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Additional Information

1 **Effect of thermal regime on fatty acid mobilization in male European eels**
2 **(*Anguilla anguilla*) during hormonally-induced spermatogenesis**

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35 **Abstract**

36 Little is known about the role of fat and fatty acids in European eel spermatogenesis.
37 The aim of this work was to study the changes in fat content and to carry out a
38 quantitative analysis of the fatty acid composition of the muscle, liver and gonad of
39 European male eels through hormonally induced sexual maturation under three different
40 thermal regimes (two of them variables: T10 and T15; and one constant: T20)
41 considering the changes of temperature suffered by these fish during their transoceanic
42 reproductive migration. The European eel reached spermatogenesis earlier in treatment
43 T20, suggesting that spermatogenesis in this species is closely regulated by water
44 temperature. Although eels lose body mass due to the fasting period that accompanies
45 the gonadal growth, no significant changes were found in the fat and fatty acid content
46 in the muscle during the experimental period.

47 With regards to the liver, the levels of palmitic, eicosapentaenoic (EPA) and
48 docosahexaenoic (DHA) acids increased significantly with the start of the spermiation
49 process in all the thermal treatments.

50 In the testis, EPA, araquidonic acid (ARA) and DHA remained constant during the
51 maturation process while the levels of the rest of the fatty acids decreased significantly.
52 The stability of ARA and EPA levels in the testis may have a physiological
53 significance, whereas the stability of DHA levels may have a structural one. The results
54 suggest that the progress of spermiation is influenced by water temperature and
55 demonstrate the importance of the roles of EPA, ARA and DHA in European eel
56 reproduction. This study makes it clear that complementary studies focused on lipid
57 composition of commercial diets could improve sperm quality in this species.

58

59 **Keywords**

60 Muscle; Liver; Gonad; Spermatogenesis; Diets; PUFA

61

62 **1. Introduction**

63 European eel (*Anguilla anguilla* L.) populations have declined steadily. After high
64 levels in the late 1950s, there was a rapid decrease that still continues to the present day
65 (ICES 2011). The causes for the decline of the eel population are habitat reduction,
66 overfishing, pollution and infections, among others (Feunteun, 2002).

67 To date, eels do not mature spontaneously in captivity, so the sexual maturation of
68 males must be induced using long-term hormonal treatments (Asturiano et al., 2005;
69 Gallego et al., 2012; Huang et al., 2009; Ohta et al., 1997; Pérez et al., 2000).

70 The European eel is a catadromous species which moves from freshwater to the sea
71 when sexual maturation starts, and then begins a transoceanic migration of 4-6000 km
72 from Europe to their spawning grounds in the Sargasso Sea. Although many details
73 about their migration still remain unknown, several environmental factors (including
74 light, pressure, temperature) may be important to their sexual maturation, as, during
75 their trip, they can swim in depths of between 200-1000m (Aarestrup et al., 2009,
76 Tesch, 2003), meaning a high variation in environmental conditions. Moreover, the
77 temperature range in which the migration occurs is extremely variable (Buijjs and
78 Durif, 2009). Furthermore, in the case of European eel, it is known that the temperature
79 of the probable spawning area in the Sargasso Sea is about 20 °C but, due to the fact
80 their migration takes several months, it seems probable that gonadal development
81 happens during the journey, at low temperatures, whereas the spawning takes place at
82 high temperatures. In one intend to imitate approximately what happens in the nature
83 we decided to test three different thermal regimes, two with low and variable
84 temperatures (one from 10 to 20 °C and another from 15 to 20 °C) versus a constant
85 temperature (20 °C), which is the usual method used with eel males. In many teleost
86 fish, including the European eel, gonadal maturation and reproduction is accompanied
87 by a starvation period in which they carry out long and exhausting migrations. For their
88 reproductive migration to the Sargasso Sea, the eel fat stores, which can be as much as
89 30% of their body weight at the silver stage, can be very useful to complete their long
90 journey. Laboratory studies have shown that 40% of the fat accumulated by silver eels
91 will be used for the reproductive migration, while the remaining 60% will be used for
92 gonadal growth (Van Ginneken and Van den Thillart, 2000).

93 Essential fatty acids act in metabolism as energy sources for growth and movement,
94 including migration, and have also been shown to play an important role in the
95 regulation of reproduction in many aquatic animals (Bell and Sargent 2003; Tocher,

96 2003). Fatty acids are important for the reproduction of male and female fish. In
97 females, the lipids are stored mainly in the muscle and liver and are transported as
98 lipoproteins to the ovary during gonadal maturation (Almansa et al., 2001; Cejas et al.,
99 2004; Mourente et al., 2002; Ozaki et al., 2008). In males, fatty acid composition
100 provides the sperm cell membrane with the necessary fluidity, conditioning the
101 functionality of the membrane which is associated with the fertilization process (Wathes
102 et al., 2007). Polyunsaturated fatty acids are precursors of eicosanoids, whose
103 metabolites (e.g., prostaglandins) have an important role in fish reproduction. ARA has
104 been shown to be a key substrate for the production of the 2-series prostanoid, whereas
105 EPA plays a modulatory role in their synthesis (Asturiano et al., 2000; Sargent et al.,
106 2002).

107 Spermatozoa and egg lipids can come from dietary lipids, body reserves or *de novo*
108 synthesized lipids. Many studies have proven the importance of broodstock nutrition in
109 the reproductive performance of fish (Asturiano, 1999; Bobe and Labeé, 2010;
110 Glencross, 2009; Izquierdo et al., 2001). The development of optimum diets for
111 European eel broodstocks seems to be a key challenge in order to improve the chances
112 of its reproduction under captivity, by ensuring a high gamete quality. The importance
113 of dietary lipid in reproduction has been extensively reported (Bruce et al., 1999;
114 Fernandez-Palacios et al., 1995; Navas et al., 1997; Norambuena et al., 2013; Rodriguez
115 et al., 1998; Zhou et al., 2011). However, nutritional experiments often focus on female
116 broodstock and egg quality, forgetting the effects of diet on sperm and male
117 reproductive performance. Studies with goldfish (*Carassius auratus*; Wade et al., 1994),
118 rainbow trout (*Oncorhynchus mykiss*; Labbé et al., 1993, 1995; Pustowka et al., 2000;
119 Vassallo-Agius et al., 2001) and European sea bass (*Dicentrarchus labrax*; Asturiano et
120 al., 1999; 2001; Bell et al., 1996) have demonstrated the relationship between the fatty
121 acid content of the broodstock diet and the sperm fatty acid composition and suggested
122 that consequently, fertilization could be affected. Asturiano et al. (2001) showed that the
123 diet of the European sea bass male affected the survival of embryos and larvae, thus
124 indicating a long-term effect of diet-mediated sperm quality.

125 Little is known about the role of fatty acids in the reproductive performance of
126 European eel and, from the different environmental factors which we could mimic in
127 order to know more things about the eel reproduction, we decided to focus this study on
128 temperature, as it plays an important role in gonad development of many fish species
129 (Garcia-Lopez et al., 2006; Lim et al., 2003; Pankhurst and Munday, 2011; Van Der

130 Kraak and Pankhurst, 1997). So, the aim of this work was to quantify the fatty acid
131 levels in male muscle, liver and testes during induced sexual maturation under different
132 thermal regimes, to determine the dynamics of fat and fatty acid mobilization under
133 different temperatures and which fatty acids might be the most important in testis
134 development and spermatogenesis. All this information could be useful for developing
135 suitable diets to improve sperm quality and subsequently, larval development in this
136 species.

137

138 **2. Material and methods**

139 **2.1 Animal origin and acclimatization**

140 The study was carried out during the months of September to December after moving
141 317 European eel males (mean body weight 100 ± 2 g) from the fish farm Valenciana de
142 Acuicultura S.A. (Puzol, Valencia, Spain) to our facilities at the Universitat Politècnica
143 de València (Spain).

144 The animals were distributed in six 200 L aquaria (approximately 50 animals per
145 aquaria and two aquaria per treatment), covered to maintain constant shade. The aquaria
146 were equipped with separate recirculation systems, coolers and thermostats to control
147 the temperature. The fish were not fed throughout the experiment and were handled in
148 accordance with the European Union regulations concerning the protection of
149 experimental animals (Dir 86/609/EEC).

150 The transition from fresh water to sea water (37 ± 0.3 g L⁻¹) was conducted during the
151 first two weeks. It was done adding 3 g L⁻¹ of commercial aquarium salt per day during
152 the first week and, 4 g L⁻¹ per day during the second acclimatization week.

153

154 **2.2 Thermal regimes and hormonal treatment**

155 Each treatment consisted of a different thermal regime: T10, (10 °C first 6 weeks, 15 °C
156 next 3 weeks and 20 °C last 6 weeks); T15, (15 °C first 6 weeks and 20 °C last 9 weeks);
157 and T20, (20 °C throughout the whole experimental period; Fig. 1).

158 For 13 weeks, males were injected weekly with human chorionic gonadotropin (hCG;
159 1.5 IU g⁻¹ fish; Argent Chemical Laboratories. USA) as it was previously described by
160 Pérez et al. (2000).

161

162 **2.3 Measurements and sampling**

163 When the animals arrived to our facilities, before starting any treatment, eight
164 specimens were sacrificed as freshwater controls. Eight fish per treatment were
165 sacrificed weekly during the first eight weeks of the experiment, and later five animals
166 per treatment were sacrificed weekly during the last five weeks of the experiment.
167 Fish sacrifice was done by decapitation, after having previously been anesthetized with
168 benzocaine (60 ppm). During dissection, the total body, liver and gonad were weighed
169 to calculate the hepatosomatic index ($HSI = (\text{Liver mass} / \text{Total body mass}) * 100$) and
170 gonadosomatic index ($GSI = (\text{Gonad mass} / \text{Total body mass}) * 100$).
171 From the first week of the experiment (0), muscle and liver samples were collected.
172 Because of their small size, testis samples were not collected for further analysis until:
173 T10 (the 7th week, $GSI=0.28$); T15 (the 4th week, $GSI=0.34$); and T20 (the 3rd week,
174 $GSI=0.92$).
175 The muscle was crushed in a meat grinder and homogenized before storage. All the
176 testis, liver and muscle samples were stored at -80 °C until lipid extraction and fatty acid
177 quantification.

