

Document downloaded from:

<http://hdl.handle.net/10251/155508>

This paper must be cited as:

Carcel, JA.; Castillo, D.; Simal, S.; Mulet Pons, A. (2019). Influence of temperature and ultrasound on drying kinetics and antioxidant properties of red pepper. *Drying Technology*. 37(4):486-493. <https://doi.org/10.1080/07373937.2018.1473417>



The final publication is available at

<https://doi.org/10.1080/07373937.2018.1473417>

Copyright Taylor & Francis

Additional Information

This is an Author's Accepted Manuscript of J. A. Cárcel, D. Castillo, S. Simal & A. Mulet (2019) Influence of temperature and ultrasound on drying kinetics and antioxidant properties of red pepper, *Drying Technology*, 37:4, 486-493, DOI: 10.1080/07373937.2018.1473417 [copyright Taylor & Francis], available online at: <http://www.tandfonline.com/10.1080/07373937.2018.1473417>

1 **INFLUENCE OF TEMPERATURE AND ULTRASOUND ON DRYING KINETICS AND**
2 **ANTIOXIDANT PROPERTIES OF RED PEPPER**

3
4 J. A. Cárcel¹, D. Castillo², S. Simal³, A. Mulet¹

5
6 ¹ASPA group. Department of Food Technology. Universitat Politècnica de València.

7 Camino Vera s/n, 46022. Valencia. Spain

8 Tel.: +34 3879365 Email: jcarcel@tal.upv.es

9 ¹Instituto Tecnológico Superior de Libres, Puebla, México

10 Camino Real esq. Camino Cuauhtémoc, 73780 Cd de Libres, Puebla, México

11 ^bDepartment of Chemistry. University of the Balearic Islands.

12 Ctra. Valldemossa, km. 7.5, 07122. Palma de Mallorca. Spain.

13
14
15
16
17
18 *Corresponding author.

19 Tel.: +34 96 3879365

20 E-mail address: jcarcel@tal.upv.es

21 Postal address: Departamento de Tecnología de Alimentos. Universitat Politècnica
22 de València. Camino de Vera s/n, 46022 Valencia (Spain).

23

24

25 **ABSTRACT**

26 Red pepper samples (1 m/s) were dried at different temperatures (30, 50, 70°C)
27 without and with (20.5 kW/m³; 21.7 kHz) ultrasound application. The antioxidant
28 capacity (AC), the total phenolic content (TPC) and the ascorbic acid (AA) content of
29 fresh and dried red pepper samples were used as indicators of the quality of the dried
30 products. Ultrasound application significantly improved the kinetics in every case,
31 influencing not only the effective diffusivity but also the mass transport coefficient thus
32 implying a reduction in energy needs. Drying significantly reduced AC, TPC and AA,
33 this reduction being significantly smaller at 70°C due to the shorter drying time.
34 Compared with conventional drying, ultrasound application reduced the loss of
35 antioxidant properties at 50 °C but produced greater degradation at 70 °C, which points
36 towards an optimal drying temperature when using ultrasound.

37 **Keywords:** dehydration, effective diffusivity, drying time, modelling, quality.

38 **1. INTRODUCTION**

39 Red pepper (*Capsicum annuum*), one of the most important crops in the world with
40 about 2 million cultivated hectares [1], is appreciated for its organoleptic and
41 nutraceutical quality and is consumed fresh, dried or preserved. When dried, it could be
42 found in different forms, such as whole, in chips or powdered. Traditionally, red pepper
43 has been dried by the own farmers using solar energy. Nowadays, drying is carried out
44 at industrial scale, mainly by convective hot air drying. This permits the standardization
45 of the production and avoids problems, such as the contamination with particles (dust)
46 or insects.

47 The external layer of the peppers, the epicarp, has waterproof characteristics by means
48 of which the natural dehydration of the fruits is limited. This makes the drying process
49 highly time and energy consuming. In this sense, the conventional way to reduce the
50 drying time is via the use of high drying temperatures. However, this fact can influence
51 the quality of the dried product, affecting characteristics such as color, texture, ascorbic
52 acid, total carotenoids, antioxidant properties, shrinkage or rehydration capacity [2, 3,
53 4]. Moreover, the low efficiency of convective drying and the relatively high operating
54 cost make this operation prone to intensification. For this reason, different strategies
55 have been considered with the aim of improving both the drying process kinetics and
56 the quality of the obtained product. One of these strategies consists of the pretreatment
57 of the pepper before drying with techniques like blanching or immersion in solutions of
58 potassium or sodium metabisulfite, citric acid, calcium chloride, ascorbic acid or
59 different osmotic solutions [5, 6]. Another strategy followed consists of the combination
60 of hot air drying with other sources of thermal energy, such as microwave or infrared
61 [4,7].

62 High intensity ultrasound has been found to be an efficient way to intensify the
63 convective drying of different food products [8, 9]. The effects produced by ultrasound

64 can reduce not only the internal (sponge effect, microchannel creation...) but also the
65 external (microstreaming at interfaces...) mass transport resistance [10, 11]. Moreover,
66 the mechanical stress produced by ultrasound could produce some microcracks at the
67 epicarp level, facilitating the transport of water from the inner part of the pepper to the
68 air-product interface. All these effects could allow the drying time to be shortened and
69 the drying temperatures reduced [9, 10, 11]. On the other hand, the ultrasound effects
70 can also influence the final quality of the obtained product [12]. As a general rule, it can
71 be stated that the application of ultrasound at moderate temperatures not only
72 produces no negative effects in product quality but can also contribute to an
73 improvement in product quality [13, 14]. However, this fact is greatly dependent on the
74 product considered [10].

75 Therefore, the aim of the study was to analyze the influence of ultrasound application
76 on the hot air drying kinetics and antioxidant properties of red pepper.

77 **2. MATERIALS AND METHODS**

78 **2.1. Raw material**

79 Red peppers (*Capsicum annuum* var. Lamuyo) were purchased in a local market
80 (Valencia, Spain). The fruits chosen were fresh in appearance and similar in size and
81 color. Then, they were transported to the laboratory and maintained at room
82 temperature (20 ± 2 °C) until processing (less than 24 h). After that, slab samples (30 x
83 30 x 5 mm) were obtained with the help of a sharp knife. The initial moisture content
84 was measured by placing ground samples in a vacuum oven at 70°C and 200 mmHg
85 until constant weight (24 h approx.) [15].

