

# New model for the rehydration characteristics of white yam at different temperatures

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#### Abstract

A new model describing the variation in the rehydration ratio with rehydration time for yam slices is presented here. Also presented, is a new model for the rehydration kinetics of yam slices. Mass and moisture content rehydration data were collected while rehydrating 3.0 mm thick dehydrated yam slices. Regression analysis established that the mass rehydration data better fitted a two-term exponential equation rather than a second-order polynomial equation. Also, for the rehydration kinetics, the moisture content rehydration data was better fitted to a new empirical model rather than the Weibull, Peleg, and Exponential models.

**Keywords:** Rehydration Ratio Models; Rehydration kinetic models; Yam; Weibull, Peleg, and Exponential models.



#### 1. Introduction

White yams (*Dioscorea rotundata*) are very nutritious and are an excellent source of energy and dietary fiber <sup>[1,2,3,4,5,6]</sup>. Yams are eaten routinely and they constitute a dominant portion of the standard diet for many people. They are used, worldwide, in many different recipes. For this reason, there is a need for these commodities to be transported to the many locations where they are consumed. However, they are heavy, constituting of at least 70% water. Dehydrating yams like most foods and agricultural products are becoming an essential method of processing before being shipped to where they will be consumed. Dehydration is also performed for preservation purposes.

The dependence of many dehydrated food and agricultural commodities in the present marketplace is increasing as this is a means of extending the length of time that the products may be stored without becoming unfit for future use. Rehydration operations, therefore, are gaining importance as these dried products will need to be rehydrated before use. There is, therefore, need to understand the issues relating rehydration operations concerning the design and the operations of these processes.

Mathematical modeling has been useful in the study, design, optimization, and operations of these rehydration processes [7, 8]. This study involves investigating the rehydration kinetics and estimating other rehydration characteristics of the dehydrated products.

The models that have been used to study the rehydration characteristics of foods are the Peleg model <sup>[9]</sup>, the Weibull distribution model <sup>[10, 11, 12]</sup> and the exponential model <sup>[9, 13]</sup>. However, for accurate use of these models, more knowledge, in addition to the rehydration data and knowledge of some physical parameter(s) of the product being studied, is required. For the Peleg, <sup>[14]</sup>, Weibull distribution and Exponential models knowledge of the initial moisture content before rehydration is required. For the Exponential model, the equilibrium moisture content also, needs to be known; and for the Weibull model, knowledge of scale and shape parameters of the samples are required <sup>[15]</sup>. Presented in this study is a new rehydration model for yam that requires only the moisture content rehydration data, and a comparison of all the four (4) rehydration models are performed.

### 2. Materials and Methods

#### 2.1 Sample Preparation

White yam tubers acquired from the local market were washed, peeled, cut into 3 mm thick slices. The slices were dried in a Refractance Window<sup>TM</sup> dryer until the moisture content was about 0.03g-water/g-solid. The dehydrated samples were kept in air-tight polyethylene bags and stored in a refrigerator until further use in the rehydration experiments.

# 2.2 Rehydration experiments

The dried samples were brought to room temperature before starting the rehydration experiments. Rehydration of the samples was done in 250-mL beakers filled with distilled water. The beakers were immesed in a thermostatically controlled water bath, and each set of experiments was performed at 27 °C, 40 °C, 60 °C and 80 °C ( $\pm 0.5$  °C). Approximately 3.75  $\pm$  0.25g was immersed in 100 ml of distilled water for periods of 10, 20, 30, 40, 50,

60, 80, 100, 120, 150, 180, 210 and 240 minutes. The temperature of the water inside the beakers was determined with a thermocouple. A perforated plexiglass cup was used to cover the samples to ensure they were entirely immersed in the water in the beakers during rehydration. After rehydration, the water was drained from the flask, and excess water on the samples was removed using tissue paper. The samples were then weighed. The moisture content of the samples was determined using an OHAUS moisture analyser [16]. Every experiment was done in triplicate.

## 2.3 Modelling The rehydration ratio

sample to be rehydrated.

