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Additional Information

1 **Effect of microwave power coupled with hot air drying on sorption isotherms and**
2 **microstructure of orange peel**

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9 **ABSTRACT**

10 Drying is one of the most cost-effective methods of worthwhile by-product valorisation.

11 This study had two main objectives. The first was to determine the effect of hot air drying

12 (HAD) combined with microwave (MW) irradiation on the treatment kinetics and the

13 macrostructural and microstructural properties of the dried product. The second aim was

14 to develop engineering tools to predict the extent of dehydration. Drying was performed

15 using hot air at 55 °C and the combined (HAD + MW) treatment at different power

16 intensities (2 W/g, 4 W/g and 6 W/g). After 5, 15, 40, 60 and 120 min, the mass, surface,

17 volume, water activity and moisture were measured in fresh and dried samples. Sorption

18 isotherms were obtained and fitted to the GAB model, with high correlation coefficients.

19 The macroscopic and microscopic analyses showed shrinkage and swelling in the peel

20 tissue caused by the MW treatment. The HAD + MW methods not only resulted in

21 increased moisture reduction but also induced microstructural changes that generated

22 higher sorption capacity.

23 **Keywords:** hot air–microwave drying, orange peel, isotherm, isosteric heat,

24 microstructure, water retention capacity

25

26 **1. INTRODUCTION**

27 The current environmental problems, especially the global warming effects, call for an
28 increased efficiency in all production systems. Since one of the most efficient ways of
29 decreasing the environmental impact of food production is to obtain more products from
30 the available raw materials, upgrading food by-products is becoming an increasingly
31 important issue (Waldron 2009). The high-value-added products obtained from vegetable
32 by-products are mainly fibres and antioxidant compounds. In recent years, considerable
33 changes in eating habits have been observed in many societies, mainly driven by the
34 desire to lead a healthy lifestyle. These changes have been reflected in an increased
35 consumption of medically recommended foods, resulting in the expansion of the dietary
36 fibre market and the creation of new products with high fibre content (Gómez et al. 2015).
37 Juice industry by-products are very susceptible to microbial spoilage, fermentation or
38 chemical deterioration due to the resident microflora and the endogenous enzymatic
39 activities. Therefore, the methods improving the quality of by-products to be used as
40 value-added food ingredients must include treatments minimising the negative effect of
41 these biological or chemical processes. The most important among such treatments are
42 the dehydration methods reducing the water activity, directly affecting the contaminant
43 microflora (Fava et al. 2013; Fernández-López et al. 2009; Larrauri 1999; Schieber et al.
44 2001).

45 The theoretical mechanisms of HAD treatments are based on water fluxes from the food
46 sample to the air stream, induced by a water chemical potential (Demirel and Sandler
47 2001). The main driver of water transport is the gradient between water activity (a_w) and
48 relative humidity (Traffano-Schiffo et al. 2014). During HAD (below 100 °C), water
49 evaporation occurs on the product surface. In such cases, it is useful to couple the HAD

50 with other techniques to increase removal of the water. MW irradiation is the technique
51 commonly combined with HAD (Bergese 2006; Kowalski et al. 2005).

52 In Europe, the magnetrons used to generate microwaves work at 2.45 GHz. At this
53 frequency, the interactions of the photon flux with biological tissue produce γ -dispersion
54 (orientation polarisation of the water molecules). This dispersion is due to the orientation
55 and induction of dipolar molecules, resulting in the storage of electric energy and its
56 dissipation into other energies such as heat. The main dipolar molecule in orange peel
57 tissue is water (Castro-Giráldez et al. 2010; Castro-Giráldez et al. 2011a; Castro-Giráldez
58 et al. 2011b); therefore, MW heating is directly associated with the quantity and mobility
59 of the water molecules.

60 The relationship between food moisture and the a_w level is described by the moisture
61 sorption isotherm. Moisture sorption isotherms are important in shelf-life predictions due
62 to their sensitivity to moisture changes. Various mathematical models have been
63 developed to express the relationship between the a_w of the food and its moisture content
64 (Labuza 2007). Guggenheim, Anderson and de Boer developed their GAB model as an
65 improved version of the BET model for multilayer adsorption (van den Berg and Bruin
66 1981). The GAB equation effectively represents the experimental data in the a_w range
67 from 0 to 0.95 for most foods, such as corn flour, passion fruit peel, pineapple peel, dried
68 tomato pulp, pear, banana pulp, mango pulp, walnut kernels, etc. (Andrade et al. 2011).
69 The model uses three constants. Two of these were obtained from the BET representation,
70 the monomolecular moisture layer X_{w0} and the energy constant C related to the isosteric
71 heat of sorption (Q_c). The parameter C represents the binding strength of water molecules
72 to the primary binding sites on the sample surface (monolayer). The higher the values of
73 C , the stronger are the bonds between water molecules in the monolayer and the binding
74 sites on the surface of the sorbent. The third constant in the GAB model is an empirical

75 parameter, K . This parameter is a correction factor for multilayer molecules, relative to
76 the liquid phase (Quirijns et al. 2005). This physical meaning, the GAB equation predicts
77 the moisture sorption isotherms of food products over a wide range of a_w . It can also
78 describe some of the temperature effects on the isotherms. Thus, it is the preferred model
79 to fit the moisture sorption behaviour of dried orange products (Edrisi Sormoli and
80 Langrish 2015).

81 Further analysis of sorption isotherm data by application of thermodynamic principles
82 can provide important information on the energy requirements of dehydration process,
83 food microstructure, physical phenomena on the food surfaces, water properties and
84 sorption kinetics parameters (Rizvi and Benado 1984). Thermodynamic functions
85 adopted for analysis of sorption phenomena include differential enthalpy and entropy and
86 integral enthalpy and entropy. The isosteric heat of sorption, or differential enthalpy of
87 sorption, gives a measure of the water–solid binding strength (sorption energy). Obtaining
88 the isosteric heat is of great importance in the design of equipment for dehydration
89 processes. The heat of vapourisation of adsorbed water might become greater than the
90 heat of vapourisation of pure water as the food is dehydrated to low moisture levels. The
91 isosteric heat greater than the heat of vapourisation indicates that the energy of
92 interactions between the water molecules and sorption sites is greater than the energy that
93 holds the water molecules together in the liquid state. Consequently, the level of moisture
94 at which the isosteric heat approaches the heat of vapourisation of pure water is often
95 indicative of the amount of bound water in the food (Al-Muhtaseb et al. 2002).

