Document downloaded from:

http://hdl.handle.net/10251/60272

This paper must be cited as:

Cano Embuena, Al.; Jiménez Marco, A.; Cháfer Nácher, MT.; González Martínez, MC.; Chiralt Boix, MA. (2014). Effect of amylose:amylopectin ratio and rice bran addition on starchfilms properties. Carbohydrate Polymers. 111:543-555. doi:10.1016/j.carbpol.2014.04.075.



The final publication is available at

http://dx.doi.org/10.1016/j.carbpol.2014.04.075

Copyright Elsevier

Additional Information

1	Effect of amylose:amylopectin ratio and rice bran addition on starchfilms
2	properties.
3	Amalia Cano, Alberto Jiménez*, Maite Cháfer, Chelo González, Amparo Chiralt
4	
5	Instituto de Ingeniería de Alimentos para el Desarrollo, Universitat Politècnica de
6	València. Camino de Vera s/n 48022. Valencia. Spain.
7	
8	(*) Contact information for Corresponding Author
9	Instituto de Ingeniería de Alimentos para el Desarrollo. Universitat Politècnica de
10	València. Camino de Vera, s/n. 46022. Valencia. Spain.
11	Phone: 34-3877000 ext.83613, Fax: 34-963877369, e-mail: aljimar@upvnet.upv.es
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	

Abstract

29

30

31

32

33

34

35

36

37

38

39

40

41

42

43

44

45

46

The influence of the amylose:amylopectin ratio on the properties of pea, potato and cassava starch (with a high, intermediate and low amylose-amylopectin ratio, respectively) films and the effect of the incorporation of rice bran of two different particle sizes were studied. The structural, mechanical (elastic modulus, tensile strength and percentage of elongation at break), optical (gloss and internal transmittance) and barrier (water vapour permeability and oxygen permeability) properties of the films were analysed after 1 and 5 weeks under controlled storage conditions (25°C and 53%RH). The properties of the films were affected by both amylose-amylopectin ratio and storage time. The high content of amylose gave rise to stiffer, more resistant to fracture, but less stretchable films, with lower oxygen permeability and greater water binding capacity. Although no changes in the water vapour permeability values of the films were observed during storage, their oxygen permeability decreased. Throughout storage, films became stiffer, more resistant to break, but less stretchable. Rice bran with the smallest particles improved the elastic modulus of the films, especially in high amylose content films, but reduced the film stretchability and its barrier properties, due to the enhancement of the water binding capacity and the introduction of discontinuities (fibre particles) in the matrix.

47

48

Keywords: Pea, potato, cassava, rice bran, storage, microstructure.

50

49

51

52

53

54

55

1. Introduction

57

Conventional plastics are synthetic polymers derived from petroleum whose residues 58 59 are not easily assimilated in the environment. This fact has led to the increasing use of 60 biodegradable raw materials to obtain biodegradable plastics as an alternative to petroleum-derived polymers in different sectors, such as agricultural, medical or 61 pharmaceutical. Nowadays, the use of films or edible coatings based on biodegradable 62 polymers is increasing because these materials are environmentally friendly (Chen, 63 64 Liu, Chen, Chen & Chang, 2008, Mehyar and Han, 2004) and exhibit properties which can become similar to those observed in conventional plastics (Jiménez, Fabra, Talens 65 & Chiralt, 2012a; Famá, Goyanes & Gerchenson, 2007; Rindlav-Westling, Stading, 66 67 Hermansson & Gatenholm, 1998). Materials for biodegradable packaging are classified according to their molecular 68 structure; polysaccharides, proteins and fats are the most widely used (Falguera, 69 Quintero, Jiménez, Muñoz & Ibarz, 2011; Adebiyi, Adebiyi, Jin, Ogawa & Muramoto, 70 71 2008; Nam, Scanlon, Han & Izydorczyk, 2007; Mehyar and Han, 2004; 72 Gnanasambandam, Hettiarachchy & Coleman, 1997). Of the polysaccharides, starch, 73 cellulose and their derivates are very commonly studied as film-forming compounds (Jiménez et al, 2012a; Chen, Liu, Chang, Cao & Anderson, 2009a). 74 75 Starch is a polysaccharide from cereals (corn, wheat or rice), legumes (pea) and tubers 76 (potato or cassava). It has a granular structure and is composed of two 77 macromolecules: amylose and amylopectin. Amylose is a lineal polymer formed by glucose units linked by α-(1,4) whereas amylopectin is a highly branched polymer of 78 79 glucose units with ramifications in α -(1,6). The amylose:amylopectin ratio depends on 80 the source of starch and this ranges from 15:85 to 35:65, except in waxy starch and high amylose corn starch whose amylose content is about 5% and 50-80% respectively 81 82 (Liu, 2005). It is known that both polymers are responsible for the starch crystallization 83 which leads to changes in the mechanical response (increased stiffness) of starch 84 products (Talia, Helén, Roos & Jouppila, 2007).

Starch is used to obtain films because of its high availability and great ability to form an 85 odourless, colourless and transparent (Vásconez, Flores, Campos, Alvarado & 86 87 Gerschenson, 2009) polymer matrix with low oxygen permeability, which is very interesting for food preservation (Jiménez et al., 2012a; Dole, Joly, Espuche, Alric & 88 Gontard, 2004; Han, Seo, Park, Kim & Lee, 2006; Liu, 2005). It is also especially 89 90 attractive because of its biodegradability and low cost (Han et al., 2006; Chen et al., 91 2008; Lafargue, Lourdin & Doublier, 2007). Nevertheless, starch films present some 92 drawbacks: unstable mechanical properties due to the retrogradation phenomenon and 93 a relatively high water vapour permeability (Lafarque et al., 2007; Chen et al., 2008; Phan The, Debeaufort, Voilley & Luu, 2009; Wu et al., 2010). 94 95 In starch films, the retrogradation phenomenon over time, can greatly affect not only their mechanical properties but also their barrier capacity. So, the study of changes 96 97 occurring during their storage is necessary to ensure their functionality at different times after processing. Different authors have studied the development of properties of 98 99 starch films. Jiménez, Fabra, Talens, & Chiralt (2012b) studied the effect of re-100 crystallization on physical properties of corn starch films containing fatty acids and concluded that fatty acid incorporation did not notably improve water vapour 101 102 permeability while the degree of crystallinity of the matrix increased during storage 103 time. In order to improve properties of the starch films different strategies are used by 104 different authors. Da Matta, Silveira, de Oliveira & Sandoval (2011) evaluated 105 mechanical properties of edible films made from wrinkled pea starch rich in amylose 106 combined with xanthan gum and glycerol and they observed that the increase in 107 xanthan gum concentration did not affect the physical and mechanical properties of the 108 films. For potato starch films, Zhang, Thompson & Liu (2011) studied how cellulose 109 fibre and potato pulp affected the properties of thermoplastic starch. The addition of fibre did not affect the film glass transition. Nevertheless, moisture content, surface 110 tension and the hydrophilic character of films increased in line with the fibre content. 111 Souza, Benze, Ferrao, Ditchfield, Coelho, & Tadini (2011) stated that films based on 112

113 glycerol and clay nanoparticles as reinforcement are an interesting biodegradable alternative as packaging material. Famá, Gerschenson, & Goyanes (2009) also studied 114 115 the influence of wheat bran on physicochemical characteristics of cassava starch films 116 and concluded that the mechanical properties and water vapour permeability of starchwheat bran composites improved when the fibre content rose. 117 One of the means of improving the barrier and mechanical properties of starch films is 118 119 through the incorporation of natural fibres from plant origin as fillers. In this sense, 120 Chen et al., (2009a) used pea hull fibre nanoparticles in pea starch films, which improved film transparency, tensile strength, elongation at break and water barrier 121 properties due to the high content of cellulose crystalline regions and the interactions 122 123 between the nanofibre and the starch matrix. Famá et al., (2009) introduced wheat 124 bran as filler in cassava starch matrices, thus improving their mechanical and water 125 vapour permeability. Bran rice is a by-product of rice which is obtained from rice bleaching and it represents 126 127 about 10% of the grain weight. Rice bran contains good quality biological proteins, fats and starch. Depending on the variety of rice and the type of processing, rice bran 128 contains about 15-20% fat, 12-16% protein, 23-28% fibre and 7-10% ash (Sánchez, 129 130 Quintero, & González, 2004). In addition, bran has a high vitamin B and E complex (as 131 α-tocopherol) content (Carroll, 1990). 132 Despite its interesting composition, rice bran is not given the importance it deserves 133 since it is only used in animal food. Nevertheless, in recent years, attempts have been to reappraise it by studying applications in different areas. In this way, rice bran has 134 135 been evaluated as a source of oil (Nikolosi, Ausman, & Hegstead, 1990), protein 136 concentrates (Gnanasambandam & Hettiarachache, 1995) and as a matrix of edible films (Dias, Müller, Larotonda, & Laurindo, 2010; Adebiyi et al., 2008; 137 Gnanasambandam et al., 1997). 138 The aim of this work was to analyse the influence of the amylose:amylopectin ratio on 139 the properties of films obtained from three different (pea, potato and cassava) 140