178

179 **2.4 Gonad histology**

180 A small sample of testis from each male was preserved in 10% buffered formalin for
181 histology processing, while the rest of the tissue was used for the subsequent analysis of
182 fat and fatty acids. All formalin fixed tissues were routinely dehydrated in ethanol and
183 embedded in paraffin as per standard histological techniques. Transverse sections 5-10
184 μm thick were cut with a Shandom Hypercut manual microtome and stained with
185 haematoxylin and eosin for examination. The slides were observed using a Nikon
186 Eclipse E-400 microscope and the images were taken with a Nikon DS-5M camera.
187 The stages of spermatogenesis were determined following the description made by
188 Peñaranda et al. (2010): Stage 1 (S1) was characterized by the presence of
189 spermatogonia; stage 2 (S2), by the presence of spermatogonia and spermatocytes; stage
190 3 (S3), by the appearance of spermatids in the testis; stage 4 (S4), by the appearance of
191 spermatozoa in small lumen; stage 5 (S5), by the increase in the number of
192 spermatozoa, as well as lumen size; and stage 6 (S6), by a dominance of spermatozoa, a
193 low proportion of other germ cells, and luminal fusion.
194 Once the fatty acid analyses were done, the results were classified considering the
195 different development stages of the testis previously determined by histology.

196

197 **2.5 Lipid extraction**

198 In order to get the best homogenization, the muscle samples were first lyophilized.
199 Crude fat was extracted using 0.3 g of lyophilized muscle. Fat extraction was done with
200 an organic solvent (diethyl ether). Muscle tissue was placed in a cellulose cartridge that
201 was slowly filled with warm solvent and fat was dissolved and extracted from the
202 sample in a metal glass. When the extraction finished the solvent was condensed in a
203 Soxtec extraction unit (1043, Tecator). The remaining solvent was then evaporated and
204 the recovered fat was drying for 2 h at 110 °C. The water content of the muscle samples
205 was determined in triplicate. To determine it, 0.5 g (w/w) of the sample were weighed
206 and maintained at 110 °C for 24 h. After this period, samples were weighed again
207 calculating the moisture by the weight difference.

208 Because of the small size of the testis and liver during the test, a different method for
209 lipid extraction was adapted. The total lipids were extracted from the testis and the liver
210 using a modified Folch method (Folch et al., 1956). The total pure lipids were extracted
211 with dichloromethane/methanol (2:1, v/v) containing 0.05% butylated hydroxitoluene
212 (BHT) as an antioxidant. The fresh testis samples were weighed and added 2:1 (v/v) to
213 the dichloromethane/methanol mixture. Homogenization of the different tissues was
214 carried out in a glass tube with an Ultra-turrax type of homogenizer. The homogenate
215 was filtered through fat-free paper into another glass tube. 3 ml of saline solution was
216 added (7.45 g KCl/ L ultrapure water) to separate it into two parts: one with lipid and
217 another with the non-lipid substances, and the glass tube was preserved in the
218 refrigerator. Between 8 to 48 h later, the two parts were formed and the upper part/half
219 with non-lipid substances was removed with a vacuum pump. Finally with the help of a
220 centrifuge vacuum concentrator (Scan Speed MaxiVac Alpha), the oil was transferred
221 into Pyrex tubes which were kept at -80 °C until synthesis of the fatty acids methyl
222 esters (FAME).

223

224 **2.6 Fatty acid quantification**

225 From the 27 fatty acids detected, 20 were used for quantification (Table 1). The fatty
226 acids considered were divided into three classes: SFA (Saturated Fatty Acids), MUFA
227 (Monounsaturated Fatty Acids) and PUFA (Polyunsaturated Fatty Acids).

228 A direct method of FAME synthesis was performed as per O'Fallon et al. (2007). The
229 analysis of the muscle was carried out with 20-30 mg of freeze-dried sample and for the
230 testis and liver weighing 10-30 mg of extracted oil. First, 1 ml of tridecanoic acid

231 (C13:0) was used as internal standard (0.5 mg of C13:0 / mL of methanol). We added
232 also, 0.7 ml of KOH 10 N and 5.3 ml of HPLC quality methanol (High Performance
233 Liquid Chromatography). Tubes were incubated at 55 °C in a thermoblock for 1.5 h and
234 underwent vigorous shaking for 5 s every 20 min. After cooling in a room temperature
235 water bath, 0.58 ml of H₂SO₄ 24 N was added. The tubes were mixed by inversion and
236 were incubated again at 55 °C in a thermoblock for 1.5 h and shaken for 5 s every 20
237 min. After cooling in a room temperature water bath, 1.5 ml of HPLC quality hexane
238 was added to the reaction tubes, which were vortex-mixed and centrifuged at 1006 g for
239 5 min and the hexane layer, containing the FAME, was placed into vials for gas
240 chromatography. The vials were kept at -80 °C until gas chromatography was
241 performed.

242 The FAME were analyzed in a Focus Gas Chromatograph (Thermo, Milan, Italy)
243 equipped with a split/splitless injector and a flame ionization detector. Separation of the
244 methyl esters was performed in a fused silica capillary column SPTM 2560 (Supelco,
245 PA, USA) (100 m x 0.25 mm x 0.2 µm film thickness). Helium was used as the carrier
246 gas at flow rate of 20 cm s⁻¹. Samples were injected with a split ratio of 1/100.

247 The initial oven temperature was set at 140 °C held for 5 min and increased up to 240 by
248 4 °C min⁻¹ and finally maintained at that temperature for 30 min. Fatty acids were
249 identified by comparing their retention times with standards supplied by Supelco. Fatty
250 acid amounts are reported as percentages in 100 g of fat and in each tissue only those
251 fatty acids present at minimum levels of 0.1% were considered. To quantify them, we
252 used data from the sample weight used in the analysis to calculate g of fatty acids per
253 100 g of sample and with the fat content of the sample we transformed to g of fatty
254 acids per 100 g of fat.

255

256 **2.7 Statistical analysis**

257 After establishing data normality using the asymmetry standard coefficient and Curtosis
258 coefficient, analysis of variance (General Linear Model, GLM) was carried out to
259 compare the results of body mass, GSI, HSI and fatty acid percentages. Comparison of
260 means was done using a Newman –Kewls multiple comparison tests. Differences were
261 considered significant when p values <0.05. Two statistical analyses were carried out
262 with the results: the first to evaluate the differences between each thermic treatment
263 over the development stages, and the second to evaluate the differences between each
264 treatment over time. In addition we also analyzed the differences between each

265 treatment over the stages.. These statistical analyses were carried out using Statgraphics
266 Plus® 5.1.

267 A principal component analysis (PCA) was carried out. First, to estimate the fatty acid
268 distribution in the three tissues and later, to determine the contribution of the individual
269 fatty acids to the different development stages in each tissue. Score plots illustrate the
270 relationship between individual cases (stage groups) and the variables (fatty acids), and
271 help in the analysis of data by showing graphical associations. In the present study,
272 factor scores were analyzed by one-way ANOVA. PCA was performed using the
273 statistical package SPSS version 19.0 for Windows software (SPSS Inc., Chicago, IL,
274 USA).

275

276 **3. Results**

277 **3.1. Analysis of morphometric parameters and testis development stages**

278 With regard to the morphometric parameters, only under the highest temperature
279 regime, T20 did the body weight of the males decrease significantly during the
280 treatment period, from 108.9 ± 5.6 to 77.1 ± 7.1 g (data not shown). In parallel, the weight
281 of the testis increased (Fig. 2) in all the treatments. The mean GSI of fish from
282 treatment T20 increased gradually throughout the weeks, reaching the highest value
283 ($11.3 \pm 0.9\%$) in the 11th week. In treatment T15, the maximum GSI ($8.1 \pm 0.7\%$)
284 appeared in the 10th week, while T10 males showed the slowest increase, without
285 reaching a significantly higher GSI compared to basal levels until the 8th week.

286 There were no significant differences in HSI over the course of the weeks in treatments
287 T10 and T15, and only under the highest temperature did HSI increased.

288 Regarding the evolution of the testis maturation stages (Fig. 3), T10 males reached stage
289 S1 during the first three weeks, with this treatment being the slowest in terms of gonad
290 development. Treatment T15 eels reached S2 from the third week, and spermatozoa
291 (S4) were not found until the 6th week. The treatment with the highest temperature
292 (T20) resulted in the fastest gonad development. In the last week of the test (13th week),
293 all T20 males in the testis were at stage S6.

294

295 **3.2. Changes in total fat content of tissues**

296 Treatment T20 induced a sudden and significant (from S2) increase in fat content in the
297 muscle (Fig. 4A1), whereas the differences were not significant in the other treatments.

298 The evolution of the fat content of the liver throughout all the testis development stages

299 was very different depending on the thermic treatment. In treatments T15 and T20 the
300 fat content increased significantly from S1 to stages S3 and S4, respectively (Fig. 4B1).
301 The fat content in T10-treated fish did not change through the testis development stages
302 (Fig. 4B2), but when the fat content results were analyzed in relation to the week of
303 treatment (data not shown), a significant decrease of fat content (from 14.0 ± 1.4 to
304 $5.0 \pm 1.8\%$) was found from the 7th to 8th week. Between these weeks (7-8th) a second
305 water temperature change was applied as part of treatment T10 and this is probably
306 closely related to this decrease in fat.

