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## Bioactive glass/polymer composite scaffolds mimicking bone tissue

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### Abstract

The aim of this work was the preparation and characterization of scaffolds with mechanical and functional properties able to regenerate bone. Porous scaffolds made of chitosan/gelatin (POL) blends containing different amounts of a bioactive glass (CEL2), as inorganic material stimulating biomineralization, were fabricated by freeze-drying. Foams with different compositions

25 (CEL2/POL 0/100; 40/60; 70/30 wt %/wt) were prepared. Samples were crosslinked using genipin  
26 (GP) to improve mechanical strength and thermal stability. The scaffolds were characterized in  
27 terms of their stability in water, chemical structure, morphology, bioactivity, and mechanical  
28 behavior. Moreover, MG63 osteoblast-like cells and periosteal-derived stem cells were used to  
29 assess their biocompatibility. CEL2/POL samples showed interconnected pores having an average  
30 diameter ranging from  $179 \pm 5 \mu\text{m}$  for CEL2/POL 0/100 to  $136 \pm 5 \mu\text{m}$  for CEL2/POL 70/30. GP-  
31 crosslinking and the increase of CEL2 amount stabilized the composites to water solution (shown  
32 by swelling tests). In addition, the SBF soaking experiment showed a good bioactivity of the  
33 scaffold with 30 and 70 wt % CEL2. The compressive modulus increased by increasing CEL2  
34 amount up to  $2.1 \pm 0.1 \text{ MPa}$  for CEL2/POL 70/30. Dynamical mechanical analysis has evidenced  
35 that composite scaffolds at low frequencies showed an increase of storage and loss modulus with  
36 increasing frequency; furthermore, a drop of  $E'$  and  $E''$  at 1 Hz was observed, and for higher  
37 frequencies both moduli increased again. Cells displayed a good ability to interact with the different  
38 tested scaffolds which did not modify cell metabolic activity at the analyzed points. MTT test  
39 proved only a slight difference between the two cytotypes analyzed. © 2012 Wiley Periodicals,  
40 Inc. J Biomed Mater Res Part A 100A:2654–2667, 2012.

41 **Keywords:** bioactive glass, chitosan, composite, gelatin, periosteal precursor cells

42

## 43 INTRODUCTION

44 The development of regenerative bone graft substitutes and bone tissue engineering scaffolds is an  
45 important area in the field of biomaterials and orthopedics, in a busy scenario for academia,  
46 industry, and clinicians, especially since several commercial bone graft substitute products were  
47 successfully applied in the clinics.<sup>1</sup> The strategy of designing scaffolds able to regenerate bone with  
48 good mechanical and functional properties is a promising alternative to the use of allografts,  
49 autografts, and metals. Scaffolds for bone repair should be based on biomaterials with adequate  
50 properties such as biocompatibility, osteoconduction, bioactivity, osteoinduction, and  
51 biodegradation.<sup>2</sup> Bone regeneration usually employs three-dimensional (3D) porous materials. The  
52 3D porous structure provides the necessary support for cells to proliferate and maintain their  
53 differential function, and its architecture defines the ultimate shape of new bone.<sup>3</sup> Moreover,  
54 scaffolds for bone regeneration should mimic bone morphology, structure, and function. Bone is  
55 composed of calcium phosphate (69–80 wt %, mainly hydroxyapatite), collagen (17–20 wt %), and  
56 other components (water, proteins, etc.).<sup>4</sup> For this reason, composites based on apatite crystals and  
57 natural polymers have received increasing attention in bone tissue engineering applications due to  
58 their ability to preserve the structural and biological phenotype of the damaged hard tissues in a  
59 biomimetic way.<sup>5</sup> 3D sponge-like composite scaffolds based on bioactive glass and a genipin-  
60 crosslinked network of chitosan/gelatin were obtained by freeze-drying and investigated, having a  
61 similar composition to that of natural bone. Bioactive glasses are formed of different compositions  
62 of SiO<sub>2</sub> with the addition of Na<sub>2</sub>O, CaO, and P<sub>2</sub>O<sub>5</sub>; they react with physiological fluids and form  
63 strong chemical bonds with the native tissue.<sup>6, 7</sup> Bioactive glasses have successfully served as  
64 skeletal substitutes and to fill bone defects in the oral cavity, largely because of their  
65 osteoconductive properties.<sup>8, 9</sup> To retain these materials in a local defect site, bioactive glasses have  
66 been incorporated into composites with synthetic polymers for improved delivery and

67 degradation.<sup>10, 11</sup> While most osteoconductive biomaterials predominantly serve as a passive site  
68 for cellular adhesion, proliferation, and differentiation, recent reports have demonstrated that  
69 bioactive glasses may play a more active role in directing cellular behavior<sup>12, 13</sup> Bioglass® 45S5  
70 has exhibited the potential to support the growth of osteoblasts and their precursors in vitro and to  
71 favor osteoblast differentiation by stimulating the synthesis of phenotypic markers such as alkaline  
72 phosphatase, Type I collagen, and osteocalcin.<sup>13-15</sup> Moreover, chitosan, a naturally derived  
73 polysaccharide, was used as organic component of the composite scaffold. It has gained much  
74 attention as a biomaterial in diverse tissue engineering applications due to its low cost, large-scale  
75 availability, anti-microbial activity, and biocompatibility.<sup>16</sup> Chitosan films are highly brittle with a  
76 strain at break of 40–50% in the wet state, while chitosan scaffolds with various shapes, pore sizes,  
77 and pore orientation can be obtained using freezing at a controlled-rate followed by  
78 lyophilization.<sup>16</sup> Furthermore, lysozyme-dependent chitosan degradation is influenced by the  
79 degree of deacetylation (DD),<sup>17</sup> local pH,<sup>18</sup> and homogeneity of the source; lysozymal hydrolysis  
80 is high in acidic conditions (pH = 4.5–5.5)<sup>19</sup> and decreases with increasing DD. The mechanical or  
81 biological properties of chitosan can be significantly improved by blending with other polymers.<sup>20</sup>  
82 Gelatin, a nonexpensive and commercially available biomaterial that has gained interest in  
83 biomedical engineering, mainly because of its biodegradability, has been blended with chitosan to  
84 improve the biological activity since (i) it contains Arg–Gly–Asp (RGD)-like sequences that  
85 promote cell adhesion and migration, and (ii) it may form a polyelectrolyte complex with chitosan.  
86 Gelatin–chitosan scaffold has been formed without or with cross-linkers such as glutaraldehyde<sup>21</sup>  
87 or enzymes,<sup>22</sup> and tested for the regeneration of various tissues including skin<sup>23</sup> cartilage,<sup>24</sup> and  
88 bone.

89 The scaffolds were prepared by freeze-drying process that is a conventional technique for the  
90 fabrication of porous materials in which pore structure is controlled by the ice crystal growth.  
91 Optimal pore diameters for 3D porous structures for bone repair are in the 100–400  $\mu\text{m}$  range.<sup>25</sup>  
92 In this work, physical, chemical, and mechanical properties and the bioactivity of composite porous  
93 scaffold were investigated. Moreover, to assess their biocompatibility and possible use for the  
94 regeneration of osteochondral tissues, the interaction with MG63 osteoblast-like cells and  
95 periosteal progenitor cells (PCs) was evaluated. The latter present a cell-surface marker profile  
96 similar to mesenchymal stem cells (MSCs) that are prominent candidate cells to repair complex  
97 skeletal tissue defects.<sup>26</sup> MSCs, in fact, have a pronounced expansion capacity, undergo no  
98 allogeneic rejection after transplantation, and show a high plasticity. PCs also have the potential to  
99 differentiate into bone, cartilage, fat, and muscle<sup>27</sup> and recent studies evaluating migration, homing,  
100 or engraftment potential of human PCs strengthened the hypothesis of periosteum as an interesting  
101 cell source for a bone tissue regenerative medicine.<sup>28</sup>

102

## 103 **EXPERIMENTAL SECTION**

### 104 **Materials and methods**

#### 105 **Materials**

106 Type A gelatin (CAS No. G2500-100G) from porcine skin was supplied from Sigma, Italy.  
107 Chitosan derived from crab shell with 76.5% deacetylation degree was purchased from Sigma,  
108 Milan, Italy. The degree of deacetylation was determined by FT-IR spectroscopy using the  
109 following formula:<sup>29</sup>

$$110 \quad \%DD = 100 - [(A_{1320} / A_{1420}) - 0.3822] / 0.03133 \quad (1)$$

111 where  $A_{1320}$  is the absorbance at  $1320\text{ cm}^{-1}$ , and  $A_{1420}$  is the absorbance at  $1420\text{ cm}^{-1}$ . Bioactive  
112 glass (CEL2, particle size  $< 30\text{ }\mu\text{m}$ ) was prepared according to a published procedure.<sup>30</sup> Genipin  
113 (GP) was purchased from Challenge Bioproducts, Taiwan. All solvents used were of analytical  
114 grade and used without further purification.

