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Additional Information

1 **IN SITU TEST: COTTON SHEETS AGAINST**
2 **MOSQUITO BITES IN INDIA.**

3

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13 **ABSTRACT**

14 Historically, fabrics were considered as a source of warmth and protection against
15 weather conditions. Nowadays, fabrics can be converted into smart textiles and
16 through this process new properties are conferred to them. For that purpose,
17 microcapsules can play an important role in that they can be used within many
18 application areas including medicine or pharmaceuticals. Malaria, dengue fever and
19 other diseases are typically spread through mosquito bites. This is a concern of
20 many authorities in affected countries and significant research is being conducted
21 today in order to reduce incidence. The aim of the study reported here is not only
22 to demonstrate the effectiveness of microcapsules on cotton fabrics as a prevention
23 to mosquito bites but also to test this in situ. Different fabrics were prepared and
24 tested in two Indian regions. Laboratory tests were performed according to a
25 standard designed by the Swiss Tropical laboratory. Results demonstrated that the
26 fabrics' repellence to mosquitos could be considered as very good and that the
27 repellent effect of the microcapsules was maintained for more than 10 laundry
28 cycles. Furthermore, our experiments conducted in situ confirmed the effectiveness
29 of the technology.

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30 **KEY WORDS**

31 Fabric, mosquito, repellent, microcapsules, in situ.

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34 **INTRODUCTION**

35

36 Humans interact with insects. They are a part of the natural world and there are
37 thought to be between 5 to 10 million species, of whom only 1 million have been
38 identified. Microcapsule technology can confer a number of different properties
39 into fabric, one of which is mosquito repellence. For the purpose of mosquito
40 repellence, microencapsulation has been demonstrated as one of the most effective
41 methods (Moreti et al. 2004, Maji et al 2007). Microcapsules have been used for
42 many different applications including in medicine (Moreti et al. 2004, Maji et al
43 2007), cosmetics ((Moreti et al. 2004), pharmaceuticals (Berger et al 2004,
44 Muzzarelli et al 2004, Majeti, Ravi Kumar 2000, Senjković, Jalšenjak, 1981,
45 Magnin et al 2004, Hatefi, Amsden 2002, Berger et al 2004) food (Heinzelmann et
46 al 1999, Wibowo et al 2005, Downham 2000, Dewettinck, Huyghebaert 1999,
47 Wen-Tao et al 2005, gouin 2004) etc. However, since Nelson Gordon (Nelson
48 1991) published his paper regarding the possibility to incorporate microcapsules
49 into fabrics, there have been many articles focused on different issues such as the
50 fabric application procedure (Monllor et al 2007, Bonet-Aracil et al 2015, Bonet-
51 Aracil 2012) and the microencapsulation procedure (Carvalho et al 2016, Hirech et
52 al 2003).

53

54 Nowadays it is well known that there has been an increase in insect resistance to
55 insecticides. Mosquito bites can be mild, producing some itching, but such bites
56 can lead to the transmission of illnesses such as dengue fever or malaria (Lee et al
57 2016, Carter, Mendis 2002). According to the World Health Organisation nearly
58 half of the world's population is at risk of malaria. In 2015, there were roughly
59 212 million malaria cases and an estimated 429 000 malaria deaths (WHO 2015).

60

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61 Different products are used as active core for mosquito repellence. Some of them
62 came from natural oils such as citronella oil (Solomon et al 2012), geraniol and
63 lemon eucalyptus (Liu et al 2014), other products are focused on synthetic
64 chemicals such as the N,N-diethyl-3-methylbenzamide, which has been
65 demonstrated as the most effective product for mosquito repellence (Liu et al 2015,
66 Kamsuk et al 2007), picaridine (Thavara et al 2002) , N,N-diethyl-m-toluamide
67 (DEET) or permethrin.

68
69 One suitable support for repellence products could be textile fabrics which include
70 the active product for repellence. Permethrin and DEET are the most common
71 repellents used with textiles (Anuar, Yusof 2016). Some studies have considered
72 not only the level of repellence but the weathering of the fabric. In these studies,
73 we have seen how the effect of the repellent diminishes as time goes by, particularly
74 where tropical weather has been simulated (Gupta et al 1989). There are different
75 tests to determine repellency efficiency (Anuar, Yusof 2016). Some of them are
76 based on female mosquitos kept without any food for a period of time (minimum 4
77 hours), then later placed in a box by a gate on one side and on the opposite side
78 there is another gate (exit) where they can find some food. The fabric is placed on
79 the top of the box so that mosquitos must fly over the fabric to reach the exit gate.
80 From this basis, the number of mosquitos that pass through the fabric in order to
81 find some food are evaluated. Another method described is called the cone test.
82 Mosquitos are allowed to come in through the narrow part of a cone, with the fabric
83 placed on the opposite side. The number of mosquitos placed on the fabric in a
84 period of time is evaluated. Finally, Anuar et al. describe a test where the arm
85 covered with a fabric is placed inside a box and the number of mosquitos bites
86 placed on the arm are registered (Anuar, Yusof 2016).

