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Additional Information

1 **Standardizing the analysis of phenolic profile in propolis**

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6 **ABSTRACT**

7 The analysis of propolis is controversial, hampering the comparison of its biological properties and
8 estimation of its commercial value. This work evaluates the effectiveness of combining maceration
9 and ultrasonication extraction techniques on the yield, total phenol content (Folin-Ciocalteu) and the
10 specific phenolic compounds (HPLC-UV), on propolis from different origins. The extraction method
11 was not significant in any case; therefore ultrasonication is recommended (time-saving) but only when
12 a double extraction is performed. Propolis yield varies significantly between samples, as it includes
13 impurities, consequently the results should be expressed considering the yield (as balsam) instead of
14 raw propolis. Of the 13 quantified phenolic compounds, CAPE and pinocembrin (803 and 701 mg/g
15 balsam) stand out. The phenolic profile of a propolis must be fixed using both total phenol content
16 (with a consensus reference compound) and the specific phenolic compounds, since the latter provides
17 information about compounds that can play a significant antioxidant role.

18 **Keywords:** Propolis, phenolics, Folin-Ciocalteu, extraction methodology

19 **1. Introduction**

20 Bees (*Apis mellifera*) use propolis as a sealant to protect their hives against invaders, heat, humidity
21 and wind. They produce this product by collecting resinous substances from the exudates of certain
22 plants that are modified by mixing with enzymes, pollen and wax; therefore, it is composed of resins
23 (50%), waxes (30%), essential oils (10%), pollen (5%) and other organic substances (5%) (Pietta,

24 Gardana, & Pietta, 2002; Gómez-Caravaca, Gómez-Romero, Arráez-Román, & Segura-Carretero,
25 2006; Cheng et al., 2013; Pellati, Prencipe, & Benvenuti, 2013). Propolis has traditionally been used
26 for its antioxidant and medicinal properties (antimicrobial, antiviral, antiinflammatory, antitumoral,
27 hepatoprotective and immunomodulatory activities) (Osés, et al., 2016). Among the more than 300
28 compounds identified in this product, phenolic compounds should be highlighted, as they are mainly
29 responsible for its pharmacological and biological activity (Díaz-Carballo, et al., 2008; Pellati, et al.,
30 2013; Yang et al., 2015; Sforcin et al., 2016; Sampietro, Vattuone, & Vattuone, 2016; Freires, de
31 Alencar, & Rosalen, 2016; Alm-Eldeen, Basyony, Elfiky, & Ghalwash, 2017; Soltani, et al, 2017; de
32 Francisco et al., 2017). The presence in these bioactive compounds in propolis is strongly influenced
33 by the vegetation and climate in the region where the bees are kept (Bankova, 2005; Cheng et al.,
34 2013; Soltani et al., 2017).

35 Different solvents may be used for extraction of the active components of propolis. Among them,
36 an ethanol/water mixture (70/30) is the most commonly used as it is non-toxic and very efficient at
37 extraction, specially of polyphenols and flavonoids, commonly used as quality criterion in this
38 substance (Cunha, et al., 2004; Popova, et al., 2004; Trusheva, Trunkova, & Bankova, 2007; Popova,
39 et al., 2007; Sampietro, et al., 2016; Alm-Eldeen et al., 2017).

40 The final extraction of the bioactive compounds depends on the type and quantity of solvent,
41 temperature and time, and even the procedure used to interact with the crude propolis (Sawaya, da
42 Silva Cunha, & Marcucci, 2011). Maceration is the traditional extraction procedure, although in recent
43 years sonication and microwaves have also been recommended due to their efficiency, time saving
44 and selectivity (Trusheva et al., 2007; Sforcin, 2016).

45 Spectrophotometry, especially the Folin-Ciocalteu method, is the most widely used for the routine
46 determination of total content of phenols and certain groups of flavonoids in propolis (Gonzalez et al.,
47 2003; Kumazawa, Hamasaka, & Nakayama, 2004; Popova et al., 2004; Cottica et al., 2015). However,

48 other spectrophotometry methodologies have also been used: (DPPH) 1,1-diphenyl-2-picrylhydrazyl
49 (Laskar, Sk, Roy, & Begum, 2010; Cottica et al., 2015); (DNP) 2,4-dinitrophenylhydrazine (Popova
50 et al., 2007) and (ABTS) 2,2-azinobis (3-ethylbenzothiazoline-6-sulfonic acids) (Gülçin et al., 2010;
51 Sun, Wu, Wang, & Zhang, 2015). There is a significant discrepancy in the results reported in the
52 bibliography about total phenolic content. This is mainly due to the difference in the reference
53 compounds chosen for the construction of the calibration curves necessary to express the quantitative
54 result (Cicco, et al., 2009).

55 Chromatographic methods, especially HPLC, are used for the separation and quantification of the
56 specific constituent compounds of the phenolic profile, although they are not recommended as routine
57 procedures due to their high cost (Popova et al., 2004; Castro et al., 2014).