## 115 **Methods**

### 116 **Preparation of crosslinked CEL2/POL scaffolds**

117 A 3% (w/v) CH-G solution in 0.5M acetic acid (Sigma, Italy) was prepared under stirring for 12 h  
118 at  $40^{\circ}\text{C}$ . CH and G were mixed at 1:2 weight ratio. CEL2 was added to the polymeric solution  
119 (POL) to obtain CEL2/POL composites with various weight ratios between the components: 0/100;  
120 40/60; 70/30 (wt %/wt.). The composites were coded as follows: CEL2/POL 0/100; 40/60; 70/30.  
121 For crosslinked samples, GP was added to CEL2/POL solutions at defined weight percentage (2.5  
122 wt %/wt with respect to the gelatin/chitosan amount). Each mixture was kept at  $50^{\circ}\text{C}$  under stirring  
123 until a gel started to form. The gel was spread on Petri dishes (different sizes according to the  
124 specific tests) and freeze-dried (Scanvac, CoolSafe) at  $-20^{\circ}\text{C}$  for 24 h to obtain porous polymeric  
125 matrices. After freeze-drying, samples were washed several times alternating 0.1N NaOH solution  
126 and demineralized water to remove GP residues and then samples were freeze-dried again.

### 127 **Analysis of the porosity and the microstructure of scaffolds using micro-computed** 128 **tomography**

129 Scaffold architecture was analyzed using micro-computed tomography ( $\mu\text{-CT}$ ) with a desktop  
130 micro CT scanner (SkyScan 1072, Aartselaar, Belgium). No contrasting agent was added and the  
131 samples had a minimum size of  $4 \times 4 \times 2\text{ mm}^3$ . The scanner was set at a voltage of 40 kV and a  
132 current of 248 A, and the samples were scanned at  $8.71\text{ }\mu\text{m}$  pixel resolutions by approximately 350

133 slices covering the sample height of 2.5 mm. For imaging, the sliced 2D tomographic raw images  
134 were reconstructed using CT Analyzer software, and the threshold levels of the grayscale images  
135 were equally adjusted for all the samples to allow the measurement of the volume of pores,  
136 providing the data for scaffold porosity. 3D modeling was also used to analyze the scaffold structure  
137 in a nondestructive manner, using imaging software.

### 138 **Swelling tests**

139 The extent of swelling was determined by a conventional gravimetric procedure as reported in  
140 literature.<sup>31</sup> Weighed amounts of crosslinked CEL2/POL scaffolds (13 mm diameter and 5 mm  
141 height, as measured by means of a caliber) were kept in Phosphate Buffer Saline (PBS, Sigma,  
142 Italy) at 37°C (pH = 7.4). Swollen porous matrices were drawn at various time intervals (6, 12, and  
143 24 h), dried superficially by gentle contact with a filter paper and weighed for the determination of  
144 wet weight as a function of the immersion time.

145 The swelling percentage was calculated as

$$146 \quad \%Sw = [(W_s - W_i)/W_i] 100 \quad (2)$$

147 where  $W_i$  and  $W_s$  are the sample weights before and after swelling, respectively. Each test was  
148 repeated three times for each composition and results were expressed as average value  $\pm$  standard  
149 deviation.

### 150 **Bioactivity evaluation**

151 To study the bioactivity of samples, porous scaffolds (13 mm diameter and 5 mm height, as  
152 measured by means of a caliber) were soaked in 5 mL of SBF prepared according to the protocol  
153 described by Kokubo et al.,<sup>32</sup> at 37°C and pH 7.4 for various time intervals (2, 7, and 14 days,  
154 refresh of solution once every 2 days). SBF has a composition similar to human blood plasma and



155 has been extensively used for in vitro bioactivity test. At the end of each experiment, the specimens  
156 were removed from SBF and then abundantly rinsed with deionized water and freeze-dried for  
157 morphological analysis and compositional examination.

### 158 **Mechanical characterization**

159 The compressive strength of the scaffolds was measured using a mechanical testing machine (MTS,  
160 QTest/10). Test specimens were cylinder-shaped composite foams with 1.6 cm diameter and an  
161 average height of around 1–1.2 cm measured by means of a caliber. Five porous samples were  
162 evaluated for each composition. The samples were tested at room temperature. The cross-head  
163 speed was set at 0.01 mm·s<sup>-1</sup> and the load were applied until the specimen was compressed to  
164 approximately 60% of its original length. The compressive stress–strain curves were thus obtained  
165 and the average compressive modulus with its standard deviation was calculated for each sample.  
166 Precisely, the modulus was determined as the slope of the initial linear portion of the stress–strain  
167 curve.<sup>33</sup>

168 Furthermore, dynamic mechanical analysis (DMA) was carried out on the prepared scaffolds to  
169 investigate their behavior under cyclic compressive load. The scaffolds were tested in a dry state;  
170 specifically, the samples underwent dynamic compressive sollicitation (load condition: sinusoidally  
171 varying load of 110 mN superimposed to a static load of 100 mN) at increasing frequencies varying  
172 from 0.1 to 40 Hz (DMA7 Perkin-Elmer analyzer). This frequency range is typical for load-bearing  
173 conditions in physiological situations.<sup>34,35</sup> Storage ( $E'$ ) and loss ( $E''$ ) modulus, that are the real and  
174 imaginary component, respectively, of the complex modulus equation image ( equation image is  
175 the imaginary unit), were recorded against frequency.<sup>36</sup>

176

177 ***In vitro* culture**

178 Human osteoblast-like cell line MG63 and human periosteal-derived precursor cells (PCs) were  
179 used for in vitro tests. MG-63 human osteoblast-like cells (ATCC, Rockville, MD) were grown in  
180 a controlled atmosphere (5% CO<sub>2</sub>; T=37°C) in Dulbecco's Modified Eagle's Medium (DMEM,  
181 Sigma-Aldrich, Milan, Italy) supplemented with 10% fetal bovine serum (FBS), 1% nonessential  
182 amino acids 2.0 mM L-glutamine, and 1% penicillin–streptomycin (all from GIBCO, Invitrogen,  
183 Milan, Italy). After thawing, cells were routinely split 1:10 every 3–4 days and used between the  
184 third and fourth passages. PCs cells were isolated from periosteal tissue of subjects undergoing  
185 surgery for orthopedic trauma, after the obtainment of their informed consent. Tissue was  
186 aseptically dissected, washed three times in PBS, cut into small pieces (2–3 × 2–3 mm), and placed  
187 into culture dish in Dulbecco's Modified Eagle Medium: Nutrient Mixture F-12 (DMEM/F12  
188 GIBCO), supplemented with 10% FBS and 1% penicillin–streptomycin (100 U/mL). The cells  
189 were then allowed to adhere in standard cell culture conditions in a controlled atmosphere (5%  
190 CO<sub>2</sub>; T = 37°C). The medium was changed twice a week and cells were used between third and  
191 sixth passage of subculture. To assess PCs mesenchymal stem cells phenotype cells were  
192 characterized by FACSCalibur flow cytometry system (Becton Dickinson, CA,USA), using  
193 antibodies against the following surface antigens: HLA-DR, CD34, CD105, CD14, CD19, and  
194 CD45 (Diacclone, Besancon, France); CD73 and CD90 (StemCell Technologies, Inc. Vancouver,  
195 BC, and Canada)<sup>37</sup>

