



## Inclusion of lemon leaves and rice straw into compound feed and its effect on nutrient balance, milk yield, and methane emissions in dairy goats

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### ABSTRACT

The objective of this experiment was to study the effects of incorporating lemon leaves and rice straw into the compound feed of diets for dairy goats. Ten Murciano-Granadina dairy goats ( $n = 5$  per group) in mid-lactation were used in a crossover design experiment (2 treatments across 2 periods). Goats were fed a mixed ration with barley grain (control, CON) or CON plus lemon leaves [189 g/kg of dry matter (DM)] and rice straw (120 g/kg of DM) in place of barley grain (LRS). Soybean oil (19 g/kg of DM) was added to the LRS diet to make it isoenergetic (17 MJ of gross energy/kg of DM) relative to CON. After 14 d on their respective treatments, goats were allocated to individual metabolism cages for another 7 d. Subsequently, feed intake, total fecal and urine output, and milk yield were recorded daily over the first 5 d. During the last 2 d, ruminal fluid and blood samples were collected, along with individual gas exchange measurements recorded by a mobile open-circuit indirect calorimetry system using a head box. No differences in DM intake were detected, and ME intake in LRS was lower than in CON (1,095 vs. 1,180 kJ/kg of metabolic body weight). No differences were observed in milk production, but milk fat content was greater in LRS (6.4%) than in CON (5.6%). Greater concentrations of monounsaturated (14.94 vs. 11.96 g/100 g of milk fat) and polyunsaturated fatty acids (4.53 vs. 4.03 g/100 g of milk fat) were detected in the milk of goats fed LRS compared with CON. Atherogenicity (2.68 vs. 1.91) and thrombogenic (4.58 vs. 2.81) indices were lower with LRS compared with CON. Enteric CH<sub>4</sub> emission was lower in LRS (24.3 g/d) compared with CON (31.1 g/d), probably due to the greater lipid content and unsaturated fatty acid profile of lemon leaves and the soybean oil added in

the LRS diet. Overall, data suggest that incorporating lemon leaves and rice straw into lactating goat diets is effective in reducing CH<sub>4</sub> emissions while allowing improvements in milk fat production and milk thrombogenic index without affecting production performance. Thus, their inclusion in compound feeds fed to small ruminants appears warranted and would have multiple positive effects, as on efficiency of nutrient use, human health, and the environment.

**Key words:** dairy goat, energy, lemon leaves, methane emission, rice straw

### INTRODUCTION

Human activities, including economic, energy, technological, and environmental processes, are important contributors to climate change. In fact, these are also recognized as primary factors affecting the sustainability of livestock production systems (Zheng et al., 2019). Among environmental activities that contribute toward climate change, flooding cultivated rice soil and then disposal of crop residues (rice straw field burning) by the agricultural sector is a major source of CH<sub>4</sub> emissions. Rice is the world's third largest cereal crop, after corn and wheat, but produces the largest amount of crop residues (Van Soest, 2006). Spain produces 525,504 t/yr of rice straw, with its use in ruminant diets being an alternative to recycling it.

Total world citrus production averages 116 million t/yr (FAOSTAT, 2019), with pruning waste representing the main residue generated during cultivation (Bampidis and Robinson, 2006). Yearly, Spain generates 1.87 million t of pruning waste (DM basis), of which approximately 50% is leaf and 50% wood (EFEAGRO, 2016). Within Spain, the Community of Valencia is one of the world's oldest citrus production areas, and due to the high production of lemons, their leaves are an important pruning waste.

Plant extracts offer a unique opportunity toward developing alternatives to reduce CH<sub>4</sub> emissions, as many plants produce secondary metabolites such as

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saponins and tannins, which have antimicrobial properties. Similarly, the well-documented antimicrobial activities of essential oils and their active components have prompted examination of the potential of these secondary metabolites to manipulate rumen microbial fermentation to reduce gas emissions and improve production efficiency (Calsamiglia et al., 2007; Patra and Yu, 2012; Knapp et al., 2014).

Lemon leaves are rich in essential oils, and essential oils can interact with rumen microbial cell membranes and inhibit methanogenesis (Calsamiglia et al., 2007). Due to the higher lipid content and the essential oils present in citrus leaves, lemon leaves could be beneficial to reduce CH<sub>4</sub> emissions from ruminants, in part because of the negative effect of oil on CH<sub>4</sub> emissions (Patra and Yu, 2012).

Considering the large amounts of rice straw and citrus leaves produced annually all over the world and their potential pollution capacity, especially when burned, the revalorization and reutilization of these by-products as complementary feed sources for livestock is a relevant subject in the exploration of the circular economy combining agriculture and livestock. To demonstrate that using lemon leaves and rice straw in livestock is a suitable strategy to recycle, reuse, and reduce CH<sub>4</sub> emissions, it is necessary to maintain animal performance. Therefore, the objective of the present study was to include lemon leaves and rice straw as by-products replacing cereal grain in a commercial compound feed for lactating goats. Feed intake, energy, carbon and nitrogen balance, milk performance, and CH<sub>4</sub> emissions were measured to assess performance.

## MATERIALS AND METHODS

The experimental procedures were approved (2017/VSC/PEA/00182) by the Committee on Animal Use and Care at the Polytechnic University of Valencia (Valencia, Spain), and followed the codes of practice for animals used in experimental work proposed by the EU (European Union, 2003). The authors declare that this experiment did not involve ethical issues or affect any endangered or protected species.

### Animals and Diets

The experiment was conducted at the Animal Science Department Experimental Farm of the Polytechnic University of Valencia. Ten multiparous mature Murciano-Granadina dairy goats in mid-lactation were selected and divided into 2 homogeneous groups of 5 each, based on similar BW ( $47.3 \pm 0.07$  kg of BW; values are  $\pm$ SD), milk production in the previous lactation ( $650.3 \pm 42$  kg of milk per  $210 \pm 30$  d of lactation,

on average). Treatments were evaluated in a crossover design (2 treatments crossed with 2 periods) using diets fed as TMR (Table 1). Intake was ad libitum, with diets offered at 110% of consumption relative to the preceding day; thus, goats received daily a TMR with 1 kg of alfalfa hay and 1.7 kg of concentrate (37:63 forage-to-concentrate ratio). The concentrate and premix were mixed and pelleted. The control (CON) group was fed concentrate with 406 g/kg of DM of barley grain, and the test group (LRS) was fed concentrate in which 300 g of lemon leaves/kg of DM and 190 g of rice straw/kg of DM replaced barley grain. Nutrient requirements followed the recommendation of Calsamiglia et al. (2009) for lactating goats fed mixed rations (1.6 Mcal of NE<sub>L</sub>/kg of DM and 95 g of MP/kg of DM). To achieve isoenergetic diets, soybean oil was added to the LRS diet. The chemical composition of alfalfa, concentrates, and whole mixed diet (forage and pelleted concentrate) is reported in Table 1 and diet fatty acids (FA) in Table 2. Half the daily ration was offered at 0800 h and half at 1600 h. Goats had free access to water.