96 A study of Fava et al. (2013) has reported that MW drying of citrus peel results in a
97 stabilised product. This product can be further converted into the dietary fibre with
98 optimal microbial, sensory and technological properties (such as water retention capacity,
99 WRC). During HAD, high temperatures or long drying periods may seriously damage the

100 product flavour, colour and nutrients, resulting in shrinkage and a decrease in the WRC.
101 MW absorption provokes the internal water heating and evaporation, greatly increasing
102 the internal pressure and concentration gradients and, thus, the effective water diffusion.
103 Consequently, the processing time is reduced, resulting in an improved product quality
104 (Igual et al. 2010). It is quite common to combine the HAD and the MW system. The hot
105 air is, by itself, relatively efficient at removing free water at or near the surface, whereas
106 the unique pumping action of microwave energy helps to remove the internal free water
107 (Schiffmann 2001). An appropriate combination of the two methods may improve the
108 efficiency and the economics of the drying process. Talens et al. (2016a) have developed
109 a thermodynamic model for hot air microwave drying of citrus peel; it explains the
110 mechanisms involved in mass and energy transport throughout the drying process in this
111 combined system. The authors have shown that, depending on the predominant
112 mechanism (shrinkage during HAD or swelling during microwaving), the samples can
113 undergo volumetric expansion or contraction. Ghanem et al. (2012) have studied the MW
114 drying characteristics of *Thompson Navel* oranges (at power levels ranging from 5 to 30
115 W/g) and the effect of MW treatment on the shrinkage and WRC. Their results show that
116 drying at low MW power (5–15 W/g) gives the maximum WRC. Bejar et al. (2011) have
117 demonstrated that the water-holding capacity increases with the increasing MW power.
118 By examining the sorption isotherms of orange peel dried using different methods, the
119 efficiency of the processes needed to stabilise this by-product might be improved. This
120 should facilitate the further recovery to utilise it as a value-added food ingredient such as
121 dietary fibre. Moreover, the analysis of microstructural changes occurring during drying
122 might help to predict the functionality of such ingredients.

123 Therefore, the aim of this work was to determine the sorption isotherms and the isosteric
124 heat of sorption of orange peel submitted to combined hot air and microwave drying and
125 to study its effect on the macrostructure and microstructure of the material.

126 **2. MATERIALS AND METHODS**

127 Oranges (*Citrus sinensis* (L.) Osbeck var Washington Navel) were bought from a local
128 supermarket in Valencia (Spain), and their peel was used for the experiments. Sixty
129 orange peel cylinders (20-mm diameter and 3-mm thickness) were obtained using a core
130 borer.

131 The size and shape of the samples were designed to resemble the small pieces of orange
132 peel left after mechanical extraction of juice and the cuts made by a hammer crusher
133 machine in the processing of orange peel. A diagram of the experimental procedure is
134 shown in Figure 1.

135 Samples were subjected to HAD and microwave-assisted air drying (HAD + MW, Figure
136 2), using a specially designed MW-air drying oven (Martín 2003) with a maximum output
137 of 2000 W at 2450 MHz. The oven was connected to a computer to register the
138 temperature of ambient air and hot air, relative humidity of the ambient air and the
139 incident microwave energy. To measure the incident and reflected energy, a directional
140 coupler with power meter was also installed in the waveguide of the magnetron and
141 connected to the computer. The microwave energy transformed to heat energy was
142 quantified following the model of Talens et al., 2016a. Two tubes (diameter of 105 mm)
143 were connected to the modified microwave, one to deliver hot air and the other for the
144 generation and application of the microwaves. The drying compartment had a Teflon
145 chamber (edge = 100 mm) and a mode stirrer to ensure a homogeneous distribution of
146 microwaves. For process control in the drying chamber, several variables were measured.
147 The air temperature was examined using a Pt100 thermocouple and air velocity, using a

148 fan anemometer (inside the Teflon chamber, before the experiment; TESTO 425
149 anemometer, precision ± 0.03 m/s).

150 For the experiments, the air velocity was 2.5 m/s, hot air temperature was 55 °C, and the
151 MW emitted energy by time or emitted power (E_{MW}) was 0, 2, 4 or 6 W/g. The MW
152 power (W/g) refers to the initial mass of the sample. The microwave energy applied
153 (determined using the IEC-test) was adjusted to avoid burning during the drying process.

154 To facilitate the mass transfer, the orange peel samples were placed on the dryer grid with
155 the flavedo side up. Four drying experiments were carried out (HAD, HAD + 2 W/g,
156 HAD + 4 W/g and HAD + 6 W/g). Three orange peels samples (triplicate) were used for
157 each drying time (5, 15, 40, 60 and 120 min) in each drying experiment. After the drying,
158 the samples were equilibrated at 25 °C for 1 h in disposable AquaLab® sample cups
159 sealed with Parafilm®, in order to eliminate the concentration profiles in samples.

160 Samples were weighed using a precision balance Mettler Toledo AB304-S (precision: \pm
161 0.001 g). Surface water activity was determined employing a dew point hygrometer
162 Decagon Aqualab®, series 3 TE (precision: ± 0.003 , dimensionless) (Decagon Devices
163 Inc., Pullman, WA, USA). Measurements were performed using structured (not minced)
164 samples; thus, the obtained a_w was considered the surface a_w . The water content of
165 representative fresh orange peel sample and the samples dried for 120 min was
166 determined. The samples were dried in a vacuum oven at 60 °C until constant weight was
167 reached (AOAC method 934.06 2000). The moisture content of the samples at the
168 intermediate stages was calculated from the weight loss during drying. Volume was
169 determined by image analysis (Sony T90, Carl Zeiss optics), using Adobe Photoshop®
170 software, obtaining the diameter and thickness of the samples in triplicate.

171 The microstructure of fresh and dried samples was analysed using Cryo-SEM. A
172 CryoACryostage CT-1500C unit (Oxford Instruments, Witney, UK), coupled to a Jeol
173 JSM-5410 scanning electron microscope (Jeol, Tokyo, Japan), was employed. The
174 sample was immersed in slush N₂ (-210 °C) and then quickly transferred to the cryostage
175 (at 1 kPa) where sample fracture took place. The sublimation (etching) was carried out at
176 -95 °C. The final point was determined by direct observation under the microscope (at 5
177 kV). Then, the sample was coated with gold under vacuum (0.2 kPa) for 3 min, with
178 ionisation current of 2 mA. The scanning electron microscope observations were carried
179 out at 15 kV, at the working distance of 15 mm and the temperature ≤ -130 °C.

180 The samples were also examined under a Leica MZ APO™ stereomicroscope (Leica
181 Microsystems, Wetzlar, Germany) with a magnification of 8× to 80×, using the incident
182 light illumination (light reflected off the surface of the sample).

183 The desorption isotherms were obtained using dynamic desorption method of Traffano-
184 Schiffo et al. (2015) and fitted to the GAB model using Equation 1 (van den Berg and
185 Bruin 1981):

$$186 \quad X_W = \frac{X_{W0} C a_w}{(1-K a_w)(1+(C-1)a_w)} \quad (1)$$

187 where X_w corresponds to the average moisture (kg_w/kg_{dm}) of orange peel, X_{W0} is the
188 monomolecular moisture layer (kg_w/kg_{dm}), C is the energy constant and K, the empirical
189 parameter (both dimensionless (Labuza 2007)) and a_w is the surface water activity.

190 For the determination of WRC, approximately 0.5 g of each sample (precision ± 0.0001
191 g) was hydrated in 20 mL of distilled water in a 50 mL Falcon tube and left overnight to
192 ensure that full hydration of the fibre. Then, the tubes were centrifuged at 1000 × g for 10
193 min (adapted from Robertson et al. 2000). The supernatant was decanted, and the tubes
194 were carefully inverted to drain the residual unbound water. The remaining pellet was

195 dried until constant weight in an oven at 100 ± 5 °C and weighed to examine the solid
196 matter losses during the draining step. The WRC was calculated as the amount of water
197 retained by the pellet ($\text{kg}_w/\text{kg}_{dm}$).

198 To determine the statistical significance of the results, an analysis of variance (ANOVA)
199 was carried out with confidence levels of 95 % ($p \leq 0.05$) and 99 % ($p \leq 0.01$) using the
200 Statgraphics Plus 5.1 programme.