307 The fat content in the testis decreased as development progressed in treatments T10 and
308 T15, with a sharp decrease from S2 to S3 (Fig. 4C1 and 4C2). The fat content in the
309 testis at stage 2 was higher in T15-treated fish than in treatments T10 and T20, while, at
310 S5, T20-treated fish showed higher fat values than T15 treated fish. When we analyzed
311 the differences between the fat content in testis in the same stage, Figure 1C shows a
312 significant higher fat content of T15 respect to T20 in S2.

313

314 **3.3 Muscle**

315 Significant increases or decreases in the total amounts of SFA, MUFA and PUFA
316 between the different testis development stages were not noticed under the different
317 treatments. However, the proportions of these three fatty acids groups were different,
318 with MUFA (at 36%) being the most abundant, followed by SFA (23%) and PUFA
319 (16%). In particular, oleic (18:1n-9) and palmitoleic (16:1) acids were the most
320 abundant type of MUFA with concentrations of around 20 and 7%, respectively.

321

322 **3.4. Liver**

323 MUFA represented close to 30% of 100 g of fat in the liver, whereas SFA and PUFA
324 were found in quantities of around 20-25% each. The most abundant fatty acids in the
325 liver were palmitic (16:0), oleic (18:1n-9) and docosahexaenoic acids (22:6n-3, DHA)
326 with approximately 16, 15 and 12%, respectively.

327 There was a clear increase in liver SFA with the progression of the testis development
328 stages (Fig. 5A1 and 5A2). In both T15 and T20 the highest values were observed from
329 S4 onwards, while in T10 they increased later, in S6.

330 Figure 5B1 and 5B2 shows the levels of MUFA in the liver. No significant differences
331 in MUFA percentages between the different developmental stages were found in T10
332 treated fish. MUFA levels varied in treatment T20, with significant differences from S1

333 to S2 (a reduction from 25.8 ± 1.5 to $21.8\pm 0.9\%$) and increases from S4. MUFA levels in
334 T15-treated males increased significantly in S3 when compared to S1.

335 Regarding PUFA levels, significant differences in the development stages were only
336 found in T20-treated fish with an increase from $21.4\pm 1.4\%$ in S1 to $26.8\pm 1.1\%$ in S4
337 (Fig. 5C1). In T10 treatment higher values of PUFA were found in S2 (Fig 5C2).

338

339 **3.5. Testis**

340 Figure 6 shows the evolution of the different fatty acid groups through the testis
341 development. The dominant classes of fatty acids in the testis were: MUFA (25%)
342 followed by SFA (20%) and PUFA (15%). The most abundant fatty acids were palmitic
343 (16:0) and oleic (18:1n-9) acids representing, jointly, 25% of the total fatty acids
344 detected. DHA was the PUFA with the highest percentage detected in the gonad (5%;
345 data not shown). Figure 6 shows that the percentages of quantified fatty acids changed
346 depending on the testis development stages. In the final development stages, the sum of
347 SFA MUFA and PUFA in testis represents less than 30% of total fat.

348 Regarding the fatty acid classes and their relationship with the development stages, no
349 differences in PUFA content were found in T15 treated fish (Fig. 6C1) but this
350 treatment did result in a significant decrease in MUFA (Fig. 6B1) when the males
351 reached S5 and S6. In contrast, both PUFA and MUFA content decreased significantly
352 in treatment T20 (although without significant differences in the last case). T10
353 treatments showed a significant decrease in all fatty acid classes in testis during
354 development stages (Fig 6A2, 6B2 and 6C2). With regards to SFA (Fig 6A1), T20
355 treatment resulted in a significant decrease coinciding with stages S5 and S6. When
356 analyzing the differences between treatments in the same stage, there were significant
357 differences in PUFA in S3, where treatment T15 levels were higher than those of T20
358 ($p<0.001$).

359

360 **3.6. Principal component analyses**

361 The PCA demonstrated different patterns in fatty acid distribution in the testis, liver and
362 muscle. In the first component from the score plot (Fig. 7A), all the muscle samples are
363 located to the right in the diagram, while the gonad samples are located to the left. The
364 corresponding component plot (Fig. 7B) suggests that SFA and MUFA (on the right of
365 the diagram) in particular, could be related with muscle samples. Furthermore, in score
366 plot (Fig. 7A) all the liver samples are located on the positive axis of the second

367 component explaining a different pattern. The second component of the corresponding
368 component plot (Fig. 7B) shows DHA located on the positive axis of the second
369 component and could be related with liver samples. The variables found between the
370 positive axis of the first and the second component keeps a similar pattern in liver and
371 muscle. The values corresponding to stearic acid (18:0) are near the origin in component
372 plot graph, indicating that it follow a similar pattern in the three tissues.

373 The PCA of the liver fatty acids in the three treatments resulted in similar plots, and
374 only results from treatment T20 are shown here (Fig. 8). A substantial change in the
375 fatty acid composition of the liver during the maturation stages was found in this study.
376 In the scores plot from the PCA of the liver fatty acids (Fig. 8A), the samples from S4-
377 S6 stages, located to the right in the diagram, were significantly separated from the S1-
378 S2 samples, located to the left in the diagram. The corresponding component plot (Fig.
379 8B) suggests that the fatty acids located on the right of the diagram were related with
380 more advanced development stages (S4-S6) in the liver. In accordance with the results
381 obtained from the PCA of the liver, Table 3 shows fatty acids in the liver over the
382 development stages. Table 3 shows that, especially palmitic acid (16:0) and EPA (which
383 fall on the right of the first component, Fig. 9B) increased significantly in the liver when
384 the males began to produce spermatozoa (S4-S6).

385 We carried out a PCA and variance analysis of the testis fatty acids, and considered all
386 the collected samples, independently of the thermal regime (Figure 9 and Table 3). This
387 was due to the lower amount of analyzed testis samples (T10, n=27; T15, n=48, T20,
388 n=63) in comparison with the rest of tissues considered in the experiment. Evaluated
389 separately (one analysis for each thermal treatment), the number of animals that reached
390 the different developmental stages was very low, making it difficult to find clear
391 tendencies. However, when considering all the collated data together, the first two axes
392 on the analysis efficiently summarize the variation in the data set accounting for 63.9
393 and 14% of the total variation respectively (Fig. 9). In the scores plot of the testis
394 (Fig.9A), the first component from the PCA of the testis fatty acids shows that the
395 samples from S5-S6 stages were located to the left in the diagram, while the rest of the
396 samples (S2-S3) were located to the right in the diagram. The corresponding component
397 plot on the testis fatty acids (Fig. 9B) suggests that all the fatty acids located to the right
398 of the diagram are related with the stages S2-S3. Furthermore, EPA, ARA and DHA,
399 located on the positive axis of the second component from the component plot suggest
400 that these fatty acids explain the different causes of the variation in the analysis.

401 Regarding these results, Table 4 shows the fatty acids in the testis over the development
402 stages, suggesting they are used in differing amounts through the spermatogenesis
403 process. Table 4 shows a general decrease in the fatty acids, represented in the first
404 component of figure 9B, when the animals produce more sperm (S5-S6). EPA, ARA
405 and DHA, seen on the second component, remained constant throughout the testis
406 development stages.

407

408 **4. Discussion**

409 Temperature is one of the main environmental factors affecting the reproductive
410 performance of fish (Pankhurst and Munday, 2011). Gallego et al. (2012) conducted a
411 parallel study with these same animals, focusing on the sperm quality obtained under
412 the three thermal regimes. It was observed that T20 males began spermiating earlier and
413 showed higher percentages of spermiating males in all the weeks, compared to the
414 alternative thermal treatments (T10 and T15). In the present study, the male eels which
415 were maintained at the lower temperatures (T10, T15) did not begin to produce sperm
416 until they had spent 1-2 weeks at 20 °C, proving the importance of temperature in the
417 final stages of the eel male maturation process.

418 Moreover, about the use of lipid reserves, its known that in European eels the fat in
419 muscle increase from 8 to 28% between the yellow and silver stages (Larsson et al.,
420 1990). Our experimental males were fed on a fish farm and this is probably the reason
421 why their total fat percentage is higher (approximately 35%). Muscle is the main storage
422 organ in fatty fish (Sheridan, 1988; Shulman, 1974) and during the fasting of fatty fish
423 the muscle reserves are the first to mobilize but, Larsson and Lewander (1973)
424 demonstrated that in eels an initial reduction of hepatic lipids occurs and only
425 subsequently, are the muscle lipids mobilized.

426 Besides, under fasting conditions eel usually show a body (muscle) mass decrease but
427 although this was also observed in this study, the fat content in the muscle increased
428 through maturation. There are two possible explanations for this: Firstly, as Lovern
429 (1940) demonstrated, eels lose weight mainly due to use of protein for energy during
430 starvation, while the fat content is not exhausted. In our case, a decrease in the muscle
431 protein of the eels cannot be confirmed because protein analyses were not carried out.
432 However, the dry matter analysis carried out on the muscle samples showed that the
433 water content did not change significantly during the treatment. This last fact suggests

434 that the observed increase in fat content in the muscle might more likely be due to a
435 decrease in the proportion of another component, probably protein. Also, it is known
436 that protein plays an important role in satisfying the energy demands of starving fish
437 (Godavarthy and Kumari, 2012). The second reason for the increase in muscle fat could
438 be the increase in the proportion of red muscle to improve the aerobic capacity during
439 eel silvering and migration. Pankhurst (1982) showed that this increase in red muscle
440 volume is mainly due to an increase in fat and mitochondria.

441 Given the fat percentages in liver and HSI, our results were similar to those found by
442 Mazzeo et al. (2010) for European eel males. In terms of HSI, this increased in the
443 highest thermal treatment (T20) and was apparently due more to a relative body mass
444 loss, than to a real liver mass increase. In terms of the testis, the results corroborated
445 those of Mazzeo et al. (2010), with an increase in GSI due to an increase in testis mass
446 through the course of the treatments.