### Experimental Schedule and Measurements

Apparent total-tract digestibility, gas exchange, energy partitioning, C and N balance, oxidation of nutrients, and milk composition and yield were determined. The experiment had two 33-d periods. During the adaptation period, goats were fed the experimental diet in pens for 14 d and then allocated to individual metabolism cages at thermoneutrality (20 to 23°C, determined by a HOBO probe; Onset Computer Corporation, Bourne, MA) for another 7 d. Next, data on feed offered and refused and total fecal, urine, and milk output were recorded daily for each goat during a 5-d period. In addition, BW at the beginning and end of the experimental period was recorded. Feces were collected in wire-screen baskets placed under the floor of the metabolism crates, and urine was collected through a funnel into plastic buckets containing 100 mL of 10% (vol/vol) H<sub>2</sub>SO<sub>4</sub>. The acidification of urine was necessary to prevent microbial degradation and loss of volatile ammonium. Representative samples (10%) of diet, feces, and urine were collected over 5 consecutive days, stored at -20°C, and pooled for chemical analysis.

Goats were milked once daily at 0800 h with a portable milking machine (Flaco, model DL-170, J. Delgado S.A., Ciudad Real, Spain). Immediately after milking, individual milk yield was measured and a subsample placed in a bottle and frozen until analysis. In addition, samples were collected into plastic vials that contained 20 mg of potassium dichromate as a preservative and taken to the Interprofessional Dairy Laboratory of the Valencia Community Region (Valencia, Spain) for com-

position analysis (DM, CP, fat, and lactose). Before gas exchange determinations, goats were moved from metabolism cages to pens for 2 d, during which ruminal fluid and blood samples were collected. Ruminal fluid samples were collected via stomach tube before the morning feeding, following the procedure described by Ramos-Morales et al. (2014). Ruminal fluid was strained through 4 layers of cheesecloth and pH determined immediately, using a portable pH meter (Model 265A, Orion Research Inc., Beverly, MA). A subsample of ruminal fluid was acidified with 50% H<sub>2</sub>SO<sub>4</sub> and frozen until later determination of ammonium. Samples for analysis of VFA were mixed with H<sub>3</sub>PO<sub>4</sub> and kept frozen until analysis. Jugular blood was sampled in 10-mL tubes treated with EDTA and immediately centrifuged for plasma separation and storage at -20°C.

Gas exchange was measured for each goat during 24 h using an indirect calorimetric system based on 2 ventilated head boxes designed for small ruminants. The respirometry system was equipped with 2 head hoods, 2 flow meters (Thermal Mass Flowmeter Sensyflow

VT-S, ABB, Alzenau, Germany), and 2 air suction provided by centrifugal fans (CST60 Soler Palau Inc., Parets del Vallès, Barcelona, Spain). Concentrations of CH<sub>4</sub> and CO<sub>2</sub> were measured using the infrared principle and O<sub>2</sub> measured with the paramagnetic principle (Easyflow Gas Analyzer, model 3020, ABB). Although the unit was an autocalibrated model, the analyzers were calibrated with reference gases before each test. Fernández et al. (2012, 2015, 2019a) described the mobile open-circuit respirometry system used for these measurements. The whole system was calibrated by injecting pure N<sub>2</sub> and CO<sub>2</sub> into the head box (McLean and Tobin, 1987), determined gravimetrically using a precision scale (MOBBA mini-SP 0.2-30 kg, Industrial Weighing System, Barcelona, Spain). Calibration factors were calculated according to Brockway et al. (1971). The CH<sub>4</sub> and CO<sub>2</sub> production and O<sub>2</sub> consumption were calculated as described by Aguilera and Prieto (1986). An initial atmospheric air sample was collected, and the gas concentrations were used as reference for calculations.

**Table 1.** Ingredients and chemical composition of the diets

Item	Forage	Compound feed		Diet <sup>1</sup>	
	Alfalfa	Control	Lemon and rice	CON	LRS
Ingredients, g/kg of DM					
Alfalfa hay	1,000			370	370
Barley		406	50	256	32
Lemon leaves			300	0	189
Rice straw			190	0	120
Soybean hulls		350		221	0
Field pea, spring		100	200	63	126
Horsebeans		100	190	63	120
Beet molasses		20	20	13	13
Soybean oil			30	0	19
Calcium carbonate		13	10	8	6
Sodium chloride		4	3	3	2
Dicalcium phosphate		3	3	2	2
Premix <sup>2</sup>		4	4	3	3
Chemical composition, % of DM					
DM	93	93	92	93	93
OM	83	87	82	86	83
Ash	10	6	10	7	10
CP	22	15	15	18	18
Ether extract	2	2	5	2	4
NDF	42	43	29	42	34
ADF	28	23	17	25	21
ADL	7	1	2	3	4
NFC <sup>3</sup>	24	35	41	31	35
Starch	1	27	23	18	15
Carbon	42	44	41	44	42
Nitrogen	4	2	3	3	3
Carbon:nitrogen	12	18	16	16	14
Gross energy, MJ/kg of DM	16	17	17	17	16

<sup>1</sup>CON = control; LRS = lemon leaves and rice straw.

<sup>2</sup>Provided by NACOOP SA (Madrid, Spain). Premix composition (mg/kg or IU/kg of premix): Se, 40; I, 250; Co, 80; Cu, 3,000; Fe, 6,000; Zn, 23,400; Mn, 29,000; S, 60,000; Mg, 60,000; vitamin A, 2,000,000 IU; vitamin D<sub>3</sub>, 400,000; vitamin E, 2,000 mg/kg; nicotinic acid, 10,000; choline, 20,300.