86

87

88 2.2. Drying experiments

89 The drying experiments were carried out in an ultrasonic assisted dryer described in
90 detail by Riera et al. [16]. The system is provided with a vibrating cylindrical drying
91 chamber driven by a piezoelectric transducer (21.8 kHz). An impedance matching unit
92 permits the impedance output of the generator to be tuned to the transducer resonance
93 frequency providing the system with a better electrical yield. A high intensity ultrasonic
94 field (up to 154.3 dB) is produced inside the drying chamber while the drying air goes
95 through it. The samples were randomly placed using a customized sample holder that
96 allows a homogeneous air flow and ultrasonic treatment.

97 The experiments were conducted at 1 m/s and three different temperatures, 30, 50 and
98 70 °C, with the application of ultrasound (US; 20.5 kW/m³; 21.7 kHz) or not (AIR). All of
99 these conditions were carried out in triplicate at least.

100 2.3. Modelling of drying kinetics

101 The modelling of the experimental data of drying kinetics was carried out to quantify
102 both the influence of the drying temperature and the application of ultrasound on the
103 drying rate. For this purpose, it was assumed that the samples exhibited infinite slab
104 behavior and, therefore, the flux of the moisture during drying only takes place in one
105 direction. Considering the effective moisture diffusivity as constant and the solid as
106 isotropic, diffusion models based on Fick's second law were used to mathematically
107 describe the drying kinetics according to Equation 1.

$$108 \quad \frac{\partial W_p(x, t)}{\partial t} = D_e \frac{\partial^2 W_p(x, t)}{\partial x^2} \quad (1)$$

109 Where W_p is the local moisture content (kg water/kg dry matter, d.m.); D_e is the
110 effective moisture diffusivity (m²/s); t is the time (s); and x is the direction of the water
111 transport (m). Equation 1 was solved by assuming that the moisture content of the

112 samples was uniform at the beginning of the drying process. For modelling purposes,
113 shrinkage was not taken into account and the epicarp of red pepper was considered as
114 a waterproof layer. Then, the moisture transport takes place from this waterproof layer
115 to the opposite side of the sample. This behavior will be similar to a symmetrical
116 moisture transport in a slab twice as thick.

117 Due to the experimental low air velocity used in this study, the external mass transport
118 resistance cannot be considered negligible when compared with the internal. For this
119 reason, the external resistance was introduced into the model through the boundary
120 condition shown in Equation 2.

$$121 \quad -D_e \rho_{ss} \frac{\partial W_p(L, t)}{\partial t} = k(a_w(L, t) - \varphi_{air}) \quad (2)$$

122 Where ρ_{ss} is the density of the dry solid (kg d.m./m³), L is the thickness of the pepper
123 samples, k is the mass transfer coefficient (kg water/m²s), a_w is the water activity and
124 φ_{air} is the relative humidity of the drying air. This expression reflects how the moisture
125 flows to the solid surface by diffusion and then moves by convection to the drying air.

126 The model was solved by means of an implicit finite difference method using the
127 Matlab 2011B® (The Mathworks, Inc, Natick, USA) software that allows the evolution of
128 the average sample moisture content to be estimated. The fitting of this model was
129 carried out by the simultaneous identification of both kinetic parameters, effective
130 moisture diffusivity (D_e) and mass transfer coefficient (k), which minimize the distance
131 between the experimental and calculated average moisture contents. In this case, the
132 optimization was carried out by means of the SIMPLEX method available in Matlab
133 (fmin search function).

134 The fitting of the model was evaluated considering the percentage of explained
135 variance (% VAR, Equation 3) and the mean relative error (MRE, Equation 4).

136
$$\%VAR = \left[1 - \frac{S_{xy}^2}{S_y^2} \right] \cdot 100 \quad (3)$$

137
$$\%MRE = \frac{100}{N} \left[\sum_{i=1}^N \frac{|W_{exp} - W_{cal}|}{W_{exp}} \right] \quad (4)$$

138 Where S_y^2 and S_{xy}^2 are the variance of the experimental and the calculated data and
139 W_{exp} and W_{cal} are the experimental and calculated moisture content of pepper,
140 respectively.

141 **2.4. Antioxidant properties of dried red pepper**

142 The antioxidant properties were measured in extracts obtained from fresh and dried
143 samples of red pepper. For that purpose, approximately 9 g of fresh sample or 3 g of
144 dried were ground in a domestic mixer (D56, Moulinex). Extractions were carried out in
145 a volumetric flask using ethanol 96% as solvent and a red pepper weight/solvent
146 volume ratio of 1 g/20 mL. The process took place at room temperature (20 ± 1 °C) for
147 30 min with an ultrasonic pre-treatment for 1 min in an ultrasonic bath (Ultrasonic
148 Cleaner USC-T, VMR). After that, the extracts were filtered using a quantitative filter
149 paper, protected from light and stored at 4 ± 1 °C.

150 *2.4.1. Determination of the antioxidant capacity (AC)*

151 The antioxidant capacity (AC) of red pepper was evaluated by using the Ferric-
152 Reducing Ability Power (FRAP) method, following the procedure described by Pulido et
153 al. [17] with some modifications. The FRAP reagent was prepared by adding 2.5 mL of
154 10 mM TPTZ (Fluka, Steinheim, Germany) in a 40 mM HCl (Panreac, Barcelona,
155 Spain) solution plus 2.5 mL of 20 mM $FeCl_3 \cdot 6H_2O$ (Panreac, Barcelona, Spain) and 2.5
156 mL of 0.3 M acetate buffer (Panreac, Barcelona, Spain), pH 3.6. Then, 1 mL of fresh
157 pepper extract or 2 mL of dried pepper extract were diluted until 10 mL with ethanol

158 (96%). For testing purposes, 30 μ L of distilled water and 900 μ L of FRAP reagent were
159 added to 30 μ L of sample, then kept at 37°C for 30 min. The absorbance was read at
160 595 nm using a spectrophotometer (Helios Gamma, Thermo Spectronic, Cambridge,
161 UK). The antioxidant capacity was evaluated by means of a calibration curve,
162 previously determined using ethanol solutions of known Trolox (Sigma-Aldrich, Madrid,
163 Spain) concentrations and expressed as mg Trolox per g of dry mass of red pepper.
164 The measurements were taken in triplicate.