87
88 Some tests are based on the effect the particle size can have on the release (Liu et
89 al 2015) or the time necessary to release a quantity of active ingredient (Solomon
90 et al 2012). The aim of this paper is to compare the effectiveness of cotton fabrics
91 for mosquito repellence when treated with microcapsules. The main features of this
92 paper would be a comparison between laboratory tests and in situ tests. Some cotton
93 fabrics were prepared. Part of these fabrics were sent to a laboratory and some
94 sheets were sewed and sent to India. In situ tests were performed in two areas.

95 Results showed both tests demonstrated high repellence levels for the treated
96 fabrics, and the effect lasting for at least for 12 weeks when the fabric was washed
97 once a week. Thus, the originality of this paper is based on the coparison between
98 laboratory results and real use of the fabrics.

99

100 **EXPERIMENTAL**

101 **Materials**

102 Cellulosic fibres are considered to confer good comfort to people and are widely
103 used for clothes or home textiles. The fabric used in our tests was a 100% cotton
104 twill fabric with 120 g/m², which had been chemically and optically bleached in an
105 industrial process.

106 The microcapsules contained an active ingredient based mainly on citrodiol and an
107 aminoplaste shell, which were developed by interfacial polymerization by
108 INNOVATEC. An acrylic binder, Colorcenter STK-100 (Color-center S,L.) was
109 used to bind the microcapsules onto the cellulosic fibres.

110 **Methods**

111 *Padding microcapsules*

112 Two dispersion units carrying 30 g/L and 60 g/L of microcapsules containing 5 and
113 10 g/L of binder respectively were prepared. Furthermore, in order to determine the
114 behaviour of the binder two fabrics were prepared with 5 and 10 g/L of binder
115 without any microcapsules. For padding, a horizontal foulard, was used. Foulard
116 work was performed in order to obtain a pickup (bath absorption) around 89–90%.
117 Thermal treatment in the form of hot air was applied to cure the binder and to induce
118 microcapsule adhesion onto the fiber surface.

119

120 *SEM microscopy*

121 For surface observation, a Scanning Electron Microscope (SEM) Scanning
122 Microscope JEOL JSM-6300 was used. Each sample was fixed on a standard
123 sample holder and sputter coated with a gold–platinum mixture. Samples were then
124 examined with suitable accelerating voltage and magnification.

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125 *Particle Analysis*

126 A piece of fabric was washed according to ISO 105. C10: 2010. Once the fabric
127 was washed wastewater was collected and analysed in order to determine the
128 number of microcapsules being washed out of the fabric. The particle size
129 distribution of the microcapsules was measured by a Coulter® Counter apparatus
130 (Multisizer Z2, Coulter Electronics, Northwell, UK). The particle size was
131 expressed as the equivalent volume diameter and two replicates were performed for
132 each batch of microcapsules. To reduce error an average curve was calculated and
133 analyzed. This test was used to determine the laundry effect on fabrics containing
134 microcapsules.

135

136 *Laboratory mosquito repellence*

137 The laboratory test was conducted according to the Swiss Tropical Institute
138 standard STI-Norm MV-02. According to this test a piece of the tissue A, the
139 repelling efficacy against mosquitoes of which was to be compared with tissue B,
140 is placed on top of a mosquito cage of 30 x 30 x 30 cm covered with gauze. A bowl
141 filled with water of $38 \pm 1^\circ\text{C}$ is put on the piece of tissue. The warmed surface area
142 measured 65 cm² and has the role of an enticement. The mosquito cage contains
143 100 female mosquitoes of the species *Aedes aegypti*. The number of mosquitoes
144 sitting on the warmed tissue is counted after 1 and 5 minutes. Four independent
145 counts are done. The same procedure is performed using a piece of tissue B. The
146 reduction of landings after 5 minutes is given as the final result. A separate
147 population of mosquitoes is used for each test-sample.

