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Additional Information

1 **TITLE PAGE**

2 **Title of paper (Med. Eng. and Phys):**

3 Comparison of non-invasive electrohysterographic recording techniques for monitoring uterine
4 dynamics

5

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15 **Short title**: EHG techniques to monitor uterine dynamics

16 **Keywords**: Electrohysterogram, uterine electrical activity, uterine electromyogram, Laplacian
17 potential, ring electrodes

18

19 **Abstract (200 words):**

20 Non-invasive recording of uterine myoelectric activity (electrohysterogram, EHG)
21 could provide an alternative to monitoring uterine dynamics by systems based on
22 tocodynamometers (TOCO). Laplacian recording of bioelectric signals has been shown
23 to give better spatial resolution and less interference than mono- and bipolar surface
24 recordings. The aim of this work was to study the signal quality obtained from
25 monopolar, bipolar and Laplacian techniques in EHG recordings, as well as to assess
26 their ability to detect uterine contractions. Twenty-two recording sessions were carried
27 out on singleton pregnant women during the active phase of labour. In each session the
28 following simultaneous recordings were obtained: internal uterine pressure (IUP),
29 external tension of abdominal wall (TOCO) and EHG signals (5 monopolar and 4
30 bipolar recordings, 1 discrete approximation to the Laplacian of the potential and 2
31 estimates of the Laplacian from two active annular electrodes). The results obtained
32 show that EHG is able to detect a higher number of uterine contractions than TOCO.
33 Laplacian recordings give improved signal quality over monopolar and bipolar
34 techniques, reduce maternal cardiac interference and improve the signal-to-noise ratio.
35 The optimal position for recording EHG was found to be the uterine median axis and
36 the lower centre-right umbilical zone.

37

38 1 Introduction

39

40 Uterine activity is monitored during pregnancy and childbirth to obtain information on
41 uterine contractions to assist in estimating the start and the progress of labour and to
42 assess the state of health of both mother and child. It can also play a vitally important
43 role in diagnosing cases of distocia due to defective, inefficient or inappropriate uterine
44 activity [1-3]. Measuring intrauterine pressure (IUP) is the present *gold standard* in
45 uterine dynamics. Since it indicates the overall pressure in the uterine cavity [4], it has
46 been shown to give reliable information on all the parameters associated with uterine
47 dynamics. However, its application is limited, since placing the pressure catheter in the
48 uterine cavity requires rupturing membranes, which means it cannot be used during
49 pregnancy but only during the final stages of labour. It also tends to increase the
50 incidence of intrapartum infection and there have even been cases of perforation of the
51 uterus and placental abruption [5]. Tocography is the technique most often used at the
52 present time to determine uterine dynamics. Tocodynamometers (TOCO) are external
53 force measurement devices that detect changes in abdominal contour, which is as an
54 indirect indication of uterine contraction [4]. This method does not provide highly
55 reliable information as it depends to a large extent on the subjective judgment of the
56 examiner [4,6,7]. This is due to the fact that it records variations in local pressures and
57 not, as in IUP, the overall pressure, thus making it highly dependent on the position of
58 the tocodynamometer. It is also influenced by the movements of the fetus within the
59 intrauterine cavity, by maternal parameters (such as the fat tissue or the body mass
60 index, BMI), artifacts (respiratory or maternal movements) and by the elastic strap
61 tension used to fasten the tocodynamometer. Therefore, the TOCO must be constantly
62 recalibrated and re-positioned to work correctly [8].

63 Another technique for monitoring uterine dynamics consists of measuring the
64 myoelectric activity of the uterus on the abdominal surface, known as the
65 *electrohysterogram* (EHG). Previous studies have established that EHG can be recorded
66 on the abdominal surface and that it is temporally related to the contractions of the
67 uterus [9,10]. The EHG consists of intermittent burst of spike action-potentials; single
68 spikes can initiate contractions, but multiple, higher-frequency, coordinated spikes are
69 needed for forceful and maintained contractions [11]. Electrical activity in the

70 myometrium is low and uncoordinated during the early stages of pregnancy, but intense
71 and synchronized as delivery approaches [12].

72 Conventional mono- and bipolar recordings have certain disadvantages; bipolar and
73 especially monopolar EHG recordings capture interference from other physiological
74 signals, including: abdominal muscle electrical activity, the electrocardiogram,
75 respiratory movements, electrode-skin contact potential fluctuation, and movement
76 artefacts from both mother and fetus. Both mono- and bipolar recordings have also been
77 shown to have low spatial resolution when localizing and differentiating multiple dipole
78 sources, due to the blurring effect of the different conductivities of the volume
79 conductor [13], which can limit their use in signal propagation studies which seems to
80 contain relevant information on the delivery-time horizon [14, 15].

