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Additional Information

# Scope and limitations of the TEMPO/EPR method for singlet oxygen detection: the misleading role of electron transfer

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## ABSTRACT

For many biological and biomedical studies, it is essential to detect the production of  $^1\text{O}_2$  and quantify its production yield. Among the available methods, detection of the characteristic 1270 nm phosphorescence of singlet oxygen by time-resolved near infrared (TRNIR) emission constitutes the most direct and unambiguous approach. An alternative indirect method is electron paramagnetic resonance (EPR) in combination with singlet oxygen probe. This is based on the detection of the TEMPO free radical formed after oxidation of TEMP (2,2,6,6-tetramethylpiperidine) by singlet oxygen. Although the TEMPO/EPR method has been largely employed, it can produce misleading data. This is demonstrated by the present study, where the quantum yields of singlet oxygen formation obtained by TRNIR emission and by the TEMPO/EPR method are compared for a set of well-known photosensitizers. The results reveal that the TEMPO/EPR method leads to significant overestimation of singlet oxygen yield when the singlet or triplet excited state of the photosensitizers are efficiently quenched by TEMP, acting as electron donor. In such case, generation of the  $\text{TEMP}^{+\bullet}$  radical cation, followed by deprotonation and reaction with molecular oxygen gives rise to a EPR detectable TEMPO signal that is not associated with singlet oxygen production. This knowledge is essential for an appropriate and error-free application of the TEMPO/EPR method in chemical, biological and medical studies.

**KEYWORDS:** EPR; photosensitizer; singlet oxygen; TEMPO; time-resolved near infrared emission

## Introduction

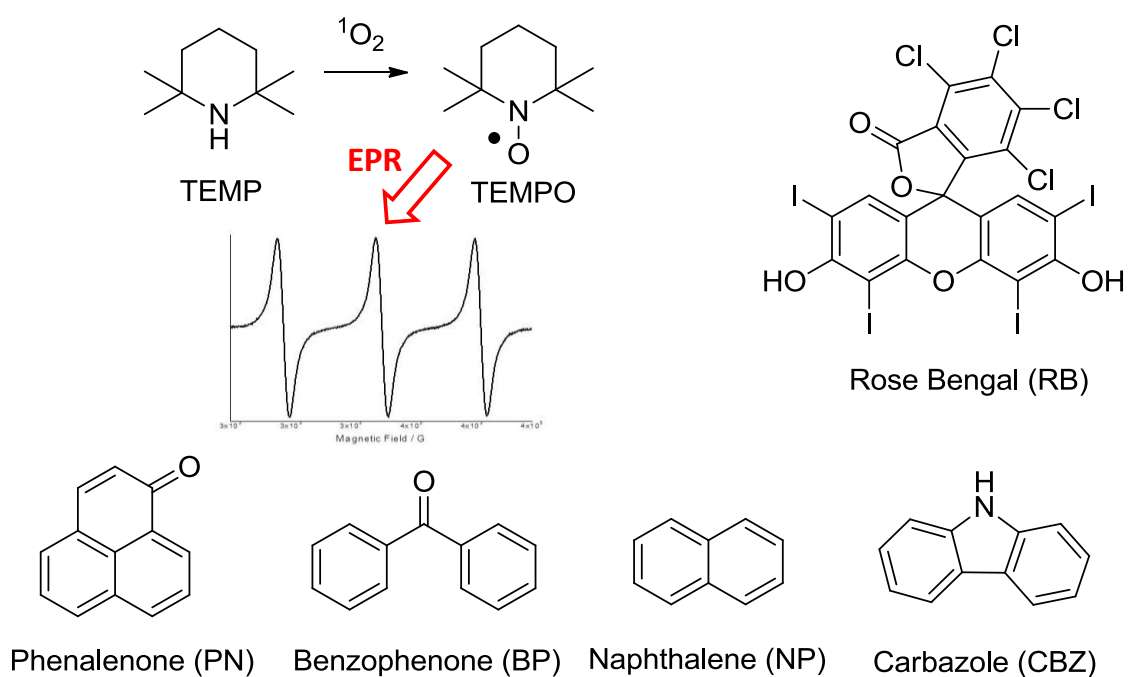
Singlet oxygen (molecular oxygen in a  $^1\Delta_g$  state or  $^1O_2$ ) is one of the most important “reactive oxygen species” (ROS). Its reactions include oxidation of lipids [1-2], proteins [3-5] and nucleic acids [6-8], that may trigger a biological damage. This reaction cascade can lead to undesired adverse effects, like drug-induced phototoxicity [9-10], but can also be exploited to produce beneficial effects as in photodynamic therapy [11-12].

