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Monica Boscaiu; Cristina Lull; Llinares Palacios, JV.; Oscar Vicente; Boira Tortajada, H. (2013). Proline as a biochemical marker in relation to the ecology of two halophytic *Juncus* species. *Journal of Plant Ecology*. 6(2):177-186. doi:10.1093/jpe/rts017.



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1 **Proline as a biochemical marker in relation to the ecology of two halophytic**

2 ***Juncus* species**

3

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16

17 **Running title:** Proline accumulation in *Juncus*

18

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22

23

24 **Abstract**

25 ***Aims***

26 Osmolytes, used for maintaining osmotic balance and as ‘osmoprotectans’, are  
27 synthesised in plants as a general, conserved response to abiotic stress, although their  
28 contribution to stress tolerance mechanisms is still unclear. Proline, the most common  
29 osmolyte, accumulates in many plant species in parallel with an increase in external  
30 salinity, and is considered as a reliable biochemical marker of salt stress. We have  
31 measured proline levels in two halophytic, closely related *Juncus* species, under  
32 laboratory and field conditions, to assess the possible relevance of proline biosynthesis  
33 for salt tolerance and therefore for the ecology of these two taxa.

34 ***Methods***

35 Proline was quantified in plants treated with increasing NaCl concentrations and in  
36 plants sampled in two salt marshes located in the provinces of Valencia and Alicante,  
37 respectively, in south-east Spain. Electrical conductivity, pH, Na<sup>+</sup> and Cl<sup>-</sup>  
38 concentrations were measured in soil samples collected in parallel with the plant  
39 material.

40 ***Important Findings***

41 Treatment with NaCl inhibited growth of *J. acutus* plants in a concentration-dependent  
42 manner, but only under high salt conditions in the case of *J. maritimus*. Salt treatments  
43 led to the accumulation of proline in both species, especially in the more salt-tolerant *J.*  
44 *maritimus*. The results obtained under laboratory conditions were confirmed in plants  
45 sampled in the field. In all samplings, proline contents were significantly lower in *J.*  
46 *acutus* than in the more tolerant *J. maritimus* growing in the same area. A direct  
47 correlation of soil salinity and proline levels could not be established, but a seasonal

48 variation was detected, with an increment of proline contents in conditions of  
49 accentuated water deficit. Our results suggest that proline biosynthesis is not only an  
50 induced, general response to salt stress, but also an important contributing factor in the  
51 physiological mechanisms of salt tolerance in *Juncus*, and it is therefore correlated with  
52 the ecology of the two species.

53

54 **Key words**

55 Halophytes, *Juncus acutus*, *Juncus maritimus*, osmolytes, salt stress

56

57

58 INTRODUCTION

59

60 Salt marshes are highly interesting ecosystems, which have been extensively studied  
61 from multiple points of view. Such habitats constitute a good example of stressful  
62 environments, for the well-known deleterious effects of high soil salinity on plants  
63 (Flowers *et al.* 1986; Serrano 1996), where only adapted, salt tolerant species – the  
64 halophytes – can survive. The genus *Juncus*, with more than 300 species, includes both,  
65 salt sensitive (glycophytes) and salt tolerant taxa. Two halophytes of this genus, *Juncus*  
66 *acutus* L. and *J. maritimus* Lam., are common in littoral salt marshes in the south-east  
67 of the Iberian Peninsula. Both are perennial plants, belonging to the subgenus *Juncus*,  
68 distributed on humid soils, temporally flooded, and with a high amount of alkaline  
69 carbonates (Fernandez-Carvajal 1982). They often share the same habitats, and are  
70 frequent in communities of the class *Juncetea maritimae* Bolos, but have different  
71 ecological optima. *J. acutus* is extremely competitive on sandy soils with low and

72 moderate salinity, or even gypsiculous (Boira 1988, 1995), and tolerates well the  
73 summer drought typical in Mediterranean ecosystems; *J. maritimus*, on the other hand,  
74 is associated with higher humidity, and can be frequently found in communities of the  
75 class *Arthrocnemetea* Br.-Bl. and R. Tx. 1943 (Costa and Boira 1981), which are typical  
76 of very saline habitats in SE Spain. Therefore, according to their ecology, *J. maritimus*  
77 appears to be more salt tolerant than *J. acutus*; the latter taxon behaves more as  
78 sabulicolous, as it is frequent in soils with a sandy texture. The two species coexist in  
79 conditions of increased soil humidity, representing an ecotonal situation for *J. acutus*,  
80 but in strongly saline areas of salt marshes, only *J. maritimus* is present.

81       The adaptations of halophytes to saline environments are multiple, involving  
82 complex interactions at the physiological, biochemical and molecular levels (Zhu 2001).  
83 One of the fundamental aspects of the response of these plants to soil salinity is their  
84 ability to compensate the high external osmotic pressure, thus avoiding the  
85 physiological drought characteristic of such environments. A general, conserved  
86 mechanism of response to salt stress – as well as to other environmental conditions  
87 causing cellular dehydration, such as drought, cold, high temperatures or heavy metals –  
88 is the synthesis and accumulation in the cytoplasm of compatible solutes, the so-called  
89 ‘osmolytes’. Osmolytes are very soluble, low-molecular-weight organic compounds,  
90 which are not inhibitory to the metabolism even at high concentrations. Besides their  
91 direct function in osmotic adjustment, they act as ‘osmoprotectants’, by directly  
92 stabilizing proteins, membranes and other macromolecular structures under dehydration  
93 conditions, and by protecting the cell against oxidative stress as scavengers of reactive  
94 oxygen species (Flowers and Colmer 2008; Hare *et al.* 1998; Szabados and Saviouré  
95 2010). Osmolytes are very diverse from the chemical point of view, including, for

96 example, polyols (glycerol, sorbitol, mannitol), sugars (trehalose, sucrose) or some  
97 amino acids and derivatives (proline, glycine betaine) (Flowers *et al.* 1986; Flowers and  
98 Colmer 2008; Serrano 1996). Osmolyte accumulation is not restricted to salt tolerant  
99 plants, but common for glycophytes and halophytes; in fact, osmolyte biosynthesis  
100 represents a striking case of convergent evolution in solving osmotic problems by all  
101 organisms, ranging from microorganisms to plants (Burg *et al.* 1996; Yancey *et al.*  
102 1982).