447 Regarding the distribution of fatty acids in these three different tissues, throughout the
448 PCA (Fig. 7) we could interpret that, samples of muscle (on the right of the first
449 component, Fig. 7A) were characterized for higher quantities of SFA and MUFA (on
450 the right of the first component, Fig. 7B) being oleic acid (18:1n-9) the fatty acid found
451 in the highest percentage. In particular, the high quantities of MUFA in muscle, is
452 linked to the composition of the diet provided in the fish farm. Long chain MUFA in
453 particular, like 20:1n-9 and 22:1n-9, are abundant in the fish oils and fish meals found
454 in the formulated diets for eels. In a comparative study of the composition of wild and
455 farmed European eel females, Støttrup et al. (2012) also observed that MUFA were the
456 most abundant fatty acids in cultured eel and suggested that it is due to the more
457 abundant levels of n-9 monomers often used to produce the formulated diets. The
458 percentage of fat in the testis was very low (1-6%) and the samples fall in left part of the
459 first component (Fig. 7A) being possible to explain it because the testis have a similar
460 profile of fatty acids as muscle but in lower quantities. About liver fatty acid
461 composition, PCA (Fig. 7) shows that the liver samples fall on the positive axis of
462 second component (Fig 7A) explain a different composition of liver fatty acids
463 comparing with muscle and testis. These variations could be explain due to the liver
464 have higher amounts of DHA (fall on the positive axis of the second component,
465 Fig.7B), than muscle and testis.

466 Regarding the variations found in fatty acids of three different tissues during
467 spermatogenesis in the present study, as Mazzeo et al. (2010) previously reported,

468 European eel males induced to maturation at 20 °C did not show any fatty acid content
469 variations in the muscle, and the proportions of fatty acids remained the same, therefore
470 it was impossible to detect a preferential use of specific fatty acids. In the liver, our
471 results differ partially from those reported by Mazzeo et al. (2010). In the latter study a
472 decrease in liver MUFA during sexual maturation was observed, but the methodology
473 used in both studies was different. Mazzeo et al. (2010) quantified MUFA per 100 g of
474 fatty acids. In that study they presented the results as, if the summation of SFA, MUFA
475 and PUFA was the 100% of detected fatty acids. In our study quantification is done per
476 100 g of fat. So, the apparent decrease in MUFA observed by Mazzeo et al. (2010) must
477 be due to an increase in the proportion of other components such as SFA and PUFA, as
478 is evidenced here. The results showed an increase in several fatty acids in the liver when
479 the eels began to produce sperm in stages S4-S6 (Table 3). Palmitic acid (16:0) and
480 EPA in particular, increased significantly. Our results did not reveal a mobilization of
481 16:0 and EPA from the muscle to the liver, so these most likely would have been
482 synthesized *de novo* in the liver. There is scarce information available on the enzymatic
483 control of fatty acid biosynthesis in the eel, but it is known that the European eel
484 maintains its ability to synthesize lipids in the liver from endogenous sources, even
485 during a prolonged period of fasting (Abraham et al., 1984; Giudetti et al., 2001; Gnoni
486 and Muci, 1990). The increase in the amount of palmitic acid found in the liver when
487 the eels produced sperm (S4-S6) can be explained by the fact that it is the main product
488 of fatty acid biosynthesis *de novo* (Cook and Mc Master, 2002). An increase in EPA
489 may be due to the fact that freshwater fish have the ability to produce PUFA from
490 linoleic acid (18:3n-3) to satisfy EPA and DHA requirements (Bell and Tocher, 2009).
491 Several studies have proven that EPA and DHA are produced from 18:3n-3 in
492 hepatocytes of several other species of freshwater fish such as Atlantic salmon (*Salmo*
493 *salar*; Tocher et al., 1997), Arctic charr (*Salvelinus alpinus*; Tocher et al., 2001a),
494 brown trout (*Salmo trutta*; Tocher et al., 2001a), tilapia (*Oreochromis niloticus*; Tocher
495 et al., 2001b) and zebrafish (*Danio rerio*; Tocher et al., 2001b). Vertebrates, including
496 fish, lack the $\Delta 12$ and $\Delta 15$ desaturases and so cannot form 18:2n-6 and 18:3n-3,
497 respectively, from 18:1n-9. However, 18:2n-6 and 18:3n-3 can, with varying
498 efficiencies depending on the fish species, be further desaturated and elongated to form
499 ARA, EPA and DHA. Seawater and freshwater fish species have different levels of
500 efficiency when performing this conversion. The inability of seawater fish to produce
501 long chain PUFA (LC-PUFA) such as ARA, EPA and DHA from 18:2n-6 and 18:3n-3

502 is thought to be related to an evolutionary adaptation to LC-PUFA rich marine
503 ecosystems where such a conversion was less advantageous. However, for freshwater
504 fish it has been necessary to maintain this ability of conversion (from 18:2n-6 and
505 18:3n-3 to LC-PUFA) to have a good ARA, EPA and DHA levels (Bell and Tocher,
506 2009), as the freshwater environment is not so rich in LC-PUFA. Recently, this widely
507 accepted paradigm was revised after the discovery of another pathway of synthesis of
508 LC-PUFA in two marine vertebrates, *Siganus canalicalatus* (Li et al., 2010) and *Solea*
509 *senegalensis* (Morais et al., 2012) so, further investigations would be needed to find
510 different biosynthesis pathways. After viewing the great ability of the eel to synthesize
511 PUFA in the liver during spermiation, studies on the isolation, cloning, and
512 characterization of European eel fatty desaturases and elongases could be an important
513 goal of future research. Finally, eel testis showed a decrease of fatty acids coinciding
514 with the most advanced developmental stages (Fig. 6). It could be explain because, with
515 FAME method only saponifiable lipids, which contain fatty acids in their molecular
516 structure, can be extracted. But unsaponifiable lipids are present as well in the testis
517 samples. These lipids cannot be extracted with FAME transformation and do not have
518 fatty acids in their molecular structure. So, unsaponifiable lipids, as eicosanoids and
519 steroids, could be part of the total fat not quantified as fatty acid, being in a higher
520 proportion in the testis because of its importance during the final maturation.

521 Among quantified fatty acids, a decrease could be observed also during the most
522 advanced development stages. The classes of fatty acids that especially decreased in all
523 the thermal treatments were SFA and MUFA. Only EPA, DHA and ARA remained
524 constant, while the rest of fatty acids detected in the gonad decreased when males began
525 to produce sperm (Table 4). These differences can be explained by the selective use of
526 fatty acids of the sperm; while some PUFA are used to maintain the basic structures of
527 the cell, all the rest of the fatty acids are used to produce energy through oxidative
528 processes. The maintenance of quantities of ARA, EPA and DHA can be explained by
529 the fact that the membrane of the sperm contains a high concentration of PUFA and
530 plays an important role in regulating the fluidity and permeability of the sperm
531 membrane, as well as in maintaining their capacity for fertilization of the oocyte
532 (Wathes et al., 2007). The conservation of ARA and EPA levels may have a
533 physiological significance, whereas the constant levels of DHA may have a structural
534 one. In fish, high proportions of DHA have been found in sperm (Bell et al., 1996;
535 Labbé et al., 1993, 1995; Pérez et al., 2000, 2007; Pustowka et al., 2000) indicating it

536 has a large structural function. On the other hand, ARA and EPA are the major
537 eicosanoid precursors in fish cells, including prostaglandins, thromboxans and
538 leukotrienes. EPA is known to be precursor of 3-series prostaglandins (PGE₃) and ARA
539 forms 2-series prostaglandins (PGE₂) (Sargent et al., 2002; Tocher, 2003). Therefore,
540 the EPA/ARA ratio modulates steroidogenesis in the testis increasing testosterone
541 production and any change in the ratio or in the levels of ARA and EPA in the gonad
542 may influence the prostaglandins and steroid production. In vitro ARA stimulates the
543 production of testicular testosterone in goldfish through its conversion to PGE₂,
544 whereas EPA may function as an inhibitory regulator (Wade et al., 1994; Wade & Van
545 Der Kraak, 1993). Asturiano et al. (2000) found similar results in European sea bass
546 males, indicating that PUFA are capable of regulating prostaglandin and androgen
547 production. Mercure and Van Der Kraak (1995), in their studies on in vitro of ovarian
548 follicles in goldfish and rainbow trout showed that EPA inhibited gonadotrophin-
549 stimulated testosterone production, whereas ARA was only weakly inhibitory. Sorbera
550 et al. (2001) showed that ARA and its metabolites, PGE₂, stimulate European sea bass
551 oocyte maturation.

552 PUFA conservation in European eel testis during spermiation suggests that the
553 spermatozoa membrane contains a high concentration of PUFA. Our results are
554 corroborated by Mazzeo et al. (2010) who reported PUFA as the main components of
555 European eel milt and PUFA also found in other fish species such as rainbow trout
556 (Labbé et al., 1993), European sea bass (Asturiano et al., 2001; Bell et al., 1996) or
557 herring (Huynh et al., 2007).

558 The fatty acids in fish sperm is affected by diet. Studies of goldfish (Wade et al., 1994),
559 rainbow trout (Labbé et al., 1993, 1995; Pustowka et al., 2000; Vassallo-Agius et al.,
560 2001) and European sea bass (Asturiano et al., 1999; 2001; Bell et al., 1996) have
561 showed the relationship between the fatty acid content of the broodstock diet with the
562 fatty acid composition of sperm and suggest that consequently, fertilization could be
563 affected. The preliminary results of the fatty acid composition of European eel testis
564 during sexual maturation have shown the possibility of using diets with appropriate
565 fatty acid profiles to improve sperm quantity and quality (I.A.E. Butts, R. Baeza, L.
566 Pérez, J.G. Støttrup, M. Krüger-Johnsen, C. Jacobsen, J. Tomkiewicz, J.F. Asturiano;
567 unpublished results).

