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Additional Information

**Effect of Stress on Somatic Cell Count and Milk Yield and Composition in Goats**

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**ABSTRACT**

There is little information about the effect of the stress on Somatic Cell Count (SCC) and milk yield and composition in goats. A total of 40 goats in their 4<sup>th</sup> month of lactation were assigned to two groups: stress (STR) and untreated (CON). Goats of STR were exposed to acute stress (visual and auditory stimulus from a barking dog for 20 minutes on day 0). After the stress, average values of plasma cortisol were higher in STR than CON ( $P < 0.001$ ); likewise, in STR group cortisol was lower in parity 1+2 goats than parity  $\geq 3$  goats ( $P < 0.05$ ). Stress caused a considerable increase in SCC in parity  $\geq 3$  goats ( $P < 0.05$ ), but not in parity 1+2 goats. On average, this increase of SCC was 6-fold compared to values prior to the stress, and it was observed in both healthy and infected mammary glands. This increase was transient, as SCC returned to normal values after 1 to 3 days. On day 1, stressed goats of parity  $\geq 3$  produced 11% less milk compared with day 0 and, regarding milk composition, only lactose showed a significant drop. Stressed parity 1+2 goats showed no changes in SCC and milk yield and composition. We conclude that, in goats, stress is a non-infectious factor

28 that can interfere in the use of SCC as an indirect method of intramammary infection (IMI)

29 detection or, in bulk tank milk, as a commercial milk quality parameter.

30 **Key words:** Somatic cell count; stress; cortisol; dairy goat; milk yield

31

## 32 **1. Introduction**

33

34         The somatic cells in milk are leukocytes (neutrophils, eosinophils, macrophages,  
35 lymphocytes) derived from blood circulation, as well as cellular debris and mammary  
36 epithelial cells, the former being the majority in ruminants (Boutinaud and Jammes, 2002). It  
37 is accepted that mammary inflammation, generally of infectious origin, is the main factor in  
38 increasing the somatic cell count (SCC)(Harmon, 1994; Raynal-Ljutovac et al., 2007), besides  
39 causing negative effects on milk production and quality (Le Maréchal et al., 2011; Raynal-  
40 Ljutovac et al., 2005, 2007; Silanikove et al., 2010;). For this reason, SCC is commonly used  
41 in cattle, sheep and goats as a sensitive marker of udder health condition and as a commercial  
42 milk quality parameter in bulk tank milk. However, to be able to interpret SCC properly, it is  
43 also necessary to take the influence of non-infection factors into account.

44         One particular feature in goats is that some non-infection factors, such as lactation  
45 stage and parity, have a greater influence on SCC than in sheep and cattle (Bergonier et al.,  
46 2003; Paape et al., 2007; Raynal-Ljutovac et al., 2007). Thus, in healthy udders the SCC  
47 shows a marked increase as the stage of lactation progresses and goats have more parities ( De  
48 Crémoux et al., 1996; Dulin et al., 1983; Leitner et al., 2007; Luengo et al., 2004). Moreover,  
49 the SCC in goats has demonstrated high daily variability (Randy et al., 1988; Zeng et al.,  
50 1997), showing notable transient elevations of SCC lasting 1-3 days, in which the SCC  
51 increased 2-20 times within a day. Estrus has been shown to raise the SCC in goats  
52 (Christodoulopoulos et al., 2008; McDougall and Voermans, 2002; Moroni et al., 2007) and  
53 originate transient elevations of SCC which cannot be explained by variations in milk  
54 production (Mehdid et al., 2013). However, whether there are other non-infection factors that  
55 can also cause these SCC rises in goats remains unknown.