165 *2.4.2. Determination of the total phenolic content (TPC)*

166 The total phenolic content (TPC) of the dried samples was determined by the Folin–
167 Ciocalteu method [18]. For that purpose, 1.25 mL of fresh pepper extract, or 2.5 mL
168 dried pepper extract, were diluted until 5 mL with ethanol (96%). Then, 100 μ L of this
169 dilution was mixed with 200 μ L of Folin–Ciocalteu's phenol reagent (Sigma-Aldrich,
170 Madrid, Spain) and 2 mL of distilled water. After 3 min at 25 °C, 1 mL of Na₂CO₃
171 (Panreac, Barcelona, Spain) solution (Na₂CO₃–water 20:80, p/v) was added to the
172 mixture. The mix was kept in the dark at room temperature (20±1 °C) for 1 h. Finally,
173 the absorbance was read at 765 nm using a spectrophotometer (Helios Gamma,
174 Thermo Spectronic, Cambridge, UK). The measurements were taken in triplicate. The
175 standard curve was prepared with Gallic acid hydrate (Sigma-Aldrich, Madrid, Spain) at
176 several known concentrations. The results were expressed as mg of Gallic acid (GAE)
177 per g of dry mass of red pepper.

178 *2.4.3. Determination of the ascorbic acid content (AA)*

179 The ascorbic acid content (AA) was determined following the method proposed by
180 Jagota and Dani [19]. For that purpose, 0.5 mL of sample extract was mixed with 0.5
181 mL of a trichloroacetic acid solution (7.5%). After 5 min at 4 °C, the mix was filtered.
182 Then, 0.2 mL of extract, 2 mL of distilled water and 0.2 mL of diluted solution (1:10 v/v)

183 of Folin-Ciocalteu reagent were mixed and maintained for 10 min at room
184 temperature. After that, absorbance was measured at 760 nm in a spectrophotometer
185 (Helios Gamma, Thermo Spectronic, Cambridge, UK). A calibration curve was
186 previously prepared with ethanol solutions of known ascorbic acid concentrations. The
187 results were expressed as mg of ascorbic acid per g of red pepper dry matter. The
188 determinations were carried out in triplicate

189 The percentage of degradation of AC, TPC and AA at the end of drying was calculated
190 by using Equation 5.

$$191 \quad \% \text{ Degradation} = \frac{C_o - C_f}{C_o} \cdot 100 \quad (5)$$

192 where C_o is the AC, TPC and AA of fresh samples and C_f is the AC, TPC and AA
193 measurements in dried samples.

194 **3. RESULTS AND DISCUSSION**

195 **3.1. Experimental drying kinetics**

196 The initial moisture content of the red pepper was 11.6 kg water/kg dry matter, this
197 value being similar to those found by Di Scala and Crapiste [2].

198 As expected, temperature significantly influenced the drying rate (Figure 1). The
199 influence of the temperature on the drying rate was dependent on the product
200 considered [20, 21]. In fact, the influence of the drying temperature on the drying rate of
201 red pepper was very important. Thus, the drying time needed to achieve a moisture
202 content of 0.2 kg of water/kg of dry matter by means of experiments carried at 70 °C
203 was just 11 % of the time needed for experiments carried out at 30 °C (Table 1). This
204 showed how the drying of red pepper is dependent on the air temperature considered.

205 This numerically illustrates the use of high temperatures for the conventional drying of
206 red pepper on an industrial scale.

207 The application of ultrasound significantly increased the drying rate for every
208 temperature tested (Figure 1); the lower the temperature tested, the shorter the drying
209 time. Thus, when the drying was performed at 70 °C, the application of ultrasound
210 reduced the drying time needed to achieve a moisture content of 0.2 kg water/kg dry
211 matter by 32 % (Table 1). This reduction increased up to 62 % in experiments carried
212 out at 50°C. In fact, the times needed in US-50 and AIR-70 experiments were not
213 significantly different ($p < 0.05$). This means that applying ultrasound led to an
214 intensification of the drying process of red pepper that was equivalent to a rise in the
215 drying temperature of 20 °C.

216 **3.2. Modelling**

217 The modelling of experimental data permitted the quantification of the influence of the
218 variables considered in the drying rate. In this case, the diffusion model considered
219 which includes the external resistance to mass transfer, adequately fitted the
220 experimental data of moisture content evolution. The percentage of variance explained
221 (% VAR) by the model was higher than 99.8% for all experimental runs carried out (at
222 least three replicates for each drying condition tested). As regards the mean relative
223 error (MRE), the figures calculated were lower than 14 %, showing the quality of the
224 obtained fit. Moreover, the trend of both the experimental moisture content and that
225 calculated using the model was quite similar (Figure 2). No differences were found
226 between the experiments carried out with or without ultrasound applications.

227 As far as the effective diffusivity (D_e) is concerned, the identified figure increased as the
228 drying temperature rose (Table 2). For example, the mean value identified in AIR-70
229 experiments was approximately 250% greater than that identified in AIR-30 ones.

230 These results quantify the great influence of temperature on the drying rate of red
231 pepper.

232 The identified D_e increased when ultrasound was applied, this increase being
233 significantly higher at the lowest temperatures considered. Thus, while the increase in
234 D_e observed at 70°C was 51.5%, at 30 °C it was 110.7 %. This has been previously
235 observed in other products [13]. Thus, the effects of ultrasound on the drying rate were
236 greater at lower temperatures, when the energy provided by the drying air was low. At
237 higher temperatures, however, the greater level of energy provided by the drying air
238 reduced the relative significance of the ultrasound effects. In any case, the results
239 obtained showed that ultrasound can be used to intensify the process by reducing the
240 internal mass transfer resistance, mainly at low drying temperatures, when the drying
241 rate is slower.

242 Regarding the influence of drying temperature on the identified mass transfer
243 coefficient (k), it was similar to the case of D_e ; the higher the drying temperature, the
244 higher the identified k value (Table 2). Thus, in the AIR-70 experiments, the k figure
245 was 60% higher than that identified in AIR-30. As for the application of ultrasound, it
246 also significantly increased the mass transfer coefficient identified at all temperatures
247 tested. This increase was greater the lower the temperature considered. As an
248 example, the application of ultrasound increased the value of k by 73 % at 30 °C,
249 whereas this was only 27 % at 70 °C. The effects of ultrasound on the external mass
250 transport resistance are probably related with different mechanisms, such as oscillating
251 velocities, pressure variation or interfacial instabilities [22], which produce the so-called
252 “sonic wind”. The sonic turbulence generates an intense microstirring, which
253 contributes to a reduction of the boundary layer of diffusion and, therefore, leads to the
254 decrease in the external resistance to moisture transport.