103         Proline (Pro) is probably the most common compound accumulated by plants as  
104 a response to salt, water, or cold stress (Chu *et al.* 1978; Grigore *et al.* 2011; Murakeözy  
105 *et al.* 2003; Szabados and Savouré 2010; Verbruggen and Hermans 2008). There are  
106 many published reports showing that, under controlled laboratory conditions, the  
107 concentration of Pro in plants increases in parallel with an increase of the external  
108 salinity level, and there are also some studies on Pro contents in plants collected from  
109 the field (see reviews by Marcum 2002; Munns 2002, 2005; Parvaiz and Satyawati  
110 2008; Sen *et al.* 2002; Tester and Davenport 2003). Some of the earliest data regarding  
111 Pro accumulation in halophytes are those recorded by Stewart and Lee (1974), who  
112 found that Pro levels in *Triglochin maritima* were low in the absence of salt, but  
113 increased as the salinity was raised. Afterwards, many authors identified relatively high  
114 levels of this amino acid in a large variety of halophytic taxa (e.g., Flowers and Hall  
115 1978; Tipirdamaz *et al.* 2006; Youssef 2009). The use of Pro as osmolyte in *Juncus* was  
116 first shown by Cavalieri and Huang (1979) in *J. roemerianus*. More recently, Naidoo  
117 and Kift (2006) reported a significant increment of Pro in plants of *J. kraussii* treated  
118 with NaCl.

119           In summary, it is well established that Pro biosynthesis is a general response to  
120 salt stress in all those species that use it as the major osmolyte. What is not so clear is  
121 the relative contribution of Pro accumulation to the mechanisms of salt resistance in a  
122 particular species, i.e. whether or not it is important for tolerance. When comparing the  
123 levels of Pro in plants with different degrees of salt sensitivity, they are often higher in  
124 the more resistant ones; however, there are also many examples in which there is no  
125 positive correlation between Pro contents and tolerance (e.g., Ashraf and Foolad 2007;  
126 Chen *et al.* 2007; Guerrier 1998; Lutts *et al.* 1996).

127           We have measured Pro levels in *Juncus acutus* and *J. maritimus* plants treated  
128 with different NaCl concentrations under controlled growth chamber conditions, and in  
129 samples of the two species collected from two salt marshes in two successive seasons.  
130 Our aim was not only to check whether Pro contents increased with increasing salt  
131 concentrations, but also to try and correlate them with the degree of salt tolerance of the  
132 two species. If, according to our working hypothesis, Pro accumulation is an important  
133 factor contributing to salt tolerance in *Juncus*, Pro levels should be relatively higher in  
134 *J. maritimus*. These two taxa represent an ideal material for this kind of comparative  
135 studies, since they are closely related from a taxonomic point of view – and therefore,  
136 most likely, also genetically – and often sharing the same habitat, but differ in their  
137 tolerance to soil salinity, their ecological requirements and local distribution.

138

139

## 140 MATERIAL AND METHODS

### 141 **Sampling design**

142 Proline levels were determined in adult plants collected from the field as well as in  
143 young plants obtained by seed germination and maintained in a growth chamber under  
144 controlled conditions. *J. acutus* and *J. maritimus* plant material was sampled at ‘Clot de  
145 Galvany’, a littoral salt marsh located near Elche, in the Province of Alicante  
146 (39.12°N/0.20°E ), as well as in a second salt marsh in the Natural Park of ‘La  
147 Albufera’, in El Saler, near the city of Valencia (38°15N/0.42°W). In both salt marshes,  
148 two neighbouring sites were selected, with different salinity levels – according to their  
149 vegetation and to the electrical conductivity of the upper layer of the soil, measured  
150 with a field conductivity-meter. In the sites with lower soil salinity, located towards the  
151 border of the two marshes (Clot 1 and Saler 1), both species were present; in the central  
152 part of the marshes (Clot 2 and Saler 2), with higher salinity, only *J. maritimus* was  
153 found, and was considerably more abundant than in the plots with lower salinity. In  
154 both areas, samples were collected twice in 2010, in the middle of July and in the  
155 middle of November, respectively.

156

#### 157 **Plant material and salt treatments**

158 From each site, culm fragments of five plants were collected separately, cooled on ice  
159 and transported to the laboratory, where part of the plant material was weighed and  
160 stored frozen at -75°C; the rest was dried in the oven at 65° for 3-4 days until constant  
161 weight, to calculate the percentage of dry weight of each plant . Sampling was repeated  
162 in two successive seasons (summer and autumn 2010) from the same individual plants,  
163 which had been labelled at the time of the first sampling.

164 *J. acutus* and *J. maritimus* seeds were collected in summer 2008 in the Natural  
165 Park of ‘La Albufera’, and stored at room temperature for several months previous to the



166 experiments. Seeds were sown and germinated in seed trays containing a mixture of  
167 peat and vermiculite (3:1). Three months after sowing, young plants were transferred to  
168 individual plastic pots of 12 cm diameter with the same substrate, and grown for  
169 additional three weeks. Salt treatments (75, 150, and 300 mM NaCl) were then started,  
170 and carried out by adding 150 mL of salt solutions (or distilled water, for the control  
171 treatments) to the pots, once per week. This volume was enough to maintain the  
172 moisture of the substrate throughout the experiment. All procedures were carried out in  
173 a growth chamber (Infracra), fitted with three 58 W Philips Master TL-D fluorescent  
174 lamps per shelf, providing a PAR of approximately  $150 \mu\text{E m}^{-2} \text{s}^{-1}$  during the light time  
175 of a 12 h photoperiod. The temperature was kept at 25°C in the light and 15°C in the  
176 dark. After three months of salt treatments, plants were harvested, weighed on a  
177 precision balance, and then frozen and stored at -75°C, except for three randomly  
178 selected plants per treatment, which were used for determination of the mean dry  
179 weight, as indicated above for the material collected in the field. The increment in  
180 length was calculated by measuring the length of culms at the beginning and at the end  
181 of the salt treatments.