56           There are several factors on farms (management practices, food, type of housing,  
57 environmental conditions) that can end up causing different degrees of stress, affecting the  
58 animals' wellbeing. Stress triggers activation of the hypothalamus-pituitary-adrenal axis, an  
59 increase in glucocorticoid secretion and a rise in blood leucocytes, together with a reduction  
60 of the neutrophils/lymphocytes ratio (Merlot, 2004). In cows, it has been shown that stress  
61 caused by transportation increases, in vitro, the migration capacity of neutrophils, which  
62 would indicate that they possess a greater capacity to reach the extravascular areas (Yagi et  
63 al., 2004). Consequently, we can consider the possibility that a certain degree of stress could  
64 increase the SCC in milk. There is very little information available on this aspect in goats. In  
65 this specie, some authors suggest that certain apparently stressful situations such as ruminal  
66 acidosis, vaccination against enterotoxemia (Lerondelle et al., 1992) and milking (Karzis et  
67 al., 2004; Salama et al., 2003) increase the SCC. However, other authors found that the stress  
68 induced by 45 minutes of transportation (McDougall et al., 2002) or by application of ACTH  
69 (Gaiato et al., 2012) did not affect SCC.

70           Our hypothesis is that a sufficiently intense stress could give rise to an increase in  
71 SCC in the milk obtained at the following milking, although this increase could be different  
72 depending on the parity number or mammary gland health status. The aim of the study was to  
73 test this hypothesis using goats with different parities (primiparous and multiparous) and  
74 mammary health status (with or without intramammary infection- IMI) and to challenge them  
75 with a short and acute stress. Milk yield and composition were also determined, and blood  
76 cortisol concentration was recorded as a physiological indicator of stress level suffered by the  
77 animals (Romero et al., 2015).

78

79

80

## 81 2. Material and methods

82

### 83 2.1. Experimental Design

84 The experiment was carried out at the farm of the Universitat Politècnica de València,  
85 using Murciano-Granadina dairy goats which were milked once daily (a more frequent  
86 practice than twice daily milking in the farms of this goat breed in our geographical area) at  
87 8:30h. Annual health checks performed by official veterinary services showed that the farm  
88 was free from brucellosis, tuberculosis, *Mycoplasma agalactiae* and caprine arthritis-  
89 encephalitis virus.

90 A total of 40 goats (14, 6 and 20 of parity 1, 2 and  $\geq 3$ , respectively) in their 4th month  
91 of lactation and housed into three pens (one for primiparous and two for multiparous) were  
92 used. Of these animals 23 had healthy udders, 11 unilateral IMI (2, 1 and 8 of parity 1, 2 and  
93  $\geq 3$ , respectively) and 6 bilateral IMI (3 and 3 of parity 2 and  $\geq 3$ , respectively). All 23 halves  
94 udder with IMI showed subclinical infections. One infection was caused by Gram-negative  
95 bacilli (coliform) and all the rest by coagulase-negative staphylococci (*S. simulans*, n=5; *S.*  
96 *epidermidis*, n=4; *S. xylosum*, n=3; *S. caprae*, n=6; *Staphylococcus* spp., n=4). The experiment  
97 was carried out along 9 consecutive days (-4, -3, -2, -1, 0, 1, 2, 3 and 4). On day -2 the  
98 animals were classified into 2 balanced groups (n=20 each) according to parity number, udder  
99 health status, SCC and milk production. Each group was assigned at random to control (CON)  
100 or stress (STR) treatment (Table 1). At 12:30 h of day 0, after milking, goats from group STR  
101 were moved to a 70 m<sup>2</sup> unfamiliar outdoor pen, situated 50 meters far away from the farm,  
102 and exposing them to visual and auditory stimulus from a barking dog for 20 minutes. One  
103 worker stayed in the pen, holding the dog's collar by the leash to avoid the dog coming into  
104 contact with the goats. Thereafter, goats came back inside the building, to their respective  
105 pens for blood sampling, and were kept together with CON goats during the rest of the

106 experiment. Variables were recorded in all goats (n=40). Milk production, composition, SCC  
107 by mammary gland and whole udder were monitored daily on each goat during the 9 days of  
108 experiment. Blood cortisol was recorded on each goat daily for 7 consecutive days (days -3, -  
109 2, -1, 0, 1, 2 and 3). Four bacteriological analyses per mammary gland were performed on  
110 each goat on days -4, -3, 1 and 3. No presence of abnormal features in mammary secretion  
111 (clots, flakes, tints) was recorded during the experiment.

