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26

27

1 Abstract

2 Labor induction is a common practice to promote uterine contractions and labor onset. Uterine
3 electrohysterogram (EHG) has proved its suitability for characterizing the uterus
4 electrophysiological condition in women with spontaneous labor. The aim of this study was to
5 characterize and compare uterine myoelectrical activity during the first 4h in response to labor
6 induction drugs, Misoprostol (G1) and Dinoprostone (G2), by analyzing the differences between
7 women who achieved active phase of labor and those who did not (successful and failed
8 inductions). A set of temporal, spectral and complexity parameters were computed from the EHG-
9 bursts. As for successful inductions, statistical significant and sustained increases with respect to
10 basal period were obtained for EHG amplitude, mean frequency, uterine activity index (UAI) and
11 Teager, after 60' for the G1 group; duration, amplitude, number of contractions and UAI for the G2
12 group, after 120'. Moreover, Teager showed statistical significant and sustained differences
13 between successful and failed inductions ($1.43 \pm 1.45 \mu V^2 \cdot Hz^2 \cdot 10^5$ vs. $0.40 \pm 0.26 \mu V^2 \cdot Hz^2 \cdot 10^5$ after
14 240') for the G1 group, but not in the G2 group, probably due to the slower pharmacokinetics of
15 this drug. These results revealed that EHG could be useful for successful induction prediction in the
16 early stages of induction, especially when using Misoprostol.

17 Keywords:

18 Labor induction; Cervical Ripening; Drug effects; Surface Electromyography;
19 Electrohysterography; Signal processing; Computer-assisted signal interpretation

20 1 Introduction

21 Labor induction is now a daily obstetric routine and is performed in an ever-increasing number of
22 cases. It is indicated when the risk to mother and fetus of continuing the pregnancy outweighs that
23 of terminating it. The goal is to achieve vaginal delivery by stimulating uterine contractions before
24 the spontaneous onset of labor by promoting uterine contractions. Its use has increased significantly
25 in recent years, from 9.0% of all births in 1989 to 23 % in 2012 in the United States [1]. Labor
26 induction can last for many hours (approximately 17-20 [2]), sometimes more than 36 hours, and in
27 most cases does not ensure vaginal delivery. Indeed, almost 20% of all labor induction cases end in
28 caesarean sections [3]. Predicting the success of induction is a key aspect in improving maternal and
29 fetal well-being and reducing healthcare costs. The most common method of predicting success is
30 based on cervix assessment by the Bishop score [4], although this method is subjective with poor
31 reproducibility [5]. Other obstetric variables have been used for this purpose, such as cervical
32 length, maternal age, height, weight, parity, and birth weight [6–10]. Some of the predictive
33 capacity values given in the literature are in the area under the curve (AUC) of the receiver
34 operating characteristic (ROC) curves (0.689 for cervical length and 0.72 for cervical dilatation [8]).
35 The Bishop score and cervical length were found to achieve an AUC of 0.39 and 0.69, respectively
36 in [7] and Prado et al (2016) found an AUC=0.60 for fetal weight. Consequently, no reliable models
37 are available to predict the outcome of labor induction in clinical practice with common obstetric
38 data.

39 Monitoring uterine activity is also fundamental to determining the uterine response to induction
40 drugs, assessing maternal and fetal wellbeing and estimating the success of labor induction. In
41 clinical settings, evaluating uterine dynamics can help clinicians to estimate the progress of labor

1 and its outcome. Measuring intrauterine pressure (IUP) is the gold standard of uterine dynamics
2 monitoring. Although this technique provides a reliable measure, it is somewhat limited due to its
3 invasiveness, requiring the rupture of membranes [11]. The most commonly used method of
4 noninvasively monitoring uterine activity consists of placing a tocodynamometer (TOCO) on the
5 mother's abdomen [12]. However, this method does not provide reliable information, often
6 experiences loss of contractions [12], repositioning the sensor may be required and its interpretation
7 is highly dependent on the examiner's subjectivity .

