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Additional Information

1 Comparative analysis of drought and salt stress tolerance mechanisms in *Silene*

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21 Abstract

22 Comparative analyses of the responses to abiotic stress in related taxa with different degrees of
23 tolerance can provide useful information to elucidate the mechanisms of stress tolerance in
24 plants. This kind of study has been carried out in four *Silene* species, adapted to different
25 habitats in nature, which were subjected to salt and water stress treatments under controlled .
26 Several growth parameters, photosynthetic pigments, ions, osmolytes and non-enzymatic
27 antioxidants levels were determined ~~after three weeks of treatment~~. Both stresses inhibited plant
28 growth. The lowest decrease in fresh weight under salinity was observed in *S. vulgaris* while
29 under water stress conditions in *S. sclerocarpa*. Photosynthetic pigments decreased in all
30 species in response to NaCl except in the least affected by salinity *S. vulgaris*. Homeostasis of
31 K⁺ under saline conditions represents the main mechanism of salt tolerance in *S. vulgaris*.
32 Proline and total soluble sugars contents increased in leaves of stressed plants but their levels
33 did not correlate with the species' stress tolerance and therefore do not play a key role in their
34 cellular osmotic adjustment. Significant increase in malondialdehyde (MDA) was observed

35 only under water stress in *S. latifolia*, which is the species most affected by drought. Total
36 phenolic and flavonoid variations were not statistically significant or did not correlate with the
37 level of stress applied. According to the different evaluated parameters, the most salt tolerant
38 species proved to be *S. vulgaris*, whereas in our experiment *S. sclerocarpa* was the most tolerant
39 to drought. These findings are in agreement with the ecological conditions specific for these
40 taxa in their natural habitats.

41

42 **Keywords:** *Silene*, salinity, water stress, monovalent ions, osmolytes, oxidative stress

43 **Highlights**

- 44 • Responses to salinity and drought in *Silene* are closely related with species' ecology.
- 45 • Degradation of photosynthetic pigments could serve as a reliable abiotic stress marker.
- 46 • The homeostasis of K⁺ is the main defense mechanism against salt stress.
- 47 • Higher levels of proline do not correlate with higher stress tolerance in *Silene*.

48

49 **Abbreviations**

50 Caro – total carotenoids

51 Chl a – chlorophyll a

52 Chl b – chlorophyll b

53 MDA – Malondialdehyde (MDA),

54 Pro – Proline

55

56 **Introduction**

57 Soil salinity and drought are the most adverse environmental stress factors for
58 agriculture, considering the damage they inflict on crop yields worldwide; they are also
59 important because of their impact on the distribution of wild plant species in nature. Currently,
60 more than 320 million hectares of land are affected by salinity (Munns and Tester, 2008;
61 Rengasamy, 2010), and this area is expected to expand in the forthcoming years due to the
62 foreseeable effects of global climate change. Climate change will also contribute to extend the
63 surface of drought-affected areas, especially in arid and semiarid regions (ref.). The most
64 promising strategy to increase agricultural yields and food production under the present
65 circumstances would be the genetic improvement of the tolerance to salt and water deficit of
66 our major crops, by classical breeding techniques and/or genetic engineering (Fita et al., 2015).
67 To reach this goal, a deep understanding of the molecular mechanisms of abiotic stress tolerance

68 in plants is necessary, which explains why – apart from its academic interest – this is currently
69 one of the most active research topics in plant biology.

70 The vast majority of wild plants and all major cultivated species, are highly sensitive to
71 different abiotic stresses (Zhu, 2001; Lator, 2013; Rejeb et al., 2015), notably to drought and
72 salinity, although some (very few) wild taxa are adapted in nature to extremely harsh
73 environments, such as arid (xerophytes) or saline (halophytes) habitats. It is well established
74 that all plants, regardless of their tolerance to stress, activate the same series of basic, conserved
75 reactions in response to abiotic stresses such as salinity or water deficit; these responses are
76 based, for example, in the control of ion transport and ion homeostasis, the synthesis of specific
77 compatible solutes for osmotic adjustment or the activation of antioxidant systems (Zhu, 2001;
78 Flowers et al., 2010; Ariga et al., 2013). This fact justifies the use of salt and drought-sensitive
79 species, such as *Arabidopsis thaliana*, as models to explore the mechanisms of response to such
80 abiotic stresses (Sanders, 2000; Zhu, 2001; Ariga et al., 2013; Rejeb et al., 2015). Yet, the
81 relative efficiency of these responses varies widely amongst plant species, and the contribution
82 of a particular response to the stress tolerance of a given species or group or related taxa remains
83 generally unknown. Therefore, no single model can provide a general view of the mechanisms
84 of abiotic stress tolerance in plants, the elucidation of which should be based on studies
85 performed in different species.

