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Lago, MA.; Rupérez Moreno, MJ.; Martínez Martínez, F.; Martínez-Sanchis, S.; Bakic, P.; Monserrat, C. (2015). Methodology based on genetic heuristics for in-vivo characterizing the patient-specific biomechanical behavior of the breast tissues. *Expert Systems with Applications*. 42(21):7942-7950. <https://doi.org/10.1016/j.eswa.2015.05.058>



The final publication is available at

<https://doi.org/10.1016/j.eswa.2015.05.058>

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# Methodology based on genetic heuristics for in-vivo characterizing the patient-specific biomechanical behavior of the breast tissues

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## Abstract

The accuracy of patient-specific biomechanical models of the breast is a major concern for applications such as surgical simulation, surgical guidance or cancer diagnosis. Being able to predict the localization of a lesion depends on the realism of the chosen model. However, the elastic parameters that define the biomechanical behavior of the breast tissues are highly variable among patients and their estimation becomes a very difficult task. This behavior is usually simulated with hyperelastic biomechanical models of the breast tissues. This paper presents an iterative search algorithm based on genetic heuristics which is able to estimate the elastic constants of a biomechanical model proposed to characterize the behavior of the breast tissues. Moreover, this methodology does not depend on the chosen biomechanical model. The algorithm was validated using breast software phantoms, compressed to mimic MRI-guided biopsies. The biomechanical model chosen to characterize the breast tissues was an anisotropic neo-Hookean hyperelastic model. Results from this analysis showed that the methodology is able to find the elastic constants of the constitutive equations of the proposed biomechanical model with a mean relative error of about 10%.

*Keywords:* genetic heuristics, in-vivo tissue characterization, breast

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1 **1. Introduction**

2 The simulation of the mechanical behavior of the breast has become very  
 3 relevant in the last years since it plays a main role in an important number  
 4 of biomedical applications related to surgical simulations [1, 2, 3, 4], surgery  
 5 guidance [5, 6] or cancer diagnosis [7, 8, 9]. These applications involve large  
 6 deformations of the breast tissues such as mammographic compression or grav-  
 7 ity loading deformation, which are usually modeled using the Finite Element  
 8 Method (FEM).

9 One of the main challenges when modeling the biomechanical behavior of  
 10 organs like the breast is to create patient-specific models that improve the re-  
 11 alism and accuracy in a reasonable computation time. This is due to the high  
 12 variability of the behavior of the breast tissues between patients and throughout  
 13 the breast. However, the estimation of the biomechanical properties of the living  
 14 tissues is not straightforward. The measurement of these properties is usually  
 15 a complex task since the behavior of the tissues is highly variable between indi-  
 16 viduals. In the case of the breast, there are mainly three tissues whose behavior  
 17 must be modeled, namely: skin, fat and glandular tissue. Each one of them has  
 18 different biomechanical properties that must be estimated for each patient in  
 19 order to build an accurate model of the whole breast.

20 Elastography is a common method for the *in-vivo* estimation of the elasticity  
 21 of the breast [10, 11, 12, 13, 14]. This technique measures the dynamic stiffness  
 22 of a tissue by cyclically applying a load. However, classic elastography is only  
 23 useful to estimate the behavior of the tissues when they are considered isotropic  
 24 and linearly elastic. Despite this limitation, use of elastography in the measuring  
 25 of the viscoelasticity and hyperelasticity of the different breast tissues have been  
 26 reported [15, 16].

27 In contrast, computational methods based on parameter optimization are  
 28 being applied to characterize the biomechanical behavior of the *in-vivo* tissues.

29 Specifically, evolutionary computation has been used in this field to identify the  
30 elastic constants of a hyperelastic model proposed to characterize the biome-  
31 chanical behavior of the heart [17, 18] and also of the arterial wall [19]. In [20]  
32 our group presented a study of several evolutionary algorithms applied to *in-vivo*  
33 characterize the biomechanical behavior of the liver. The conclusion was that  
34 genetic heuristics performed better than other algorithms to estimate the elastic  
35 constants of an arbitrary biomechanical model proposed to simulate the liver  
36 behavior. The main advantages of this approach was the use of medical images  
37 that avoided the invasive measure of the mechanical response of the organ.

38 In the case of the breast, the work presented in [21] characterized the biome-  
39 chanical behavior of the internal tissues of the breast *in-vivo* by means of an  
40 optimization algorithm which, using a compressed breast and measuring iter-  
41 atively the similarity to a simulation of that deformation, provided the elastic  
42 constants of the proposed model. This is the first work in which the search  
43 was driven by a combination of a simulated annealing algorithm and a gradi-  
44 ent descent algorithm in order to characterize the breast tissues. The authors  
45 used the Normalized Mutual Information (NMI) as a cost function to measure  
46 the similarity during the iterative search [22]. However, using this image-based  
47 comparison may result in inaccurate results since NMI does not consider the  
48 spatial distribution of the tissues but only the gray value entropy of both 3D  
49 images. In order to evaluate the accuracy of the given model, the cost function  
50 must consider the whole volume including the internal tissue distribution.