112

### 113 *2.2. Goat management and feeding*

114 Goats were machine milked once daily (08:30 h) in a routine including machine  
115 stripping and dipping of the teats in iodine after teatcup removal. The milking parlor (2 × 12)  
116 had 6 clusters (Almatic cluster G50, Delaval Agri, Tumba, Sweden) and a milk pipeline at 1.0  
117 m above the platform (midlevel). Milking parameters were set at a rate of 90 pulsations per  
118 minute, a vacuum level of 40 kPa, and a 60% pulsation ratio. All goats were permanently  
119 stabled (available surface = 1.5 m<sup>2</sup>/goat; feeder = 0.4 m/goat) and received the same feed  
120 offered per head (as-fed; commercial concentrate for lactating goats = 1.2 kg/d; alfalfa hay =  
121 1.0 kg/d; citrus pulp = 2.0 kg/d; ad libitum barley straw). Water was freely available in the  
122 pens.

123

### 124 *2.3. Measured variables*

125 Total daily milk (machine milk plus machine stripping milk) from each animal was  
126 recorded using 3.5-L jars, graduated in 50-mL divisions (Esneder Ref. 90001, Industrias  
127 Berango S.L., Urduliz; Spain).

128 Samples for udder SCC and milk composition analyses were taken from the total milk  
129 extracted from each animal in 50-mL polypropylene flasks with a hermetic seal. To determine  
130 the SCC per gland, 40 mL of milk were collected from each teat separately, by manual

131 milking before teatcup attachment. All samples, with azidiol as preservative (0.01g of sodium  
132 azide/100 ml), were kept refrigerated (4°C) between 24 and 36 h until analysis in the  
133 laboratory. The SCC was analyzed with a Fossomatic 5000 (Foss Electric A/S, Hillerød,  
134 Denmark). Milk composition (fat, crude protein, lactose and dry matter) was determined by  
135 mid-infrared spectroscopy using a MilkoScan FT120 (Foss Electric A/S).

136 To obtain half udder samples for bacteriological analysis, teats were carefully cleaned  
137 with 70% ethanol and the first 3 streams of foremilk were discarded. Approximately 5 mL of  
138 milk were collected aseptically from each mammary gland. Samples were kept at 4°C for a  
139 maximum of 12 h until bacteriological analysis. Ten microliters of each sample were sowed  
140 on blood agar plates (5% washed sheep erythrocytes; Biomerieux, Lyon, France). Plates were  
141 incubated aerobically at 37°C and examined at 24 h, 48 h, and 7 d. Cultures with 5 or more  
142 identical colonies were considered positive for IMI. Bacterial groups were identified  
143 according to National Mastitis Council recommendations (NMC, 2017). Identification of  
144 staphylococci was performed using commercial micro methods (API® STAPH; BioMèriexu,  
145 Lyon, France).

146 For cortisol analysis, 3.5 mL of blood samples from the jugular vein of each animal  
147 were taken daily, always at 13:00 h, with plastic syringes. Samples were transferred to 5 mL  
148 glass tubes containing 57 µl of 15% EDTA solution (BD Vacutainer K3; Becton, Dickinson  
149 and Company, Franklin Lakes, NJ, USA). Samples were centrifuged immediately after  
150 collection at 1500 g for 20 minutes. The blood plasma was distributed into Eppendorf tubes  
151 (Eppendorf Iberica SLU, Madrid, Spain) that were frozen and stored at -40° C until analysis.  
152 The concentration of cortisol in plasma was analyzed in duplicate at the Animal Physiology  
153 Department of the Veterinary Faculty of Complutense University of Madrid (Spain) by the  
154 Enzyme Immuno Assay technique (Munro and Lasley, 1988). Cortisol was extracted from



155 plasma using 2 ml of diethyl ether. The assay sensitivity was 0.03 ng/ml; the intra- and inter-  
156 assay coefficients of variation were 5.7 and 8.9%, respectively.

