

Document downloaded from:

<http://hdl.handle.net/10251/176248>

This paper must be cited as:

Marco, M.; Belda, R.; Miguélez, MH.; Giner Maravilla, E. (2021). Numerical analysis of mechanical behaviour of lattice and porous structures. *Composite Structures*. 261:1-15. <https://doi.org/10.1016/j.compstruct.2020.113292>



The final publication is available at

<https://doi.org/10.1016/j.compstruct.2020.113292>

Copyright Elsevier

Additional Information

# Numerical analysis of mechanical behaviour of lattice and porous structures

*Miguel Marco<sup>1\*</sup>, Ricardo Belda<sup>2</sup>, María Henar Miguélez<sup>1</sup>, Eugenio Giner<sup>2</sup>*

<sup>(1)</sup> Department of Mechanical Engineering. Universidad Carlos III de Madrid. Avda. de la Universidad 30, 28911 Leganés, Madrid, Spain

<sup>(2)</sup> Centre of Research in Mechanical Engineering – CIIM, Department of Mechanical and Materials Engineering, Universitat Politècnica de València Camino de Vera, 46022 Valencia, Spain

\*Corresponding author: Miguel Marco, [mimarcoe@ing.uc3m.es](mailto:mimarcoe@ing.uc3m.es)

## **Abstract**

Lattice and porous structures have attracted attention in scientific literature due to the development of 3D printers that facilitate their manufacturing. A thorough understanding of the mechanical behaviour of these structures is necessary. In this work, several lattice and porous structures are analysed using the finite element method. Eleven configurations have been studied using periodic boundary conditions, in order to numerically estimate their elastic mechanical properties (Young's modulus, shear modulus and Poisson's ratio) as a function of the structure porosity. In addition, a tensile fracture test has been modelled to analyse the predicted fracture pattern as well as the stress-strain curve for each structure. It is shown that structures based on spherical holes distributions yield the best behaviour both in tensile and shear conditions. The distribution of cavities has a strong influence on the mechanical behaviour. The square distribution improves stiffness, while the hexagonal distribution improves the shear modulus. Random distributions clearly decrease the stiffness and strength of the structure, although the damage in these structures is more progressive. Therefore, this work provides a comparative study to assess the influence of the lattice topological structure on some mechanical properties of interest in structural engineering, as a function of porosity.

Keywords: lattice structures; topological optimization; homogenization; mechanical properties; finite element modelling

## 1 **1. Introduction**

2 The development of additive manufacturing has motivated investigations about the  
3 potential of lattice and porous structures developed for lightweight applications, such as  
4 aerospace, automotive or biomechanical engineering. Usually, lattice structures can be  
5 classified as periodic or random (stochastic) depending on their layout patterns [1].  
6 Porous media or cellular structures are widely analysed in literature, based on bio  
7 mimicry, current designs imitate natural structures such as trabecular bone, corals,  
8 sponges, cork, etc, due to their enhanced mechanical characteristics, directly related to  
9 morphometry. For example, some lattice structures, e.g. the octet-truss lattice, have  
10 demonstrated to gain efficient stiffness-to-weight and strength-to-weight benefits because  
11 of its stretching-dominated behaviour [2] while porous materials are lightweight and have  
12 high impact absorption [3].

13 Traditionally, open-cell porous materials have been manufactured through liquid state  
14 processing (direct foaming, spray foaming, etc.), solid state processing (powder  
15 metallurgy, sintering of powder and fibres, etc.) or electro-deposition and vapour  
16 deposition [4,5]. Additive manufacturing technologies allow the generation of porous,  
17 reticular and lattice structures with predefined external shape and internal architecture  
18 [6], being geometries otherwise very difficult to fabricate through other manufacturing  
19 processes.

20 A wide collection of lattice and porous structures has been studied in the literature in  
21 order to analyse their mechanical behaviour under different loading conditions. The  
22 estimation of mechanical properties has been carried out using numerical models (see for  
23 instance [7]) or experimental tests usually performed, see for instance [8,9]. Moreover,  
24 the influence of the lattice structure design on the mechanical properties have been  
25 analysed in several works in literature [10–15]. Different aspects have been analysed,  
26 such as the influence of load orientation [15] or the consideration of anisotropic models  
27 that account for the fabrication direction [16]. Lattice structures are appropriate for a wide  
28 variety of applications, e.g. as vibration isolation [10] or energy absorption in blast-  
29 loading test [17]. The study of porous structures has also motivated several investigations  
30 [18–22]. The first approaches provided deformation mechanisms and analytical  
31 expressions of mechanical properties as a function of morphological relationships  
32 [18,19]. More recently, fatigue and failure properties have been assessed [20,21] and

1 detailed models based on images have highlighted the major importance of morphometry  
2 on the mechanical performance of these structures [22]. Advance materials, such as  
3 composite metal foams (CMF) are formed with metal hollow spheres and a solid matrix  
4 of another. These light structures exhibit good energy absorption and are used in armour  
5 components, aircraft and automotive applications, sound absorption or filters [23]. Foam  
6 structures are easier to manufacture than lattice structures, as they can be made from bulk  
7 material with gas injection or blowing agents [5]. Numerically, foams can be modelled as  
8 random distributions or using Laguerre-Voronoi tessellations [24].

9 Topology optimization is an important strategy to optimize morphology or gradient  
10 density [25] through the improvement of the structural response. Its combination with  
11 additive manufacturing allows the fabrication of proper structures for specific  
12 applications, adapting the geometry to the boundary conditions and the optimization cost  
13 function of the problem. Topology optimization techniques are based on homogenization  
14 method [26], Solid Isotropic Material with Penalization (SIMP) [27], using the level set  
15 method [28] or evolutionary structural optimization (ESO) [29,30]. The ESO technique  
16 consists in the deletion of inefficient (or underloaded) parts from a structure so that the  
17 resulting topology evolves towards an optimum architecture [29,30]. The evolution of the  
18 ESO method is named as the bidirectional ESO (BESO), which not only removes low  
19 efficient parts, but also reinforces the parts where needed to improve its objective function  
20 [31]. The BESO technique was improved to overcome non-convergence and mesh  
21 dependency problems of the original version [32]. After that, it has been demonstrated  
22 that the new BESO method is able to help in the topology optimization for macro-  
23 structures with high computational efficiency [7].

24 Due to the increasing applications of lattice and porous structures, it is important to  
25 characterise their behaviour under different loading configurations (tension/compression  
26 and shear). A numerical homogenization procedure can provide the mechanical constants  
27 required as an input in further finite element (FE) models at a larger scale. In this work,  
28 some designs of lattice structures proposed in the literature and other architectures  
29 obtained through topological optimization are analysed, including mechanical  
30 characterization and fracture propagation modelling. The influence of porosity on the  
31 elastic constants of each morphology is also explored. **Structures analysed in this work  
32 could be useful in fields where the structure needs to support the required loading  
33 conditions, while it keeps its lightness and porosity. We consider that this study can be**

1 useful for fields of research such as bone implants or replacement, prosthesis or aerospace  
2 applications.

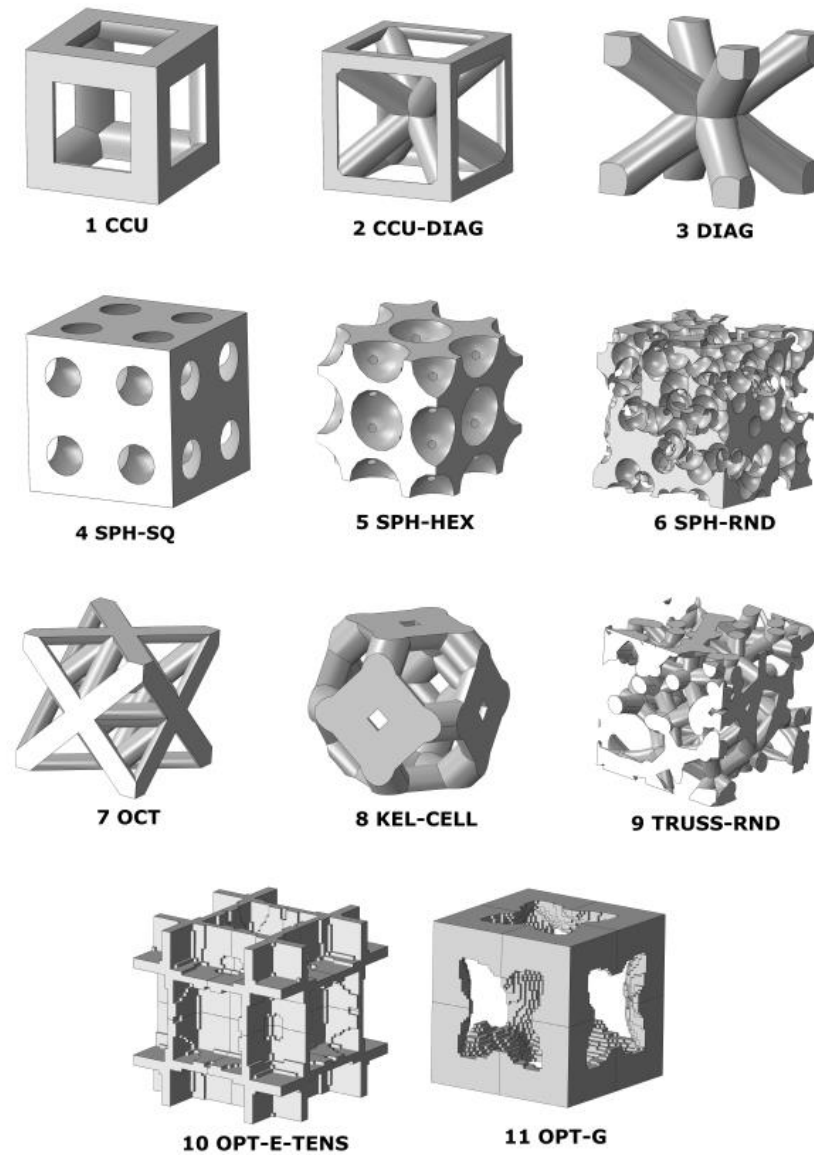
3 This article is organized as follows. Section 2 reviews the lattice and porous structures  
4 considered in this work. Some of them have been designed using topological  
5 optimization, as detailed in Section 3. The procedure followed for the finite element  
6 modelling is explained in Section 4. Section 5 presents the results and discussions,  
7 including a validation versus some experimental tests, an analysis of the influence of the  
8 element type, the estimation of the mechanical constants and the results obtained in the  
9 simulated fracture tests. The main conclusions of this work are summarized in Section 6.

## 11 **2. Architecture of the structures**

12 A wide variety of structure designs can be found in the literature, see for instance the  
13 architectures proposed in [33,34]. In this work, the most used configurations are selected  
14 for study. Each structure is based on an elemental 3D cubic cell, repeated in the three  
15 directions of space to use a periodic boundary conditions (PBCs) approach to calculate  
16 the corresponding elastic constants associated to each morphology. In order to dispose of  
17 models of porosities between 10% and 90%, the characteristic parameters of each  
18 architecture are varied. Each lattice structure is shown in Fig. 1 with a porosity about  
19 70%. Henceforth, names in brackets and capital letters will be used to denote each  
20 structure.