141 starches, with different ratios of both polymers and the effect of the addition of rice bran with two different particle sizes, as a film filler. Structural, mechanical, optical and 142 143 barrier properties of the films were analysed at different storage times (1 and 5 weeks) 144 in order to compare their behaviour and functionality. 145 146 2. Materials and methods 147 2.1. Materials 148 Pea (PE) and potato (PO) starch were purchased from Roquette (Lestrem, France) and cassava starch (CAS) obtained from Asia Modified Starch CO; LDT (Kalasin, Thailand). 149 Rice bran obtained from Arrocería Antonio Tomás, S.L. (Sollana, Valencia, Spain). 150 Glycerol, used as plasticizer, was provided by Panreac Química S.A. (Castellar de 151 152 Vallès, Barcelona, Spain). 153 154 2.2. Amylose-amylopectin ratio 155 Amylose-amylopectin ratio in each starch (pea, potato and cassava) was determined in triplicate, by using an Amylose/Amylopectin Assay Procedure enzymatic kit which was 156 purchased from Megazyme (Wicklow, Ireland). 157 158 159 2.3. Rice bran particle size 160 To select particle size, rice bran was sieved to obtain two different bran fractions. The 161 smallest particle size fraction that pass through the 100 µm mesh and the coarse 162 fraction contained between mesh 250 and 100 µm were obtained and used for film 163 preparation. The smallest particle bran is named "Fine" (F) and the other bran fraction 164 is called "Coarse" (C). 165 The rice bran particle size, surface weighted mean diameter (D_{3,2}, eq 1) and volume 166 weighted mean diameter (D_{4,3}, eq 2) were determined in bran aqueous dispersions, in 167 triplicate, with a laser light scattering instrument (Malvern Instruments Ltd,

Worcestershire, U.K.). Particle size measurements were taken for two different

fractions. To this end, bran fraction was dispersed in aqueous medium and measurements were taken with ultrasonic homogenization to maintain the sample homogeneity.

172
$$D_{4,3} = \frac{\sum n_i d_i^4}{\sum n_i d_i^3} \quad (1)$$

173
$$D_{3,2} = \frac{\sum n_i d_i^3}{\sum n_i d_i^2} \quad (2)$$

174

- 2.4. Compositional analysis of rice bran
- 176 Moisture content (MC) was determined from sample weight loss when samples were
- introduced into a convection oven at 100°C for 24 h and, afterwards, equilibrated in
- desiccators with P₂O₅ for 2 weeks until constant weight.
- Ash content was obtained by applying the gravimetric method 104/1 of the International
- 180 Association for Cereal Science and Technology (ICC, 1990). The rice bran was
- introduced into a muffle "Select-Horn" (J.P. Selecta; Abrera, Barcelona, Spain) at
- 182 910°C for 15 min.
- Protein content was obtained by means of the method of analysis 105/2 (ICC, 1994).
- The crude protein content was obtained by multiplying the nitrogen content, determined
- by the Kjeldahl procedure, using the factor F=5.95. A digestion unit "Bloc-digest" (J.P.
- Selecta; Abrera, Barcelona, Spain) and a Kjeldahl distiller "Pro-Nitro M" (J.P. Selecta;
- 187 Abrera, Barcelona, Spain) were used.
- Fat content was obtained by using the Soxhlet method 30-20 (ICC, 1967). Samples
- were firstly dried at 103°C and then the fat was extracted by an oil extractor "Det-
- 190 GrasasN" (J.P. Selecta; Abrera, Barcelona, Spain).
- 191 Starch content of the rice bran was determined using the enzymatic Kit "Starch Assay
- 192 Kit", which was supplied by Sigma (Saint Louis, Missouri, USA).

Fibre percentage was estimated from the difference between the total percentage of the rest of the analysed components and 100, assuming that starch is the only carbohydrate.

196

197

198

199

200

201

202

203

204

205

206

207

208

209

210

211

212

213

214

215

216

217

193

194

195

2.5. Preparation of films

For preparation of starch films, three formulations based on distilled water, starch (pea, potato or cassava) and glycerol were prepared. The dispersions contained 2% w/w of starch whereas the plasticizer was added considering a starch:glycerol ratio of 1:0.25, on the basis of previous studies (Jimenez et al. 2012a). In the preparation of starch films containing rice bran as filler, six formulations were obtained by using fine (F) or coarse (C) rice bran and starch (pea, potato or cassava) and glycerol. The film forming dispersions were prepared in the same way and with the same glycerol ratio and bran was afterwards incorporated in a starch:rice bran ratio of 1:0.1. Starch aqueous dispersions were maintained at 95°C for 30 min to induce starch gelatinization. Then, glycerol was added and the dispersion was homogenized using a rotor-stator homogenizer (Ultraturrax D125, Janke and Kunkel, Germany) at 13,500 rpm for 1min and 20,500 rpm for 3 min at 95°C under vacuum. For starch films containing rice bran, this was incorporated prior to the homogenization step. The filmforming aqueous dispersions were cast into a levelled Teflon casting plates (15cm diameter) and each film contained 1.5 g of total solids. Films were formed by drying at 25°C and 45%RH for 48 h. Then, they were peeled intact from the plates and were conditioned at 53% RH using magnesium nitrate-6-hydrate saturated solution (Panreac química, S.A., Castellar del Vallés, Barcelona, Spain) at 25°C until analysis. Their thickness was measured at six random positions with a Palmer digital micrometer to the nearest 0.0025 mm. All films were analyzed after one or five storage weeks.

218

219

2.6. Characterization of films

220 2.6.1. X-ray diffraction spectra

X-ray diffraction spectra were obtained using a Diffractometer D8 Advance (Bruker AXS, 230 V, 50 Hz and 6.5 KVA, Karlsruhe, Germany). For this analysis conditioned samples were cut into squares of 4 cm and mounted on a carbon base. Spectra were obtained at 2 θ between 5 and 30, using K α Cu radiation (λ : 1,542 Å), 40 kV and 40 mA with a step size of 0.04982.

and 5 weeks.

2.6.2. Microstructural properties

Microstructural analysis of films was carried out using a scanning electron microscope (SEM) (JEOL®, model JSM-5410, Japan) and an atomic force microscope (AFM) (Multimode 8, Bruker AXS, Inc. Santa Barbara, California, USA) with a NanoScope® V controller electronics. To this end, films were equilibrated in desiccators with P₂O₅ for two weeks to ensure that no water was present in the samples.

SEM observations were carried out on the film surface and in their cross section. To prepare the samples, films were frozen in liquid N₂ and cryofractured to observe the cross section. Samples were fixed on copper stubs, gold coated, and observed using an accelerating voltage of 11 kV. Three replicates per formulation were observed.

AFM with the PeakForce QNM (Quantitative NanoMechanics) was used to analyse

surface film nanostructure. Measurements were taken from small areas of the film

surface (20x20 µm) and the resulting data were transformed into 2D image of the Log

DMT modulus. Three images were captured per formulation, for samples stored for 1

Measurements were also taken from several areas of the film surface (50 x 50 and 3 x 3 mm) using the tapping mode. The resulting data were transformed into a 2D image. Phase Imaging mode derived from Tapping Mode, that goes beyond topographical data to detect variations in composition, adhesion, friction, viscoelasticity, and other properties, including electric and magnetic, was also applied.

According to method ASME B46.1 (ASME, 1995), the following statistical parameters related with sample roughness were calculated: average roughness (Ra: average of the absolute value of the height deviations from a mean surface), root-meansquare roughness (Rq: root-mean-square average of height deviations taken from the mean data plane).

2.6.3. Moisture Content

To determine film moisture content, five replicates by formulation were dried in a convection oven at 60° C for 24h, and then they were equilibrated with P_2O_5 until constant weight.

2.6.4. Water Vapour Permeability

The water vapour permeability (WVP) of films was determined following the gravimetric method ASTM E96-95 (1995) by using Payne permeability cups (Payne, elcometer SPRL, Hermelle/sd Argenteau, Belgium) of 3.5 cm diameter. The temperature was 25°C and the relative humidity gradient was 53-100%, which was obtained using magnesium nitrate-6-hydrate and pure water, respectively. Cups were introduced into desiccators and these into a temperature-controlled chamber at 25°C. Control of cup weights was performed every 2 h using an analytical balance (±0.00001 g). The water vapour transmission (WVTR) was determined from the slope obtained from the regression analysis of weight loss data versus time, once the steady state had been reached, divided by the film areas. For each type of film, WVP measurements were replicated four times.

2.6.5. Oxygen Permeability

The oxygen permeability (OP) was obtained by using an Oxtran System (Mocon, Minneapolis, USA) which determined the oxygen permeation. Measurements were taken at 25°C following the standard method (ASTM D3985-05, 2005) at 53% RH. Film samples (50 cm²) were introduced into the equipment to perform the assay. Films were exposed to pure oxygen flow on one side and pure nitrogen flow on the other side. An oxygen sensor read permeation through the film and the rate of oxygen transmission was calculated taking into account the amount of oxygen and the area of sample. Oxygen permeability was calculated by dividing the oxygen transmission by the difference in oxygen partial pressure between the two sides of the film, and multiplying by the average film thickness. At least two replicates per formulation were considered.