<sup>3</sup>NFC = 100 - (NDF + ash + CP + ether extract).

## Chemical Analysis

Feed, feed refusal, and feces samples were first dried in a forced-air oven at 55°C for 48 h and then ground to pass a 1-mm screen before analysis. Urine and milk were lyophilized before analysis. Chemical analyses of the diet, refusals, and feces were conducted according to AOAC International (2000) for DM (934.01), ash (942.05), and ether extract (**EE**; 920.39). The DM of diets and feces was determined by oven-drying at 102 ± 2°C for 24 h. Ash concentration was measured by incineration in an electric muffle furnace at 550°C for 6 h. The EE was extracted with petroleum ether after acid hydrolysis to recover saponified fat (Soxhlet System HT Tecator, Foss Analytics, Hillerød, Denmark; 1047 Hydrolyzing Unit and 1043 Extraction Unit). The NDF and ADF were measured in an ANKOM Fiber Analyzer (A220, ANKOM Technology, Macedon, NY) according to Mertens (2002) and AOAC International (2000), respectively. The NDF was determined using sodium sulfite and  $\alpha$ -amylase. The NFC content of diets was calculated using the difference method based on chemical analysis of individual feeds according to NRC (2001):  $\text{NFC} = 100 - \text{NDF} - \text{ash} - \text{CP} - \text{EE}$ . The gross energy (**GE**) content of the dried samples (feed,

feces, urine, and milk) was analyzed by combustion in an adiabatic bomb calorimeter (Autobomb, Gallenkamp, Loughborough, UK). Starch content was determined by an enzymatic method ( $\alpha$ -amylase obtained from Sigma-Aldrich, Steinheim, Germany) according to Batey (1982). The C and N were analyzed through the Dumas principle (TruSpec CN; Leco Corp., St. Joseph, MI). Multiplying N by a factor of 6.25 converted the results to CP.

Determination of ruminal VFA was based on the method described by Jouany (1982) using a gas chromatograph (Fisons 8000 series; Fisons Instruments SpA, Milan, Italy) equipped with a split/splitless injector and flame ionization detector. Milk composition (fat, protein, lactose, citrate, and total milk solids content) was analyzed using an infrared analyzer (MilkoScan FT120, Foss Analytics). Fatty acid methyl esters of milk and diet lipids were prepared directly as previously described by O'Fallon et al. (2007). The FAME were analyzed in a Focus Gas Chromatograph (Thermo Fisher Scientific, Milan, Italy) equipped with a split/splitless injector and a flame ionization detector. Separation of methyl esters was performed in a fused silica capillary column (SP 2560, Supelco, Bellefonte, PA; 100 m × 0.25 mm × 0.2- $\mu$ m film thickness). The carrier gas was helium at a linear velocity of 20 cm/s. The samples were injected with a split ratio of 1/100. The initial oven temperature was set at 140°C, held for 5 min, increased to 240°C at 4°C/min, and finally maintained at that temperature for 30 min. Both detector and injector temperatures were set at 260°C.

Metabolites in ruminal fluid, urine, blood plasma, and milk were analyzed. Briefly, glutamine, glutamate, and free amino groups were determined according to Larsen and Fernández (2017). Urine and plasma ammonium, total protein, urea, uric acid, albumin, creatinine, L-lactate, and glucose were analyzed according to standard procedures (Siemens Diagnostics Clinical Methods for ADVIA 1800; Siemens Healthcare GmbH, Erlangen, Germany). Plasma nonesterified fatty acids (NEFA) were determined using the NEFA C Acyl-CoA synthetase–Acyl-CoA oxidase (ACS-ACOD) assay method, and BHB was determined as proposed by Harano et al. (1985). Both nonesterified fatty acids and BHB analyses were performed on the ADVIA 1800 System (Siemens Healthcare). Minor milk constituents such as glucose and glucose-6-phosphate (Larsen, 2015), isocitrate (Larsen, 2014), BHB (Larsen and Nielsen, 2005), and uric acid (Larsen and Moyes, 2010) were determined via enzymatic-fluorometric methods. Milk urea was analyzed using flow injection analysis and enzymatic degradation. Application notes from the manufacturer were followed (Foss Analytics).

**Table 2.** Fatty acid profile (g/100 g of oil) of experimental diets<sup>1</sup>

Item	CC	LR
C6:0	0.102	0.204
C8:0	0.040	0.026
C12:0	0.031	0.127
C14:0	0.447	0.020
C15:0	0.117	0.100
C16:0	22.67	16.84
C16:1	0.210	0.145
C17:0	0.335	0.290
C17:1	0.085	0.075
C18:0	4.480	4.449
C18:1n-9 <i>trans</i>	0.067	0.028
C18:1n-9 <i>cis</i>	17.55	24.62
C18:1n-7	2.581	0.000
C18:2n-6 <i>cis</i>	44.06	42.72
C20:0	0.502	0.459
C18:3n-6	0.011	0.117
C20:1	0.467	0.278
C18:3n-3	4.598	6.886
C20:2	0.020	0.178
C22:0	0.421	0.484
C20:3n-6	0.000	0.090
C22:1n-9	0.197	0.195
C20:3n-3	0.129	0.124
C22:2	0.059	0.087
C24:0	0.284	0.348
C20:5n-3 eicosapentaenoic acid	0.402	0.471
C22:4n-6	0.052	0.051

<sup>1</sup>CC = control compound feed without forage; LR = compound feed with lemon leaves and rice straw without forage.

### Calculations

The ME intake (**MEI**) was calculated as the difference between GE intake and energy losses in feces (digestible energy), urine, and CH<sub>4</sub> (with an energy equivalent value of 39.5 kJ/L of CH<sub>4</sub>; Brouwer, 1965).

Heat production (**HP**) was determined from measurements of O<sub>2</sub> consumption, CO<sub>2</sub> and CH<sub>4</sub> production, and urine N (**N<sub>urine</sub>**), using the equation of Brouwer (1965):

$$\text{HP (kJ)} = 16.18 \times \text{O}_2 + 5.02 \times \text{CO}_2 - 2.17 \times \text{CH}_4 - 5.99 \times \text{N}_{\text{urine}},$$

where gases were expressed in liters per day and N<sub>urine</sub> in grams per day. The net energy was the difference between ME and HP. The tissue energy was calculated as the difference between net energy and milk energy.