86 *Silene* L. is one of the largest genera of flowering plants within the Caryophyllaceae
87 family. The genus *Silene* comprises 43 sections and about 700 species, and the natural
88 distributions of most of them lie throughout the northern hemisphere with two main biodiversity
89 centres: the Mediterranean region, and the south-west Asian region. However, native species
90 can also be found in North and South America, and in Africa (Bittrich, 1990; Kilic, 2009; Fawzi
91 et al., 2010; Rautenberg et al., 2012). This genus has been traditionally included in many genetic
92 and ecological studies and has a number of remarkable features. Firstly, *Silene* species vary
93 widely in terms of their breeding systems and their ecology. Secondly, several members of this
94 mainly Holarctic genus can be easily bred and have short life cycles, and are thus convenient
95 for both, experimental and field studies; in fact, some species continue to be widely used in the
96 fields of ecology and evolutionary biology. The genus has also been used for over a century as
97 a model to understand the genetics of sex determination. Other studies carried out on *Silene*
98 species include speciation, host-pathogen interactions, biological invasions, adaptation of some
99 populations to heavy-metal-contaminated soils, metapopulation genetics, and organelle genome
100 evolution (Bernasconi et al., 2009; Käfer et al., 2013; Fields and Taylor, 2014; Colzi et al.,
101 2015, Hahn and Brühl, 2016). Notably, some members of the genus hold the distinction of

102 harbouring the largest mitochondrial genomes ever identified (Sloan et al., 2012a,b; Rautenberg
103 et al., 2012). Genomic resources are now becoming increasingly available in *Silene*, which
104 makes possible to undertake genetic, quantitative genetic and molecular studies in this genus.
105 One of the strengths of *Silene* as a model system, compared with other classical model
106 organisms, is the availability of a large number of previous ecological studies which encompass
107 biotic interactions with sexually transmitted fungi, pollinators and herbivores (Bernasconi et
108 al., 2009; Hahn and Brühl, 2016; Taiti et al., 2016). Yet, even though several members of *Silene*
109 stand out from other wild species for their resistance to abiotic stress, the mechanisms of
110 adaptation at the physiological, biochemical and molecular levels are still poorly understood in
111 this genus. More specifically, information on the effects of salinity and drought on the growth
112 and development of *Silene* plants is very limited.

113 In this study, we have analysed the responses to salinity and water deficit of four *Silene*
114 species adapted in nature to different habitats. Our working hypothesis is that, when comparing
115 related taxa, the more tolerant ones will activate more efficiently those specific stress responses
116 that are relevant for the mechanisms of tolerance. Correlation of the relative tolerance to stress
117 of the investigated species with the level in stressed plants of biomarkers characteristic of
118 specific response pathways, should allow distinguishing those responses that are important for
119 tolerance, from those that are not. We have successfully used this strategy to investigate the
120 mechanisms of tolerance to drought and salinity in other genera, such as *Limonium* (ref.),
121 *Juncus* (refs.), *Plantago* (refs.) or *Phaseolus* (refs.).

122 According to the ideas above, salt and water stress treatments were applied to the
123 selected *Silene* species, under controlled greenhouse conditions. Growth parameters were
124 determined in control and stressed plants, to estimate their relative degree of tolerance to each
125 of the two stress factors – and the possible correlation with the characteristics of their natural
126 habitats. We also measured the leaf contents of some biochemical markers associated to distinct
127 stress responses: monovalent cations, photosynthetic pigments, osmolytes and antioxidant
128 compounds, to establish the response reactions most important for tolerance to each type of
129 stress, drought and salinity, in *Silene*.

130

131 **2. Material and Methods**

132

133 **2.1. Plant material**

134 The four investigated *Silene* species were *S. vulgaris* (Moench) Garcke, *S. sclerocarpa*
135 *Dufour*, *S. latifolia* Poiret, and *S. gallica* L. (Caryophyllaceae).

136 *Silene vulgaris* is an extremely variable species, occurring on sandy stands or in soils
137 with high percent of sand throughout Europe; it is frequent in the Mediterranean region, usually
138 growing on coastal sands and rocks. *Silene sclerocarpa* is representative of vegetation of semi-
139 steppe shrublands in Middle Asia and the Mediterranean; the species is appropriate for
140 xeriscaping, as it is relatively resistant to drought. *Silene latifolia* has a wide geographical range:
141 Europe, including the whole Mediterranean region, West Asia, North Africa and North
142 America, where it is an invasive species; it is present in foothills, mountains and subalpine
143 areas, also in degraded zones and as a weed in cultivated land. *Silene gallica* is native to south
144 and central Europe, it is present northwards up to Denmark, Poland and Russia, in western Asia
145 and it can also be found in North Africa; in Australia it is currently considered as an invasive
146 species. *S. gallica* usually grows in dry habitats, such as dry meadows, but also grows in waste
147 lands or in arable land areas. (***)

148 Seeds of the aforementioned species, sampled in the 'La Albufera' Natural Park,
149 (Valencia, Spain), were provided by the 'Servicio Devesa-Albufera' of the city of Valencia,
150 responsible for management of the Park.

151

152 **2.2. Growth conditions and stress treatments**

153 Seed germination, plant growth and stress treatments were performed under controlled
154 greenhouse conditions: temperatures ranging between 17°C and 23°C, a long-day photoperiod
155 (16 h light/8 h dark) with light intensity of 130 $\mu\text{E}\cdot\text{m}^{-2}\cdot\text{s}^{-1}$, and humidity between 50–80%.