568 In summary, the results have shown that temperature affects the sexual maturation of
569 the male eel, with sperm production being reached earlier with the highest temperature

570 (20 °C). The achieved results cohere with the importance of PUFA in teleost
571 reproduction due to their role in male maturation and sperm composition. EPA and
572 DHA biosynthesis have been observed in the liver, probably due to their subsequent
573 mobilization to the testis because of their important function during steroidogenesis. In
574 the testis, the maintenance of ARA and EPA levels may have a physiological
575 significance, whereas the maintenance of DHA levels may have a structural one. Further
576 research on the relationship of fatty acids and sperm quality should be considered.
577 Additionally, because eel starve during sexual maturation, the state in which eels reach
578 maturity is very important, thus the present results suggest that complementary studies
579 focusing on the lipid composition of the commercial diets could well improve sperm
580 quality.

581

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800

801 **Table legend**

802

803 **Table 1.** Identified fatty acids

804

805 **Table 2 .** Fatty acid composition in the liver of T20 treated fish by development stage.

806 Small letters show significant differences in each fatty acid over the development

807 stages. Results represent means \pm SEM ($P < 0.05$). Results are shown as percentage of

808 fatty acids in 100 g of fat.

809

810 **Table 3.** Fatty acid composition in the testis by development stage, independently of the

811 thermal regime. Small letters show significant differences in each fatty acid over the

812 development stages. Results represent means \pm SEM ($P < 0.05$). Results are shown as

813 percentage of fatty acids in 100 g of fat.

814

815

816 **Figure Legends**

817

818 **Figure 1.** Water temperature treatments (T10, T15 and T20) during induced sexual
819 maturation in male eels. Arrows indicate the first injection with human chorionic
820 gonadotropin (hCG).

821

822 **Figure 2.** Gonadosomatic index (GSI) throughout hormonal treatment under three
823 thermal regimes (T10, T15, and T20). Number of samples: T10, $n_{0-7} = 8$; $n_{8-12} = 5$; $n_{13} =$
824 4 ; T15, $n_{0-7} = 8$; $n_{8-13} = 5$; T20, $n_{0-7} = 8$; $n_{8-13} = 5$. Different letters mean significant
825 statistical differences between weeks in each treatment.

826

827 **Figure 3.** Percentage of fish reaching the different stages of testis development
828 throughout the hormonal treatment in each thermal regime: A) T10; B) T15; C) T20.
829 Number of samples in each stage under different thermal regimes: T10, $n_{S1} = 28$; $n_{S2} =$
830 29 ; $n_{S3} = 22$; $n_{S4} = 6$; $n_{S5} = 3$; $n_{S6} = 1$; T15, $n_{S1} = 19$; $n_{S2} = 14$; $n_{S3} = 18$; $n_{S4} = 6$; $n_{S5} = 17$;
831 $n_{S6} = 9$; T20, $n_{S1} = 8$; $n_{S2} = 19$; $n_{S3} = 15$; $n_{S4} = 13$; $n_{S5} = 9$; $n_{S6} = 28$. Stages S1-S6 were
832 described by Peñaranda et al. (2010). Temperature changes are described in Figure 1.

833

834 **Figure 4.** Fat content in percentage of wet weight (% w w) in A1) muscle, B1) liver and
835 C1) testis of T15 and T20 treatment (A2, B2 and C2 shows the same but in T10
836 treatment with S4-S6 stages grouped as S4-6) shown in relation to the different testis
837 development stages. Small letters show significant differences in the same treatment
838 between the different development stages; capital letters show significant differences in
839 the same stage between different thermal treatments. Results show as mean \pm SEM ($P <$
840 0.05). Number of samples in each tissue under different thermal regimes: Muscle T10,
841 $n_{S1} = 28$; $n_{S2} = 29$; $n_{S3} = 22$; $n_{S4} = 10$; Muscle T15, $n_{S1} = 19$; $n_{S2} = 14$; $n_{S3} = 18$; $n_{S4} = 6$;
842 $n_{S5} = 17$; $n_{S6} = 9$; Muscle T20, $n_{S1} = 8$; $n_{S2} = 19$; $n_{S3} = 15$; $n_{S4} = 13$; $n_{S5} = 9$; $n_{S6} = 28$;
843 Liver T10, $n_{S1} = 28$; $n_{S2} = 28$; $n_{S3} = 22$; $n_{S4} = 8$; Liver T15, $n_{S1} = 18$; $n_{S2} = 14$; $n_{S3} = 18$;
844 $n_{S4} = 6$; $n_{S5} = 17$; $n_{S6} = 8$; Liver T20, $n_{S1} = 8$; $n_{S2} = 19$; $n_{S3} = 15$; $n_{S4} = 13$; $n_{S5} = 9$; $n_{S6} =$
845 28 ; Gonad T10, $n_{S2} = 4$; $n_{S3} = 13$; $n_{S4} = 10$; Gonad T15, $n_{S2} = 3$; $n_{S3} = 14$; $n_{S4} = 6$; $n_{S5} =$
846 17 ; $n_{S6} = 9$; Gonad T20, $n_{S2} = 5$; $n_{S3} = 15$; $n_{S4} = 10$; $n_{S5} = 7$; $n_{S6} = 26$.

847

848 **Figure 5.** Classes of fatty acids in the liver during the development stages: A1)
849 Saturated fatty acids (SFA); B1) Monounsaturated fatty acids (MUFA) and C1)

850 Polyunsaturated fatty acids (PUFA) in T15 and T20 treatment. A2, B2 and C2 Shows
851 the same but in T10 treatment with S4-S6 grouped as S4-6. Small letters show
852 significant differences in the same treatment between different development stages.
853 Capital letters show significant differences in the same stage between different thermal
854 treatments. Results are shown as mean \pm SEM ($P < 0.05$). Number of samples: T10,
855 $n_{S1} = 28$; $n_{S2} = 28$; $n_{S3} = 22$; $n_{S4} = 8$; T15, $n_{S1} = 18$; $n_{S2} = 14$; $n_{S3} = 18$; $n_{S4} = 6$; $n_{S5} = 17$;
856 $n_{S6} = 8$; T20, $n_{S1} = 8$; $n_{S2} = 19$; $n_{S3} = 15$; $n_{S4} = 13$; $n_{S5} = 9$; $n_{S6} = 28$.

857

858 **Figure 6.** Classes of fatty acids in the gonad during the development stages: A1)
859 Saturated fatty acids (SFA); B1) Monounsaturated fatty acids (MUFA) and C1)
860 Polyunsaturated fatty acids (PUFA) in T15 and T20 treatment. A2, B2 and C2 Shows
861 the same but in T10 treatment with S4-S6 grouped as S4-6. Small letters show
862 significant differences in the same treatment between different development stages.
863 Capital letters show significant differences in the same stage between different thermal
864 treatments. Results are shown as mean \pm SEM ($P < 0.05$). Number of samples: T10,
865 $n_{S2} = 4$; $n_{S3} = 13$; $n_{S4} = 10$; T15, $n_{S2} = 3$; $n_{S3} = 14$; $n_{S4} = 6$; $n_{S5} = 17$; $n_{S6} = 9$; T20, $n_{S2} = 5$;
866 $n_{S3} = 15$; $n_{S4} = 10$; $n_{S5} = 7$; $n_{S6} = 26$.

867

868 **Figure 7.** Component plot (A) and factor score plot (B) from principal component
869 analysis on the most abundant fatty acid composition from the muscle, liver and gonad
870 of European eel. $n = 699$.

871

872 **Figure 8.** Component plot (A) and score plot (B) from principal component analysis on
873 fatty acid composition of the liver of European eel in T20 treatment, at each
874 development stage. $n = 93$.

875

876 **Figure 9.** Component plot (a) and score plot (b) from principal component analysis on
877 fatty acid composition of the gonad of European eel (independently of the thermal
878 regime), at each development stage. $n = 139$.

879

880

881

882 **Table 1**

883

884	SFA	MUFA	PUFA
	(saturated fatty acids)	(monounsaturated fatty acids)	(polyunsaturated fatty acids)
	14:0 Myristic	16:1 Palmitoleic	18:2n-6 Linoleic
	15:0 Pentadecanoic	18:1n-7 Cis-vaccenic	18:3n-6 γ -Linolenic
	16:0 Palmitic	18:1n-9 Oleic	18:3n-3 Linolenic
	17:0 Heptadecanoic	20:1 Eicosenoic	20:2 Eicosadienoic
	18:0 Stearic	22:1n-9 Erucic	20:3n-3 Eicosatrienoic
			20:4n-6 Arachidonic (AA)
			20:5n-3 Eicosapentaenoic (EPA)
			22:4n-6 Docosateraenoic
			22:5n-3 Docosapentaenoic
			22:6n-3 Docosahexaenoic (DHA)