58 The discrepancy found in everything related to the analysis of propolis (method of extraction or
59 quantification, and criteria to express the results) by researchers and laboratories decisively influences
60 the disparity of results (Andrade et al., 2017; de Francisco et al., 2017). Consequently, it is difficult
61 to compare the biological properties of different “types” of propolis. For this reason, it is necessary to
62 standardize an analytical procedure to determine valid common criteria, and therefore accurately
63 classify propolis according to its composition and commercial value.

64 For the aforementioned reasons, the objective of this work was to evaluate the effectiveness of the
65 most used bioactive compound extraction techniques (maceration and ultrasonication) applying
66 different extraction combinations (double maceration, double ultrasonication and maceration
67 followed by ultrasonication) on the yield (with respect to crude propolis), on the total phenol content
68 and on the quantification of specific compounds of the phenolic profile of propolis.

69 **2. Materials and Methods**

70 *2.1. Raw samples*

71 Crude propolis from different countries were used in this study to consider a possible range of
72 variability in the phenolic profile. Specifically, 3 samples from Rumania (Suceava County), 2 from
73 Spain (Gestalgar and Montroy municipalities, in Valencian region) and 1 from Honduras (municipality
74 of Siguatepeque, department of Comayagua) were analysed. The samples were collected at the end of
75 summer and beginning of autumn. Each sample from Romania and Spain was harvested from a
76 specific professional apiary, composed of no less than 150 hives. In the case of Honduras the sample
77 came from wild hives collected by the Lencas communities. The samples were stored at -18°C until
78 analysis.

79 2.2. *Reagents and solutions*

80 The standards used: caffeic acid, rutin, p-coumaric acid, ferulic acid, m-coumaric acid, quercetin,
81 trans-cinnamic acid, apigenin, genistein, kaempferol, chrysin, pinocembrin, caffeic acid phenylethyl
82 ester (CAPE), and acetonitrile were purchased from Sigma–Aldrich (St. Louis, MO, USA). Gallic
83 acid as well as Folin-Ciocalteu reagent were acquired in Scharlab (Barcelona, Spain). All reagents
84 and standards used were HPLC grade, and purified water from a Milli Q system was used throughout
85 the experiments.

86 2.3. *Extraction procedure*

87 Each crude sample (10-15 g) while still frozen, was ground to homogenize it before extraction. Three
88 different extraction methods were carried out: double maceration (MM), double ultrasonication (UU)
89 and maceration followed by ultrasonication (MU). Each extraction was executed in triplicate.

90 *Maceration-Maceration (MM)*: One gram of pulverized sample was weighed and dissolved in 30
91 mL of 70% ethanolic solution (70:30 ethanol:water). Then, this solution was stirred constantly for 24
92 hours in a dark room. After that, a 5 min centrifugation (5000 rpm at 5 °C) was carried out and the
93 supernatant was separated from the residue by filtration (Whatman 3) (1st extraction). This process

94 was repeated on the residue, to obtain a second supernatant (2nd extraction). Both supernatants (1st +
95 2nd extraction) were collected in a volumetric flask and topped up to 100 mL using the same 70%
96 ethanol solvent.

97 *Ultrasonication-Ultrasonication (UU)*: Again one gram of pulverized sample was weighed and
98 dissolved in 30 mL of 70% ethanolic solution (70:30 ethanol:water). Then, rather than the solution
99 being stirred constantly for 24 hours in a dark room, the extraction process was carried out in an
100 ultrasonic bath at 25°C for 30 minutes. Then, centrifugation and filtration was carried out as for MM.

101 *Maceration-Ultrasonication (MU)*: The first extraction was carried out in the same manner as
102 described for maceration, and then submitted to a second extraction as described for ultrasonication.

103 In the UU and MU extraction methods the same number of extracts were considered as described in
104 the MM method: 1st extraction, 2nd extraction and 1st + 2nd extraction.

105 The extracts were preserved at -18 °C until the quantification of the “propolis yield” (balsam
106 content), and the determination of the total polyphenols (by spectrophotometry) and specific
107 compounds (by HPLC).

108 2.4. *Establishing a standardized quantitative criterion*

109 In order to standardize the expression of phenol compounds present in a propolis extract, the yield of
110 the propolis samples (eliminating the impurities) was calculated. The yield was expressed as balsam
111 content (soluble ethanolic fraction) and determined according to Popova et al., 2007. To this end, an
112 aliquot (2.0 mL) of each ethanolic extract was evaporated in a vacuum oven to constant weight. The
113 percentage of yield was calculated following the equation (1):

$$114 \quad Yield = \left(\frac{\text{weight of the dry ethanolic extract}}{\text{weight of crude propolis}} \right) * 100 \quad \text{equation (1)}$$