148

149 *In situ procedure*

150 The number of bites every volunteer showed, was controlled every day for a period
151 of 12 weeks. Two different areas in two Indian Non Governmental Organizations
152 (NGO) (Anantapur and Bangalore) were involved in the project. This test was
153 carried out in two NGO facilities and people were given instructions about how to
154 place the sheet prior to going to bed every night as they were not used to doing so.
155 In order to establish a control test, the placebo effect was controlled by sharing
156 sheets without microcapsules. Every sheet was referenced and only the researchers
157 knew which sheets had been sprayed with microcapsules and which had no
158 microcapsules. The study was completed with a sample population of 151 subjects,

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159 75 of which belong to the treatment group and 76 to the control group. One of the
160 main constraints in this study was the limitation of the sample size in relation to the
161 number of people living in the NGOs participating in this study.

162

IN SITU TEST	PEOPLE	Weeks	Laundries
Treated sheets	75	12	1 per week
Placebo sheets	76	12	1 per week
TOTAL	151	12	12

163

164

165 Every morning the number of new bites on the participants' skin were registered.
166 Mosquito repellence efficiency was calculated as the reduction in % in the number
167 of bites according to the equation 1:

168

169
$$\% \text{ Reduction} = \frac{NB_W - NB_MICS}{NTB} \times 100 \quad (1)$$

170

171

172 Where:

173

174 NB_W = Number of bites from individuals on the white sheet

175 NB_MICS = Number of bites from individuals on the sheet treated with
176 microcapsules

177 NTB = Total number of bites (NB_W + NB_MICS)

178

179 According to this equation 100% of repellence would only be obtained when no
180 bites occur on the treated sheets and there were some bits on the white sheets. This
181 is just to avoid to consider 100% of repellence if there are not mosquitoes.

182

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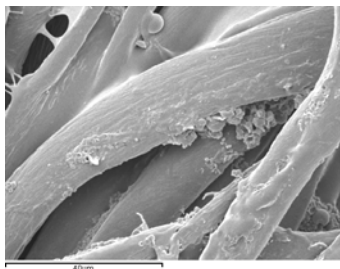
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185 **RESULTS AND DISCUSSION**

186 **Fabric characterization**

187 Cotton sheets were analysed in order to determine whether the application
188 procedure had been carried out properly. Figure 1 shows the fabric surface of cotton
189 fibres once the treatment had been applied. The microcapsules presence is clearly
190 observed on the fibres surface.

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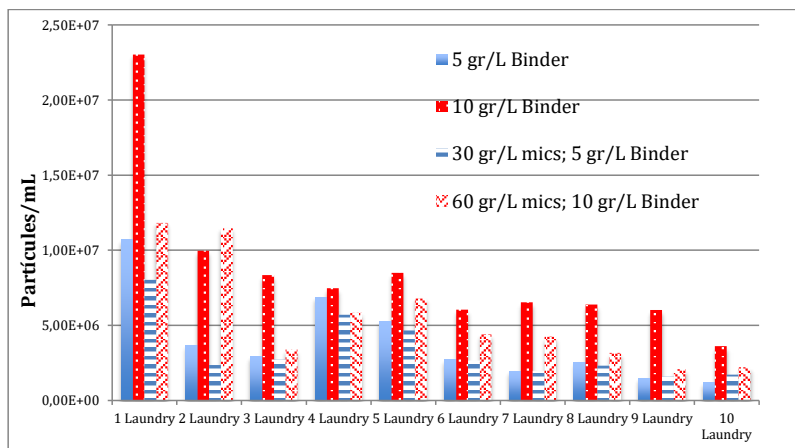
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192 Figure 1. Cotton sheets treated with microcapsules.

193 In order to determine how long microcapsules could remain on the fibres' surface,
194 and the optimal microcapsules concentration, the treated fabrics were washed for
195 different cycles and wastewater was analysed according to the number of particles.
196 Figure 2 shows there are microcapsules in the wastewater.

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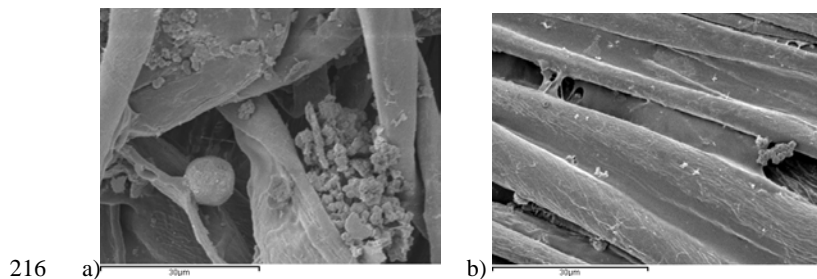