Production of  $^1O_2$  by a photosensitizer is a classical example of photoinduced energy transfer: after absorption of light, the photosensitizer reaches its singlet excited state and subsequently crosses to its triplet excited state. Then, the triplet ground state of molecular oxygen ( $X^3\Sigma_g^-$ ) is promoted to the  $^1\Delta_g$  state through triplet-triplet energy transfer [13].

For many biological and biomedical studies, it is essential to detect the production of  $^1O_2$  and quantify its production yield. Among the available methods, detection of the characteristic 1270 nm phosphorescence of singlet oxygen by time resolved near infrared (TRNIR) emission constitutes the most direct and unambiguous proof [14-15]. However, the required equipment is not always available in biochemical laboratories.

An alternative indirect method that has been widely applied is the use of electron paramagnetic resonance (EPR) in combination with a  $^1O_2$  probe. Upon reaction with  $^1O_2$ , the trapping molecule gives rise to a detectable spin active species with a distinctive line pattern. Thus, oxidation of TEMP (2,2,6,6-tetramethylpiperidine) by singlet oxygen yields the TEMPO (2,2,6,6-tetramethyl-1-piperidinyloxy) free radical easily detected by EPR (Figure 1) [16]. Although the TEMPO/EPR method has been largely employed [17-25], a systematic investigation of the scope and limitations of this technique has never been performed. For instance, amines are widely known for their quenching ability of excited states, so a probable source of artefacts may be the interaction between the excited photosensitizer and TEMP [26-29]. The aim of the present study is to compare

the results obtained for the detection and quantification of singlet oxygen by means of the direct method (TRNIR emission) and the indirect  $^1\text{O}_2$  trapping mode (TEMPO/EPR method), using a set of well known photosensitizers. The basis of the TEMPO method and the chemical structure of the selected photosensitizers are shown in Figure 1. The obtained results reveal that the EPR method leads to significant overestimation of singlet oxygen production when the singlet or triplet excited state of the photosensitizers are efficiently quenched by TEMP, acting as electron donor.



**Figure 1:** Structure of the molecules involved in the study and EPR signal of TEMPO radical

## Materials and methods

### Chemicals

2,2,6,6-Tetramethyl-1-piperidine (TEMP), tris(4-bromophenyl)aminium hexachloroantimonate (BAHA), phenalenone (PN), benzophenone (BZ), naphthalene (NP), carbazole (CBZ), rose Bengal (RB) and acetonitrile (ACN) were from Sigma-Aldrich. TEMP was freshly distilled at 152°C before use.

### Absorption and fluorescence spectra

UV–vis absorption spectra were recorded on a commercial spectrophotometer ( $\lambda 650$ , Perkin Elmer). Fluorescence spectra were measured using 1 nm steps and 0.5 s dwell time, at right angle detection (FLSP920, Edinburgh Instruments). Slits were kept narrow to 1 nm for excitation and 1 or 2 nm for emission; where necessary, a cutoff filter was used. All the measurements were carried out at 295 K in quartz cuvettes with path length of 1 cm. The fluorescence spectra were obtained for air-equilibrated solutions with  $A < 0.1$  over the whole absorption range to avoid inner filter effects and reabsorption of emission. Quenching of CBZ and NP fluorescence intensity by TEMP upon excitation at 331 and 278 nm, respectively, was performed by adding increasing amounts TEMP to the solution. For NP measurements, the fluorescence intensities have been corrected for the inner filter effect due to absorption of TEMP at 278 nm. The following equation was used to determine  $K_{sv}$ , the Stern–Volmer quenching constant:

$$\frac{F_0}{F} = 1 + K_{sv}[Q] \quad (1)$$

$F_0$  and  $F$  are the fluorescence intensities in the absence and presence of the quencher  $Q$ , respectively;  $[Q]$  is the quencher concentration (M),  $K_{sv}$  the Stern-Volmer constant. The bimolecular quenching rate constant  $k_q$  ( $M^{-1}s^{-1}$ ) was obtained dividing  $K_{sv}$  by the fluorescence lifetime.

## Fluorescence lifetimes

Fluorescence decays were measured in air-equilibrated solutions with a time-correlated single photon counting apparatus (IBH 5000F) equipped with a TBX picosecond photon detection module. A NanoLED pulsed excitation source at 331 and 278 nm was used and the emission was collected at right angle at 341 or 320 nm using a long pass cutoff filter at 305 nm. Fluorescence decay profiles were fitted using a monoexponential function of the decay analysis software DAS6 provided by the manufacturer with deconvolution of the instrumental response function.