201 **3. Results and discussion**

202 Figure 3 shows the changes in the moisture content throughout the time during the
203 different drying treatments. At the initial stages of drying, the samples undergoing HAD
204 + MW treatment lost the moisture faster than those submitted to HAD. Microwave
205 radiation induces the alignment of water molecules, storing some of the energy and
206 dissipating a part of it as thermal energy. In the samples with a large number of water
207 molecules, more thermal energy is produced than in materials with low moisture content.
208 Thus, the main effect of microwave irradiation is observed at the beginning of the drying
209 process. The thermal and mechanical energy levels are increased by microwaving,
210 improving the water molecule motion (increasing the free energy in the media). The
211 process boosts the levels of thermal energy available for water evaporation, reducing the
212 air internal energy losses. During the drying process, the absorbed MW energy decreases
213 with the decreasing water content (Talens et al., 2016a). The interactions between water
214 molecules and microwaves increase with the increasing MW power; however, it will be
215 diminished in samples with reduced water content. These interactions are illustrated in
216 Figure 3; after 5 min, only the maximum MW power, 6 W/g, produced strongly
217 significant effect ($p \leq 0.01$) in comparison with the remaining treatments. After 15 min,
218 significant differences between the moisture content ($p \leq 0.01$) were observed between
219 samples treated with 4 W/g and 6 W/g microwaves and the others. After 40 min, strongly

220 significant differences ($p \leq 0.01$) were seen between the samples undergoing the HAD
221 and 2 W/g drying procedures and the rest of the samples. After 60 min, no differences
222 were observed because the low moisture content of samples reduced the effect of the MW
223 energy. Also, after 60 min of drying, the results of the treatments converged to the
224 threshold of the thermodynamic properties of dry air ($a_w|^{\text{sample}} \approx \varphi|^{\text{air}}$).

225 To understand the structural changes caused by the MW treatment during the HAD, a
226 surface desorption isotherm for each treatment was obtained (Figure 4). The surface
227 desorption isotherms fitted well the GAB model adapted for dynamic measurements
228 (Traffano-Schiffo et al., 2015), with the correlation coefficients of 0.9342, 0.9182, 0.9197
229 and 0.8493 for HAD, HAD + 2 W/g, HAD + 4 W/g and HAD + 6 W/g, respectively.
230 Sorption isotherms were sorted by MW power. In Figure 4, for the same moisture value
231 the samples with MW and HAD show lower values of water activity because the
232 application of MW energy increases the drying kinetics.

233 GAB model uses three constants, the monomolecular moisture layer (X_{W0}), the energy
234 constant C (related to the Q_c , the isosteric heat of sorption) with the physical meaning and
235 an empirical constant K. The value of the empirical constant K was 0.981 ± 0.006 for all
236 drying treatments; this constant produces exponentially shaped isotherm to fit the data of
237 samples with liquid phase. This value was the same for all treatments because it depends
238 on the nature of the liquid-phase compounds; the composition of raw material was
239 identical in all cases. However, the GAB parameters with physical meaning were different
240 for each treatment; they were useful in the determination of the effect of microwave
241 energy on the final physical properties of dried product (Figure 5). As X_{W0} represents the
242 monomolecular moisture layer, the application of increased MW levels produced an
243 increase of the isosteric heat or adsorption energy of the monomolecular layer, improving
244 the surface tension of samples and thus the hygroscopicity (Talens et al., 2016b). The

245 value of the energy constant, C , also increased with the MW power. This parameter is
246 related to the isosteric heat of sorption and, therefore, to the surface tension, the ability of
247 the tissue to store adsorbed water.

248 The isosteric heat can be calculated using the punctual estimation of the parameter C and
249 the surface temperature of samples, as described in the study of Talens et al. (2016b),
250 following Equation 2 (Labuza 2007).

$$251 \quad Q_c = RT \ln C \quad (2)$$

252 where Q_c is the isosteric heat of sorption (kJ/mol), R is the ideal gas constant (J/mol K)
253 and T is the absolute temperature (K).

254 Figure 6 shows the relationship between the isosteric heat of sorption and the moisture
255 content of samples. The results (from 1 to 10 kJ/mol) were within the range reported by
256 other authors: 0 to 9 kJ/mol for spray-dried orange juice using isotherms at 20– 50 °C
257 (Edrisi Sormoli and Langrish 2015), 1.8 to 8 kJ/mol for orange peel with isotherms at 40–
258 60 °C (Bejar et al. 2011), 0.8 to 8 kJ/mol for dried banana with isotherms at 10– 40 °C
259 (Yan et al. 2008) and 5 to 30 kJ/mol for pineapple with isotherms at 20–50 °C (Hossain
260 et al. 2001).

261 Treatments using high microwave power resulted in a fast reduction in the isosteric heat
262 at the beginning of drying. However, its values, after reaching the minimum, grew
263 increasingly fast during the remaining period, to reach the highest values at the end of
264 treatment. This occurred because, at drying temperature of 55 °C, the evaporation caused
265 by chemical potential gradients of the water occurs on the surface, moving the water in a
266 liquid state through the sample. However, the MW treatment produces internal
267 evaporation (caused by the penetration depth of radiation), resulting in the internal vapour
268 fluxes and water expansion. This enlarges the pores inside the samples and the internal
269 surface area. Figure 6 shows that, at the end of drying, isosteric heat increases with MW

270 power, raising the hygroscopicity of the samples. However, the surface tension (σ)
271 represents the free energy available to join the water molecules to the solid structure
272 represented by the surface area (dG/dA). Therefore, if the isosteric heat and the internal
273 surface area increase with the MW power, then the surface tension will also increase.
274 Talens et al. (2016a) have developed a thermodynamic model to explain and quantify the
275 effect of microwaves and hot air in drying treatments. The authors analysed the coupled
276 mechanisms removing the water and producing swelling, depending on the air properties
277 (temperature, relative humidity, etc.), the surface water activity of the sample and the
278 penetration depth of microwave energy. The shrinkage/swelling effect induced by the
279 penetration depth of the microwave energy can affect the internal water/tissue properties.
280 Figure 7 shows the volume variation for the samples undergoing different drying
281 treatments.

282 The samples dried by HAD demonstrated a continuous shrinkage associated with the
283 water loss. In such samples, the internal water is transported in a liquid state to the surface
284 where it evaporates, driven by the water chemical potential gradient. After 60 min of
285 drying, the samples reach volume equilibrium associated with the convergence with the
286 thermodynamic properties of dry air ($a_w|^{sample} \approx \phi|^{air}$). In contrast, the volumes of samples
287 dried using HAD + MW varied throughout the experiment. At the beginning of the
288 treatment, a drastic reduction in the volume was observed, associated with the evaporation
289 of water from the surface. As mentioned above, at some point, the microwave irradiation
290 triggers the internal evaporation of water, coupled with the loss of surface water. These
291 internal vapour fluxes and water expansion cause the swelling (volumetric expansion).
292 At the end of the drying treatment (after 60 min), the volume equilibrium was reached
293 due to the combined effect of the vitreous transition (the glass transition moisture was
294 reached) and the small amount of water remaining in the samples (see Figure 3).

295 The WRC is the most common parameter used to characterise the rehydration capacity of
296 the fibre. However, it is difficult to increase the WRC as it is associated with several
297 mechanisms of water immobilisation (mechanical or electrical behaviour). Therefore, the
298 different mechanisms associated with WRC should be considered in strategies designed
299 to improve the fibre properties related to water interactions.