885 **Table 2**
886

Fatty acids	Stages					
	1	2	3	4	5	6
14:0	2.4±0.2a	2.2±0.1a	2.8±0.1b	3.3±0.1b	3.0±0.2b	3.3±0.1b
15:0	0.2±0.0a	0.2±0.0ab	0.3±0.0ab	0.3±0.0b	0.3±0.0b	0.3±0.0b
16:0	14.3±1.0a	15.4±0.6ab	17.4±0.7bc	18.4±0.8c	18.6±0.9c	18.9±0.5c
17:0	-	-	-	-	-	-
18:0	3.1±0.2a	3.1±0.1a	2.5±0.1b	2.5±0.1b	2.4±0.1b	2.3±0.1b
16:1	4.5±0.3a	4.3±0.2a	4.9±0.2ab	5.6±0.2b	5.4±0.2b	5.4±0.1b
18:1n-7	3.6±0.2ab	3.3±0.1a	3.6±0.1ab	4.0±0.1b	3.8±0.2ab	4.0±0.1b
18:1n-9	14.2±0.9ab	12.1±0.6a	13.3±0.6ab	13.8±0.7ab	13.8±0.8ab	15.6±0.5b
20:1	3.4±0.3	2.5±0.2	2.8±0.2	3.1±0.2	3.0±0.3	2.8±0.2
22:1n-9	0.2±0.0	0.2±0.0	0.2±0.0	0.2±0.0	0.2±0.0	0.2±0.0
18:2n-6	2.4±0.2ab	2.1±0.1a	2.6±0.1abc	3.1±0.1bcd	2.9±0.2cd	3.3±0.1d
18:3n-3	0.5±0.0ab	0.4±0.0a	0.5±0.0ab	0.6±0.0b	0.5±0.0ab	0.6±0.0b
18:3n-6	0.8±0.1	0.6±0.1	0.6±0.1	0.6±0.1	0.6±0.1	0.6±0.0
20:2	0.5±0.1	0.4±0.0	0.4±0.0	0.5±0.0	0.5±0.1	0.4±0.0
20:3n-6	0.1±0.0	0.1±0.0	0.2±0.0	0.2±0.0	0.1±0.0	0.2±0.0
20:4n-6 (ARA)	0.7±0.1	0.7±0.0	0.6±0.0	0.7±0.0	0.7±0.0	0.6±0.0
20:5n-3 (EPA)	2.7±0.3a	2.9±0.2a	3.9±0.2b	4.9±0.2c	4.3±0.3bc	4.6±0.2bc
22:4n-6	0.1±0.0	0.1±0.0	0.1±0.0	0.1±0.0	0.1±0.2	0.2±0.2
22:5n-3	2.4±0.1a	2.0±0.1ab	1.9±0.1ab	2.0±0.1ab	1.7±0.1b	2.0±0.1ab
22:6n-3 (DHA)	11.0±0.9a	10.8±0.6a	11.6±0.7ab	13.7±0.7bc	12.1±0.8abc	14.4±0.5c
∑ SFA	19.6±1.1a	20.9±0.8ab	23.0±0.7bc	24.5±0.9c	24.4±1.0c	25.0±0.6c
∑ MUFA	25.8±1.5a	21.8±0.9b	24.8±1.0ab	26.7±1.1a	26.2±1.4a	28.1±0.8a
∑ PUFA	21.4±1.4a	20.1±0.9a	22.5±1.0a	26.4±1.1b	23.4±1.3ab	26.8±0.7b

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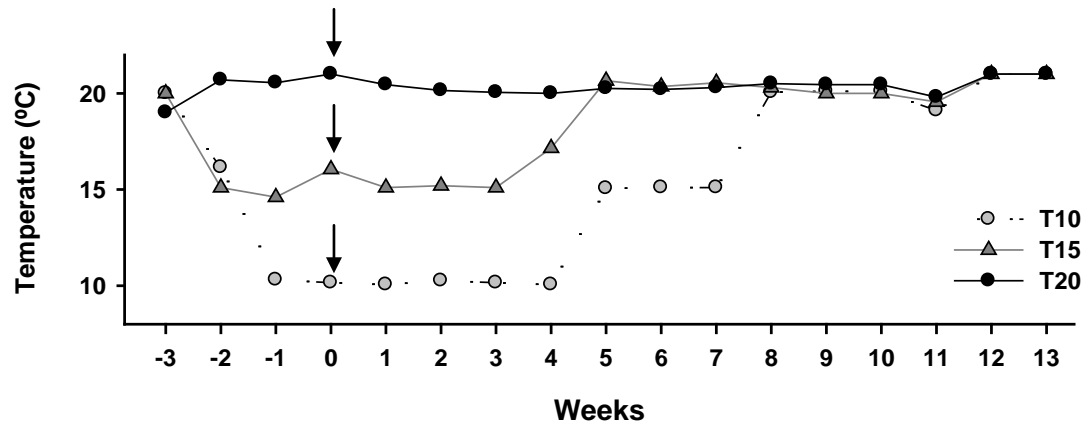
889 **Table 3**
890

Fatty acids	Stages				
	2	3	4	5	6
14:0	3.4±0.3a	2.8±0.2ab	2.5±0.2bc	1.8±0.2c	1.8±0.2c
15:0	0.2±0.0a	0.2±0.0ab	0.1±0.0b	0.1±0.0b	0.1±0.0b
16:0	11.2±0.7a	10.1±0.3ab	9.3±0.5bc	8.1±0.4cd	7.5±0.4d
17:0	-	-	-	-	-
18:0	2.8±0.1a	2.5±0.0ab	2.5±0.1b	2.3±0.1b	2.4±0.1b
16:1	4.0±0.4a	3.4±0.2ab	2.7±0.3bc	2.1±0.2c	1.9±0.2c
18:1n-7	3.0±0.2a	2.6±0.1b	2.4±0.1bc	2.0±0.1c	1.9±0.1c
18:1n-9	13.4±1.1a	10.7±0.6ab	9.3±0.8bc	7.5±0.7c	7.5±0.6c
20:1	3.8±0.4a	3.6±0.2ab	3.4±0.3ab	2.6±0.3ab	2.5±0.2b
22:1n-9	0.3±0.0	0.3±0.0	0.3±0.0	0.2±0.0	0.2±0.0
18:2n-6	2.6±0.2a	2.0±0.1b	1.7±0.2bc	1.3±0.1c	1.4±0.1c
18:3n-3	0.4±0.0a	0.3±0.0b	0.2±0.0c	0.2±0.0c	0.2±0.0c
18:3n-6	0.5±0.1a	0.5±0.0a	0.3±0.0ab	0.3±0.0ab	0.2±0.0b
20:2	0.5±0.0a	0.3±0.0b	0.3±0.0b	0.3±0.0b	0.3±0.0b
20:3n-6	-	-	-	-	-
20:4n-6 (ARA)	0.6±0.1	0.6±0.0	0.6±0.0	0.7±0.0	0.8±0.0
20:5n-3 (EPA)	2.5±0.1	2.6±0.1	2.6±0.1	2.7±0.1	2.6±0.1
22:4n-6	-	-	-	-	-
22:5n-3	1.4±0.1a	1.2±0.0ab	1.1±0.1bc	0.9±0.1c	0.9±0.1c
22:6n-3 (DHA)	5.3±0.3	5.5±0.2	5.5±0.2	5.6±0.2	5.3±0.2
∑ SFA	17.6±1.0a	15.6±0.5ab	14.4±0.7bc	12.4±0.7c	12.0±0.6c
∑ MUFA	24.4±2.1a	20.5±1.1ab	17.9±1.5bc	14.3±1.3c	14.0±1.2c
∑ PUFA	14.0±0.6a	13.2±0.3ab	12.5±0.4b	12.1±0.4b	11.7±0.3b

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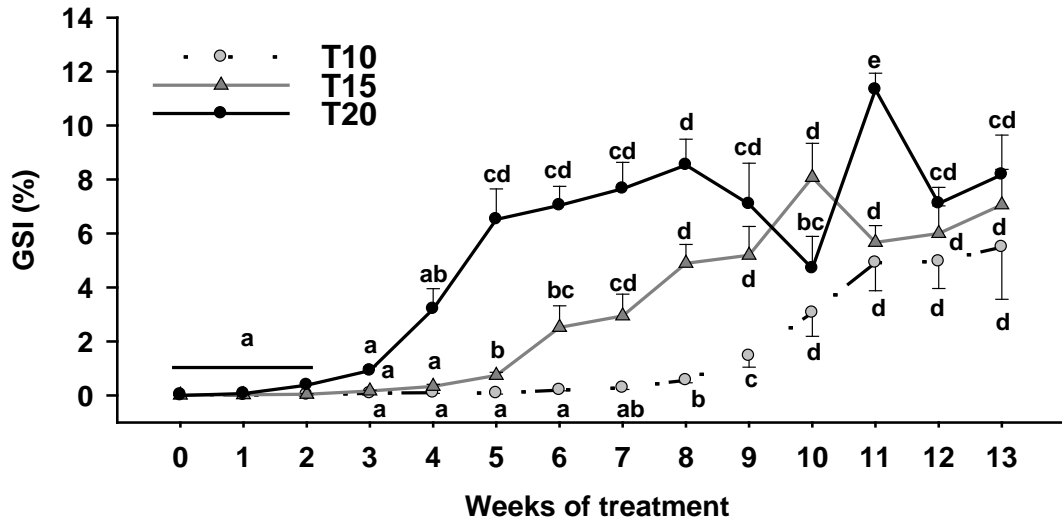
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893 **Figure 1**