182

### 183 **Soil analysis**

184 Three soil samples were collected at 20 cm depth from each of the selected zones in the  
185 two salt marshes, simultaneously with the plant material. Soil samples were air-dried,  
186 and then passed through a 2 mm sieve. Textural analysis was performed using the  
187 hydrometer method (Bouyoucos 1962). Electrical conductivity and pH were measured  
188 in saturate soil paste extracts in a Crinson Conductimeter Basic 30 and a Crinson pH-  
189 meter Basic 20+, respectively (Schofield 1942; USSS Staff 1954). Sodium was

190 determined in the saturate soil paste extracts with a Flame Photometer Jenway PFP7  
191 (Schuhknecht 1963) and chloride by the precipitation/titration method Mohr (Ayres  
192 1970). The same analyses were carried out on the substrate used to grow the plants in  
193 pots in the growth chamber, at the end of the salt treatments.

194

### 195 **Climate analysis**

196 Climatic data were obtained from the nearest meteorological stations – Elche for ‘Clot  
197 de Galvany’ and Benifayó for El Saler – provided by the Agroclimatic Information  
198 System for Irrigation (SIAR), Spanish Ministry of Environment, Rural and Marine  
199 Affairs (MARM). Water deficit was calculated according to the cumulative rainfall and  
200 evapotranspiration during the four months previous to the collections of plant material.  
201 This period was chosen since it represents the interval between the two samplings.

202

### 203 **Proline quantification**

204 Frozen plant material (250 mg), collected in the field or from plants grown in the  
205 climate chamber, was ground to a fine powder in a mortar, in the presence of liquid  
206 nitrogen, and Pro content was determined according to the method of Bates *et al.* (1973)  
207 with minor modifications, as described in Vicente *et al.* (2004). Pro content was  
208 expressed in  $\mu\text{mol gr}^{-1}$  DW.

209

### 210 **Statistical analysis**

211 Data were analysed using SPSS, v. 16. Levene and Cochran tests were applied to check  
212 whether the requirements of the analysis of variance are accomplished. Significance of  
213 differences among treatments and among species was tested by applying one-way

214 ANOVA. When the ANOVA null hypothesis was rejected, post-hoc comparisons were  
215 performed using the Tukey test. A relation of Pro levels and NaCl concentrations, in  
216 plants subjected to salt treatments in the growth chamber, was established by applying  
217 the optimal correlation. Effect of plot salinity and of seasonal variation was checked for  
218 plants sampled in the field, and additionally a two way ANOVA was applied to check  
219 their interaction.

220

221

## 222 RESULTS

### 223 **Soil and substrate analysis**

224 Soil characteristic were determined in samples collected in the field at 20 cm depth, in  
225 summer and autumn 2010, and are summarised in Table 1. The texture of the soil in  
226 Clot 1 is loam, in Clot 2 is silty loam and in Saler 1 and 2 is sandy. The pH is more  
227 alkaline in El Saler than in Clot de Galvany, but the salinity of the latter is by far higher.  
228 In Clot 2 and Saler 2, the two plots with more silt, higher Na<sup>+</sup> and Cl<sup>-</sup> levels were  
229 measured, showing therefore also higher EC values. Accumulation of silt material in the  
230 central depression of salt marshes determines a significant difference of salt  
231 concentration and a selective habitat for the studied species. Clot 1, located at the border  
232 of the salt marsh, includes a higher percentage of sand and shows very low EC<sub>SE</sub>, and  
233 Na<sup>+</sup> and Cl<sup>-</sup> contents, whereas Clot 2, the second plot located in the central part of the  
234 same salt marsh, has higher amount of silt, and is extremely saline. In the salt marsh in  
235 El Saler, the differences between the two plots are not so extreme; still, EC<sub>SE</sub> is about 4-  
236 fold higher in Saler 2 than in Saler 1. When comparing seasonal variations, the only  
237 significant differences were registered in Clot 2, which is the most saline of all

238 experimental plots. Here, average  $EC_{SE}$  was almost 40 dS/m in July, increasing to 97  
239 dS/m in November. Mean  $Na^+$  levels ranged from 349 to 696 mM, and those of  $Cl^-$  from  
240 580 to 1433 mM, in summer and autumn 2010, respectively.

241 Concerning the plants grown in the climate chamber, the analysis of the substrate  
242 indicated that there is a gradual increment of  $EC_{SE}$ ,  $Na^+$  and  $Cl^-$  with the increase of  
243 NaCl concentrations in the salt treatments (Table 2); after three months of watering the  
244 plants with 0.3 M NaCl, the electric conductivity of the substrate in the pots surpassed  
245 95 dS/m. The measured pH values decreased with increasing salinity.

246

#### 247 **Climate analysis**

248 As they are located near the sea, both salt marshes belong to thermomediterranean  
249 thermotype, characterised by warm temperatures (yearly mean of 16 – 18°C) and by  
250 mild winters. The ombrotype in El Saler is dry, but in Clot is semi-arid, as indicated by  
251 their aridity indexes of 10.1 and 18.87, respectively (Rivas-Martínez and Rivas Saénz  
252 2009). Mean temperatures are also higher in Clot, with a thermicity index of 408 vs. 378  
253 in El Saler.

254 In the Mediterranean climate, summers are generally hot and dry, and autumns  
255 rather wet, but the autumn of 2010 was exceptionally dry, as can be seen from the  
256 monthly values of rainfall and evapotranspiration in Fig. 1. The four months previous to  
257 each collection of plant samples were dry in both locations, but the water deficit was  
258 notably higher in autumn in Clot de Galvany (-469.33 mm before the autumn sampling,  
259 as compared to -378.80 mm before the summer sampling). In El Saler, the water deficit  
260 was similar in both periods: -325 mm in summer and -306 mm in autumn.