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199

200 Figure 2. Number of particles in the wastewater after every laundry cycle.

201 Apparently, according to the data presented in figure 2, the wide majority of
202 microcapsules are removed from the fabric on the first 5 laundry cycles and for the
203 6th or subsequent washing cycles the loss of microcapsules seems to be practically
204 constant. This data also shows that there is still some remaining microcapsules after
205 the 10th cycle, something that can be verified by the observation of fibres on SEM
206 as shown in figure 3 below. As expected, an increase in the binder concentration is
207 reflected in the higher number of particles in the wastewater. Something similar is
208 observed when comparing samples with 30 g/L and 60 g/L of microcapsules – we
209 see more particles in the wastewater. Surprisingly, the number of particles decreases
210 when microcapsules are included in the recipe when compared with the same
211 concentration of binder without microcapsules. This fact could be explained as
212 being a result of the fact that part of the binder is not lost into the wastewater as it
213 is keeping the microcapsules adhered to the fibre surface, and the mechanical action
214 of the washing is not enough to break the crosslinking between the cellulosic fibre
215 and the microcapsule.



217 Figure 3. Cotton sheets after laundry. a) 5 laundry cycles; b) 10 laundry cycles;

218 Considering the desired effect is to maintain the adherence of the microcapsules as
219 long as possible on the fabric to prevent mosquito bites, we decided to develop
220 sheets with the higher concentration of microcapsules, and the selected recipe was
221 60 g/L of microcapsules and 10 g/L of binder.

222 **Mosquito repellence**

223 *According to a standard*

224 As stated previously, the mosquito repellence test was performed according to the
225 standard STI-Norm MV-02. Table 1 presents the results of repellence from the
226 laboratory test and for the fabric treated with 60 g/L of microcapsules and 10 g/L
227 of binder.

228 Table 1.- Repellence results from cotton fabrics.

SAMPLE	REPELLENCE (%)
Cotton fabric	90
Cotton fabric with 10 laundry cycles	60

229 According to the Swiss Tropical Institute, repellence results between 40% and 49%
230 are acceptable, between 50% and 69% are classified as good and higher than 69%
231 as very good. When results from table 1 are analysed, we can conclude that
232 microcapsules treatment can functionalise the fabric up to a very good level of
233 repellence, and when fabrics have been treated for 10 laundry cycles the results still
234 remain at the level of 'good' repellence. The laboratory scale analysis reflects the
235 effectiveness of the treatment: however, this should be tested in situ.

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236 In situ test

237 As it has been previously described, the test was conducted in two areas (SGIS,
238 TEL-NEK). Results are expressed as the number of bites participants showed in
239 the morning following a night with either treated or untreated fabric. Table 2 shows
240 the difference between the number of bites from persons with a treated sheet with
241 microcapsules (treated) or the number of bites from persons with a placebo sheet
242 (white).

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243
244 Table 2. Number of bites in every area for every week.
245

WEEK	SGIS		TEL-NEK	
	TREATED	WHITE	TREATED	WHITE
1	10	14	64	89
2	5	82	26	82
3	164	161	4	43

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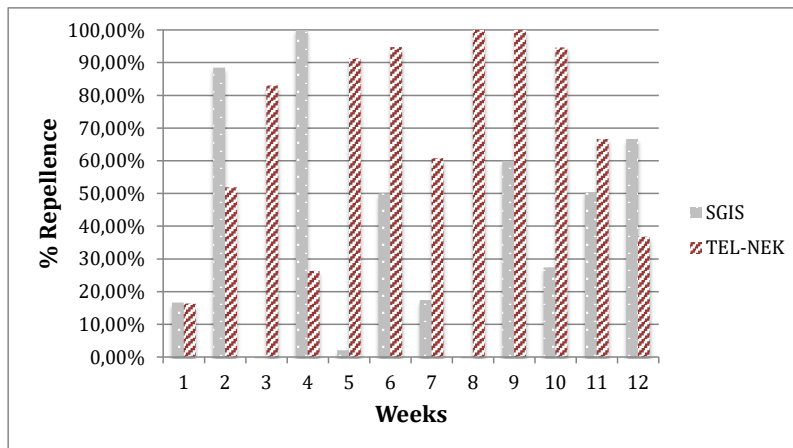
4	0	43	42	72
5	470	490	2	44
6	3	9	3	112
7	137	195	20	82
8	56	53	0	52
9	3	12	0	66
10	37	65	2	73
11	28	85	6	30
12	1	5	6	13

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246

247 We can clearly observe an irregular number of bites when results are compared both
 248 between weeks and comparing the two regions where the tests were conducted.
 249 Considering it is an in-situ test, parameters such as the number of mosquitos, the
 250 weather conditions (wind, rain, etc) could not be controlled. However, it is evident
 251 that the people sleeping on the sheets treated with mosquito repellent microcapsules
 252 (treated column) show fewer bites than the people sleeping on the sheets without
 253 any treatment (white column).