157

#### 158 *2.4. Definition of a Transient Elevation of SCC*

159 Only those SCC elevations which fulfilled the following characteristics were  
160 considered “Transient Elevation” of SCC (TE<sub>SCC</sub>) of non-infectious origin: 1) In healthy  
161 udders, the SCC of each mammary gland underwent an important rise, of at least 2.5 times  
162 compared to the day before; in udders with unilateral IMI, this SCC rise took place in both the  
163 healthy half udder and the infected half udder. 2) SCC of udder milk samples also had the  
164 same rise described above, reaching values of at least 1,000,000 cells/ml (700,000 cells/ml in  
165 primiparous). 3) After one or several days (normally 1 to 4 days), the SCC of each mammary  
166 gland and udder milk sample returned to similar values to those preceding the increase. Goats  
167 with bilateral IMI were not considered to identify TE<sub>SCC</sub> of non-infectious origin.

168

#### 169 *2.4. Statistical Analysis*

170 SCC of udder milk samples was analyzed using a repeated measures statistical model with  
171 the following effects: Group (CON and STR), Parity (1+2 and  $\geq 3$ ), day (-4 to 4), goat (as  
172 random; n=1 to 40) and interactions Group x Day, Group x Parity and Group x Parity x Day.  
173 Cortisol, milk yield and composition variables were analyzed with same model but including  
174 a covariate (milk yield and composition: for each goat, average for days -4 and -3; cortisol:  
175 for each goat, result of day -3). SCC and cortisol data were log transformed (Ali and Shook,  
176 1980) to normalize their distribution. The possible interaction between the stress and IMI on  
177 SCC was studied with the half udders of parity  $\geq 3$  (13 healthy half udders and 7 IMI half  
178 udders in both CON and STR groups). So, SCC of these 40 half udders were analyzed, in log,  
179 using a repeated measures statistical model with the effects of Group (CON and STR), half

180 udder Health Status (IMI or healthy), Day (-4 to 4), half udder (as random; n=1 to 40) and  
181 interactions Group x Day, Group x Health Status and Group x Day x Health Status. All these  
182 statistical analyses were performed according to Littell et al. (1998) using the PROC MIXED  
183 of the SAS Statistical Package (SAS Institute, 2008).

184 To study the relationship of SCC increase with the other variables, regression (Proc  
185 REG of SAS) and correlation (Proc CORR of SAS) analyses were performed. Proc FREQ  
186 was used to compare frequency of ET<sub>SCC</sub>.

187

188

### 189 **3. Results**

190

191 Plasma cortisol was significantly affected by factors of Group ( $P < 0.05$ ), Day ( $P <$   
192  $0.001$ ), Group x Day interaction ( $P < 0.001$ ) and Covariate ( $P < 0.01$ ); the others factors  
193 considered in the statistical model were not significant ( $P > 0.05$ ). The evolution of plasma  
194 cortisol during the experiment, in log<sub>10</sub>, is represented in Fig. 1 for Parity 1+2 goats (Fig. 1a),  
195 Parity  $\geq 3$  goats (Fig. 1b) and all goats (Fig. 1c). In the three cases, on day 0 log cortisol was  
196 significantly ( $P < 0.001$ ) higher in STR goats compared to CON goats (Fig. 1c:  $1.3 \pm 0.07$  vs  
197  $0.5 \pm 0.07$  ng/ml;  $P < 0.001$ ), but differences between both groups were not significant for the  
198 remaining days. In addition, we can point out that, in STR goats, the average cortisol values  
199 on day 0 was higher in Parity  $\geq 3$  goats than in Parity 1+2 goats ( $1.4 \pm 0.09$  vs  $1.1 \pm 0.09$   
200 ng/ml;  $P < 0.05$ ).

201 LogSCC in udder milk was only affected significantly by the factors of Day ( $P <$   
202  $0.001$ ) and Parity ( $P < 0.01$ ), as well as the interactions Group x Day ( $P < 0.001$ ) and Group x  
203 Day x Parity ( $P < 0.001$ ). This triple interaction is related with the different evolution of  
204 logSCC along days of the experiment according the Group and Parity factors. So, in Parity

205 1+2 goats the stress did not increase the SCC in STR group compared with CON group (Fig.  
206 2a and 3a). However, in Parity  $\geq 3$  goats, logSCC of STR group showed an significant  
207 increase on day 1 compared to CON group (log SCC=  $6.50 \pm 0.165$  vs  $5.90 \pm 0.165$  cells/ml,  
208 respectively;  $P < 0.05$ ; Fig. 2b). The SCC increase in STR was 6-fold with respect to the  
209 values prior to the stress (3.1 million cells/ml and 0.49 million cells/ml, for geometric means  
210 of SCC on days 1 and 0, respectively; Fig. 3b). With respect to the Parity factor, logSCC was  
211 lower in Parity 1+2 goats than in Parity  $\geq 3$  goats ( $5.34 \pm 0.109$  vs  $5.87 \pm 0.109$  cells/ml,  
212 respectively;  $P < 0.01$ ).