51 This work presents a methodology for estimating the *in-vivo* elastic con-  
52 stants specific to individual patients, of any biomechanical model proposed for  
53 characterizing the mechanical behavior of the breast internal tissues. A param-  
54 eter optimization algorithm based on genetic heuristics and using volumetric  
55 comparison for evaluating the similarity was used to obtain a virtual deformed  
56 MRI of the breast as close as possible to a real deformed MRI. The methodology  
57 was validated using the software breast phantom proposed in [23] in order to  
58 speed up the calculations and mimic as much as possible the real breast tissue  
59 distribution. This methodology is easily applicable to real breast images and

60 presents a novelty for the *in-vivo* characterization of the breast tissue mechanical  
61 behavior.

## 62 **2. Materials and Methods**

63 The methodology proposed in this paper is based on the acquisition by an  
64 MRI-guided biopsy device of two 3D images of the breast in different states of  
65 deformation. This device takes an MRI of the uncompressed breast in prone  
66 position as well as an MRI of the same breast under compression. The compres-  
67 sion is performed by two rigid plates which hold the breast in a fixed position  
68 during the biopsy. The applied compression force must be known in order to  
69 perform the simulation of that compression. This force is provided by means of  
70 a force detector placed on the plates as described in [24]. From the MRI of the  
71 uncompressed breast, the simulation of the compression produced by the plates  
72 is performed using a biomechanical model proposed to emulate the behavior  
73 of the breast tissues. Then, an iterative search process is applied in order to  
74 find the elastic constants of the constitutive equations of the proposed model  
75 which provide the best fit between the simulated compressed MRI and the real  
76 compressed MRI.

77 In order to prove this methodology, breast software phantoms were used for  
78 creating synthetic cases similar to real ones while controlling all the constraints  
79 as well as reducing the amount of unknown boundary conditions. Since the  
80 biomechanical model needs the distribution of the different tissues of the breast,  
81 it is assumed that this segmentation has been already performed as in [4].

### 82 *2.1. Software phantom generation*

83 The breast phantoms used in this work were formed by three materials:  
84 fat tissue, glandular tissue and skin. The effect of the Cooper's ligaments was  
85 modeled by the anisotropy of the proposed biomechanical model [21]. The gen-  
86 eration of the phantoms was carried out by recursive partitioning using octrees  
87 and implemented on GPUs in order to speed up the process [25]. The breast  
88 phantoms consisted of a 3D raw volume simulating the distribution of fat and

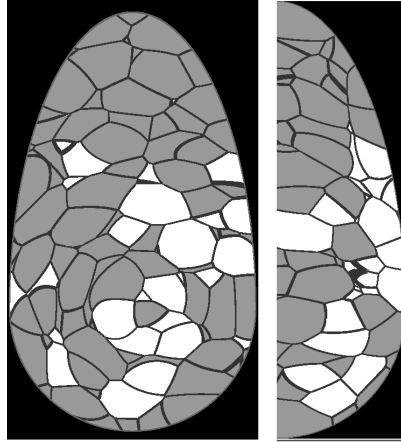


Figure 1: Left: coronal section of a raw phantom. Right: mediolateral section of the corresponding phantom. Each gray level denotes each tissue type: white pixels correspond to the glandular tissue, light gray pixels correspond to the fat tissue, dark gray lines correspond to the Cooper's ligaments and mid-dark gray pixels surrounding the phantom correspond to the skin.

89 dense compartments in the breast volume separated by the Cooper's ligaments  
 90 and wrapped by the skin. An example of a phantom is shown in Figure 1 [23].

## 91 2.2. Biomechanical modeling

92 Although most biomechanical models of the breast do not include the ani-  
 93 sotropy of the Cooper's ligaments due to the difficulty of knowing their local-  
 94 ization, some sensitivity studies considered that their influence is significant  
 95 [26, 7, 27]. Furthermore, it must be considered that the breast is subjected  
 96 to gravity loading in every acquisition technique due to the patient is in prone  
 97 position. How to obtain the non-reference state of the breast, without loads,  
 98 is something that is still under investigation [28]. Therefore, in order to model  
 99 those influences in the behavior, the anisotropic hyperelastic model proposed  
 100 in [21] was used in this work. The model proposed in [21] considers that the  
 101 anisotropy due to the presence of Cooper's ligaments as well as the effect of the  
 102 gravity force, can be modeled considering the breast as a fiber-reinforced mate-  
 103 rial. They defined the orientation of the fibers in the chestwall-nipple direction  
 104 which means that the breast is more likely to deform in the fiber direction. This

105 fiber reinforcement allows to simulate the initial deformation of the breast due  
 106 to the gravity force as well as considers the internal interactions of the Cooper's  
 107 ligaments. The strain energy function for materials with fibers aligned in a spe-  
 108 cific direction can be defined as Eq. (1) shows, where the isotropic component  
 109 and the fiber anisotropy are decomposed.

