_{i=1}^n b_{iii} x_i^3 + \sum_{i (eq. 19)$$

Where: $G_{pred}^{"}$ is the loss modulus predicted, b_0 is a constant that fixes the response at the central point of the experiments, b_i – regression coefficient for the linear effect terms, b_{ij} – interaction effect terms, b_{ii} – quadratic effect terms and b_{iii} – cubic effect terms. A 3rd order polynomial equation with 7 variables for loss modulus was obtained, based on the design variables (table 4) (eq. 20):

236
$$G'' = 1.39 - 1.58 \cdot X_{1} + 1.41 \cdot X_{2} - 0.40 \cdot X_{7} + 0.05 \cdot X_{7}^{2} + 0.50 \cdot X_{1} \cdot X_{7} - 0.47 \cdot X_{2} \cdot X_{7} \\ - 0.07 \cdot X_{7}^{3} + 0.91 \cdot X_{1} \cdot X_{7}^{2} - 0.85 \cdot X_{2} \cdot X_{7}^{2}$$
(eq. 20)

The regression coefficient for the polynomial model is 98.87 (R^2 adjusted 97.94, P=0.005, ADD = 19.34). The measured and predicted values of loss modulus are plotted in figure 5. In the case of equarion 20 it can be observed that fructose and temperature have a linear negative influence whileglucose has a positive influence. The moisture content and non-sugar substances do not have an influence on the model.

242 Conclusions

The Burkina Faso honey displayed Newtonian behavior at all the temperatures analysed (5, 10, 15, 20, 25, 30 and 40 °C). The loss modulus had a higher magnitude than the storage modulus, displaying a solid-like behaviour. The response surface methodology was indeed a good tool for predicting complex viscosity and loss modulus; correlation coefficients higher than 98% were observed, 99.38% in the case of complex viscosity and 98.87% in the case of loss modulus. Fructose and temperature have a negative linear influence on loss modulus and complex viscosity, and therefore on the prediction of both of these factors, while glucose has a positive influence.

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307	Figure Captions
308	
309 310	Figure 1. Rheological behaviour of honey from Burkina Faso. 1) Kampène, 2) Bouroum-Bouroum and 3) Passena. a) complex viscosity, b) loss modulus, c) elastic modulus
311 312	Figure 2. Influence of temperature and concentration on complex viscosity of honey from Burkina Faso
313	Figure 3. Measured vs. predicted values on complex viscosity of honey from Burkina Faso
314 315	Figure 4. Influence of temperature and concentration on loss modulus of honey from Burkina Faso
316	Figure 5. Measured vs. predicted values on loss modulus of honey from Burkina Faso
317	

Table1. Effect of °Brix concentration (C) on the complex viscosity of honey from Burkina Faso
at different temperatures (T)

	Power law					Exponential model			
Temperature	η_1	a1	\mathbb{R}^2	AAD		η_2	a2	\mathbb{R}^2	AAD
(°C)									
5	$3 \cdot 10^{-68}$	36.16	0.999	9.37		$2 \cdot 10^{-15}$	0.461	0.999	15.92
10	$8 \cdot 10^{-65}$	34.20	0.995	4.54		$7 \cdot 10^{-15}$	0.436	0.994	5.46
15	$6 \cdot 10^{-75}$	39.45	0.984	12.54		$2 \cdot 10^{-17}$	0.503	0.982	20.82

20	$1 \cdot 10^{-77}$	40.77	0.992	3.17	$5 \cdot 10^{-18}$	0.520	0.991	9.44
25	$2 \cdot 10^{-76}$	40.09	0.999	9.72	$7 \cdot 10^{-18}$	0.512	0.998	12.38
30	$1 \cdot 10^{-73}$	38.62	0.989	6.16	$3 \cdot 10^{-17}$	0.493	0.991	7.54
40	$7 \cdot 10^{-48}$	24.87	0.943	8.99	$2 \cdot 10^{-11}$	0.317	0.939	30.58
ADD				7.78				14.59

321

Table 2. Combined effect of °Brix concentration and temperature on the complex viscosity of

323 honey from Burkina Faso

Model	η[mPa·s]	Ei	Ea	\mathbb{R}^2	AAD
$\eta^* = \eta_3 \exp(E_1 C + E_a / RT)$	3.98·10 ⁻¹⁷	0.275	420.03	0.898	43.40
$\eta^* = \eta_4 C^{E_2} \exp(E_a / RT)$	7.10.10 ⁻¹⁵	7.650	0.693	0.644	80.48

324

325

Table 3. Correspondence between actual and coded values of design variables

Design variables	Symbol Actual valu coded level		values of vels
		-1	+1
Fructose (g/100g)	\mathbf{X}_1	34.5	43
Glucose (g/100g)	X_2	27.0	32.0
Sucrose (g/100g)	X_3	1.0	12.5
Sugars (g/100g)	X_4	2.63	6.33
Moisture content (g/100g)	X_5	17.96	22.10
Non-sugar substances (g/100g)	X_6	1.57	1.84
Temperature (°C)	X_7	5	40

- **Table 4.** Effect of °Brix concentration (C) on the loss modulus of honey from Burkina Faso at
- 329 different temperatures (T)

	Power law m	odel G ["]	$=G_1''C$	b_1	Exponential model ($G'' = G_{2}$	$\frac{1}{2} \cdot \exp($	$(b_1^{"}C)$
Temperature (°C)	$G_1^{"}$ [mPa]	$b_1^{"}$	R ²	D	$G_2^{"}$ [mPa]	$b_2^{"}$	R ²	D
5	2.10-67	36.14	0.99	6.36	$1 \cdot 10^{-14}$	0.46	0.99	14.70
10	3.10-62	33.23	0.99	37.79	$1 \cdot 10^{-13}$	0.42	0.99	33.09
15	3.10-74	39.48	0.98	14.10	$1 \cdot 10^{-16}$	0.50	0.98	50.15
20	5.10-77	40.88	0.99	10.01	$3 \cdot 10^{-17}$	0.52	0.99	7.71
25	3.10-76	40.41	0.99	12.45	3.10-17	0.52	0.99	26.54

30	2.10-73	38.95	0.99	13.22	$1 \cdot 10^{-16}$	0.50	0.99	17.22
40	7.10^{-6}	3.22	0.87	3.24	0.35	0.04	0.87	10.85
D - mean				13.88				22.89







Figure1.



Figure 2.



Figure 3.



Figure 4.





Figure 5.