- 21 1. Cubic cellular unit (CCU). Consists of bars in each edge of the cube.
- 22 2. Diagonal cubic cellular unit (CCU-DIAG). Including bars in the diagonals and  
23 edges of the cube.
- 24 3. Diagonal (DIAG). With bars only in the diagonal axes of the cube.
- 25 4. Spheres with square distribution (SPH-SQ). A porous structure developed with  
26 spherical voids, following a square distribution.
- 27 5. Spheres with hexagonal distribution (SPH-HEX). Porous structure formed with  
28 spherical voids, following a hexagonal distribution.
- 29 6. Spheres with random distribution (SPH-RND). Porous structures formed with a  
30 random distribution of spherical voids. Intersection of the voids is allowed to  
31 obtain models of high porosities.

- 1       7. Octet truss (OCT). A common design used in lattice structures, composed by an  
2       octahedral cell surrounded by eight tetrahedral cells [2,14].
- 3       8. Kelvin cell (KEL-CELL). Also called tetrakaidekahedron, has spherical  
4       geometry, with fourteen faces, eight hexagonal and six quadrilateral. This  
5       structure has been used in some works as an optimal reconstruction model of real  
6       foam structures [24].
- 7       9. Random truss (TRUSS-RND). Based on the idea of the Laguerre-Voronoi  
8       tessellation [24]. A random structure formed by a random point distribution,  
9       where the neighbouring points are connected by bars. It is similar to trabecular  
10      bone distribution, where each trabecula is a bar.
- 11     10. BESO optimization, maximizing  $E$  in tension test (OPT-E-TENS). Structure  
12      designed using the BESO technique, seeking for the maximum Young's modulus  
13      ( $E$ ) under traction boundary conditions.
- 14     11. BESO optimization, maximizing  $G$  in shear test (OPT-G). Structure designed  
15      using the BESO technique, seeking for the maximum shear modulus ( $G$ ).



**Figure 1.** Lattice and porous structures analysed in this work. The structures depicted in this figure have a porosity of about 70%.

Each structure has been analysed for a range of porosity from 10% to 90%. As an example, cases shown in Fig. 1 present a porosity of about 70% that enables the visualization of the internal and external morphology of the cell.

### **3. Bidirectional evolutionary structural optimization (BESO)**

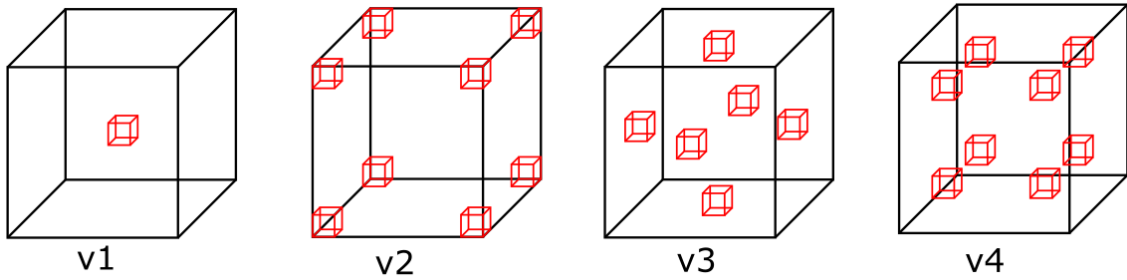
Through an optimization process, functional structure designs can be created to optimize mechanical parameters. The BESO technique is used to create reticular structures adapted to the different boundary conditions studied in this work (see Fig. 1, structures 10 and 11). Although several optimization techniques exist, we use the BESO

1 technique, which is developed from the Evolutionary Structural Optimization (ESO)  
2 method [29,30]. The original ESO technique is a heuristic method based on removing  
3 inefficient zones from a structure. ESO technique has been improved in last years, leading  
4 to the new version called the bidirectional ESO (BESO), which not only removes  
5 elements from the least efficient regions, but also adds elements to the most loaded  
6 regions simultaneously [31]. First versions of BESO presented some weaknesses that  
7 limited its application to the field of microstructure design [32]. A few years later, Huang,  
8 Randman and XIE [7,32] developed an improved BESO method and successfully  
9 overcome these weaknesses. In this work we use the version proposed by Zuo and Xie  
10 [35], also used in recent works [36], specifically based on finite element analysis, which  
11 treats the relative densities of elements as the design variables. For a predefined volume  
12 fraction of the design, a design variable (density) takes the value of either 1.0 indicating  
13 the presence of the element or a small number close to 0.0 indicating the deletion of the  
14 element.

15 Through this method, a representative volume element (RVE) of the structure has  
16 been designed to optimize a mechanical parameter, in our case, the axial and shear  
17 stiffnesses. It consists of an iterative process, and in this work it has been implemented  
18 with a Python script to interact with the software Abaqus/CAE. In our topology  
19 optimization models, Young's modulus of solid material corresponds to  $E_s=1$  (units of  
20 stress) and void material to  $E_v=1 \cdot 10^{-9}$  (units of stress). Poisson's ratio is kept constant as  
21  $\nu=0.3$  for both materials.

22 An initial meshed cube is necessary for the first step of the BESO iteration technique.  
23 The model needs a small variation in the geometry in order to induce stresses at the first  
24 iteration in the RVE. This variation is applied to the model with the deletion of some  
25 elements (marked in red in Fig. 2). After this first step, the BESO procedure optimizes  
26 the material disposition, seeking for the maximum value of the property defined as  
27 objective. In this work, we propose 4 different initial steps (instead of the only one  
28 proposed in [7]): v1: remove the first element from the centre of the RVE; v2: from the  
29 corners of the RVE; v3: from the centre of the faces on the RVE and v4: close to the  
30 corners but inside of the RVE. The scheme of the first elements removed from the initial  
31 model is illustrated in Fig. 2. The corresponding boundary conditions for each case ( $E$   
32 and  $G$  optimization) are imposed to the model at every iteration.





**Figure 2.** Four different initial states used in this work for BESO optimization. The red cubes are elements removed from the initial mesh at each design.

These design procedures (v1-v4) have been used to develop the optimization process for a porosity equal to 50%, and then, mechanical properties of each design have been calculated. Finally, only one design for each mechanical property objective has been selected, according to the best mechanical performance results, for our study. **It is important to remark that in this work we are looking for the highest stiffness and ultimate stress, considering it as a good mechanical behaviour. However, in other fields of research, different goals can be necessary for the researchers.**

#### **4. Finite element modelling**

##### **4.1. Geometry and mesh**

Regarding designs obtained from the literature, the geometries have been replicated using scripts in Python with the CAD module from Abaqus, obtaining porosities ranging from 0.1 to 0.9. The structures consist of bars and spheres merged to build the final configuration. A RVE of each design studied in this work is shown in Fig. 1. These structures replicated from other works in the literature (from 1 to 9 in Fig. 1) have been modelled using tetrahedral elements with quadratic interpolation (C3D10 element type code in Abaqus) due to their good performance, good accuracy, and adaptability to the complex geometries studied in this work. For instance, random distribution structures imply complex vertexes and small edges requiring a high quality mesh. The element size has been estimated performing a mesh sensitivity analysis, leading to models that are composed of about  $2 \cdot 10^5$  elements. Further refinement led to negligible effects on the results covered in the analysis.

1 The geometry optimized for the axial and shear stiffnesses has been obtained using  
 2 the BESO technique. The final mesh connectivity and nodal coordinates of the structure  
 3 are generated after an iterative process. These models have been meshed using hexahedral  
 4 elements with linear interpolation (C3D8R element type code in Abaqus). Hexahedral  
 5 elements are often used in topological design to simplify the process [7,13,32,35,37,38].  
 6 The element size has been set to  $RVE_{size}/50$ , similar to that used in other optimization  
 7 works [7]. These dimensions lead to a mesh composed of a maximum of  $1 \cdot 10^6$  elements,  
 8 although this value decreases as porosity increases. For instance, structures with a  
 9 porosity equal to 0.9 are formed by about  $1 \cdot 10^5$  elements. In this work, every mesh must  
 10 satisfy symmetry conditions with respect to the three planes to apply PBCs.

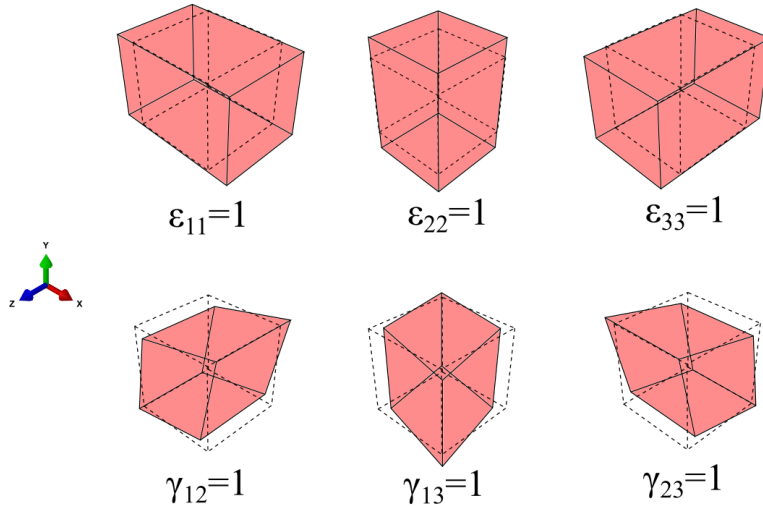
11

## 12 **4.2. Boundary conditions and elastic properties estimation**

13 The homogenization approach is used to estimate the elastic constants of repetitive  
 14 structures, such as composite materials or biological tissues. It consists of the calculation  
 15 of the stiffness matrix of the model, that relates a stress vector ( $\sigma = (\sigma_{xx} \sigma_{yy} \sigma_{zz} \tau_{yz} \tau_{zx} \tau_{xy})^T$ )  
 16 and a strain vector ( $\varepsilon = (\varepsilon_{xx} \varepsilon_{yy} \varepsilon_{zz} \gamma_{yz} \gamma_{zx} \gamma_{xy})^T$ ) through the Lamé-Hooke constitutive  
 17 equation, Eq. 1

$$\sigma = C \varepsilon \quad [1]$$

18 The homogeneous response calculation is accomplished through the combination of the  
 19 PBCs and six independent unitary strain fields, three axial and three shear strains, shown  
 20 in Fig. 3. Through each unitary strain field applied on each structure, the corresponding  
 21 column  $i$  of the stiffness matrix  $C_{:,i}$  is calculated. Each column of the stiffness matrix  
 22 corresponds to the equilibrium stress vector  $\sigma^i$ , corresponding to the strain field  $\varepsilon^i$ . Stress  
 23 vectors are obtained from the nodes allocated in the faces of the FE model. PBCs are  
 24 considered in combination with a unit cell of large enough dimensions in order to model  
 25 a representative mechanical response of the whole structure [39]. According to Reisinger  
 26 *et al.* [40] when PBCs are applied to a cell, the volume of analysis must fulfil two  
 27 conditions: the stress field must be periodic in such a way that the unit cell is in static  
 28 equilibrium and the deformed shape of opposite sides of the unit cell must be consistent.  
 29 To satisfy the second condition, the geometry and mesh of the numerical model must be  
 30 symmetrical. In this work, this symmetry has been guaranteed by mirroring the principal  
 31 cell with respect to the planes XY, XZ and YZ.