8 Electrohysterography (EHG), the recording of uterine muscle electrical activity at the abdominal
9 surface, has emerged as an alternative technique for non-invasive monitoring of uterine dynamics.
10 EHG consists of intermittent bursts of action potentials associated with uterine contractions and
11 basal activity when the uterus is at rest. In the literature, EHG has been widely used for monitoring
12 uterine dynamics by generating TOCO-like and IUP-like signals [13–15], to differentiate between
13 labor and non-labor contractions [16–18] and term vs preterm deliveries during pregnancy
14 [17,19,20]. Figure 1 shows the main applications of EHG, at the research level, and the different
15 type of parameters employed in each case. However, few studies focus on the uterine myoelectrical
16 activity response to labor induction drugs [21,22]. In these latter, the uterine EMG signal
17 characterization is based mainly on signal amplitude and only Toth et al [22] examined the
18 possibility of predicting the success of labor induction. The question is still unclear of whether or
19 not the distribution of spectral content and complexity parameters from the EHG signal undergo
20 changes throughout labor induction by drugs (prostaglandins), and if these parameters –derived
21 from the EHG-burst -might also be used to develop tools to predict successful induction.

22 The aim of the present work was thus to characterize and compare the uterine myoelectrical
23 response of mothers administered Misoprostol and Dinoprostone, two commonly used labor
24 induction drugs, by analyzing the modifications to uterine dynamics in the first hours of the
25 induction process. For this, temporal, spectral and complexity parameters from EHG-burst were
26 calculated and a set of parameters was identified capable of distinguishing between successful and
27 unsuccessful inductions.

28 **2 Materials and methods**

29 *2.1 Signal acquisition*

30 Seventy-two recording sessions were conducted on expectant mothers with late term pregnancies
31 admitted for cervical ripening and labor induction at the *Hospital Universitario y Politécnico La Fe*,
32 in Valencia, Spain. The study adhered to the Declaration of Helsinki and was approved by the local
33 medical ethical board. The subjects were informed of the nature of the study and provided written
34 informed consent. The collected obstetric data included maternal age, body mass index (BMI),
35 parity, gestations, pre-induction Bishop score and time to achieve active labor period (Table 1).

36 The recording sessions were divided into two groups according to the drug administered for labor
37 induction: Group 1 (G1) were given a vaginal insert of 25 µg of Misoprostol (Misofar, Bial,
38 Coronado, Portugal) with repeated doses of up to four administrations every 4 hours. Group 2 (G2)
39 was given a 10 mg vaginal Dinoprostone insert (Propess, Ferring, Germany) in a single dose. The
40 success of induction has been defined in the bibliography in different ways: vaginal delivery within
41 24 hours of induction [23,24], vaginal delivery within 48 hours of induction [25] and vaginal

1 delivery at any time after induction [26]. However, when it is intended to assess the drug's success
2 in activating uterine dynamics, regardless of whether or not the induction ended in a vaginal
3 delivery, it can be considered successful if the mother reaches the active phase of labor. Both
4 groups were therefore subdivided into *induction success* and *failure* groups, according to whether
5 active labor was or was not achieved: G1S (Misoprostol-success), G1F (Misoprostol-failure), G2S
6 (Dinoprostone-success), G2F (Dinoprostone-failure).

7 The recording sessions comprised 30 minutes of basal activity (before drug administration) and 4
8 hours after drug administration. For the EHG recordings, firstly the abdominal surface was carefully
9 prepared with exfoliating gel (Nuprep, Weaver and Company, USA) to reduce skin-electrode
10 impedance. Four monopolar disposable Ag/AgCl electrodes (3M red dot 2560) were then placed
11 on the abdominal surface (Figure 2): 2 electrodes (M1 and M2) were placed supraumbilically at
12 each side of the median axis at 8 cm interelectrode distance to obtain one bipolar signal. A reference
13 electrode was placed on the right hip and 1 ground electrode on the left hip. The electrodes were
14 connected to a commercial biosignal amplifier (Grass 15LT+4 Grass 15A94; Grass Instruments,
15 West Warwick, RI) to amplify and filter EHG signals between [0.1, 30] Hz. The signals were
16 digitalized at a sampling frequency of 1000 Hz. To eliminate low- and high-frequency interference
17 and noise, the signals were additionally bandpass digitally filtered between 0.2 – 4 Hz and
18 afterwards down-sampled at 20 Hz to reduce the amount of data and computational cost, giving rise
19 to M1P and M2P preprocessed signals. TOCO signals were also recorded at the same time by a
20 Corometrics 250cx (General Electric Healthcare) commercial maternal monitor, which sent the data
21 to a PC at a sampling rate of 4 Hz. Both the EHG and TOCO signals were stored for subsequent
22 analysis.