The energy associated with the oxidation of protein (**OXp**), oxidation of carbohydrate (**OXCHO**), and oxidation of fat (**OXF**) was calculated using the methods of Brouwer (1958) and Chwalibog et al. (1997) for ruminants. The CO<sub>2</sub> production from oxidation (**CO<sub>2x</sub>**) was calculated as CO<sub>2</sub> - (2 × CH<sub>4</sub>), according to Fahey and Berger (1988). The calculations were carried out as follows:

$$\text{OXp} = 6.25 \times \text{N}_{\text{urine}} \times 18.42 \text{ (kJ/g)};$$

$$\text{OXCHO} = (-2.968 \times \text{O}_2 + 4.174 \times \text{CO}_{2x} - 2.446 \times \text{N}_{\text{urine}}) \times 17.58 \text{ (kJ/g)};$$

$$\text{OXF} = (1.719 \times \text{O}_2 - 1.719 \times \text{CO}_{2x} - 1.963 \times \text{N}_{\text{urine}}) \times 39.76 \text{ (kJ/g)}.$$

Then the HP from oxidation (**HP<sub>x</sub>**) was

$$\text{HP}_x \text{ (kJ)} = 16.18 \times \text{O}_2 + 5.02 \times \text{CO}_{2x} - 5.99 \times \text{N}_{\text{urine}}.$$

Again, gases were expressed in liters per day and N<sub>urine</sub> in grams per day. Heat of fermentation was estimated by subtracting HP from HP<sub>x</sub>. The nonprotein respiratory quotient from oxidation of nutrients (**RQ<sub>np</sub>**) was determined as follows: RQ<sub>np</sub> = [CO<sub>2x</sub> - (N<sub>urine</sub> × 6.25 × 0.774)]/[O<sub>2</sub> - (N<sub>urine</sub> × 6.25 × 0.957)]. For C and N balance, we followed the equations and values proposed by McLean and Tobin (1987), and retained protein and fat, in grams, were calculated.

The efficiency of ME for milk and maintenance (kls) was calculated according to INRA (2018): kls = 0.65 +

0.247 × (q - 0.63), with q being the metabolizability (ME/GE).

### Statistical Analysis

The effects of diet on intake, digestibility, ruminal fermentation, milk performance, energy, C and N balances, and oxidation of nutrients were analyzed using a mixed model (lme function from the nlme library) in R (R Core Team, 2016). The experiment was conducted as a crossover design: each goat received both treatments in 2 periods. The following statistical model was used: Y = μ + D + T + goat + ε, where Y is the dependent variable, μ is the overall mean, D and T are the fixed effects of diet and period of time, respectively, goat is the random effect of goat, and ε is the random error. Least squares means were reported throughout, and differences were considered significant at P < 0.05.

## RESULTS AND DISCUSSION

No significant effect was observed for period of time in the crossover design; thus, tables report only the effect of diet. The average values for the calibration factors were 1.0022 ± 0.00111 (n = 4), 0.9911 ± 0.00913 (n = 4), and 0.9712 ± 0.00557 (n = 4) for O<sub>2</sub>, CO<sub>2</sub>, and CH<sub>4</sub>, respectively.

### Feed Intake, Digestibility, and Ruminal Fermentation

No difference in DMI (P > 0.05) was observed between diets (2.0 kg/d, on average), with the same amount of concentrate consumed by each group. Differences (P < 0.05) were detected for apparent digestibility of DM, OM, NDF, ADF, and energy, with lower values in LRS compared with CON. However, greater values (P < 0.05) for CP and EE digestibility were observed in LRS compared with CON. The higher barley content and lower EE in the CON compared with the LRS diet (essential oil content in lemon leaves and soybean oil added to the diet) likely explains the greater apparent digestibility: EE was 2% in CON, compared with 4% in LRS. Classical work from Palmquist and Jenkins (1980) indicated that high dietary lipid is more likely to inhibit fiber degradability with a concomitant reduction in fermentation, possibly due to coating food particles and preventing bacterial attachment. Average ruminal pH never fell below 6.2 (Table 3), suggesting that values obtained were sufficiently high to maintain normal ruminal fermentation (Ørskov and Fraser, 1975). Although stomach tube is a suitable noninvasive technique for ruminal fluid sampling, it is prone to saliva contamination, which would raise the pH in

**Table 3.** Intake, apparent digestibility coefficients (% of DM), and ruminal fermentation of Murciano-Granadina goats (n = 10) during mid-lactation according to type of diet

Item	Diet <sup>1</sup>		SEM	P-value
	CON	LRS		
DMI, kg/d	2.00	2.04	0.022	0.52
Concentrate DMI, kg/d	1.52	1.52	0.012	0.64
Forage DMI, kg/d	0.49	0.51	0.022	0.64
Apparent total-tract digestibility				
DM	69.0	63.6	0.58	0.001
OM	71.1	66.0	0.55	0.001
CP	67.1	71.5	0.57	0.001
Ether extract	53.3	76.4	1.55	0.001
NDF	60.4	41.5	1.31	0.001
ADF	53.3	37.5	1.28	0.001
NFC <sup>2</sup>	90.5	89.7	0.43	0.32
Energy	69.8	65.3	0.54	0.001
Rumen fermentation				
pH	6.98	7.08	0.041	0.20
Total VFA, mM	36.9	34.1	2.75	0.621
Individual VFA, mM				
Acetic acid	22.8	21.4	1.84	0.72
Propionic acid	5.35	5.27	0.497	0.94
Isobutyric acid	0.50	0.58	0.027	0.10
Butyric acid	7.03	5.37	0.570	0.15
Isovaleric acid	0.69	0.86	0.034	0.008
Valeric acid	0.50	0.53	0.034	0.67
Caproic acid	0.06	0.04	0.026	0.06

<sup>1</sup>CON = control; LRS = lemon leaves and rice straw.

<sup>2</sup>NFC = 100 - (NDF + ash + CP + ether extract).

the sample (Ramos-Morales et al., 2014). Despite the greater amount of concentrate used to feed goats in this trial, the amount of total VFA was low (35.5 mM, on average) compared with the results of other studies. For instance, Romero-Huelva and Molina-Alcaide (2013) found average values of 66.9 mM among rumen-fistulated Murciano-Granadina goats fed alfalfa hay and concentrate in a 1:1 ratio. This suggested that ruminal fluid collection through stomach tube did not yield a representative total VFA. Other than isovaleric acid, no differences were detected for total and individual VFA. Because isovaleric acid is mainly generated during degradation of branched-chain amino acids, the greater ( $P = 0.008$ ) concentration of this VFA observed in goats fed LRS suggested greater ruminal protein degradation. Furthermore, this response might indicate an inefficient use of amino groups for ruminal protein synthesis (Casper et al., 1999).