156 Seeds were sown in seed trays that contained a mixture of commercial peat and
157 vermiculite (1:1). Seedlings were grown for four weeks before being transplanted into
158 individual polyethylene pots ($\text{Ø} = 11$ cm) with the same substrate and placed in plastic trays
159 (12 pots per tray). During this period, plants were regularly watered with Hoagland's nutrient
160 solution (Hoagland and Arnon, 1950). Drought and salt stress treatments were initiated one
161 week after the plants were transplanted. Control plants were watered twice weekly with 1.5 L
162 Hoagland nutrient solution per tray. Salt stress treatments were performed by adding NaCl to
163 the nutrient solution, to final concentrations of 150 or 300 mM. Water stress treatments were
164 initiated at the same time by completely ceasing irrigation. Treatments were extended for a
165 three-week period.

166

167 **2.3. Growth parameters**

168 At the end of the treatments, all plants were harvested and the aerial parts were weighed
169 individually on a precision balance. Since plants of the four species differed in size, to better

170 compare the effects of salt stress and water deficit on growth inhibition, fresh weight
171 measurements were expressed as percentages of the average values determined for the
172 corresponding non-stressed control plants, taken as 100% for each species: 5.0 g (*S. vulgaris*),
173 6.5 g (*S. sclerocarpa*), 14.8 g (*S. latifolia*) and 6.6 g (*S. gallica*).

174 Part of the fresh material was weighed (fresh weight, FW) before being dried at 65 °C,
175 until constant weight and was then weighed again (dry weight, DW). The water content
176 percentage (WC %) was calculated as:

$$177 \quad \text{WC\%} = [(\text{FW} - \text{DW})/\text{FW}] \times 100$$

178

179 **2.4. Ion content measurements**

180 Leaf concentrations of monovalent cations, Na⁺ and K⁺, were determined in stressed
181 *Silene* plants of the selected species and in the corresponding non-stressed controls. Extraction
182 of K⁺ and Na⁺ was performed according to Weimberg (1987), by heating the samples (0.1 g of
183 dried ground plant material in 25 mL of water) in a water bath for 1 hour at 95 °C, followed by
184 filtration through filter paper (particle retention 8-12 µm). Cations were quantified with a PFP7
185 flame photometer (Jenway Inc., Burlington, USA).

186

187 **2.5. Photosynthetic pigments**

188 Photosynthetic pigments in the leaves of harvested plants were quantified by the
189 acetone-extraction method of Lichtenthaler and Welburn (1983). About 100 mg of fresh leaf
190 material was ground in the presence of 20 mL of ice-cold 80% acetone and shaken for 1 hour
191 on a shaker at 4°C, to extract, chlorophyll a (Chl a), chlorophyll b (Chl b) and total carotenoids
192 (Caro). Samples were centrifuged for 15 min at 3000 x g; the supernatant was collected and its
193 absorbance was measured at 663, 646, and 470 nm. The concentrations of Chl a, Chl b, and
194 Caro were calculated according to the following equations (Lichtenthaler and Welburn 1983):

$$195 \quad \text{Chl a } (\mu\text{g ml}^{-1}) = 12.21 (A_{663}) - 2.81 (A_{646}),$$

$$196 \quad \text{Chl b } (\mu\text{g ml}^{-1}) = 20.13 (A_{646}) - 5.03 (A_{663}),$$

$$197 \quad \text{Caro } (\mu\text{g ml}^{-1}) = (1000A_{470} - 3.27[\text{chl a}] - 104[\text{chl b}])/227.$$

198 The final values were expressed in µg g⁻¹ DW.

199

200 **2.6. Osmolyte quantification**

201 Proline (Pro) content was quantified using dry leaf material according to the ninhydrin-
202 acetic acid method of Bates et al. (1973). Pro was extracted in 3% aqueous sulphosalicylic acid
203 and the sample was mixed with acid ninhydrin solution, incubated for 1 h at 95 °C, cooled on

204 ice and then extracted with toluene. Absorbance of the supernatant was read at 520 nm using
205 toluene as a blank. The Pro concentration was expressed as $\mu\text{mol g}^{-1}$ DW.

206 Total soluble sugars (TSS) were measured according to Dubois et al. (1956). Dry
207 material was ground and mixed with 3 mL of 80% methanol on a rocker shaker for 24-48 h.
208 Sulphuric acid and 5% phenol were added and mixed before absorbance readings were taken at
209 490 nm. TSS contents were expressed as 'mg equivalent of glucose' per gram of DW.

210

211 **2.7. Oxidative stress marker and phenolic compounds**

212 Malondialdehyde (MDA), total flavonoids (TF) and total phenolic compounds (TPC)
213 were determined in 80% (v/v) methanol extracts of 100 mg of dry plant material. MDA, a final
214 product of membrane lipid peroxidation and a reliable marker of oxidative stress (Del Rio et al.
215 2005), was determined as described by Hodges et al. (1999). Extracts were mixed with 0.5%
216 thiobarbituric acid (TBA), prepared in 20% TCA (or with 20% TCA without TBA for the
217 controls), and were then incubated at 95 °C for 20 min. After stopping the reaction on ice, the
218 supernatant's absorbance was measured at 532 nm. The none-specific absorbance at 600 and
219 440 nm was subtracted and the MDA concentration was calculated with the equations described
220 in Hodges et al. (1999).