23 2.2 Data analysis

24 A bipolar EHG signal (M1P-M2P) was first computed to reduce common mode interference. EHG-
25 bursts associated with uterine contractions were then manually segmented in the bipolar signal
26 using the following criteria: significant increase in amplitude and/or frequency in comparison to rest
27 activity, EHG-burst with a minimum duration of 30 seconds with no evidence of artifacts.

28 To characterize the uterine myoelectrical uterine state, a set of temporal, spectral and complexity
29 parameters were computed from EHG-bursts. Uterine dynamics is clinically monitored using
30 tocographic techniques, which consist of measuring the increase in pressure resulting from the
31 shortening of uterine muscle fibers during contraction that provide information on the amplitude,
32 duration and frequency of uterine contractions. The temporal parameters duration, peak to peak
33 amplitude and number of contractions (NCT) were thus extracted every 30 minute, since this
34 information is more familiar to obstetricians in labor management.

35 On the other hand, EHG-bursts are mainly composed of two distinct frequency components: -fast
36 wave low (FWL), a low frequency component associated with EHG propagation and -fast wave
37 high (FWH), a high frequency component related to uterine cells excitability [27]. The EHG
38 bandwidth associated with these components mainly distributes between 0.2 to 1 Hz [13], although
39 some authors consider that it can extend up to 4 Hz [28]. Many studies leave out the FWL and focus
40 on the 0.34 to 1 Hz bandwidth, to minimize breathing and cardiac interferences [13]. It has also
41 been shown that EHG-burst spectral content shifts to higher frequencies as labor approaches, in the

1 range of 0.34 to 1Hz [29]. Therefore, the following spectral parameters were obtained from the
2 power spectral density distribution (PSD) of the EHG-bursts estimated by the periodogram method:
3 mean frequency in the range 0.2-1Hz (MF) and ratio between the energy content in high (0.34-1
4 Hz) and low (0.2-0.34Hz) frequency bands (H/L ratio).

5 Since effective contractions, i.e. those leading to labor, require higher EHG-burst frequency content
6 and amplitude, two other parameters that combine information in both the time and frequency
7 domains were also computed: the Teager energy operator [30] and a novel uterine activity index
8 (UAI), the latter defined as follows:

$$UAI = \frac{App \cdot H/L \text{ ratio}}{duration} \quad (2)$$

9 Duration is used to describe UAI to emphasize the evolution of this parameter, as EHG-burst
10 duration is expected to reduce as labor approaches [31]. Higher values of both the Teager and UAI
11 parameters are considered to be associated with effective contractions.

12 As delivery approaches, myoelectrical activity becomes more predictable and less complex, some
13 authors have proposed the use of nonlinear analysis to characterize EHG signals [28,32–34].
14 Sample entropy has been shown to be a promising parameter to discriminate between preterm and
15 term labors [28] and also to assess the progress of labor [34]. As for Lempel-Ziv, Lemancewicz et
16 al 2016 found a significant difference in its value in patients who gave preterm birth in less/more
17 than 7 days. In this work, the parameters that measure the signal complexity of the EHG-burst were
18 calculated in the 0.34-4Hz bandwidth, as suggested in [28]. The parameters calculated were: sample
19 entropy (SampEn), pattern length being $m=2$ and tolerance $r=0.15$ [28,35] and binary Lempel-Ziv
20 complexity (LZ) [36].

21 Once EHG parameters were worked out in each EHG-Burst, the median values of each parameter
22 were computed for the EHG-bursts present in the 30-minute analysis window. Subsequently, the
23 mean and standard deviation of each parameter in each analysis window was calculated for all the
24 women in each group.