81 Laplacian potential recordings have thus been proposed to improve the spatial
82 resolution of surface biosignal recordings [16,17]. The Laplacian is the second spatial
83 derivative of the potential picked up on the body surface and enhances the electrical
84 activity near the observation point, reducing the smoothing effects of the volume
85 conductor and providing further information on the location and differentiation of the
86 multiple sources of the current dipoles [17,18]. The Laplacian of a bioelectric potential
87 can be estimated by measurements on the surface by monopolar electrodes and then
88 applying discretization techniques, such as five-point finite difference algorithm or
89 spline surface Laplacian estimator functions [16,18-20], (discrete Laplacian). The
90 Laplacian of the surface potential can also be estimated directly by specially designed
91 concentric annular electrodes. These electrodes have been used to estimate the
92 Laplacian of bioelectric signal potentials such as the ECG [21,22] and the intestinal
93 myoelectrical activity, the electroenterogram (EEnG) [23]. The use of these techniques
94 to EHG recordings, which have similar characteristics to those of intestinal signals,
95 could significantly improve the quality of EHG recordings as compared to conventional
96 mono- and bipolar recordings and contribute to broadening the scope of EHG clinical
97 applications.

98 The aim of this study is thus to compare the TOCO and EHG recording techniques with
99 IUP in terms of detecting contractions as well as analyzing different EHG recording
100 techniques (monopolar, bipolar, and Laplacian estimation by discretization and by
101 specially designed active annular electrodes) in order to identify the one that provides

102 the best signal quality and best able to detect uterine contractions. The study also
103 includes an analysis of the optimum location for the electrodes to acquire EHG on the
104 body surface.

105 **2. Materials and methods**

106 **2.1 Data Recording**

107 Twenty-two recording sessions were performed on women hospitalized for spontaneous
108 or induced labour at the *Hospital Universitario y Politécnico La Fe* in Valencia (Spain)
109 The study adheres to the Declaration of Helsinki and was approved by the Institutional
110 Review Board. The criteria for inclusion in the study were: women in a good state of
111 health, in the first stage of labour of a singleton pregnancy and estimated gestation time
112 between 37 and 41 weeks. Table 1 gives details of the demographic and clinical
113 characteristics of the participants. All the volunteers were informed of the nature of the
114 study, briefed on the recording protocol and signed the consent form. The recording
115 sessions lasted between 30 minutes and 3 hours, depending on the time of the start of
116 the second stage of labour and the requirements of clinical staff.

117 Before each recording session the subjects' abdominal area was thoroughly treated with
118 clinical exfoliating cream in order to reduce skin-electrode contact impedance. Five
119 monopolar EHG recordings were obtained from five monopolar 8 mm in diameter
120 Ag/AgCl cup wet electrodes, which correspond to M1-M5 in figure 1. They were
121 arranged in the shape of a cross over the subumbilical uterine median axis, with an
122 inter-electrode distance of 25 mm, as can be seen in figure 1. This electrode
123 configuration also allows to estimate the Laplacian of the potential in the central
124 electrode, according to Hjorth's five-point technique [16]. In addition, two 37 mm
125 external diameter active dry annular electrodes, named L1 and L2, were placed to the
126 left and right of the supraumbilical uterine median axis as shown in figure 1. These
127 active electrodes consisted of 3 conductors (1 inner disk and 2 concentric rings)
128 connected in bipolar configuration (short-circuited internal disk and external ring) that
129 incorporated a signal preconditioning circuit, powered by onboard batteries embedded
130 in the sensor itself that permit to obtain a direct estimation of the Laplacian potential of
131 the EHG.[24]. The characteristics of these electrodes have been described in previous
132 studies [23]. A silicone matrix was developed to hold and put the electrodes in position
133 (see figure 1). Two 8 mm Ag/AgCl cup electrodes were also placed on each of the

134 subjects' thighs as reference and ground similar to [25]. All EHG signals were
135 amplified and filtered between [0.05, 35] Hz by commercial biosignal amplifiers Biopac
136 ECG100C (Biopac Systems Inc, USA) and acquired at a sampling frequency of 500 Hz.
137 Simultaneously with the EHG signals, intrauterine pressure, tocographic signal and
138 maternal ECG (mECG) were monitored and recorded. IUP was recorded by an ACCU-
139 Trace (Accutrace, Inc., USA) intrauterine pressure catheter connected to a Corometrics
140 170 Series maternal (GE Healthcare, General Electric Company, USA) fetal monitor.
141 The tocographic signal was recorded by tocodynamometer placed on the abdominal
142 surface connected to a Corometrics 250cx Series monitor (GE Healthcare, General
143 Electric Company, USA). Both mechanical activity signals were acquired at a sampling
144 frequency of 4 Hz. Maternal ECG was recorded to study its influence in EHG
145 recordings. It was acquired in reduced Lead I by using disposable electrodes. This
146 signal was amplified and filtered between [0.05, 35] Hz by Biopac ECG100C (Biopac
147 Systems Inc, USA) and acquired at a sampling frequency of 500 Hz.
148 In order to obtain simultaneous synchronized EHG, mECG, tocographic and IUP
149 signals, an acquisition program was developed on LabView® (National Instruments
150 Corporation, USA). All the data recorded were shown onscreen in real time and
151 digitally stored for further analysis.