261

262 **Effect of controlled salt treatments on plant growth and proline accumulation**

263 Salt treatments negatively affected the growth of *J. acutus* in a concentration-dependent  
264 manner, as shown by a reduced increment of plant length (Fig. 2a) and a decrease of  
265 fresh weight (Fig. 2b). A reduction of more than 83% in the length, and more than 87%  
266 in the weight was detected in the plants treated with 300 mM NaCl, as compared with  
267 the non-treated controls. Growth of *J. maritimus* was also inhibited by salt, but to a  
268 lower extent than in *J. acutus* and only at high concentrations. In fact, low salinity  
269 levels (75 mM NaCl) stimulated growth of *J. maritimus* plants, in terms of both,  
270 increase in culm length and biomass accumulation (Fig. 2).

271 Treatments with increasing salt concentrations led to a significant and  
272 progressive accumulation of Pro in the aerial part of both species; the correlation  
273 between the applied NaCl concentrations and the increase of Pro levels was not linear:  
274 this increment was more accentuated at higher salinities (150 and 300 mM) than in the  
275 75 mM NaCl treatment (Fig. 3). When comparing the two species, the more salt  
276 tolerant, *J. maritimus*, was shown to accumulate relatively higher levels of Pro in  
277 response to salt stress. Thus, except for the control treatments, significant differences  
278 were detected in plants subjected to the same NaCl concentration; these differences  
279 increased with increasing salinity, so that, at 300 mM NaCl, Pro content in *J. maritimus*  
280 was about 2.4-fold higher than in *J. acutus* (Fig. 3).

281

282 **Proline contents in plants collected from their natural environments**

283 Levels of Pro were also determined in *J. acutus* and *J. maritimus* plants collected from  
284 the two experimental sites in each salt marsh, in two successive seasons (Fig. 4).

285 Comparing the two species, mean Pro contents were significantly lower in *J. acutus*

286 than in *J. maritimus* , within the two plots where they were present together (Saler 1 and  
287 Clot 1), and in summer as well as in autumn; the difference was especially pronounced  
288 – about six fold – in the autumn samples from Clot 1. When comparing the  
289 experimental plots defined in the two salt marshes, and despite their large differences in  
290 soil salinity, estimated from EC measurements (Table 1), no clear correlation with Pro  
291 contents in the plants could be established. For example, no significant differences in  
292 Pro levels were detected in the samples of *J. maritimus* collected in summer from all  
293 experimental zones, whereas in autumn the highest values were observed in Clot 1, the  
294 plot with the lowest electrical conductivity (Fig. 4).

295 One-way ANOVA, however, detected a significant seasonal variation of Pro  
296 contents in *J. maritimus*. Average values of Pro increased in autumn in Saler 2 and,  
297 especially, in Clot (Fig. 4). Interestingly, the strongest increment was found in Clot 1,  
298 which is the least saline but the driest of the experimental zones selected for this study.  
299 When applying two-way ANOVA the interaction between the two factors – plot and  
300 season – was significant at the 99% confidence level for both salt marshes.

301

## 302 **Discussion**

303

304 The observed growth responses of *J. acutus* and *J. maritimus* to NaCl treatments, under  
305 controlled laboratory conditions, clearly supported the notion that the latter species is  
306 more salt tolerant than the former. The higher tolerance to salinity of *J. maritimus* has  
307 also been observed in a previous study on seed germination of the two *Juncus* species;  
308 although germination percentages and germination rates decreased in both taxa with  
309 increasing NaCl concentrations following a similar pattern, recovery of the germination

310 capacity of the seeds, after removal of salt stress, was enhanced only in *J. maritimus*  
311 (Boscaiu *et al.* 2011), a behaviour common for many halophytes (Keiffer and Ungar  
312 1997; Ungar 1978). These findings are in agreement with the local distribution of the  
313 two taxa in the studied salt marshes, and also with their general pattern of distribution in  
314 littoral areas in south-east Spain. *J. acutus* is more competitive on sandy soils, with  
315 moderate electrical conductivity, whereas *J. maritimus* is much extended on soils with a  
316 high amount of fine soil fraction in the deeper horizon, which generates a good retention  
317 of water (Boira 1988); since such marshes function as small endorheic basins, salinity is  
318 very much increased by accumulation of salts washed from neighbouring zones. The  
319 two species often grow in the same plant communities in the area of study, but *J.*  
320 *maritimus* is much more frequent and competitive on strongly saline soils, as indicated  
321 by the phytosociological relevé of the association *Puccinellio festuciformis* –  
322 *Arthrocnemetum fruticosi* Br.-Bi. 1931 en. nom. J.M. Géhu 1976 (Costa and Boira  
323 1981).

324         Optimal growth of *J. acutus* was observed in the absence of salt, with a gradual  
325 reduction in the length and weight of the plants as the concentration of NaCl increased.  
326 A similar behaviour has been reported for other *Juncus* species (Naidoo and Kift 2006;  
327 Rozema 1976) and is considered as a common response to salt stress in  
328 monocotyledonous halophytes; growth of many dicotyledonous salt tolerant plants, on  
329 the other hand, is stimulated at low or moderate salt concentrations (Glenn and O'Leary  
330 1984; Rozema 1991; Yeo and Flowers 1980). Interestingly, this also happened in our  
331 experiments with *J. maritimus*, which reached the highest culm length and fresh weight  
332 at 75 mM external NaCl. There are additional reports showing that moderate salt  
333 concentrations, such as 100 mM NaCl, stimulated the growth of this species (Clarke and

334 Hannon 1970; Partridge and Wilson 1987). However, this is not necessarily an  
335 invariable response to salinity in *J. maritimus*; in similar, independent experiments from  
336 our laboratory using plants obtained from a different batch of seeds, we found optimal  
337 development in plants grown in the absence of salt (Boscaiu *et al.* 2011). The apparent  
338 lack of reproducibility in these experiments may be due to differences in genetic,  
339 developmental or environmental factors; in particular, the responses to salinity are  
340 dependent to a large extent on the age and the developmental stage of the plants  
341 (Vicente *et al.* 2004).