221 TF were measured following the method of Zhishen et al. (1999), by reaction of the
222 methanol extracts with NaNO_2 followed by AlCl_3 at a basic pH. Although this method is often
223 assumed to measure 'total flavonoids' in the sample, in fact it only detects aromatic rings
224 bearing a catechol group, which is present in several flavonoid subclasses, such as flavonols
225 and flavanols, but also in other phenolics, for example caffeic acid and derivatives, all with the
226 common property of being strong antioxidants (Zhishen et al. 1999). To simplify, we refer to
227 the AlCl_3 -reactive compounds as 'total flavonoids' (TF) or 'antioxidant flavonoids', and
228 express their contents in 'equivalents of catechin', used as a standard (mg eq C g^{-1} DW).

229 TPC were quantified as described in Blainski et al. (2013) by reaction with the Folin-
230 Ciocalteu reagent. The extracts were mixed with the reagent and sodium carbonate and left in
231 the dark for 90 min. Absorbance was recorded at 765 nm, and the results were expressed in
232 equivalents of gallic acid, used as a standard (mg eq GA g^{-1} DW).

233

234 **2.8. Statistical analysis**

235 Data were analyzed using the program Statgraphics Centurion v.16. Before the analysis
236 of variance, the Shapiro-Wilk test was used to check for the validity of normality assumption,
237 and Levene's test for homogeneity of variance. If the ANOVA requirements were met, the

238 significance of the differences among treatments was tested by a one-way ANOVA at a 95%
239 confidence level and *post hoc* comparisons were made using the Tukey HSD test. All the means
240 throughout the text are followed by SE.

241

242 **3. Results**

243

244 **3.1. Salt stress**

245

246 **3.1.1. Growth parameters**

247 In all four investigated *Silene* species, salt stress had a negative effect on vegetative
248 growth, as indicated by the concentration-dependent reduction in the fresh weight of the aerial
249 part of salt-treated plants – in relation to the corresponding controls. According to this criterion,
250 *S. sclerocarpa* and *S. gallica* are the two species more sensitive to salt stress, showing relative
251 FW reductions of more than 70% of the corresponding controls in the presence of 150 mM
252 NaCl; under the same conditions, biomass accumulation was reduced by 50%, approximately,
253 in *S. latifolia* and *S. vulgaris*; the latter appears to be the most salt-tolerant taxon, with FW
254 reduced to about 35% of the control at the highest concentration tested, 300 mM NaCl, as
255 compared to ~ 18 – 25% for the other three *Silene* species (Fig. 1A). Salt stress caused a slight
256 (but statistically significant) dehydration of the aerial part of the four selected species. WC%
257 ranged between 90% and 92% in the control plants, and decreased by 4% (in *S. vulgaris* and *S.*
258 *gallica*) or by 10% (in *S. sclerocarpa* and *S. latifolia*) in the presence of high external salinity
259 (300 mM NaCl) (Fig. 1B). Therefore, the observed reduction of fresh weight was indeed due
260 mostly to growth inhibition, and not a mere effect of dehydration of the plants in the presence
261 of high salt concentrations.

262

263 **3.1.2. Cation contents in leaves**

264 Leaf Na⁺ contents increased in parallel to increasing external salinity, in the four
265 selected *Silene* species, although with some quantitative differences between taxa (Fig. 2A).
266 Yet, there is a good *negative* correlation between their relative degree of salt tolerance – as
267 established by the growth inhibition data – and the maximum Na⁺ levels accumulated in the
268 presence of 300 mM NaCl. In the most tolerant taxon, *S. vulgaris*, Na⁺ concentrations reached
269 about 200 μmol g⁻¹ DW, followed by ca. 220 μmol g⁻¹ DW in *S. latifolia*; on the other hand, in
270 *S. sclerocarpa* and *S. gallica*, which seem to be the most salt-sensitive species, Na⁺ accumulated
271 to higher values, from 260 to 275 μmol g⁻¹ DW, approximately (Fig. 2A)

272 In *S. vulgaris*, leaf K⁺ levels did not change significantly with increasing salinity, while
273 they decreased in response to the salt treatments in the other three studied species, although no
274 significant differences were observed between 150 and 300 mM NaCl (Fig. 2B). K⁺/Na⁺ ratios,
275 calculated from the aforementioned data, decreased in the four species with increasing NaCl
276 concentrations, with the largest relative reduction recorded for *S. latifolia* (Fig. 2C).

277

278 **3.1.3. Photosynthetic pigments**

279 Salt stress caused the degradation of photosynthetic pigments (Chl. a, Chl. b and Caro)
280 in the leaves of all the investigated *Silene* species, except *S. vulgaris* (Fig. 3). For each of these
281 taxa, the reduction in Chl a and Chl b was similar, ranging from 40% of the non-stressed control
282 in *S. latifolia*, to ca. 50% in *S. sclerocarpa*, and about 60% in *S. gallica*, which is the most
283 affected species (Fig 3, A, B). Reduction in total carotenoid levels was somewhat smaller,
284 varying from 30% of the control in *S. latifolia*, to 55% in *S. sclerocarpa* and *S. gallica* (Fig.
285 3C). In all cases, average values of photosynthetic pigments decreased with increasing salt
286 concentrations but, in general, no statistically significant differences were observed between
287 the treatments with 150 and 300 mM NaCl (Fig. 3). The response of *S. vulgaris* to the salt
288 treatments differed from that of the other three taxa, as the leaf contents of Chl a, Chl b and
289 Caro measured in the controls did no change significantly in the presence of NaCl (Fig. 3).