152

153 **2.2 Data analysis**

154 **2.2.1 Obtaining bipolar recordings and EHG discrete Laplacian**

155 The four bipolar EHG and discrete Laplacian signals are calculated digitally from the
156 five monopolar recordings as follows:

$$157 \quad B_1 = M_1 - M_5; B_2 = M_5 - M_3; B_3 = M_4 - M_5; B_4 = M_5 - M_2 \quad (1)$$

$$158 \quad L_D \approx \frac{4}{b^2} \left\{ V_5 - \frac{1}{4} (M_1 + M_2 + M_3 + M_4) \right\} \quad (2)$$

159 Where M_i is the potential acquired by electrode i , when $i = 1..5$. B_j is the measured
160 bipolar recording of the EHG signal, when $j = 1..4$ and b is the inter-electrode distance
161 (25 mm). L_D is the estimated discrete Laplacian in accordance with Hjorth's five-point
162 technique [16]. In this work we preferred to work out L_D amplitude in mV so as to

163 compare it to that of conventional bipolar ECG recordings and ringed electrodes.
164 Therefore equation (2) has been calculated without multiplying by $4/b^2$.

165 **2.2.2 Identifying uterine contractions**

166 The uterine contractions present in the different recordings (TOCO, IUP, EHG) were
167 identified by three experts with appropriate electrophysiological training to perform the
168 task, working independently of each other and using the following criteria:

- 169 • Significant rise in signal amplitude with respect to the basal period.
- 170 • Duration longer than 30 seconds.
- 171 • Signal morphology typical of electrophysiological changes. Signals with over-
172 abrupt changes, saturation, or coincidental in time with movements of the patient
173 during the recording session are discarded.

174 At least two of the three experts had to classify the signal as a contraction for it to be
175 considered valid.

176 **2.2.3 Consistency contraction index**

177 In order to assess the temporal correlation between the contractions detected by IUP
178 (gold standard) as compared to the other techniques (EHG and TOCO), the contraction
179 consistency index used (CCI) by Jezewski and Euliano [8, 26,27] was calculated:

$$180 \quad CCI = \frac{N_C}{\frac{1}{2}(N_T + N_E)} \quad (3)$$

181 Where N_T is the number of contractions detected by IUP. N_E is the number of
182 contractions detected by the channel under study, i.e. monopolar, bipolar, discrete
183 Laplacian, active annular EHG electrodes, and the TOCO. N_C is the number of
184 consistent contractions. A contraction was considered consistent when the distance
185 between the maximum peak of the contraction in the channel under study and the same
186 contraction detected by IUP were within ± 10 seconds of each other. To determine the
187 maximum peak in the EHG signal, the TOCO-like signal was generated using the
188 unnormalized first statistical moment of the Time Frequency representation
189 (spectrogram) in a selected frequency band [0.3 - 0.8] Hz [25].

190 2.2.4 Quality parameters of the EHG signals

191 EHG signals are contaminated by other biological signals. The most commonly
192 encountered interferences are caused by: the maternal and fetal electrocardiogram,
193 electrical activity of the abdominal muscle, maternal breathing movements, contact
194 interference, and maternal and fetal movement artefacts. Various estimators have been
195 defined to evaluate the quality of the signals obtained in the presence of interference
196 from these sources.

197 *Interference from maternal ECG*

198 In order to quantify the maternal ECG interference present in the EHG recordings, ,for
199 each of the surface channels (termed as $x(t)$) ten 60-second baseline sections are
200 extracted and the mECG R-wave is detected by the algorithm proposed by Hamilton &
201 Tompkins (1986) [28]. The average beat \overline{ECG} of mECG interference present in the
202 surface signals is then computed, considering a window from 275 ms before to 450 ms
203 after each R wave detected in the mECG recording and subsequently taking the average
204 of all the windows of the identified beats. An estimate of the mECG interference signal
205 ($I_{mECG}(t)$) present in this interval is then made by assigning the average beat, with the
206 window size indicated above, to each R wave detection instant and giving 0 value
207 outside the window. At this point, the $\overline{EHG}(t)$ signal is estimated by subtracting the
208 estimated mECG interference signal $I_{mECG}(t)$ from the surface signal $x(t)$. The signal-
209 to-mECG interference (S/I_{mECG}) is thus calculated as:

$$210 \quad S / I_{mECG} = 10 \log \left(\frac{Power(\overline{EHG})}{Power(I_{mECG})} \right) dB \quad (4)$$

211 $Power(\overline{EHG})$ being the power content of the signal under study and $Power(I_{mECG})$ being
212 the power content of the mECG interference signal.

213

214 *Signal-to-noise ratio*

215 In order to assess the quality of the EHG signal in the contractile period, the signal is
216 filtered in the bandwidth of interest [0.1, 4] Hz and decimated at 20 Hz. The signal-to-
217 noise ratio (S/N), that values the increase on the signal power during contraction with

218 respect to the basal state, is then computed by a method similar to that used by other
219 authors [29-31] :

$$220 \quad S/N = 10 \log \left(\frac{Power(CT) - Power(Basal)}{Power(Basal)} \right) dB \quad (5)$$

221 $Power(CT)$ being the power content of the EHG signal during the contraction and
222 $Power(Basal)$ the power content of the baseline near the contraction. An algorithm was
223 designed for this that selected the nearest non-artefacted 30-second baseline section
224 before and after the contraction analysed.