300 The aim of this study was to develop engineering tools to produce the fibre for human
301 consumption from the by-products of citrus juice industry. To achieve this, it was
302 necessary to define the physical meaning of the WRC parameter. The results of WRC
303 measurements are shown in Figure 8. The WRC values increased with the increasing MW
304 power. They were significantly ($p < 0.05$) higher for samples treated using HAD + 4 W/g
305 and HAD + 6 W/g than for HAD and HAD + 2 W/g treatments.

306 Considering the properties described above, it is possible to describe the sample
307 rehydration process by giving a physical meaning to the WRC. The hygroscopicity of the
308 sample will depend on the energy needed to adsorb water molecules and the swelling
309 capacity of the sample in its rubbery state. Figure 9 shows the isosteric heat of dried
310 samples against the WRC, for each drying treatment. The figure demonstrates that the
311 isosteric heat and the WRC increase with the increasing MW power. The isosteric heat is
312 directly related to the WRC; a rise in the energy of adsorption increases the value of
313 WRC.

314 To confirm the theory of shrinkage/swelling illustrated, at a macroscopic level, in Figure
315 7, it is necessary to analyse the microscopic deformations. Therefore, the photographs of
316 fresh and dried samples obtained using a stereomicroscope and Cryo-SEM techniques
317 were studied. Figure 10 shows fresh samples (Figure 10A), samples dehydrated by HAD
318 (Figure 10B) and by HAD + MW at three levels of MW power (after 60 min of drying; 2

319 W/g in Figure 10C, 4 W/g in 10D and 6 W/g in Figure 10E). One can see the peel tissue
320 or flavedo (F) with the epidermal and hypodermal layers that surround a massive
321 parenchyma or albedo (A) with numerous oil gland cavities or trichomes (T). The
322 micrographs of fresh samples show spherical turgid cells, and spherical trichomes are
323 visible in stereographic images (Figure 10A). The HAD samples display a general
324 shrinkage of the tissue and are compacted (low gas phase). The trichomes shrank because
325 of the peel contraction induced by the parenchymatic dehydration (Figure 10B). The
326 micrographs in Figure 10 were obtained after 60 min of drying. At this time point, the
327 samples undergoing the HAD + MW treatment showed macroscopic swelling, reflected
328 in the volume variation plots (Figure 7). This phenomenon was also observed in the
329 micrographs, which showed more gas phase in the HAD + MW specimens than in the
330 HAD samples (Figure 10 C, D and E). The trichomes were deformed (this was also seen
331 in samples treated using HAD) as a result of parenchymatic dehydration. However, these
332 trichomes kept its overall volume because they contain mostly the essential oils
333 (hydrophobic). Macroscopic swelling, shown in Figure 7 and Figure 10, was not evenly
334 distributed; it was most intense in the parenchymatic tissue (albedo). This phenomenon
335 is easier to see in Figure 11. As mentioned before, at the beginning of drying, the samples
336 underwent a drastic reduction in volume associated with the evaporation of water from
337 the surface. This caused shrinkage of the flavedo and produced a crusting effect on
338 reaching the glass transition. The strong shrinkage of the flavedo and a weak contraction
339 of the trichomes resulted in spherical, trichome-shaped bulges at the surface of the peel
340 (Figure 11C). Furthermore, the internal evaporation induced by the microwaves produced
341 swelling of the albedo, with a crisping effect at the point of glass transition. This increased
342 the area available for water adsorption, thus increasing the WRC. Talens et al. 2017

343 showed that, during HAD + MW drying of orange by-products, an increase in porosity
344 caused an increase in particle size, which improved fibre swelling capacity.

345 **4. CONCLUSIONS**

346 The desorption isotherms of orange peel dried using different treatments (HAD + MW)
347 were obtained and analysed. The results showed that the GAB model could be used to
348 predict the moisture levels using the a_w measurements. Thus, this model might become a
349 useful tool for monitoring the dehydration process of orange peel. The macrostructural
350 and microstructural transformations were demonstrated and discussed, taking into
351 account the interactions of water with the tissue. The observed shrinkage/swelling
352 phenomena clearly depended on the MW power and on the nature of the tissue. Therefore,
353 it can be concluded that combining the microwave treatment and HAD not only reduces
354 the processing time; it also generates microstructural changes in the dried tissue that
355 increase its WRC. This improves the technological properties of this stabilised by-
356 product, which will be of benefit during its further conversion into the dietary fibre.

357

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366

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483 FIGURE CAPTIONS

484 Figure 1. Schematic diagram of the experimental procedure.

485 Figure 2. Schematic description of the laboratory equipment used to dry the samples.

486 Figure 3. Drying curves for orange peel during different treatments: ●, HAD; ◆, HAD
487 + 2 W/g; ▲, HAD + 4 W/g and ●, HAD + 6 W/g. Data represent means and standard
488 deviations of experiments performed in triplicate.

489 Figure 4. Sorption isotherms for orange peel dried using different treatments.
490 Experimental points: ●, HAD; ◆, HAD + 2 W/g; ▲, HAD + 4 W/g and ●, HAD + 6
491 W/g. GAB model: —, HAD; —, HAD + 2 W/g; ---, HAD + 4 W/g and -.-, HAD + 6 W/g.

492 Figure 5. GAB model parameters. ▲, monomolecular moisture layer X_{W0} . ■, energy
493 constant (C) for isotherms of orange peel dried using different hot air–microwave
494 treatments.

495 Figure 6. Sorption isosteric heat versus the moisture of orange peel samples treated by
496 MW at different power: ●, HAD; ◆, HAD + 2 W/g; ▲, HAD + 4 W/g and ●, HAD + 6
497 W/g. The inset shows the Q_c values of dried product for the different MW power
498 treatments.

499 Figure 7. Volume variation of orange peel dried using different treatments: ●, HAD; ◆,
500 HAD + 2 W/g; ▲, HAD + 4 W/g and ●, HAD + 6 W/g. Data represent means and standard
501 deviations of experiments performed in triplicate.

502 Figure 8. Water retention capacity ($\text{kg}_w/\text{kg}_{dm}$) of orange peel dried using different
503 treatments: ●, HAD; ◆, HAD + 2 W/g; ▲, HAD + 4 W/g and ●, HAD + 6 W/g. Data
504 represent means and standard deviations of experiments performed in triplicate.

505 Figure 9. Isosteric heat of dried product versus its water retention capacity

506 Figure 10. Micrographs of fresh and dried orange peel samples (60 min of drying). (A),
507 fresh orange peel samples, 1000×; (B), HAD samples, 1000×; (C), HAD + 2 W/g, 1000×;
508 (D), HAD + 4 W/g, 200× and (E), HAD + 6 W/g, 200×. F, Flavedo; A, Albedo; T,
509 Trichomes.