$$W = W_{iso}(I_1, I_2, I_3) + W_{fib}(I_4) \quad (1)$$

110 Following the indications in [21], a neo-Hookean hyperelastic model was  
 111 chosen in order to reduce the number of variables of the model to be predicted.  
 112 Eq. (2) shows the final energy function of the model used in this work.

$$\begin{aligned} W_{iso}(I_1, I_2, I_3) &= \frac{\mu}{2}(I_1 - 3) + \frac{1}{d}(J - 1)^2 \\ W_{fib}(I_4) &= \frac{\eta}{2}(I_4 - 1)^2 \end{aligned} \quad (2)$$

113 where  $\mu$  stands for the initial shear modulus of the material,  $d$  stands for  
 114 the incompressibility parameter of the material and  $\eta$  stands for a parameter  
 115 controlling the strength of the fibers.

Both  $\mu$  and  $d$  parameters can be determined from other two elastic param-  
 eters, the Young's modulus  $E$  and the Poisson's ratio  $\nu$  shown in Eq. (3).

$$\begin{aligned} \mu &= \frac{E}{2(1 + \nu)} \\ d &= \frac{2}{k} \\ k &= \frac{E}{3(1 - 2\nu)} \end{aligned} \quad (3)$$

116 The skin was considered isotropic with only one parameter to estimate,  
 117  $E_{skin}$ . Assuming that all the tissues are incompressible ( $\nu = 0.49$ ),  $\langle E_{fat},$   
 118  $\eta_{fat}, E_{glandular}, \eta_{glandular}, E_{skin} \rangle$  is the set of parameters to be estimated by  
 119 the search algorithm.

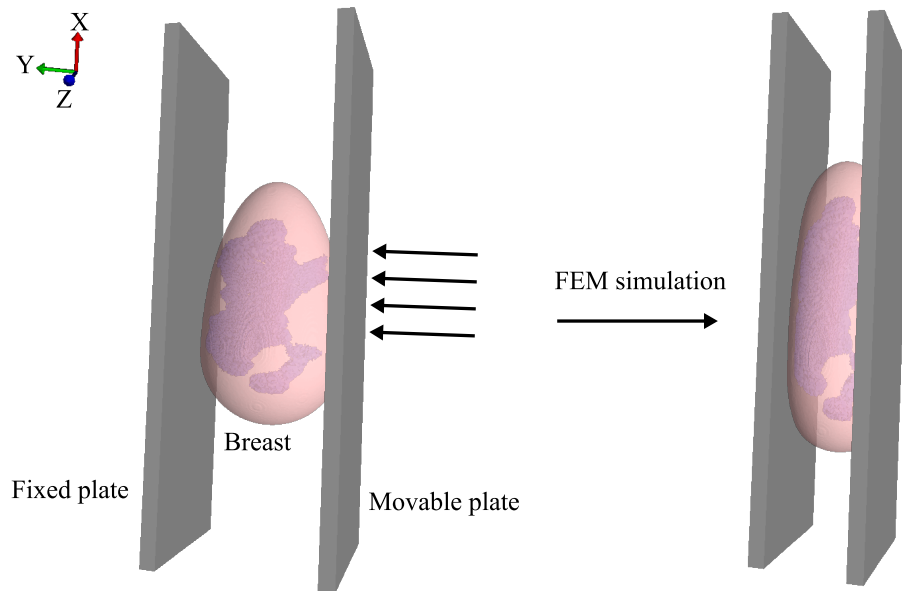


Figure 2: Simulation of the mammographic compression of a breast phantom.

120 *2.3. Boundary conditions and contact*

121 The mesh of the breast phantom was placed between two rigid plates, thus  
 122 simulating the breast compression in an MRI biopsy device (Figure 2). Ad-  
 123 ditionally, the corresponding nodes belonging to the chest wall were restricted  
 124 in the chestwall-nipple direction (Z) and some nodes already in contact with  
 125 the plates were also restricted in the vertical direction (X) to avoid rigid body  
 126 displacement during the simulation. A force was applied to the moving plate  
 127 in the Y direction while the other plate was completely fixed. To reduce the  
 128 variability of the experiment and the number of variables affecting the whole  
 129 simulation, the contact between the plates and the breast surface was modeled  
 130 as a non-friction contact.

131 *2.4. Finite element mesh*

132 The finite element method was chosen to simulate the biomechanical behav-  
 133 ior of the breast tissues under compression due to its ability to model complex  
 134 geometries and boundary conditions. Usually, the finite element meshes that



135 draw the boundary of the different tissues that forms an organ present conver-  
 136 gence problems in the simulation of large deformations like the mammographic  
 137 compression. This is mainly due to the bad quality of the generated elements.