342         In both *Juncus* species, treatment with increasing salt concentrations led to a  
343 parallel accumulation of Pro, used for osmotic balance and as osmoprotector. This is in  
344 agreement with the overwhelming available evidence indicating that Pro biosynthesis is  
345 a reliable marker of salt stress – at least in those species that use Pro as the major  
346 osmolyte (Cavalieri and Huang 1979; Liu *et al.* 2008); glycine betaine or other  
347 compatible solutes would fulfil a similar function in species which are not Pro  
348 accumulators. Moreover, there is also a good correlation between Pro contents and the  
349 degree of salt tolerance: the more halophytic species, *J. maritimus*, accumulated Pro to  
350 higher levels than *J. acutus* in response to the same NaCl treatments, although the two  
351 taxa showed no significant differences in background levels of the osmolyte in the  
352 absence of salt; these results suggest that Pro biosynthesis, induced as a response to salt  
353 stress, is an important contributing factor in the mechanisms of salt tolerance in *Juncus*.

354         The data mentioned above were obtained using *Juncus* plants grown under  
355 controlled experimental conditions, far different from those of the natural habitats of the  
356 plants, regarding for example soil characteristics such as nutrient availability or the pH  
357 of the substrate (Lidón *et al.* 2009). Therefore, to confirm that the laboratory results had



358 ecological meaning, we considered important to determine Pro levels also in plant  
359 material collected from the field, in areas with different soil salinity and in different  
360 seasons. By comparing samples of *J. maritimus* collected in summer and autumn 2010,  
361 we confirmed the stress-induced accumulation of Pro in this species. The salinity of plot  
362 2 in Clot de Galvany, characterised by a more arid climate than El Saler, considerably  
363 increased in autumn 2010 in relation to the strong water deficit registered in this period.  
364 Accordingly, mean Pro contents in plants of *J. maritimus* growing in this area  
365 significantly increased in autumn, but the highest Pro values were registered in plants  
366 from plot 1 in Clot. Interestingly, Clot 1 is the least saline of the four zones analysed,  
367 but also the driest, due to the climatic conditions and to its texture, which includes a  
368 higher percentage of sand. Therefore, apart from the effects of salt stress – with its two  
369 components of osmotic stress and ion toxicity – the plants are simultaneously subjected  
370 to water stress; both environmental conditions will cause cellular dehydration and the  
371 induction of osmolyte production. Our data suggest that the major trigger of Pro  
372 biosynthesis in *Juncus* is the water deficit rather than soil salinity *per se*, although these  
373 two stress factors are obviously related; this would partially explain the lack of  
374 correlation between salinity of the soil and Pro contents of the plants. There are several  
375 studies showing that osmolyte levels in plants from natural environments vary along the  
376 year, increasing in the most stressful periods (e.g., Murakeözy *et al.* 2003). In  
377 Mediterranean habitats, the most stressful season is generally summer, characterised by  
378 high temperatures and lack of rain. In salt marshes, in addition to drought, salinity is  
379 increased because of evaporation of water and concentration of salts. In 2010, the year  
380 this study was carried out, in the salt marsh in Clot de Galvany, atypically, the most  
381 stressful period was autumn, due to the high rate of evapotranspiration and very low

382 precipitation. In El Saler, the water deficit in autumn was not so intense, since the level  
383 of previous precipitation was somehow higher than in Clot; therefore, smaller seasonal  
384 differences in Pro levels were detected.

385         Comparing field and laboratory data, there seems to be a discrepancy between  
386 plants subjected, apparently, to a similar degree of salt stress – as indicated by electrical  
387 conductivity measurements – concerning accumulation of Pro, whose levels are much  
388 higher in those plants treated with NaCl in the growth chamber than in plants collected  
389 in the wild. However, it is not possible to make direct quantitative comparisons between  
390 the two sets of data, for several reasons. First, the environmental conditions of the plants  
391 and, most important, their developmental stage – young plants grown from seeds in the  
392 lab vs. fully-grown adult individuals in the wild – are very different. The substrate used  
393 for the pots is organic, facilitating an increased absorption of NaCl, which explains the  
394 high values of electric conductivity registered. In addition, the roots of the potted plants  
395 are found in a limited and reduced environment with homogeneous salinity, whereas in  
396 the field roots can explore a more heterogeneous and considerably larger volume of soil.  
397 The EC measurements were performed in samples from the upper soil layer, the first 20  
398 cm from the surface, where dissolved salts accumulate by water transport from the  
399 shallow water table, but most of the root system of each plant is probably spread  
400 through less saline soil; therefore, the degree of salt stress must be actually much lower  
401 for the plants growing in the field than for potted plants.

402         As discussed above, a direct correlation between soil salinity and Pro levels in  
403 the plants present in the selected salt marshes could not be established. However,  
404 concerning the relative salt tolerance of the two *Juncus* species, the data obtained with  
405 plant material sampled in the field supported the conclusions of the experiments carried

406 out in the laboratory, since the more halophytic taxon, *J. maritimus*, accumulated  
407 significantly higher Pro levels than *J. acutus* under the same environmental conditions –  
408 plants growing in the same experimental plot, and in both sampling seasons.

409 Pro, as other osmolytes, seems to fulfil several roles in the mechanisms of stress  
410 tolerance in plants (Szabados and Saviouré 2010). Although relatively low Pro  
411 concentrations might be required for its function as direct ‘osmoprotectant’ of proteins  
412 and cellular structures, or as scavenger of ROS, much higher levels are probably  
413 necessary for the maintenance of osmotic equilibrium under salt stress conditions. In the  
414 present study, we have not measured ion contents in the plants, and a quantitative  
415 assessment of the role of Pro biosynthesis in osmotic adjustment cannot be made.  
416 However, cation levels have been determined in salt-treated plants of both species in  
417 previous experiments (Boscaiu *et al.* 2011), which showed, for example, accumulation  
418 of Na<sup>+</sup> to 85 µmol gr<sup>-1</sup> DW in *J. acutus* and to 116 µmol gr<sup>-1</sup> DW in *J. maritimus*, in the  
419 presence of 300 mM external NaCl; comparison of these data with the results of the  
420 present work would suggest that Pro accumulation, by itself, is not sufficient to  
421 compensate the osmotic pressure due to uptake and compartmentalization in the vacuole  
422 of toxic ions – not only Na<sup>+</sup>, but also Cl<sup>-</sup>. Nevertheless, Pro may not be the only  
423 compatible solute involved in osmoregulation in the investigated species. We have  
424 recently shown that plants of *J. acutus* and *J. maritimus*, growing in El Saler, also  
425 contained relatively high levels of sucrose (around 100 µmol gr<sup>-1</sup> DW, as average) as  
426 well as glucose and fructose (30 – 40 µmol gr<sup>-1</sup> DW), and how changes in the  
427 concentration of these sugars correlated positively with the intensity of environmental  
428 stress affecting the plants during the course of the year (Gil *et al.* 2011). Therefore, in

429 addition to Pro, some soluble carbohydrates can also contribute to osmoregulatory  
430 mechanisms in *Juncus*.