## Laser flash photolysis measurements

The beam of a pulsed Nd:YAG laser, operating at 532 nm or 355 nm (20 ns fwhm, 2 Hz, 2.7 mJ/pulse), was suitably shaped to pass through a 3 mm high and 10 mm wide rectangular window and provide a fairly uniform energy density of 9 mJ/cm<sup>2</sup> incident onto the sample cell. A front portion of 2 mm depth of the excited solution was probed at right angle, the useful optical path for analyzing light being 1 cm. All transient spectra were recorded with 3 mL of sample solutions in 1 × 1 cm<sup>2</sup> quartz cells; when specified ACN solutions were bubbled for 10 min with Ar before data acquisition. The absorbance of the samples was kept in the range 0.30–0.40 at the laser wavelength. Stock solutions of the quenchers were prepared, so that addition of microliter volumes to the sample cell allowed us to obtain the appropriate quencher concentration.

The bimolecular rate constant  $k_q$  (M<sup>-1</sup>s<sup>-1</sup>) for quenching of the triplet states was calculated from the slope of linear plots of the observed triplet decay rate constant  $k_{obs}$  (s<sup>-1</sup>) versus the quencher concentration, applying equation 2:

$$k_{obs} = k_0 + k_q[Q] \quad (2)$$

where  $k_0$  is the triplet decay rate constant in the absence of quencher, and  $[Q]$  is the quencher molar concentration (M).

### **Singlet oxygen time-resolved near infrared (TRNIR) emission measurements**

The pulse of a Nd:YAG laser, operating at 355 nm or 266 nm (20 ns fwhm), was used for excitation of the samples dissolved in air-equilibrated acetonitrile. A preamplified (low impedance) Ge-photodiode (Applied Detector Corp., Model 403HS, time resolution 300 ns), cooled at 77 K and equipped with a 5 mm thick AR coated silicon metal filter with wavelength pass  $>1.1 \mu\text{m}$  and an interference filter at  $1.27 \mu\text{m}$ , was used to measure emission of singlet oxygen at 1270 nm in right angle geometry. The photodiode output current was fed into a digital oscilloscope. All measurements were made at room temperature in 1 cm pathway quartz cuvettes. The absorbance of the samples was 0.30 at the laser wavelength. The singlet oxygen quantum yield ( $\Phi_\Delta$ ) was determined using phenalenone in acetonitrile ( $\Phi_\Delta^{\text{ref}} = 0.95$ ) as reference [30]. Singlet oxygen formation quantum yield was calculated from the slope of linear plots representing signal intensity at zero time versus laser pulse energy according to the following equation:

$$\Phi_\Delta = \Phi_\Delta^{\text{ref}} \frac{I_{\text{sample}}}{I_{\text{ref}}}$$

where  $I_{\text{sample}}$  is the emission intensity for the sample at pulse end,  $I_{\text{ref}}$  is the emission intensity for the reference and  $\Phi_\Delta^{\text{ref}}$  is the quantum yield of singlet oxygen formation of the reference.

### **EPR trapping measurements**

The EPR signal of the free radical TEMPO ( $g = 2.0060$ ,  $a_N = 17.3 \text{ G}$ ) generated by reaction of singlet oxygen with TEMP was recorded [31]. The measurements were performed in a Wildman Suprasil/aqueous quartz ware flat cell (volume of  $150 \mu\text{L}$ , 60 mm of length) with a Bruker EMX 10/12 EPR spectrometer, using the following parameters: microwave power, 20 mW; modulation amplitude, 1.0 G; and modulation frequency, 100 kHz.



Aerated ACN solutions of 50 mM TEMP containing a photosensitizer, with an absorbance of 0.4 at 280 nm, were irradiated using the light produced by a Microbeam system (model L-201), including a 150 W xenon lamp coupled with a monochromator (model 101); EPR spectra were recorded at different irradiation times. The singlet oxygen quantum yield ( $\Phi_{\Delta}$ ) was determined using phenalenone in acetonitrile ( $\Phi_{\Delta}^{\text{ref}} = 0.95$ ) as reference [30]. Singlet oxygen formation was calculated from the slope of the plots of signal area versus irradiation time according to the following equation:

$$\Phi_{\Delta} = \Phi_{\Delta}^{\text{ref}} \frac{x_{\text{sample}}}{x_{\text{ref}}}$$

where  $x_{\text{sample}}$  is the coefficient of linear fit for the sample,  $x_{\text{ref}}$  is the coefficient of linear fit for the reference and  $\Phi_{\Delta}^{\text{ref}}$  is the quantum yield of singlet oxygen formation of the reference.