510 Figure 11. Micrographs of orange peel samples (A) dried using HAD + 2 W/g for 60 min,
511 (B) HAD + 6 W/g for 60 min and (C) HAD + 6 W/g for 120 min. F, Flavedo; A, Albedo;
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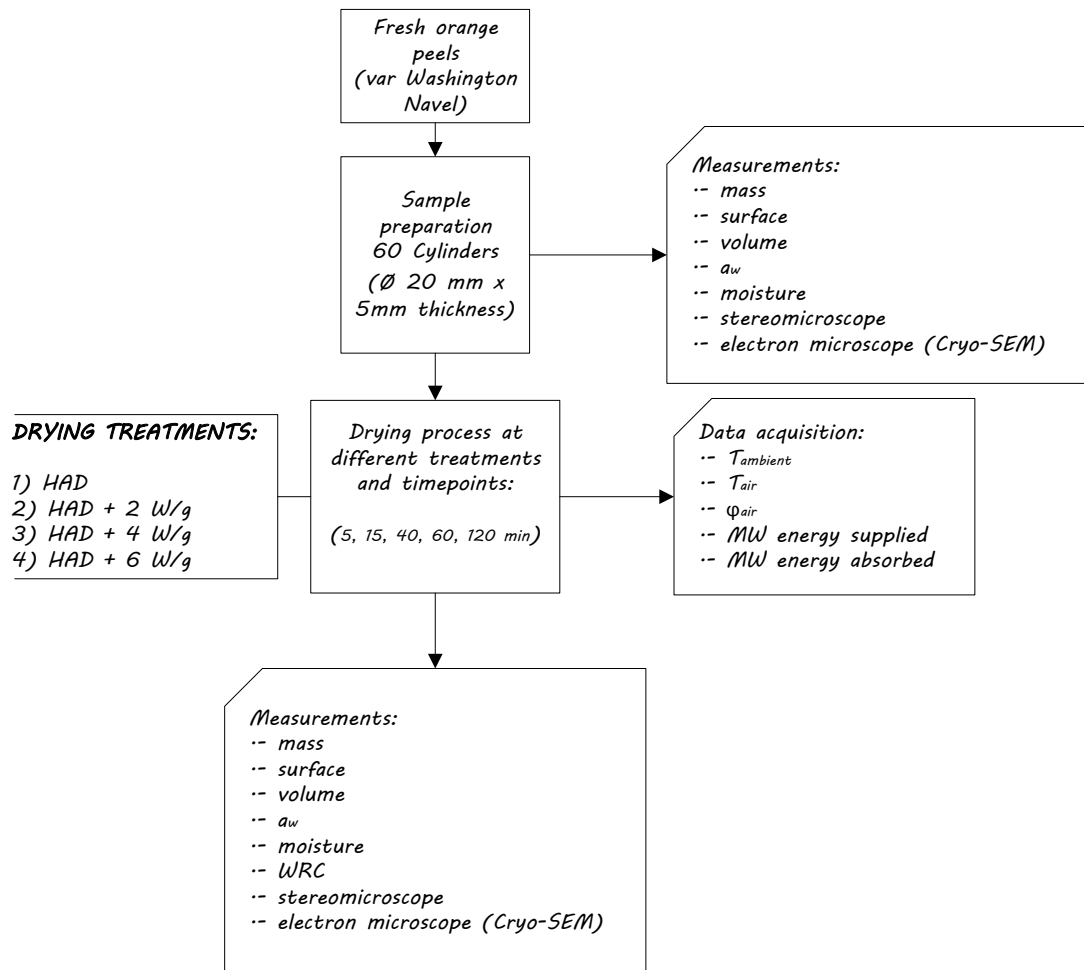


Figure 1

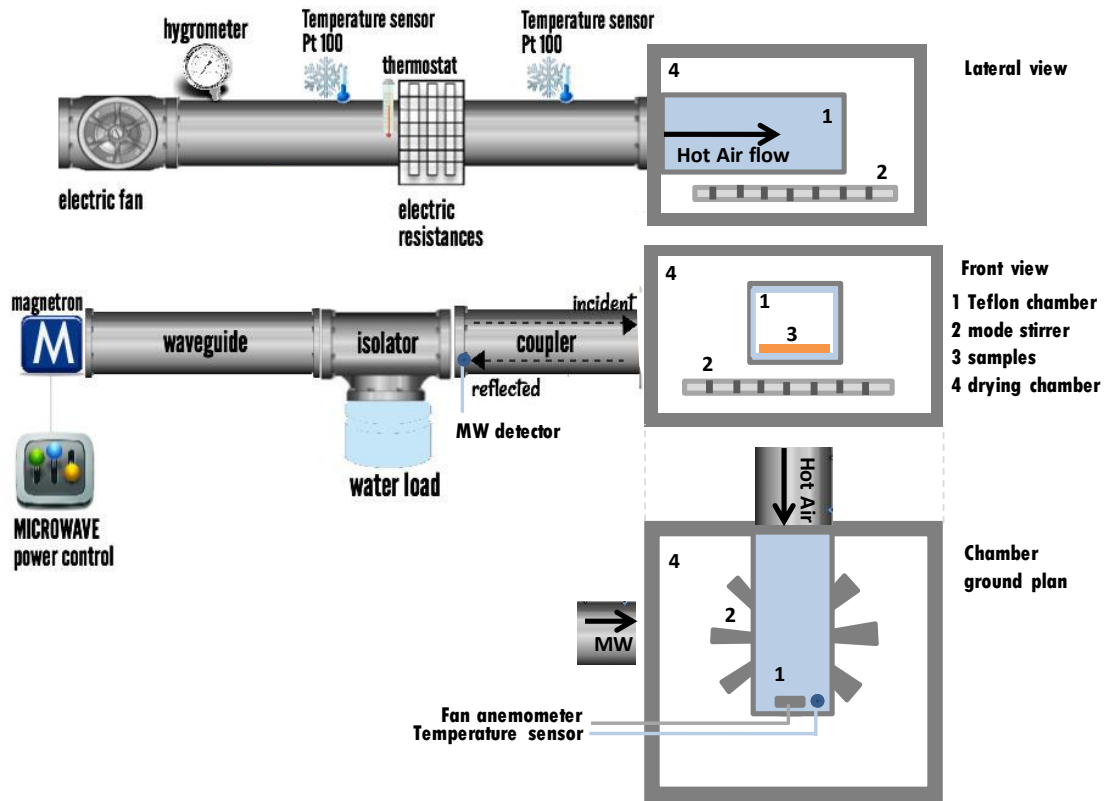


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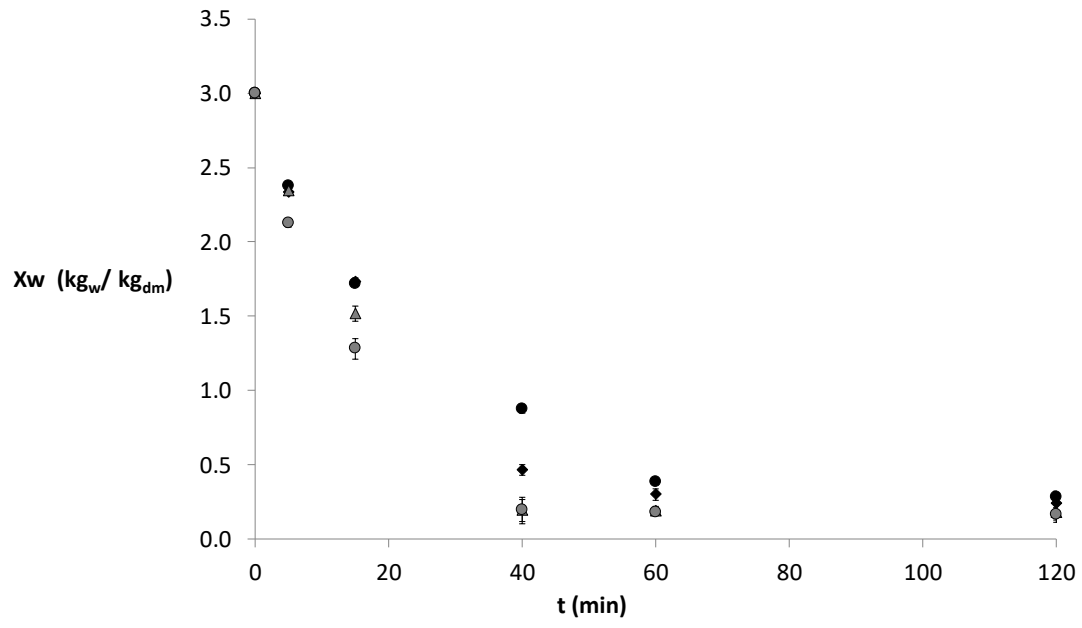