255 Also as a reference, as in the case of D_e , the average k value identified in US-50 was
256 not significantly different from that obtained in AIR-70. This means that the external
257 resistance to mass transfer was similar with ultrasound application at 50°C to without
258 ultrasound application at 70°C. Therefore, ultrasound intensifies the process attaining
259 the same processing time with a reduction in the drying temperature. That could mean
260 that the low electrical energy applied to the ultrasonic transducer can be largely
261 compensated for by the reduction in both the drying time and/or drying temperature,
262 helping to save energy. This fact must be validated by taking experimental
263 measurements of the total energy consumption of the system.

264 **3.3. Antioxidant properties**

265 In order to address the influence of both drying temperature and the application of
266 ultrasound during drying on the antioxidant properties of red pepper, the antioxidant
267 activity (AC), the total phenolic content (TPC) and ascorbic acid content (AA) were
268 measured in samples dried under the different conditions

269 *3.3.1. Antioxidant capacity (AC)*

270 Drying significantly reduced the antioxidant capacity of red pepper. As can be observed
271 in Figure 3A, the percentage of degradation of the AC was in the range of 89 to 97 %.
272 The comparison with the results reported by other authors is complex for several
273 reasons. Thus, only the antioxidant capacity of the dried samples obtained is
274 commonly provided, but not that of the fresh samples. Moreover, the analytical
275 methods used to determine the antioxidant capacity are different [23, 24] making it
276 difficult to assess the influence of the drying process. In any case, the percentage of
277 degradation of the AC was slightly greater than that reported by Zhou et al. [4] also
278 using the FRAP method, 65%. The data for red pepper was of much greater
279 significance than that observed in other food products, such as apple [25]. This fact can

280 be related with the longer time needed for the purposes of drying red pepper. Thus, the
281 prolonged exposure of samples to the drying air can facilitate oxidation [26].

282 The drying temperature affected the degree of degradation of AC. Thus, the value
283 obtained in AIR-30 experiments, $96.3\pm 0.2\%$, was higher than that obtained in AIR-70
284 °C, $89\pm 0.1\%$. The relationship between drying temperature and drying time may be
285 what mainly explains these results. The long drying times at low drying temperatures
286 may promote a decrease in antioxidant capacity [27]. On the contrary, at high
287 temperatures, not only do degradation reactions take place but Maillard-derived
288 compounds with antioxidant activity are also generated and accumulated, which could
289 also enhance the antioxidant properties [28]. Thus, despite 30 °C being a moderate
290 drying temperature, the longer exposure of samples to the drying air can facilitate
291 degradation reactions. On the contrary, at 70 °C, the faster drying can partially
292 compensate the damage produced by high temperatures. The highest percentage of
293 AC degradation was obtained at 50 °C, probably due to the combination of a relatively
294 long process with an intermediate temperature.

295 As regards the application of ultrasound, the AC degradation observed in US
296 experiments at 30 °C (US-30) was not significantly different from that obtained in the
297 AIR experiments. In this case, the drying time reduction produced by ultrasound might
298 not be sufficient to affect the percentage of AC degradation. In US-70 experiments, the
299 percentage of AC degradation was lower than that obtained at 30 °C (both US and AIR
300 experiments) but slightly higher than that obtained in AIR-70 experiments. In previous
301 research, ultrasound was also found to have a negative effect on AC when applied
302 during high temperature drying [13]. This can be attributed to some cell disruption
303 caused by the mechanical stress produced by the acoustic waves. In the case of US-
304 50, the AC degradation was significantly lower than in AIR-50 experiments. In this
305 case, the shortening of the drying process produced by ultrasound could be enough to
306 compensate the possible negative effects linked to the acoustic energy.

307 3.3.2. Total phenolic content (TPC)

308 The influence of drying on the TPC of red pepper was quite similar to the case of AC.
309 As a general rule, it can be concluded that drying significantly reduced the phenolic
310 content of samples. This decrease has been previously reported [4] and can be
311 attributed to irreversible chemical changes during drying. The degradation was more
312 important at temperatures of 30 and 50 °C (Figure 3B). At 70 °C, although important,
313 the percentage of degradation was significantly lower. The lower impact of AIR-70
314 experiments on TPC could not only be related with the shortest drying process, as in
315 the case of AC, but also with the possible appearance of new phenolic compounds due
316 to the treatment at this temperature [4]. In fact, it has been reported that some phenolic
317 acids can be generated because of the structural transformation of polyphenols due to
318 the high temperatures used during drying processes [29].

319 Compared with AIR experiments, the application of ultrasound did not affect the TPC
320 degradation at 30 °C. In the case of US-70 experiments, the degradation was greater
321 than that obtained in AIR-70 experiments but not significantly different from that
322 obtained in AIR-30 or US-30. Do Nascimento et al. [13] and Rodriguez et al. [30] found
323 similar results for the ultrasonically assisted drying of passion fruit peel and apple,
324 respectively. The combination of high drying temperatures and the mechanical stress
325 induced by ultrasound can generate greater cellular damage, which may affect the
326 polyphenol content. On the contrary, at 50 °C, there was less TPC degradation in US
327 experiments than in AIR experiments. As in the case of AC degradation, the shortening
328 of the drying time produced by the application of ultrasound at this intermediate
329 temperature can reduce the negative effects of both drying and ultrasound itself on the
330 phenolic content.

331

332 3.3.3. Ascorbic acid content (AA)

333 The initial ascorbic acid content of fresh samples was 2.7 ± 0.4 mg/100g of fresh
334 sample. This value was similar to that found by Vega-Galvez et al. [31] (1.60 ± 0.26
335 mg/100g of sample) also for *Capsicumm annuum* var. Lamuyo, but lower than that
336 obtained by Vega-Galvez et al. [3] for *Capsicum annum*, L. var. Hungarian (188.2 ± 0.4
337 mg/100g of sample). As in the case of other antioxidant properties tested, the AA
338 content was greatly affected by the drying process, the percentage of degradation
339 ranging from 90 to 97 %. Di Scala and Capriste [2] reported a degradation of ascorbic
340 acid in the range of 82-88 % during the air drying of red pepper at 50, 60 and 70 °C
341 and Vega-Galvez et al. [3] found a maximum loss of 98.2% in samples dried at 90 °C.
342 On the contrary, Carrillo-Montes et al. [24] obtained an ascorbic acid retention of 75.5%
343 after the intermittent drying (60°C) of red pepper pre-treated in a CaCl_2 solution.
344 Therefore, the pre-treatment of samples can contribute to a reduction in the
345 degradation of this vitamin during drying [31]. In fact, the blanching of samples prior to
346 drying can significantly reduce the activity of the polyphenol oxidase [26].