### Energy Balance and Oxidation of Nutrients

Despite similar DMI, no significant differences ( $P > 0.05$ ) were observed for GE intake (1,926 kJ/kg of  $BW^{0.75}$ , on average; Table 4). The lower digestibility ( $P = 0.001$ ) in the LRS diet indicated greater energy losses in feces. Urine energy losses were greater ( $P < 0.05$ ) in LRS compared with CON, suggesting that the greater content of EE in the LRS diet might have

reduced microbial protein synthesis. This effect might partly explain the reduction ( $P = 0.001$ ) in energy losses as  $CH_4$  (95 vs. 75 kJ/kg of  $BW^{0.75}$  for CON and LRS, respectively) with the LRS diet, supporting the negative effect of lipids in the diet on  $CH_4$  production (Knapp et al., 2014).

Due to greater losses in feces and urine with the LRS diet, MEI was lower ( $P = 0.023$ ) with LRS (-85 kJ/kg of  $BW^{0.75}$ ). Although lower tissue energy was detected in LRS compared with CON (-103 kJ/kg of  $BW^{0.75}$ ), no differences between treatments were observed for HP (584 kJ/kg of  $BW^{0.75}$ , on average) and milk energy (432 kJ/kg of  $BW^{0.75}$ , on average). In lactating animals, lipogenic nutrients can increase the partitioning of ME into milk (increasing milk fat yield) and consequently decrease the partitioning of ME into body reserves (van Knegsel et al., 2007). Thus, the present observations suggest that the lower content of glucogenic nutrients in LRS (i.e., the CON diet was higher in barley grain) did not favor body fat deposition and partitioning of ME into body tissue.

The efficiency of ME for milk and maintenance is defined as kls by INRA (2018); following this approach, the efficiencies for the CON and LRS diets were 0.65 and 0.63, respectively, and no significant differences were observed between diets. Aguilera et al. (1990) and Tovar-Luna et al. (2010) reported similar values (0.67 and 0.63, respectively).

The pattern of energy utilization, when expressed as megajoules per day, did not differ between treatments for GE intake and digestible energy (35 and 24 MJ/d, respectively). However, the MEI differences between diets remained, with consumption of ME in CON being greater relative to LRS. When energy balance was expressed as percentage of GE intake, significant differences were found ( $P < 0.05$ ). Energy lost as feces was 30% and 35% for CON and LRS, respectively. Those values were similar to those found by Aguilera et al. (1990) with lactating Granadina goats fed alfalfa hay and barley (32%) and by Tovar-Luna et al. (2010) with Alpine goat at mid-lactation fed 60% concentrate. Urine energy was 3.1% and 4.6% for CON and LRS, respectively, which for CON was comparable with the findings of Aguilera et al. (1990) and Tovar-Luna et

al. (2010). The slightly greater urine energy with LRS might have been due to catabolism of body protein as energy source, coupled with excretion of urea in urine (Maltz and Silanikove, 1996). Heat production, as a percentage of GE intake, did not differ between diets, but digestible energy, ME, milk energy, and tissue energy were greater in CON relative to LRS. In spite of the differences, the positive tissue balance indicated that goats utilized available energy to build or deposit tissue in mid-lactation. The average energy lost from feces, heat, urine, and  $\text{CH}_4$  averaged 33, 31, 4, and 4% of GE, respectively, similar to historical data of Flatt et al. (1967) in dairy cattle. No differences between diets were detected for ME and NE when expressed per kilogram of DM; thus, average values were 10 MJ of ME/kg of DM and 7 MJ of net energy/kg of DM.

**Table 4.** Daily energy partitioning (kJ/kg of  $\text{BW}^{0.75}$ ) of Murciano-Granadina goats ( $n = 10$ ) during mid-lactation according to type of diet

Item <sup>1</sup>	Diet <sup>2</sup>		SEM	P-value
	CON	LRS		
BW, kg	47.4	47.3	0.44	0.84
DMI, g/kg of $\text{BW}^{0.75}$	110	112	1.6	0.40
kJ/kg of $\text{BW}^{0.75}$				
GEI	1,913	1,939	26.7	0.62
$E_{\text{feces}}$	580	680	14.0	0.001
DE	1,334	1,260	28.5	0.14
$E_{\text{urine}}$	59	90	3.8	0.001
$E_{\text{methane}}$	95	75	2.0	0.001
MEI	1,180	1,095	18.9	0.023
HP	596	572	6.1	0.07
$E_{\text{milk}}$	402	444	15.2	0.18
RE	585	523	9.9	0.021
TE	183	79	2.4	0.001
kls	0.65	0.63	0.010	0.023
MJ/d				
GEI	35	35	0.6	0.22
DE	24	23	0.4	0.23
MEI	21	20	0.4	0.021
% of GEI				
$E_{\text{feces}}$	30.3	35.0	0.59	0.009
$E_{\text{urine}}$	3.08	4.64	0.073	0.038
$E_{\text{methane}}$	4.97	3.87	0.085	0.049
HP	31.1	29.5	0.54	0.09
$E_{\text{milk}}$	21.0	22.9	0.39	0.047
RE	30.6	27.0	0.52	0.015
TE	9.5	4.1	0.12	0.001
DE	69.7	65.0	1.21	0.037
ME	61.7	56.5	1.06	0.012
MJ/kg of DM				
GE	17	17	0.3	0.76
DE	12	11	0.2	0.46
ME	11	10	0.2	0.43
NE	7	6	0.2	0.43

<sup>1</sup>GEI = gross energy intake;  $E_{\text{feces}}$  = energy losses in feces;  $E_{\text{urine}}$  = energy losses in urine;  $E_{\text{methane}}$  = energy losses in methane; MEI = metabolizable energy intake; HP = heat production;  $E_{\text{milk}}$  = recovered energy in milk; RE = recovered energy (RE = MEI - HP); TE = tissue energy (TE = RE -  $E_{\text{milk}}$ ); kls = ME efficiency for milk production according to INRA (2018); DE = digestible energy; NE = net energy.