25 Finally, statistical tests with different null and alternative hypothesis were performed by the Mann–
26 Whitney test ($\alpha=0.05$) to determine whether there were any significant changes in the EHG
27 parameters in the first 4 hours of induction. First the analysis windows after drug administration
28 were compared with basal activity: for the EHG characteristics that show growing tendencies as the
29 induction of labor progresses, the null hypothesis indicates that the median of EHG characteristic is
30 higher than that of the basal period; for EHG characteristics that show decreasing tendencies the
31 null hypothesis indicates that the median of EHG characteristic is lower than that of the basal
32 period. Statistical differences between successful and failed inductions (G1S vs G1F and G2S vs
33 G2F), and between successful induction with different drugs (G1S vs G2S) were studied in a similar
34 way to those defined before, i.e. when median values of a group were greater or lower than those of
35 the other group.

36

1 3 Results

2 A total of 72 subjects with singleton pregnancies were enrolled in the study, of which 35 received
3 Misoprostol and 37 Dinoprostone. The obstetric characteristics and success rate of both groups (G1
4 and G2) are summarized in Table 1. No statistically significant differences were found in the
5 obstetric data between both groups (maternal age, BMI, parity, gestation, rates of vaginal deliveries,
6 rate of successful induction, time to achieve active labor period, neonatal outcomes such as arterial
7 PH and vein PH), except in the case of the Bishop score, which was significantly lower in G1 than
8 G2 ($p=0.011$), which means that onset conditions of labor induction were more unfavorable for the
9 former group.

10 Figure 3A shows a representative EHG recording from a subject administered Misoprostol, who
11 reached active labor. EHG-bursts after 4 hours from induction onset were of higher frequency and
12 amplitude and lower duration than those of the basal period. Figure 3B shows a representative EHG
13 recording of a subject induced by Dinoprostone, who also reached active labor. In this case, no
14 notable changes were observed between the EHG-bursts of the last recording period, after 4 hours
15 from induction onset, and those of the basal period, except for a slight increase in amplitude.

16 3.1 Uterine myoelectrical response to Misoprostol induction drug

17 Figure 4 shows mean values of the computed parameters for the EHG-bursts present in the 30-
18 minute analysis blocks for G1S and G1F (Misoprostol groups). In the former, EHG-burst duration
19 decreased slightly and progressively and in the latter group showed no clear trend. Regarding EHG-
20 burst amplitude, G1S exhibited higher uterine contraction intensity than G1F in every 30 m period,
21 with a sustained upward tendency throughout the recording session, from values of $159.4 \pm 47.8 \mu\text{V}$
22 in the basal period to $245.8 \pm 83.9 \mu\text{V}$ in the last 30 m period. Changes in EHG-burst amplitude
23 were less noticeable in the G1F group (from $126.0 \pm 17.5 \mu\text{V}$ to $142.0 \pm 19.9 \mu\text{V}$). NCT increased in
24 the 30 m period in both G1S and G1F.

25 Concerning spectral parameters, the MF and HL ratio underwent sustained upward trends in G1S,
26 revealing a shift of the EHG-burst spectral content towards higher frequencies as the recording
27 advanced. Being this effect not noted in G1F. The UAI parameter also exhibited an upward
28 tendency in G1S with no distinguishing evolution in G1F. Teager energy values were higher in
29 G1S (values from $0.69 \pm 0.75 \mu\text{V}^2 \cdot \text{Hz}^2 \cdot 10^5$ at basal to $1.43 \pm 1.45 \mu\text{V}^2 \cdot \text{Hz}^2 \cdot 10^5$ at the last analysis
30 window) than G1F (values from $0.36 \pm 0.23 \mu\text{V}^2 \cdot \text{Hz}^2 \cdot 10^5$ at basal to $0.40 \pm 0.26 \mu\text{V}^2 \cdot \text{Hz}^2 \cdot 10^5$ at the last
31 analysis window) in all the analysis blocks, with a tendency to rise in G1S and remain almost
32 constant in G1F, as shown in figure 4.

33 The sample entropy declined throughout the recording session for both G1S and G1F, while
34 Lempel-Ziv complexity only dropped slightly in G1S and remained almost constant in G1F. This
35 indicates that as induction progresses Misoprostol produces more organized EHG-bursts than those
36 in the basal period.