225 **3. Results**

226 **3.1 Consistency of contractions**

227 Figure 2 shows an example of EHG signals (bipolar, monopolar, discrete Laplacian and
228 Laplacian estimated by active annular electrode) recorded simultaneously with
229 intrauterine pressure (IUP) and abdominal distension (TOCO) during a period of
230 contractile activity. It can be seen that a uterine contraction is associated with increased
231 pressure in the IUP and TOCO recordings and with a spike burst containing a rise in
232 amplitude and frequency in the bioelectric signal in the different EHG recordings. The
233 amplitude of the monopolar, bipolar and discrete Laplacian signals is in the order of
234 hundreds of microvolts, and that of the signals captured by the active annular electrode
235 are around 20 times lower.

236 The total number of contractions identified by each technique and the value of the CCI
237 index that assessed the consistency of the contractions detected by TOCO and EHG in
238 comparison with IUP are given in table 2. IUP detected a total of 479 contractions,
239 while only 289 were detected by the tocodynamometer. All EHG channels present
240 higher consistency values than TOCO. In addition, except for L1 and L2, this difference
241 is significant (ANOVA, $p=0.05$) if CCI values are analysed for each of the 22 recording
242 sessions (individual values are not given for reasons of space). Monopolar and bipolar
243 EHG signals considerably improve on the consistency indices obtained by TOCO, with
244 values between 88% and 94%. In the set of EHG signals, the B1 recording channel has
245 the best detected CCI. In the monopolar EHG recordings, the best results were given by
246 those supplied by the electrodes placed over the median uterine axis (M1, M3 and M5).
247 As for Laplacian EHG recordings, discrete Laplacian L_D presents a CCI value of 89.3%,

248 similar to that of monopolar and bipolar EHG recordings meanwhile the signals
249 captured by the active annular electrodes show lower contraction consistency index
250 values than the other channels, the CCI value associated with the L1 recording (82.76%)
251 being better than that of the L2 recording (75.39%).

252 **3.2 Resting ECG interference**

253 Figure 3 shows an example of the simultaneous recording of signals captured on the
254 abdominal surface during a period without uterine contractions. Strong interference
255 from maternal cardiac activity can be observed under these conditions in the monopolar
256 recording, which is attenuated in the bipolar recording, while it is not apparent in the
257 Laplacian recordings.

258 The diagram in figure 4 gives details, in terms of electrode arrangements and recording
259 techniques, of the signal-to-mECG interference ratios. The results are a reflection of the
260 behaviour shown in figure 3. The monopolar recordings are strongly affected by mECG
261 interference, with the M2 recordings on the patient's left-hand side giving the worst
262 results (3.4 ± 7.1 dB). The best are given by the M4 recording (on the right-hand side) at
263 8.7 ± 7.6 dB. Maternal ECG interference is significantly lower in bipolar than
264 monopolar recordings, although it can be easily identified, with the B1 recording being
265 the most affected (14.5 ± 3.9 dB), and B3, on the patient's right-hand side, the least
266 (20.5 ± 6.4 dB). Laplacian recordings obtained the highest values of this parameter
267 (discrete Laplacian 21.2 ± 4.1 dB, L1 25.9 ± 5.1 dB and L2 26.9 ± 4.8 dB).

268

269 **3.3 Signal-to-noise ratio**

270 Figure 5 presents the values of the signal-to-noise ratio obtained during the contractile
271 period according to location and the technique employed to obtain the EHG recordings.
272 It can be seen that the ratios obtained are low, with mean values between 5.1 and
273 7.6 dB. In general the monopolar recordings have the lowest values, followed by the
274 bipolar and Laplacian. It can also be seen that the channels on the patient's right-hand
275 side present signal-to-noise ratios slightly higher than those on the left. However, all the
276 values show wide variations, both between contractions on the same channel and
277 session and among subjects, as discussed below.

278

279 **4. Discussion**

280 **4.1 EHG vs TOCO for detecting uterine contractions**

281 Researchers in the field of obstetrics are aware of the limitations of the
282 tocodynamometer-based methods of monitoring uterine dynamics at present in use.
283 These devices have comparatively low sensitivity, which can affect the accuracy of
284 contraction amplitude and duration, and it restricts their use in obese parturients. They
285 may even fail to detect contractions altogether due to misalignments of the toco probe
286 caused by maternal movements [3,4,7,27]. In addition, the toco probe needs to be held
287 tight by a strap that applies pressure on the mother's abdomen, which can be
288 uncomfortable and may even be the cause of the appearance of uterine contractions.
289 Many studies point out that EHG recordings could make a large contribution to solving
290 this problem [8,25,27,32]. In fact, previous studies carried out by other research groups
291 have found that monopolar or bipolar EHG recording techniques are more consistent in
292 detecting the contractions recorded by IUP than the TOCO signal (contraction detection
293 correlated better with IUP (0.94 ± 0.06) than with TOCO 0.77 ± 0.25 [8]). In the present
294 work not only these findings that have been confirmed but also the fact that Laplacian
295 recordings can detect more uterine contractions than TOCO. It should also be noted that
296 Euliano only worked with monopolar recordings and to determine contraction
297 consistency used the single monopolar EHG recording channel with the best signal-to-
298 noise ratio of the four monopolar channels used. Similarly, Jezewski selected the
299 bipolar channel with the best results in the parametric identification of contractions [26].
300 Whereas in this work we presented the results of all the recording channels, showing
301 that all of them presented better behaviour than TOCO in terms of detecting uterine
302 contractions.