347 The degradation observed in AIR-50 experiments was slightly lower than that observed
348 in the AIR-30 ones, but this difference was not significant ($p < 0.05$). For experiments
349 carried out at 70 °C, the percentage of degradation was significantly lower (Figure 3C).
350 Due to the fact that ascorbic acid is a compound which is highly prone to oxidation, the
351 shortening of the time during which samples were exposed to drying air can be one of
352 the main reasons for the better preservation at a higher drying temperature.

353 The percentage of degradation of AA content was similar in all the experiments carried
354 out with ultrasound application, regardless of the drying temperature, and similar to the
355 values obtained in AIR-30 experiments. In this case, the negative effects of ultrasound
356 on ascorbic acid content when the drying temperature increased were not masked by
357 the shortening of the drying process.

358 Consequently, these results showed that ultrasound application during the drying of red
359 pepper had no significant effect on the antioxidant properties studied when the drying
360 took place at the lowest temperature tested, 30 °C; had a positive influence when
361 drying took place at the intermediate temperature, 50°C and a negative effect at the
362 highest drying temperature, 70 °C. Due to the fact that the AC, TPC and AA
363 degradation values measured in experiments carried out at 30 and 50 °C were lower
364 than those performed at 70 °C, the ultrasonically assisted drying of red pepper can only
365 be justified by a reduction in energy consumption linked to a decrease in the drying
366 time or drying temperature. This last fact must be studied in depth.

367 **CONCLUSIONS**

368 The red pepper drying rate was highly dependent on the drying temperature. The
369 application of ultrasound significantly accelerated the red pepper drying process.
370 However, the use of high drying temperatures reduced the loss in the antioxidant
371 properties of red pepper. The application of ultrasound only significantly reduced the
372 degradation at intermediate temperatures, but increased them at the highest.
373 Therefore, ultrasonically assisted red pepper drying can only be considered in terms of
374 reducing the drying temperature in order to save energy. Moreover, further
375 experimentation is needed for the purposes of elucidating the time/temperature effects.

376 **ACKNOWLEDGEMENTS**

377 The authors acknowledge the financial support from Generalitat Valenciana
378 (PROMETEOII/2014/005) and INIA (RTA2015-00060-C04-02 and RTA2015-00060-
379 C04-03).

381 **LITERATURE**

- 382 1. FAO. Food and Agriculture Organization of the United Nations. www.fao.org.
383 (Data of consulting: October 26, 2016).
- 384 2. Di Scala K.; Crapiste G. Drying kinetics and quality changes during drying of red
385 pepper. *LWT-Food Science and Technology* 2007, 41, 789-795.
- 386 3. Vega-Gálvez, A.; Di Scala, K.; Rodríguez, K.; Lemus-Mondaca, R.; Miranda, M.;
387 López, J.; Perez-Won, M. Effect of air-drying temperature on physico-chemical
388 properties, antioxidant capacity, color and total phenolic content of red pepper
389 (*capsicum annum*, L. Var. Hungarian). *Food Chemistry* 2009, 117, 647-653.
- 390 4. Zhou, L.; Cao., Z.; Bi, J.; Yi, J.; Chen, Q.; Wu, X.; Zhou, M. Degradation kinetics
391 of total phenolic compounds, capsaicinoids and antioxidant activity in red
392 pepper during hot air and infrared drying process. *International Journal of Food
393 Science and Technology* 2016, 51, 842-853.
- 394 5. Doymaz, I.; Pala, M. Hot air drying characteristics of red pepper. *Journal of
395 Food Engineering* 2002, 55, 331-335.
- 396 6. Sharma, R.; Joshi, V.K.; Kaushal, M. Effect of pre-treatments and drying
397 methods on quality attributes of sweet bell-pepper (*Capsicum annum*) powder.
398 *Journal of Food Science and Technology* 2015, 52(6), 3433-3439.
- 399 7. Lechtanska, J.M.; Szadzinska, J.; Kowalski, S.J. Microwave- and infrared-
400 assisted convective drying of green pepper: Quality and energy considerations.
401 *Chemical Engineering and Processing* 2015, 98, 155-164.
- 402 8. Muralidhara, H. S., Ensminger, D., Putnam, A. Acoustic dewatering and drying
403 (low and high frequency): state of the art review. *Drying Technology* 1985, 3,
404 529-566.

- 405 9. Musielak, G., Mierzwa, D., Kroehnke, J. Food drying enhancement by
406 ultrasound – A review. *Trends in Food Science and Technology* 2016, 56, 126-
407 141.
- 408 10. Cárcel, J.A.; García-Pérez, J.V.; Riera, E.; Rosselló, C.; Mulet, A. Ultrasonically
409 assisted drying. In *Ultrasound in Food Processing Recent Advances*; Villamiel,
410 M., Garcia-Perez, J.V., Montilla, A., Cárcel, J.A., Benedito, J. Eds., Wiley
411 Blackwell: New York, 2017; 371-391.
- 412 11. Kowalski, S.J., Pawłowski, A. Intensification of apple drying due to ultrasound
413 enhancement. *Journal of Food Engineering* 2015, 156, 1-9.
- 414 12. Soria, A.C., Villamiel, M. Effect of ultrasound on the technological properties
415 and bioactivity of food: a review. *Trends in Food Science and Technology* 2010,
416 21, 323-331.
- 417 13. Do Nascimento E.M.G.C.; Mulet, A.; Ascheri, J.L.R.; de Carvalho, C.W.P.;
418 Cárcel, J.A. Effects of high-intensity ultrasound on drying kinetics and
419 antioxidant properties of passion fruit peel. *Journal of Food Engineering* 2016,
420 170, 108-118.
- 421 14. Fan, K., Zhang, M. Mujumdar, A.S. Application of airborne ultrasound in the
422 convective drying of fruits and vegetables: A review. *Ultrasonics Sonochemistry*
423 2017, 47-57.
- 424 15. AOAC, Association of Official Analytical Chemist. *Official Methods of Analysis*:
425 Arlington, 1997.
- 426 16. Riera, E.; García-Pérez, J.V.; Cárcel, J.A.; Acosta, V.; Gallego-Juárez, J.A.
427 Computational study of ultrasound-assisted drying of food materials. *Innovative*
428 *Food Processing Technologies: Advances in Multiphysics Simulation*; Knoerzer,
429 K., Juliano, P., Roupas, P., Versteeg, C. Eds.; John Wiley & Sons Ltd.:
430 Hoboken, 2011; 265-301.