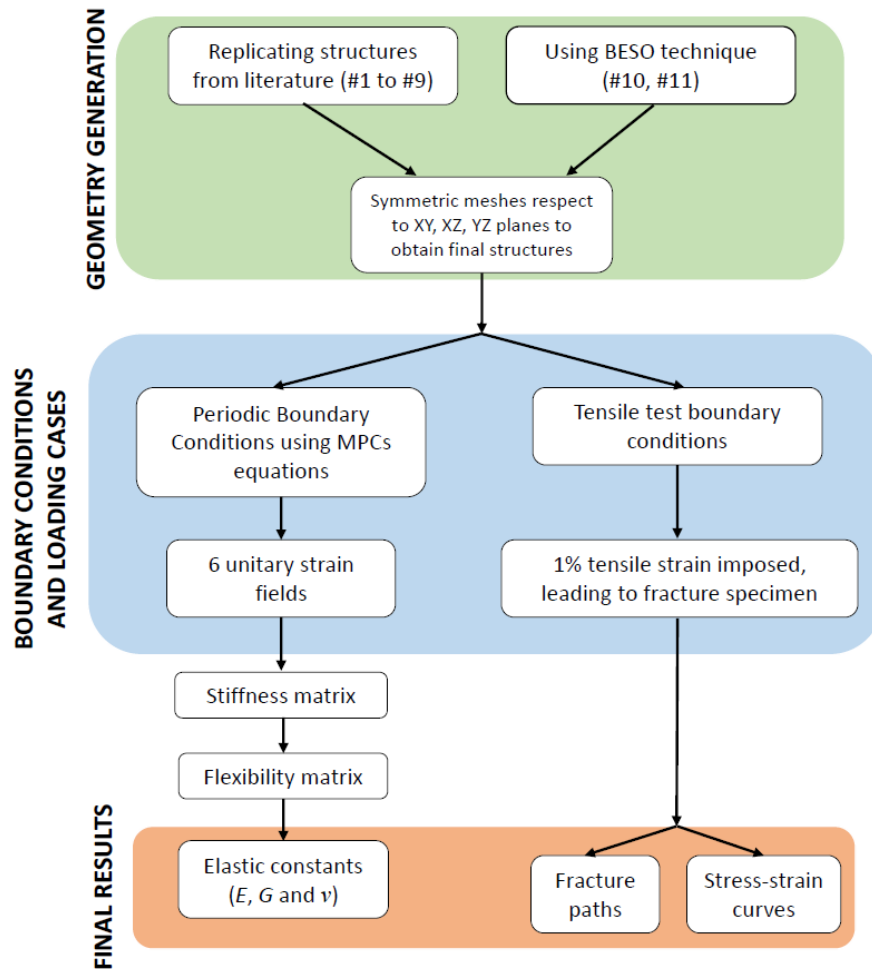


**Figure 3.** Scheme of the six unitary strain fields, three pure axial (top) and three pure shear (bottom) to calculate homogenized stiffness matrix in combination to PBCs of the structures analysed. Initial cell is represented with dotted lines. The deformed shapes are not shown at true scale.

In this work, constraint equations proposed in [41] to fulfil the PBCs conditions are imposed to the model by means of multi point constrains (MPCs) in Abaqus. In order to apply the MPCs in opposite nodes adequately, constrains equations must be carefully implemented in the model, using the same order of nodes in each set [42]. Using these constraint equations, the model reproduces the deformed shape corresponding to each unitary strain case, relating displacements between faces, edges and corners.

The entire process of calculation of the stiffness matrix involves several stages: create a symmetric mesh from the RVE with respect to the three reference planes, create node sets to apply PBCs to the model, imposing six independent unitary strain fields and estimating the corresponding stresses from the node sets to calculate each column of the stiffness matrix. Once the stiffness matrix has been estimated, elastic constants are calculated from the flexibility matrix  $[S]$ , which is obtained through the relationship  $[S] = [C]^{-1}$ . An orthotropic behaviour is obtained through this methodology, which is a valid assumption for the geometries under study. All the structures analysed present symmetry with respect to the three main directions, except from the random structures (SPH-RDN and TRUSS-RDN). Then, an orthotropic behaviour is expected for the symmetric structures, characterized by an axial stiffness ( $E$ ), a shear stiffness ( $G$ ) and a Poisson's ratio ( $\nu$ ). In case of the random distribution structures, we have averaged the stiffnesses along the three main directions and planes in order to compare the results with the rest of

1 the models. The whole process has been automatized though several scripts combining  
 2 Python and MATLAB and it is sketched in Fig. 4.



3  
 4 **Figure 4.** Scheme of the main tasks developed for this work.

5  
 6 **4.3. Tensile fracture simulation**

7 Tensile fracture has been numerically simulated for each structure, considering only  
 8 designs with a porosity equal to 0.5. A displacement is imposed at nodes on the top face  
 9 of the model in Z direction. On the opposite face, Z displacement is prescribed to zero. In  
 10 addition, displacements at the central node at bottom face are fully constrained, to avoid  
 11 solid rigid displacements of the model.

12 The method to simulate the fracture propagation has been also used by the authors in  
 13 other works with complex geometries obtaining good results and fracture paths [43–46].  
 14 The technique is based on the degradation of elastic properties of elements that exceed a

1 critical value in tension. The method is implemented by means of a USDFLD Abaqus  
2 subroutine. As a failure criterion, it is checked when the maximum principal stress at an  
3 element exceeds a limit value. Then, the Young's modulus of that element is reduced to  
4 a minimum value in order to simulate the loss of stiffness due to the crack.

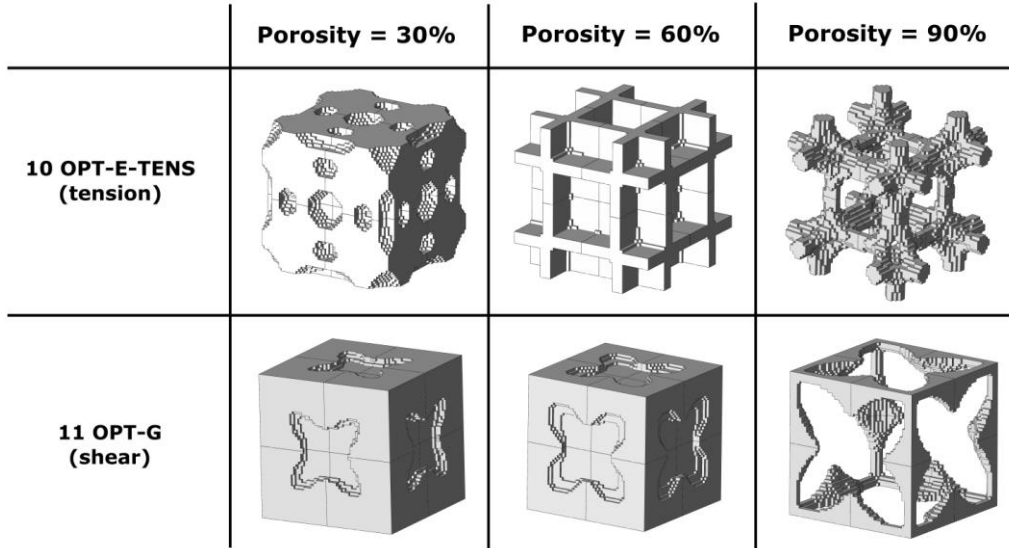
5 In this section, the initial mechanical properties of the material are considered as:  
6  $E_{\text{initial}}=1$  (units of stress) and  $\nu=0.3$ . We assume that failure occurs at a critical stress as  
7  $\sigma_{\text{crit}}=E/10^2$ . This value was established taking into account relations between mechanical  
8 properties (Young's modulus and critical stress) in materials such as aluminium or  
9 Ti6Al4V. Once  $\sigma_{\text{crit}}$  is reached in an element, its Young's modulus is reduced to  
10  $E=E_{\text{initial}}/10^5$ , a value low enough to simulate the smeared crack process. The dimensions  
11 of the model are  $1 \times 1 \times 1$  (units of volume) and a displacement equal to 0.01 (units of  
12 length) is imposed to the top face, which implies a maximum nominal strain of 1%.

## 14 **5. Results and discussion**

### 15 **5.1. Topology optimization**

16 As explained above, the optimization process requires an initial stress state in the cell  
17 prior to initiate the procedure. This initial stress state has been induced removing one  
18 element from the model. In this work, four different initial states (v1 to v4, illustrated in  
19 Fig. 2) have been evaluated for each optimized design. After evaluating the mechanical  
20 properties of a unit cell with a 50% porosity, one initial state (v2) was chosen for each  
21 optimization design, because it led to the highest elastic axial and shear stiffnesses ( $E$  and  
22  $G$ ). Small differences were found in final optimized structures, about 5% in  $E$  values and  
23 1% in  $G$  values, using the different initial states explained above.

24 Once the initial state design was fixed, the topological optimization was carried out  
25 for a range of porosity from 10% to 90%. Fig. 5 shows the geometries obtained for each  
26 mechanical property fixed as objective ( $E$  and  $G$ ) and different porosity levels (30%, 60%  
27 and 90%).

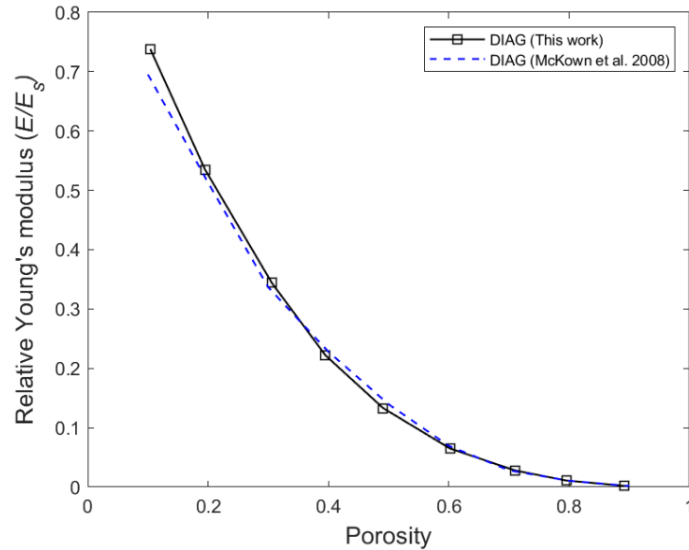


**Figure 5.** Optimized structures calculated in this work with porosities around 30%, 60% and 90%. Structures are optimized to obtain the maximum Young's modulus under tensile load (top) and shear modulus (bottom).

## 5.2. Validation and sensitivity analysis

### Validation

The validation of the numerical procedure used in this work is performed through a comparison to experimental results obtained from the literature. Young's modulus obtained for DIAG structure was obtained from experiments by McKown et al. [17] under compression loading for different levels of porosity. The relationship between the relative density (in our work:  $porosity = 1 - \rho_{rel}$ ) and the relative Young's modulus ( $E/E_s$ ) of the structure was inferred from the experiments. In this work,  $E_s$  is the Young's modulus of the solid material implemented in the numerical model. McKown et al. obtained a good correlation by fitting the expression  $E_{rel} = 0.95\rho_{rel}^{2.84}$ , where  $\rho_{rel}$  is the relative density and  $E_{rel}$  denotes the relative elastic modulus. This expression is compared in Fig. 6 with the results of the DIAG model developed in the present work, under compression loading conditions, thus simulating the experimental tests developed by McKown et al. in [17].