290

291 **3.1.4. Osmolytes accumulation**

292 Proline (Pro), one of the most ubiquitous osmolytes in plants, was found to accumulate
293 in the leaves of the salt-treated plants of all four investigated *Silene* species (Fig. 4A). In *S.*
294 *Sclerocarpa*, *S. latifolia* and *S. gallica*, Pro contents were not significantly different in the
295 controls, and increased between ~3.5-fold (in *S. latifolia*) and ~6.5-fold (in *S. gallica*) at the
296 highest salinity level tested. Here again, *S. vulgaris* behaved somewhat differently, showing a
297 much lower Pro concentration in the control plants, about 30% of that of the other three species;
298 however, the relative increase of Pro contents in the presence of 300 mM NaCl (4.7-fold) was
299 within the range observed for the other taxa (Fig. 4A). It should be pointed out that even the
300 highest Pro concentration measured – 50 μmol g⁻¹ DW in the 300 mM NaCl-treated plants of
301 *S. gallica* – was not high enough to have a relevant contribution to osmotic adjustment under
302 the applied salt stress conditions.

303 Average values of leaf total soluble sugars (TSS) also showed an increment in response
304 to salt stress, in all four *Silene* species, although the differences with the control were not

305 statistically significant in *S. sclerocarpa* (Fig. 4B). As for Pro, the highest TSS content was
306 recorded in *S. gallica* in the presence of 300 mM NaCl, reaching 67 mg eq. glucose g⁻¹ DW..

307

308 **3.1.5. Oxidative stress biomarker and non-enzymatic antioxidants**

309 Leaf malondialdehyde (MDA) contents were measured in control and salt-treated plants,
310 to estimate the level of oxidative stress. Values varied amongst the analysed species, in the
311 range from 30 nmol g⁻¹ DW (in *S. latifolia*) to 70 nmol g⁻¹ DW (in *S. vulgaris*) but, for each
312 species, they were not significantly different in stressed and non-stressed plants (Fig. 5A).

313 Total phenolics compounds (TPC) contents showed a salt-induced increase of about
314 twofold over the corresponding controls in *S. vulgaris*, *S. sclerocarpa* and *S. latifolia* leaves,
315 and of only 1.2-fold in *S. gallica*. Absolute values also varied between different taxa, at each
316 salt concentration tested, with the highest TPC contents measured in *S. latifolia* (which is the
317 species showing the lowest leaf MAD levels) and the lowest in *S. vulgaris* (the species with
318 highest leaf MAD contents) (Fig. 5B). Regarding total flavonoids (TF), the general pattern was
319 similar, as *S. latifolia* and *S. gallica* contained higher concentrations than *S. vulgaris* and *S.*
320 *sclerocarpa*; however, non-significant (in the latter two species) or slight (in the two former
321 ones) increases of leaf TF were observed in the presence of salt (Fig. 5C).

322

323 **3.2. Water stress**

324

325 **3.2.1. Growth parameters**

326 When water stress was applied over a three-week period, growth inhibition was
327 observed in the stressed plants of all four *Silene* species (Fig. 6A). The relative resistance to
328 water deficit of the different taxa was different from their relative tolerance to salinity: *S.*
329 *sclerocarpa* is the most drought-tolerant, with less than 40% FW reduction with respect to the
330 corresponding control, whereas *S. latifolia* was apparently the most sensitive to water stress,
331 with almost 70% FW reduction (Fig. 6A). The investigated species appear to be very resistant
332 to drought-induced dehydration – under our experimental conditions – as only *S. latifolia*
333 showed some reduction in WC% (ca. 25% of the control) in water-stressed plants; for the other
334 three taxa, no significant changes were detected (Fig. 6B).

335

336 **3.2.2. Photosynthetic pigments**

337 Water stress had no significant effect on the levels of photosynthetic pigments, Chl a
338 and b and Caro, in *S. sclerocarpa* or *S. gallica* (Fig. XXX). On the other hand, Chl a and Chl b

339 levels were reduced to a similar extent in *S. vulgaris* (by 42% - 45% of the controls) and *S.*
340 *latifolia* (by 51% - 54%) (Fig. XXX). Caro contents also decreased in response to water deficit,
341 but the differences observed between these two species were more pronounced, with reductions
342 of 58% of the control in *S. vulgaris* and of 31% in *S. latifolia* (Fig. XXX)

343

344 **3.2.3. Osmolytes accumulation**

345 Leaf Pro contents increased significantly in response to water deficit only in *S. latifolia*,
346 with a recorded 4.6-fold increase over the control plant concentrations (Fig. XXX). No
347 significant changes were detected in *S. vulgaris*, *S. gallica* and *S. sclerocarpa* leaves. TSS
348 increased in the leaves of the stressed plants of all selected *Silene* species except in *S.*
349 *sclerocarpa*, especially in *S. latifolia* (almost 4-fold more than in the control plants), while in
350 *S. vulgaris* and *S. gallica* the relative increase of TSS contents was only 1.5-fold (Fig. XXX).