The rehydration ratio (RR) was calculated according to equation 1.

$$RR = W_t/W_o \label{eq:wave_to_tangent} $1$$$
 where  $W_t$  is the mass of rehydrated sample at time t and  $W_o$  is the initial mass of

The rehydration ratios and rehydration times were correlated first according to the two term exponential equation of the form given in equation 2 and then with the second order polynomial equation of the form given in equation 3 [17].

$$RR = = p_1 * exp(p_2 * t) + p_3 * exp(p_4 * t)$$
 where  $p_1, p_2, p_3$ , and  $p_4$ , are constants observed from regression analysis and t is the rehydration time in minutes.

$$RR = p_{5*}t^2 + p_{6*}t + p_7$$
 3 where  $p_{5}$ ,  $p_{6}$ , and  $p_{7}$ , are constants observed from regression analysis and t is the rehydration time in minutes.

#### 2.4 Modelling The rehydration data

The experimental rehydration kinetics data were fitted to the equations 4, 5, 6 and 7 to determine the model that best describes the rehydration kinetics of the yam slices.

Peleg 
$$M_t = M_o + (t/(a+bt))$$

Weibull 
$$M_t = M_o \left[ 1 - exp(-(t/\alpha)^{\beta}) \right]$$
 5

Exponential 
$$M_t = (M_0 - M_e) \exp(ct^d) + M_e$$
 6  
New Model  $M_t = g \exp(ht) + j \exp(qt)$  7

where  $M_t$  is the moisture contents at time t,  $M_o$  is the initial moisture content,  $M_e$  is the equilibrium moisture content, and  $\alpha$ ,  $\beta$ , a, b, c, d, g, h, j, and q are constants observed from regression analysis

For quality fit, the coefficient of determination (R<sup>2</sup>), should be closest to unity while the sum of square-error (SSE), and the root-mean-square-error (RMSE) should closest to zero. The methods of estimating R<sup>2</sup>, SSE and RMSE are discussed extensively in the literature <sup>[18, 19]</sup>. In this work, the software package from Matrix Laboratory (MATLAB) was used to perform the statistical analysis.



#### 3. RESULTS AND DISCUSSIONS

# 3.1 Evaluation of the Rehydration Ratio models

Four sets of rehydration experiments were performed at rehydration water temperatures of 27, 40, 60, and 80°C. The rehydration ratio at each rehydration time was calculated according to equation 1 using the weight data obtained during the rehydration experiments. Table 1 presents the statistical parameters when the rehydration ratios were correlated with rehydration time according to equations of the form given in equation 2 and 3. Table 1 clearly indicates that the two-term exponential model fits the rehydration ratio vs. time data better than the polynomial model. For the two-term exponential equation form, the R² values were closer to unity and the SSE and RMSE values were closer to zero than the polynomial equation form. Table 2 shows the constants obtained with a 95% confidence bound, by fitting the rehydration ratio data to the exponential equation form presented in equation 2.

Table 1 Statistical Parameters for Yam when correlating Rehydration Ratios with Rehydration Time at different temperature

		<b>Exponential Equation Form</b>			<b>Polynomial Equation Form</b>		
S/N	Water Temp.	R2	RMSE	SSE	R2	RMSE	SSE
1	27°C	0.9966	0.0180	0.0032	0.9245	0.0808	0.0719
2	40°C	0.9860	0.0311	0.0097	0.9447	0.0591	0.0384
3	60°C	0.903	0.0214	0.0046	0.9420	0.0501	0.0276
4	80°C	0.9864	0.0317	0.0100	0.9803	0.0364	0.0146

Table 2 Constants For The Models Obtained By Fitting Rehydration Data The Exponential Equations and Polynomial Model For Yam Slices