213 During the experiment, no Parity 1+2 goats in the CON and STR groups presented a  
214 TE<sub>SCC</sub>, according to the definition specified in Materials and Methods. In Parity  $\geq 3$  goats, we  
215 identified a significantly ( $P < 0.05$ ) more frequency of TE<sub>SCC</sub> in STR group (7 of 8 goats with  
216 healthy or unilateral IMI udders) than in CON group (2 of 9 goats). In group STR all TE<sub>SCC</sub>  
217 appeared on day 1 and lasted for 1 day (2 goats of parity=3), 2 days (2 goats of parity=3 and  
218 4) and 3 days (3 goats of parity  $\geq 4$ ), before returning to the previous values. In the CON  
219 group, the 2 cases of TE<sub>SCC</sub> appeared on day -1 and lasted for 2 days (2 goats of parity= 3 and  
220 4).

221 At mammary gland level (only Parity  $\geq 3$  goats), logSCC was affected significantly by  
222 the factors Day ( $P < 0.001$ ) and half udder Health Status (healthy:  $5.48 \pm 0.050$ ; infected:  $6.18$   
223  $\pm 0.068$  cells/ml;  $P < 0.001$ ), as well as the interactions Group x Day ( $P < 0.001$ ) and Group x  
224 Day x half udder Health Status ( $P < 0.01$ ). On day 1, logSCC of parity  $\geq 3$  goats was  
225 significantly higher in STR group with respect to CON group (log SCC=  $6.50 \pm 0.074$  vs  $5.84$   
226  $\pm 0.074$  cells/ml, respectively;  $P < 0.001$ ; Figure 4c), and this increase was observed in both  
227 healthy mammary glands (Figure 4a) and infected mammary glands (Figure 4b). On day 2,  
228 SCC continued to be significantly higher in STR group with respect to the CON group when  
229 considering only healthy half udders ( $P < 0.05$ ; Fig. 4a) or all the half udders ( $P < 0.01$ ;

230 Figure 4c). Moreover, we can highlight that stress caused the SCC of healthy mammary  
231 glands to increase until reaching similar values to the infected mammary glands of non-  
232 stressed goats (log SCC:  $6.23 \pm 0.120$  vs  $6.25 \pm 0.088$  cels/ml;  $P > 0.05$ ). The increase in SCC  
233 due to stress depended on the previous values, but the trend was different depending on the  
234 definition of this increase. If increase is expressed as difference (SCC day 1 – SCC day 0),  
235 this was higher in the mammary glands that already set out with a high SCC (Fig. 5a;  $r^2=0.70$ ;  
236  $P < 0.001$ ). On the contrary, if the increase in SCC is expressed as a ratio (SCC day 1/SCC  
237 day 0), this tended to diminish in the mammary glands with higher counts beforehand (Fig.  
238 5b;  $r^2=0.23$ ;  $P < 0.05$ ).