303 Although other parameters from pressure and EHG recordings may be used to further
304 characterize uterine dynamics, such as duration of contractions, maximum peak, etc.
305 and have been considered by other authors [4,6,9,10,32,33], , they are outside the scope
306 of the present work.

307

308

309 **4.2 EHG recording technique and electrode position**

310 One of the most important limitations to the wider application of EHG recordings is the
311 quality of the signals captured on the body surface. These signals are very weak and are
312 subject to interference such as the mECG and baseline oscillations.

313 Diverse methods have been proposed to date to reduce maternal cardiac interference in
314 electrohysterographic signals, including: methods of identifying mECG interference by
315 generating PQRST templates of the maternal complex for its suppression during the
316 maternal cardiac cycles [34], techniques based on dynamic mECG segmentation for
317 subsequent linear prediction and elimination of the mECG segments [35,36] wavelets
318 [31,37] and empirical mode decomposition [31]. This type of methods in general give
319 satisfactory results, although they do require extensive computing power which, when
320 combined with other factors makes their use difficult in real time monitoring and
321 diagnostic systems. Adaptive filters may be used for such applications [38] but still they
322 have to be applied to digitalised signals, and require computing power. In the present
323 study, the Laplacian EHG signals (discrete estimation and signals from the active
324 annular electrodes) present a higher signal-to-mECG interference ratio than the
325 simultaneously acquired monopolar and bipolar recordings. Specifically, the highest
326 S/I_{mECG} values correspond to signals captured by the active concentric annular
327 electrodes, which agrees with previously published findings on the use of active annular
328 electrodes for estimating the Laplacian of the electroenterographic potential on the
329 abdominal surface [23]. Moreover, Laplacian recordings present signal-to-mECG
330 interference ratios similar to those obtained from the above-mentioned signal processing
331 techniques, but in this case without the need to digitalise and post-process the signal,
332 which facilitates their direct application in real time monitoring systems.

333 On the other hand, the values obtained for the signal-to-noise ratio (S/N) agree with
334 those presented in previous studies [31,39] for bipolar recordings. This parameter was
335 found to vary widely not only between patients but also between contractions in the
336 same patient. This is primarily due to the fact that the contractions detected can vary in
337 intensity, and also to baseline changes caused, for example, by contact impedance
338 variations when the patient changes position, in addition to variations in the intrinsic
339 characteristics of individual patients, such as their BMI, week of gestation, etc. In any
340 case, higher signal-to-noise ratios can be expected from bipolar than from monopolar

341 recordings, given their capability to reduce common mode interferences (e.g. in the
342 signal-to-mECG interference ratios). However, bearing in mind that the EHG signal
343 propagation speed is approximately 8 cm/s during labour [40] and the interelectrode
344 distance is 2.5 cm, some components of the signal under study can be cancelled in
345 bipolar signals due to dips in the frequency spectrum which also depend on the main
346 propagation direction. In the case of annular electrodes these dips also appear, but they
347 are only affected by electrode's dimensions and conduction velocity, but not by
348 propagation direction as reported by Farina et al [41]. The annular electrodes tested in
349 this study proved to be suitable to detect uterine contractions. Furthermore, in spite of
350 the wide variations observed in S/N parameters, the recordings from the active annular
351 sensors again performed best in this aspect, suggesting that this technique also reduces
352 common mode interferences while not cancelling much information of interest.

353

354 Regarding the optimum recording position, the literature favours the subumbilical
355 uterine median axis because of a closer contact and a more constant position of the
356 uterus relative to the abdominal wall during contractions [9, 25,33]. Our CCI results
357 also indicate that the highest numbers of contractions are detected by both mono- and
358 bipolar EHG recordings in this zone. It should be pointed out that the annular electrodes
359 were placed in the supraumbilical zone for reasons of space and not above the uterine
360 median but on either side of it. This factor, besides the fact that these electrodes are dry
361 (no electrolytic gel is used providing higher skin electrode impedance about 1 kOhm)
362 Seems to be the reason for the lower CCI values obtained from recordings made with
363 this type of electrodes. It would therefore be of interest to create an additional database
364 on the different locations for active annular electrodes. In addition considering that the
365 tested annular electrodes were developed on rigid substrate which limits its adaptation
366 to the body surface contours, the development of new versions of these electrodes on
367 flexible substrates could yield better performance. Nevertheless, the proven capability
368 of annular electrodes to detect uterine contractions is of great importance since this type
369 of electrodes provides better spatial resolution recordings in comparison to monopolar
370 and bipolar recordings carried out by conventional disc electrodes [17]. This can be a
371 great advantage in electrohysterographic propagation analysis, which has recently
372 proven to provide very valuable information for predicting preterm delivery [15,42] .