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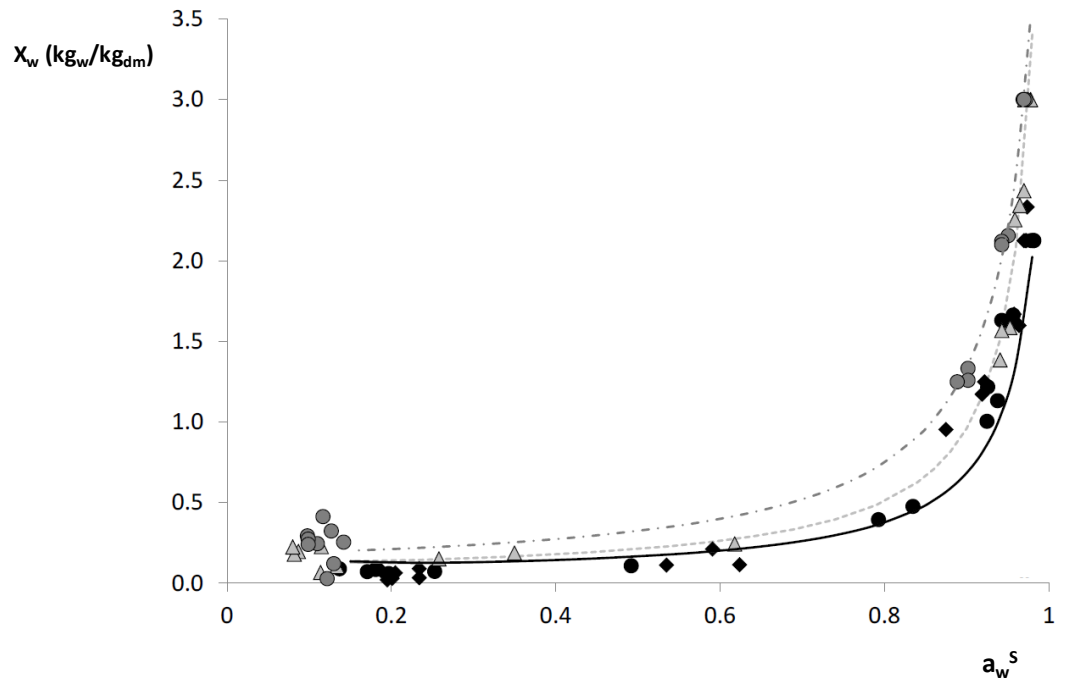


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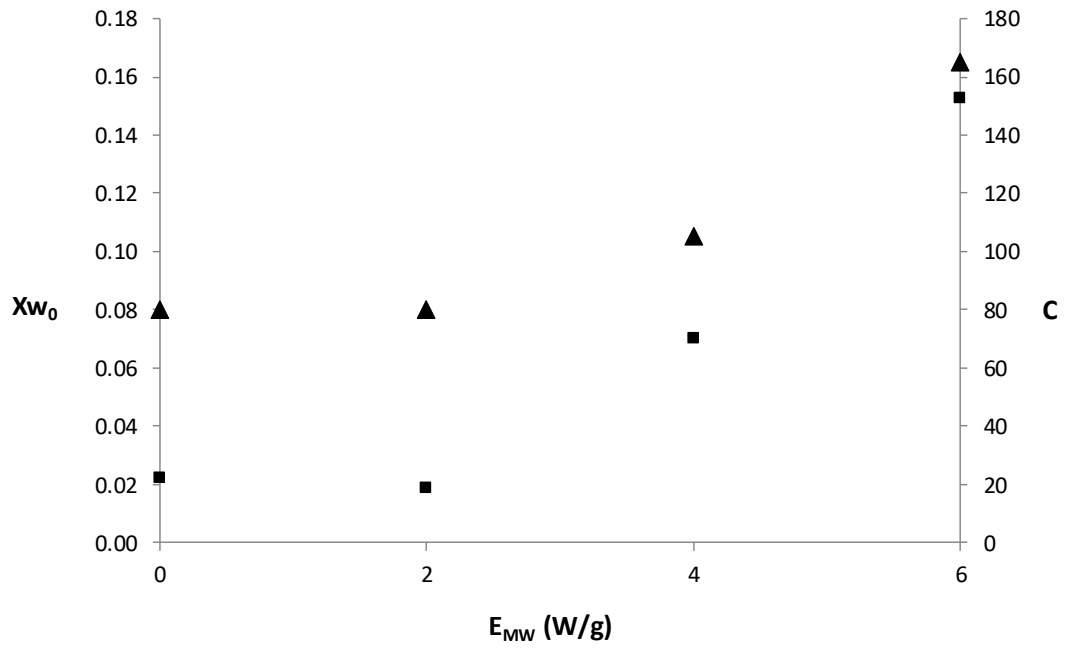