In the case of tris(4-bromophenyl)aminium hexachloroantimonate (BAHA) oxidation, EPR spectra of aerated ACN solutions of 50 mM TEMP were recorded before and after addition of 0.1 BAHA equivalents.

### **Photoinduced electron transfer**

According to Rehm-Weller [32] the free energy change  $\Delta G$  for electron transfer is expressed by:

$$\Delta G = E_{\text{ox}} - E_{\text{red}} - E^* + C$$

where  $E_{\text{ox}}$  is the oxidation potential of the donor,  $E_{\text{red}}$  the reduction potential of the ground state acceptor,  $E^*$  the energy of the acceptor excited state and  $C$  is a coulombic term accounting for the electrostatic attraction of the produced ions. Neglecting the  $C$  term,  $\Delta G$  was calculated using the following values for the potentials:  $E_{\text{ox}}$  (TEMP) = 1.0 V and  $E_{\text{red}} = -1.2, -1.3, -2.6$  and  $-1.8$  V vs SCE for PN [33], BP[20], NP [34] and CBZ [35], respectively. In the case of PN [36] and BP [20], the lowest triplet excited state energy was considered for  $E^*$  with values of 220 and 292 kJ mol<sup>-1</sup>,

respectively, whereas this parameter was associated with the singlet manifold for NP [34] and CBZ [37], using values of 377 and 344 and  $\text{kJ mol}^{-1}$ , respectively.

## Results and discussion

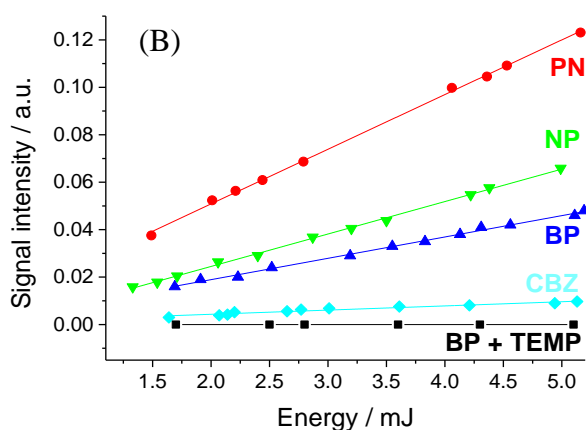
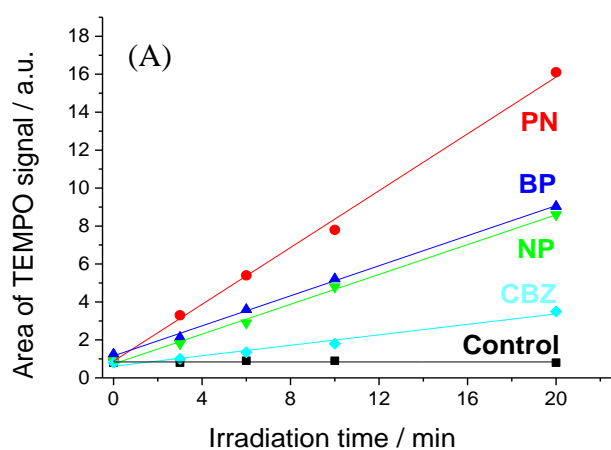
### Determination of singlet oxygen quantum yield by TRNIR emission or TEMPO/EPR

Singlet oxygen quantum yields ( $\Phi_{\Delta}$ ) were determined for each photosensitizer with both direct method (TRNIR emission) and indirect method (TEMPO/EPR), by comparison with phenalenone ( $\Phi_{\Delta} = 0.95$ ) [30] (Figure 2). The obtained values are reported in Table 1. The results of TRNIR direct method are in accordance with literature values [37-39]. However, the quantum yield of benzophenone evaluated by indirect method TEMPO/EPR was significantly higher. This result is somewhat intriguing as, upon addition of 50 mM TEMP to the benzophenone solution, the direct TRNIR emission measurement led to nearly zero quantum yield (Figure 2B and 3A).