37 The EHG parameters' statistical significance ($\alpha=0.05$) when comparing values in each 30' period
38 with those of the basal period are shown in Figure 4. Sustained statistically significant changes,
39 from 90 minutes (or earlier) until the end of the recording session, were obtained for peak-to-peak

1 amplitude, NCT, MF, UAI and Teager. Additionally, H/L ratio and SampEn also showed significant
2 differences from 150 minutes until the end of the recording session.

3 Concerning the statistical test results for successful and failure groups, in Figure 4, it can be
4 observed that the peak-to-peak amplitude and Teager parameters are significantly higher for G1S
5 than for G1F (shaded triangle) in more than one analysis window. In the case of Teager, these
6 differences were sustained from 90 minutes until the end of the recording session. Teager is the
7 most promising parameter to predict the success or failure of labor induction, although further
8 studies are needed to corroborate these results.

9 3.2 Uterine myoelectrical response to Dinoprostone induction drug

10 Figure 5 shows mean values of the computed G2 parameters. Clear trends for G2S are
11 distinguishable in duration (downward), peak-to-peak amplitude (upward) and NCT parameters
12 (upward). EHG-burst duration was slightly reduced in the course of the recording session for G2S,
13 while G2F exhibited a more erratic trend. Peak-to-peak amplitude in G2S increased and G2F also
14 increased after the onset of labor induction showing mean values higher than those for G2S.

15 The spectral parameters related to the uterine myoelectrical response to Dinoprostone, the MF and
16 HL ratios, presented slightly higher values for G2S than G2F and both spectral parameters showed a
17 very slight upward tendency. Concerning UAI in G2S group, it gradually increased during
18 induction, as did G2F, but more erratically, probably due to the small number of cases involved.
19 The mean Teager energy values rose in both G2S and G2F, which could have been mainly due to
20 the rise in EHG-burst amplitude, which was more marked in the G2F group.

21 As regards the complexity parameters, sample entropy slightly decreased in G2S and G2F during
22 the first 4 hours of induction, while Lempel-Ziv complexity also marginally diminished in G2S, and
23 was somewhat erratic in G2F.

24 Significant sustained changes (see Figure 5) of the values in each 30' period with respect to basal
25 were obtained in G2S only for duration, peak to peak amplitude, NCT and the UAI EHG
26 parameters. However, groups G2S and G2F showed similar trends in the first 4h of induction and
27 none of the parameters showed sustained significant difference between the success and failure
28 groups. These results therefore suggest that the evolution of the EHG parameters during the first 4h
29 of induction may not be a good indicator of success when labor is induced with Dinoprostone.

30 3.3 Uterine myoelectrical response: Misoprostol vs Dinoprostone

31 In order to compare the electrophysiological response of both drugs, the temporal evolutions of the
32 parameters extracted for G1S and G2S throughout the first 4 hours of induction are depicted in
33 Figure 6. In both groups duration and peak-to-peak amplitude values decreased and increased,
34 respectively. Nonetheless, in the Misoprostol group, amplitude gradually increased at the onset of
35 labor induction, followed by a plateau after 150 minutes. The amplitude of the successful
36 Dinoprostone group increased shortly after drug administration, presented a plateau from 60 to 150
37 minutes and then rose until the end of recording. NCT also showed increasing trends in both groups
38 throughout the recording session, with mean values slightly higher for G2S than G1S.

1 With reference to the spectral parameters, pronounced upward trends were observed in the G1S MF
2 and HL ratio, with slightly higher mean values in the Misoprostol group. Indeed, MF exhibited
3 statistically significant differences between G1S and G2S 4 hours after induction onset (Figure 6).
4 UAI increased in both G1S and G2S, but G1S showed a higher growth rate 2h after drug
5 administration. Similarly, G1S presented higher values for Teager energy than G2S from 90
6 minutes after induction onset until the end of the recording session, with similar trends to those of
7 amplitude in both groups. In the complexity parameters, sample entropy showed a downward
8 tendency for both the G1S and G2S groups, a steeper slope in G1S than G2S and LZ exhibited an
9 apparent downward trend only for G1S.