<sup>2</sup>CON = control; LRS = lemon leaves and rice straw.

The proportional contribution to HPx due to oxidation of nutrients is shown in Table 5. Diet had no effect on HPx (572 kJ/kg of  $\text{BW}^{0.75}$ , on average). The oxidation of nutrients, as oxidation of protein, was 6% greater ( $P < 0.05$ ) in LRS compared with CON, which agrees with the greater energy losses (Table 4) and N excreted in urine (Table 6). It is possible that protein metabolism supported the greater milk energy (Table 4). The OXCHO increased ( $P < 0.05$ ) from 24 to 32% in LRS and CON, respectively. No effect on OXF was detected (52% on average). A significant difference ( $P < 0.05$ ) was observed for RQnpx, which was significantly lower for LRS (0.79) compared with CON (0.82). Chwalibog et al. (1997) reported that RQnpx lower than 1 indicates predominance of OXF compared with OXCHO, as was observed in this study.

**Table 5.** Daily energy partitioning (kJ/kg of  $\text{BW}^{0.75}$ ) of Murciano-Granadina goats ( $n = 10$ ) during mid-lactation according to type of diet

Item <sup>1</sup>	Diet <sup>2</sup>		SEM	P-value
	CON	LRS		
HPx	582	562	5.9	0.100
HPf	13.1	10.2	0.77	0.06
OXp	95.1	124	5.56	0.009
OXCHO	193	142	10.1	0.017
OXF	294	296	6.7	0.96
OXp/HPx	16.4	22.3	1.06	0.005
OXCHO/HPx	32.4	24.4	1.54	0.013
OXF/HPx	51.2	53.2	1.40	0.57
RQnpx	0.82	0.79	0.005	0.022

<sup>1</sup>HPx = heat production from oxidation of nutrients; HPf = heat production of fermentation [HPf = heat production - HPx (Brouwer, 1958)]; OXP = heat production associated with oxidation of protein; OXCHO = heat production associated with oxidation of carbohydrates; OXF = heat production associated with oxidation of fat; RQnpx = nonprotein respiratory quotient from oxidation of nutrients  $\{[(\text{CO}_{2x} - (\text{N}_{\text{urine}} \times 6.25 \times 0.774))]/[\text{O}_2 - (\text{N}_{\text{urine}} \times 6.25 \times 0.957)]\}$ , where  $\text{CO}_{2x} = \text{CO}_2$  production from oxidation and  $\text{N}_{\text{urine}} = \text{N}$  in urine).

<sup>2</sup>CON = control; LRS = lemon leaves and rice straw.

**Table 6.** Carbon and nitrogen balance (g/kg of BW<sup>0.75</sup>) of Murciano-Granadina goats (n = 10) during mid-lactation according to type of diet

Item <sup>1</sup>	Diet <sup>2</sup>		SEM	P-value
	CON	LRS		
C <sub>intake</sub>	46.0	46.4	0.65	0.75
C <sub>feces</sub>	15.2	18.0	0.37	0.002
C <sub>urine</sub>	1.45	2.13	0.091	0.001
C <sub>CO2</sub>	15.8	14.5	0.22	0.004
C <sub>CH4</sub>	1.31	1.03	0.028	0.001
C excretion	33.8	35.7	0.52	0.06
C <sub>milk</sub>	8.00	8.82	0.302	0.18
C <sub>body retained</sub>	4.23	1.92	0.505	0.021
N <sub>intake</sub>	2.80	2.98	0.044	0.06
N <sub>feces</sub>	0.92	0.86	0.019	0.07
N <sub>urine</sub>	0.83	1.08	0.048	0.009
N excretion	1.75	1.93	0.055	0.10
N <sub>milk</sub>	0.64	0.69	0.023	0.32
N <sub>body retained</sub>	0.41	0.36	0.051	0.56
R <sub>protein</sub> , g/d per goat	47.1	39.7	5.63	0.45
R <sub>fat</sub> , g/d per goat	65.9	16.3	10.26	0.015

<sup>1</sup>C<sub>intake</sub> = C intake; C<sub>feces</sub> = C losses in feces; C<sub>urine</sub> = C losses in urine; C<sub>CO2</sub> = C losses in CO<sub>2</sub>; C<sub>CH4</sub> = C losses in methane; C<sub>milk</sub> = recovered C in milk; C<sub>body retained</sub> = recovered C in tissue; N<sub>intake</sub> = N intake; N<sub>feces</sub> = N losses in feces; N<sub>urine</sub> = N losses in urine; N<sub>milk</sub> = recovered N in milk; N<sub>body retained</sub> = recovered N in tissue; R<sub>protein</sub> = protein retained, in grams; R<sub>fat</sub> = fat retained, in grams.

<sup>2</sup>CON = control; LRS = lemon leaves and rice straw.

### Carbon and Nitrogen Balance

The daily C and N balance and the calculated tissue recovered as protein and fat are displayed in Table 6. No significant differences were observed in C intake and C in milk. Following the trend observed for intake and apparent digestibility, the levels of C in feces and urine were 2.8 and 0.7 g/kg of BW<sup>0.75</sup> greater in LRS than in CON, respectively. The losses in C from CO<sub>2</sub> and CH<sub>4</sub> were significantly lower for LRS compared with CON (1.3 vs. 0.3 g/kg of BW<sup>0.75</sup>, respectively) due to lower CH<sub>4</sub> production with this diet (see Table 9). The efficiency of milk C output relative to C ingested was 18% on average.

Regardless of diet, goats ingested (2.89 g/kg of BW<sup>0.75</sup>, on average) and excreted similar amounts of N in feces (0.89 g/kg of BW<sup>0.75</sup>, on average). No differences were observed in milk N and N retained in the body, whereas greater excretion ( $P = 0.009$ ) in urine N was detected for LRS than for CON (0.3 g/kg of BW<sup>0.75</sup>). The ratio between milk N output and N ingested averaged 23%. Similar to the present study, Kebreab et al. (2010) reported a reduction in urinary N output in dairy cows when ME intake increased. The values of N retained in the body were converted to grams of protein, and from this and the C balance value, grams of fat retained were calculated. No differences were detected between diets for protein retention. However, energy balance was 104 kJ/kg of BW<sup>0.75</sup> greater in CON than in LRS; thus, the fat retained was approximately 50 g/animal greater in CON than in LRS (Table 6).