2.6.6. Mechanical properties

Mechanical properties were measured with a Universal Test Machine (TA.XT plus, Stable Micro Systems, Haslemere, England) following the ASTM standard method D882 (ASTM, 2001). Force-distance curves were obtained and transformed into stress-strain curves which allowed tensile strength at break (TS), percentage of elongation at break (%E) and elastic modulus (EM) to be obtained. Eight replicates carried out per formulation. Equilibrated film specimens (2.5 cm wide and 10 cm long) were mounted in the film-extension grips (A/TG model) which were set 50 mm apart. The speed of the testing machine during stretching was 50 mm min⁻¹ until breaking.

2.6.7. Optical properties

The opacity of films was determined by applying the Kubelka-Munk theory of multiple dispersion to the reflection spectra (Judd & Wyszecki, 1975; Hutchings, 1999). Internal transmittance (Ti) of the films was quantified using eq. (3). In this equation R_0 is the reflectance of the film on an ideal black background. Parameters a and b were calculated by eqs. (4) and (5), where R is the reflectance of the sample layer backed by a known reflectance Rg. The reflection spectrum on the white and black background was determined from 400 to 700 nm with a MINOLTA spectrocolorimeter CM.36000d (Minolta Co. Tokyo, Japan). Measurements were performed in the side of film which was in contact with air during drying and each formulation was analyzed in triplicate.

$$T_i = \sqrt{(a - R_0)^2 - b^2}$$
 (3)

$$a = \frac{1}{2} \left(R + \frac{R_0 - R + R_g}{R_0 R_g} \right) \tag{4}$$

307
$$b = (a^2 - 1) (5)$$

Gloss measurements were obtained according to the ASTM standard D523 method (ASTM, 1999), using a flat surface gloss meter (Multi-Gloss 268, MINOLTA) at an angle of 60° with respect to the normal to the film surface. Three films of each formulation were measured over a black matte standard plate. Results were expressed as gloss units, relative to a highly polished surface of standard black glass with a value close to 100.

2.7. Statistical Analysis

The analysis of data was performed through variance analysis (ANOVA) using the Statgraphics Plus 5.1. software (Manugistics Corp., Rockville, MD). To discern between samples the Fisher least significant difference (LSD) at the 95% confidence level was used.

3. Results and discussion

- 3.1. Properties of the starches. Amylose:amylopectin ratio
 - Properties of starch films, such as mechanical behaviour, depend on the amylose:amylopectin ratio since the different behaviour of amylose (AM) and amylopectin (AP) molecules contributes to film properties (da Matta, 2011). The amylose content of pea, potato and cassava starches were 24.9±0.9, 17.9±1.9 and 9±2, respectively with an amylose/amylopectin ratio of 1/3.0, 1/4.6 and 1/9.9, respectively. These values reflect an important difference between these starches, pea

starch being the richest in amylose and cassava starch the poorest. Although the obtained values are in the reported range for the different starches, differences associated to origin or cultivar could be observed. Mehyar & Han, (2004); Chen et al. (2008); Ma, Chang, & Yu, (2008) and Zhang & Han (2006) reported amylose contents of between 30 and 40 % in pea starch, which is higher than the values obtained. For potato starch the value obtained coincides with the result reported by Talja, Peura, Serimaa, & Jouppila (2008) whereas it was lower than that reported by Alvani, Qi, Tester, & Snape, (2011). (25.2-29.1%). For cassava starch, higher amylose contents (19.7% and 22.5%) were found by Souza et al. (2011). The amylose content will affect the film properties since the phenomenon of recrystallization, which occurs during film formation and storage, has been mainly related with this polymer (Myllärinen, Buleon, Lahtinen, & Forssell, 2002 and Rindlav-Westling et al., 1998). This phenomenon is mainly responsible for changes in the mechanical behaviour (increase in the elastic modulus and decrease in the film stretchability) which make the films excessively brittle (Jimenez et al., 2012a).

3.2 X-ray diffraction

Figure 1 shows the X-ray diffraction spectra of pure starch films, which were equilibrated at 53% RH and 25°C for 1 and 5 weeks in order to analyse the recrystallization progress in the films. For starch matrices, the crystalline structure was mainly attributed to the spontaneous recrystallization of amylose molecules after gelatinization (Myllärinen et al., 2002; Forssell, Helleman, Myllärinen, Moates, & Parker, 1999 and Rindlav-Westling et al., 1998). This process occurs mainly during film drying when the chain mobility is still high due to the water content. Several authors (Rindlav-Westling et al., 1998) report that drying conditions at high relative humidity, or long drying times, greatly promote amylose crystallization, whereas amylopectin shows a retarded crystallization when the molecular mobility in the system is high enough.

After both 1 and 5 weeks of storage, pea starch films exhibited the highest crystallinity, as deduced from the greater intensity of its sharp peaks. On the contrary, the lowest crystallinity was found in cassava starch films, where an amorphous X-Ray diffraction pattern was observed after both storage times. This behaviour can be related with the different amylose:amylopectin ratio and confirms that the crystallization progress in the films was faster as the amylose content increased. This was also observed by other authors in gelatinized starch (García, Martino, & Zaritzky, 2000), whereas for native starch the higher crystallinity in granules is associated with a greater content of amylopectin (Cheetham & Tao, 1998). A typical C-type crystallinity pattern was found in pea starch films. This type of crystallinity is an intermediate form between A and B types, as reported by Carvalho (2008). In this sense, pea starch films showed peaks at 2θ 5.4° (characteristic of B-type polymorphs), 14.8° (characteristic of A-type polymorphs), 16.8° (characteristic of both A and B-type polymorphs) and 19.0° and 21.8° (characteristic of B-type polymorphs). Similar results have been observed by da Matta et al. (2011), Wu et al. (2010) and Chen et al. (2009a). In the case of potato starch films, a typical C-type pattern can also be observed, with peaks at 5.1°, 11.7° and 17.2° of Bragg angle. Nevertheless, the peaks are smaller and less sharp as compared with those obtained in pea starch films, which indicates that the film exhibited a more amorphous character with smaller crystallites (Talja et al., 2008). Cassava starch films were mainly amorphous since no sharp peaks were found, as previously observed by other authors (Chen, Kuo, & Lai, 2009b). Comparisons of difractogrames after 1 and 5 storage weeks allow us to conclude that no significant changes in the crystallinity occur throughout the storage period, probably due to the low moisture content of the films which inhibits the chain mobility to form crystalline associations for both amylose and amylopectin polymers. Different authors (Myllärinen et al., 2002) have pointed out that amylose crystallizes very fast during the film formation, whereas the crystallization of amylopectin is a slower process. In the

357

358

359

360

361

362

363

364

365

366

367

368

369

370

371

372

373

374

375

376

377

378

379

380

381

382

383

richest amylose starch (pea starch), crystallization had occurred at the first control time (1 week) and probably during the drying period, as reported by other authors (Myllärinen et al., 2002; Forssell, et al., 1999; Rindlav-Westling et al., 1998 and Rindlav, Hulleman, & Gatenholm, 1997). During storage, no notable changes in the X-ray diffraction pattern were observed in any case.

390

391

392

393

394

395

396

397

398

399

400

401

402

403

404

405

406

407

408

409

410

411

385

386

387

388

389

3.3. Microstructural features

SEM and AFM microstructure analyses provide information about the surface morphology and internal microstructure of the films. Figure 2 shows SEM micrographs of the surface and cross section of the different starch films. In general, starch films showed a homogeneous aspect, thus indicating that the gelatinization step was enough to disrupt all the starch granules. Smooth film surfaces were also previously observed by other authors for starch films obtained by casting (Wu et al., 2010; Chen et al., 2009a; Chen et al., 2009b). Nevertheless, in the cross section image, the presence of a heterogeneously-fractured layer on the film surface in the pea starch sample reveals the progress of crystallization in this zone, probably due to the greater molecular mobility associated to the water vapour diffusion near the film surface. The presence of microcracks in cassava starch films is remarkable. This may be due to the electron impact during observation as explained by Jiménez, Fabra, Talens, & Chiralt (2012c), as a result of the lower mechanical resistance of this sample. Figure 3 shows AFM images of pea, potato and cassava starch films, obtained by using PeakForce QNM. Raw data were converted into 2D images and their scale is expressed as Log DMT modulus. Differences in the surface mechanical resistance can be observed in the samples at both 1 and 5 storage weeks. The surfaces of pea and potato starch films are rougher, which indicates the co-existence of crystalline (harder) and amorphous (softer) zones. It is remarkable that these zones are wider in pea starch than in potato starch samples, in agreement with the sharper peaks reflected in

the X-ray spectra, associated with bigger crystals. No notable differences were appreciated between 1 and 5 storage weeks.