138 In order to avoid this problem, the approach presented by our group in [29]  
 139 was adopted to generate the FE meshes. In this approach, the meshes were  
 140 generated with elements of similar size and shape, thus creating a more stable  
 141 mesh which performs better under large deformations. The meshing algorithm  
 142 is blind to the internal tissue distribution and generates a regular mesh with  
 143 only one material. After the homogeneous mesh creation, each tetrahedron is  
 144 assigned to the corresponding tissue: fat, glandular or skin. For that, gray values  
 145 of the phantom at the tetrahedron vertices and at the centroid coordinates are  
 146 extracted. Finally, each tetrahedron is assigned to the most common material  
 147 from these 5 points.

#### 148 2.5. Volumetric similarity

149 In order to evaluate the similarity of each virtual deformed breast with the  
 150 real one accurately, the Geometric Similarity Function (GSF) [20, 30] was used  
 151 in this work. This function is a combination of the Jaccard Coefficient [31] and  
 152 the Modified Hausdorff Distance [32].

153 Jaccard Coefficient  $JC$  measures the overlap between two volumes as Eq.  
 154 (4) shows, where  $V_1$  and  $V_2$  stand for the volumes to be compared.  $JC$  provides  
 155 values between 0 and 1, where 0 means no overlap and 1 means a total overlap.

$$156 \quad JC = \frac{V_1 \cap V_2}{V_1 \cup V_2} \quad (4)$$

157 Modified Hausdorff Distance  $MHD$  is defined in Eq. (5),  $MHD$  measures  
 158 the average distance between the voxel  $i$  of a volume  $V_1$  and the closest voxel  
 of the other volume  $V_2$ .

$$159 \quad MHD = \max(\overline{d_{V_1}(i)}, \overline{d_{V_2}(i)}) \quad (5)$$

$GSF$  is defined by the combination of  $JC$  and  $MHD$  as it is shown in Eq.

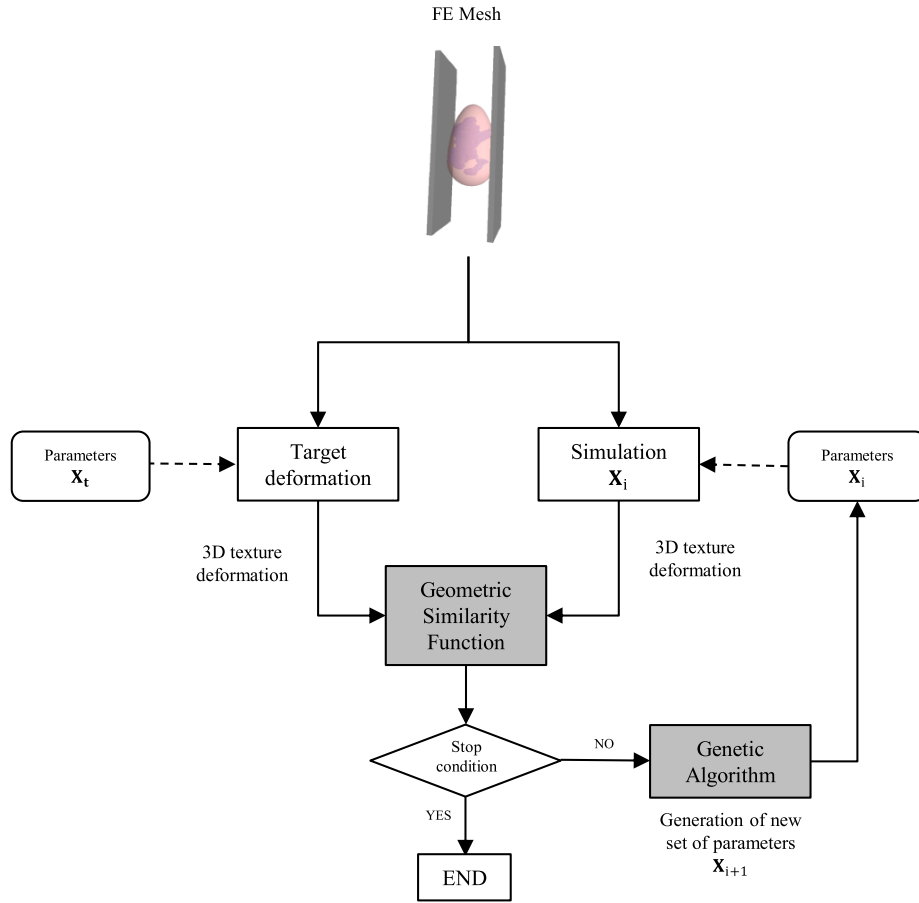


Figure 3: Flowchart of the optimization process using genetic algorithm.

160 (6). The lower the  $GSF$  values, the better similarity between volumes.

$$GSF = \log((1 - JC)MHD) \quad (6)$$

### 161 2.6. Estimation of the Biomechanical Model

162 A diagram of the iterative search algorithm is shown in Figure 3. First, the  
 163 breast compression is simulated using the target set of parameters  $\mathbf{X}_t$ . This  
 164 simulation is used as a ground truth to evaluate the similarity of each candidate  
 165 simulation during the iterative search.