239 With respect to milk yield and composition, statistical analysis results showed that, in  
240 each of these variables, its covariate was significant ( $P < 0.001$ ) while the Group and Parity  
241 factors and Group x Day and Group x Parity interactions were not significant ( $P > 0.05$ ). The  
242 Day factor only affected to milk yield and protein significantly ( $P < 0.001$  in both cases).  
243 Finally, the triple interaction Group x Parity x Day was significant only for the milk yield  
244 ( $P < 0.001$ ) and lactose ( $P < 0.05$ ) variables. Table 2 presents the milk yield and composition  
245 results on day 1 (first milking after the stress was applied), according to Group and Parity. We  
246 can see that stressed parity  $\geq 3$  goats presented lower milk production and lower lactose  
247 content compared to CON goats of parity  $\geq 3$ ; these differences were small (drop of 11.4% in  
248 milk yield and 2.9% in lactose) but statistically significant ( $P < 0.01$ ; Table 2). In contrast, in  
249 goats of parity 1+2, these two variables did not present significant differences between CON  
250 and STR group goats (Table 2). On day 1, fat, protein and dry matter variables did not differ  
251 significantly between STR and CON groups (Table 2). On the other days of the experiment,  
252 milk yield and composition variables did not differ significantly between the two groups  
253 studied, both in the goats of Parity 1+2 and in Parity  $\geq 3$  and considering all goats.

254 Finally, considering only STR goats of parity  $\geq 3$ , the increase in SCC at udder level on  
255 day 1 had no significant correlation with plasma cortisol (day 0) or with milk yield decrease  
256 (day 1). Moreover, in these goats the correlation between milk yield decrease on day 1 and  
257 plasma cortisol (day 0) was not significant either.

258

#### 259 **4. Discussion**

260

261 This work has experimentally demonstrates, for the first time to our knowledge, that  
262 stress can cause a marked elevation of SCC in lactating goats of parity  $\geq 3$ . This increase is  
263 transitory with a duration of 1 to 3 days, which is similar to the effect of estrus in goats  
264 (Mehdid et al., 2013). Although the increase of SCC presented a great individual variability  
265 (from 2.5-fold to 35-fold higher than the SCC values previous to stress), the average was  
266 higher than the increase produced by estrus (6-fold increase in this work and 3.5 and 4-fold  
267 for the estrus; Mehdid et al., 2013; Moroni et al., 2007). The fact that all the TE<sub>SCC</sub> in the STR  
268 group were concentrated on day 1 suggests that they were caused by the stress suffered by the  
269 animals on day 0. In the CON group, we also identified two cases of TE<sub>SCC</sub> (both on day -1),  
270 so it is possible that they were caused by estrus. In any case, both non-infection factors, stress  
271 and estrus, raised the SCC sufficiently enough to interfere in its use as an indirect detection  
272 method for IMI or, in bulk tank milk, as a commercial milk quality parameter.

273 Another notable aspect is that the increase in SCC due to stress was only found in  
274 Parity  $\geq 3$  goats, but not in the younger animals. This is a difference compared to the effect of  
275 estrus, as this factor also produces an augmentation of SCC in primiparous goats (Mehdid et  
276 al., 2013). Romero et al. (2015) did not find that acute stress for 5 minutes increased the SCC,  
277 but these authors only used primiparous IMI-free goats, which would coincide with what we  
278 observed in the present work. Other authors did not find that the stress induced by 45 minutes

279 of transportation (McDougall et al., 2002) or by application of ACTH (Gaiato et al., 2012)  
280 affected SCC, but in both studies the distribution of goats according to parity number was not  
281 described and, therefore, we cannot know if it differs with our results. In ewes aged from 4 to  
282 6 years subjected to stress (isolation test for 10 minutes), Caroprese et al. (2010) observed that  
283 SCC was higher in high-cortisol ewes than in low-cortisol ewes, but the differences were  
284 small (geometric means of 0.426 and 0.223 million cells/ml, respectively). Regarding the  
285 cortisol records in our experiment, we must specify that in order to rule out any possible  
286 circadian variation, the blood samples were taken at the same time each day, at 13:00 h, that  
287 is, at a time of day when the cortisol levels are low in non-stressed goats (Kokkonen et al.,  
288 2001; Romero et al., 2015). Two hypotheses could be formulated to explain the different  
289 behavior of the goats with three or more lactations compared to the younger goats. The first  
290 hypothesis would be that the younger goats suffered less stress (despite the fact that all  
291 received the same treatment), as the average for cortisol was lower in parity 1+2 than parity  
292  $\geq 3$  goats; this low stress would be insufficient to trigger an increase of leukocytes in the blood  
293 and/or increased leukocyte transfer to the mammary gland and milk. However, two aspects  
294 prompt us to question this initial hypothesis: a) three goats of parity 1+2 and three goats of  
295 parity  $\geq 3$  had similar cortisol values (22-30 ng/ml) but only the latter shown an increase of  
296 SCC.; b) in stressed goats of parity  $\geq 3$ , no significant correlation was observed between  
297 cortisol (on day 0) and the increase in SCC (on day 1). The second hypothesis would be that  
298 as goats grow older or undergo more lactations, anatomical-physiological changes are  
299 generated in the mammary gland that would allow a greater transfer of leukocytes from blood  
300 to milk. This hypothesis is coherent with the fact that in healthy udders the SCC is higher in  
301 parity  $\geq 3$  goats than in primiparous goats (De Cremoux et al., 1996; Leitner et al., 2007;  
302 Luengo et al., 2004).