In cassava starch samples, more homogenous, but lower, values of DMT modulus can be observed, due to the more amorphous character of the films. It is remarkable that in these films, a harder surface was detected at 5 storage weeks which reveals that films were significantly hardened (higher values of Modulus) during storage, although no crystallization was detected since the surface appears homogenous. The different behaviour of the starch matrices was coherent with the different amylose:amylopectin ratio, which is associated with a different recrystallization progress during film formation.

3.4. Moisture content and barrier properties

Table 1 shows the moisture content values of the studied films, stored for 1 and 5 weeks at 25°C and 53% RH Humidity. The values ranged between 9.9 and 11.4% and pea and potato starch films were the samples which exhibited the highest moisture content, as reported in previous studies (Mehyar & Han, 2004; Kaisangsti, Kerdchoechuen, & Laohakunjit, 2012). This can be associated with the higher degree of crystallization, since crystalline zones bond a greater amount of water than amorphous zones (Myllärinen et al., 2002; Forssell et al., 1999 and Rindlav-Westling et al., 1998). Nevertheless, moisture content significantly (p<0.05) decreased after 5 storage weeks, when more homogeneous values of moisture content were obtained for the different films. This development indicates that films equilibrate slowly with the conditioning relative humidity, reaching a value closer to the equilibrium by losing water during storage. The water loss will provoke a greater chain aggregation in the amorphous region which will imply an increase in the film compactness that will affect barrier and mechanical properties.

Water vapour permeability (WVP) values define the final application of a film in contact with food systems and they must be as low as possible to avoid water transfer (Ma et

al., 2008). Table 1 shows WVP values of starch films analyzed at 25°C and a 53-100 % RH gradient. No significant differences between WVP values of the different films were found at the different storage times, in agreement with results found by other authors (Han et al., 2006; Ma et al., 2008). The small changes in sample moisture content and the subsequent increase in the matrix compactness did not affect the water vapour barrier properties of the films.

The oxygen permeability (OP) was analyzed at 25°C and 53% RH in films equilibrated under these conditions for 1 and 5 weeks. Table 1 shows the mean values of OP after the different storage times. For pea starch films, similar values have been reported by Mehyar and Han (2004). After one week, the OP values were significantly lower for films with the highest content of amylose (PE), which indicates that this polymer is mostly responsible for the oxygen barrier ability of the films. This coincides with that reported by García et al. (2000) for plasticized corn and amylomaize starch films. Likewise, Forssell et al. (2002) report that unplasticized amylose films exhibited lower oxygen permeability than amylopectin films, regardless of their equilibration at different relative humidities. Nevertheless, the plasticizer content, in combination with the water content, had a great influence on the oxygen permeability values of starch films. After 5 storage weeks, the oxygen permeability values of every film were significantly reduced, coherently with the increase in the matrix compactness, as commented on above. In general, the OP values are very low and, as reported by Shen, Wu, Chen, & Zhao, (2010), one great advantage of starch films is their ability to protect food products by forming an oxygen barrier.

462

463

464

465

466

467

440

441

442

443

444

445

446

447

448

449

450

451

452

453

454

455

456

457

458

459

460

461

3.5. Mechanical properties

Film properties related to easy film-handling, their fragility or their stretchability, are very interesting from a technological point of view (Jiménez, 2009). Elastic modulus (EM), tensile strength at break (TS) and percentage of elongation at break (%E) are the usual parameters with which to describe the mechanical behaviour of films, and they

are closely related to the film microstructure (McHugh & Krochta, 1994). TS and %E represent the film's resistance to elongation and its stretching capacity, respectively, whereas EM is a measure of the stiffness of films. Table 2 shows the mean values of these mechanical parameters for the films after 1 and 5 storage weeks at 25°C and 53% RH. The mechanical behaviour of starch films was similar to that reported by other authors for pea starch films (Chen et al., 2008, and Da Matta et al., 2011), potato starch films (Cyras, Manfredi, Ton-That, & Vázquez, 2008) and cassava starch films (Famá, Rojas, Goyanes, & Gerschenson, 2005.and Souza et al., 2011). After one week of storage, the mechanical parameter values were significantly different (p<0.05) for the three matrices. The pea starch films (with the highest amylose content) have the highest values in break strength and stiffness and the lowest in stretchability. On the contrary, cassava starch films (with the lowest amylose content) exhibited the lowest break strength values and the highest in stretchability. This indicates the important role played by crystal formation in the mechanical behaviour of the matrix. After 5 weeks of storage, film stiffness and resistance to break increased for all the films, coinciding with the increase in the matrix compactness promoted by water loss. Nevertheless, the highest relative increase occurs for cassava starch films, which could indicate the formation of very small association zones of amylopectin chains between 1 and 5 weeks. In the same sense, although all the films lost stretchability during storage, it was cassava starch films which experienced the greatest losses due to the greater extent of amylopectin association during the storage period. As previously commented on, amylose rich starch crystallizes very fast during film drying and subsequent conditioning, whereas amylopectin rich films crystallize more slowly, which is reflected in the way that the different films develop mechanical behaviour. Nevertheless, it is remarkable that the films that are richest in amylose (pea starch) showed the highest values of stiffness and resistance to break after long storage times, whereas intermediate amylose films (from potato starch) showed the greatest stretchability after 5 storage weeks.

468

469

470

471

472

473

474

475

476

477

478

479

480

481

482

483

484

485

486

487

488

489

490

491

492

493

494

497

498

499

500

501

502

503

504

505

506

507

508

509

510

511

512

513

514

515

516

517

518

519

520

521

522

3.6. Optical properties

The optical properties of the films, gloss and transparency, are directly related with the film microstructure (previously described) and are affected by the surface and internal heterogeneity of the structure (Jiménez et al., 2012b). According to Hutchings (1999), the above-mentioned parameters are the best optical properties with which to evaluate the appearance of the films. Table 3 shows the mean values of the internal transmittance (Ti) of films measured at 450 nm. The Ti of films is related to their degree of transparency and structural homogeneity: low Ti values are related to a high structural heterogeneity with a greater opacity. Analyses were carried out in films previously equilibrated at 53% RH and 25 °C. After one week of storage, different starch based films did not show any significant differences (p<0.05) as regards the Ti values, these being about 85 %. These coincide with those reported in the case of corn starch films Jiménez et al. (2012b). After five weeks, no significant changes in transparency occurred in the films. Table 4 also shows the mean gloss values of starch films, which were measured at after 1 or 5 weeks' storage at 53%RH and at an incidence angle of 60° with respect to the normal to the film surface. At initial time, the gloss values of pea starch films were higher than those corresponding with cassava and potato starch films. The differences observed in the film gloss at initial time remained after 5 weeks of storage, since in no case did any significant changes in gloss occurduring storage. The higher gloss of pea starch films could be due to the presence of crystalline structures at surface level, as deduced from the SEM micrographs and the higher surface modulus obtained by AFM. In conclusion, films obtained from pea starch, richer in amylose, are stiffer, more resistant to fracture and glossier and less permeable to oxygen, although less extensible, than starch films with a lower amylose content. All the films become harder and more resistant during storage, and those richer in amylopectin become shorter

(less stretchable). The oxygen permeability slightly decreased throughout storage time in every case.

525

526

527

528

529

530

531

532

533

534

535

536

537

538

539

540

541

542

543

544

545

546

547

548

549

523

524

3.7. Effect of rice bran addition

The two rice bran fractions obtained by sieving were analysed as to the particle size distribution by dispersing them in water to the adequate obscuration rate in the laser diffraction equipment. The bran particle size distribution curves are shown in Figure 4 for both the smaller particle fraction (F) and the bigger particle fraction (C). Differences between the particle size distribution of two fractions (F and C) can be observed, although a certain degree of curve overlapping was obtained, since sieving only partially separates the particles by size. In Figure 4, the mean values of the bran particle size in terms of D_{3,2} and D_{4,3} are also shown. The differences between these diameters in a given sample indicate that particle size distributions are wide or that they are irregularly-shaped. On the contrary, similar values are associated with narrow particle size distributions and more spherical particles. As expected, significant differences (p < 0.05) between $D_{3,2}$ and $D_{4,3}$ were found for both fine and coarse fractions, thus indicating the presence of irregular particles of very different sizes. Figure 5 shows the SEM micrographs of the powder of both bran fractions. Fraction F contains more spherical particles than fraction C which, in turn, contain composite particles (where components are not released). The composition of both fractions is shown in Table 4. The mean values of the moisture, protein, fat and ash contentswere very similar for F and C fractions, but significant differences were found for starch and fibre contents; the fine fraction was richer in starch (twice) whereas the coarse fraction contained more fibre. The obtained composition of the two rice bran fractions coincides with data previously reported by Sánchez et al. (2004). The protein content is similar to that reported by Rodríguez (2007), Gnanasambandam et al. (1997), whereas Pacheco, Peña, & Ortiz, (2002) obtained a similar fat content. These authors observed that the

varietal effect and smoothening method may cause significant differences in the ash, fat, protein, starch and fibre content of rice bran.