166 Iterative search algorithms are often used to optimize a fit function  $f(\mathbf{X})$ ,

167 changing the input parameters  $\mathbf{X}$  and using the output of the function to min-  
168 imize or maximize its value.

$$\hat{\mathbf{X}} = \arg \min f(\mathbf{X}) \quad \text{where } \mathbf{X} = \{x_1, x_2, \dots, x_n\} \quad (7)$$

169 However, in many applications,  $f(\mathbf{X})$  usually has local minima that makes  
170 the simplest algorithms to get stuck, thus not being able to discover the global  
171 minimum of the function. For these cases, more complex algorithms like simu-  
172 lated annealing, scatter search or genetic algorithms must be implemented.

173 In [20], the capability of several evolutionary algorithms to estimate the elas-  
174 tic constants of the biomechanical models proposed for the liver was compared.  
175 As commented previously, the conclusion was that an iterative search based  
176 on genetic heuristics performed better for the estimation of these parameters.  
177 Therefore, in order to estimate the parameters of the considered breast tissues,  
178 a genetic algorithm was implemented in this work.

179 The outline of the implemented methodology is the following:

- 180 1. *Initialize*: a random population of samples  $\mathbf{X}_0$  is created. It is common to set  
181 an interval for each parameter to be found in order to help the algorithm to  
182 search in the area where the global minimum of the function may be located.
- 183 2. *New population generation*: iteratively, the algorithm creates a new candidate  
184 set of parameters  $\mathbf{X}_{i+1}$  by means of the following steps:
  - 185 a) The algorithm computes  $f(x)$  for each individual in the current set  $\mathbf{X}_i$ .
  - 186 b) Those individuals with the best score are selected as parents.
  - 187 c) Parents with the best score are tagged as elite and pass directly to the  
188 next population.
  - 189 d) Non-elite parents are used to generate new children both by mutation  
190 (randomly changing a parent) and by crossover (combination of several  
191 parents).
  - 192 e) The next candidate population  $\mathbf{X}_{i+1}$  is created by joining elite and chil-  
193 dren.

194 3. *Termination*: step 2 is repeated until a stop condition is reached. This  
195 can be a specific number of generations, a timer, or when the function does  
196 not change within a tolerance range. Finally, the set of parameters that  
197 minimized the function is designated as  $\hat{\mathbf{X}}_t$ .

198 In each generation  $i$  of the algorithm, the candidate sets of parameters  $\mathbf{X}_i$   
199 are applied to the model to simulate the breast compression. Both the target  
200 deformation and the candidate simulation are used to deform the 3D software  
201 phantom, thus having a target phantom and a candidate phantom. The creation  
202 of the deformed software phantoms was carried out on the GPU, considering  
203 the undeformed phantom as a 3D texture and using a linear interpolation of  
204 the gray levels over each deformed element of the mesh. The comparison was  
205 carried out only using the glandular tissue compartments with the GSF as fit  
206 function. The larger size of fat tissue with regard to glandular tissue could  
207 cause the average values of GSF to be less significant. Additionally, the main  
208 differences were located in the neighborhood of glandular tissue compartments.  
209 Therefore the focus was made on those areas.

210 Finally, the stop condition is evaluated. In the case of not achieving a low  
211 enough value of GSF, the genetic algorithm takes over the task of generating  
212 a new set of parameters  $\mathbf{X}_{i+1}$  and the iterative process starts again until an  
213 optimum value of the GSF is obtained.

214 The iterative search was developed in a MATLAB script using the genetic  
215 algorithm implemented in this software and accessible using the function *ga*  
216 [33]. Taking advantage of the independent simulations of the genetic algorithm  
217 within the same generation, the process was parallelized in the different cores  
218 of the computer thus accelerating the search.

### 219 3. Results

220 Ten phantoms with glandular density between 7% and 35%, with a volume  
221 of 450ml and identical shape were generated. For all of them, the size of the  
222 uncompressed phantoms was 17cm in vertical direction, 10cm in lateral direction

223 and 5cm in chestwall-nipple direction. Resolution of the phantom voxel was set  
 224 to be  $200\mu m$ , which was small enough to detect the slightest differences between  
 225 candidate and target deformations.

226 A uniformly distributed force of  $100N$  was applied on the movable plate.  
 227 This value was chosen as the average value of the forces applied to perform  
 228 mammographic compression to real patients during X-ray mammography [4].

229 The experiment considered three different sets of target parameters. For  
 230 a first validation of the methodology, in the two first experiments,  $\mathbf{X}_t^1$  and  
 231  $\mathbf{X}_t^2$ , the skin tissue was not considered and was treated as fat tissue. These two  
 232 experiments allowed to simplify the model. A third experiment was then carried  
 233 out, this time taking into account the skin, thus having a complete model of the  
 234 breast  $\mathbf{X}_t^3$ .