- 431 17. Pulido, R.; Bravo, L.; Saura-Calixto, F. Antioxidant activity of dietary
432 polyphenols as determined by a modified ferric reducing/antioxidant power
433 assay. *Journal of Agricultural and Food Chemistry* 2000, 48, 3396-3402.
- 434 18. Gao, X.; Bjork, L.; Trajkovski, V.; Ugglá, M. Evaluation of antioxidant activities of
435 rosehip ethanol extracts in different test systems. *Journal of the Science of
436 Food and Agriculture* 2000, 80, 2021-2027.
- 437 19. Jagota, S. K.; Dani, H. M. A new colorimetric technique for the estimation of
438 vitamin C using Folin phenol reagent. *Analytical Biochemistry* 1982, 127, 178-
439 182.
- 440 20. Strumillo, C.; Kudra, T. *Drying: Principles, Applications, and Design*; CRC
441 Press: Montreux, 1986.
- 442 21. García-Pérez, J.V.; Rosselló, C.; Cárcel, J.A.; De La Fuente, S.; Mulet, A. Effect
443 of air temperature on convective drying assisted by high power ultrasound.
444 *Defect and Diffusion Forum* 2006, 258-260, 563-574.
- 445 22. Gallego-Juárez, J.A.; Riera, E.; De la Fuente, S.; Rodríguez, G.; Acosta, V.;
446 Blanco, A. Application of high-power ultrasound for dehydration of vegetables:
447 Processes and devices. *Drying Technology* 2007, 25, 1893-1901.
- 448 23. Kim, S., Lee, K.W., Park, J., Lee, H.J., Hwang, I.K. Effect of drying in antioxidant
449 activity and changes of ascorbic acid and colour b different drying and storage
450 in Korean red pepper (*Capsicum annuum*, L.). *International Journal of Food
451 Science and Technology* 2006, 41, 90-95.
- 452 24. Carrillo-Montes, J.P., Cruz y Victoria, M.T., Anaya-Sosa, I., Santiago-Pineda, T.
453 Quality assessment of dehydrated red bell pepper using tempering drying
454 cycles. *International Journal of Food Science Technology* 2010, 45, 1270-1276.
- 455 25. Moreno, C., Brines, C., Mulet, A., Rosselló, C., Cárcel, J.A. Antioxidant potential
456 of atmospheric freeze dried apples as affected by ultrasound application and
457 sample surface. *Drying Technology* 2017, 35(8), 957-968.

- 458 26. Wan, J., Fang, S.M., Mujumdar, A.S., Qian, J.Y., Zhang, Q., Yan, X.H., Liu,
459 Y.H., Gao, Z.J. Xiao, H.W. Effect of high-humidity hot air impingement
460 blanching (HHAIB) on drying and quality of red pepper (*Capsicum annuum* L.).
461 Food Chemistry 2017, 220, 145-152.
- 462 27. Garau, M. C., Simal, S., Roselló, C., Femenia, A. Effect of air-drying
463 temperature on physico-chemical properties of dietary fibre and antioxidant
464 capacity of orange (*Citrus aurantium* v. Canoneta) by-products. Food Chemistry
465 2007, 104, 1014-1024.
- 466 28. Ahmad-Qasem, M.H., Barrajon-Catalán, E., Micol, V., Mulet, A., García-Pérez,
467 J.V. Influence of freezing and dehydration of olive leaves (var. Serrana) on
468 extract composition and antioxidant potential. Food Research International
469 2013, 50, 189-196.
- 470 29. López, J., Uribe, E., Vega-Gálvez, A., Miranda, M., Vergara, J., Gonzalez, E., Di
471 Scala, K. Effect of air temperature on drying kinetics, vitamin C, antioxidant
472 activity, total phenolic content, non-enzymatic browning and firmness of
473 blueberries variety O' Neil. Food and Bioprocess Technology 2010, 3, 772-777.
- 474 30. Rodríguez, O., Santacatalina, J.V., Simal, S., García-Pérez, J.V., Femenia, A.,
475 Rosselló, C. Influence of power ultrasound application on drying kinetics of
476 apple and its antioxidant and microstructural properties. Journal of Food
477 Engineering 2014, 129, 21-29.
- 478 31. Vega-Gálvez, A., Lemus-Mondaca, R., Bilbao-Sáinz, C., Fito, P., Andrés, A.
479 Effect of air drying temperature on the quality of rehydrated dried red bell
480 pepper (var. Lamuyo). Journal of Food Engineering 2008, 85, 42-50.

481

482

483 **FIGURE CAPTIONS**

484 Figure 1. Experimental drying kinetics of red pepper (W/W_0 , average moisture
485 content/initial average moisture content) at different temperatures (30, 50, 70 °C)
486 without (AIR) and with (US) ultrasound (20.5 kW/m³).

487 Figure 2. Experimental dimensionless moisture content (moisture content/initial
488 moisture content, W/W_0) versus calculated for the drying of red pepper at different
489 temperatures (30, 50, 70 °C) with (US) ultrasound (20.5 kW/m³) application

490 Figure 3. Degradation of the antioxidant capacity (AC) (**A**), total phenolic content (TPC)
491 (**B**), and ascorbic acid content (AA) (**C**) of red pepper after drying at different
492 temperatures (30, 50, 70 °C) without (AIR) and with (US) ultrasound (20.5 kW/m³)
493 application. Mean values and Least Significant Difference intervals ($p < 0.05$) are shown.