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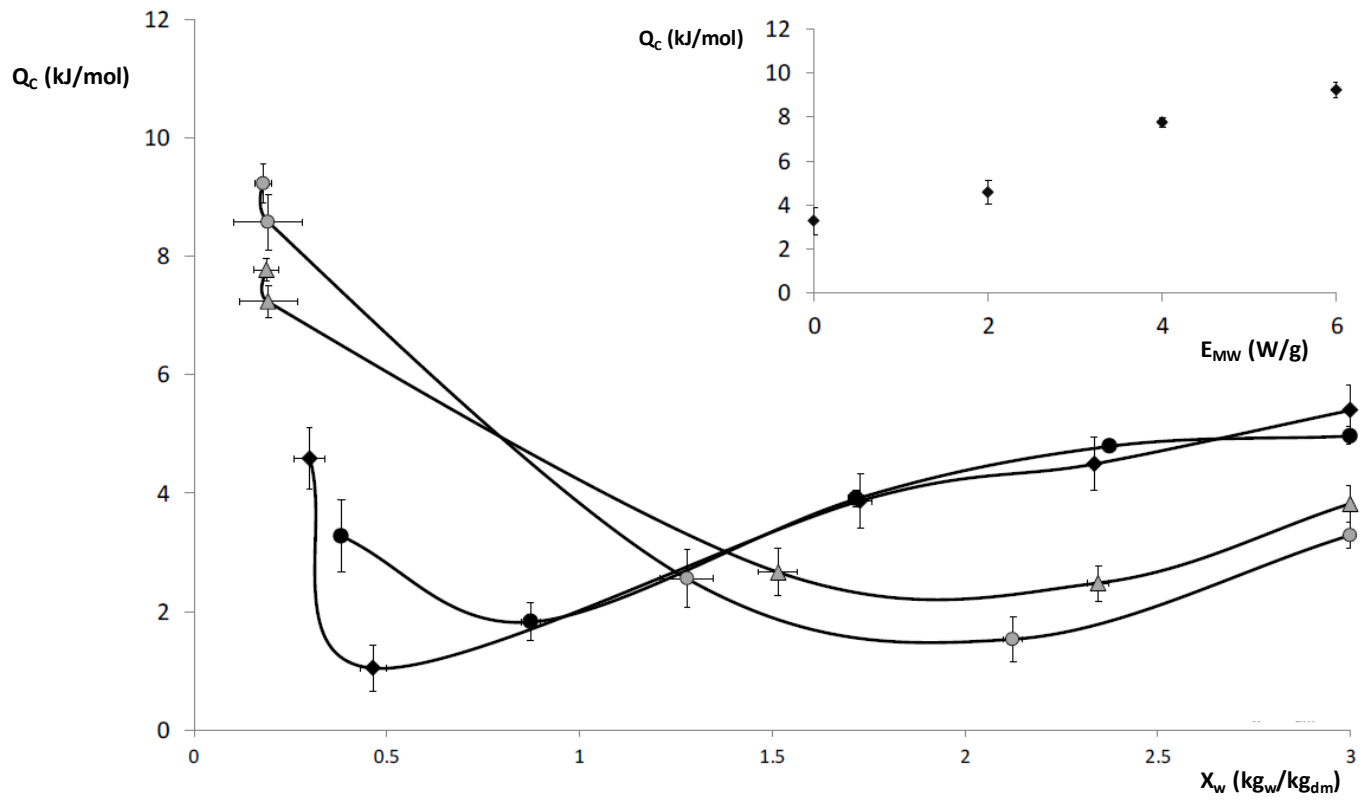


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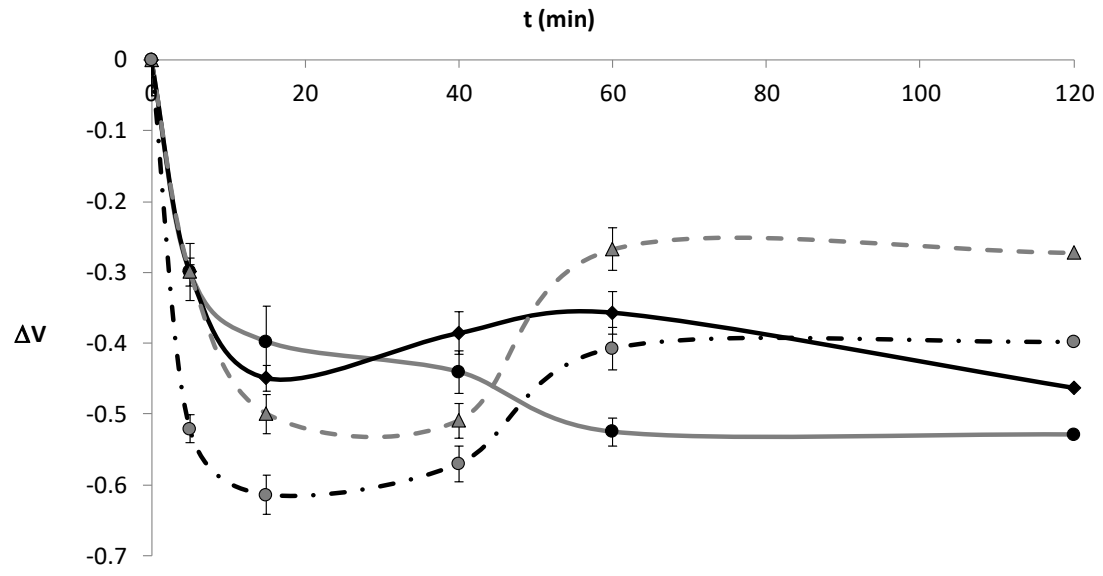


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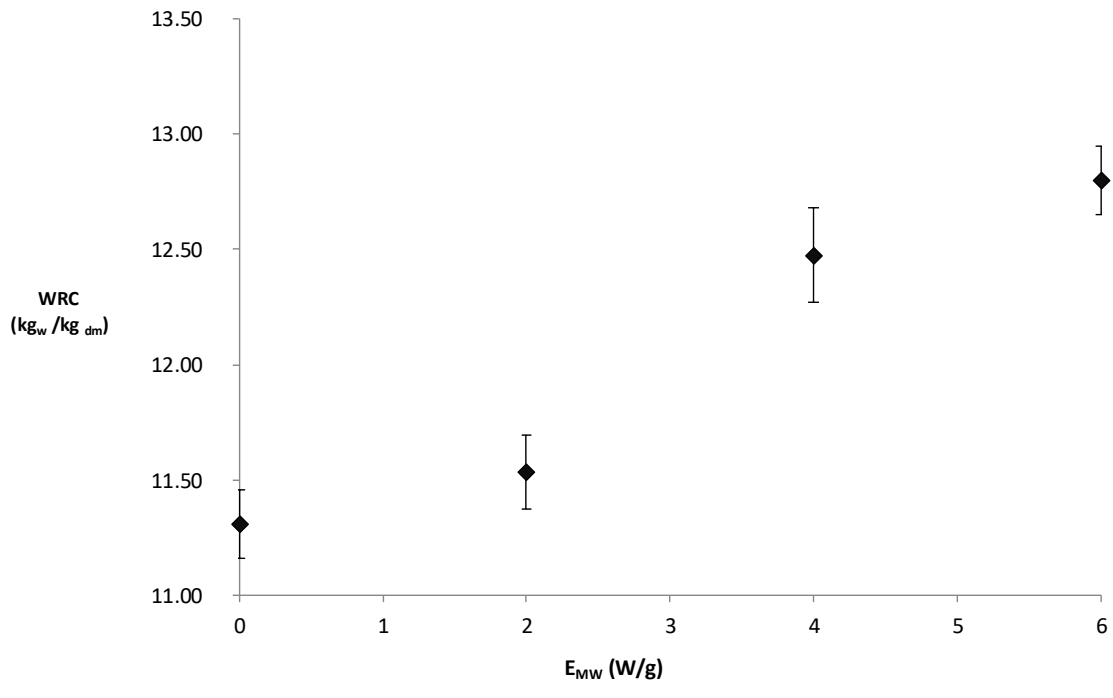