115 2.5. *Spectrophotometric determination of total phenolic content*

116 The method used to determine the total phenolic content of the propolis extract was based on a slight
117 modification of the procedure described by Cicco et al. (2009). 100 μL of each extract of propolis (1th,
118 2nd and 1st + 2nd) plus 1900 μL distilled water were placed in a glass tube and then the solution was
119 oxidized by adding 100 μL of Folin-Ciocalteu reagent. After exactly 2 minutes, 800 μL of 5% sodium
120 carbonate (w/v) was added. This solution was maintained in a water bath at 40°C for 20 min, and then
121 the tube was rapidly cooled with crushed ice to stop the reaction. The generated blue colour was
122 measured using a spectrophotometer at 760 nm. As the result of the total content of phenolic
123 compounds is clearly dependent on the reference substance used in the calibration curve, three
124 different standards were essayed in this study: rutin, gallic acid and a mixture of pinocembrin/galangin
125 (2:1) (Popova et al., 2004; Woisky, & Salatino, 1998). In order to prepare the stock standard solutions,
126 25 mg of rutin, gallic acid or a pinocembrin/galangin mix (2:1) were dissolved to a final volume of 25
127 mL methanol in each case and stored at -20 °C. The calibration curves were carried out at the beginning
128 of each working day from six working standard solutions, which were prepared by appropriate dilution
129 of each stock standard solution with 70 % ethanol. Concentration ranges were: 50-600 $\mu\text{g}/\text{mL}$ for
130 rutin, and 50-300 $\mu\text{g}/\text{mL}$ for both gallic acid and pinocembrin/galangin (2:1). The ethanolic solution
131 was used as a blank.

132 2.6. *Chromatographic determination of the phenolic profile*

133 Individual stock solutions of each standard were prepared in methanol at 10 mg/mL, and stored at -
134 20°C. The working standard mixture solutions were made by diluting the appropriate amount of each
135 stock standard solution to obtain 5 calibration levels (final concentrations of 5, 10, 20, 200 and 1000
136 $\mu\text{g}/\text{mL}$).

137 An HPLC Agilent 1120 Compact LC, consisting of a binary pump with integrated degasser, an
138 autosampler injector, column oven and UV/VIS detection was used to determine the phenolic profile
139 and EZChrom Elite software for data analysis. Chromatographic separation was carried out on a C18

140 column (250 mm x 4.6 mm, 5 μ m, Tecnokroma). Chromatographic method was based on information
141 provided by Pellati, F., Orlandini, G., & Benvenuti, S. (2011) with slight modifications. The run time
142 was 30 min, with 1 min post run time. Details about the method are as follows: column oven (30 $^{\circ}$ C);
143 mobile phase A (5% formic acid); mobile phase B (acetonitrile); flow rate (0.8 mL/min); needle wash
144 (100% acetonitrile); injection volume (1 μ L); detection (295 nm). The gradient applied was: 0 min
145 (10% B); 3 min (15% B); 18 min (40% B); 24 min (40% B); 27 min (66% B); 33 min (70% B); 40
146 min (80% B).

147 A blank injection was performed in all the trials to check chromatographic interference in the
148 resolution. The retention times of all the standards were confirmed by individual standard injections.
149 A standard mixture to check the retention times was injected each working day. The samples were
150 filtered through a 0.2 μ m pore size membrane filter prior to chromatographic analysis. The analysis
151 were performed in triplicate.

152 2.7. *Statistical Analysis*

153 A multifactor ANOVA (with LSD test and $\alpha=0.05$), using the Statgraphics Centurion program, was
154 applied to evaluate the effect of the method of extraction and the type of propolis sample. The
155 interaction between both factors was also considered. A Principal Component Analysis (PCA), with
156 the software Unscrambler X.10 was also applied to describe the relationship between the methods of
157 extraction and the variables analysed: total phenols and the phenolic profile.

158 **3. Results**

159 3.1. *Yield of the propolis samples*

160 Table 1 shows the average and standard deviation of the yield in propolis (expressed as g balsam/100
161 g crude propolis) obtained by applying three different extraction methods (double maceration “MM”,
162 double ultrasonication “UU” and maceration followed by ultrasonication “MU”). Data were obtained

163 after a first extraction (1st), after a second extraction (2nd) and after the combination of both extracts
164 (1st+2nd). In addition, this table shows the result of the multifactor ANOVA (P-value, F-ratio and
165 minimum and maximum LSD values) carried out considering the factors: “method of extraction” and
166 “sample”. The respective double interaction of both factors (data not shown) was not significant. The
167 “number of extraction” was not considered as a factor because of the obvious difference between
168 them: 1st extract, 2nd extract and 1st+2nd extracts.

169 Significant differences between samples were observed in relation to the propolis yield. Sample 1
170 (Romania 1) and sample 5 (Spain 2) showed the highest values for the three methods of extraction
171 applied; whereas sample 2 (Romania 2) and sample 3 (Romania 3) had the lowest. Differences in
172 propolis yield are mainly due to impurities such as: wax, insect remains, splinters of wood from the
173 beehives and other debris in the crude propolis samples. This demonstrates that beekeeping practices
174 decisively influence the final yield of this product, because of the presence of foreign material in the
175 propolis (Stan, Mărghitaș, & Dezmirean, 2011). This is obviously very important when the quality
176 and price of the propolis samples on the market is to be fixed. Therefore, it seems more coherent to
177 express the results of the content of active ingredients in propolis with respect to the yield in terms of
178 the “balsam”, instead of the weight of crude propolis. The expression of the yield as balsam has been
179 used by other authors as a way to state the percentage of extracted matter from crude propolis Liu et
180 al., 2006; Trusheva, et al., 2007).