351

352 **3.2.4. Oxidative stress biomarker and none-enzymatic antioxidants**

353 Leaf MDA contents did not display any significant change under water stress in the
354 studied *Silene* species, except for *S. latifolia*, which underwent a ~2.5-fold increase in MDA
355 levels as compared to the corresponding non-stressed plants (Fig. XXX). Control values of TPC
356 contents were higher in *S. latifolia* and *S. gallica* than in *S. vulgaris* and *S. sclerocarpa*, but no
357 clear pattern of variation in response to water deficit could be observed in the *Silene* species:
358 increases of 1.5-fold and 2.0-fold over the controls were measured in *S. vulgaris* and *S.*
359 *sclerocarpa*, respectively; a 25% decrease was observed in *S. gallica*, while no significant
360 change was detected in *S. latifolia* (Fig. XXX). Regarding TF contents, they were also higher
361 in *S. latifolia* and *S. gallica* than in *S. vulgaris* and *S. sclerocarpa* but, in contrast to leaf
362 phenolics, no significant differences were detected in control and water-stressed plants, for any
363 of the analysed taxa (Fig. XXX).

364

365 **4. Discussion**

366 Under salt and water stress conditions, plants activate a series of conserved responses
367 including the control of ion transport and homeostasis, the accumulation of specific osmolytes
368 to ensure cellular osmotic balance, or the activation of antioxidant systems to counteract
369 oxidative stress, which is a secondary effect of these (and other) abiotic stressful conditions
370 (Zhu, 2001; Flowers and Colmer, 2008; Nardini et al., 2014). In this paper, we present an
371 analysis of these responses in four *Silene* species adapted to different natural habitats and
372 therefore, presumably, with varying levels of tolerance to salinity and drought.

373 To the best of our knowledge, no reports have been published to date addressing a
374 systematic study on the mechanisms of response to both, salt and water stress in *Silene*, and the
375 knowledge on this specific topic is rather scarce (Soldaat et al., 2000; Arreola et al., 2006;
376 Franco et al., 2008; Favre and Karrenberg, 2011). For example, in studies aimed at the
377 commercial cultivation of *S. vulgaris* as an edible plant, Arreola et al. (2006) evaluated the
378 application of water stress to plants in the nursery (at the seedling stage), whereas Franco et al.
379 (2008) studied the growth rate of adult plants after transplantation to semi-arid conditions. In
380 relation to abiotic stresses, more data are available on the response of several *Silene* species to
381 heavy metals (Pyatt, 1999; Arnetoli et al., 2008; Taiti et al., 2016). High concentrations of metal
382 ions in the soil usually represent a powerful selection factor for plants, and it has been shown
383 that certain populations of *Silene armeria* (Dinelli and Lombini, 1996), *Silene paradoxa*
384 (Arnetoli et al., 2008; Martinelli et al., 2014; Taiti et al., 2016) and *Silene vulgaris* tolerate these
385 conditions by accumulating metal ions in roots, thus excluding them from aboveground organs
386 (Wierzbicka and Panufnik, 1998; van Hoof et al., 2001; Ciarkowska and Hanus-Fajerska, 2008;
387 Koszelnik-Leszek, 2012; Kaskowska and Koszelnik-Leszek, 2014).

388 Although abiotic stresses have a number of deleterious effects on plants, the most
389 general and one of the first symptoms of drought or salinity is stunted growth and reduced
390 biomass accumulation. This is due primarily to inhibition of cell elongation as a consequence of
391 decreased turgor under conditions of osmotic stress, and can be best assessed by measuring the
392 relative reduction of fresh weight, as compared to the non-stressed controls, in parallel with the
393 increasing level of external stress (Manchanda and Garg, 2008; Al Hassan et al., 2016a, b). In
394 the specific case of *Silene*, Abeli and coworkers (2015) observed that two *S. suecica* populations
395 exposed to drought compensated for the decrease in water availability by reducing growth of
396 shoots. Based on our experiments, and according to this criterion, *S. vulgaris* appears to be the
397 species most tolerant to salinity, followed by *S. latifolia*, whereas *S. gallica* seems to be the
398 most sensitive; the four species are quite resistant to salt-induced leaf dehydration, even at high
399 external salinity, with water losses below 10% in all cases. The relative tolerance of the four
400 taxa to water stress was different, with *S. sclerocarpa* as the most resistant species and *S.*
401 *latifolia* as the most sensitive; the latter taxon was also the only one showing a significant water
402 loss (about 25% of the control) after three weeks without watering the plants. These results,
403 obtained under artificial greenhouse conditions, fit well with the ecological characteristics of
404 the analysed *Silene* species. For example, the better performance of *S. vulgaris* under salt stress
405 conditions can explain the presence of populations of this species growing at sites near the
406 seashore, where higher contents of readily soluble salts accumulate in the soil (Cooper, 1997;

407 Rhind, 2015). The relative tolerance of *S. sclerocarpa* to water deficit corresponds to its presence
408 in dry habitats and is connected with limited water consumption caused by reduced stomata
409 opening and, above all, by limited growth of aboveground organs, which is counterbalanced by
410 extensive growth of the root system (Bunk et al., 2005). The higher sensitivity of *S. latifolia* to
411 water stress suggests that this taxon is not adapted to soils with low moisture content and,
412 indeed, populations of this short-lived perennial (sometimes annual) species usually grow close
413 to cultivated and irrigated land in wild areas of the Mediterranean region (Favre and
414 Karrenberg, 2011).