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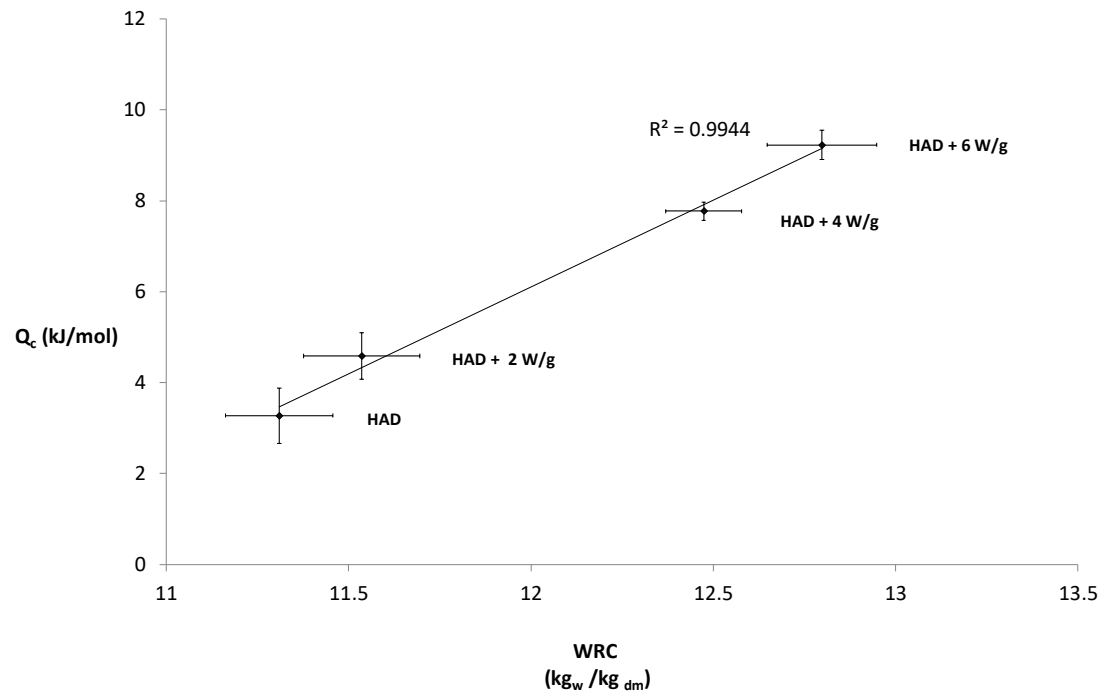


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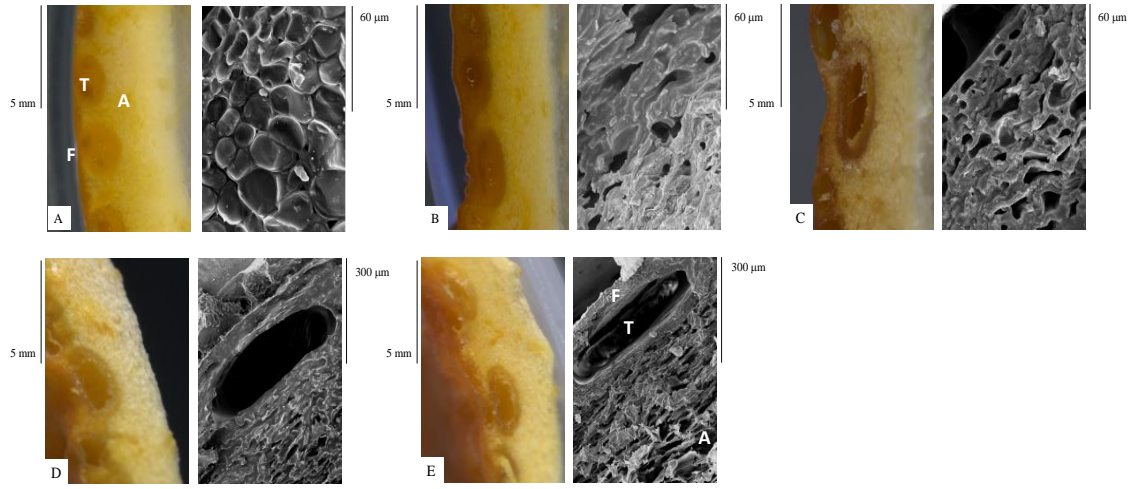


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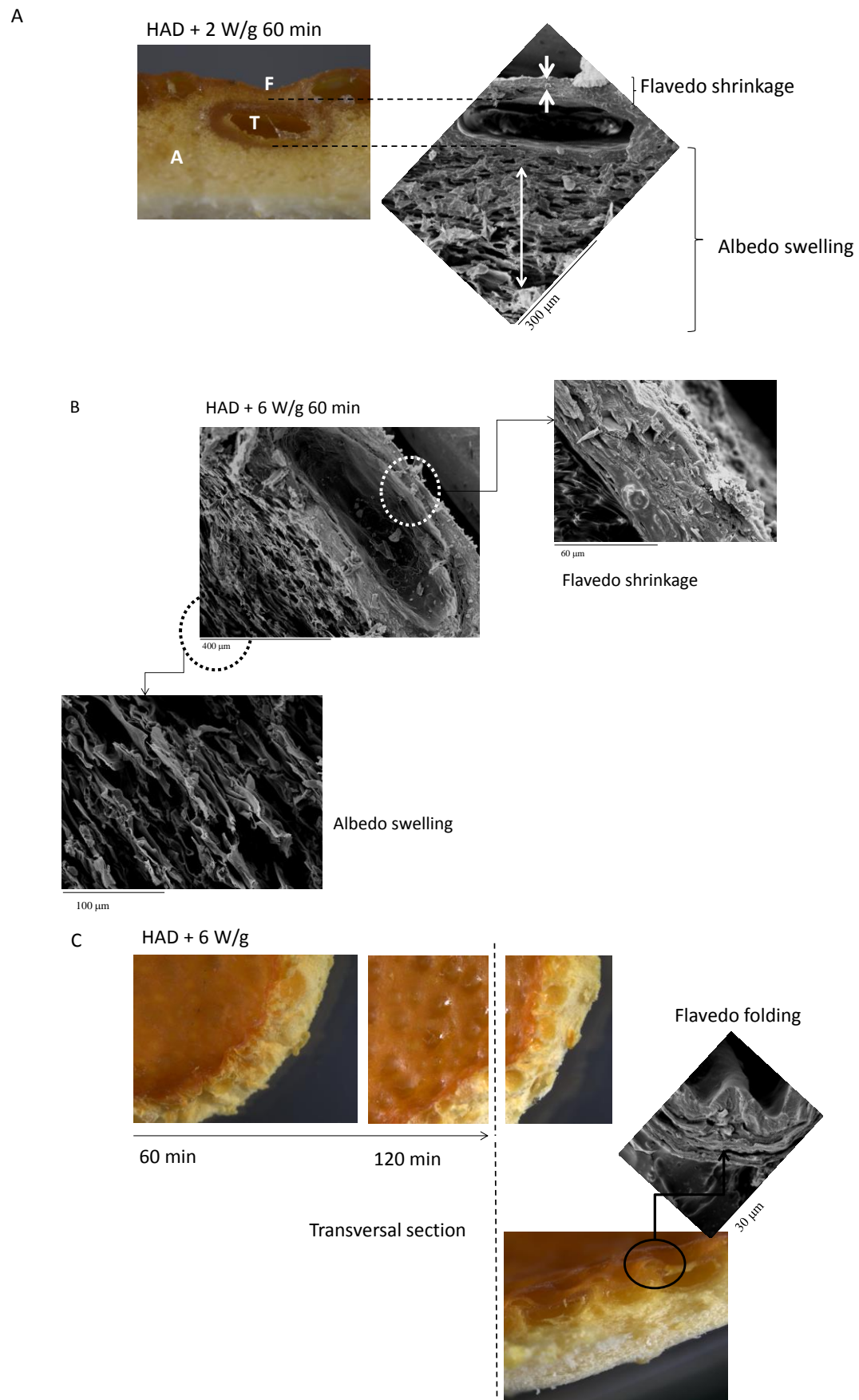


Figure 11.