254



255

256

257 Figure 4. % Repellence from the sheets.

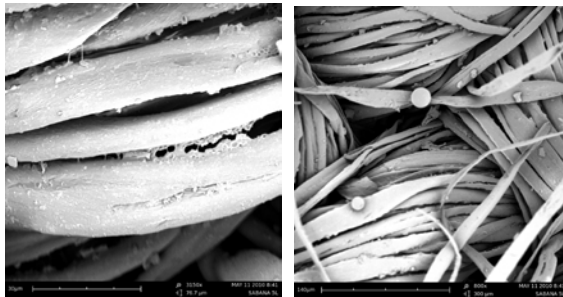
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259 When considering the reduction in the number of bites, figure 4 shows the
 260 percentage of repellence. Despite the graphic not showing any tendency, it is

261 evident that the reduction in the number of bites is higher than the 60 % in the
262 majority of weeks and across both areas.

263

264 Considering that sheets were washed in the river water nearby the NGOs facilities,
265 SEM analysis demonstrates that once the sheets had been washed, some
266 microcapsules still remain in the fibres as can be seen in figure 5.



267

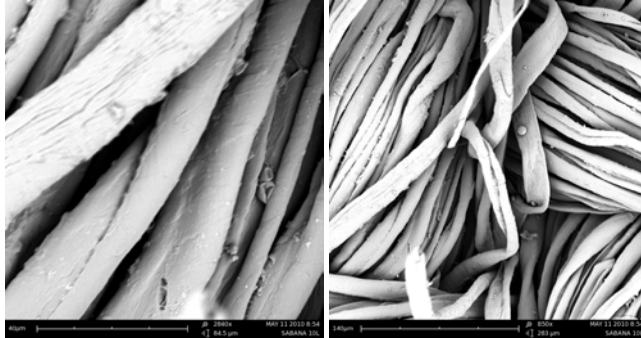
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a)

b)

269 Figure 5. Cotton sheet after 5 laundries in the river water. a) broken micorcapsules; b) still active
270 microcapsules

271 Figure 5 shows the fabric surface after having washed the sheets for 5 cycles in the
272 river. Figure 5a shows evidence that some microcapsules have been broken
273 however, figure 5b (from the same piece of fabric) shows some spherical
274 microcapsules still remain on the fabric. Particle analysis from river washed
275 samples have not been included, as it was not possible to collect these samples.
276 Figure 6 shows not only broken or spherical microcapsules but some dust on the
277 fibres due to the washing procedure of laundering in the river.



278

279 Figure 6. Cotton sheet after 10 laundries in India a) depleted micropcapsules; b) still remaining active
280 microcapsules

281

282 It is evident that the laundry processes applied to the fabric do not match those from
283 a developed country as the fabric was rinsed in a river without any soap and the
284 mechanical action was not similar to that which a washing machine generates. This
285 has allowed microcapsules to remain in the fabric for more than twelve weeks.

286 The hypothesis contrasts have determined that the use of the bed-sheets treated with
287 insect repellent reduced in a global way the number of bites received by the subjects
288 in comparison with the subjects who stayed overnight with non-treated sheets.

289

290 CONCLUSIONS

291 The tests conducted reflect the functionalisation of cotton fabrics by conferring
292 mosquito repellence to the sheets. In situ tests show a wide variety of results and do
293 not show a clear tendency mainly due to the fact that there are external conditions
294 such as the weather, frequency and hunger of mosquitos, etc., which can be
295 controlled in a laboratory setting. Laboratory tests showed the high effect of
296 mosquito repellence on the treated cloths with citrodiol microcapsules. Moreover,
297 in situ tests demonstrated the efficiency of the mosquito repellence. Furthermore,
298 results provide evidence that there is a strong relationship between the laboratory
299 tests and the in situ results. Fabrics classified as having 'good' repellence from the
300 laboratory tests can reduce considerably the number of bites on people. Thus - and
301 considering mosquito bites can transmit serious diseases - fabrics with the anti-

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302 mosquito microcapsule treatment would reduce the risk of disease contraction in
303 some regions.

304 To sum up, we can conclude that results from this paper reveal that the addition of
305 microcapsules on cotton fabrics show an improvement in the level of mosquito
306 repellence of treated cellulosic sheets and that this reduces the number of bites on
307 people sleeping with treated bed clothes. As a general evaluation we point out that
308 the repellence obtained was considered reasonably good and on future studies we
309 will test some other essential oils.

310 **ACKNOWLEDGEMENTS**

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