10 **4 Discussion**

11 Induced labor is associated with longer hospital stays and a higher caesarean rate than spontaneous
12 labor and therefore needs more resources, due to more complications, such as uterine hyper-
13 stimulation and fetal heart rate anomalies, which could lead to a caesarean section [37]. Therefore,
14 predicting the success of labor induction in the early stages is a key aspect in planning better labors
15 in order to reduce maternal-fetal risks and healthcare costs. Obstetric parameters have been
16 previously used to predict labor induction success, including maternal-fetal characteristics and
17 cervical status such as maternal age, height, weight, birth weight, cervical length and Bishop score,
18 among others [6–8], although not with a high degree of accuracy. Several studies have indicated
19 that EHG could be useful in identifying the efficiency of uterine contractions due to the fact that
20 term or preterm labor EHG-bursts differ from non-true labor bursts [19,20,28,38]. However, few
21 efforts have been made to analyze the uterus' electrophysiological response to drugs during labor
22 induction and none at all in predicting its success using spectral and complexity parameters
23 extracted from the EHG-burst. In the present work, the myoelectrical response of the uterus to two
24 commonly used cervical ripening drugs was analyzed to explore the possibility of predicting labor
25 induction success in the first 4 hours by EHG parameters. For this, EHG recordings were made
26 during induction and a series of temporal, spectral and complexity parameters were computed to
27 determine those parameters that could be useful for predicting induction success.

28 Firstly, our results revealed that, with Misoprostol as the labor induction drug, differences in the
29 uterine myoelectrical response of successful and unsuccessful inductions can be identified in the
30 first 4 hours of induction. These differences were shown not only by the increased EHG-burst
31 amplitude and number of contractions (EHG-burst) with respect to basal activity in successful
32 inductions, but also a shift of the spectral content toward higher frequencies. This was not observed
33 in failed inductions. They could thus be used as input parameters (alone or combined with
34 traditional obstetric parameters) to design a predictor system of success or failure in the early stages
35 of induction. These increases in temporal and spectral parameters are consistent with other studies
36 that compared the features of EHG-bursts during pregnancy to those in the active phase of labor
37 [11,38,39]. Moreover the increases were significant and sustained after 60-90 minutes of drug
38 administration. These results are in agreement with Arronson et al [40], in which the effect of
39 Misoprostol on uterine contractility was analyzed by calculating the Montevideo units from
40 pressure recordings. Their results showed that after 1-2 h, regular uterine contractions appear and
41 last at least up to 4 h after vaginal administration. The results are also consistent with
42 pharmacokinetic studies on Misoprostol by other authors, who found that Misoprostol plasma

1 concentration gradually increases after 400 µg administered vaginally, reaching a peak between 75
2 and 80 minutes and then gradually drops until 6 h [41]. With reference to the complexity
3 parameters, the decrease of the sample entropy values during the first 4 hours suggests that EHG-
4 bursts become more regular as labor induction progresses. This result is consistent with other
5 studies that assessed EHG complexity in other obstetrical contexts. Vhrovec et al [42] found that
6 sample entropy of the EHG signal decreased from the latent labor phase to the active phase,
7 suggesting a reduction of signal complexity. The average sample entropy values of the whole EHG
8 signal for term and pre-term delivery records drop as gestation progresses [28]. As regards Lempel-
9 Ziv, only G1S showed a non-erratic downward tendency. Nevertheless, there is no clear
10 contribution of complexity parameters to forecast labor induction success or failure in the early
11 stages of induction. In order to differentiate success and failed inductions when using Misoprostol,
12 peak to peak amplitude, NCT and UAI showed statistical differences in at least one analysis
13 window and only Teager presented sustained statistical differences. Nonetheless, the failed
14 induction group is small. A more comprehensive database may reduce the variability of the results
15 and sustained significant differences could be found in more EHG parameters.