235 Target and predicted parameters for each one of the phantoms are shown in  
 236 Tables 1, 2 and 3. It is important to notice that although  $GSF$  is very useful to  
 237 discriminate good and bad volume similarity, there is no natural interpretation  
 238 of its values. Therefore, the tables show the values of both  $JC$  and  $MHD$  for  
 239 interpretation purposes.

240 Considering the variability of the biomechanical behavior of glandular and  
 241 fat tissues estimated by [21], the search space of the iterative algorithm was  
 242 defined by the following initial intervals:

$$\begin{aligned}
 E_{fat} &\in [5000 - 20000] \text{ Pa} \\
 \eta_{fat} &\in [50000 - 200000] \\
 E_{glandular} &\in [5000 - 80000] \text{ Pa} \\
 \eta_{glandular} &\in [50000 - 200000] \\
 E_{skin} &\in [200000 - 3000000] \text{ Pa}
 \end{aligned}$$

243 The genetic algorithm configuration was set up as follows: the population  
 244 size for each iteration was set to 84 in order to parallelize the process among the  
 245 12 cores of the computer. The crossover fraction was set to 0.8, this meant that

Table 1: Parameters for the target deformation  $\mathbf{X}_t^1$  and estimated parameters for the model without skin.

	$E_{fat}$ (Pa)	$\eta_{fat}$	$E_{glandular}$ (Pa)	$\eta_{glandular}$	$JC$	$MHD$ (vox)
$\mathbf{X}_t^1$	<b>10 000</b>	<b>100 000</b>	<b>40 000</b>	<b>150 000</b>	1	0
$\hat{\mathbf{X}}_t^1$ Phantom 1	9746	107 720	49 812	119 410	0.947	0.689
$\hat{\mathbf{X}}_t^1$ Phantom 2	10 036	104 840	40 049	126 520	0.988	0.20
$\hat{\mathbf{X}}_t^1$ Phantom 3	9766	119 430	47 541	114 900	0.944	0.788
$\hat{\mathbf{X}}_t^1$ Phantom 4	10 086	113 560	37 552	110 840	0.978	0.422
$\hat{\mathbf{X}}_t^1$ Phantom 5	10 303	91 353	40 256	60 956	0.913	0.90
Avg. $\hat{\mathbf{X}}_t^1$	9987	107 381	43 042	106 525	-	-
Std. Dev.	234	10 569	5314	26 130	-	-
Error	1.83%	10.84%	10.05%	28.98%	-	-

246 the 80% of the children were generated by mutation and the 20% by crossover;  
 247 the elite count was set to 2, these are default values in MATLAB. Finally,  
 248 the number of generations was set to 15, ensuring enough exploration of the  
 249 search space in a reasonable computation time. This configuration provided  
 250 good results previously [20]. These parameters can be tuned for each problem  
 251 and the results may improve, a specific study for each patient could be performed  
 252 in order to know the best configuration for the genetic algorithm.

253 The commercial FE package ANSYS<sup>®</sup> was used to simulate the target de-  
 254 formation as well as each candidate simulation. The glandular compartments  
 255 of the candidate compressed phantoms were compared with the same compart-  
 256 ments of the target compressed phantom using *GSF* in a parallelized MATLAB  
 257 script. The number of simulations needed to achieve the final values varied be-  
 258 tween phantoms and was about 1000 simulations in 48h of computation time.  
 259 The used computer was an Intel Xeon X5650 @2.66 GHz (12 cores) with 64GB  
 260 of RAM.

261 Figure 4 shows one section of the same phantom deformed using the target  
 262 parameters (left) and the estimated parameters (middle). Additionally, the right  
 263 image shows their absolute differences, white pixels denote the non matching

Table 2: Parameters for the target deformation  $\mathbf{X}_t^2$  and estimated parameters for the model without skin.

	$E_{fat}$ (Pa)	$\eta_{fat}$	$E_{glandular}$ (Pa)	$\eta_{glandular}$	$JC$	$MHD$ (vox)
$\mathbf{X}_t^2$	<b>7500</b>	<b>75 000</b>	<b>30 000</b>	<b>112 500</b>	1	0
$\hat{\mathbf{X}}_t^2$ Phantom 6	7538	73 112	29 826	121 820	0.991	0.226
$\hat{\mathbf{X}}_t^2$ Phantom 7	6785	96 682	31 488	154 810	0.926	0.667
$\hat{\mathbf{X}}_t^2$ Phantom 8	7523	95 324	28 292	74 674	0.953	0.652
$\hat{\mathbf{X}}_t^2$ Phantom 9	6520	75 593	34 445	180 770	0.923	0.850
$\hat{\mathbf{X}}_t^2$ Phantom 10	7532	71 527	29 717	99 797	0.988	0.258
Avg. $\hat{\mathbf{X}}_t^2$	7180	82 448	30 754	126 374	-	-
Std. Dev.	490	12 468	2353	42 330	-	-
Error	4.77%	12.79%	5.40%	30.30%	-	-

Table 3: Parameters for the target deformation  $\mathbf{X}_t^3$  and estimated parameters for the model considering the skin.