552

553

554

555

556

557

558

559

560

561

562

563

564

565

566

567

568

569

570

571

572

573

574

575

576

577

550

551

3.7.1. Effect of bran addition on microstructural properties

The microstructure analysis allows us to identify the arrangement of some components of the film (mainly those non-miscible with the polymer) and the characteristics of the polymer matrix. The microstructural features are also directly related with the film's physical (mechanical, barrier and optical) properties. Figures 6 and 7 show the surface and cross section micrographs of starch films containing rice bran obtained by SEM. The cross section micrographs of films containing bran fractions show a continuous matrix with similar characteristics to those described for bran-free films, but with some dispersed particles, corresponding to proteins, lipid particles and fibres, incorporated by bran. Dispersed particles also appear at surface level in the film, thus indicating that flocculation and creaming occurred during film drying, leading particles to the film surface. It is remarkable that no starch granules were appreciated in the observed fields, which could be due to their gelatinization during the 4 minutes of hot homogenization with the gelatinized starch dispersions. Fat and proteins could also be well integrated in the matrix as a result of the thermal homogenization. In this sense, the particles observed will be mainly fibre. Large composite particles are sometimes observed (Figure 6), although in relatively low numbers for the fine fraction. The presence of the large particles affected the film thickness. Incorporating bran particles led to some irregularities in the film thickness related with the presence of these very large particles. The mean thickness value of bran-films was 75.2±1.1 μm, whereas for films with F and C fractions the values were 75.8±0.8, and 98±4 μm, respectively. The variation coefficients were 1.5, 1.1 and 4.1%, respectively. This indicates that while no differences were observed between bran-free films and those containing the F bran fraction, the C fraction is, not suitable to be incorporated into the films since it causes an irregular film formation with a non-constant thickness.

579

580

581

582

583

584

585

586

587

588

589

590

591

592

593

594

595

596

597

598

599

600

601

602

603

604

and migration towards the film surface.

using PeakForce QNM. The data were converted into 2D images in terms of Log DMT modulus maps, where the darker colour means lower DMT modulus or soft areas. As can be observed, the incorporation of bran filler implied the appearance of a great number of hard particles on the film surface (white spots), as compared with the polymer background, which indicates that the dispersed material which migrates to the film's surface during the drying step is stiffer than the polymer matrix. The surface characteristics of the continuous matrix remain as in the bran-free films with notable differences between pea, potato and cassava films due to the differing extent of amylose crystallization. Crystalline zones appear lighter, whereas amorphous zones are darker. Differences can be observed between the ratio and size of the hard particles on the film surface of the three different starch films. In pea starch films, smaller, free particles can be observed, whereas bigger aggregates appear in the potato starch films. In cassava starch films, the bran particles are not aggregated, but some very soft small spots appeared, which could be attributed to discontinuities on the film surface probably produced by the loss of particles, generating a surface void. This can also occur in the other films, but due to the natural surface roughness it was not easily appreciated. The fact that there are differences in the particle distribution at surface level indicates that differing degrees of flocculation and creaming occurred during film drying, which depends on the viscosity of the aqueous medium induced by starch. In this sense, pea starch, which has the highest amylose ratio, can form gel during film drying, thus inhibiting the particle migration. Cassava starch did not form gel, but the solutions exhibit very high viscosity. The potato starch film-forming dispersion is probably the one that shows the poorest stabilizing properties, thus promoting particle flocculation

Figure 8 shows the surface micrographs of films containing rice bran obtained by AFM

3.7.2. Effect on barrier properties.

606

607

608

609

610

611

612

613

614

615

616

617

618

619

620

621

622

623

624

625

626

627

628

629

630

631

632

633

The moisture content of pure starch films ranged from 9.9 to 11.4 (Table 2). The incorporation of rice bran provoked an increase in the film's moisture content as can be observed in Table 1, mainly in films containing coarse fraction. This not only indicates that the addition of fibre leads to an increase in the water retention capacity of the films, as suggested by Zhang et al (2011), but also that the introduction of mineral content (ashes) implies an increase in the water retention capacity of the matrix, especially from intermediate relative humidity. After 5 storage weeks, the moisture content significantly decreased (p < 0.05) in all the films, as was observed for bran-free films, which suggests their slow equilibration with the storage chamber relative humidity. WVP, analyzed at 25°C and a relative humidity gradient 53 - 100%, are shown in Table 1. Whereas these values at initial time ranged between 5-6 g mm/ kPa h m² for starch films without bran, in films containing rice bran these were significantly higher (p < 0.05), mainly for the films with the largest particles. This can be explained by the greater water content in the films, which plasticizes the matrix, as well as by the presence of large particles whose induced tension in the matrix can provoke associated channels that constitute preferential paths for mass transport. On the contrary, Famá et al. (2009) reported that wheat bran incorporation in cassava starch significantly reduced the WVP, although they use particles with a lower size range: between 75 and 125 µm. The low particle size is essential as a means of improving the film matrix properties. The influence of particle size on WVP values can be clearly observed in Table 1. Coarse fibres significantly increased WVP as compared with fine fibres, regardless of the type of starch. In this case, large particles seriously interrupt the continuity of the films, thus creating large channels for water diffusion. After 5 weeks of storage, the values of WVP slightly changed, but without any clear tendencies, depending on the starch type and bran fraction. Nevertheless, whereas WVP values tend to decrease

with time in films with fine particles, in line with the moisture content reduction in the matrix, they tend to increase in films with the largest particles and a greater fibre content.

The OP of films containing bran (Table 1) follows the same tendency as observed for bran-free films, increasing when the amylose content in the starch decreases. Nevertheless, for fine bran, fibres provoked a slight increase in the oxygen permeability of starch films, which can be due to increases in the films' water content. The incorporation of coarse rice bran gives rise to films with micro-cracks, associated to the tension in the dried film provoked by the largest particles. In these cases, it was not possible to measure the OP and this also contributed to the anomalous values of the WVP. After 5 storage weeks, the mean values of OP significantly decreased, as observed in bran-free matrices, due to the reduction in moisture content.

3.7.3. Effect on mechanical properties

Table 2 shows the values of the mechanical parameters of the films with bran fractions after 1 and 5 weeks of storage. The incorporation of rice bran did not significantly affect the elastic modulus of potato and cassava starch films, but significantly increased the elastic modulus of pea starch films. The film resistance to fracture was not significantly affected by the addition of bran, although film extensibility was notably reduced, mainly for the coarse fraction in potato and cassava starch films. In pea starch films, the stretchability reduction is less appreciable due to their very low initial values. These results are coherent with those reported by Famá *et al.* (2009) for cassava starch films reinforced with wheat bran.

The effect of storage time is quite similar to that observed for bran-free films. The elastic modulus increased in all cases, except pea starch films, where bran particles partially inhibit the increase in the elastic modulus that occurred in bran-free films. This may be due to the smaller water loss which occurred during storage when the films contained bran. Film resistance to break increased in every case during storage.

except pea starch films where it diminishes, in agreement with that commented on above. Film stretchability also decreases in all cases, the values being very similar for all the films after 5 storage weeks. The presence of discontinuities in the matrix, associated to bran particles, affected the matrix cohesion forces, giving rise to very brittle matrices.

3.7.4. Effect on optical properties

Ti values of starch films containing bran fibres are shown in Table 3. As expected, bran addition contributed to reduce film transparency due to the presence of a dispersed phase that leads to light scattering. Nevertheless, as observed in bran-free films, the transparency of films containing bran particles was not affected (p > 0.05) by the type of starch, nor by the bran particle size. Similar results were found by Famá *et al.* (2009). These authors also compared the yellow index (YI) of cassava starch samples with different wheat bran contents and observed that YI values rose as the bran content increased.

Table 3 also shows mean gloss values of starch films containing rice bran. Bran addition decreased the film gloss with respect to the bran-free ones, except in potato starch based films, where gloss was very low, even without added bran. The effect of bran addition on gloss values was greater when coarse particles were added, in agreement with their greater particle size which largely contributes to the increase in the surface roughness and the subsequent gloss loss.

4. Conclusions

Properties of starch films were greatly affected by the amylose-amylopectin ratio.

Amylose-rich films form amylose crystalline regions during film drying which give rise to stiffer, more resistant to fracture, but less stretchable films, with lower oxygen permeability and more water binding capacity. All the films develop throughout storage time, mainly due to water loss which leads to more compact matrices: stiffer, more

resistant to fracture and less extensible, with lower oxygen permeability, but without changes in water vapour permeability. Rice bran with lower particle size ($D_{4,3}$ = 57 μ m) improved the elastic modulus of the films, especially in high amylose content films (pea starch), but reduced the film stretchability and worsened barrier properties, due to the enhancement of the water binding capacity of the films and the introduction of fibre discontinuities in the matrix. So, the hygroscopic character of the filler was a drawback to the improvement of the film properties. The reduction of the filler particle size is necessary to minimize the negative effect of large particles.

698

699

690

691

692

693

694

695

696

697

Acknowledgment

- 700 The authors acknowledge the financial support from the Spanish Ministerio de
- 701 Economía y Competitividad throughout the project AGL2010-20694, con-financed with
- 702 FEDER founds. Amalia Cano also thanks Spanish Ministerio de Educación, Cultura y
- Deporte for the FPU grant.