196 **Cell seeding**

197 Before seeding the freeze-dried CEL2/POL2 scaffolds were disinfected in 70% ethyl alcohol  
198 solution (ETOH; Sigma-Aldrich, Milan, Italy) for 2 h, washed two times in sterile PBS (GIBCO)  
199 for 30 min and sterilized under UV 15 min for each side. To improve cell adhesion, scaffolds were

200 then conditioned overnight in 10% serum added DMEM or DMEM/F12 at 5% CO<sub>2</sub>, 37°C. The  
201 medium was then discarded and scaffolds considered ready for seeding. Cells were detached using  
202 0.25% trypsin in 1 mM ethylenediaminetetraacetic acid (EDTA, Sigma-Aldrich, Milan; Italy) and  
203 seeded at a density of  $1 \times 10^4$  cell/cm<sup>3</sup> by applying 50 µL of cell suspension on the samples placed  
204 in at 37°C for 30 min in a humidified chamber, to avoid the slip down of cells. Then 1.5 mL of the  
205 appropriate culture media was added to cover the samples placed in Corning® ultra-low attachment  
206 multiwell plates. Cells were cultured for 14 and 21 days.

## 207 **Histology**

208 Cultured scaffolds were fixed in 4% paraformaldehyde in 0.1M phosphate buffer, pH 7.4, at 4°C  
209 for 20 min and washed three times with PBS and cut. Sections were taken from the peripheral and  
210 the central part of the scaffold, stained with 1 mg/mL 4', 6-diamidino-2-phenylindole (DAPI  
211 D9542-Sigma-Aldrich) to stain cell nuclei, for 5 min at room temperature. Fluorescence images  
212 were photographed using a Zeiss AxioCam MRcs fluorescence microscope (Carl Zeiss Optical  
213 Inc., Germany) equipped with a Nikon DXM1200F Ultra High-Quality Digital Camera (NITAL  
214 S.p.A., Turin, Italy).

## 215 **MTT (3-dimethylthiazol-2,5-diphenyltetrazolium bromide) colorimetric assay**

216 After incubation (14 and 21 days), the medium was removed; 200 µL of MTT (Sigma, Milan, Italy)  
217 solution (5 mg/mL in DMEM without phenol red) and 1.8 mL of DMEM were added to the cell  
218 monolayer; the multi-well plates were incubated at 37°C for further 4 h. After discarding the  
219 supernatants, the dark blue Formosan crystals were dissolved by adding 2 mL of solvent (10% HCl  
220 1N in isopropanol, Sigma, Milan, Italy) and quantified spectrophotometrically (Secomam, Anthelie  
221 light, version 3.8, Contardi, Italy) at 570 and 690 nm. In the control cultures, the cells were placed

222 directly into adherent polystyrene culture plates at the same culture density as placed onto the  
223 samples. The mean and the standard deviations were obtained from three different experiments of  
224 the same specimen.

### 225 **Morphological and compositional characterization (SEM-EDS)**

226 Morphological analysis (SEM; Philips 525M) and compositional analysis (EDS, Philips EDS  
227 9100) were performed on surfaces and fractured sections (in liquid nitrogen) of all composite  
228 specimens. The samples were sputter coated with silver prior to examination.

229 Samples from cell culture tests were fixed in 2% glutaraldehyde (Sigma-Aldrich) in 0.1M  
230 cacodylate buffer (pH 7.4, Sigma-Aldrich), post-fixed in 1% osmium tetroxide (Sigma, Milan,  
231 Italy), dehydrated in increasing ethanol (Sigma-Aldrich) concentrations, CPD-dried, mounted on  
232 aluminum stubs, gold-sputtered by the Edwards Sputter Coater B150S equipment, and observed  
233 with a Philips XL 20 SEM (FEI Italia SRL, Milan, Italy) microscope.

### 234 **Statistical Methods**

235 All quantitative data were presented as mean  $\pm$  standard deviation, unless otherwise noted.  
236 Statistical analysis was carried out using single-factor analysis of variance (ANOVA). A value of p  
237  $< 0.05$  was considered statistically significant.

238

## 239 **RESULTS AND DISCUSSION**

### 240 **Porosity and morphological analysis**

241 The physical characteristics of a scaffold can be described by the average pore size, pore size  
242 distribution, pore volume, pore interconnectivity, and pore shape. Porosity (% vol) is defined as

243 the percentage of void space in a solid;<sup>38</sup> it is a morphological property independent on the material.

244 Pores are necessary for bone tissue formation because they allow migration and proliferation of

245 osteoblasts and mesenchymal stem cells, as well as the proper vascularization of the implant.<sup>39</sup> In

246 addition, a porous surface improves the mechanical interlocking between the implant biomaterial

247 and the surrounding natural bone, providing greater mechanical stability at this critical interface.<sup>40</sup>

248 Optimal pore diameters for 3D porous structures for bone repair are in the 100–400  $\mu\text{m}$  range,<sup>25</sup>

249 suitable for human osteoblast cell penetration, and a minimum pore size is required for tissue

250 ingrowth,<sup>41</sup> interconnectivity for access to nutrients and transport of waste products and pore shape,

251 and roughness for better cell spreading.<sup>42</sup>

252 The porosity analysis within the scaffolds was determined by  $\mu$ -CT analysis. Pore distribution and

253 3D-reconstruction of scaffolds are shown in Figure 1 and Table I. The porosity was found to vary

254 from 67.1 to 84.8% depending on the percentage addition of CEL2. In particular, the total porosity

255 decreased with increasing CEL2 amount because the bioactive glass particles were deposited onto

256 the G/CH walls and they filled part of void space of G/CH matrix, as confirmed subsequently by

257 SEM examination [Fig. 2(b,c)]. A 3D representation of the scaffolds is shown in Figure 1 and was

258 used to calculate the pore size distribution. All results demonstrated that the scaffolds exhibited a

259 porous distribution with both macropores (size between 75 and 300  $\mu\text{m}$ ) and micropores (size 1–

260 75  $\mu\text{m}$ ), which presence is crucial for protein and cell adhesion. Detailed analysis indicated that

261 80% of pores within the resultant scaffolds had a pore size in the range of 75–300  $\mu\text{m}$ . The mean

262 pore size was found to vary from 179.3  $\mu\text{m}$  for CEL2/POL 0/100 scaffolds to 136.2  $\mu\text{m}$  for

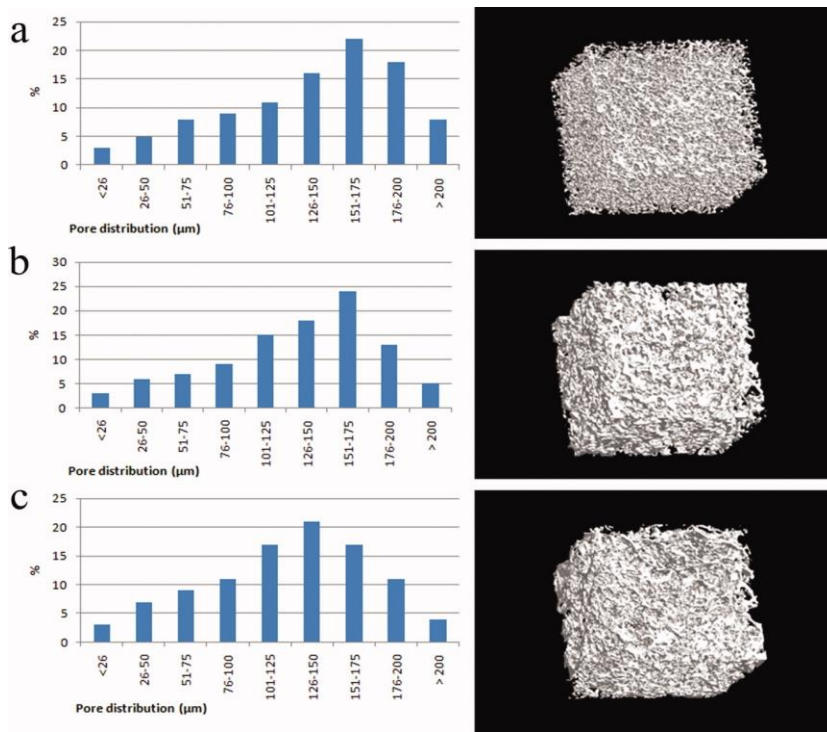
263 CEL2/POL 70/30 composites. Moreover, in all composite porous matrices, a high interconnected