16 In the successful Dinoprostone inductions, the duration, peak-to-peak amplitude, UAI and NCT
17 showed clear trends throughout the recording session with sustained statistically significant
18 differences with the basal period 60-120' after Dinoprostone administration. This result is
19 consistent with a pharmacokinetic study that found that the peak plasma level was achieved
20 between 60-120 minutes and the mean time to obtain sustained uterine activity was 127 minutes
21 after vaginal Dinoprostone administration [43]. Nevertheless, the parameters that evolved during
22 the first 4h of induction did not show sustained statistical differences between G2S and G2F, with
23 similar trends in both groups. A previous study found that during the first two hours after
24 Dinoprostone administration, EMG activity did not change significantly and the maximum activity
25 occurred between 2 and 8 h after this time [21]. This may explain why in the present work, the
26 EHG-burst spectral parameters in women induced with Dinoprostone did not show sustained
27 significant differences during the recording period (4h after administration). It would therefore
28 seem necessary to extend the recording time to better analyze the electrophysiological response of
29 the uterus to this drug.

30 When comparing uterine myoelectrical response in the first four hours for successful Misoprostol
31 and Dinoprostone administration, it has been observed that this response differs according to the
32 drug administered. Increasing spectral and time-frequency parameters trends and decreasing trends
33 in regularity parameters were more notable and occurred earlier for Misoprostol. These results
34 suggest that using Misoprostol as a uterine stimulation agent increases the gap junction faster than
35 Dinoprostone, and therefore the number of active cells during the EHG-burst, as well as increasing
36 the ratio of the cells excitability [38], giving rise to effective contractions in a shorter time period.
37 This may be due to Dinoprostone's dynamics being slower than Misoprostol, as has been found in
38 several pharmacokinetics studies on these drugs [41,43]. It is also noteworthy that the Misoprostol
39 group required a shorter time to achieve active labor than the Dinoprostone group (15.8 h and 18.0
40 h for G1 and G2 respectively), even when the cervix state of the subjects induced with Misoprostol
41 was more unfavorable (Bishop score: 1.4 ± 1.1 for G1 group vs. 2.2 ± 0.9 for G2 group).

1 To sum up, the traditional uterine dynamics monitoring parameters such as NCT and duration are
2 not by themselves able to determine the success of labor induction. Our results suggest that the
3 combination of both the shift in the spectral content and the increment in the signal amplitude e.g.
4 Teager energy, could be useful to identify successful inductions from a pharmacological point of
5 view. In this regard, the relatively slow Dinoprostone dynamics needs a longer recording time to
6 detect changes in the parameters to distinguish between success and failure. Nonetheless, a larger
7 database, especially with a higher number of failed induction records than in the present study, is
8 required to corroborate these results. In this context, it could be necessary to implement tools such
9 as SMOTE and ADASYN to deal with the unbalanced data problem. Implementing predictor
10 systems with different classification techniques and choosing the best prediction system would then
11 be the next step in EHG labor induction studies.

12 It would also be interesting to study the capability of differentiating labor induction outcomes, i.e.
13 vaginal deliveries vs caesarean deliveries. In this scenario, there are external factors unrelated to
14 uterine contractile activity that could lead to a caesarean section, such as loss of maternal-fetal well-
15 being or pelvic-fetal disproportion. The EHG parameters would thus not be able to predict labor
16 induction outcomes on their own. In this matter, an expert system would need to be developed that
17 combines both obstetric and EHG information.

18 **5 Conclusions**

19 The uterine myoelectrical response of mothers induced with Misoprostol and Dinoprostone was
20 analyzed and compared by calculating the temporal, spectral and complexity features of EHG-
21 bursts. Successful inductions by Misoprostol were associated with earlier effective contractions,
22 with the EHG-bursts showing a remarkable increase of amplitude and shift of their spectral content
23 towards higher frequencies at about 60-120 minutes after administration. In the subjects
24 administered Misoprostol, the following parameters exhibited the different behavior of successful
25 and failed inductions and could potentially be used for predicting success: peak-to-peak amplitude,
26 MF, UAI and Teager. This latter also presented significant and sustained differences between
27 success and failed inductions. With Dinoprostone, the parameters that showed sustained changes 4
28 h after induction (duration, NCT and UAI) could not differentiate between successful and failed
29 inductions due to the slower Dinoprostone pharmacokinetics. A longer recording time would
30 therefore be required for mothers given this drug in order to observe changes in the EHG-burst
31 characteristics. Finally, these results indicate that it could be possible to use EHG parameters for
32 prediction purposes and suggest that they could provide other valuable information on the
33 myoelectrical state of the uterus during labor induction.

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