704

705

REFERENCES

- 706 Adebiyi, A.P., Adebiyi, A.O., Jin, D., Ogawa, T., & Muramoto, K. (2008). Rice bran
- protein-besed edible films. *International Journal of Food Science and Techonology*,
- 708 43, 476-483.
- 709 Alvani, K., Qi, X., Tester, R.F., & Snape, C.E. (2011). Physico-chemical properties of
- potato starches. *Food Chemistry*, 125, 958-965.
- 711 ASTM (1992). Standard methods for tensile properties of thin plastic sheeting. In:
- Annualbook of American Standard Testing Methods. Designation (D882-91).
- 713 Philadelphia, Pa:ASTM
- 714 ASTM. (1995). Standard test methods for water vapour transmission of materials.
- Standard designations: E96-95 Annual book of ASTM standards. Philadelphia, PA:
- American Society for Testing and Materials. (pp. 406e413).

- 717 ASTM. (1999). Standard test methods for specular gloss. Designation (D523). In
- Annual book of ASTM standards, Vol. 06.01. Philadelphia, PA: American Society for
- 719 Testing and Materials.
- 720 ASTM. (2001). Standard test method for tensile properties of thin plastic sheeting.
- 721 Standard D882 Annual book of American standard testing methods. Philadelphia,
- PA: American Society for Testing and Materials. (pp. 162e170).
- 723 ASTM. (2005). Standard test method for oxygen gas transmission rate through
- 724 plastic film and sheeting using a Coulometric sensor. Standard Designation: D3985-
- 725 05 Annual book of American society for testing materials, West Conshohocken, PA,
- 726 USA.
- 727 Carroll. 1990. Functional properties and applications of estabilized rice bran in
- barkery products. Food Technology. Abril 74-76.
- 729 Carvalho, A. J. F. (2008). Starch: major sources, properties and applications as
- thermoplastic materials. In M. N. Belgacem & A. Gandini (Eds.), Monomers,
- 731 polymers and composites from renewable resources (pp. 321–342). Amsterdam:
- 732 Elsevier.
- 733 Cheetham, N. W. H., & Tao, L. (1998). Variation in crystalline type with amylose
- content in maize starch granules: an X-ray powder diffraction study. Carbohydrate
- 735 *Polymers*, 36 (4), 277–284.
- 736 Chen, Y., Liu, Ch., Chang, P.R., Cao, X., & Anderson, D.P. (2009a).
- 737 Bionanocomposites based on pea starch and cellulose nanowhiskers hydrolyzed
- from pea hull fibre: Effect of hydrolysis time. *Carbohydrate Polymers*, 76, 607-615.
- 739 Chen, C.H., Kuo, W.S., & Lai, L.S. (2009b). Rheological and physical
- 740 characterization of film-forming and edible films from tapioca starch/decolorized
- hsian-tsao leaf gum. *Food Hydrocolloids*, 23, 2132-2140.

- 742 Chen, J., Liu, Ch., Chen, Y., Chen Y., & Chang, P.R. (2008). Structural
- 743 characterization and properties of starch/konjac glucomannan blend films.
- 744 Carbohydrate Polymers, 74, 946-952.
- 745 Cyras. V.P., Manfredi,L., Ton-That, M., & Vázquez, A. (2008). Physical and
- mechanical properties of thermoplastic starch/montmorillonite nanocomposite films.
- 747 Carbohydrate Polymers, 73, 55-63.
- 748 Da Matta, M.D., Silveira, S.B., de Oliveira, L.M., & Sandoval, S. (2011). Mechanical
- properties of pea starch films associated with xanthan gum and glycerol. Starch, 63,
- 750 274-282.
- 751 Dias, A.B., Müller, C.M.O., Larotonda, F.D.S., & Laurindo, J.B. (2010).
- 752 Biodegradable films based on rice starch and rice flour. Journal of Cereal Science,
- 753 51, 213-219.
- 754 Dole, P., Joly, C., Espuche, E., Alric, I., & Gontard, N. (2004). Gas transport
- properties of starch based films. Carbohydrate Polymers, 58, 335–343.
- 756 Falguera, V., Quintero, J. P., Jiménez, A., Muñoz, J. A., & Ibarz, A. (2011). Edible
- 757 films and coatings: structures, active functions and trends in their use. Trends in
- 758 Food Science & Technology, 22 (6), 292–303.
- 759 Famá, L., Gerschenson, L., & Goyanes, S. (2009). Starch-vegetable fibre
- composites to protect food products. *Carbohydrate Polymers*, 75, 230-235.
- 761 Famá L., Govanes, S., & Gerchenson, L. (2007). Influence of storage time at room
- 762 temperature on the physicochemical properties of cassava starch films.
- 763 *Carbohydrate Polymers*, 70, 265-273.
- 764 Famá, L., Flores, S.K., Gerschenson, L., & Goyanes, S. (2006). Physical
- 765 characterization of cassava starch biofilms with special reference to dynamic
- mechanical properties at low temperatures. *Carbohydrates Polymers*, 66, 8-15.

- 767 Famá, L., Rojas, A.M., Goyanes, S., & Gerschenson, L. (2005). Mechanical
- properties of tapioca-starch edible films containing sorbates. Swiss Society of Food
- 769 Science and Technology.631-639.
- 770 Forssell, P.M., Helleman, S.H.D., Myllärinen, P.J., Moates, G.K., & Parker, R. (1999).
- Ageing of rubbery thermoplastic barley and oat starches. Carbohydrate Polymers,
- 772 39, 43-51.
- 773 García, M. A., Martino, M. N., & Zaritzky, N. E. (2000). Microstructural
- characterization of plasticized starch-based films. Starch/Stärke, 52 (4), 118–124.
- 775 Gnanasambandam, R., Hettiarachchy, N.S., & Coleman, M. (1997). Mechanical and
- 5776 barrier properties of rice bran films. *Journal of Food Science*, 62 (2), 395-398.
- 777 Gnanasambandam, R., & Hettiarachchy, N.S. (1995). Protein concentrates from
- unstabilized and stabilized rice bran: Preparation and properties. Journal Food
- 779 *Science*, 60, 1066-1069.
- 780 Han, J.H., Seo, G.H., Park, I.M., Kim, G.N., & Lee, D.S. (2006). Physical and
- mechanical properties of pea starch edible films containing beeswax emulsions.
- 782 Journal of Food Science, 71 (6), 290-296.
- 783 Hutchings, J.B. (1999). Food and Colour Appearance, Second Edition.
- Gaithersburg, Maryland: Chapman and Hall Food Science Book, Aspen Publication.
- 785 Jiménez, A. (2009). Efecto de la incorporación de ácidos grasos en las propiedades
- 786 físicas de films a base de hidroxipropil-metilcelulosa (HPMC). Master thesis.
- 787 Universitat Politècnica de València.
- 788 Jiménez, A., Fabra, M.J., Talens, P., & Chiralt, A. (2012a). Edible and
- biodegradable starch films: A review. Food and Bioprocess Technology, 5 (6), 2058-
- 790 2076.
- 791 Jiménez, A., Fabra, M.J., Talens, P., & Chiralt, A. (2012b). Effect of re-crystallization
- on tensile, optical and water vapour barrier properties of corn starch films containing
- fatty acids. Food Hydrocolloids, 26, 302-310.

- 794 Jiménez, A., Fabra, M.J., Talens, P., & Chiralt, A. (2012c). Effect of sodium
- 795 caseinate on properties and ageing behaviour of corn starch based films. Food
- 796 *Hydrocolloids*, 29 (2), 265-271.
- 797 Judd, D. B. &Wyszecki, G. (1975). Colour in Business, Science and Industry. New
- 798 York: John Wiley and Sons, Inc. ISBN. 0471452122.
- 799 Kaisangsti, N., Kerdchoechuen, O., & Laohakunjit, N. (2012). Biodegradable foam
- tray from cassava starch blended with natural fiber and chitosan. *Industrial Crops*
- and Products, 37, 542-546.
- 802 Koskinen, M., Suortti, T., Autio, K., Myllärinen, P., & Poutanen, K. (1996). Effect of
- pretreatment on the film forming properties of potato and barley starch dispersions.
- 804 Industrial Crops Products, 5, 23-34.
- 805 Lafargue, D., Lourdin, D., & Doublier, J.L. (2007). Film-forming properties of a
- 806 modified starch/k-carrageenan mixture in relation to its rheological behavior.
- 807 Carbohydrate Polymers, 70, 101-111.
- 808 Liu, Z. (2005). Edible films and coatings from starch. In J. H. Han (Ed.), Innovations
- in food packaging (pp. 318–332). London: Elsevier Academic Press.
- 810 Lu, Y., Weng, L., & Cao, X. (2006). Morphological, thermal and mechanical
- properties of ramie crystallites-reinforced plasticized starch biocomposites.
- 812 Carbohydrate Polymers, 63, 198-204.
- 813 Ma, X., Chang, P.R., & Yu, J. (2008). Properties of biodegradable thermoplastic pea
- starch/carboxymethyl cellulose and pea starch/microcrystalline cellulose
- composites. *Carbohydrate Polymers*, 72, 369-375.
- 816 Mc Hugh, T. H. & Krochta, J. M. (1994). Water vapour permeability properties of
- edible whey protein-lipid emulsion films. Journal of the American Oil Chemists
- 818 *Society,* 71, 307-312.