181 In the present study, propolis yield did not vary significantly between the extraction methods (1st
182 + 2nd extraction) since the range of variability is similar in the three cases (MM: 51-80.5 g), MU: 51-
183 79.8 g and UU:48.3 to 76.9 g). However, analysing the 1st and 2nd extraction separately, it is observed
184 that results of the first extraction (1st) for MM and MU are very similar (MM: 46.5-69.6 g balsam/100
185 and MU: 47.0- 9.0 g balsam/100 g crude propolis) and slightly higher than those obtained from the
186 first extraction of UU (42.0-67.3 g). Moreover, in the second extraction, the opposite behavior was

187 shown: MM (4 to 6.2 g), MU (from 3.4 to 6.6 g) and UU (from 5.5 to 11.2 g). It is evident that a
188 second extraction in the case of UU compensates for the lower yield observed after the first extraction,
189 with respect to the other methods.

190 In view of the yield results, the UU method applying 2 extractions seems more recommendable,
191 even though the final result is very similar to the other two methods, there is considerable time-saving:
192 UU (1 hour), MU (24.5 hours) and MM (48 hours). Liu et al. (2006) and Trusheva et al. (2007) also
193 observed that ultrasonication was the most efficient method in comparison to microwaves or
194 maceration for propolis and medicinal plants respectively. However, in the present study it was shown
195 that ultrasonication is only the best procedure when two consecutive extractions are carried out on the
196 same propolis sample.

197 *3.2. Total phenolic content*

198 The average values and the standard deviation of total phenolic content quantified in the propolis
199 samples and the ANOVA multifactor (“method of extraction” and “sample”) are shown in Table 2.
200 The three different extraction methods (double maceration “MM”, double ultrasonication “UU” and
201 maceration followed by ultrasonication “MU”) were also considered to evaluate the effectiveness of
202 the extraction method in the recovery of the total phenolic content from crude propolis.

203 Total phenolic content was expressed in three ways considering different compounds as calibration
204 references: rutin, gallic acid and pinnocembrin/galangin, as they are indistinctly used in the reported
205 bibliography to measure the total phenolic content in propolis (Popova et al., 2004; Cottica et al.,
206 2015). All this is necessary to compare the results of other reported propolis and to avoid confusion
207 in terms of their active ingredients.

208 Again, the advantage of the UU extraction procedure is obvious, as the results are very similar to
209 MU and MM, although considerable time is saved. As mentioned in the previous section for yield,

210 although some authors reported the advantages of ultrasonic extraction versus traditional maceration
211 when determining the antioxidant capacity (Trusheva et al., 2007; Azmir et al., 2013), these are only
212 evident when a double extraction of the same sample is performed.

213 Instead of per gram of raw propolis, as is usually reported by other authors, the results were shown
214 as per gram of “balsam” (Kumazawa et al., 2004; Laskar et al., 2010; Cottica et al., 2015). This was
215 considered more accurate because, as mentioned before, propolis yield varies significantly between
216 samples as it includes impurities that should be excluded from the weight.

217 Table 2 shows that figures for gallic acid and pinocembrin/galangin are of the same order, whereas
218 the figures for rutin are always approximately double (mg/g balsam) for each sample, even though
219 they represent the same level of total phenol content. For instance, total phenolic content expressed as
220 rutin ranged between 169 mg/g balsam in the Honduran sample (sample 6) to 981 mg/g balsam in
221 Sample 5 (Spain 2); whereas if it is expressed as gallic acid or pinocembrin/galangin the values were:
222 84 and 86 mg/g balsam in sample 6, and 442 and 471 mg/g balsam in Sample 5. It is important to
223 consider this when comparing the results reported by different authors and the data generated by the
224 analytical laboratories. The lack of consensus in the reported works when expressing the total phenol
225 content of propolis, complicates comparison between different types of propolis.

226 In the present work, no significant differences were observed for the total phenolic content with
227 respect to the extraction method, but differences were found due to the type of sample. As mentioned
228 before, the sample (S5) from Spain showed the highest average value of total phenolic content and
229 the sample from Honduras (S6) the lowest. The samples from Romania presented intermediate
230 average values but relatively close to those of Spain without significant differences between them.

231 It is difficult to compare the results of the total phenolic content found in the present work with
232 those reported in the bibliography, because even after using the same analytical method (Folin–
233 Ciocalteu procedure), the results could be expressed differently since other reference compounds

234 (calibration standards) were used. For instance, Popova et al (2004) used a mixture of pinocembrin
235 and galangin as a reference (expressing the results as mg/mL extract). In poplar-type propolis these
236 authors reported values from 19.0 to 28.3 mg pinocembrin and galangin /mL of extract. Gonzalez et
237 al., 2003, used gallic acid, quercetin, 3,4-dihydroxybenzoic acid, caffeic acid and vanillin as reference
238 compounds but showed the results as a percentage of raw propolis, while Kumazawa et al., 2004 and
239 Cottica et al., 2015 used gallic acid as a calibration standard, assessing the total polyphenol content as
240 mg of gallic acid equivalent per gram of propolis (mg GAE/ g propolis). The last authors reported
241 values of 199.35 and 65.92 mg GAE/g propolis using ethanol-water extractions for Canadian propolis.