**Table 1:** Singlet oxygen quantum yield of each photosensitizer

	$\Phi_{\Delta} / \text{TRNIR}^a$	$\Phi_{\Delta} / \text{EPR}^a$
<b>Phenalenone</b>	$0.95^b$	$0.95^b$
<b>Benzophenone</b>	$0.35 (0.35)^c$	0.50
<b>Naphthalene</b>	$0.56 (0.5)^d$	0.50
<b>Carbazole</b>	$0.15 (0.17)^e$	0.21

<sup>a</sup> in brackets, literature values, <sup>b</sup> reference, see ref [30], <sup>c</sup> from ref [39], <sup>d</sup> from ref [38], <sup>e</sup> from ref [37]

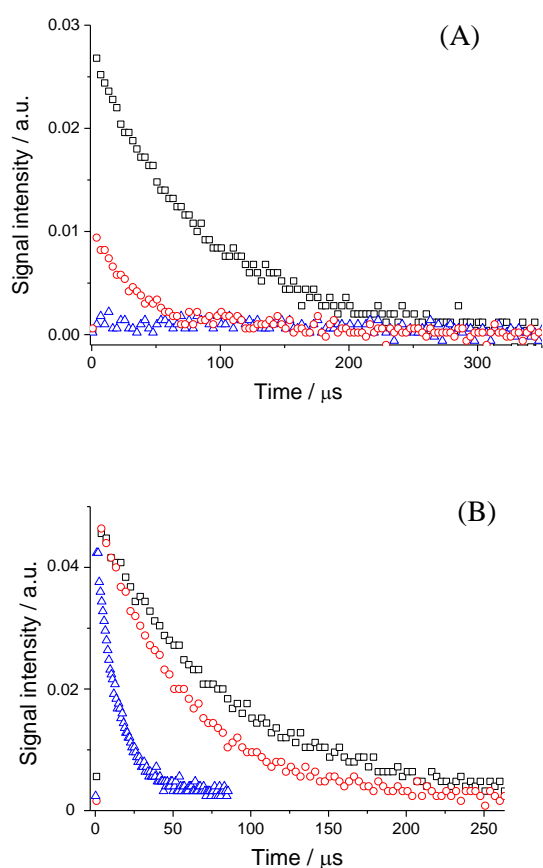


**Figure 2:** Quantification of  $^1\text{O}_2$  formation for aerated acetonitrile solutions of photosensitizers. (A) Area of TEMPO signal in EPR as a function of irradiation time at 280 nm,  $A_{280}=0.4$  (Control: ACN solution of 50 mM TEMP). (B) Initial intensity of  $^1\text{O}_2$  TRNIR emission as a function of 266 nm laser energy,  $A_{266}=0.3$ ; in black, solution of BP and 50 mM TEMP.

### Effect of added TEMP on singlet oxygen detection by TRNIR

To investigate the direct effect of TEMP on  $^1\text{O}_2$  production, TRNIR emission measurements were performed with photosensitizers in presence of increasing amounts of TEMP. As shown in Figure 3, in the absence of TEMP the  $^1\text{O}_2$  lifetime was 85  $\mu\text{s}$  using either phenalenone or benzophenone, in accordance with the literature value [40]. Addition of TEMP to the solution had different consequences depending on the photosensitizer: in the case of phenalenone TEMP acted as a poor

quencher, shortening the  $^1\text{O}_2$  lifetime with  $k_q = 1.3 \times 10^6 \text{ M}^{-1} \text{ s}^{-1}$  [41], a result consistent with literature data; in the case of BP, in addition to lifetime shortening, TEMP was able to knock out the formation of  $^1\text{O}_2$  (Figure 3A). The latter observation indicates that there is an interaction between TEMP and the precursor of  $^1\text{O}_2$ , namely the excited triplet state of BP. In the case of PN addition of TEMP did not influence the initial TRNIR signal intensity of  $^1\text{O}_2$ , while it affected the  $^1\text{O}_2$  lifetime (Figure 3B).