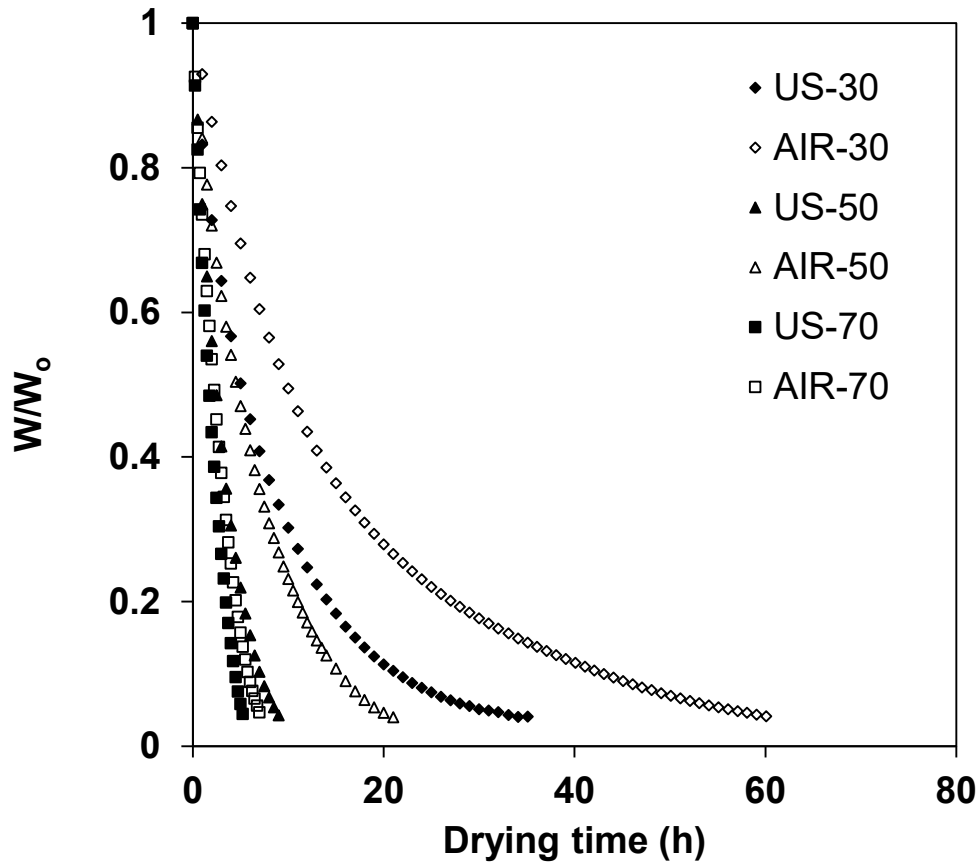
494

495 **TABLE CAPTIONS**

496 Table 1. Drying of red pepper (1 m/s) at different temperatures, without and with
497 ultrasound (20.5 kW/m³; 21.7 kHz) application. Time needed to achieve a final moisture
498 content of 0.2 kg water/kg of dry matter

499 Table 2. Effective diffusivity (D_e) and mass transfer coefficient (k) identified for the
500 drying of red pepper at different temperatures, without and with ultrasound (20.5
501 kW/m³; 21.7 kHz). Mean values and standard deviation. Identical letters in the same
502 column indicate homogeneous groups obtained from LSD intervals ($p < 0.05$).

503



505

506

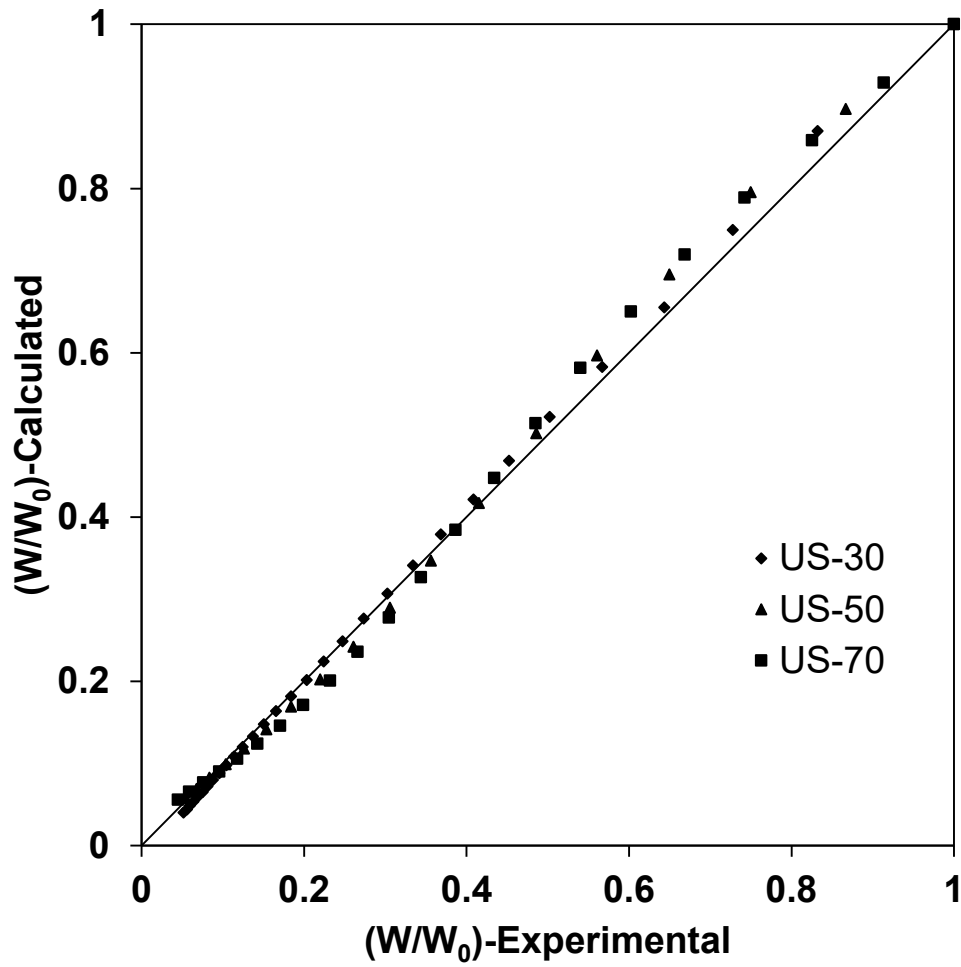
507

508 Figure 1. Experimental drying kinetics of red pepper (W/W_0 , average moisture

509 content/initial average moisture content) at different temperatures (30, 50, 70 °C)

510 without (AIR) and with (US) ultrasound (20.5 kW/m³).