242 *3.3. Phenolic profile*

243 The average values and standard deviation of the quantified phenolic compounds in propolis samples
244 (expressed as mg of compounds/g balsam) obtained applying three different extraction methods:
245 double maceration (MM), double ultrasonication (UU) and maceration followed by ultrasonication
246 (MU) are shown in Table 3. Data were obtained after the combination of two extracts carried out on
247 the same propolis sample (1st+2nd) to achieve the maximum possible extraction as demonstrated in the
248 previous sections. This table also shows the ANOVA results (F-ratio and significant differences)
249 obtained for two factors: method of extraction and type of propolis.

250 Most of the compounds are found in the six kinds of propolis, but in different quantitative
251 proportions. Of the 13 quantified compounds, all of them showed significant differences between
252 samples and only one presented significant differences considering the method of extraction. This
253 result demonstrates the influence of the kind of propolis on the quantification of this type of
254 compound. In the present work, the most abundant compounds found were CAPE (771-803 mg/g
255 balsam) and pinocembrin (606-701 mg/g balsam), both in Sample 5 (Spain 2). Furthermore, this
256 sample showed the highest significant values for: kaemferol (323-357 mg/g balsam), chrysin (332-
257 343 mg/g balsam), m-coumaric acid (134-152 mg/g balsam), caffeic acid (79-88 mg/g balsam),

258 quercetin (38-43 mg/g balsam) and apigenin (36-40 mg/g balsam). The rest of the compounds
259 analyzed were more abundant in sample 1 “Romania 1” (p-coumaric 278-284 mg/g balsam, ferulic
260 243-260 mg/g balsam, rutin 56-79 mg/g balsam and genistein 7-14 mg/g balsam). Sample 6
261 (Honduras) stands out both for the absence of 5 out of the 13 compounds analyzed and for the low
262 quantities of the identified compounds. However, this sample is the only one that contains trans-
263 cinnamic acid (48-59 mg/g balsam) together with sample 3 “Romania 3” (55-66 mg/g balsam). The
264 sample from Honduras differs greatly from the other samples, as the chromatograms revealed the
265 presence of abundant unknown peaks. This suggests that this propolis contains other phenolic
266 compounds not considered in this study, which could be the subject of future research.

267 European propolis from Ukraine and Bulgaria mainly contained pinobanksin (14.7 mg/g of
268 ethanolic extract) and chrysin (120.4 of mg/g of ethanolic extract) (Kumazawa et al. 2004), while
269 propolis from China (Beijing) had caffeic acid (3.74 mg/g propolis) as the major phenolic acid and
270 pinobanksin-3-O-acetate (69.36 mg/g propolis) and as the main flavonoid (Sun et al., 2015).

271 In order to evaluate the global effect of the method of extraction and the type of propolis on the
272 total phenolic content and the phenolic profile, a principal component analysis (PCA) was performed.
273 Figure 1 shows the PCA bi-plot of scores and loading, where the codes for each point correspond to
274 “method of extraction-number of sample”. Two principal components explained 84% of the variations
275 in the data set: PC1 (58%) and PC2 (26%). The first thing to note when looking at the PCA is that all
276 the samples of propolis are clearly differentiated. It is also noteworthy that there is a certain proximity
277 between samples from the same country: samples 1, 2 and 3 from Rumania (upper quadrants) and
278 samples 4 and 5 from Spain (bottom right quadrant). The approximations between samples indicate
279 some similarity in terms of the variables analyzed, which is logical since the environmental conditions
280 and vegetation decisively influence the characteristics of propolis (Bankova, 2005; Popova et al.,
281 2007).

282 When analysing the PCA plot in more detail, it can be observed that for the same sample there is
283 practically no difference with respect to the extraction method applied. This indicates that the method
284 of extraction has no effect whatsoever on the analysed parameters as the score points are mainly
285 grouped according to the type of propolis.

286 The loading plot clearly shows that certain compounds are responsible for differentiation between
287 samples: CAPE, kaemferol, chrysin, apigenin, pinocembrin, caffeic acid, m-coumaric acid and
288 quercetin, associated with PC1 are characteristic of samples 4 and 5, as trans-cinamic is for sample 6
289 and ferulic acid, p-coumaric, genistein and rutin (corresponding to PC2) are for samples 1 and 2.
290 However, sample 3 has an intermediate position among all of them.