415 Although growth parameters are reliable and commonly used to assess the effects of
416 stress on most plant species, they can be complemented with, or even substituted for, suitable
417 biochemical stress markers, which include a large array of compounds that can be easily
418 identified and quantified in plant material, using simple, sensitive and non-destructive methods
419 (e.g. Schiop et al., 2015). Furthermore, in this and similar comparative studies, correlation of
420 the levels of specific stress markers with the relative tolerance of the selected species can
421 provide information on the mechanisms of tolerance.

422 An effective control of ion transport contributes to salt stress tolerance, and glycophytes
423 generally cope with high soil salinity by blocking the transport of toxic Na^+ ions from
424 underground (roots) to aboveground (stem, leaves) organs (Flowers, 1986). This seem to be
425 also the case in *Silene*: in the present study, all plants accumulated Na^+ in the leaves in response
426 to increasing NaCl concentrations in the pots, but the higher levels were measured in the most
427 salt-sensitive species, *S. sclerocarpa* and *S. gallica*, while Na^+ content was the lowest in the
428 leaves of *S. vulgaris*, the most tolerant species; this negative correlation indicates that inhibition
429 of Na^+ transport to the leaves is indeed relevant for salt tolerance in *Silene*. Sodium
430 accumulation is generally associated with a drop in K^+ levels, mostly due to the competition of
431 the two cations for the same membrane transport systems (ref.). (Tester and Davenport, 2003).
432 Maintaining relatively high cellular K^+ concentrations under salt stress conditions is another
433 fundamental mechanism of tolerance, as described in some halophytes, e.g., in *Thellungiella*
434 *halophila*, a salt-tolerant relative of the glycophyte *Arabidopsis thaliana* (Volkov et al., 2003).
435 In our experiments, leaf K^+ levels did not change significantly in *S. vulgaris*, in response to
436 increasing external Na^+ concentrations, which most likely also contributes to the higher
437 tolerance of this species; the decrease of K^+ contents observed in the other three species was
438 more pronounced in the most sensitive *S. gallica*. Interestingly, in the two taxa with
439 intermediate tolerance, *S. sclerocarpa* and *S. latifolia*, an increase in the average K^+ values was
440 observed in the plants treated with 300 mM NaCl, as compared to the 150 mM NaCl treatment,

441 suggesting the activation of K⁺ transport to the leaves at high salinity, which would also
442 contribute to tolerance in these species; in previous studies, we have found a similar reaction to
443 high salinity in some tolerant taxa, for example in halophytes of the genera *Juncus* (Al Hassan
444 et al. Funct Plant Biol 2016) and *Plantago* (Al Hassan et al PLoS ONE 2016). Regarding the
445 water stress treatment, no significant change in the leaf levels of Na⁺ or K⁺ was detected in any
446 of the four investigated *Silene* species, as expected (not shown).

447 Apart from growth inhibition, degradation of photosynthetic pigments appears to be a
448 reliable salt and drought stress marker since reductions in chlorophylls (a and b) and carotenoid
449 contents have been reported to closely correlate, in many different species, with the intensity of
450 the stress applied to the plants (e.g., Sairam et al., 2002; Jaleel et al., 2009; Schiop et al., 2015).
451 In the present study, the salt-induced variation in pigments contents confirmed the relative
452 tolerance of the investigated species: no significant changes with respect to the corresponding
453 controls were observed in stressed plants of *S. vulgaris*, the most tolerant species, while the
454 highest reductions were measured in the more salt-sensitive, *S. sclerocarpa* and, especially, *S.*
455 *gallica*. Under conditions of water deficit, the qualitative patterns of variation of photosynthetic
456 pigments were analogous, in the sense that no significant changes were observed in *S.*
457 *sclerocarpa*, the most drought tolerant of the four selected *Silene* species, whereas the most
458 pronounced reduction was detected in water-stressed *S. latifolia*, the most sensitive taxon.