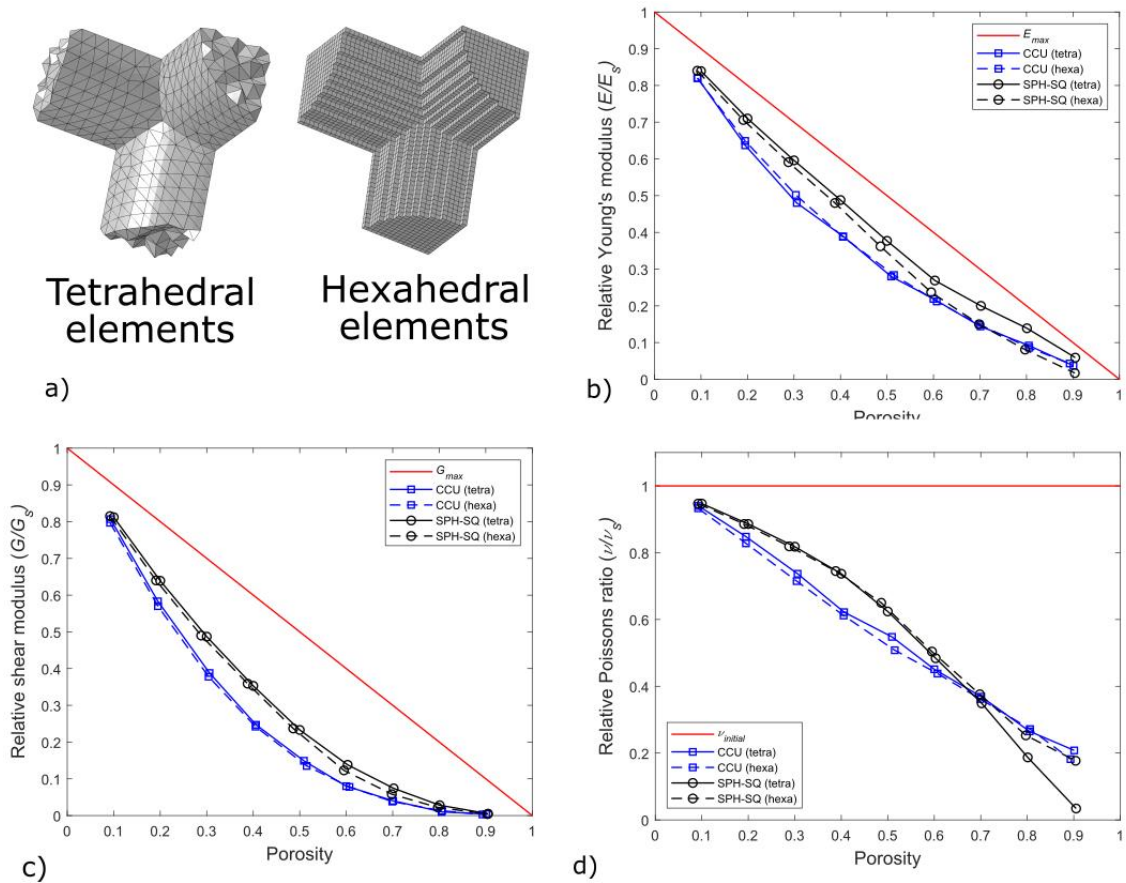
1  
2 **Figure 6.** Validation study developed in this work for DIAG structure. Relative Young's modulus comparison for  
3 different porosities under compression conditions: numerical models developed in this work and experimental  
4 compression tests from [17].

5 Fig. 6 shows the ability of the numerical model to accurately reproduce the stiffness  
6 behaviour of the structure for different porosity levels, leading to an average error about  
7 4%.

### 8 Influence of the element type

9 Different element types have been used in this work: tetrahedral and hexahedral  
10 elements. Designs inspired in previous works in the literature have been developed using  
11 tetrahedral elements, as explained in previous sections. The complexity of the structures  
12 requires the use of these elements, especially when random distributions are modelled. In  
13 the other hand, designs optimized through BESO technique are modelled using  
14 hexahedral elements, as hexahedral elements allow an easier modification of the topology  
15 and the boundary than with tetrahedral elements. The sensitivity of the numerical  
16 prediction of mechanical properties ( $E$ ,  $G$  and  $\nu$ ) with element type was developed  
17 comparing tetrahedral and hexahedral performance during the simulation of the same  
18 structure.

19 CCU and SPH-SQ structures have been re-meshed with regular hexahedral elements,  
20 as those we used in the topological optimization. In Fig. 7a an internal detail of the CCU  
21 design is shown with different elements types.



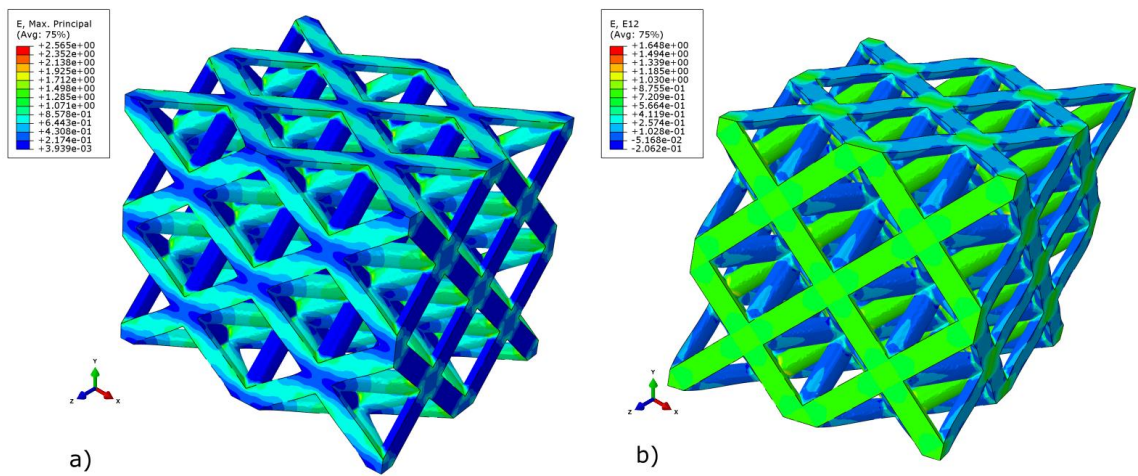
**Figure 7.** Influence of the element type on the mechanical constants calculated for CCU and SPH-SQ designs. a) Detail of CCU design modelled with tetrahedral elements (left) and regular hexahedral elements (right); b) relative Young's modulus for both structures and elements types; c) relative shear modulus for both structures and elements types; d) relative Poisson's ratio for both structures and elements types.

Figs 7b, 7c and 7d show the results of the element type sensitivity analysis obtained in the elastic constants: Young's modulus, shear modulus and Poisson's ratio, respectively. Little differences were found between the tetrahedral and regular hexahedral meshes, even though regular hexahedral elements do not fully fill the volume. SPH-SQ shows higher differences between meshes for porosities from 0.7 to 0.9 when Young's modulus or Poisson's ratio are estimated (see Fig 7b and 7d). In general, slight differences in the predicted mechanical behaviour of the structure are observed when the use of tetrahedral or regular hexahedral elements is compared. As explained in previous sections, a mesh sensitivity analysis was developed previously to set a proper element size, ensuring negligible influence of its size. This element size is also appropriate to avoid the influence of element type.



### 5.3. Elastic properties ( $E$ , $G$ , $\nu$ ) estimation through homogenization

In this section, the relative mechanical properties  $E/E_s$ ,  $G/G_s$ ,  $\nu/\nu_s$  are estimated from the PBC models. These results have also been included in Appendix A. Fig. 8 shows an example of tensile and shear loading cases from the numerical model for the OCT design. The values of the mechanical properties have been averaged, taking into account the different values obtained in each direction or plane. In the case of random structures (SPH-RND and TRUSS-RND), five different distributions have been developed and the mean result is considered for the study. Results for  $E$ ,  $G$  and  $\nu$  are shown in Figs. 9 and 10, respectively, plotted as normalized variables ( $E/E_s$ ,  $G/G_s$ ,  $\nu/\nu_s$ ).

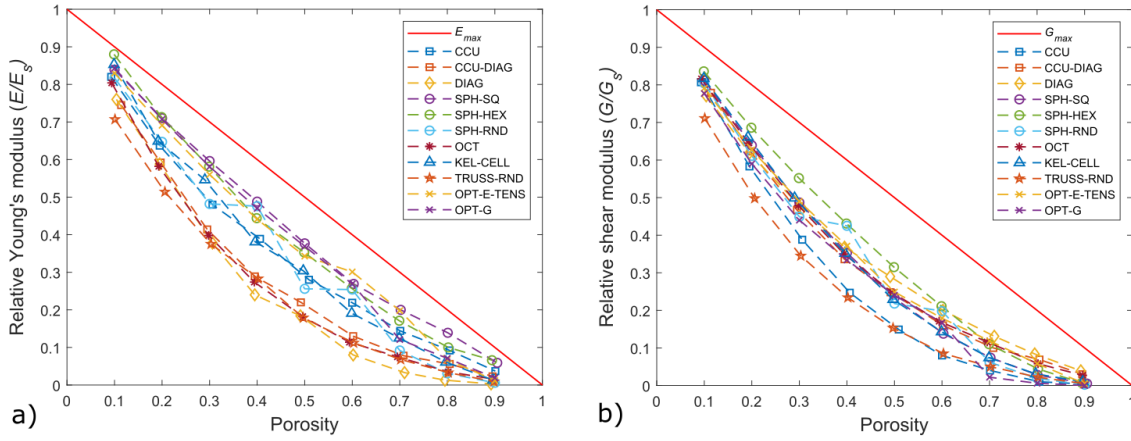


**Figure 8.** Numerical model of the OCT design with a porosity of around 70%. Strain contour plots under different loading conditions: a)  $\varepsilon_{11}=1$  and b)  $\gamma_{12}=1$ .

#### Young's modulus $E/E_s$

Fig. 9a shows results obtained in the analysis for the relative Young's modulus for porosities ranging from 10% to 90%. A non-linear dependence on porosity is observed for most of the structures. The structures containing spherical voids with squared or hexagonal distributions (SPH-SQ and SPH-HEX) and both optimized structures (OPT-E-TENS and OPT-G) show the highest values of relative Young's modulus. As expected, random distribution designs (SPH-RND and TRUSS-RND) show poorer results. The random distribution involves the existence of thinned zones in the structure with the consequent decrease of stiffness. For example, in SPH-RND, the randomness causes strong  $E/E_s$  variations for some levels of porosity, resulting in stiffness values close to the maximum values reached by other designs. Therefore, a random distribution of material

1 makes difficult to predict the stiffness accurately, but a range of values expected may be  
 2 provided. In the results presented in Fig. 9a, it can be observed that the squared  
 3 distribution (SPH-SQ) have the best performance and is the upper bound regarding axial  
 4 stiffness with respect to the random spheres distribution (SPH-RDN).