264 network of pores (about 95.6–97.5% by  $\mu$ -CT analysis) was observed. Pore size may be controlled

265 by the temperature set in the freeze-drying process: pore diameters increase with increasing

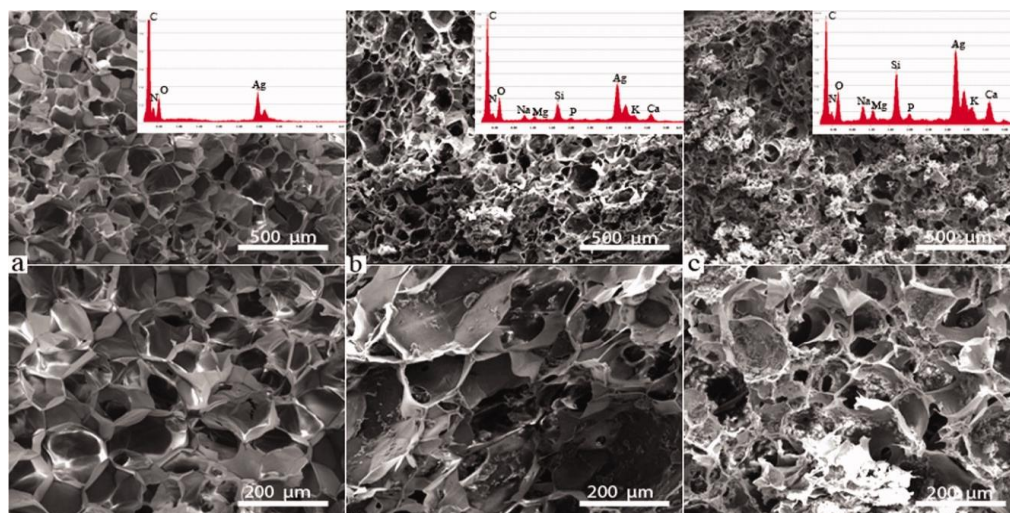
266 temperature due to a higher ice crystal growth rate.<sup>43</sup> The pores within the scaffold arise from the

267 ice crystals that form during freezing of the G/CH solution. This process forces the polymer to form  
 268 aggregates in the interstitial spaces and creates an interconnected network of polymer fibrils. A  
 269 previous study has reported that the pore size of a gelatin scaffold can be adjusted by altering the  
 270 polymeric concentration, the freezing rate and the pH value since these factors are known to affect  
 271 both the nucleation and the growth rate of the ice crystals.<sup>44</sup> A higher gelatin concentration and  
 272 higher freezing rate of the dispersion produced a lower porosity and smaller pores. Higher porosity  
 273 and larger pore sizes scaffolds could be obtained by a lower polymeric concentration and low  
 274 freezing rate.



275  
 276 **Figure 1.** Pore distribution and 3D-reconstruction of (a) CEL2/POL 0/100 (b) CEL2/POL 40/60  
 277 (c) CEL2/POL 70/30 scaffolds as obtained by  $\mu$ -CT.

278



279  
 280 **Figure 2.** SEM micrographs and EDS spectra of CEL2/POL scaffolds: fractured section of (a)  
 281 CEL2/POL 0/100, (b) CEL2/POL 40/60, (c) CEL2/POL 70/30.

282 Table I. Pore Data of CEL2/POL Scaffolds Obtained by  $\mu$ -CT

CEL2/POL sample	Porosity (%)	Pore interconnectivity (%)	Mean pore size ( $\mu\text{m}$ )
0/100	84.8	97.5	179.3
40/60	72.5	96.0	160.6
70/30	67.1	95.6	136.2

283  
 284 It should be noted that the  $\mu$ -CT pore size analysis in this study was performed on dry scaffolds.  
 285 Generally, the polymeric scaffold shrinks in the drying process. The scaffold will expand when  
 286 wetted in aqueous solution as reported in the paragraph relative to swelling tests; so the pore size  
 287 in the wet condition will be larger than that reported above.

288  
 289 SEM analysis was performed on selective portions of the composite scaffolds to evaluate the effect  
 290 of composition on sample morphology. Figure 2 reports SEM images of the fractured sections with  
 291 the corresponding EDS spectra of CEL2/POL scaffolds. Porous scaffolds showed a typical foam-  
 292 like morphology with interconnected pores with a wide distribution of pore sizes and wall

293 thickness. As it can be observed in Figure 2, pore walls increased their thickness with increasing  
294 CEL2 amount, which gave the foams a more compact structure. For scaffolds containing 40 wt %  
295 of bioactive glass, CEL2 clusters of several microns (60–80  $\mu\text{m}$ ) were observed, but in composites  
296 containing 70 wt % CEL2, the particles appeared more uniformly distributed. EDS spectra of G/CH  
297 scaffolds [Fig. 2(a)] showed the characteristic elements of gelatin and chitosan: carbon (C),  
298 nitrogen (N), and oxygen (O) while EDS spectra of the composites showed also the characteristic  
299 elements of CEL2: silicon (Si), potassium (K), sodium (Na), magnesium (Mg), calcium (Ca), and  
300 phosphorus (P) [Fig. 2(b,c)].

301

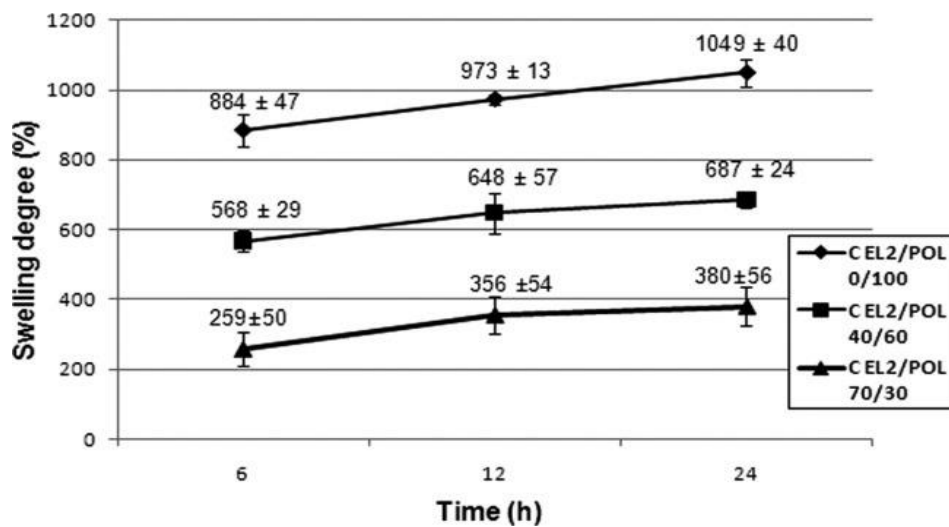
### 302 **Swelling tests**

303 One of the main factors to contribute to biocompatible nature of biomaterials is the water content  
304 which imparts several unique physiochemical properties to the material. A polymer matrix  
305 imbibing an adequate amount of water shows similar properties to living tissue-like membranes:  
306 physiological stability, low interfacial tension, permeability to biomolecules, etc.<sup>45</sup> Moreover,  
307 swelling increases also the pore size and total porosity, thus maximizing the internal surface area  
308 of the scaffolds. Scaffolds showing higher degree of swelling will have a larger surface area/volume  
309 ratio thus allowing the porous matrices to have the maximum probability of cell infusion into the  
310 3D scaffold as well as maximum cell growth by attachment to the scaffold surfaces. The increase  
311 in swelling also allows the scaffold to avail nutrients from culture media more effectively.  
312 However, while the swelling would promote cell adhesion, it could lower its mechanical properties.  
313 Thus for CEL2/POL composites, the influence of chemical composition of the composites on their  
314 water intake has been investigated. Figure 3 reports the swelling degree as a function of time for  
315 composite porous matrices with different compositions. All composites showed a similar swelling  
316 behavior as a function of time: swelling degree slightly increased as a function of time from 6 to



317 24 h. CEL2/POL 0/100 scaffolds displayed the maximum swelling degree at every time interval.  
 318 At 6 h, the swelling degree was about  $884 \pm 47\%$ , while at 12 and 24 h the swelling ratio was  $973$   
 319  $\pm 13\%$  and  $1049 \pm 40\%$ , respectively. For CEL2/POL 40/60 samples, at 6 h the swelling degree  
 320 was about  $568 \pm 29\%$ . At 12 and 24 h, the swelling degree increased not significantly. Moreover,  
 321 for CEL2/POL 70/30 composites, at 6 h swelling ratio was about  $259 \pm 50\%$ , while at 12 and 24 h,  
 322 the swelling degree slightly increased.