291 **4. Conclusions**

292 An accurate standardization of the phenolic profile of propolis is required in order to define quality
293 criteria and therefore support the estimation of the commercial value of this expensive natural product.
294 This must focus not only on the active chemical composition, but also on the use of adequate analytical
295 protocols defining solvents, extraction procedures, and what is equally important, the criteria to
296 express the results. Working only with standardized methodology (accepted by all the agents involved:
297 scientists, traders, public administration and analytical laboratories) will make it possible to have
298 reliable and comparable data.

299 In the present work, it was found that propolis type had a greater influence on the yield, on total
300 phenol content and on individual phenolic compounds than did the method of extraction. This paper
301 has demonstrated that ultrasonication is more suitable than maceration as a method for extraction of
302 phenolic compounds in propolis, as this procedure saves a considerable amount of analysis time.
303 However, this is the case only if a double extraction is performed on the same sample; since it requires
304 only 1 hour even after performing the extraction twice. The results should be expressed considering
305 the yield and not the raw propolis, because of the impurities included in the propolis samples. The

306 value of total phenol content is comparable between propolis only when the same reference
307 compounds are used. It seems daring to define the antioxidant capacity of a propolis by means of
308 analyzing only the total phenol content, since this total value does not necessarily reflect the presence
309 of certain compounds that can play a significant antioxidant role.

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410 **Figure Caption**

411 Figure 1. Scores (A) and loading (B) plots of the two principal components of the PCA model for
412 phenolic content (total expressed as pinocembrin/galangin and individual phenolic compounds
413 quantified in propolis samples obtained applying three different extraction methods: double
414 maceration (MM), double ultrasonication (UU) and maceration followed by ultrasonication (MU).
415 Data were obtained after the combination of two extractions carried out on the same propolis sample.

417 **Table 1.** Yield (average percentage and standard deviation with respect to crude propolis: g balsam /100 g crude propolis) in propolis samples
 418 obtained applying three different extraction methods: double maceration (MM), double ultrasonication (UU) and maceration followed by
 419 ultrasonication (MU). Data were obtained after a 1st extract, after a 2nd extract and after the combination of both extracts (1st+2nd). ANOVA
 420 results (P-value, F-ratio, and minimum and maximum LSD values) obtained for two factors: method of extraction and type of propolis.

	Method of extraction								
	MM			UU			MU		
	Number of extraction			Number of extraction			Number of extraction		
	1 st	2 nd	1 st +2 nd	1 st	2 nd	1 st +2 nd	1 st	2 nd	1 st +2 nd
Sample 1 (Romania 1)	69.6 (0.9)	6.2 (0.3)	80.5 (0.5)	67.3 (1.1)	7.0 (0.3)	76.9 (1.0)	69.0 (0.9)	6.6 (0.4)	79.8 (2.3)
Sample 2 (Romania 2)	46.5 (1.4)	4.6 (0.4)	51.0 (0.8)	42.4 (1.7)	11.2 (1)	54.0 (1.9)	47.0 (0.8)	3.9 (0.4)	52.9 (2.4)
Sample 3 (Romania 3)	48.4 (1.6)	4.0 (0.4)	54.5 (1.5)	42.0 (3.2)	6.8 (0.3)	48.3 (2.0)	47.3 (0.5)	3.4 (0.3)	51.0 (2.3)
Sample 4 (Spain 1)	56.8 (3.9)	5.0 (0.2)	64.0 (2.9)	50.9 (1.0)	5.5 (0.6)	59.2 (3.6)	51.6 (2.9)	3.8 (0.2)	56.7 (2.5)
Sample 5 (Spain 2)	69.4 (2.3)	5.0 (0.4)	74.9 (3)	66.8 (3.4)	11.1 (1.3)	75.4 (1.1)	68.1 (0.5)	4.0 (0.3)	70.7 (3.9)
Sample 6 (Honduras)	46.5 (1.5)	5.7 (0.5)	55.8 (2.8)	43.1 (2.9)	10.6 (0.8)	56.9 (1.1)	47.4 (3.3)	5.5 (0.5)	55.3 (3.1)

ANOVA RESULTS

ANOVA Sample factor	ANOVA Method of extraction factor
P-value (0.0000)	P-value (0.9246)

F-ratio (5.95)

LSD (average); (min/max)

S1 ^{b,c} (50.00); (42.53 / 57.46)

S2 ^{a,b} (42.02); (835.10 / 48.94)

S3 ^{a,b} (40.88); (33.97 / 47.80)

S4 ^b (47.52); (40.61 / 54.44)

S5 ^c (59.16); (52.25 / 66.08)

S6 ^a (33.87); (26.67 / 41.06)

F-ratio (0.08)

LSD (average); (min/max)

MM (45.51); (40.62 / 50.40)

UU(46.32); (41.23 / 51.41)

MU (44.89); (39.90 / 49.88)

Samples followed by the same letter are not significantly different.

421

422

423 **Table 2.** Total phenolic content in propolis samples obtained applying three different extraction methods: a double maceration (MM), double
424 ultrasonication (UU) and maceration followed by an ultrasonication (MU). Data are obtained after a 1st extraction, after a 2nd extraction and
425 after the combination of both extracts (1st+2nd). The results are expressed as rutin (mg/g balsam), gallic acid (mg/g balsam) and a mixture of
426 pinocembrin/galangin (2:1) (mg/g balsam). ANOVA results (F-ratio and significant differences) obtained for two factors: method of extraction
427 and type of propolis.