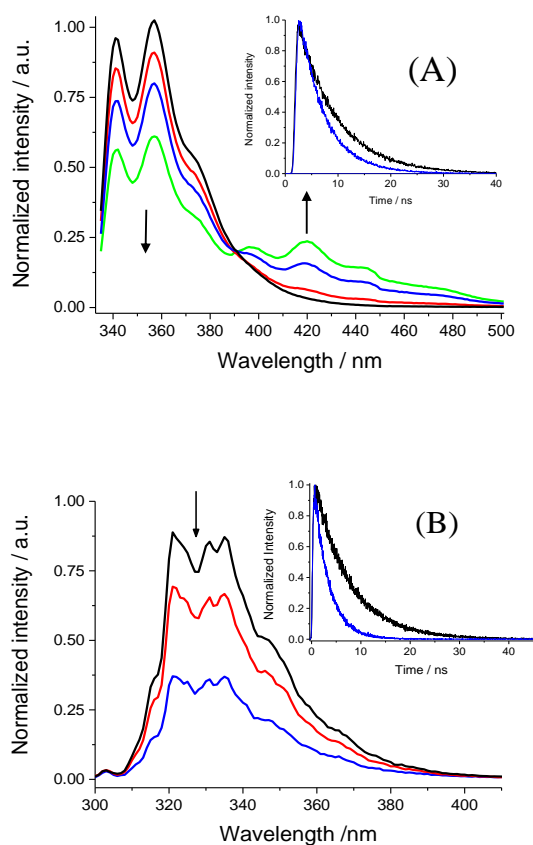


**Figure 3:** Luminescence decay of  $^1\text{O}_2$  at 1270 nm in aerated ACN solution of (A) BP, (B) PN with 0 mM ( $\square$ ), 5 mM ( $\circ$ ), 50 mM ( $\Delta$ ) TEMP. Incident 355 nm laser energy: 3.65 mJ/pulse,  $A_{355} = 0.3$ .

## Quenching of photosensitizer excited states by TEMP

In view of the effects produced by addition of TEMP on the  $^1\text{O}_2$  TRNIR signal, the triplet-triplet (T-T) transient absorption of the photosensitizers was studied by laser flash photolysis in the presence of TEMP (see Figures S2-S4 in the Supplementary Material). In the case of BP, triplet quenching by TEMP was observed with rate constant  $k_q = 1.5 \times 10^9 \text{ M}^{-1} \text{ s}^{-1}$ , in accordance with literature [42-43]. In the case of PN, although TEMP was also able to deactivate the triplet excited state, the measured rate constant was two orders of magnitude lower ( $k_q = 8.3 \times 10^6 \text{ M}^{-1} \text{ s}^{-1}$ ). On the contrary the rate constants for triplet quenching by oxygen are very similar for the two ketones (ca.  $2.5 \times 10^9 \text{ M}^{-1} \text{ s}^{-1}$ ). Taking into account the competition between TEMP and  $\text{O}_2$ , as well as the  $k_q$  values and the TEMP and  $\text{O}_2$  concentrations (50 mM and 1.9 mM, respectively), more than 90% of triplet BP is quenched by TEMP, whereas more than 90% of triplet PN is quenched by  $\text{O}_2$  under the employed conditions. This fact explains the difference between BP and PN in the singlet oxygen formation yields upon TEMP addition.

As regards NP and CBZ, weak intensity of the LFP signals makes their triplet states to be barely detected in the presence of TEMP (for example, Figure S4 in the Supplementary Material); this was attributed to scarce population of the triplet states caused by quenching of the precursor singlet excited states. To check this hypothesis, the emission signal of NP and CBZ was monitored in the presence of TEMP. The results for CBZ are shown in Figure 4A; they reveal a marked decrease of the fluorescence intensity concomitant with the growth of a new structured emission band with peaks at 400, 420, 450 and 470 nm. This type of long-wavelength emission has been previously observed in the presence of amines and attributed to charge transfer in the excited state (excited CBZ carbanion and/or exciplex formation) [44]. The  $k_q$  determined by means of steady-state and time-resolved emission measurements were  $9.1 \times 10^8 \text{ M}^{-1} \text{ s}^{-1}$  and  $6.7 \times 10^8 \text{ M}^{-1} \text{ s}^{-1}$ , respectively (Figure S5 in the Supplementary Material). The difference between the two values suggests the contribution of static quenching, probably due to formation of a ground-state complex.



**Figure 4:** (A) Steady state fluorescence spectra of CBZ in aerated ACN solution with increasing amount of TEMP.  $[CBZ] = 3.5 \times 10^{-5}$  M,  $\lambda_{ex} = 331$  nm.  $[TEMP] = 0$  (black), 10 (red), 50 (blue), 100 mM (green). Inset: Decay of CBZ at 341 nm in aerated ACN solution with 0 mM TEMP (black), 100 mM TEMP (blue). (B) Steady state fluorescence spectra of NP in aerated ACN solution with increasing amount of TEMP.  $[NP] = 2.3 \times 10^{-6}$  M,  $\lambda_{ex} = 278$  nm.  $[TEMP] = 0$  (black), 10 (red), 50 mM (blue). Inset: Decay of NP at 320 nm in aerated ACN solution with 0 mM TEMP (black), 50 mM of TEMP (blue).