323



324  
 325 **Figure 3.** Swelling behavior of scaffolds as a function of time. Data are averaged on three  
 326 measurements. Bars indicate standard deviation ( $n = 3$ ).

327  
 328 At each time, swelling degree was found to decrease with increasing CEL2 amount. The results  
 329 were not surprising and were attributed to the lower hydrophilicity of the inorganic phase as  
 330 compared to the polymeric matrix: the increase in the inorganic fraction of the composite resulted  
 331 in a decreased water sorption. In addition, the increasing polymer-bioactive glass interaction with  
 332 increasing concentration of CEL2 resulted in a slower relaxation of polymer chains, which also  
 333 decreased the swelling ratio.

334 **Bioactivity evaluation**

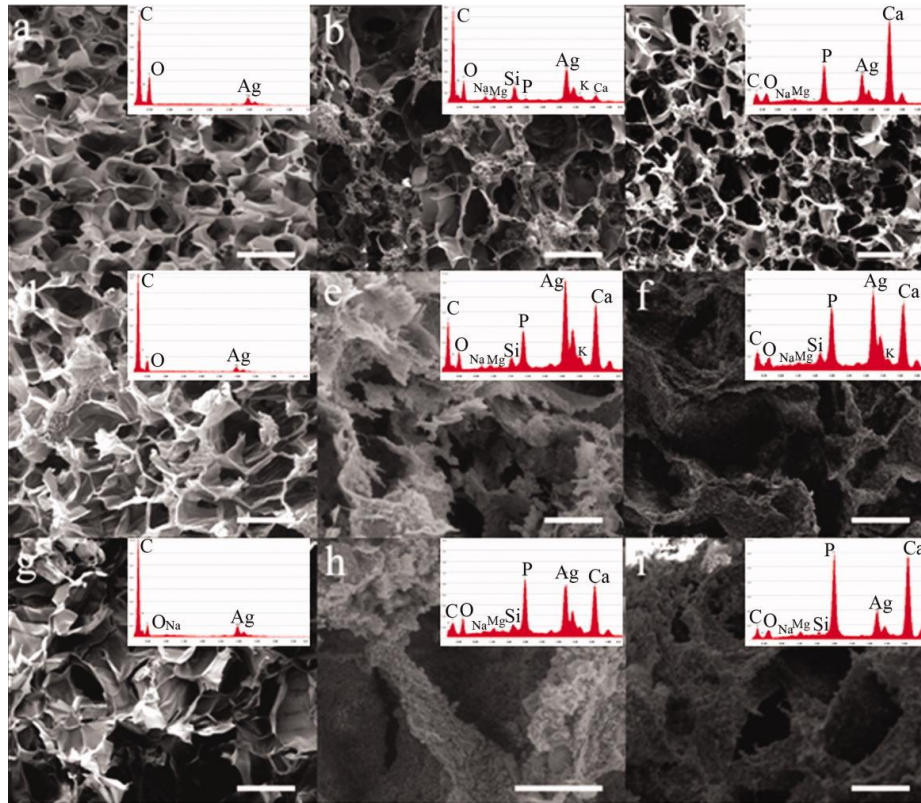
335 An essential requirement for an artificial material showing bioactivity is the formation of a  
336 biologically active bone-like apatite on its surface when in contact with the physiological  
337 environment. This property can be evaluated in vitro by incubation in SBF. There is an oscillating  
338 phenomenon of precipitation and dissolution processes in vitro, which is due to metastable SBF. It  
339 was reported that the precipitation and dissolution processes of bone like apatite take place during  
340 the immersion of bioactive materials in SBF. Hench reported that there is a good correlation of in  
341 vitro bone-like apatite formation from SBF and in vivo bone-like apatite (calcium phosphate)  
342 formation needed to secure bone bonding.<sup>46</sup> CEL2/POL composite scaffolds were investigated after  
343 immersion in SBF by SEM-EDS to check the formation of an apatite layer onto the composite  
344 surface. The interaction between the surface of the composites and SBF solution may be  
345 responsible for the apatite nucleation. Various bioactive ceramics such as TCP and Bioglass® have  
346 been developed to be used clinically in bone repair.<sup>47</sup> These have been found to bond with bone  
347 through a layer of bone-like apatite formed on the surface of the ceramics when implanted into the  
348 body. This apatite has been characterized as carbonate-containing HA and was not observed at the  
349 interface between non-bioactive (or bio-inert) materials and bone.<sup>48</sup>

350  
351 Figure 4 reports SEM images with the corresponding EDS spectra of the fractured section of  
352 CEL2/POL scaffolds after soaking in SBF for 2, 7, and 14 days, respectively. CEL2/POL 0/100  
353 scaffolds did not induce the precipitation of calcium phosphate crystals at any test time as shown  
354 in Figure 4(a,d,g). As suggested by Cai and Kong,<sup>49, 50</sup> CH and G are characterized by the lack of  
355 bioactivity, which severely limits their biomedical applications; thus this feature needs to be  
356 provided by the addition of biologically active materials. For composite scaffolds, after 2 days of  
357 incubation in SBF, small amount of calcium phosphate crystals were observed as shown in Figure

358 4(b,c) (SEM image and EDS spectra). After 7 days of incubation, substantial amount of apatite  
359 microparticles with a diameter up to 2–4  $\mu\text{m}$  were formed on the surface of the pore walls of the  
360 composite scaffolds [Fig. 4(e,f)]. After 14 days of incubation, the whole pores of CEL2/POL 40/60  
361 and 70/30 composites were entirely covered by a layer of apatite [Fig. 4(h,i)]. Furthermore, the  
362 EDS spectra displayed the presence of small amounts of Mg, Si, Na, and K ions incorporated in  
363 the mineral phases, due to the remaining CEL2. In conclusion, an increasing incubation time of the  
364 composite scaffolds in SBF (from 2 to 14 days) led to the formation of a higher amount of apatite.  
365 However, the interconnected macroporous structure of the scaffolds was maintained, which is  
366 important for cell migration and mass transport when the scaffolds is implanted in vivo. Moreover,  
367 after 14 days of immersion in SBF, EDS spectra recorded from the samples covered with the  
368 inorganic aggregates deposited on CEL2/POL scaffolds after SBF tests [Fig. 4(h,i)] allowed the  
369 calculation of Ca/P molar ratio which resulted in 1.58 and 1.61 for CEL2/POL 40/60 and 70/30,  
370 respectively. These values are very close to the stoichiometric Ca:P value of hydroxyapatite  
371 (1.67).<sup>51</sup> Figure 5 shows the magnification of SEM micrographs relative to CEL2/POL 40/60 and  
372 70/30 composites after 14 days of SBF immersion. The results indicate that the increasing addition  
373 of CEL2 enhances the bioactivity of composite scaffolds containing chitosan/gelatin as the organic  
374 phase. The mechanism of apatite formation in SBF was described by several researchers.<sup>52, 53</sup> It  
375 was reported that the formation of apatite on artificial materials is induced by functional groups  
376 which could reveal negative charge and further induce apatite deposition via the formation of  
377 amorphous calcium phosphate. In this research, the major reason for the enhancement of apatite  
378 formation on the composite scaffolds might be the bioactive glass particles acting as nucleation  
379 initiation sites. In fact, CEL2 is a highly bioactive glass and the ability of CEL2 to induce the  
380 precipitation of HA (both as a macroporous scaffolds and as a filler in gelatin films) has been  
381 previously documented.<sup>54, 55</sup> An increasing amount of CEL2 in the composite scaffolds was

382 associated with the presence of a higher density of nucleation sites for HA, and as a result a higher  
383 amount of apatite could be deposited at each time. Once the apatite nuclei have been formed, they  
384 can grow spontaneously by consuming the calcium and phosphate ions present in the surrounding  
385 fluid.