S/N	Temp.	<b>Exponential Model Constants</b>	<b>Polynomial Model Constants</b>
		$p_1 = 1.921 \pm 0.052$	$p_5 = -2.041e-05 + 1.07E-05$
1	27°C	$p_2 = 0.000752 + 0.00015315$	$p_6 = 0.00813 \pm 0.002628$
1	27 C	$p_3 = -0.8875 + 0.09005$	$p_7 = 1.45 + 0.1255$
		$p_4 = -0.04318 \pm 0.00888$	
		$p_1 = 2.077 \pm 0.114$	$p_5 = -1.543e-05 \pm 7.80E-06$
2.	40°C	$p_2 = 0.0006457 \pm 0.0002971$	$p_6 = 0.006547 \pm 0.00192$
2	40 C	$p_3 = -0.6219 \pm 0.13385$	$p_7 = 1.691 \pm 0.092$
		$p_4 = -0.03468 \pm 0.017725$	
		$p_1 = 2.116 \pm 0.04$	$p_5 = -5.903e-06 \pm 5.90E-06$
3	60°C	$p_2 = 0.0008455 \pm 0.00011835$	$p_6 = 0.003884 \pm 0.0016265$
3	00 C	$p_3 = -0.4871 \pm 0.23$	$p_7 = 1.975 \pm 0.078$
		$p_4 = -0.0761 \pm 0.044295$	
		$p_1 = 2.152 \pm 0.1395$	$p_5 = -7.178e-06 \pm 4.815E-06$
4	80°C	$p_2 = 0.0009701 \pm 0.00033105$	$p_6 = 0.004868 \pm 0.0011835$
4		$p_3 = -0.3082 \pm 0.1325$	$p_7 = 1.936 \pm 1.993$
		$p_4 = -0.0285 \pm 0.0284985$	

Fig. 1 shows a plot of the variation in the experimental and the predicted (Exponential) rehydration ratio with drying time at different temperatures for white yam. The plots of the experimental and predicted rehydration ratios vs. time are observed as expected to be a good fit as expected from the regression analysis shown in Table 1.

## 3.2 Evaluation of the Rehydration kinetics models

The moisture content data obtained from the rehydration experiments were fitted to the New Model, the Weibull model, the Peleg model, and the Exponential model presented in equations 4, 5, 6 and 7. Table 3 presents the statistical results of correlating the moisture content rehydration data using the Peleg, Weibull, and Exponential and New models. For quality fit, the model chosen to best fit the rehydration kinetics of the yam slices is the one that meets the following three criteria: R<sup>2</sup> is closest to unity, and SSE and RMSE are closest to zero. While most of the models fitted the moisture content experimental data with a coefficient of variance values exceeding 0.9600, the R<sup>2</sup> for the New model was the one closest to unity for all the temperatures. For the experiments performed at 27°C, 40°C, 60°C, and 80°C, R<sup>2</sup> exceeded 0.995 for the New model.

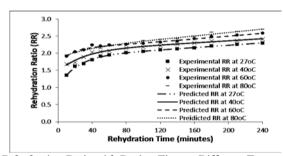


Fig. 1 Variation in Rehydration Ratio with Drying Time at Different Temperatures for white yam

Table 3 Regression constants correlating the moisture content rehydration data using Different	
Models	

Models										
S/N	Temp	Models	$\mathbb{R}^2$	RMSE	SSE	S/N	Temp	$\mathbb{R}^2$	RMSE	SSE
1	27°C	New	0.997	1.511	15.00	3	60°C	0.996	1.596	25.46
		Peleg	0.995	2.772	92.19			0.952	4.866	284.15
		Weibull	0.977	6.089	444.92			0.976	3.454	143.19
		Exponential	0.976	6.234	466.40			0.976	3.473	144.73
2	40°C	New	0.996	1.842	33.91		80°C	0.993	2.248	50.53
		Peleg	0.988	3.050	111.59	4		0.881	8.195	805.82
		Weibull	0.966	5.174	321.28			0.982	3.171	120.63
		Exponential	0.965	5.224	327.42			0.982	3.152	119.22

Also, for the temperatures considered, the SSE, and RMSE, values were the least for the New model. The implications are that the New model best fits the rehydration data among the models examined. However, the SSE, and RMSE values are large. This implies that the model should only be used in the range of process conditions studied and should not be used for predictions outside that range. The coefficients obtained by fitting rehydration moisture content data to the new model for the yam slices is presented in Table 4.