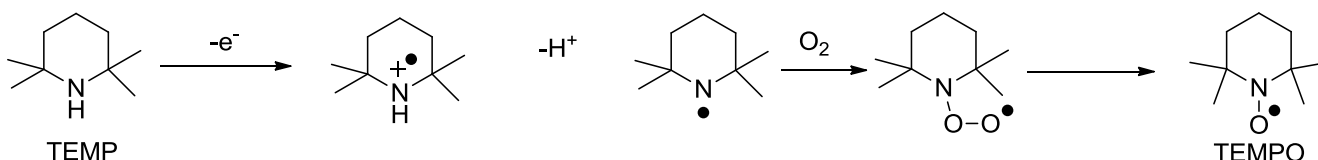
Likewise, the singlet excited state of NP was quenched by TEMP (Figure 4B); the rate constant obtained from steady state fluorescence ( $k_q = 1.9 \times 10^9$  M<sup>-1</sup> s<sup>-1</sup>, Figure S6 in the Supplementary Material) was similar to that resulting from time resolved fluorescence ( $k_q = 2.0 \times 10^9$  M<sup>-1</sup> s<sup>-1</sup>), indicating that NP-TEMP ground-state complexation can be safely ruled out. It should be noticed that the efficient quenching of the singlet excited photosensitizer by TEMP and the reduced <sup>1</sup>O<sub>2</sub> production are not reflected in the EPR measurements of Table 1.

Overall, the results related to excited state quenching by TEMP suggest the possibility of an alternative electron transfer reaction pathway for the oxidation of TEMP that produces a detectable TEMPO signal not involving singlet oxygen.

### Electron transfer oxidation of TEMP to TEMPO

Photoinduced electron transfer (PET) is a feasible reaction between ketone or aromatic hydrocarbon photosensitizers and amines [26-29]. Being a secondary amine, TEMP ( $E_{\text{ox}} = 1.0 \text{ V vs SCE}$ ) [45] could be oxidized by PET if the process is thermodynamically allowed. According to Rehm-Weller [32], this requirement is fulfilled for all the investigated photosensitizers. Indeed  $\Delta G$  for electron transfer is in all cases negative, being of ca. -10, -70, -30 and -70  $\text{kJ mol}^{-1}$  for PN, BP, NP and CBZ, respectively.

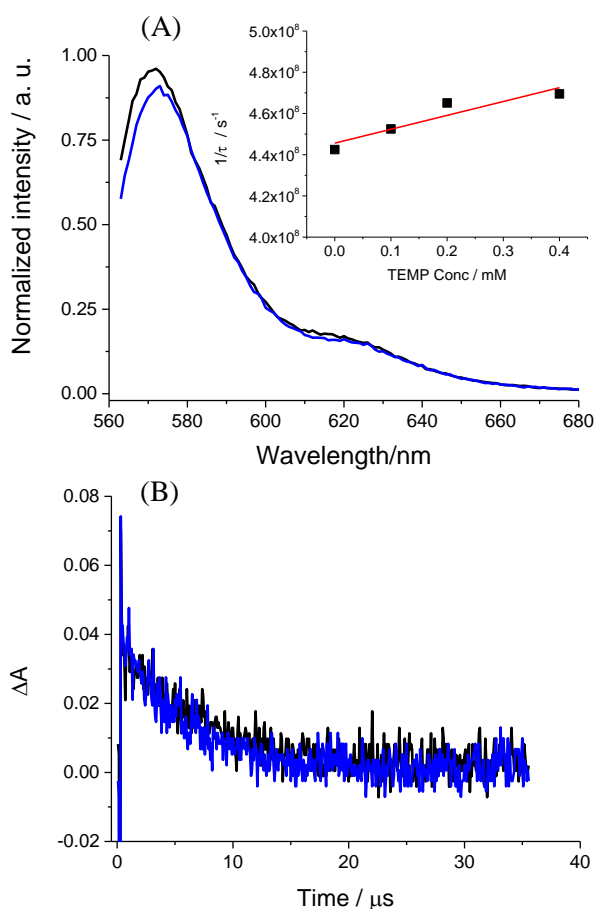
To actually prove that an electron transfer reaction can contribute to the production of the TEMPO radical, TEMP was oxidized by tris(4-bromophenyl)aminium hexachloroantimonate (also named BAHA or magic blue), a known one-electron oxidizing agent ( $E_{\text{red}} = 1.17 \text{ V vs SCE}$ ) [46]. Addition of BAHA to a solution of TEMP in acetonitrile led to the bleaching of the initial blue color, which turned pale brown (Figure S7 in the Supplementary Material). The resulting solution was analyzed by EPR, and an enhanced TEMPO signal was observed under aerobic conditions (see Figure S8 in the Supplementary Material). The mechanistic scheme explaining these results is outlined in Figure 5. Generation of the radical cation  $\text{TEMP}^{\bullet+}$  is followed by deprotonation and reaction of the resulting neutral radical with molecular oxygen, finally leading to the TEMPO radical [47-49].