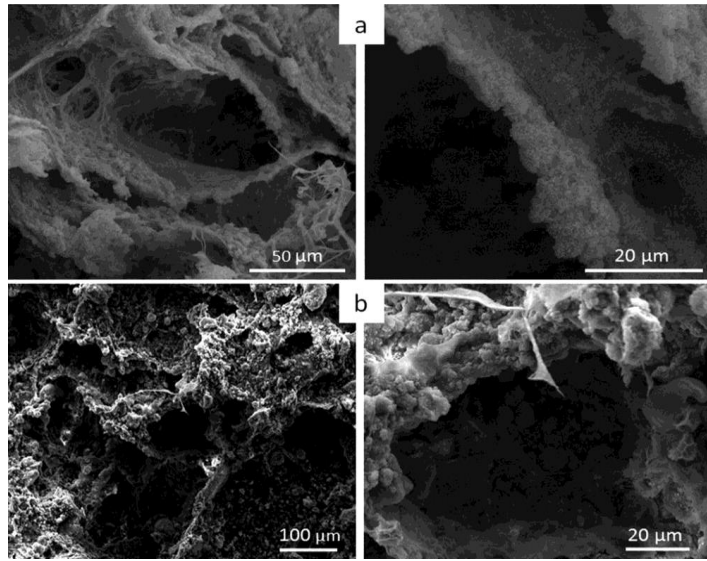
386



387

388 **Figure 4.** SEM micrographs and EDS spectra of CEL2/POL scaffolds after immersion in SBF for  
389 different intervals: after 2 days (a) CEL2/POL 0/100, (b) CEL2/POL 40/60, (c) CEL2/POL 70/30,  
390 after 7 days (d) CEL2/POL 0/100, (e) CEL2/POL 40/60, (f) CEL2/POL 70/30, and after 14 days  
391 (g) CEL2/POL 0/100, (h) CEL2/POL 40/60, (i) CEL2/POL 70/30 (bar 100  $\mu$ m).

392



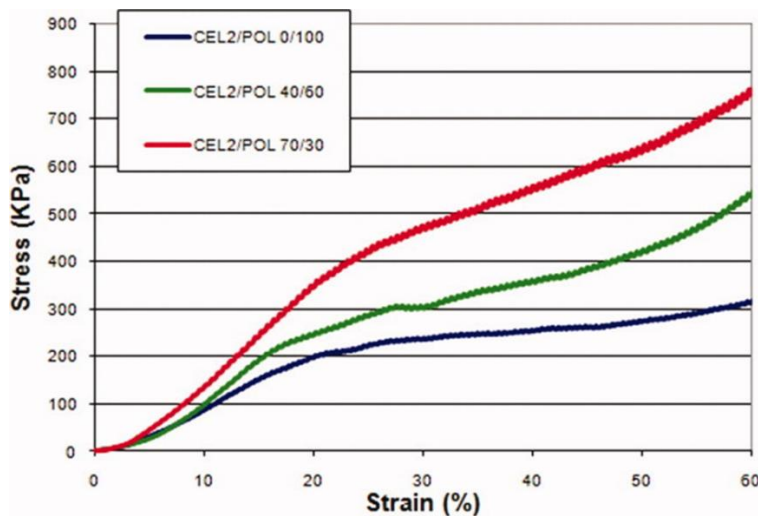
393  
 394 **Figure 5.** SEM micrograph magnifications of CEL2/POL scaffolds after immersion in SBF for 14  
 395 days: (a) CEL2/POL 40/60 and (b) CEL2/POL 70/30.

396  
 397 **Mechanical characterization**

398 One of the major critical point in developing load-bearing scaffolds for bone tissue engineering is  
 399 the conflicting requirement of scaffolds with high porosity and mechanical strength. A highly  
 400 porous structure is preferred in favor of cell growth and proliferation, but it is generally achieved  
 401 at the expense of mechanical strength. In the scientific literature, compressive strength of substrates  
 402 has often been found to decrease with increasing pore size.<sup>56</sup> The mechanical properties of the  
 403 porous composite scaffolds in terms of compressive strength were tested using a mechanical testing  
 404 machine. The force was analyzed from stress–strain data obtained under a compressive load at a  
 405 constant speed.

406 Figure 6 shows the stress–strain curves obtained for the porous composite scaffolds by the  
 407 excessive compression test at strain of 0–60%. During the test, the composites did not show a final  
 408 fracture; rather, they underwent densification. The curves were classified in three distinct regions:  
 409 linear elastic, collapse plateau, and densification regimes as reported in.<sup>57</sup> The values of elastic

410 modulus ( $E^*$ ), collapse strength, and strain ( $\sigma^*$  and  $\varepsilon^*$ , respectively), and collapse modulus ( $\Delta\sigma/\Delta\varepsilon$ )  
411 were calculated from the curves are listed in Table II. A significant increase of compression Young's  
412 modulus was obtained by adding inorganic phase into the polymeric matrix, due to the superior  
413 compression behavior of CEL2 as compared to POL phase. As shown in Figure 6 and in Table II,  
414 the collapse strength and collapse strain were characterized by a different trend as a function of the  
415 CEL2 amount. In particular, the increase of the inorganic phase caused a progressive slight decrease  
416 in the deformability of the composite scaffold and an increase of the collapse strength and collapse  
417 modulus.



418  
419 **Figure 6.** Stress–strain curves of the porous composite scaffolds compressed at a strain of (0–60%).

420 The cross-head speed was  $0.01 \text{ mm}\cdot\text{s}^{-1}$

421  
422 **Table II.** Elastic Modulus, Collapse Strength and Strain, and Collapse Modulus Calculated from  
423 the Corresponding Stress–Strain Curves

CEL2/POL sample	$E^*$ (kPa)	$\sigma^*$ (kPa)	$\epsilon^*$ (%)	$\Delta\sigma/\Delta\epsilon$ (kPa)
0/100	1227.2 ± 116.4	203.5 ± 21.8	21.7 ± 3.0	203.7 ± 41.2
40/60	1403.0 ± 111.2	214.1 ± 6.4	19.9 ± 2.1	350.1 ± 38.2
70/30	2120.6 ± 106.9	374.0 ± 7.1	17.5 ± 2.1	737.2 ± 38.6

424

425 It is generally accepted that the scaffolding material for bone tissue engineering should have

426 mechanical strength as close as possible to the strength of the bone to be repaired or substituted. In

427 this study, a compressive modulus of 2.1 MPa was obtained for CEL2/POL 70/30 scaffold by

428 adjusting processing conditions to achieve a highly densified porous structure. The obtained

429 scaffolds, containing 70 wt % CEL2, had a compression Young's modulus comparable to the

430 modulus of alveolar bone.<sup>58</sup> Moreover, the composite matrices are expected to be suitable

431 candidates for the articular cartilage/subchondral bone regeneration. As described above, a graded

432 biomimetic osteochondral composite scaffold is necessary. Different methods were reported in

433 literature to prepare bi-layered scaffolds,<sup>59-61</sup> generally based on two consecutive different

434 procedures (e.g. sintering and freeze-drying). In our case, graded scaffolds could be easily obtained

435 by casting the mixture solutions before gelling: the lower water solubility and higher density of

436 CEL2 as compared to the polymeric phase caused the progressive precipitation of CEL2 at the

437 bottom of Petri dishes during solvent evaporation.