	$E_{fat}$ (Pa)	$\eta_{fat}$	$E_{glandular}$ (Pa)	$\eta_{glandular}$	$E_{skin}$ (Pa)	$JC$	$MHD$ (vox)
$\mathbf{X}_t^3$	<b>10 000</b>	<b>100 000</b>	<b>40 000</b>	<b>150 000</b>	<b>1 600 000</b>	1	0
$\hat{\mathbf{X}}_t^3$ Ph. 1	10 086	101 290	37 390	160 110	1 577 800	0.933	0.72
$\hat{\mathbf{X}}_t^3$ Ph. 2	10 116	102 534	69 040	159 300	1 492 338	0.91	2.29
$\hat{\mathbf{X}}_t^3$ Ph. 3	9886	84 556	40 958	87 594	1 637 200	0.961	1.71
$\hat{\mathbf{X}}_t^3$ Ph. 4	11 372	87 682	30 150	165 830	1 502 500	0.949	1.18
$\hat{\mathbf{X}}_t^3$ Ph. 5	11 452	77 835	40 307	191 230	1 499 500	0.90	1.29
Avg. $\hat{\mathbf{X}}_t^3$	10 369	92 845	37 817	155 159	1 572 020	-	-
Std. Dev.	1029	14 076	4503	39 549	69 689	-	-
Error	7.95 %	12.82 %	7.00 %	20.08 %	4.56 %	-	-

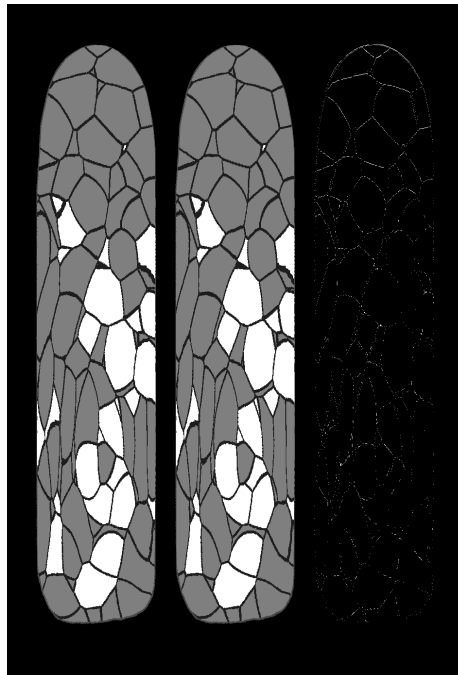


Figure 4: Left: Coronal section of the deformed phantom using the target parameters  $\mathbf{X}_t^1$ . Middle: Coronal section of the deformed phantom with the estimated parameters. Right: Difference between target and estimated deformed phantoms. In the right image, white pixels correspond to mismatching voxels.



264 pixels between the target and estimated deformed phantom.

#### 265 4. Discussion

266 The first two experiments achieved a mean relative error of 1.83% and 4.77%  
267 for  $E_{fat}$ , 10.05% and 5.40% for  $E_{glandular}$  and 10.84% and 12.79% for  $\eta_{fat}$ .  
268 These errors are relatively low and the estimation of these parameters with the  
269 presented methodology can be considered successful. Regarding the parameter  
270 controlling the fiber strength for the glandular tissue,  $\eta_{glandular}$ , its estimation  
271 was not so accurate.

272 To analyze this result, a sensibility analysis was performed in order to know  
273 the influence of this parameter in the model. To perform this, all the parameters  
274 except  $\eta_{glandular}$  were fixed to their target values. Then,  $\eta_{glandular}$  was iterated  
275 separately over the search interval [50000 – 200000] and the deformed phantom  
276 obtained with this set of parameters was compared to the target phantom.  
277 Figure 5 shows a graph with the tendency of  $JC$  and  $MHD$  when varying  
278  $\eta_{glandular}$  over the initial search interval. Values of  $JC > 0.93$  and  $MHD < 1$   
279 voxels in the whole range proved the low influence of this parameter in the  
280 model.

281 The  $\eta$  parameters take into account two effects: gravity force and influence  
282 of Cooper’s ligaments. On one hand, the breast is subjected to initial strains-  
283 stresses due to the gravity force in both states, compressed and uncompressed.  
284 Ideally, the deformation caused by the gravity force must be considered sepa-  
285 rately of the tissue deformation model. Unfortunately, knowing the non-strain  
286 state of the breast is something that is still being investigated [28]. On the other  
287 hand, the influence of the Cooper’s ligaments was modeled only in one direction  
288 as stated in [6]. Since they have an unknown effect on the model the effect  
289 of these ligaments could be modeled in the three directions of the space. This  
290 would involve that new parameters should be added to the model. Nevertheless,  
291 they could also be estimated with the proposed methodology.