5 a) b)  
 6 **Figure 9.** Results obtained for relative Young's modulus (a) and relative shear modulus (b) for different porosities.

7 CCU and KEL-CELL structures present analogous  $E/E_s$  behaviour which can be  
 8 explained because of the similarities in the material distribution at the RVE edges, see  
 9 Fig 9a. This conditions the wall deformation mechanisms and thus the elastic properties.  
 10 On the other hand, CCU-DIAD, DIAG and OCT morphologies lead to the lowest  $E/E_s$   
 11 results, in the lower bound of the structures analysed, see Fig. 9a. Again, these similarities  
 12 are result from the geometrical characteristics, presenting material at the diagonals of the  
 13 RVE.

14 Results obtained by means of BESO technique are compared with the analysis  
 15 developed by Huang et al. [7] where bulk and shear modulus maximum were sought,  
 16 using a previous version of this technique. Considering the OPT-E-TENS design, Huang  
 17 et al. [7] presented results for porosity equal to 0.5, 0.6 and 0.7. Results of models of  
 18 porosity equal to 0.5 are similar to those obtained in this work, but lower porosities led to  
 19 higher values of axial stiffness results in this work, about twice those presented by Huang  
 20 et al. [7]. Structures calculated by Huang et al. are similar to those obtained in this work  
 21 (see Fig. 5), although there are small differences on the morphometry obtained. This can  
 22 be due to the use of different initial states for the iteration process, presented in Section  
 23 3, Fig. 2. Huang et al. [7] used the initial state denoted v1 in Fig. 2. However, in our study  
 24 it was observed that v2 initial configuration led to the highest results for traction and shear  
 25 conditions.

1 SPH-SQ can be considered the best design regarding tensile stiffness behaviour,  
2 because it presents the highest  $E/E_s$  values for the range of porosities under study. Other  
3 works in the literature have also highlighted high stiffness results using this design, such  
4 as in the work by Hollister and Lin [47] for the effective Young's modulus.

5 Some of the designs of this work have been analysed in the literature for some  
6 ranges of porosity. Here, we compare those values to the models developed in the present  
7 work. CCU was analysed by Cheng et al. [37] using experimental and numerical  
8 approaches, leading to similar results to those obtained in this work. Also the diagonal  
9 structure (DIAG) has been analysed in other works [17], and it was found that this design  
10 is not proper for tensile loading conditions. None of their trusses are oriented in the  
11 loading direction, which leads to low Young's modulus values. Octet truss (OCT) has  
12 been widely analysed in literature, although it was shown that it is one of the worst design  
13 for tensile conditions, with similar values to those obtained in literature [2,14]. It is worth  
14 noting that loading orientation can have a large influence on the behaviour of this design  
15 [14].

#### 16 17 Shear modulus $G/G_s$

18 Shear modulus results for a variation of porosity between 10% and 90% are shown  
19 in Fig 9b. The numerical results are normalized by the nominal shear modulus  
20 corresponding to the nominal properties implemented in the model without porosity,  
21 following the equation  $G_s = E_s/2(1 + \nu)$ , valid for solid homogenous isotropic  
22 materials. The trends obtained for  $G/G_s$  are different to those previously found for relative  
23 Young's modulus calculation. In general, results show less dispersion than for Young's  
24 modulus. A non-linear influence of porosity is observed for all the structures analysed,  
25 see Fig. 9b. The SPH-HEX configuration shows the best behaviour under shear conditions  
26 for porosities ranging between 10% and 60%. However, its shear stiffness properties  
27 decrease for higher porosities and other structures, such as DIAG, CCU-DIAG and OCT,  
28 present higher  $G/G_s$  values.

29 DIAG design also gives good results in terms of  $G/G_s$  values, while in tensile  
30 loading shows one of the worst behaviours. The diagonal distribution of the material for  
31 these configurations, with bars oriented at  $\pm 45^\circ$  degrees, improves the behaviour under  
32 shear loading. The spheres distribution includes diagonal trusses of material in SPH-HEX

1 case, leading to a similar effective configuration. In addition, the absence of stress  
2 concentrators in SPH-HEX leads to a better shear behaviour than that exhibited by the  
3 DIAG design for porosities up to 60%.

4 The random design TRUSS-RND shows the lowest shear performance for most  
5 of the porosities analysed and would be the lower bound of shear properties for the  
6 structures under study. This points out that randomness is undesirable to optimize a  
7 certain mechanical parameter. Concerning the effect of the randomness distribution, it is  
8 mainly observed in the in the SPH-RND distribution.

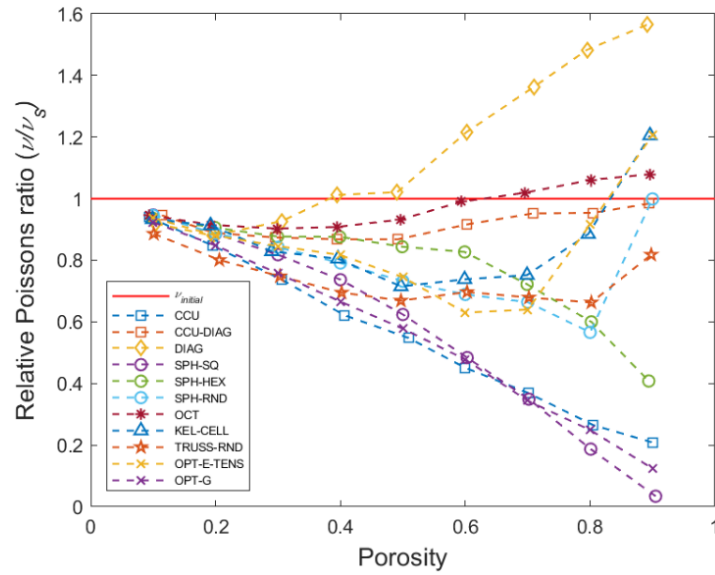
9 On the other hand, the results of several models fall in a narrow range of variation,  
10 see results of CCU-DIAG, SPH-SQ, OCT and OPT-E-TENS in Fig. 9b. Therefore, in  
11 terms of relative shear modulus ( $G/G_s$ ) some of the morphometries lead to very similar  
12 results, with analogous behaviour for a variation of the model porosity.

13 Shear loading has been analysed in [7], however the initial state for the  
14 optimization was different ( $v_1$ ) than in this work ( $v_2$ ), which leads to slight differences  
15 in the final structure that can have an influence on the mechanical behaviour. This type  
16 of optimization was also studied for shear loading in [38], solving a 2D problem to create  
17 a micro-cellular structure, being a different problem providing no comparable results.

18

#### 19 Poisson's ratio $\nu/\nu_s$

20 Fig. 10 shows the normalized Poisson's ratio ( $\nu/\nu_s$ ) related to the value used for  
21 the bulk material in the numerical model for the cases analysed. As expected, values  
22 obtained for the models of low porosities are close to material Poisson's ratio. To the  
23 author's knowledge, Poisson's ratio has been poorly analysed in reticular and porous  
24 structures despite its importance in the compressibility of the structure.



**Figure 10.** Results obtained for Poisson's ratio for models of different porosities. In this figure, the Poisson's ratios calculated using PBC have been divided by the material Poisson's ratio implemented in the numerical model.

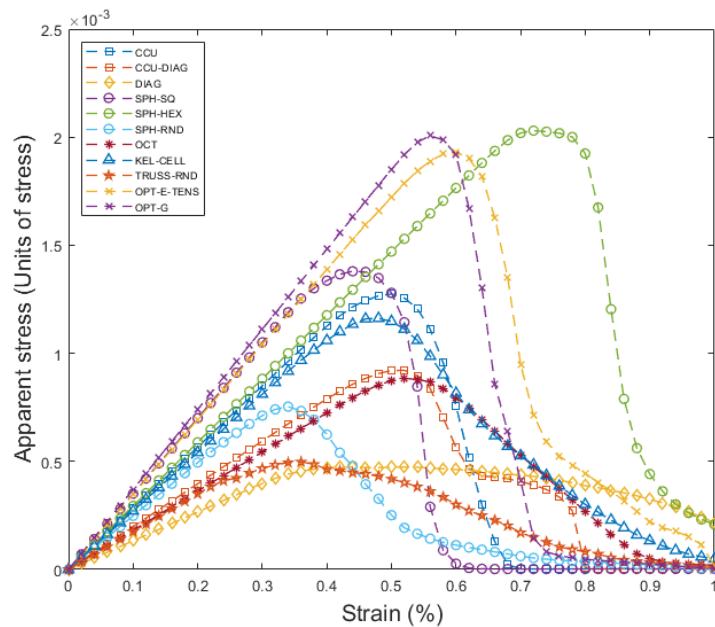
When porosity increases, the Poisson's ratio experiences a strong dispersion depending on the configuration. Architectures with high Poisson's ratio present higher strains in the transverse direction when the load is applied in the longitudinal direction. Obviously, this is result from the morphometry and the subsequent deformation mechanisms of each structure. In DIAG configuration, Poisson's ratio reaches values close to  $\nu=0.5$ , with porosity equal to 0.9. CCU-DIAG and OCT configurations present little variation on the relative Poisson's ratio with values nearby 1 for the porosities analysed. Both configurations have morphological similarities, like the diagonal bars of the RVE. In case SPH-HEX, Poisson's ratio is relatively constant up to a 60% of porosity, with values around 0.25. However, for larger porosities, Poisson's ratio decreases proportionally up to 0.12. The random configurations, SPH-RND and TRUSS-RND, are influenced similarly by the porosity level and the relative Poisson's ratio ( $\nu/\nu_s$ ) takes decreasing values around 0.75. Strong variations can be found for large porosities in SPH-RND, due to its complex geometry.

On the other hand, some configurations show a Poisson's ratio decrease when porosity is close to 1, for instance CCU, OPT-G and SPH-SQ. Specifically, SPH-SQ presents a value about  $\nu=0.01$  for a 90% model porosity, close to auxetic materials, leading to low strains in transverse direction. For these three configurations, material is principally distributed at the RVE edges.

1 It is worth noting the variable trend of the Poisson's ratio for a change on porosity  
 2 for the KEL-CELL and OPT-E-TENS configurations varying from low to high values. It  
 3 is observed the influence of porosity on transverse strains, leading to higher compressive  
 4 strains in the transverse direction to the load.

5  
 6 **5.4. Stress-strain tension curves and fracture paths**

7 Fig. 11 shows the stress-strain curves obtained in the tensile fracture simulation for  
 8 each configuration. Experimentally, fracture tests on lattice structures are usually carried  
 9 out under compressive loads, and only few works in the literature study the fracture  
 10 process under tensile loading [48,49].



11  
 12 **Figure 11.** Stress-strain curves obtained for each design with porosities equal to 50% under tensile loading conditions  
 13 until fracture.