373 Another interesting question derived from the analysis of the results obtained is that the
374 zone to the right of the uterine median axis seems to offer advantages as regards both
375 signal quality indicators and detecting uterine contractions. This is in line with
376 electrophysiological and anatomical studies that have shown that the uterus moves
377 slightly to the right throughout pregnancy [43].

378

379 **4.3 Limitations of the study**

380 The present study focused on the active stage of labour in singleton pregnancies and the
381 results should be compared with recordings taken in the final stages of pregnancies
382 before the onset of labour, even though the intrauterine pressure recording (IUP) may
383 not be available, and also with recordings from multiple pregnancies. In fact, recordings
384 in the last weeks of pregnancy are now being performed. Also, the patients in the data
385 base used in this study are limited in number and should be increased in future work.

386 The electrodes used in the EHG recording techniques studied were placed in different
387 locations and the fact that those situated over the uterine subumbilical median axis
388 probably had an unfair advantage could affect the interpretation of the results to some
389 extent. In this regard, it would be interesting to obtain and analyse recorded signals
390 from different positions (in our case turning the silicon template used to place the
391 electrodes). The capacity to detect contractions of recordings taken from annular
392 electrodes is likely to increase in other positions, especially when placed over the
393 uterine median axis.

394 It should also be pointed out –as mentioned before- that the annular electrodes used to
395 obtain the Laplacian estimation of the EHG surface potential were developed on rigid
396 substrates, with a limited ability to adapt to the curves on the surface of the body, being
397 difficult to ensure good skin-electrode contact and causing certain degree of discomfort
398 to the patient. At the present time our research group is involved in the task of
399 developing similar electrodes over flexible substrates, which are expected to further
400 improve both signal quality and the overall performance of this recording technique.

401

402 **5 Conclusions**

403

404 This paper presents different techniques and electrode placements for recording EHG
405 signals as an alternative to TOCO for non-invasive monitoring of uterine activity. The
406 results show that all the EHG-based techniques are able to detect a higher number of
407 uterine contractions than TOCO, especially from recordings taken over the uterine
408 median axis.

409 Concerning the technology for EHG signal recordings, those from Laplacian recording
410 techniques provide better quality signals than those obtained from the traditional mono-
411 and bipolar techniques in terms of both reducing cardiac interference and enhancing the
412 signal-to-noise ratio. The best position for placing EHG recording electrodes was found
413 to be the uterine median axis and the centre-right subumbilical zone.

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419

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CAPTIONS

548 **Figure 1:** Configuration of surface electrodes for obtaining simultaneously five
549 monopolar EHG recordings (M1-M5) and two Laplacian potential recordings using
550 active concentric-ringed-electrodes (L1 and L2).

551 **Figure 2:** Abdominal surface recording during contractile period. Signals (descending
552 order): IUP: intrauterine pressure, TOCO: Tocodynamometer, Monopolar: M1, Bipolar:
553 B1, Discrete Laplacian: L_D , Laplacian: annular active electrode L2.

554 **Figure 3:** Abdominal surface recording during a period without uterine contractions.
555 Signals (descending order): Monopolar: M1, Bipolar: B1, Discrete Laplacian: L_D ,
556 Laplacian: active concentric ring Laplacian L1, mECG: Maternal ECG.

557 **Figure 4: Signal-to-mECG** interference ratio in rest state for the different electrode
558 arrangements and recording techniques.

559 **Figure 5:** Signal-to-noise ratio in contraction period for the different electrode
560 arrangements and recording techniques.

561 **Table 1:** Demographic and clinical characteristics of participants.

562 **Table 2:** Contractions Consistency Index to compare TOCO, IUP, EHG.

563 **Foot Note:** N_E : Number of detected contractions in EHG or TOCO signal. N_C : Number of
564 consistent contractions. Monopolar: M1, M2, M3, M4, M5, Bipolar: B1, B2, B3, B4,
565 Discrete Laplacian: LD, Annular ringed electrode: L1, L2.

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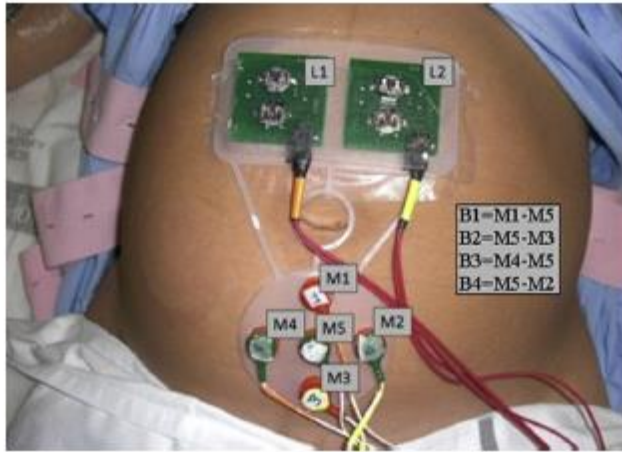


Fig. 1. Configuration of surface electrodes for obtaining simultaneously five monopolar EHG recordings (M1–M5) and two Laplacian potential recordings using active concentric-ringed-electrodes (L1 and L2).