292 Regarding the anisotropic parameter for the fat tissue,  $\eta_{fat}$ , its estimation  
293 was more accurate with an error lower than 13%. This discrepancy with the

294 estimation of  $\eta_{glandular}$  can be explained due to the higher presence of fat tissue  
295 in the breast as well as the higher influence of the Cooper's ligaments in this  
296 region. This results in a higher effect of  $\eta_{fat}$  on the model compared to the  
297 effect of  $\eta_{glandular}$ .

298 It is important to highlight the importance of  $JC$  and  $MHD$  which indicate  
299 how much accurate the estimation was. The best estimated set of parameters  
300 were for Phantoms #2 and #6, which  $JC$  values were about 0.99 and  $MHD$   
301 was 0.2 voxels (1 vox = 200  $\mu\text{m}$ ). These are good indicators of the accuracy  
302 of the parameter estimation which, especially in these cases, were estimated  
303 very close to the target parameters with errors lower than 1% for  $E$  and lower  
304 than 5% for  $\eta_{fat}$ . Other phantoms with worse values of these coefficients were  
305 estimated less accurately. However, modifying the initial setup of the genetic  
306 algorithm could improve those values.

307 As for the estimation of the whole model of the breast, including the skin, the  
308 accuracy of the elastic parameters showed errors lower than 8%. The addition  
309 of the skin to the model did not decrease the performance of the methodology.  
310 In this case, the estimated elasticity for the skin was achieved with a 4.56%  
311 of relative mean error which indicates a high influence in the breast model as  
312 reported in [4]. In contrast, the estimation of the  $\eta$  parameters showed an  
313 accuracy in consonance with the first two experiments, where  $\eta_{glandular}$  did not  
314 induce much variability within the search range.

315 The number of elements of the biomechanical model also influenced the  
316 search algorithm. Increasing the element density would impact highly the time  
317 needed to solve the contact problem but would also increase the accuracy of the  
318 search. Furthermore, reducing the search intervals would cause the algorithm  
319 to converge faster by reducing the search space. In this paper, those intervals  
320 were set particularly wide in order to prove the suitability of the methodology  
321 in case of barely knowing the elastic parameters of the different tissues. In-  
322 creasing the complexity of the problem by using a biomechanical model with  
323 more parameters would cause the algorithm to converge slower. Nevertheless,  
324 the methodology could still be applied since genetic heuristics are very efficient

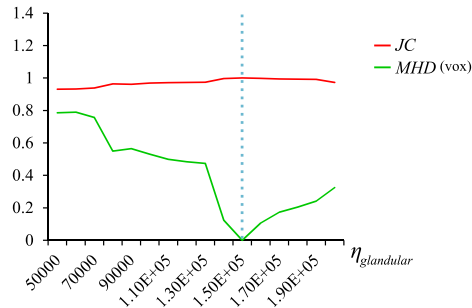


Figure 5: Sensitivity test over the glandular tissue.  $JC$  and  $MHD$  in terms of  $\eta_{glandular}$ . The dotted line is the corresponding value to the target phantom.

325 when having a problem with many variables to optimize [20].

326 The application of the methodology to real breasts is straightforward. De-  
 327 spite the higher complexity of the internal distribution of the breast tissues, the  
 328 MRI can be segmented and the comparison between the real compressed MRI  
 329 and each candidate biomechanical model can follow the same procedure.

### 330 5. Conclusion

331 The methodology described in this paper allows to *in-vivo* estimate the  
 332 patient-specific biomechanical properties of the breast tissues. The different  
 333 tissues of the breast were this way characterized, providing the elastic constants  
 334 of an anisotropic hyperelastic model for the fat and glandular tissues and for an  
 335 isotropic elastic model in the case of the skin. The genetic algorithm was able  
 336 to find a set of elastic parameters almost identical to the target ones without  
 337 knowing anything about the original behavior and in a wide search space. The  
 338 performance of the methodology was proved with breast phantoms achieving an  
 339 estimation error of less than 10%. This methodology can be easily applied to  
 340 characterize the biomechanical model for real breasts.

341 Our ongoing research is the application of the proposed methodology to real  
 342 breasts. Future works will include the characterization of a complete model for  
 343 the breast able to simulate the deformation that the breast undergoes during  
 344 X-ray mammography and the tuning of the initial setup of the genetic algorithm  
 345 for each patient.

346 **6. Acknowledgements**

347 This project has been funded by MECD (reference AP2009-2414) and US  
348 National Institutes of Health (R01 grant #CA154444), and the US National  
349 Science Foundation (III grant #0916690). The content is solely the responsi-  
350 bility of the authors and does not necessarily represent the official views of the  
351 NIH, and NSF. The authors of this manuscript have no conflict of interest with  
352 the presented work.

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