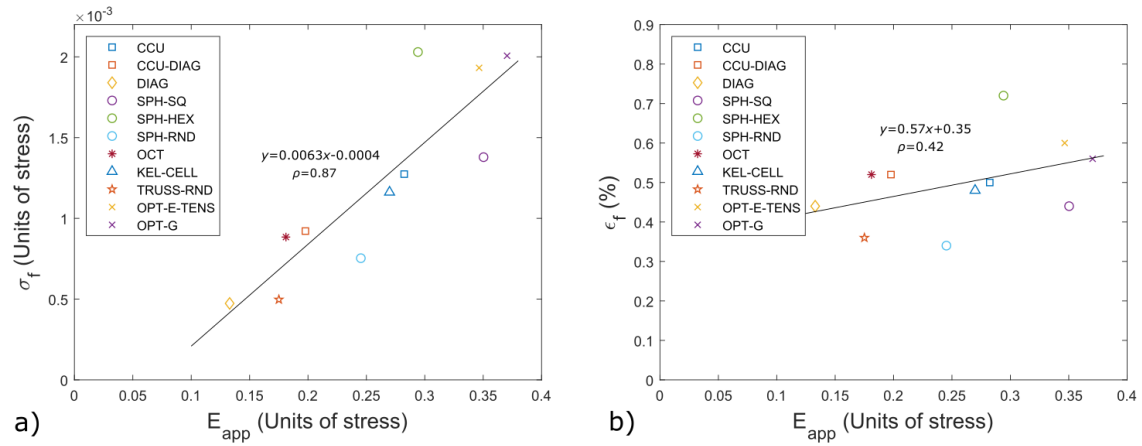
14 Regarding the stiffness of the structure, results shown in Fig. 11 are similar to  
 15 those shown in previous section, although small differences exist due to the non-periodic  
 16 boundary conditions imposed in this simulation. Configurations presenting the highest  
 17 stiffnesses are OPT-E-TENS, SPH-SQ and OPT-G, matching the highest strength values.  
 18 There are slight differences when the stiffness of the structure is analysed using PBC or  
 19 conventional tensile test, although the tendency of the values keeps similar.

20 Compression analyses in reticular structures in scientific literature show different  
 21 stress-strain curves presenting several local stress maxima with a quasi-continuum

1 increase of the stress and high level of deformation, where material densification occurs  
2 [13,50]. However, Fig. 11 shows curves with a unique maximum stress for each  
3 configuration followed by a strong decrease of the stress, which is expected for tension  
4 loading conditions. The mechanical properties imposed to the model that assume a purely  
5 elastic material and a fragile fracture criterion influence the trends observed in the  
6 stress/strain curves. Although the structures are composed by several bars, failure tends  
7 to be localized in fracture bands rather than spread, see Fig. 13. Moreover, bars fracture  
8 simultaneously leading to a macroscopic fragile behaviour. This effect is in agreement  
9 with the observations by Xu et al. with 3D printed lattice structures with PLA [48], where  
10 a fragile fracture behaviour is reported. In our study, CCU-DIAG presents a small second  
11 peak after the initial crack, because the longitudinal bars break before than the diagonal  
12 ones (see Fig. 11, CCU-DIAG stress-strain curve). Random structures (TRUSS-RND and  
13 SPH-RND) are able to support higher strains, due to the random distribution leading to  
14 bar failure at different loads depending on their orientation with respect to the loading  
15 direction. This same fact affects to the DIAG configuration, since all of its bars are  
16 oriented differently with respect to the loading direction. This exacerbates the effect of  
17 bar orientation leading to a great admissible strain and low stress peak.

18 Fig. 12a shows a scatter plot of the failure stress as a function of the apparent  
19 stiffness for a 50% porosity. The highest the apparent modulus is the greater the stress at  
20 failure. Therefore, for a 50% porosity level, the material distribution conditions both the  
21 elastic and failure properties following a linear relationship, with a coefficient of  
22 correlation  $\rho=0.87$ . This kind of behaviour have been observed in other foamed structures,  
23 such as cancellous bone [46]. On the other hand, the failure strain does not correlate to  
24 the apparent modulus, since a coefficient of correlation  $\rho=0.42$  was obtained, see Fig.  
25 12b.

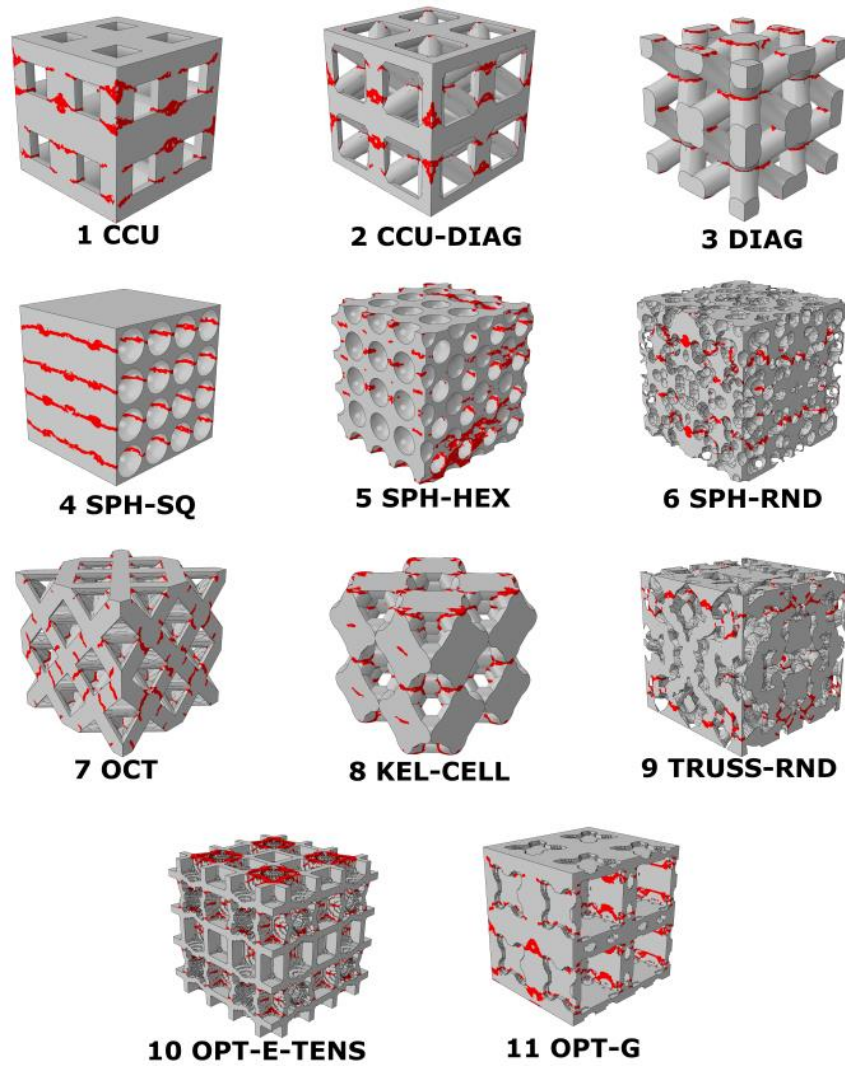
26



**Figure 12.** Scatter plot of a) failure stress and b) failure strain as a function of the apparent modulus of each structure.

Fracture paths obtained under tensile loading are shown in Fig. 13 for configurations with a porosity of 50%. Structures with connected bars show fracture paths located at bars joints due to the elevated stress concentration at these zones. Probably, the incorporation of fillets at these corners would improve the response of these structures to high stresses, increasing their maximum admissible load. Structures cut by spheres (SPH-SQ and SPH-HEX) present fracture paths in zones with small thickness walls due to the presence of voids. SPH-SQ is fractured by transverse fracture paths, while SPH-HEX also presents a diffuse fracture path at 45° with respect to the loading direction. These are maximum shear planes appearing in the structure due to the hexagonal distribution of the cutting spheres. Random structures mainly present two transverse fracture paths close to the upper and lower face. These fracture paths are more diffuse than those shown, for instance, in SPH-SQ due to the random distribution. Optimized structures also present transverse fracture paths located at the thinnest walls. Also OPT-E-TENS presents damaged areas close to the faces where boundary conditions were applied.





1

2

3

4

**Figure 13.** Simulation of fracture paths under tensile loading. The displacement is applied in vertical direction. Elements in red represent damaged elements while grey elements in grey intact material. SPH-SQ, SPH-HEX and OPT-G are cut through a plane to show an internal view. Porosity for all structures is 50%.

5

6

7

8

9

10

11

12

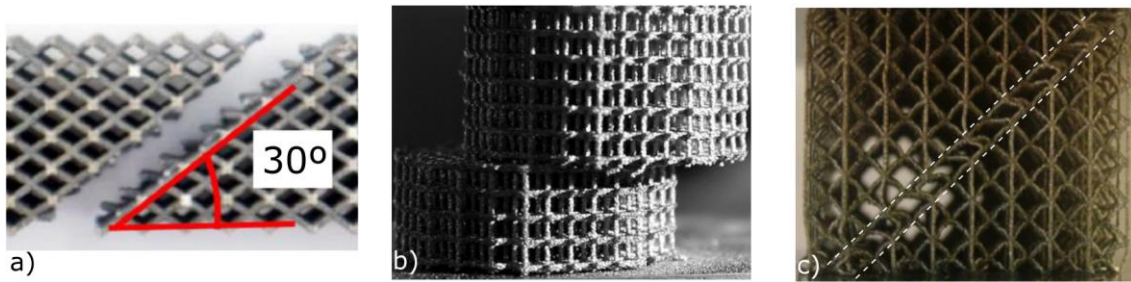
13

14

15

As explained above, fracture paths shown in this work are mainly transverse to the loading direction, except for SPH-HEX, where the hollow hexagonal distribution leads to some diagonal fracture planes, corresponding to maximum shear planes at  $45^\circ$ . This location of the fracture paths seems to be clearly influenced by the geometry of the structure. Some examples extracted from literature are shown in Fig. 14. Tensile fracture tests reported in the literature [48,49] show that an increased quantity of bars oriented with the same direction of load, leads to enhanced transverse fracture paths. The absence of longitudinal bars originates cracks following the bars located closer to the longitudinal axis (see for instance Fig. 14a from [49]). Compression tests reported in literature also highlight the strong influence of the structure design on the fracture path. Depending on the architecture, transverse fracture paths [15] or diagonal cracks [17] can be found. For

1 example, in Fig. 14a and 14c, failure tends to concentrate in shear bands, which  
2 correspond to the maximum shear planes direction. Another failure mode observed in this  
3 kind of structures is the local buckling of the struts [15]. The presence of longitudinal or  
4 transverse bars only implies a transverse fracture path (see fracture under compression in  
5 Fig. 14b from [15]), while the use of also diagonal bars leads to a diagonal crack path (see  
6 Fig. 14c from [17]). Also, a bad quality of the PLA printed can influence the fracture  
7 path, leading to a more diffuse crack [51].



8

9 **Figure 14.** Some fracture paths reported in literature. a) Diagonal fracture path at 30° from [49]. b) Transverse  
10 fracture under compression due to local buckling from [15]. c) Diagonal fracture path at 45° under compression from  
11 [17]. Reprinted from Refs. [15,17,49] with permissions.

12

## 13 **6. Conclusions**

14 In this work, the mechanical behaviour of several lattice and porous structures has  
15 been modelled using finite element numerical models. This numerical analysis allowed  
16 the study of the mechanical behaviour of different configurations, obtained from the  
17 literature or developed through topological optimization. This kind of analysis is useful  
18 to understand the behaviour of each structure under different conditions, allowing the  
19 selection of a specific structure for a given loading case.