303           Stress raised the SCC in both healthy and infected mammary glands in parity  $\geq 3$  goats.  
304 In 77% of the healthy glands (10 of 13) SCC values higher than 1 million cells/ml were  
305 reached, i.e., counts higher than the single threshold suggested by some authors for the  
306 detection of IMI in goats (Contreras et al., 1996; Haenlein, 2002; Bergonier et al., 2003).  
307 Moreover, We can also highlight that the increase in SCC due to stress (as difference: SCC  
308 day 1 – SCC day 0) tended to increase as the cell counts presented by the mammary glands  
309 rose. This suggests that the impact of stress on the SCC of bulk milk will be greater in herds  
310 that present a high percentage of goats  $\geq 3$  parities, and the higher the prevalence of IMI, as  
311 SCC increases with parity and presence of IMI (Raynal-Ljutovac et al., 2007). SCC of bulk  
312 milk is used as an indicator of the health status of the herd and, in addition, many industries  
313 use it to set the price of goat milk to be paid to farmers (Pirisi et al., 2007). So, given that  
314 stress and estrus give rise to transitory elevations of SCC in goats, the interpretation of SCC at  
315 goat level (IMI detection) or bulk tank level should never be based on a single milk sample,  
316 but rather in several samples taken at intervals of at least one week.

317           Stress also caused lower milk production in goats of  $\geq 3$  parities. This falloff in  
318 production was minor (near to 11%) and similar to that found due to estrus effect (decrease of  
319 13%; Mehdid et al., 2013), and is not enough to explain the increase in SCC. The fact that in  
320 these animals the stress also slightly lowered the lactose content in the milk could be related  
321 with the drop in the milk production, as lactose is the primary osmotic regulator of milk  
322 volume (Baumgard et al., 2017). The effect of stress on lactose is in agreement with Sano et  
323 al. (1985), as these authors found that a severe heat stress decreased the mammary glucose  
324 uptake and the lactose concentration in goat milk . The fact that stress in the parity 1+2 goats  
325 did not affect the milk yield and composition agree with Romero et al. (2015) who found the  
326 same result when IMI-free primiparous goats suffered an acute stress for 5 minutes. Gaiato et  
327 al. (2012) found no alteration of quantitative and composition of milk produced in goats

328 punctually stressed via application of ACTH, but in this study the distribution of goats  
329 according to parity number was not described. In ewes, Caroprese et al. (2010) also found that  
330 a short-term acute stress had no effect on the secretion of milk components. In any case, the  
331 fact that goats have a great ability to adapt to harsh environments (Silanikove, 2000) could  
332 explain the limited impact of the stress on the milk yield and composition.

333

## 334 **5. Conclusions**

335 In this work we have demonstrated that an acute and punctual stress caused a  
336 considerable rise of SCC in goats  $\geq 3$  parities. This increase was transitory, as the animals  
337 recovered the pre-stress counts in a period of 1 to 3 days, and took place both in healthy and  
338 infected mammary glands. In these goats, the milk production was also slightly reduced (drop  
339 of 11%), along with lactose. In the younger goats, the stress studied did not affect the SCC  
340 and milk yield and composition. We conclude that, in goats, stress is a non-infection factor  
341 that can interfere with the use of SCC as an indirect method for detection of IMI or, in bulk  
342 tank milk, as a commercial milk quality parameter.

343

## 344 **References**

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