### Milk Production, Fatty Acids, and Metabolites

Diet had no effect on milk yield, which averaged 2.27 kg/d across the 2 diets (Table 7). Because the main objective was to evaluate the effects of waste by-products on performance using a balanced diet, replacement of barley grain with lemon leaves and rice straw was not on a 1-to-1 basis. Rather, different ingredients were combined and soybean oil added to the LRS diet to reach the same energy and protein density as CON. Chilliard et al. (2003), in a review of the literature, concluded that fat supplementation increased milk yield in dairy cows, but not in goats, and increased milk fat content in goats, but not always in dairy cows. It would appear that the lipolytic system differs between cows and goats. The replacement of barley grain with by-products (fibrous and with higher PUFA content) increased milk fat content in LRS compared with CON (5.6 and 6.4% for CON and LRS, respectively). Thus, greater PUFA due to inclusion of soybean oil in LRS might have inhibited microbial synthesis, as reported by Chilliard et al. (2003), and also biohydrogenation.

**Table 7.** Daily milk production and composition of Murciano-Granadina goats (n = 10) during mid-lactation according to type of diet

Item	Diet <sup>1</sup>			P-value
	CON	LRS	SEM	
Milk yield, kg/d per goat	2.20	2.35	0.178	0.76
Chemical composition, %				
DM	15.1	16.0	0.22	0.034
Fat	5.64	6.43	0.168	0.015
Protein	4.03	4.17	0.061	0.22
Lactose	4.60	4.57	0.021	0.30
Nonfat dry extract	9.46	9.58	0.071	0.38
Cheese extract	9.68	10.6	0.212	0.023

<sup>1</sup>CON = control; LRS = lemon leaves and rice straw.

The content of FA with 16 or fewer carbon atoms derives from de novo synthesis, whereas those with 18 or more carbon atoms arise from diet or from lipid mobilization (Chilliard et al., 2003). Concentration of FA with C11:0 to C16:1 was greater ( $P < 0.05$ ) in goats fed CON compared with LRS (Table 8). Fatty acids with C11:0 and C15:0 are potential biomarkers of rumen function because they are found in bacterial lipids and might be partly synthesized endogenously

in the mammary gland from ruminal substrates (Vlaeminck et al., 2006; Fievez et al., 2012; Vlaeminck et al., 2015). Therefore, our data suggest better ruminal fermentation in CON than in LRS. Despite this, the greater milk fat content with LRS might have been due to PUFA content in the LRS diet plus lipolysis (i.e., recovered C in tissue decreased by 54% with LRS). In addition, in view of the lower protein digestibility, similar VFA content, and greater loss of N in urine when LRS

**Table 8.** Fatty acid composition (g/100 g of milk fat) of milk fat for goats fed experimental diets (n = 10)

Item <sup>1</sup>	Diet <sup>2</sup>		SEM	P-value
	CON	LRS		
C4:0	0.62	0.62	0.016	0.98
C6:0	1.53	1.59	0.048	0.61
C8:0	2.16	2.28	0.084	0.46
C10:0	8.54	7.77	0.234	0.10
C11:0	0.26	0.22	0.013	0.02
C12:0	4.79	3.58	0.186	<0.001
C14:0	8.74	7.14	0.275	<0.001
C14:1	0.16	0.11	0.010	0.03
C15:0	0.67	0.56	0.024	0.02
C16:0	25.9	19.3	1.06	<0.001
C16:1	0.64	0.44	0.047	0.03
C17:0	0.37	0.38	0.038	0.88
C17:1	0.15	0.13	0.010	0.23
C18:0	3.68	5.71	0.377	0.004
C18:1n-9 <i>trans</i>	0.80	2.04	0.181	<0.001
C18:1n-9 <i>cis</i>	10.0	11.8	0.65	0.18
C18:1n-7	0.15	0.39	0.037	<0.001
C18:2n-6 <i>trans</i>	0.16	0.23	0.011	<0.001
C18:2n-6 <i>cis</i>	2.57	2.69	0.142	0.70
C20:0	0.09	0.11	0.005	0.03
C18:3n-6	0.01	0.01	0.002	0.22
C20:1	0.04	0.03	0.006	0.51
C18:3n-3	0.57	0.45	0.054	0.28
CLA <i>cis-9,trans-11</i>	0.41	0.88	0.068	<0.001
CLA <i>trans-9,cis-11</i>	0.04	0.06	0.003	<0.001
CLA <i>cis-9,cis-11</i>	0.00	0.01	0.001	<0.001
CLA <i>trans-9,trans-11</i>	0.02	0.04	0.003	<0.001
C20:2	0.01	0.01	0.002	0.23
C22:0	0.03	0.03	0.003	0.30
C20:3n-6	0.01	0.01	0.001	0.61
C20:4n-6	0.14	0.11	0.007	0.01
C22:2	0.01	0.11	0.004	0.72
C24:0	0.08	0.12	0.028	0.44
C20:5n-3 EPA	0.06	0.02	0.011	0.08
Total VFA	73.4	69.1	1.862	0.09
Short-chain fatty acids	4.31	4.49	0.143	0.56
Medium-chain fatty acids	13.6	11.6	0.39	0.01
Long-chain fatty acids	55.5	52.9	1.17	0.27
Total SFA	57.5	49.5	1.33	<0.001
Total MUFA	11.9	14.9	0.74	0.04
Total PUFA	4.03	4.53	0.134	0.05
n-6	2.90	3.05	0.148	0.63
n-3	0.63	0.48	0.065	0.23
n-6/n-3 ratio	5.30	6.48	0.292	0.04
TI	4.58	2.81	0.298	<0.001
AI	2.68	1.91	0.121	<0.001

<sup>1</sup>EPA = eicosapentaenoic acid; TI = thrombogenic index, calculated as  $(C14:0 + C16:0 + C18:0)/[0.5 \times \text{mono-unsaturated} + 0.5 \times n-6 + 3 \times n-3 + (n-6/n-3)]$ ; AI = atherogenicity index, calculated as  $C12:0 + 4 \times C14:0 + C16:0/\text{unsaturated fatty acids}$  (Ulbricht and Southgate, 1991).

<sup>2</sup>CON = control; LRS = lemon leaves and rice straw.