20 Numerical models have been validated comparing with experiments extracted from  
21 literature, leading to accurate results.

22 PBCs have been implemented aiming at estimating the stiffness matrix associated to  
23 each morphology and the subsequent mechanical properties for different levels of  
24 porosity. Regarding apparent Young's modulus, the configurations with spherical cavities  
25 arranged in a square distribution yield the best results, because of the bulk material  
26 aligned with the loading direction. The topologic optimized configuration for this purpose  
27 also shows an enhanced behaviour, since it follows a similar distribution to that created

1 by spherical cavities. The configuration with spherical cavities arranged in a hexagonal  
2 distribution leads to the best mechanical behaviour under shear loading. The increased  
3 distribution of material at the diagonal zone explains this behaviour. As expected,  
4 configurations with random distributions show a worse behaviour both in tensile and  
5 shear loading, due to the small effective area involved. As regards the Poisson's ratio, an  
6 interesting dispersion of the results has been found, showing strong variations as the  
7 porosity changes. This fact has led to either an increase or a decrease of the Poisson's  
8 ratio for high levels of porosity that depends on the structure.

9 Fracture has also been modelled for each structure to analyse the tensile stress-strain  
10 curve and the fracture path. Thus, the stiffness behaviour of the structures has been  
11 corroborated at the first loading stages. Random structures show that are not able to  
12 withstand high loads, since local damage initiates at the first steps of the loading process.  
13 However, the damage in these structures is more progressive, although its failure strain is  
14 similar to the ones for non-random structures. A linear relationship between the apparent  
15 stiffness and the stress at failure has been obtained. The highest the rigidity is, the greater  
16 the stress at failure. No significant correlation was found to the strain at failure. Fracture  
17 paths initiate principally at connections between bars that act as stress concentrators. In  
18 general, path propagation is clearly influenced by the material distribution in the structure.

19 In this work we have included the most important structures designed or studied in  
20 literature. Due to the large number of structures available in research, some of them have  
21 not been included in this work, which is a limitation of the paper. For instance, triply  
22 periodical minimal surface (TPMS) geometries such as gyroids have not been studied in  
23 this work, since the large number of design possibilities would make the paper difficult  
24 to follow and to understand.

25 Another limitation of the work is the fact that we only have analysed the ideal  
26 geometry of the structures by finite element models. However, these procedures can  
27 produce geometrical imperfections, such as porosity, variation in strut's thickness,  
28 residual stress and localised buckling due to bed's instabilities [34]. Also, the orientation  
29 of the 3D printing can influence its mechanical behaviour, leading to a structure with  
30 orthotropic behaviour, while here they have been considered as modelled by  
31 homogeneous materials. These imperfections could affect to the behaviour of the  
32 structure, reducing their mechanical properties like in this work have been analysed.

1

## 2 **7. Acknowledgements**

3 The authors gratefully acknowledge the funding support received from the Spanish  
4 Ministry of Economy and Competitiveness and the FEDER operation program for  
5 funding the projects DPI2017-89197-C2-1-R and DPI2017-89197-C2-2-R and the  
6 Generalitat Valenciana through the project Prometeo/2016/007.

7

## 8 **8. References**

- 9 [1] Wang Y, Zhang L, Daynes S, Zhang H, Feih S, Wang MY. Design of  
10 graded lattice structure with optimized mesostructures for additive  
11 manufacturing. *Mater Des* 2018;142:114–23.  
12 <https://doi.org/10.1016/J.MATDES.2018.01.011>.
- 13 [2] Deshpande VS, Fleck NA, Ashby MF. Effective properties of the octet-  
14 truss lattice material. *J Mech Phys Solids* 2001;49:1747–69.
- 15 [3] Gibson LJ, Ashby MF. Cellular solids: structure and properties.  
16 Cambridge University Press; 1999.
- 17 [4] RYAN G, PANDIT A, APATSIDIS D. Fabrication methods of porous  
18 metals for use in orthopaedic applications. *Biomaterials*  
19 2006;27:2651–70. <https://doi.org/10.1016/j.biomaterials.2005.12.002>.
- 20 [5] Banhart J. Manufacture, characterisation and application of cellular  
21 metals and metal foams. *Prog Mater Sci* 2001;46:559–632.  
22 [https://doi.org/10.1016/S0079-6425\(00\)00002-5](https://doi.org/10.1016/S0079-6425(00)00002-5).
- 23 [6] Hollister SJ. Porous scaffold design for tissue engineering. *Nat Mater*  
24 2005;4:518–24. <https://doi.org/10.1038/nmat1421>.
- 25 [7] Huang X, Radman A, Xie YM. Topological design of microstructures  
26 of cellular materials for maximum bulk or shear modulus. *Comput*  
27 *Mater Sci* 2011;50:1861–70.  
28 <https://doi.org/10.1016/j.commatsci.2011.01.030>.
- 29 [8] Rafi HK, Karthik N V., Gong H, Starr TL, Stucker BE. Microstructures  
30 and mechanical properties of Ti6Al4V parts fabricated by selective  
31 laser melting and electron beam melting. *J Mater Eng Perform*  
32 2013;22:3872–83. <https://doi.org/10.1007/s11665-013-0658-0>.
- 33 [9] Tkac J, Samborski S, Monkova K, Debski H. Analysis of mechanical  
34 properties of a lattice structure produced with the additive technology.

- 1 Compos Struct 2020;242.  
2 <https://doi.org/10.1016/j.compstruct.2020.112138>.
- 3 [10] Syam WP, Jianwei W, Zhao B, Maskery I, Elmadih W, Leach R.  
4 Design and analysis of strut-based lattice structures for vibration  
5 isolation. *Precis Eng* 2018;52:494–506.  
6 <https://doi.org/10.1016/J.PRECISIONENG.2017.09.010>.
- 7 [11] Montazerian H, Davoodi E, Asadi-Eydivand M, Kadkhodapour J,  
8 Solati-Hashjin M. Porous scaffold internal architecture design based  
9 on minimal surfaces: A compromise between permeability and elastic  
10 properties. *Mater Des* 2017;126:98–114.  
11 <https://doi.org/10.1016/j.matdes.2017.04.009>.
- 12 [12] Choy SY, Sun C-N, Leong KF, Wei J. Compressive properties of  
13 functionally graded lattice structures manufactured by selective laser  
14 melting. *Mater Des* 2017;131:112–20.  
15 <https://doi.org/10.1016/J.MATDES.2017.06.006>.
- 16 [13] Xiao Z, Yang Y, Xiao R, Bai Y, Song C, Wang D. Evaluation of  
17 topology-optimized lattice structures manufactured via selective laser  
18 melting. *Mater Des* 2018;143:27–37.  
19 <https://doi.org/10.1016/j.matdes.2018.01.023>.
- 20 [14] Messner MC. Optimal lattice-structured materials. *J Mech Phys Solids*  
21 2016;96:162–83. <https://doi.org/10.1016/J.JMPS.2016.07.010>.
- 22 [15] Cuadrado A, Yáñez A, Martel O, Deviaene S, Monopoli D. Influence  
23 of load orientation and of types of loads on the mechanical properties  
24 of porous Ti6Al4V biomaterials. *Mater Des* 2017;135:309–18.  
25 <https://doi.org/10.1016/J.MATDES.2017.09.045>.
- 26 [16] Ying J, Lu L, Tian L, Yan X, Chen B. ARTICLE IN PRESS  
27 Anisotropic porous structure modeling for 3D printed objects. *Comput*  
28 *Graph* 2017;7:1–8. <https://doi.org/10.1016/j.cag.2017.07.008>.
- 29 [17] McKown S, Shen Y, Brookes WK, Sutcliffe CJ, Cantwell WJ,  
30 Langdon GS, et al. The quasi-static and blast loading response of lattice  
31 structures. *Int J Impact Eng* 2008;35:795–810.  
32 <https://doi.org/10.1016/J.IJIMPENG.2007.10.005>.
- 33 [18] Gibson LJ, Ashby MF, Schajer GS, Robertson CI. The mechanics of  
34 two-dimensional cellular materials. *Proc R Soc A Math Phys Eng Sci*  
35 1982;382:25–42.
- 36 [19] Gibson LJ, Ashby MF. The mechanics of three-dimensional cellular  
37 materials. *Proc R Soc A Math Phys Eng Sci* 1982;382:43–59.
- 38 [20] Marsavina L, Constantinescu DM, Linul E, Voiconi T, Apostol DA.

- 1 Shear and mode II fracture of PUR foams. *Eng Fail Anal* 2015;58:465–  
2 76. <https://doi.org/10.1016/j.engfailanal.2015.05.021>.
- 3 [21] Johnson AE, Keller TS. Mechanical properties of open-cell foam  
4 synthetic thoracic vertebrae. *J Mater Sci Mater Med* 2008;19:1317–23.  
5 <https://doi.org/10.1007/s10856-007-3158-7>.
- 6 [22] Fürst D, Senck S, Hollensteiner M, Esterer B, Augat P, Eckstein F, et  
7 al. Characterization of synthetic foam structures used to manufacture  
8 artificial vertebral trabecular bone. *Mater Sci Eng C* 2017;76:1103–11.  
9 <https://doi.org/10.1016/j.msec.2017.03.158>.
- 10 [23] Ashby MF. *Metal foams : a design guide*. Butterworth-Heinemann;  
11 2000.
- 12 [24] Nie Z, Lin Y, Tong Q. Modeling structures of open cell foams. *Comput*  
13 *Mater Sci* 2017;131:160–9.  
14 <https://doi.org/10.1016/j.commatsci.2017.01.029>.
- 15 [25] Li D, Liao W, Dai N, Xie YM. Anisotropic design and optimization of  
16 conformal gradient lattice structures. *CAD Comput Aided Des*  
17 2020;119:1–15. <https://doi.org/10.1016/j.cad.2019.102787>.
- 18 [26] Bendsøe MP, Kikuchi N. Generating optimal topologies in structural  
19 design using a homogeneization method. *Comput Methods Appl Mech*  
20 *Eng* 1988;71:197–224.
- 21 [27] Bendsøe MP. Optimal shape design as a material distribution problem.  
22 *Struct Optim* 1989;1:193–202. <https://doi.org/10.1007/BF01650949>.
- 23 [28] Wang MY, Wang X, Guo D. A level set method for structural topology  
24 optimization. *Comput Methods Appl Mech Engrg* 2003;192:227–46.
- 25 [29] Xie YM, Steven GP. ESO for Shape Optimization and the Reduction  
26 of Stress Concentrations. *Evol. Struct. Optim.*, London: Springer  
27 London; 1997, p. 126–47. [https://doi.org/10.1007/978-1-4471-0985-](https://doi.org/10.1007/978-1-4471-0985-3_8)  
28 [3\\_8](https://doi.org/10.1007/978-1-4471-0985-3_8).
- 29 [30] Xie YM, Steven GP. A simple evolutionary procedure for structural  
30 optimization. *Comput Struct* 1993;49:885–96.  
31 [https://doi.org/10.1016/0045-7949\(93\)90035-C](https://doi.org/10.1016/0045-7949(93)90035-C).
- 32 [31] Querin OM, Steven GP, Xie YM. Evolutionary structural optimisation  
33 (ESO) using a bidirectional algorithm. *Eng Comput* 1998;15:1031–48.  
34 <https://doi.org/10.1108/02644409810244129>.
- 35 [32] Huang X, Xie YM. Convergent and mesh-independent solutions for  
36 the bi-directional evolutionary structural optimization method. *Finite*  
37 *Elem Anal Des* 2007;43:1039–49.