Method of extraction

MM

UU

MU

	Number of extraction			Extractor number			Extractor number		
	1 st	2 nd	1 st +2 nd	1 st	2 nd	1 st +2 nd	1 st	2 nd	1 st +2 nd
Sample 1									
(Romania 1)									
Rutin	554 (56)	58 (10)	584 (84)	547 (43)	62 (6)	648 (26)	582 (36)	65 (12)	650 (89)
Gallic acid	249 (24)	26 (4)	264 (31)	246 (19)	28 (3)	298 (12)	261 (16)	29 (5)	293 (34)
Pinocembrin/Galangin	265 (26)	28 (5)	281 (36)	262 (20)	30 (3)	315 (13)	279 (17)	31 (5)	312 (39)
Sample 2									
(Romania 2)									
Rutin	679 (17)	37 (1)	712 (19)	521 (25)	127 (15)	711 (20)	623 (14)	50 (5)	750 (14)
Gallic acid	306 (8)	17 (1)	320 (8)	228 (11)	57 (7)	319 (9)	281 (6)	23 (2)	337 (6)
Pin/galang	326 (8)	18 (1)	342 (9)	242 (12)	61 (7)	341(9)	299 (7)	24 (2)	359 (6)
Sample 3									
(Romania 3)									
Rutin	604 (18)	54 (3)	719(11)	507 (42)	79 (9)	726 (6)	598 (22)	50 (5)	707 (11)
Gallic acid	273 (8)	25 (1)	322 (5)	232 (19)	36 (4)	327 (2)	271 (10)	23 (2)	318 (5)
Pin/galang	290 (8)	26 (1)	344 (5)	246 (20)	38 (4)	349 (3)	288 (10)	24 (3)	339 (5)
Sample 4									
(Spain 1)									

Rutin	638 (23)	60 (3)	792 (23)	620 (51)	44 (6)	701 (54)	692 (88)	44 (3)	774 (23)
Gallic acid	286 (10)	27 (1)	353 (10)	279 (22)	20 (2)	305 (24)	311(38)	20 (1)	347 (10)
Pin/galang	306 (11)	29 (1)	378 (11)	298 (24)	21 (3)	330 (25)	332 (41)	21 (1)	370 (11)

Sample 5

(Spain 2)

Rutin	801 (22)	59 (1)	981 (46)	840 (86)	74 (1)	981 (52)	927 (65)	49 (1)	1052(47)
Gallic acid	363 (10)	26 (0)	442 (0)	286 (38)	33 (0)	442 (23)	419 (29)	22 (0)	474 (21)
Pin/galang	386(11)	28 (0)	471 (22)	306 (41)	35 (0)	471 (25)	446 (31)	24 (0)	505 (22)

Sample 6

(Honduras)

Rutin2	126 (16)	33 (4)	169 (7)	144 (15)	29 (2)	192 (27)	136 (10)	22 (5)	163 (6)
Gallic acid	60 (7)	15 (3)	84 (3)	69 (7)	13 (1)	97 (13)	65 (4)	10 (2)	83 (3)
Pin/galang	62 (7)	16 (4)	86 (3)	72 (7)	14 (1)	99 (14)	67 (5)	11 (2)	85 (3)