511



513

514

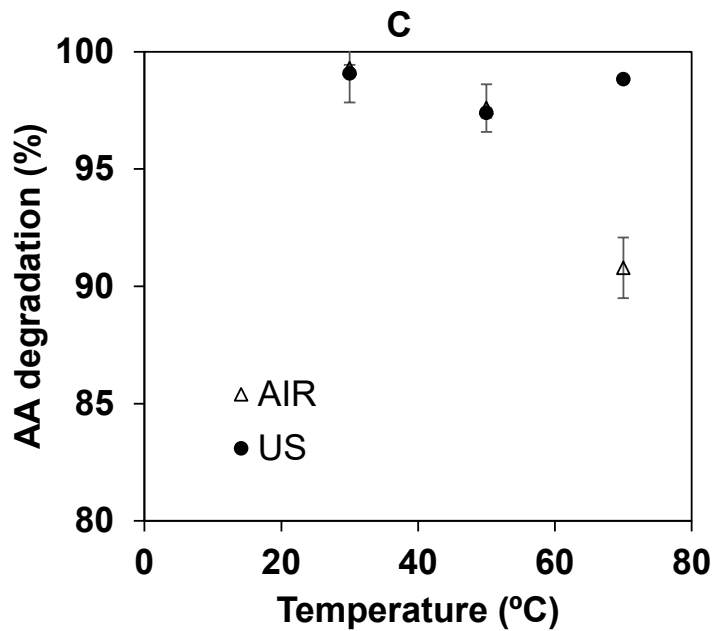
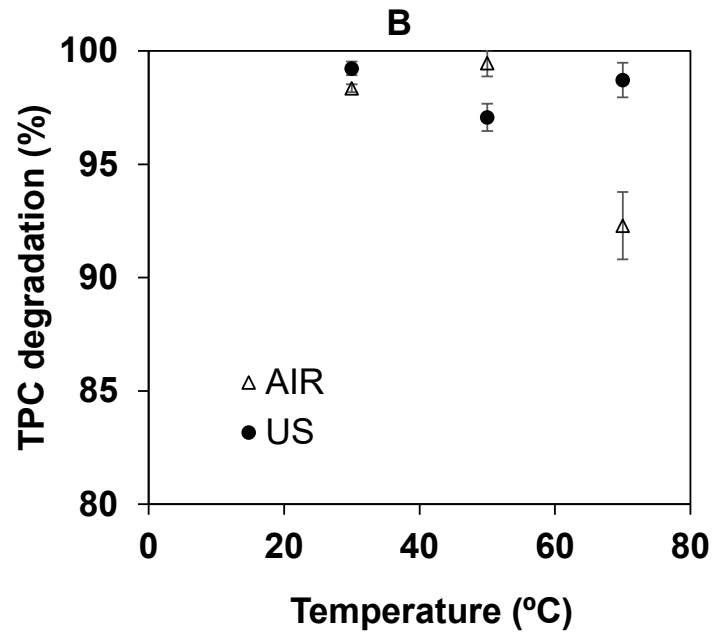
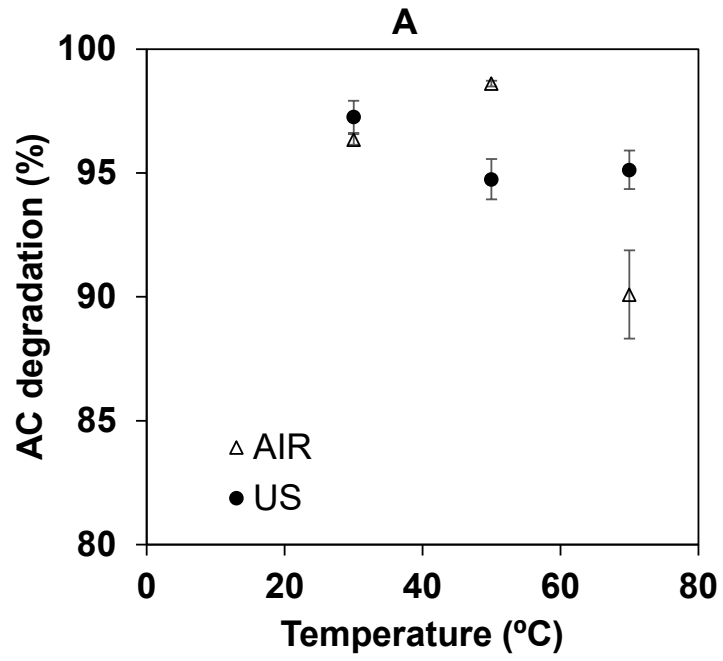
515

516

517 Figure 2. Experimental dimensionless moisture content (moisture content/initial
518 moisture content, W/W_0) versus calculated for the drying of red pepper at different
519 temperatures (30, 50, 70 °C) with (US) ultrasound (20.5 kW/m^3) application

520

521



524

525

526 Figure 3. Degradation of the antioxidant capacity (AC) (**A**), total phenolic content (TPC)
527 (**B**), and ascorbic acid content (AA) (**C**) of red pepper after drying at different
528 temperatures (30, 50, 70 °C) without (AIR) and with (US) ultrasound (20.5 kW/m³)
529 application. Mean values and Least Significant Difference intervals (p<0.05) are shown.

530

531

532 Table 1. Drying of red pepper (1 m/s) at different temperatures, without and with
 533 ultrasound (20.5 kW/m³; 21.7 kHz) application. Time needed to achieve a final moisture
 534 content of 0.2 kg water/kg of dry matter

Temperature (°C)	Ultrasound application	Time (h)
30	Non	70 ± 14
50	Non	26 ± 7
70	Non	8 ± 2
30	Yes	32 ± 7
50	Yes	10.0 ± 0.3
70	Yes	5.4 ± 0.3

535

536

537

538 Table 2. Effective diffusivity (D_e) and mass transfer coefficient (k) identified for the
 539 drying of red pepper at different temperatures, without and with ultrasound (20.5
 540 kW/m³; 21.7 kHz). Mean values and standard deviation. Identical letters in the same
 541 column indicate homogeneous groups obtained from LSD intervals ($p < 0.05$).

Temperature (°C)	Ultrasound application	D_e ($\times 10^{-10} \text{ m}^2/\text{s}$)	k ($\times 10^{-3} \text{ kg water}/\text{m}^2\text{s}$)
70	Non	19.6 ± 1.2 ^b	3.7 ± 0.2 ^b
50	Non	6.6 ± 0.8 ^d	2.7 ± 0.1 ^{c,d}
30	Non	2.8 ± 0.6 ^e	1.5 ± 0.1 ^e
70	Yes	29.7 ± 3.7 ^a	4.7 ± 0.1 ^a
50	Yes	15.0 ± 1.1 ^c	3.4 ± 0.1 ^{b,c}
30	Yes	5.9 ± 1.1 ^{d,e}	2.6 ± 0.3 ^d

542

543

544