- 1 <https://doi.org/10.1016/J.FINEL.2007.06.006>.
- 2 [33] Wang X, Xu S, Zhou S, Xu W, Leary M, Choong P, et al. Topological  
3 design and additive manufacturing of porous metals for bone scaffolds  
4 and orthopaedic implants: A review. *Biomaterials* 2016;83:127–41.  
5 <https://doi.org/10.1016/j.biomaterials.2016.01.012>.
- 6 [34] Peng C, Tran P, Nguyen-Xuan H, Ferreira AJM. Mechanical  
7 performance and fatigue life prediction of lattice structures: Parametric  
8 computational approach. *Compos Struct* 2020;235.  
9 <https://doi.org/10.1016/j.compstruct.2019.111821>.
- 10 [35] Zuo ZH, Xie YM. A simple and compact Python code for complex 3D  
11 topology optimization. *Adv Eng Softw* 2015;85:1–11.  
12 <https://doi.org/10.1016/j.advengsoft.2015.02.006>.
- 13 [36] Duan S, Xi L, Wen W, Fang D. Mechanical performance of topology-  
14 optimized 3D lattice materials manufactured via selective laser  
15 sintering. *Compos Struct* 2020;238.  
16 <https://doi.org/10.1016/j.compstruct.2020.111985>.
- 17 [37] Methods C, Mech A, Cheng L, Bai J, To AC. ScienceDirect  
18 Functionally graded lattice structure topology optimization for the  
19 design of additive manufactured components with stress constraints.  
20 *Comput Methods Appl Mech Eng* 2019;344:334–59.  
21 <https://doi.org/10.1016/j.cma.2018.10.010>.
- 22 [38] Du Y, Li H, Luo Z, Tian Q. Topological design optimization of lattice  
23 structures to maximize shear stiffness. *Adv Eng Softw* 2017;112:211–  
24 21. <https://doi.org/10.1016/J.ADVENGSOFT.2017.04.011>.
- 25 [39] Vercher A, Giner E, Arango C, Tarancón JE, Fuenmayor FJ, Vercher  
26 A, et al. Homogenized stiffness matrices for mineralized collagen  
27 fibrils and lamellar bone using unit cell finite element models.  
28 *Biomech Model Mechanobiol* 2014;13:437–49.  
29 <https://doi.org/10.1007/s10237-013-0507-y>.
- 30 [40] Reisinger AG, Pahr DH, Zysset PK. Elastic anisotropy of bone  
31 lamellae as a function of fibril orientation pattern. *Biomech Model  
32 Mechanobiol* 2011;10:67–77. [https://doi.org/10.1007/s10237-010-  
33 0218-6](https://doi.org/10.1007/s10237-010-0218-6).
- 34 [41] Hohe J. A direct homogenization approach for determination of the  
35 stiffness matrix for microheterogeneous plates with application to  
36 sandwich panels. *Compos Part B* 2003;34:615–626.
- 37 [42] ABAQUS/Standard User's Manual, v. 6.12. Providence, Rhode Island:  
38 Simulia; 2012.

- 1 [43] Giner E, Belda R, Arango C, Vercher-Martínez A, Tarancón JE,  
2 Fuenmayor FJ. Calculation of the critical energy release rate  $G_c$  of the  
3 cement line in cortical bone combining experimental tests and finite  
4 element models. *Eng Fract Mech* 2017;184:168–82.  
5 <https://doi.org/10.1016/J.ENGFRACTMECH.2017.08.026>.
- 6 [44] Marco M, Giner E, Larraínzar-Garijo R, Caeiro JR, Miguélez MH.  
7 Modelling of femur fracture using finite element procedures. *Eng Fract*  
8 *Mech* 2018;196:157–67.  
9 <https://doi.org/10.1016/j.engfracmech.2018.04.024>.
- 10 [45] Marco M, Giner E, Caeiro-Rey JR, Miguélez MH, Larraínzar-Garijo  
11 R. Numerical modelling of hip fracture patterns in human femur.  
12 *Comput Methods Programs Biomed* 2019;173:67–75.  
13 <https://doi.org/10.1016/J.CMPB.2019.03.010>.
- 14 [46] Belda R, Palomar M, Peris-Serra JL, Vercher-Martínez A, Giner E.  
15 Compression failure characterization of cancellous bone combining  
16 experimental testing, digital image correlation and finite element  
17 modeling. *Int J Mech Sci* 2020;165:105213.  
18 <https://doi.org/10.1016/j.ijmecsci.2019.105213>.
- 19 [47] Hollister SJ, Lin CY. Computational design of tissue engineering  
20 scaffolds. *Comput Methods Appl Mech Eng* 2007;196:2991–8.  
21 <https://doi.org/10.1016/J.CMA.2006.09.023>.
- 22 [48] Xu Y, Zhang H, Šavija B, Chaves Figueiredo S, Schlangen E.  
23 Deformation and fracture of 3D printed disordered lattice materials:  
24 Experiments and modeling. *Mater Des* 2019;162:143–53.  
25 <https://doi.org/10.1016/J.MATDES.2018.11.047>.
- 26 [49] Geng X, Lu Y, Liu C, Li W, Yue Z. Fracture characteristic analysis of  
27 cellular lattice structures under tensile load. *Int J Solids Struct*  
28 2019;163:170–7. <https://doi.org/10.1016/J.IJSOLSTR.2019.01.006>.
- 29 [50] Yan C, Hao L, Hussein A, Raymont D. Evaluations of cellular lattice  
30 structures manufactured using selective laser melting. *Int J Mach Tools*  
31 *Manuf* 2012;62:32–8.  
32 <https://doi.org/10.1016/J.IJMACHTOOLS.2012.06.002>.
- 33 [51] Dong G, Wijaya G, Tang Y, Zhao YF. Optimizing process parameters  
34 of fused deposition modeling by Taguchi method for the fabrication of  
35 lattice structures. *Addit Manuf* 2018;19:62–72.  
36 <https://doi.org/10.1016/J.ADDMA.2017.11.004>.

37

38



# Appendix A

Table I. Relative mechanical constants for different porosities. CCU structure

	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
$E_{rel}$	0.820	0.637	0.480	0.389	0.280	0.219	0.144	0.092	0.037
$G_{rel}$	0.807	0.583	0.388	0.247	0.149	0.080	0.040	0.010	0.004
$\nu_{rel}$	0.940	0.848	0.737	0.622	0.548	0.451	0.369	0.265	0.208

Table II. Relative mechanical constants for different porosities. CCU-DIAG structure

	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
$E_{rel}$	0,745	0,592	0,414	0,289	0,220	0,130	0,078	0,056	0,023
$G_{rel}$	0,779	0,623	0,467	0,336	0,248	0,160	0,100	0,069	0,030
$\nu_{rel}$	0,946	0,889	0,874	0,868	0,868	0,916	0,952	0,954	0,984

Table III. Relative mechanical constants for different porosities. DIAG structure

	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
$E_{rel}$	0,760	0,588	0,378	0,240	0,184	0,080	0,033	0,013	0,003
$G_{rel}$	0,771	0,619	0,471	0,368	0,290	0,200	0,131	0,084	0,039
$\nu_{rel}$	0,919	0,880	0,927	1,012	1,021	1,216	1,363	1,483	1,565

Table IV. Relative mechanical constants for different porosities. SPH-SQ structure

	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
$E_{rel}$	0,839	0,710	0,596	0,488	0,377	0,269	0,200	0,139	0,059
$G_{rel}$	0,812	0,639	0,487	0,353	0,233	0,138	0,074	0,028	0,005
$\nu_{rel}$	0,947	0,886	0,818	0,737	0,624	0,484	0,349	0,187	0,034

Table V. Relative mechanical constants for different porosities. SPH-HEX structure

	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
$E_{rel}$	0,880	0,713	0,581	0,444	0,353	0,257	0,171	0,100	0,066
$G_{rel}$	0,836	0,686	0,552	0,431	0,315	0,211	0,110	0,044	0,007
$\nu_{rel}$	0,936	0,906	0,877	0,876	0,844	0,827	0,722	0,600	0,408

1

Table VI. Relative mechanical constants for different porosities. SPH-RND structure

	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
$E_{rel}$	0,817	0,647	0,482	0,476	0,256	0,254	0,092	0,031	0,006
$G_{rel}$	0,804	0,611	0,449	0,425	0,218	0,198	0,062	0,019	0,002
$\nu_{rel}$	0,946	0,887	0,842	0,791	0,732	0,689	0,664	0,566	0,999

2

3

Table VII. Relative mechanical constants for different porosities. OCT structure

	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
$E_{rel}$	0,804	0,582	0,398	0,274	0,182	0,114	0,075	0,035	0,016
$G_{rel}$	0,816	0,645	0,479	0,350	0,247	0,171	0,116	0,058	0,027
$\nu_{rel}$	0,946	0,915	0,903	0,908	0,932	0,990	1,019	1,061	1,079

4

5

Table VIII. Relative mechanical constants for different porosities. KEL-CELL structure

	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
$E_{rel}$	0,853	0,649	0,546	0,381	0,304	0,191	0,125	0,061	0,013
$G_{rel}$	0,817	0,661	0,499	0,352	0,229	0,143	0,074	0,031	0,010
$\nu_{rel}$	0,933	0,913	0,829	0,805	0,715	0,738	0,752	0,885	1,205

6

7

Table IX. Relative mechanical constants for different porosities. TRUSS-RND structure

	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
$E_{rel}$	0,707	0,514	0,375	0,283	0,179	0,112	0,068	0,033	0,009
$G_{rel}$	0,711	0,498	0,345	0,234	0,153	0,085	0,050	0,022	0,005
$\nu_{rel}$	0,886	0,801	0,748	0,695	0,669	0,697	0,679	0,663	0,818

8

9

Table X. Relative mechanical constants for different porosities. OPT-E-TENS structure

	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
$E_{rel}$	0,830	0,691	0,560	0,441	0,343	0,301	0,198	0,068	0,012
$G_{rel}$	0,791	0,627	0,490	0,371	0,249	0,179	0,119	0,058	0,005
$\nu_{rel}$	0,937	0,880	0,846	0,817	0,745	0,630	0,640	0,916	1,206

10

11

1

Table XI. Relative mechanical constants for different porosities. OPT-G-TENS structure

	0.1	0.2	0.3	0.4	0.5	0.6	0.7	0.8	0.9
$E_{rel}$	0,843	0,707	0,581	0,470	0,369	0,269	0,121	0,071	0,019
$G_{rel}$	0,777	0,590	0,440	0,334	0,240	0,167	0,022	0,006	0,0002
$\nu_{rel}$	0,923	0,848	0,757	0,666	0,578	0,478	0,344	0,249	0,124

2

3