428

ANOVA RESULTS

ANOVA Sample factor

ANOVA Method of extraction factor

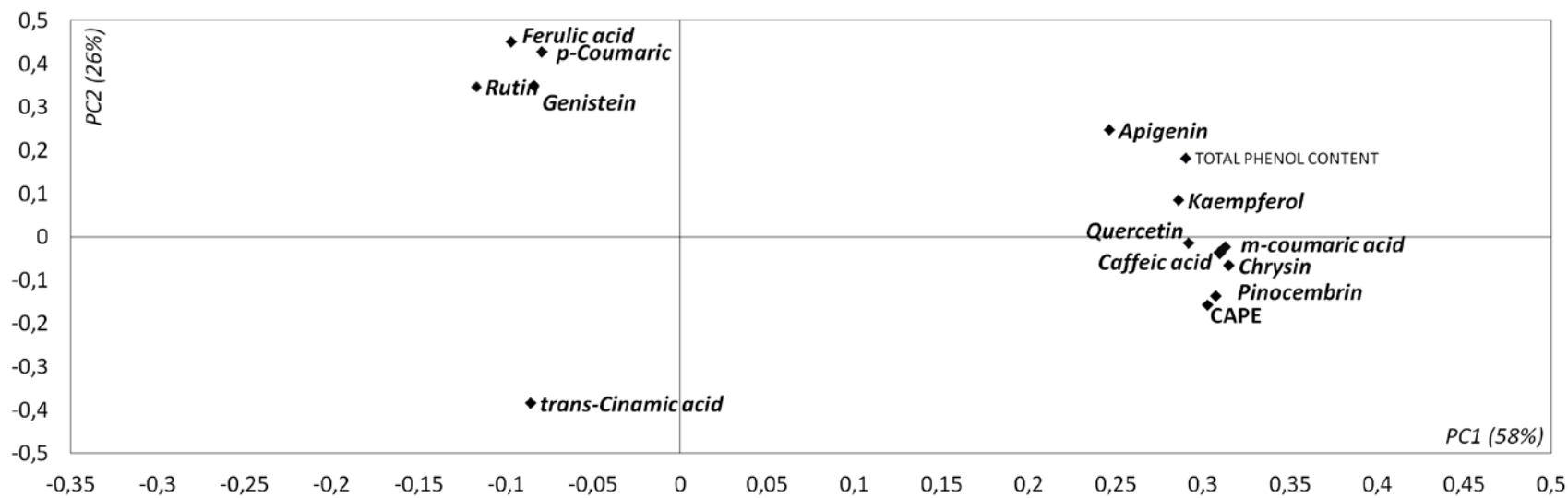
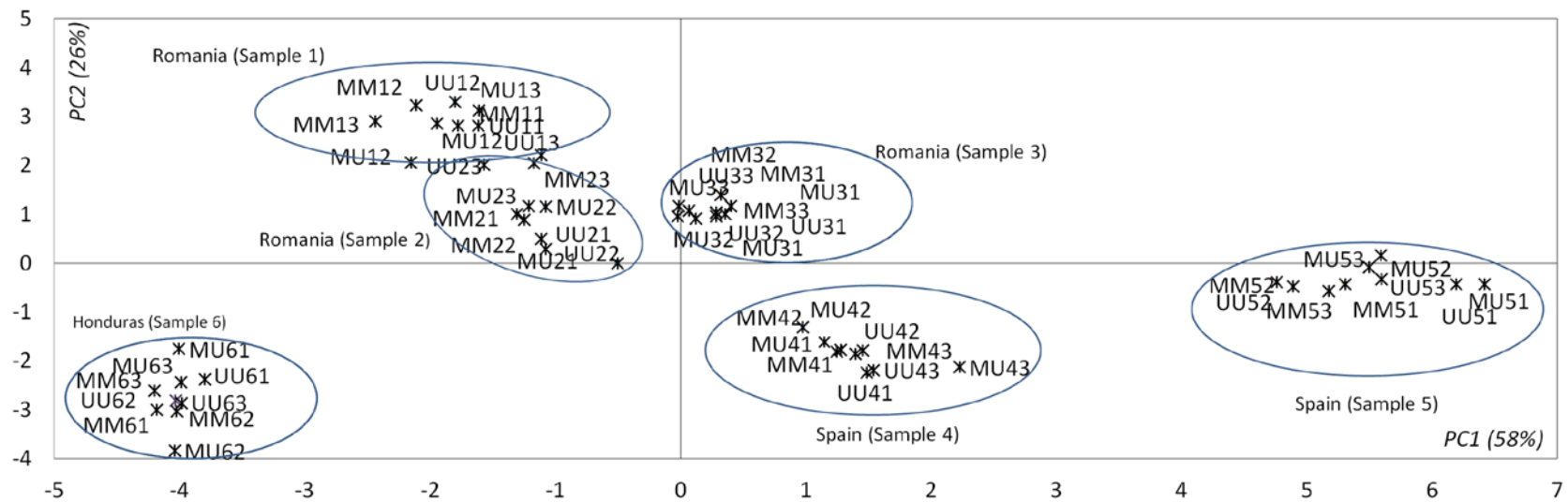
Rutin	Gallic acid	Pinocenbrin+galangin	Rutin	Gallic acid	Pinocenbrin+galangin
P-value (0.0000)	P-value (0.0000)	P-value (0.0000)	P-value (0.9263)	P-value (0.9314)	P-value (0.9312)

F-ratio (13.88)	F-ratio (13.39)	F-ratio (13.58)	F-ratio (0.08)	F-ratio (0.07)	F-ratio (0.07)
LSD	LSD	LSD	LSD	LSD	LSD
S1 ^b (382) (297/466)	S1 ^b (172) (134/210)	S1 ^b (183) (143/224)	MM (417) (344/490)	MM (188) (155/221)	MM (200) (165/235)
S2 ^{b,c} (465) (355/575)	S2 ^{bc} (209) (160/259)	S2 ^{b,c} (223) (170/276)	UU (413) (340/485)	UU (187) (162/228)	UU (199) (164/233)
S3 ^b (449) (338/559)	S3 ^b (202) (153/252)	S3 ^b (216)(163/269)	MU (432) (360/504)	MU (195) (154/219)	MU (207) (173/242)
S4 ^{b,c} (508) (398/619)	S4 ^{bc} (229) (179/278)	S4 ^{b,c} (244) (191/297)			
S5 ^c (618) (508/728)	S5 ^c (278) (228/328)	S5 ^c (296) (243/349)			
S6 ^a (101) (7/186)	S6 ^a (49) (11/87)	S6 ^a (51) (10/91)			

429

430

431



432

433 Figure 1