Table 4 Coefficients Obtained By Fitting Rehydration Moisture content Data to the New Model For
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Yam Slices						
S/N	Temp	27°C	40°C	60°C	80°C	
1	α	99.76	46.11	24.63	17.3	
2	β	0.5035	0.335	0.2729	0.3065	
3	a	0.1588	0.06158	0.0321	0.03559	
4	b	5.133e-3	5.282e-3	05.215e-3	4.904e-3	
5	c	-0.0935	-0.2692	-0.408	-0.4084	
6	d	0.5118	0.339	0.2757	0.3096	
7	g	136.1	154.6	164.2	176.1	
8	h	1.177e-3	8.899e-4	7.985e-4	8.05e-4	
9	J	-128.4	-116.8	-85.58	-59.72	
10	q	-0.03772	-0.06141	-0.06353	-0.03705	

To further validate that the new rehydration model best fits the moisture content rehydration data, a simple linear regression analysis was performed between the experimental and predicted rehydration values. The relationship between the experimental and predicted rehydration moisture content values is also presented in Table 5.

Table 5 Relationship Between the Experimental and Predicted Rehydration Moisture Content
Values

S/N	Temp	o. Equation	$\mathbb{R}^2$
1	27	PMC = 0.9991EMC	0.9945
2	40	PMC = 0.9997EMC	0.9962
3	60	PMC = 1.0018EMC	0.9977
4	80	PMC = 0.9998EMC	0.9925

where *PMC* is the predicted moisture content and *EMC* is the experimental moisture content

Fig 2 shows the variation in moisture content of the yam samples with time rehydrated at different temperatures.

Fig 2 Variation in Moisture contents of yam with rehydration time at 27,40, 60, and 80°C

The plots show that for any given time, the moisture content of the yam sample is higher as temperature increases. The plots show that as the rehydration temperature increases the extent of rehydration increases. In the first ten minutes, the moisture content of the yam slices for rehydration temperatures of 27, 40, 60 and 80°C are 46.69, 91.53, 120.41, and 137.87 g-water/g-solid respectively. There is a 3-fold magnitude in the moisture content of the samples rehydrated with a water temperature of 80°C over the moisture content of sample rehydrated at 27°C. However, after about 240 minutes, the difference in the magnitude of the moisture contents decreases; the moisture content ranged from 179.02 - 212.60 g-water/g-solid for rehydration done in the temperature range of 27 -80 °C.

#### 4 Conclusions

White yam (*Dioscorea rotundata*) slices, 3.0 mm thick, were dehydrated in a Refractance Window<sup>TM</sup> dryer. The dehydrated yam slices were rehydrated at 27, 40, 60 and 80°C. Mass and moisture content variation data with time were collected. By fitting the mass



rehydration data to rehydration ratio models and the moisture content rehydration data to rehydration kinetics data, the following are the conclusions,.

The two-term exponential equation fits the rehydration ratio variation data better than the second order polynomial equation proposed by Singh and Pandey<sup>[17]</sup>. For the rehydration temperatures considered, the R<sup>2</sup> values for the two-term exponential equation were closest to unity in all cases. For the samples rehydrated at 27, 40, 60 and 80°C, R<sup>2</sup>, for the two-term exponential equations was 0.9966, 0.9860, 0.9903, and 0.9864 respectively as opposed to 0.9245, 0.9447, 0.9420 and 0.9803 for the second-order polynomial equation. Also, for the samples rehydrated at 27, 40, 60 and 80°C, the root-mean-square-error (RMSE) were 0.0180, 0.0311, 0.0214 and 0.0317 respectively and the sum-of-squared-error (SSE) were 0.0032, 0.0097, 0.0046 and 0.0100 respectively. All the RMSE and SSE values are close to zero.

When rehydrating the slices, the mass (Fig. 1) and moisture content (Fig. 2) values reached higher values for the same rehydration time as the temperature increased. The rehydration ratio and moisture content for the slices rehydrated at 80°C were about 50% higher for samples rehydrated at 27°C after ten minutes.

For the moisture rehydration data, the new model better fits the rehydration kinetics than the Peleg, Weibull and Exponential rehydration models for the process temperatures studied. Among the models investigated, the  $R^2$  value for the new models was closest to unity for all the process temperatures studied.

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