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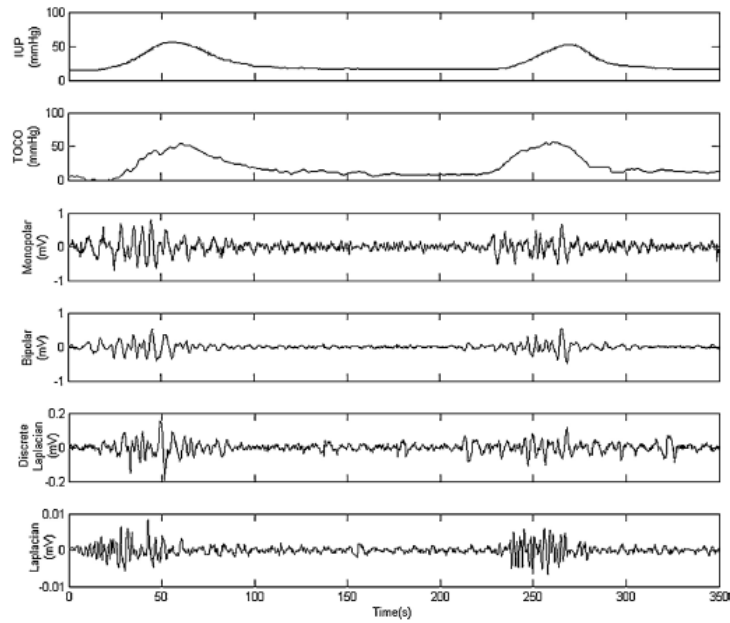


Fig. 2. Abdominal surface recording during contractile period. Signals (descending order): IUP: intrauterine pressure, TOCO: Tocodynamometer, Monopolar: M1, bipolar: B1, discrete Laplacian: L_D , Laplacian: anular active electrode L2.

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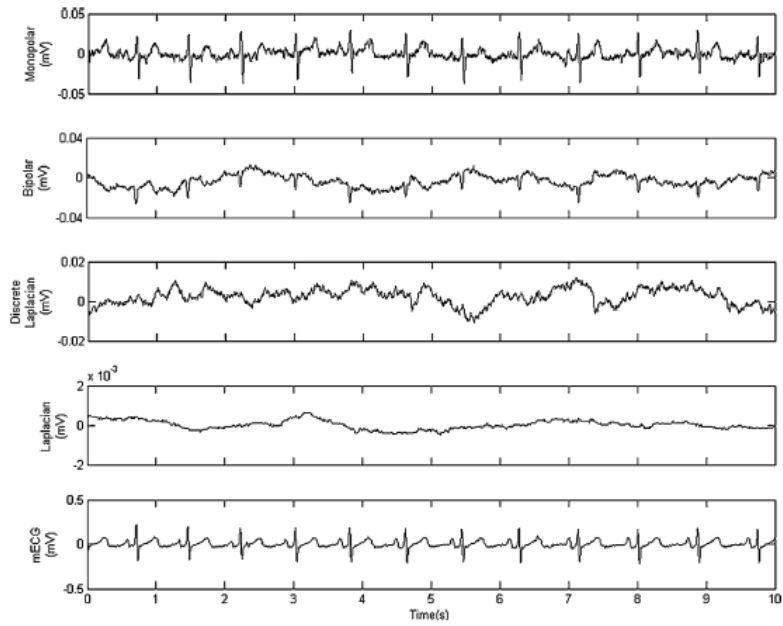


Fig. 3. Abdominal surface recording during a period without uterine contractions. Signals (descending order): monopolar: M1, bipolar: B1, discrete Laplacian: L₀, Laplacian: active concentric ring Laplacian L1, mECG: maternal ECG.