- 819 Mehyar, G.F. & Han, J.H. (2004). Physical and mechanical properties of high-
- amylose rice and pea starch films as affected by relative humidity and plasticizer.
- 321 *Journal of Food Science*, 69 (9), 449-454).
- 822 Myllärinen, P., Buleon, A., Lahtinen, R., & Forssell, P. (2002). The crystallinity of
- amylose and amylopectin films. *Carbohydrate Polymers*, 48, 41-48.
- 824 Nam, S., Scanlon, M.G., Han, J.H., & Izydorczyk, M.S. (2007). Extrusion of pea
- starch containing lysozyme and determination of antimicrobial activity. Journal of
- 826 Food Science, 72 (9), 477-484.
- 827 Nikolosi, R.J., Ausman, L.M., & Hegstead, D.M. (1990). Lipoprotein levels in
- 828 monkeys fed a diet containing rice bran oil. Presented at USA Rice Council Rice
- Bran Technical Meeting Houston, TX. March 23-25, 1996.
- 830 Pacheco E., Peña, J. & Ortiz, A. (2002). Composición físico-química del aceite y
- salvado de arroz estabilizado por calor. *Agronomía Tropical*, 52 (2), 173-185.
- Phan The, D., Debeaufort, F., Voilley, A., & Luu, D. (2009). Biopolymer interactions
- affect the functional properties of edible films based on agar, cassava starch and
- arabinoxylan blends. *Journal of Food Engineering*, 90, 548-558.
- 835 Rindlav, A., Hulleman, S.H.D., & Gatenholm, P. (1997). Formation of starch films
- with varying crystallinity. *Carbohydrate Polymers*, 34, 25-30.
- 837 Rindlav-Westling, A., Stading, M., Hermansson, A.M., & Gatenholm, P. (1998).
- Structure, mechanical and barrier properties of amylose and amylopectin films.
- 839 Carbohydrate Polymers, 36, 217-224.
- 840 Rodríguez, M.B. (2007) .Determinación de la composición química y propiedades
- 841 físicas y químicas del pulido de arroz (Oryza sativa L.). Tesis Doctoral Valdivia,
- 842 Chile.
- 843 Sánchez, J., Quintero, A.G., & González, G. (2004). El salvado de arroz en la
- elaboración de alimentos de alto valor nutricional. *Hypatia*, 8, Visited 01/23/2014.

- 845 (http://hypatia.morelos.gob.mx/index.php?option=com_content&task=view&id=94<
- 846 <u>emid=65</u>).
- 847 Shen, X.L., Wu, J.M., Chen, Y., & Zhao, G. (2010). Antimicrobial and physical
- properties of sweet potato starch films incorporated with potassium sorbate or
- chitosan. Food Hydrocolloids, 24, 285-290.
- 850 Souza, A.C., Benze, R., Ferrao, E.S., Ditchfield, C., Coelho, A.C.V., & Tadini, C.C.
- 851 (2011). Cassava starch biodegradable films: influence of glycerol and clay
- 852 nanoparticles content on tensile and barrier properties and glass transition
- temperature. Food Science and Technology, doi: 10.1016/j.lwt.2011.10.018.
- 854 Talja, R. A., Peura, M., Serimaa, R., & Jouppila, K. (2008). Effect of amylose content
- on physical and mechanical properties of potato-satch-besed edible films.
- Biomacromolecules, 9, 658-663.
- 857 Talja, R. A., Helén, H., Roos, Y. H., & Jouppila, K. (2007). Effect of various polyols
- and polyol contents on physical and mechanical properties of potato starch-based
- 859 films. Carbohydrate Polymers, 67(3), 288e295.
- 860 Vásconez, M.B., Flores, S.K., Campos, C.A., Alvarado, J., & Gerschenson, L.N.
- 861 (2009). Antimicrobial activity and physical properties of chitosan-tapioca starch
- based edible films and coatings. Food Research International, 42, 762-769.
- 863 Wu, H., Liu, Ch., Chen, J., Chen, Y., Anderson, D.P., & Chang, P.R. (2010).
- Oxidized pea starch/chitosan composite films: Structural characterization and
- properties. *Journal of Applied Polymer Science*, 118, 3082-3088.
- 266 Zhang, Y., Thompson, M., & Liu, Q. (2011). The effect of pea fiber and potato pulp
- on thermal property, surface tension, and hydrophilicity of extruded starch
- thermoplastics. Carbohydrate Polymers, 86, 700-707.
- 869 Zhang, Y. and Han, & J.H. (2006). Mechanical and thermal characteristics of pea
- starch films plasticized with monosaccharides and polyols. *Journal of Food Science*,
- 871 71 (2), 109-118.

- 104/1: Determination of Ash in Cereals and Cereal Products. (1990). International Association for Cereal Science and Technology (I.C.C.).
 - 105/2: Determination of Crude Protein in Cereals and Cereal Products for Food and Feed (1994). International Association for Cereal Science and Technology (I.C.C.).
 - 30-20: Determination of Fat in Cereals and Cereal Products for Food and Feed (1967). American Association of Cereal Chemist. Cereal Laboratory.

Table 1: Moisture content (MC), water vapour permeability (WVP) and oxygen permeability (OP) of pea (PE), potato (PO)and cassava (CAS) starch films at 1 and 5 storage weeks. Films with fine (F) and coarse (C) fractions incorporated to starch films were also included. Mean values and (standard deviation).

	MC d.b (%)		WVP (g.mm.kPa ⁻¹ h ⁻¹ m- ⁻²)		OP(10 ⁻¹⁴ cm ³ m ⁻¹ s ⁻¹ kPa ⁻¹)				
Film	1week	5week	1week	5week	1week	5week			
PE	11.4(0.4) ^{a1}	8.7 (0.4) ^{a2}	6.0(0.3) ^{a1}	6.7(0.7) ^{a1}	3.8(0.3) ^{a1}	2.7(0.2) ^{ab2}			
РО	11.4(0.7) ^{a1}	8.5 (0.3) ^{a2}	6.1(0.5) ^{a1}	7.2(0.2) ^{a1}	4.55(0.07) ^{b1}	3.4(0.3) ^{a2}			
CAS	9.9(0.9) ^{b1}	8.2 (0.3) ^{a2}	5.4(0.4) ^{a1}	6.8(0.5) ^{a2}	4.2(0.4) ^{b1}	2.45(0.12)b2			
WITH BRAN									
PE-F	9.99(0.08) ^{a1}	9.53(0.19) ^{b2}	6.35(0.18) ^{a1}	6.3(0.4) ^{a1}	4.5(0.2) ¹	1.84(0.08) ²			
PE-C	13.1(0.9) ^{b1}	10.9(0.8) ^{c2}	7.5(0.9) ^{b1}	8.6(0.4) ^{b2}					
PO-F	14.9(1.4) ^{a1}	10.1(0.9)b2	8.1(0.9) ^{a1}	6.5(0.7) ^{a2}	4.9(0.2)1	3.06(0.19)2			
PO-C	16.1(0.9) ^{a1}	11.4(0.8) ^{c2}	10.3(1.2) ^{b1}	9.2(0.6) ^{b2}					
CAS-F	10.3(0.5) ^{a1}	8.78(1.09) ^{a2}	7.5(0.4) ^{a1}	5.1(0.8) ^{a2}	5.46(0.07) ¹	3.56(0) ²			
CAS-C	12.9(1.2) ^{b1}	8.1(0.3) ^{a2}	7.3(0.9) ^{a1}	8.3(0.2) ^{b2}					

a, b, c. Different superscripts within a column indicate significant differences between starch matrix and fine or coarse rice bran in the same matrix. (p<0.05).

^{1,2.} Different superscripts within the same file indicate significant differences between storage times for the same formulation. (p<0.05).

888

889

890

891

892

893

894

895

	EM(MPa)		TS(MPa)		3%				
Film	1week	5week	1week	5week	1week	5week			
PE	417(41) ^{a1}	964(88) ^{a2}	14.2(1.3) ^{a1}	24(2) ^{a2}	10(2) ^{a1}	4.7(0.9) ^{a2}			
РО	40(24) ^{b1}	430(44) ^{b2}	3.04(0.79)b1	11.6(1.5) ^{b2}	29(3) ^{b1}	9.4(1.8) ^{b2}			
CAS	20(7) ^{b1}	771(171) ^{c2}	1.7(0.4) ^{c1}	12.5(1.7) ^{b2}	48(9) ^{c1}	1.8(0.5) ^{c2}			
WITH BRAN									
PE-F	663(229) ^{a1}	610(72) ^{a1}	16(7) ^{a1}	6.5(0.9) ^{a2}	3.1(0.9) ^{1a}	1.3(0.2) ^{2a}			
PE-C	618(38) ^{a1}	579(61) ^{a1}	13.7(1.5) ^{a1}	6(3) ^{a2}	4.3(0.8) ^{1b}	1.2(0.6) ^{2a}			
PO-F	36(9) ^{a1}	460(98) ^{a2}	1.6(0.4) ^{a1}	5.8(1.4) ^{a2}	25(13) ^{1a}	1.6(0.6) ^{2a}			
PO-C	108(49)b1	478(94) ^{a2}	1.8(0.7) ^{a1}	5.9(1.9) ^{a2}	9(3) ^{1b}	1.5(0.3) ^{2a}			
CAS-F	33(9) ^{a1}	543(137) ^{a2}	1.2(0.5) ^{a1}	6(4) ^{a2}	42(24) ^{1a}	1.2(0.7) ^{2a}			
CAS-C	43(15) ^{a1}	387(94) ^{a2}	1.5(0.7) ^{a1}	3.57(1.07) ^{a2}	16(4) ^{1a}	1.11(0.44) ^{2a}			

a, b, c. Different superscripts within a column indicate significant differences between starch matrix and fine or coarse rice bran in the same matrix. (p<0.05).