**Table 9.** Methane emission of Murciano-Granadina goats (n = 10) during mid-lactation according to type of diet

Item <sup>1</sup>	Diet <sup>2</sup>			P-value
	CON	LRS	SEM	
CH <sub>4</sub> , g/d	31.1	24.3	0.64	0.001
Ym, %	4.47	3.87	0.085	0.001
CH <sub>4</sub> /DMI, g/kg	15.6	12.0	0.33	0.001
CH <sub>4</sub> /DMd, g/kg	22.9	18.9	0.55	0.001
CH <sub>4</sub> /OMi, g/kg	16.8	13.3	0.35	0.001
CH <sub>4</sub> /OMd, g/kg	23.9	20.2	0.55	0.001
CH <sub>4</sub> /NDFd, g/kg	61.7	67.7	1.89	0.001
CH <sub>4</sub> /cheese extract, g/kg	152	119	3.9	0.001
CH <sub>4</sub> /milk, g/kg	14.1	10.4	0.38	0.008

<sup>1</sup>Ym = methane energy/gross energy intake; DMd = digested DM; OMi = OM intake; OMd = digested OM; NDFd = digested NDF.

<sup>2</sup>CON = control; LRS = lemon leaves and rice straw.

was fed, we speculate that the lack of response in milk protein with this diet was partly due to a reduction in mammary supply of essential amino acids.

In our study, C16:0 was 6.56 g/100 g greater in goats fed CON compared with LRS (Table 8). Milk C16:0 results mainly from de novo FA synthesis in mammary tissue using acetate produced in the rumen during fiber digestion, with CH<sub>4</sub> output positively correlated with milk C16:0 (Fievez et al., 2012). Greater values ( $P < 0.05$ ) of C18:0, C18:1, C18:2, and CLA were detected in response to feeding LRS compared with CON. The increase in C18:0 and CLA with LRS were probably associated with greater intake of PUFA and, therefore, greater rate of biohydrogenation (Table 2 shows FA profiles of CON and LRS diets). Fernández et al. (2018) reported that lemon leaves contain 3% EE, with high concentrations of C18:1n-9 *cis*, C18:2n-6 *cis*, and C18:3n-3, which are known for their antibacterial activities (Desbois and Smith, 2010). Atherogenicity and thrombogenic indices were calculated as indicated by Ulbricht and Southgate (1991), and from a human health standpoint the lower index of LRS compared with CON suggested higher quality.

Elevated concentrations of free amino groups and glutamate were detected in ruminal fluid in response to feeding LRS compared with CON (Supplemental Table S1, <https://doi.org/10.3168/jds.2020-18168>). This was accompanied by greater concentrations of protein and urea ( $P < 0.05$ ). In urine, compared with CON, feeding LRS led to higher levels of protein, free amino groups, glutamate, ammonium, urea, and uric acid. Consistent with data from other authors (Bjerre-Harpøth et al., 2012), levels of negative energy indicators (BHB and isocitrate) were in the normal range for both groups. Although free amino groups were greater in the LRS group, no marked differences were observed for milk indicators of ruminal N flow such as uric acid and urea in milk.

### Methane Emissions

The reduction in CH<sub>4</sub> with LRS was partly caused by decreasing overall carbohydrate digestion. Compared with the CON diet (31.1 g/d), goats fed LRS produced significantly ( $P < 0.05$ ) fewer CH<sub>4</sub> emissions (24.3 g/d; Table 9), a response that agrees with the fact that FA have a strong inhibitory effect on protozoa and cellulolytic bacteria that can cause shifts in fermentation patterns that reduce CH<sub>4</sub> production. In addition to the known negative effects of PUFA on CH<sub>4</sub> production via direct toxic effects on ruminal microorganisms and protozoa (Newbold et al., 1995), as discussed previously (Fernández et al., 2019b), secondary compounds such as tannins and essential oils from lemon leaves in the LRS diet also explain the mitigation of CH<sub>4</sub> observed with this diet. Therefore, although the reduction in CH<sub>4</sub> averaged 22%, differences in fat percentage between CON and LRS averaged 2%. Thus, each percentage of increase in fat was associated with average reductions of 4 to 5% in CH<sub>4</sub> (Patra, 2014). Clearly, much higher CH<sub>4</sub> inhibition in this study might result from other secondary metabolite components such as essential oils and tannins present in leaves. Further research should be performed to better understand how secondary compounds in citrus residue directly influence ruminal microorganisms.

Because ruminants lose between 2 and 12% of their dietary GE as CH<sub>4</sub>, a decrease in production of CH<sub>4</sub> represents an improvement in feed efficiency (Johnson and Johnson, 1995). The ratios of CH<sub>4</sub> energy loss per unit of GE intake were 4.47 and 3.87% for CON and LRS, respectively ( $P < 0.05$ ). The greater lipid content of LRS and its FA profile (Tables 1 and 8) probably had negative effects on methanogens and fiber degradation, which was reflected in lower NDF and ADF digestibility (Table 2). Although CH<sub>4</sub> emission is most commonly expressed in the literature relative to GE

intake, the most meaningful expression is relative to DM or OM intakes. In the present work, when CH<sub>4</sub> was expressed relative to DM and OM intake or digested, statistical differences ( $P < 0.05$ ) remained. In addition, goats fed LRS produced less CH<sub>4</sub>, because the amount of NDF digested was lower. Furthermore, feeding LRS reduced the amount of CH<sub>4</sub> by 3.8 g/kg of milk. Patra et al. (2017) reported that some plant secondary metabolites may exert inhibitory effects on methanogenic activity, and lemon leaves contain essential oils and tannins. Thus, further research should be performed to better understand how secondary compounds in citrus residue directly affect ruminal microorganisms.

## CONCLUSIONS

The replacement of 41% of barley grain with lemon leaves (19%, higher essential oil content and plant secondary metabolites than barley grain), rice straw (12%), and soybean oil (1.9%) in the concentrate fed to dairy goats did not affect DMI and milk production. Although MEI was reduced from 21 to 20 MJ/d, milk fat yield increased (from 5.64 to 6.43%), whereas methane emissions decreased (22%). Milk C16:0 decreased, and increases in CLA and linoleic acid occurred. Thus, inclusion of these by-products into compound feeds fed to small ruminants appears warranted. It could elicit multiple positive effects, as on the efficiency of nutrient use, human health, and the environment.

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