431

#### 432 ACKNOWLEDGEMENTS

433

434 This work has been supported by grants from the Spanish Ministry of Science  
435 and Innovation – with contribution from the European Regional Development Fund – to  
436 O. Vicente (project CGL2008-00438/BOS), and from the Polytechnic University of  
437 Valencia to M. Boscaiu (programme PAID-06-09).

438

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561

562 Figure legends

563

564 **Figure 1.** Water deficit during 2010, in ‘Clot de Galvany’ and ‘El Saler’, as a function  
565 of monthly precipitation (Pp) and evapotranspiration (ETP). Gray areas correspond to  
566 the periods considered for calculation, during the four months before the samplings of  
567 plant material, in the middle of July and in the middle of November. Data were  
568 registered by the nearest meteorological stations, located in Elche, province of Alicante  
569 and Benifayó, province of Valencia, respectively.

570

571 **Figure 2.** Growth responses of *J. acutus* and *J. maritimus* plants, treated for three  
572 months with the indicated concentrations of NaCl under controlled conditions in a  
573 growth chamber. Percentages of culm length increments (a), and of fresh weight (b)  
574 were calculated with respect to the values of non-treated controls, which were  
575 considered as 100% (12.05 cm length increment and 308 mg fresh weight in *J. acutus*,  
576 and 7.12 cm and 224 mg in *J. maritimus*) (means  $\pm$  SD, n = 10). Different lower case  
577 letters, latin for *J. acutus* and greek for *J. maritimus*, indicate significant differences  
578 between treatments; asterisks indicate significant differences between the two species  
579 for a given NaCl concentration ( $\alpha = 0.05$ ).

580

581 **Figure 3.** Proline accumulation upon salt stress treatments in *J. acutus* and *J. maritimus*.  
582 Plants were treated for three months with NaCl at the indicated concentrations; the  
583 figure shows the experimental data of Pro contents (means  $\pm$  SD, n = 5). Different lower  
584 case letters, latin for *J. acutus* and greek for *J. maritimus*, indicate significant

585 differences between treatments; asterisks indicate significant differences between the  
586 two species for a given NaCl concentration ( $\alpha = 0.05$ ).

587

588 **Figure 4.** Proline contents in *J. acutus* and *J. maritimus* plants growing in their natural  
589 habitats under different environmental conditions. The values shown are Pro contents  
590 (means  $\pm$  SD, n = 5) determined in plant material sampled in experimental plots with  
591 different soil salinity level (1 < 2), defined in two littoral salt marshes, in Clot de  
592 Galvany (C1 and C2) and El Saler (S1 and S2), and in two successive seasons (summer  
593 and autumn, 2010). Different lower case letters indicate significant differences between  
594 experimental plots, and asterisks between the summer and autumn samples from the  
595 same plot ( $\alpha = 0.05$ ).

596

597 **Table 1:** Soil characteristics of the experimental zones, as indicated (Mean values and SD, n = 6, three samples collected in summer and  
598 three in autumn 2010)

599

Zone	Sand (%)	Silt (%)	Clay (%)	pH	EC <sub>SE</sub> (dS m <sup>-1</sup> )	Na <sup>+</sup> (mM)	Cl <sup>-</sup> (mM)
Clot 1	44 ± 0.8	42.3 ± 1.2	13.6 ± 0.9	8.1 ± 0.2	1.2 ± 0.8	3.6 ± 2.6	13.5 ± 9.7
Clot 2	30 ± 0.8	64.3 ± 1.4	5.6 ± 0.4	7.5 ± 0.2	68.1 ± 31.9	522.2 ± 194	1006.6 ± 491
Saler 1	96 ± 0.7	1.2 ± 0.2	2.7 ± 0.1	8.3 ± 0.1	3.5 ± 0.9	11.2 ± 1.9	42.5 ± 17.5
Saler 2	93 ± 0.9	3.4 ± 0.4	3.5 ± 0.2	8.5 ± 0.1	15.0 ± 4.0	190.5 ± 34	266.6 ± 7.3

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601

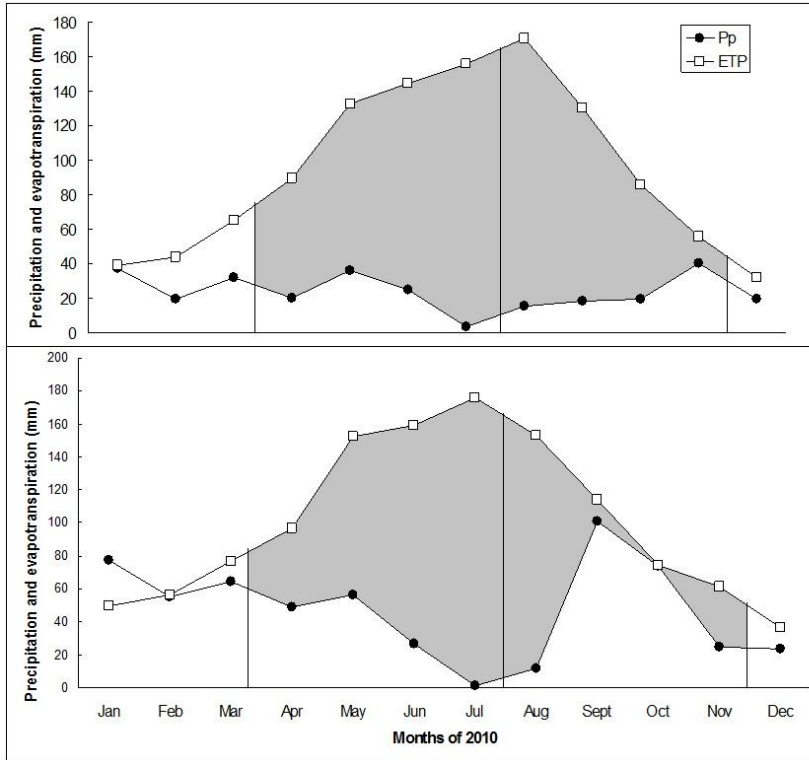
602 **Table 2:** Electrical conductivity ( $EC_{SE}$ ), pH, and  $Na^+$  and  $Cl^-$  contents in the saturation  
603 soil paste extract of the pots, after three months treatment with increasing NaCl  
604 concentrations (mean values  $\pm$  SD, n = 4)