459 Mechanisms of abiotic stress tolerance in plants involve the synthesis and accumulation
460 of different osmolytes for osmotic adjustment, including sugars (mainly sucrose and fructose),
461 sugar alcohols (e.g., glycerol, mannitol or sorbitol) and amino acids and derivatives (such as
462 proline and glycine betaine), among others (Hasegawa et al., 2000). Proline (Pro) is one of the
463 most ubiquitous compatible solutes in plants, accumulating in many species in response to
464 different stressful conditions causing osmotic stress in the plants (Ashraf and Foolad, 2007;
465 Parida et al., 2008). In addition to its osmotic effects, Pro – and other osmolytes as well – acts
466 as an ‘osmoprotectant’, directly stabilising proteins and macromolecular structures under stress,
467 and as scavenger of free radicals and other deleterious ‘reactive oxygen species’ (ROS)
468 (Hasegawa et al., 2000; Hinch and Hageman, 2004; Kavi-Kishor et al., 2005). Numerous
469 studies have shown that, in response to the same stress treatment, tolerant species (or varieties
470 or cultivars of a given species) accumulate higher Pro levels than related taxa that are more
471 sensitive to stress (see reviews by Ashraf and Harris, 2004; Ashraf and Foolad, 2007). Yet, this
472 correlation between Pro accumulation and osmotolerance is not a general phenomenon; in many
473 other cases there is no correlation, or there is even a *negative* correlation, of Pro contents with
474 the relative degree of tolerance (Ashraf and Foolad, 2007; Chen et al., 2007; Lin and Kao, 1996;

475 Liu and Zhu, 1997). The latter seems to be the case in *Silene*; in the salt treatments, the highest
476 absolute levels of Pro (and its largest relative increase over the controls) were measured in *S.*
477 *gallica*, the less salt-resistant of the analysed species, whereas the lowest contents were
478 determined in the most tolerant, *S. vulgaris*. On the other hand, no significant differences in Pro
479 contents were found between control and drought-stressed plants, except for *S. latifolia*, which
480 happens to be the species most sensitive to water deficit. Therefore, it seems that Pro is not
481 directly involved in the mechanisms of tolerance to salt or water stress in *Silene*, but it is a
482 suitable marker of the degree of stress affecting the plants which, under the same conditions,
483 will be obviously higher in the relatively less resistant species. Similar results have been
484 obtained, for example, when comparing the responses to drought and salinity of several
485 *Phaseolus* cultivars (Al Hassan et al. Int. J. Mol. Sci. 2016; Morosan et al. The EuroBiotech
486 Journal 2017)

487 Soluble carbohydrates play also an important role as osmolytes in many plants species,
488 although their possible functions in abiotic stress tolerance mechanisms is more difficult to
489 assess than for other compatible solutes; this is mostly due to the multiple biological roles of
490 sugars, as direct products of photosynthesis, metabolites precursors, major energy sources and
491 signalling molecules (Gil et al., 2011). In the present study, average values of total soluble
492 sugars (TSS) contents increased in response to salinity or drought in the four tested *Silene*
493 species, and the differences with the corresponding controls were statistically significant in all
494 cases except in *S. sclerocarpa*. Yet these data do not allow confirming the possible participation
495 of soluble carbohydrates in stress tolerance of *Silene*, as no clear correlation could be
496 established between the observed changes and the relative tolerance of the studied species.
497 Fractionation of the extracts and identification and quantification of individual sugars will be
498 required to prove this point.

499 As mentioned above, different abiotic stresses, including drought and salinity, generally
500 cause oxidative stress as a secondary effect. One of the symptoms of oxidative damage is cell
501 membrane degradation, and MDA, which is a product of membrane lipid peroxidation, is
502 considered to be an excellent marker of oxidative stress (Del Rio et al., 2005). However, no
503 significant increase in MDA was detected in salt-treated plants, in any of the *Silene* species,
504 indicating that they were not affected by salt-induced oxidative stress. A similar situation was
505 observed in response to water stress treatments, except that MDA levels did increase
506 significantly in *S. latifolia*, the species most sensitive to drought. These results suggest that
507 possible mechanisms of tolerance based on the activation of antioxidant systems are not

508 relevant in this genus. In agreement with this idea, the changes observed in the levels of total
509 phenolic compounds or antioxidant flavonoids, in response to the stress treatments, were non-
510 significant, very small or did not correlate with the relative tolerance of the plants. In
511 many other species, however, there is overwhelming evidence that these secondary metabolites
512 participate in the mechanisms of tolerance to practically all types of abiotic stress (Gould and
513 Lister, 2006; Di Ferdinando et al., 2014; Bautista et al., 2016) due to their strong antioxidant
514 character and ROS scavenging activity.

515 In conclusion, the studies reported here demonstrate that, amongst the investigated
516 *Silene* species, *S. vulgaris* and *S. gallica* are the most tolerant and the most sensitive,
517 respectively, to salt stress, whereas *S. sclerocarpa* is the most resistant and *S. latifolia* the most
518 sensitive to drought. This behaviour in response to controlled stress treatments fits well with
519 the characteristics of the natural habitats of the different species. Tolerance to both stresses
520 appears to be due, in part, to a strong resistance to salt- and drought-induced leaf dehydration,
521 and is negatively correlated with the degradation of photosynthetic pigments, chlorophylls and
522 carotenoids. The functional osmolytes participating in the mechanisms of tolerance in *Silene*
523 have not been identified, but do not include proline, a compound that can be considered as a
524 reliable stress biomarker in this genus. Tolerance to high salinity, specifically, seems to largely
525 dependent on mechanisms blocking the transport of toxic Na⁺ ions to the aerial part of the plants
526 and maintaining relatively high leaf K⁺ concentrations in the presence of salt.

527

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532

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