^{1,2.} Different superscripts within the same file indicate significant differences between storage times for the same formulation. (p<0,05).

897

898

899

900

901

902

903

904

	60°		Ti (450nm)				
Film	1week	5week	1week	5week			
PE	47(17) ^{a1}	33(8) ^{a1}	85.4(1.6) ^{a1}	87.09(0.12) ^{a1}			
РО	9.9(0.9) ^{b1}	9.7(1.9) ^{b1}	85.9(0.4) ^{a1}	85.09(0.54) ^{a1}			
CAS	18(4) ^{c1}	16(5) ^{c1}	84.9(0.4) ^{a1}	86.6(0.4) ^{b1}			
WITH BRAN							
PE-F	30(4) ^{b1}	20(5) ^{a2}	81.7(0.2) ^{a1}	82.3(0.5) ^{a1}			
PE-C	14(5) ^{a1}	13.5(1.6) ^{b1}	81.8(0.5) ^{a1}	81.5(0.2) ^{a1}			
PO-F	6.45(1.07) ^{a1}	8.2(0.7) ^{a2}	79.1(1.4) ^{a1}	81.35(1.02) ^{a1}			
PO-C	8.75(1.04) ^{b1}	6.9(0.8) ^{b2}	80.8(0.4) ^{a1}	80.6(0.7) ^{a1}			
CAS-F	16(3) ^{a1}	11(3) ^{a2}	81.7(0.7) ^{a1}	82.0(0.3) ^{a1}			
CAS-C	13.5(1.6) ^{a1}	15.4(1.7) ^{a2}	81.3(0.5) ^{a1}	81.09(0.19) ^{a1}			

a, b, c. Different superscripts within a column indicate significant differences between starch matrix and fine or coarse rice bran in the same matrix. (p<0.05).

^{1,2.} Different superscripts within the same file indicate significant differences between storage times for the same formulation. (p<0,05).

906 Table 4: Chemical composition of rice bran, % dry basis. Mean values (standard 907 deviation).

	Moisture	Protein	Fat	Ashes	Starch	Fiber
Fine	7.2(0.2)	15.3(0.5)	16.2(0.9)	9.84(0.05)	27(3)	24.23
Coarse	6.9(0.2)	15.56	17.1(1.3)	10.04(0.02)	12.6(0.8)	37.8

910 FIGURE CAPTIONS Figure 1: X-Ray diffraction pattern of pea (PE), potato (PO) and cassava (CAS) starch 911 912 films at one (1W) and five (5W) storage weeks. Figure 2: SEM micrographs of surface and cross section of pea, potato and cassava 913 914 starch films. Figure 3: Maps of Log DTM modulus obtained from AFM in surface of pea, potato and 915 916 cassava starch films for samples stored for 1 and 5 weeks. Figure 4: Typical particle size distributions of the different bran fractions. D_{3,2} and D_{4,3}, 917 mean values and (standard deviation). 918 Figure 5: SEM micrographs of fine and coarse rice bran fractions. 919 920 Figure 6: SEM micrographs of surface and cross section of pea (PE), potato (PO) and 921 cassava (CAS) starch films containing fine (F) rice bran. 922 Figure 7: SEM micrographs of surface and cross section of pea (PE), potato (PO) and cassava (CAS) starch films containing coarse (C) rice bran. 923 924 Figure 8: Maps of Log DTM modulus obtained from AFM in surface of pea, potato and cassava starch films containing Fine (F) and coarse (C) rice bran. 925 926

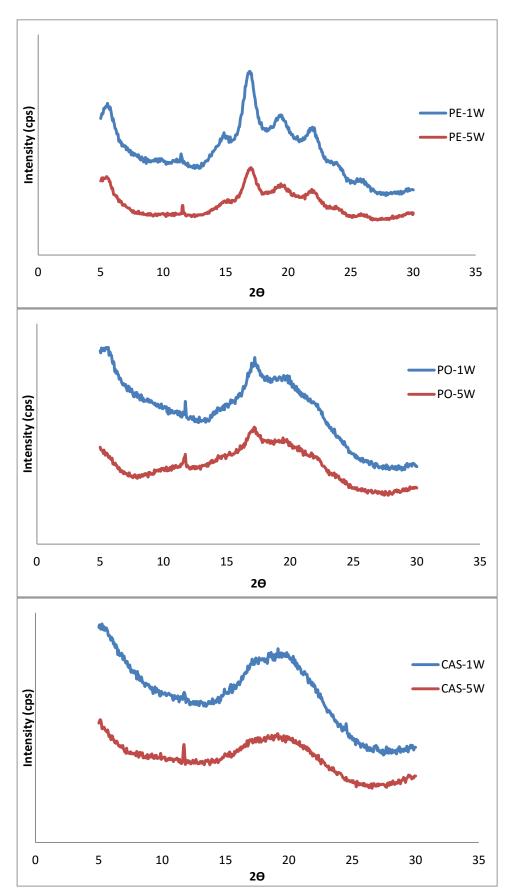
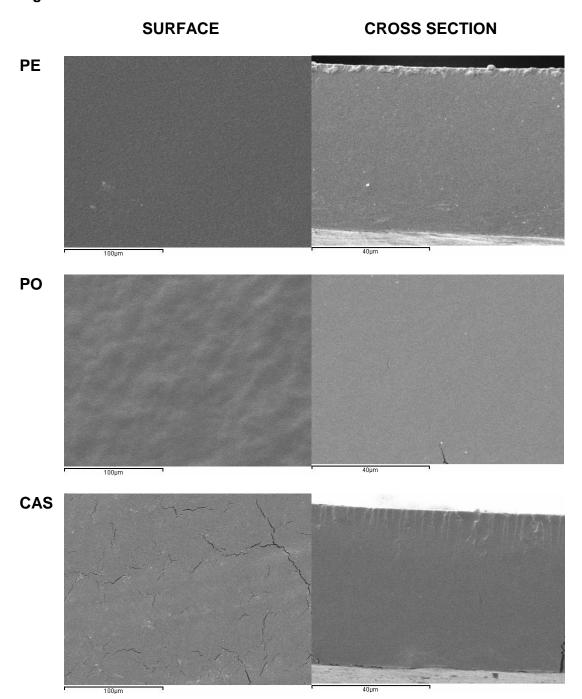
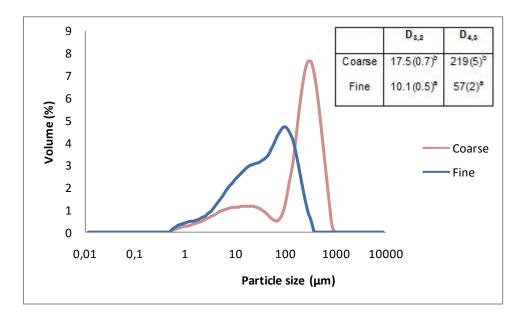
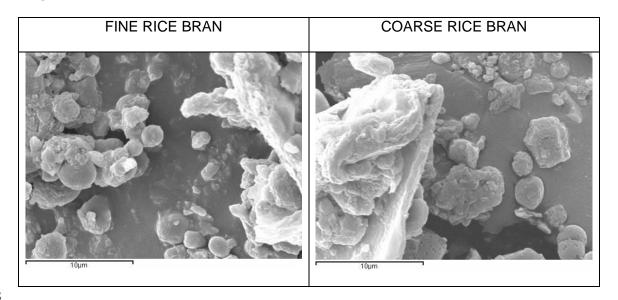


Figure 2



1 WEEK 5 WEEK PΕ 9.6 log(Pa) 6: LogDMTModulus 6: LogDMTModulus 9.3 log(Pa) 9.3 log(Pa) РО 9.8 log(Pa) 9.7 log(Pa) 6: LogDMTModulus 6: LogDMTModulus 9.4 log(Pa) CAS 10.1 log(Pa) 9.6 log(Pa) 0.0 6: LogDMTModulus 0.0 6: LogDMTModulus 9.4 log(Pa)





SURFACE **CROSS SECTION** PE-F PO-F CASS-F

SURFACE **CROSS SECTION** PE-C PO-C CAS-C