605

Treatment	pH	$EC_{SE}$ ( $dS\ m^{-1}$ )	$Na^+$ (mM)	$Cl^-$ (mM)
Control	$7.63 \pm 0.25$	$1.07 \pm 0.26$	$6.01 \pm 0.88$	$8.75 \pm 1.44$
75 mM NaCl	$6.49 \pm 0.16$	$28.05 \pm 3.17$	$329.00 \pm 5.51$	$449.75 \pm 30.30$
150 mM NaCl	$6.22 \pm 0.14$	$54.75 \pm 3.05$	$524.82 \pm 28.85$	$850.00 \pm 57.73$
300 mM NaCl	$5.88 \pm 0.18$	$95.45 \pm 9.95$	$746.64 \pm 68.73$	$1400.00 \pm 230.94$

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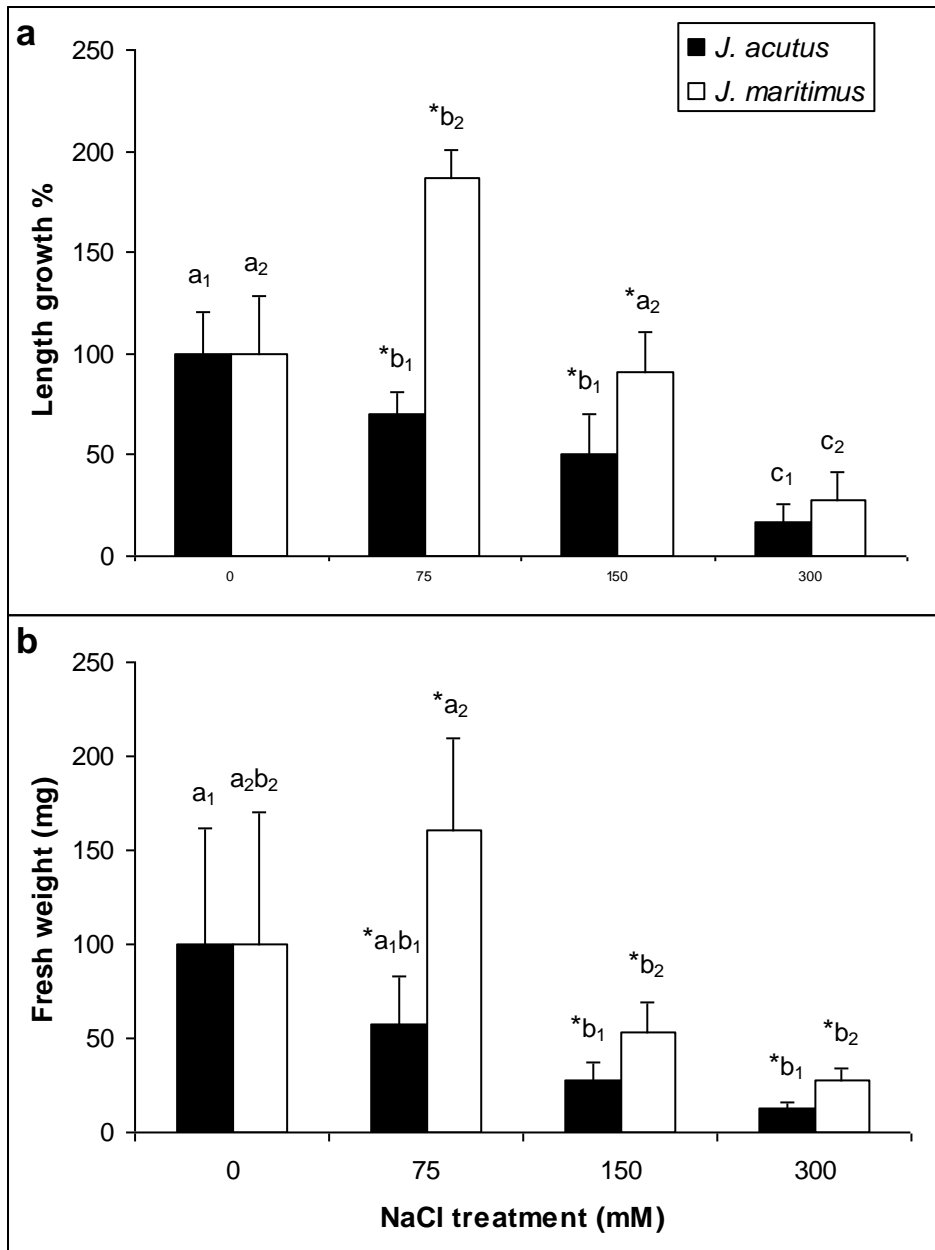