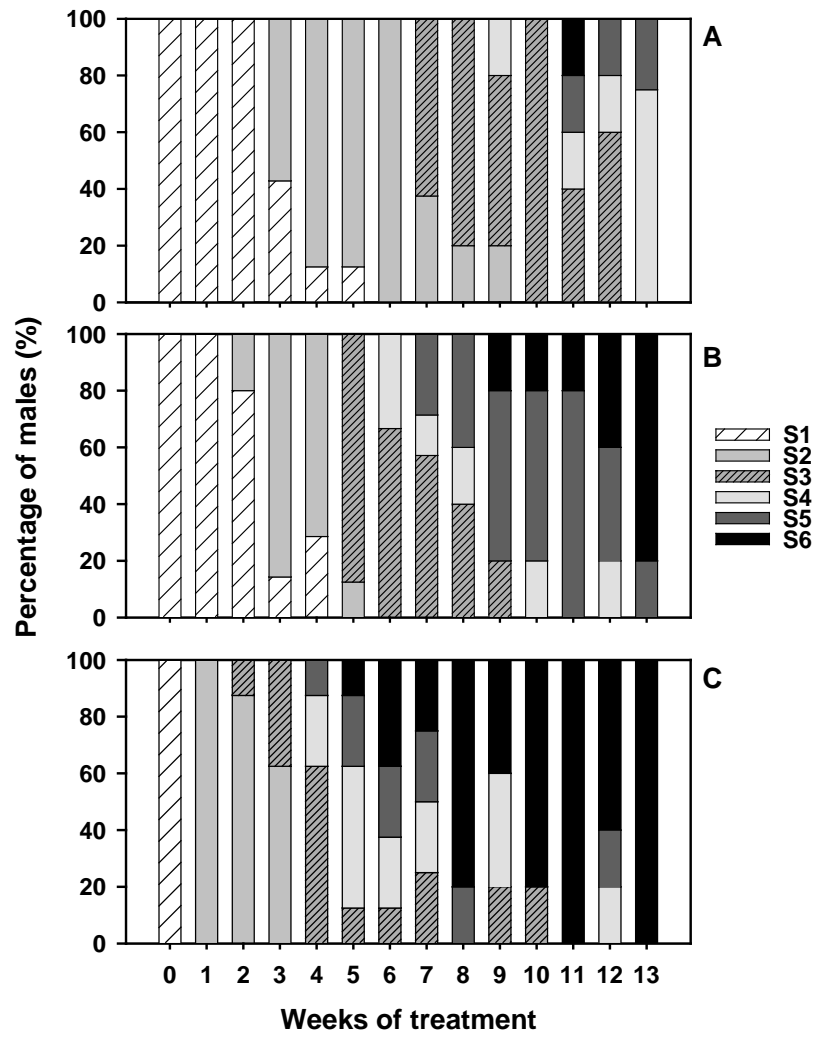
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895 **Figure 2**
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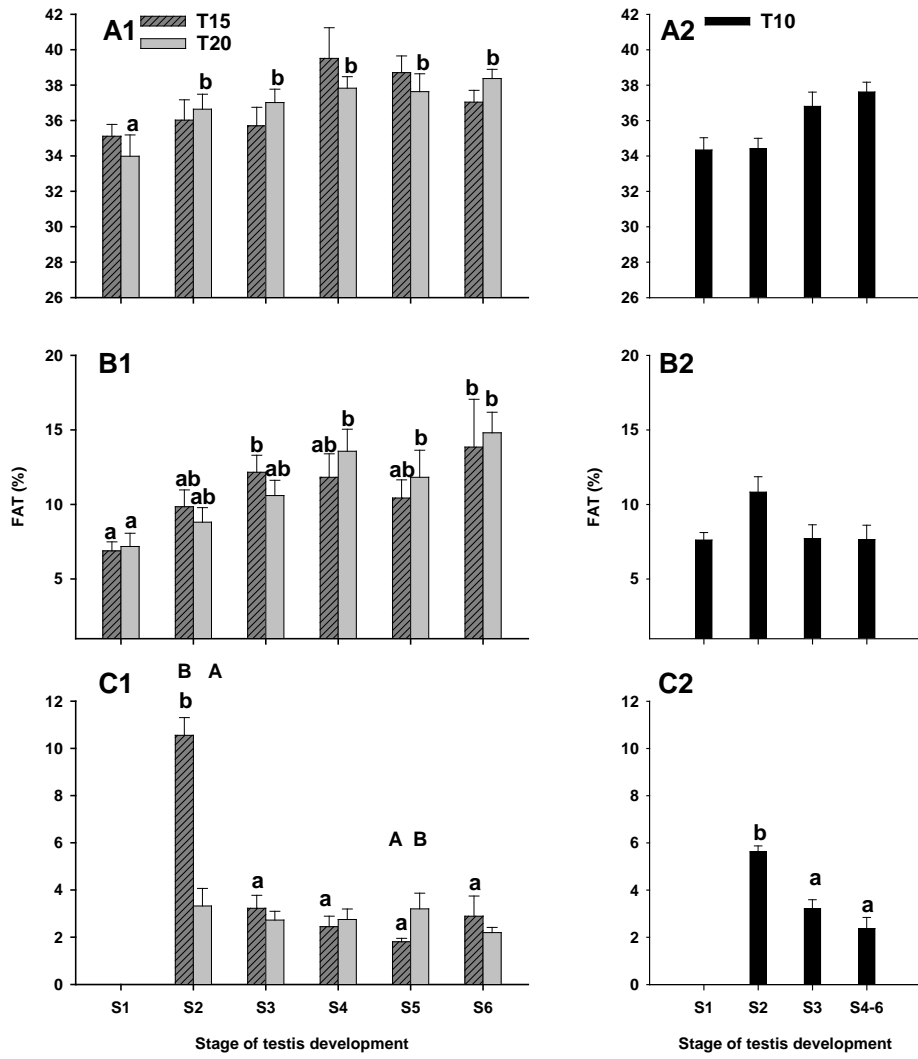
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902 **Figure 3**
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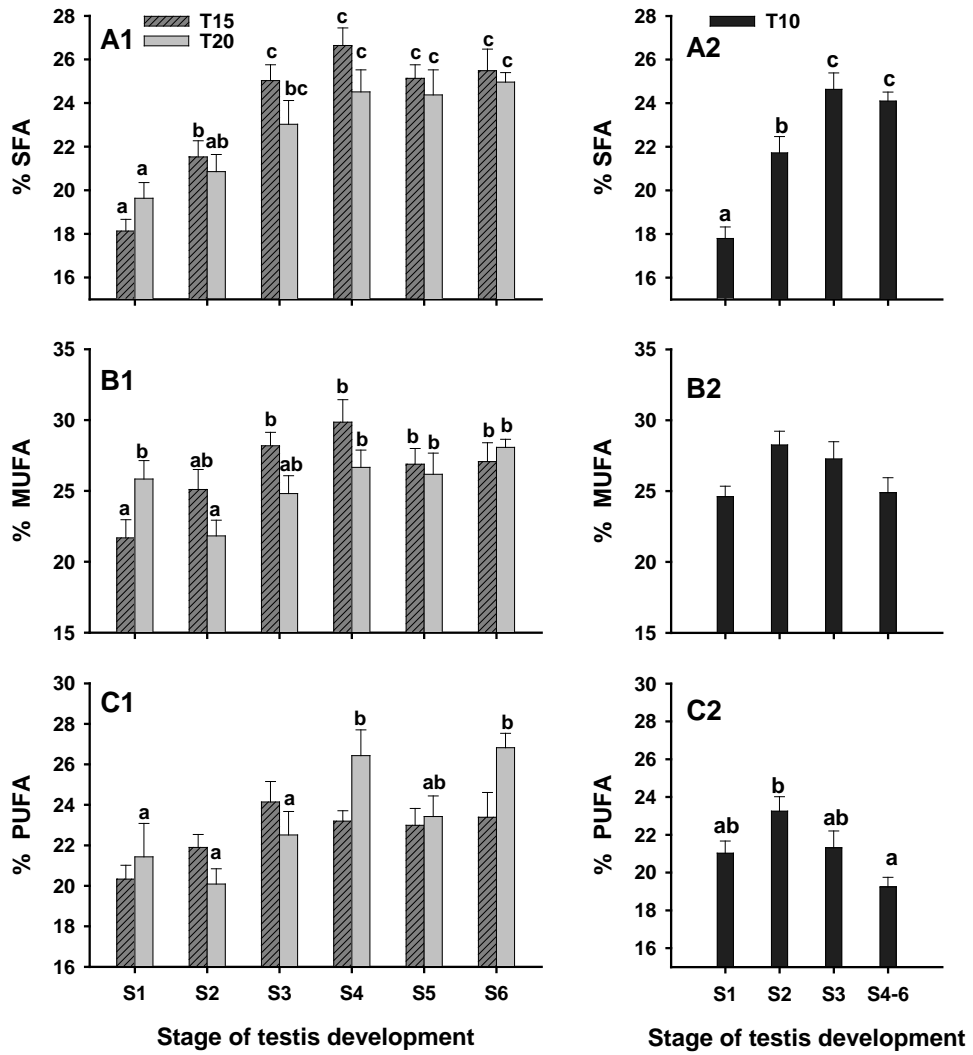
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906 **Figure 4**
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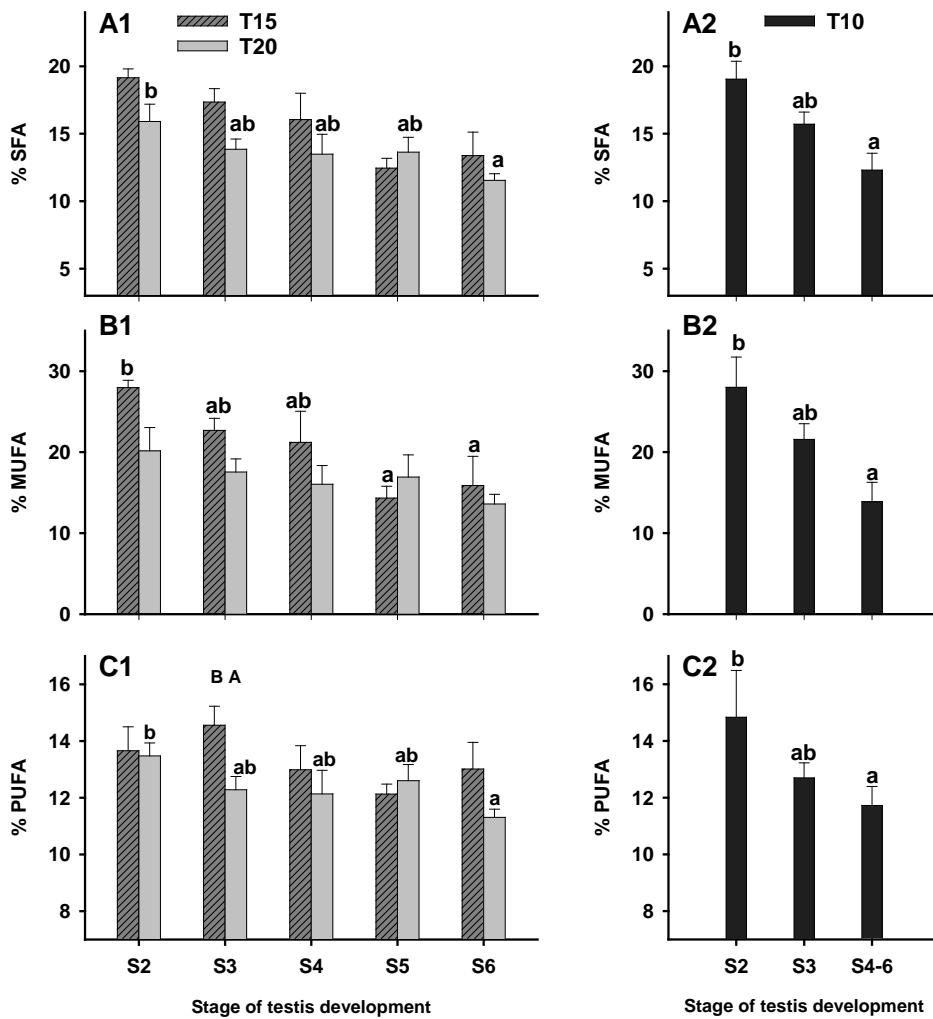
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911 **Figure 5**
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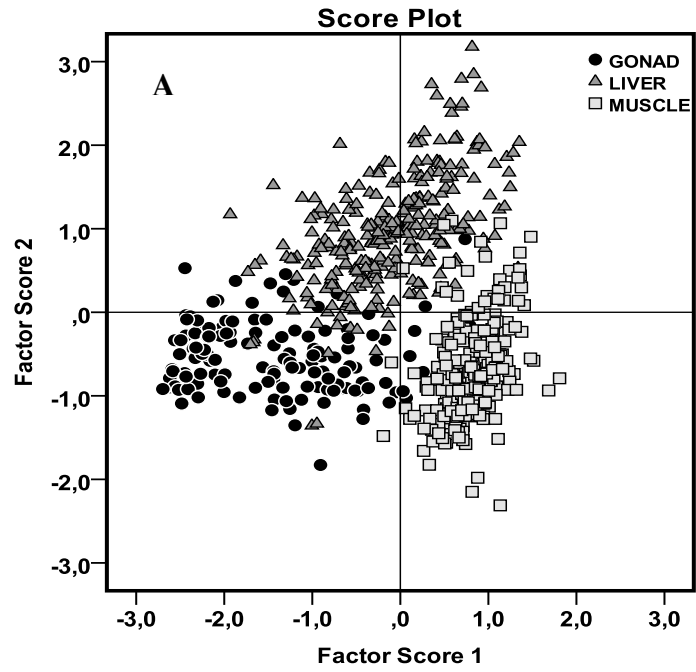
915 | **Figure 6**
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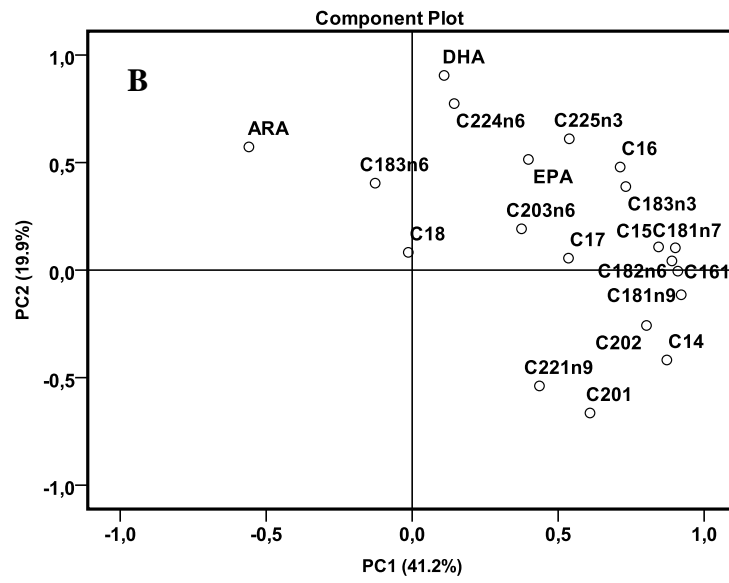
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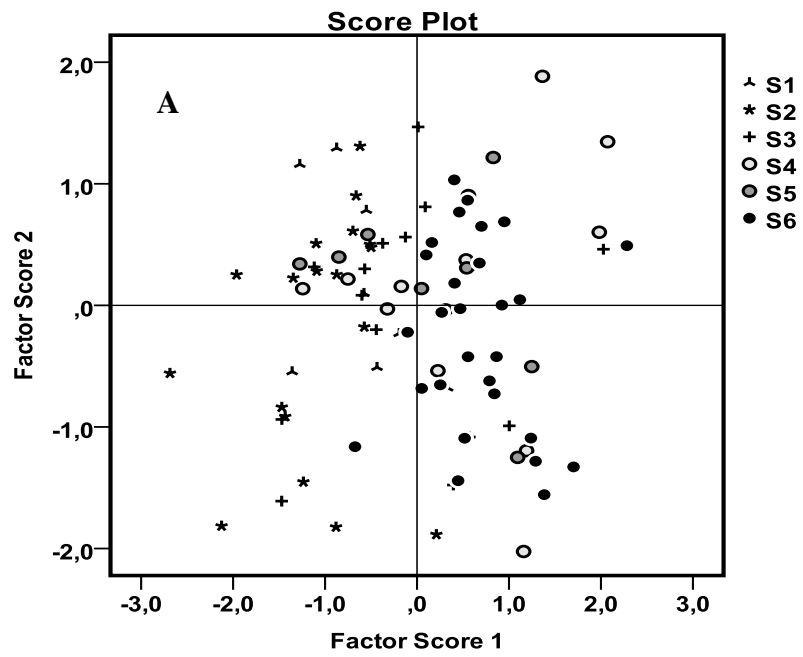
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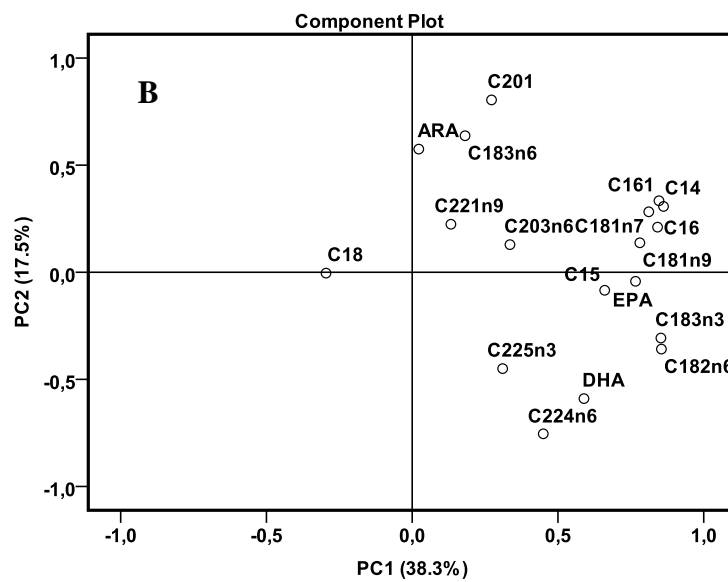
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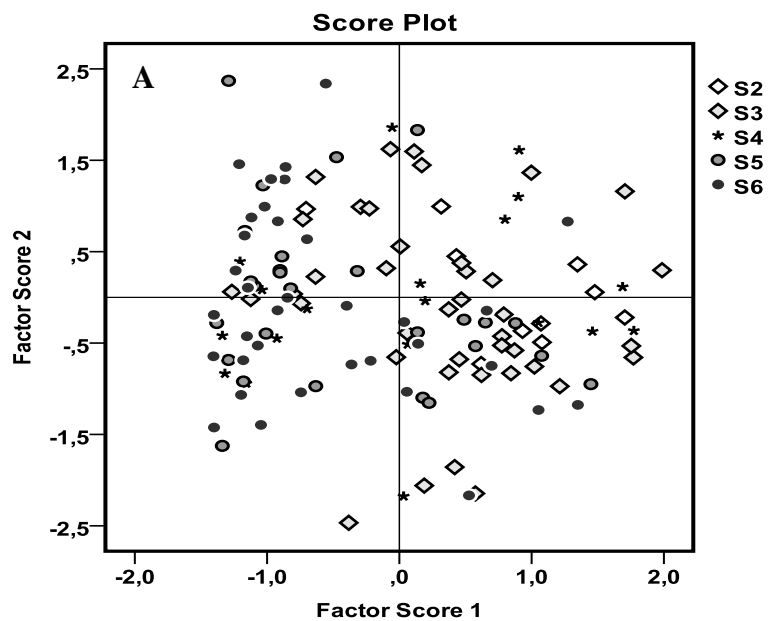