438 Both storage and loss modulus ( $E'$  and  $E''$ ) were measured in the frequency range 0.1–40 Hz, which

439 are typical frequencies found in physiological situations in load-bearing applications.<sup>62</sup> The storage

440 modulus ( $E'$ ) is about one order of magnitude higher than the loss modulus ( $E''$ ) indicating an elastic

441 nature of the scaffolds. The storage and loss modulus behavior as a function of the frequency of

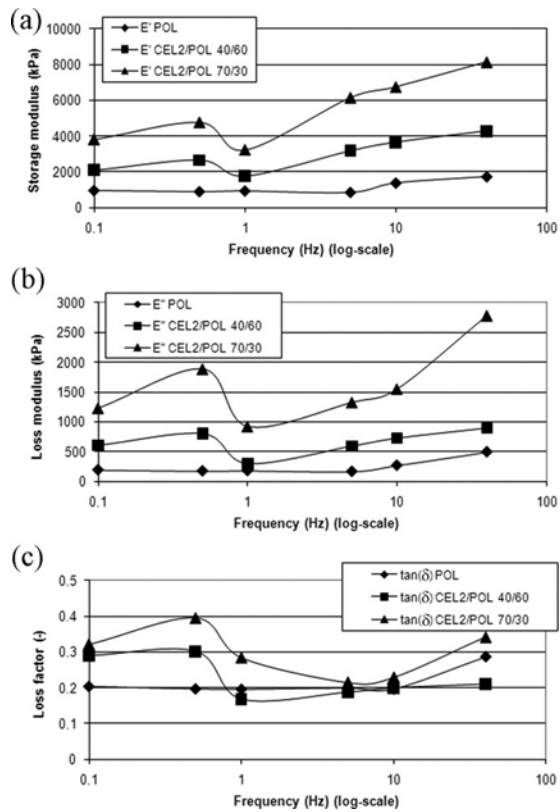
442 the loading cycle is reported in Figure 7(a,b). The trend of both moduli is quite similar in each

443 single scaffolds batch (CEL2/POL 0/100, CEL2/POL 40/60, or CEL2/POL 70/30), whereas the

444 behavior differs in the case of different series (wholly polymeric or composite samples). As regards  
445 the wholly polymeric scaffolds, storage and loss modulus remained roughly constant at low (below  
446 1 Hz) and mid (1–10 Hz) frequencies, and showed an increase for higher frequencies. On the  
447 contrary, composite scaffolds (CEL2/POL 40/60 and CEL2/POL 70/30) are characterized by a  
448 more complex behavior, and the corresponding curves plotted in Figure 7(a,b) can be divided into  
449 three distinct regions. At low frequencies (below 1 Hz), both storage and loss modulus of porous  
450 composites increased with increasing frequency; afterward, there was a drop of  $E'$  and  $E''$  around  
451 1 Hz, and for higher frequencies both moduli increased again. there is an increase in  $E''$  for high  
452 frequencies, which suggests that the material exhibits some dissipation capability for high  
453 frequencies. Moreover, it is worth to underline that the storage modulus is about one order of  
454 magnitude higher than the loss modulus, which indicates the predominantly elastic nature of the  
455 prepared composite scaffolds in dry state. Although the Young's modulus, which was calculated  
456 from the slope of the initial part of the stress–strain curve, can be considered conceptually similar  
457 to the storage modulus, they could not be directly compared as the latter one is dependent on  
458 frequency. However, according to Malafaya et al.,<sup>63</sup> we considered  $E'$  and  $E''$  acquired at a  
459 frequency of 1 Hz as reference values for purpose of comparison (Table III). These values of  
460 storage modulus are comparable, as order of magnitude, to those of Young's modulus acquired  
461 under static conditions for all the three scaffold batches.

462





463  
 464 **Figure 7.** Dynamic mechanical analysis of CEL2/POL scaffolds showing: (a) the storage ( $E'$ ), (b)  
 465 loss ( $E''$ ) modulus behavior, and (c) the loss factor ( $\tan \delta$ ) for increasing frequencies under dynamic  
 466 compression solicitation.

467  
 468 **Table III.** Mean Values of Storage ( $E'$ ) and Loss ( $E''$ ) Modulus of the Different Scaffolds Series  
 469 Acquired at a Frequency of 1 Hz

CEL2/POL sample	$E'$ (kPa)	$E''$ (kPa)
0/100	920	180
40/60	1768	295
70/30	3220	916

470  
 471 The loss factor  $\tan \delta = E''/E'$ , measuring the ability of dissipating the cyclic mechanical energy in  
 472 form of heat, is plotted in Figure 7(c). Composite scaffolds show a remarkable dissipation ability,

473 related to damping properties, especially at low and high frequencies, which can be a very useful  
474 feature in view of *in vivo* implantation.

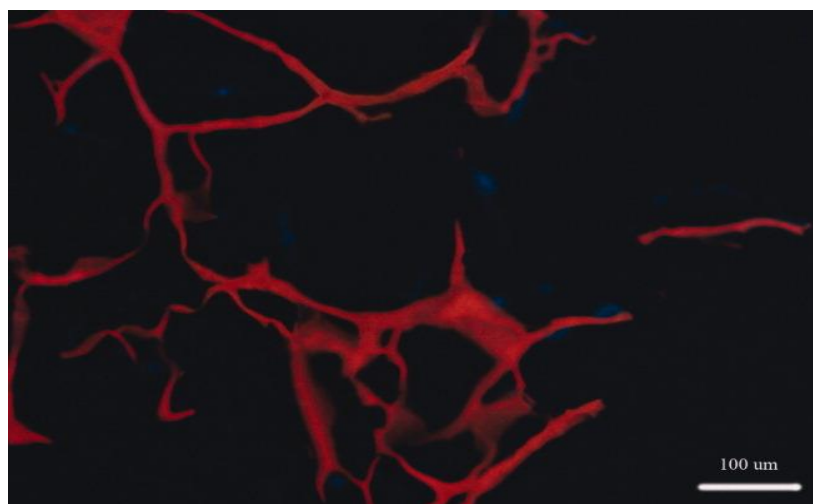
475 Investigation of the mechanical properties of glass/polymer scaffolds by DMA is new with respect  
476 to previous literature. However, we cannot ignore that the results presented in this work represents  
477 a preliminary achievement, as the samples were tested in dry state; more accurate data could come  
478 from DMA on the composite scaffolds in wet state, to better mimic the physiological conditions in  
479 which the materials will be potentially used.

480

### 481 **Cell compatibility**

482 Overall, cells displayed a good ability to interact with the different tested scaffolds which did not  
483 modify cell metabolic activity at the analyzed points (i.e. 14 and 21 days). Histological sections  
484 stained with DAPI demonstrated the presence of a small amount of cells in the central part of the  
485 scaffold (Fig. 8).

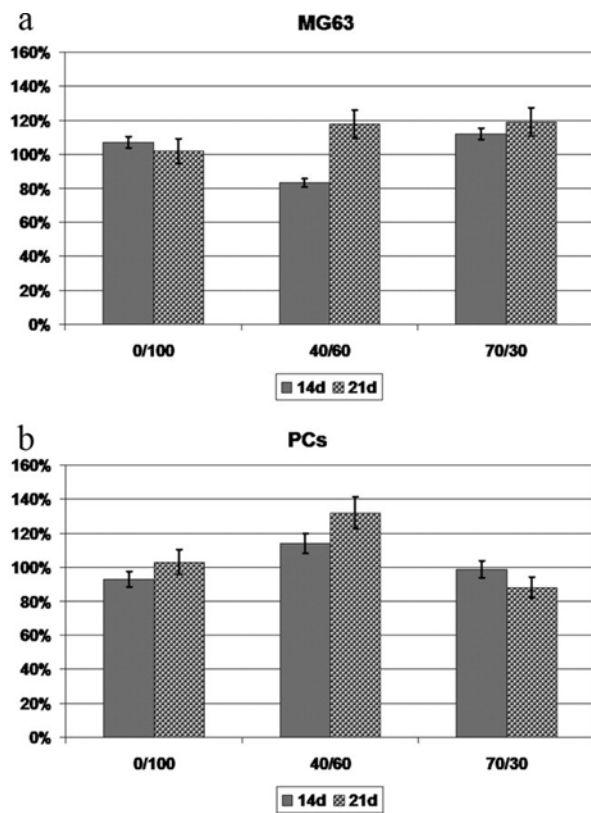
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487

488 **Figure 8.** Section of the central part of CEL2/POL 30/70 scaffold that evidenced the presence of  
489 MG63 stained with DAPI (blue).