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610 Fig. 1

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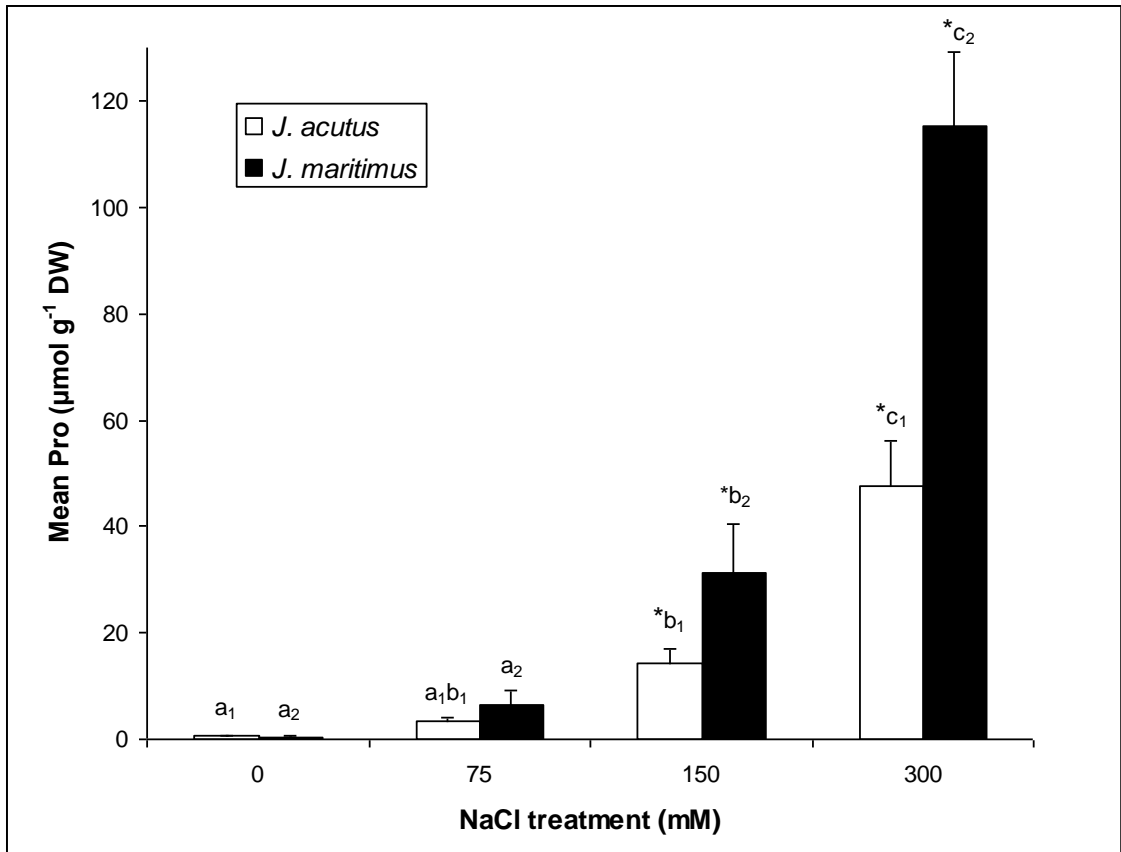
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615 Fig. 2

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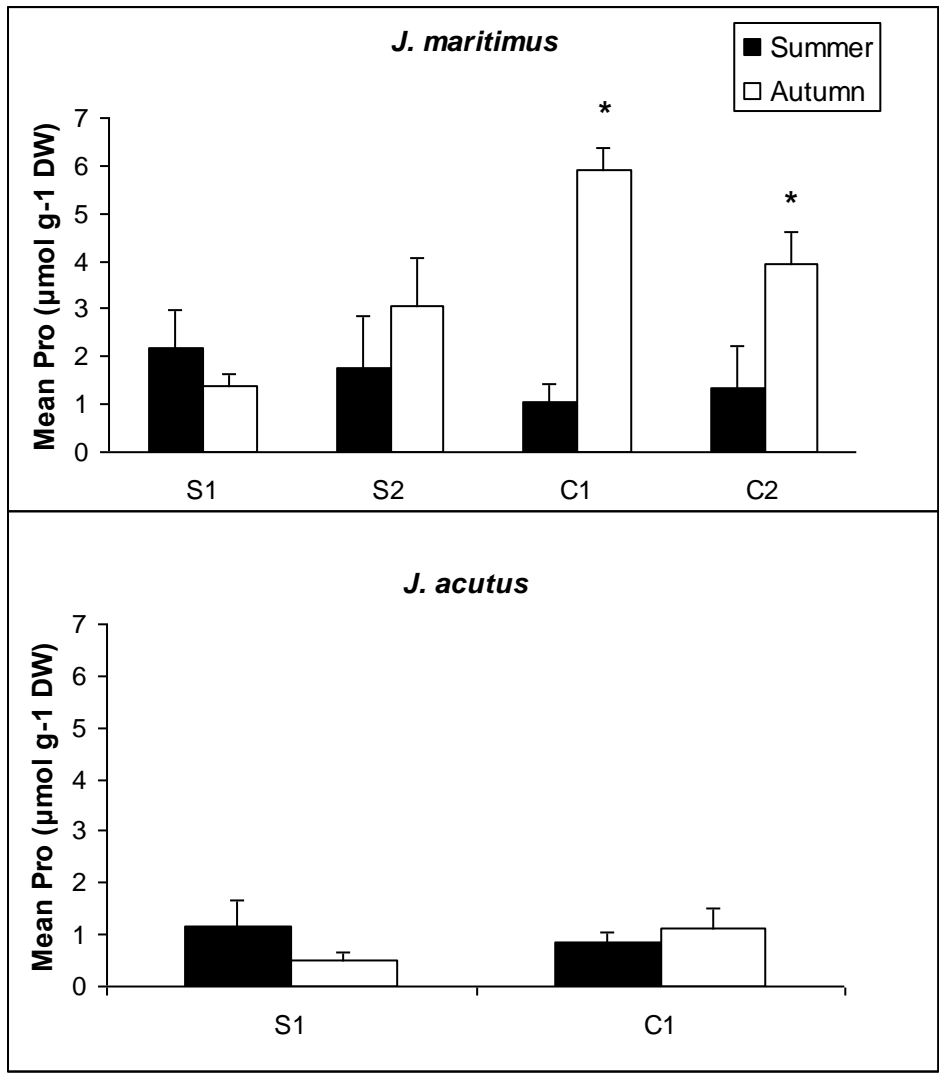
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619 Fig. 3

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621

622

623 Fig. 4.

624