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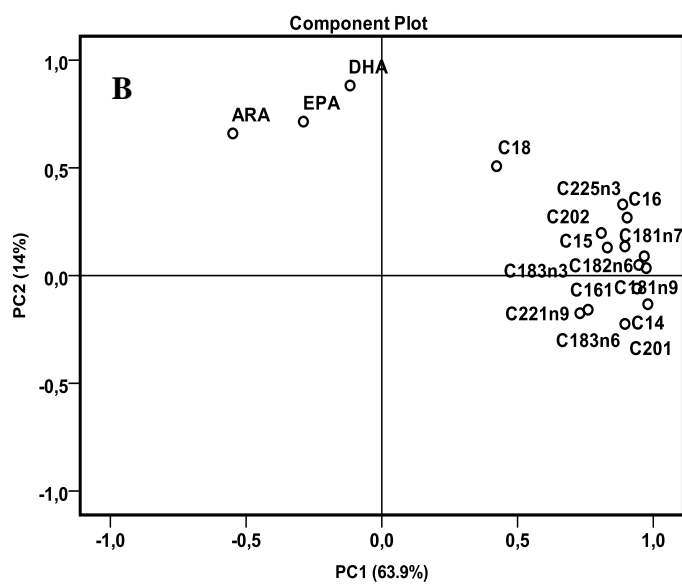


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930 **Figure 9**
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