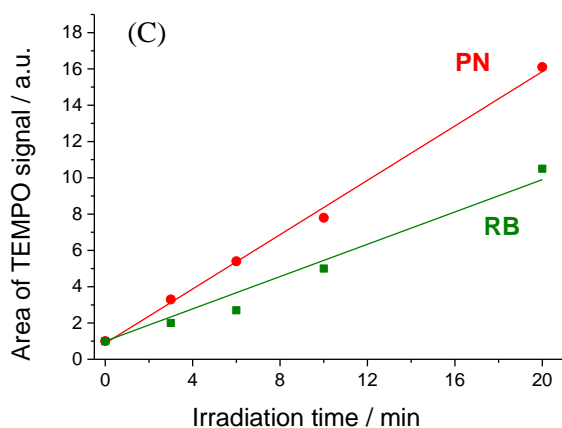
**Figure 5:** Proposed mechanism for the electron transfer oxidation of TEMP to TEMPO in the presence of molecular oxygen

## The case of rose Bengal, an archetypal $^1\text{O}_2$ photosensitizer

The methodology was applied to rose Bengal (RB), a  $^1\text{O}_2$  photosensitizer widely used in cellular experiments. Steady-state fluorescence showed an almost unaltered emission of RB singlet excited state in the presence of 100 mM TEMP (Figure 6A). This result is in accordance with time-resolved measurements, which allowed determining a very low quenching rate constant of ca.  $10^7 \text{ M}^{-1} \text{ s}^{-1}$  (Figure 6A, inset). Likewise, the triplet excited state of RB was not affected by the presence of the secondary amine (Figure 6B). Thus, from these data one can anticipate that the RB singlet oxygen quantum yield obtained by the TEMPO/EPR method should correlate well with that reported in the literature ( $\phi_\Delta = 0.54$ ) [50]. This was confirmed by performing the EPR experiment using PN as standard, which led to a very reasonable value of 0.56 (Figure 6C).







**Figure 6:** (A) Emission of an aerated ACN solution of RB alone (black) or in the presence of 100 mM TEMP (blue).  $[RB] = 4 \times 10^{-6}$  M,  $\lambda_{ex} = 560$  nm. Inset: Stern-Volmer plot obtained from time-resolved measurements of RB in the presence of increasing amounts of TEMP ( $\lambda_{ex} = 560$  nm,  $\lambda_{em} = 573$  nm). (B) T-T absorption decays monitored at 620 nm ( $\lambda_{ex} = 532$  nm) of argon-bubbled ACN solution of RB ( $3.3 \times 10^{-5}$  M) alone (black) or in the presence of 100 mM TEMP (blue). (C) Area of TEMPO signal in EPR as a function of irradiation time at 280 nm,  $A_{280} = 0.4$ .

## Conclusion

Detection and quantification of singlet oxygen by means of the TEMPO/EPR method is a useful and widely employed technique. This method however may be misleading when the excited photosensitizer is capable to react with TEMP, acting as an electron donor. In this case, generation of the  $TEMP^{+\bullet}$  radical cation, followed by deprotonation and reaction with molecular oxygen, gives rise to a EPR detectable TEMPO signal that is not associated with singlet oxygen production. The possibility of such an electron transfer interference can be anticipated by means of simple thermodynamic calculations based on redox potentials and excited state energies. In addition, this source of artifacts can be safely ruled out when no quenching of the photosensitizer singlet and triplet excited states by TEMP is observed in fluorescence and laser flash photolysis experiments,

respectively. Thus the application of such relatively simple techniques provides knowledge that is essential for an appropriate and error-free application of the TEMPO/EPR method of singlet oxygen detection in chemical, biological and medical studies.

## Appendix A. Supplementary material

Supplementary data associated with this article can be found in the online version at xxxxxxxxxxxx

## Acknowledgements

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