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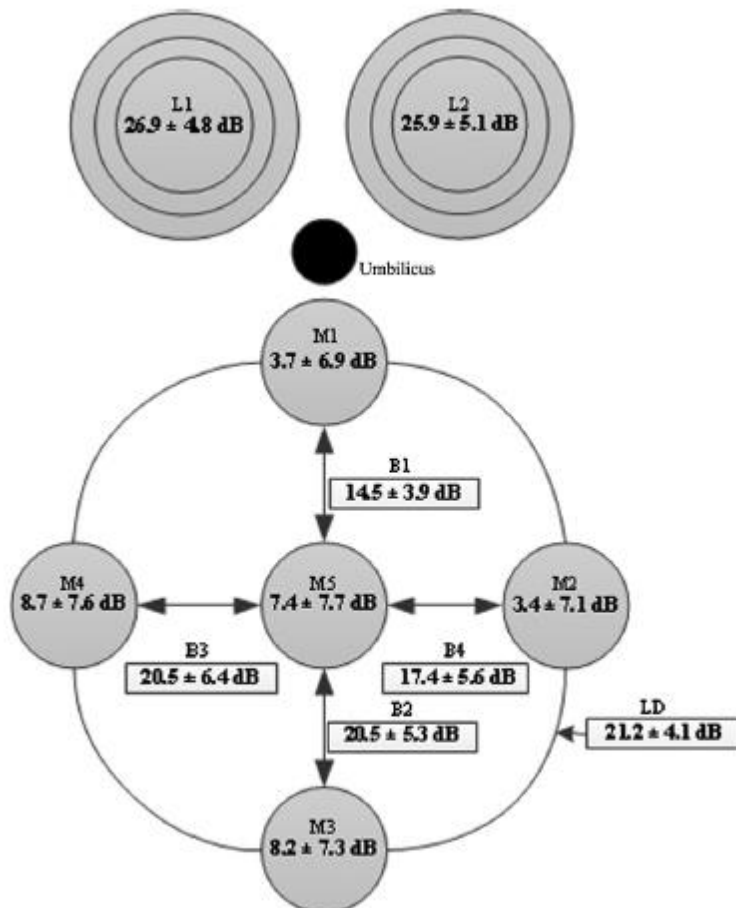


Fig. 4. Signal-to-mECG interference ratio in rest state for the different electrode arrangements and recording techniques.

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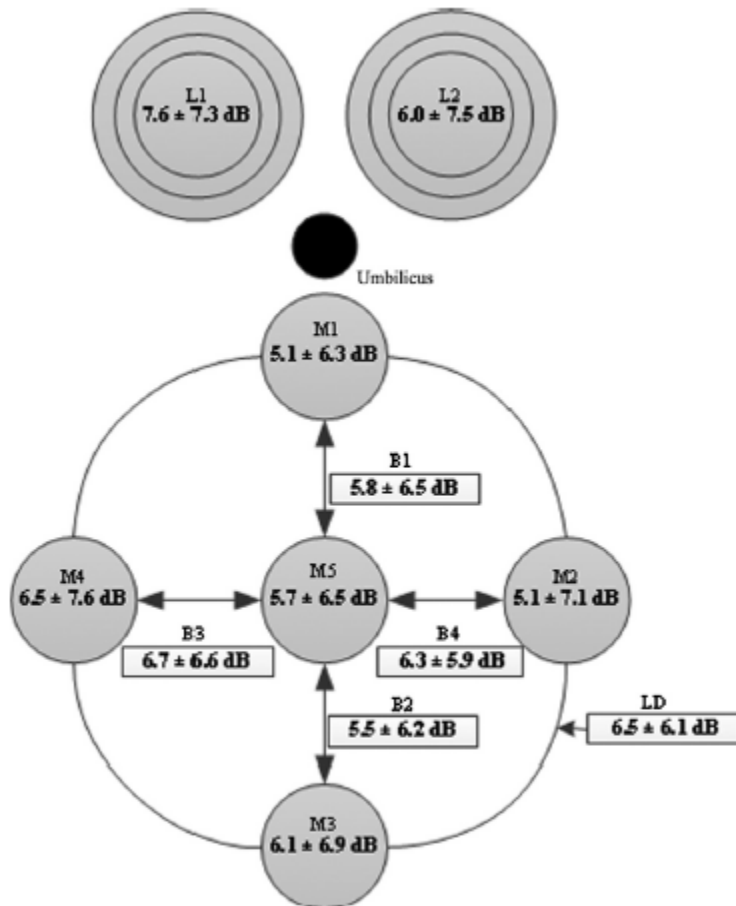


Fig. 5. Signal-to-noise ratio in contraction period for the different electrode arrangements and recording techniques.

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Table 2
Contractions consistency index to compare TOCO, IUP and EHG.

Channel	N_T	N_E	CCI (%)
<i>Contractions consistency index (CCI)</i>			
M1	479	417	93.39
M2	479	384	89.30
M3	479	399	91.20
M4	479	382	89.04
M5	479	392	90.32
B1	479	423	94.10
B2	479	397	90.95
B3	479	404	91.82
B4	479	379	88.65
LD	479	384	89.30
L1	479	336	82.76
L2	479	288	75.39
TOCO	479	289	63.77

NE, number of detected contractions in EHG or TOCO signal; NC, number of consistent contractions; monopolar: M1, M2, M3, M4, and M5; bipolar: B1, B2, B3, B4; discrete Laplacian: LD, annular ringed electrode: L1, L2.

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Table 1
Demographic and clinical characteristics of participants.

Parameter	Range	Average \pm SD
Maternal BMI	23–36 kg/m ²	30.8 \pm 4 kg/m ²
Parity	0–2	0.5 \pm 0.8
Gestation	37 wk+0 d \pm 41 wk+6 d	39 wk+2 d \pm 1 wk+1 d
Initial cervical dilatation, cm	2–8 cm	3.5 \pm 1.5 cm
Mode of delivery	No. of parturients	Percentage
Normal vaginal delivery	17	77.28%
Cesareansection	5	22.72%
Vacuum-assisted vaginal delivery	0	0
Augmentation of labour with oxytocin	22	100%

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