490 Comparing the data obtained at 14 and 21 days of culture, MTT test proved only a slight difference  
 491 between the two cytotypes analyzed (Fig. 9). On CEL2/POL 0/100, an increase in cell proliferation  
 492 was observed only for PCs while no changes were detected for MG63. A significant ( $p < 0.01$ )  
 493 increase in cell proliferation for both cell cytotypes cultured on CEL2/POL 40/60. Interestingly,  
 494 while no differences were detected in MG63 cultured on CEL2/POL 70/30 a significant ( $p < 0.01$ )  
 495 reduction of this parameter was detected for PCs.  
 496

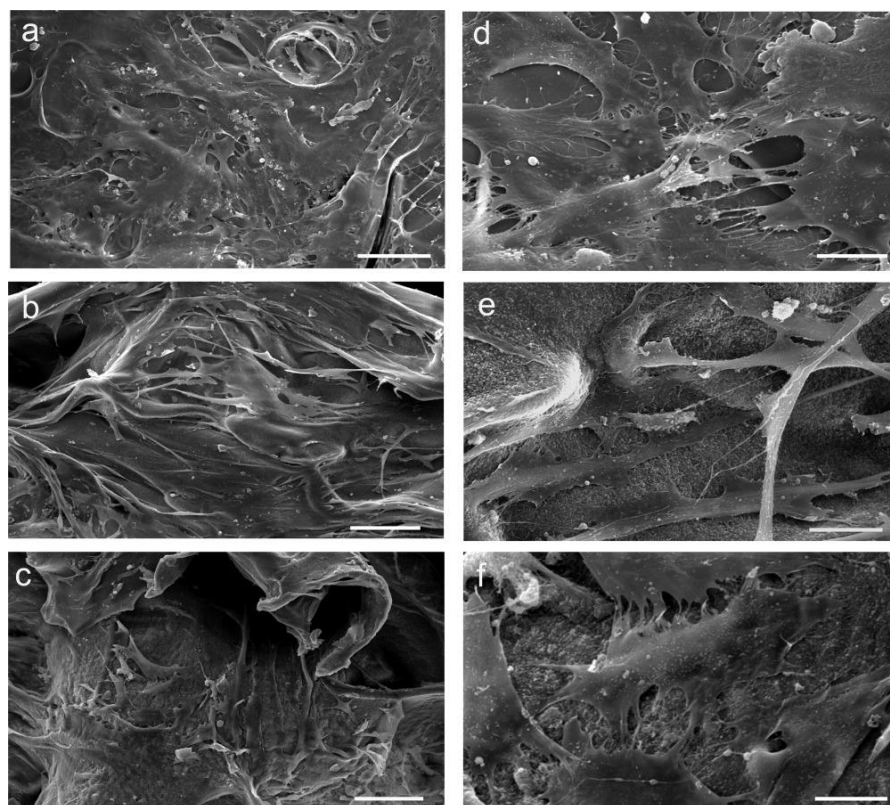


497  
 498 **Figure 9.** Histogram of MTT test performed on MG63 (a) and PCs (b) cultured on CEL2/POL  
 499 100/0, 40/60, and 30/70 for 14 and 21 days.

500  
 501 SEM observations of PCs cultured on the different scaffolds were consistent with MTT data,  
 502 showing changes in cell morphology (Figs. 10 and 11). At 14 days of culture, cells on CEL2/POL

503 0/100 were elongated forming a uniform sheet on the scaffolds' surface [Fig. 10(a,d)]. At 21 days,  
504 cells resulted more spreaded and tried to grow inside pores [Fig. 11(a,d)]. On CEL2/POL 40/60  
505 [Figs. 10(b) and 11(b)] cells were elongated and less uniformly distributed in comparison with  
506 CEL2/POL 0/100. This phenomenon may be at least in part related to not uniform surface of the  
507 scaffold that hampered initial cell adhesion and, consequently, cell proliferation. The reduced cell  
508 density was more evident on CEL2/POL 70/30, which were the scaffolds with the most uneven  
509 surface. On these scaffolds, cells displayed a more irregular morphology that stretched out to cross  
510 scaffold macroporosity [Fig. 10(c,f)]. This irregular star-shaped aspect was maintained also at 21  
511 days of culture [Fig. 11(c,f)], suggesting that different chemical composition, affecting scaffold  
512 macro- and microstructure and stiffness, could influence cell differentiation,<sup>64, 65</sup> as already shown  
513 in our previous work.<sup>66</sup> Cell proliferation decreases as differentiation signs increased. In this  
514 respect, our results suggest that scaffolds with an increased amount of inorganic phase (i.e.  
515 CEL2/POL 70/30) may stimulate PCs differentiation into an osteoblastic progeny. In contrast, MG-  
516 63 cells appear to hold different cross-talks with the different tested scaffolds than PCs. These cells  
517 are immortalized, immature and have a high proliferative potential that probably slow down their  
518 differentiation capability without any additional treatment.

519



520  
 521 **Figure 10.** SEM observation of PCs cultured for 14 days on CEL2/POL 100/0 (a,d), CEL2/POL  
 522 40/60 (b,e), and CEL2/POL 30/70 (c,f). Scale bar a–c 100 μm; scale bar d–f 20 μm.

523

524 **CONCLUSIONS**

525 Freeze-dried CEL2/POL scaffolds (0/100; 40/60; 70/30 wt %/wt) showed an interconnected  
 526 network of macropores with 100–200 μm average size as shown by SEM and μ-CT analysis. As  
 527 the amount of CEL2 increased, the total porosity and the mean pore size slightly decreased because  
 528 the bioactive glass particles deposited onto the polymeric pore walls and filled part of the void  
 529 space of the matrix. Furthermore, composites containing CEL2 were particularly interesting due to  
 530 their stability in aqueous solution as evidenced by swelling tests and to their pronounced bioactivity  
 531 and expected consequent bone-bonding ability during in vivo trials. In fact, they are expected to  
 532 react with physiological fluids, forming hydroxyapatite layers on the film surface containing

533 inorganic phase and creating strong bonds to hard and soft tissues through cellular activity. As  
534 evidenced by SBF immersion tests, an increasing CEL2 amount greatly enhanced the bioactivity  
535 of the scaffold: glass particles behaved as nucleation sites for apatite crystallization. The elastic  
536 modulus of the composites with the highest glass content (70 wt %) was found to be comparable  
537 to that of alveolar bone. DMA carried out on the composite scaffolds in dry state shows that the  
538 samples exhibit a remarkable dissipation ability especially at low and high frequencies; this  
539 damping effect could be a useful feature in view of in vivo implantation.

540 Additional work is in progress to increase the mechanical resistance of the scaffolds by the  
541 substitution of gelatin with collagen in the organic phase and the use of combined crosslinking  
542 techniques and/or blending strategies with the aim to extend the application of CEL2-based  
543 composites to the repair of other bone defects.

544 Morphological and biochemical analysis performed with a continuous cell line (MG63) and with  
545 human periosteal-derived stem cells seeded on the CEL2/POL scaffolds showed that cells maintain  
546 their metabolic activity and ability to proliferate on the scaffold. Differentiation and over  
547 proliferation occurred to PCs, at the increase of bioactive glass concentration, reveal the capacity  
548 of tested scaffold to modulate osteogenic properties.

549 Therefore, the proposed scaffolds, which are resorbable, bioactive, and capable to modulate cell  
550 proliferation/differentiation processes, may be interesting tools in osteochondral tissue  
551 regeneration. Further studies are in progress to validate this hypothesis.

552

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