

Document downloaded from:

<http://hdl.handle.net/10251/62424>

This paper must be cited as:

Conidi, C.; Rodríguez López, AD.; Garcia-Castello, EM.; Cassano, A. (2015). Purification of artichoke polyphenols by using membrane filtration and polymeric resins. *Separation and Purification Technology*. 144(1):153-161.



The final publication is available at

<http://dx.doi.org/10.1016/j.seppur.2015.02.025>

Copyright Elsevier

Additional Information

Research highlights

- Phenolic compounds were recovered, concentrated and purified from artichoke wastewaters
- Artichoke wastewaters were clarified by UF with tubular ceramic membranes
- The UF permeate was concentrated by NF with a spiral-wound polymeric membrane
- Macroporous resins were tested to produce purified phenolics from the NF retentate
- Samples were analysed for total antioxidant activity, sugars and phenolic compounds

1 **Purification of artichoke polyphenols by using**
2 **membrane filtration and polymeric resins**

3 C. Conidi¹, A.D. Rodriguez-Lopez², E.M. Garcia-Castello³, A. Cassano*¹

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

*¹Institute on Membrane Technology, ITM-CNR,
c/o University of Calabria, via P. Bucci, 17/C, I-87030 Rende (Cosenza), Italy*
*²Department of Chemical and Nuclear Engineering,
c/o Universitat Politècnica de València, Camino de Vera, s/n. 46022, Valencia, Spain*
*³Instituto de Ingeniería de Alimentos para el Desarrollo,
c/o Universitat Politècnica de València, Camino de Vera, s/n. 46022, Valencia, Spain*

*Corresponding Author. Tel.: +39 0984 492067; fax: +39 0984 402103.
E-mail address: a.cassano@itm.cnr.it

30 **Abstract**

31 The present study aimed at evaluating the potential of an integrated process based on the
32 use of membrane technology and adsorbent resins for the recovery, concentration and
33 purification of phenolic compounds from artichoke wastewaters.

34 In particular, artichoke wastewaters coming from the blanching step were pre-treated by
35 ultrafiltration (UF) in order to remove suspended solids and macromolecular
36 compounds. The UF permeate was submitted to a nanofiltration (NF) process producing
37 a concentrated fraction enriched in phenolic and sugar compounds.

38 Three different macroporous resins were tested through adsorption/desorption methods
39 to produce purified phenolic fractions with high antioxidant activity. Samples produced
40 in UF, NF and adsorption-desorption tests were assayed for phenolic composition
41 (chlorogenic acid and apigenin 7-O-glucoside), sugar composition (fructose, glucose
42 and sucrose) and antioxidant activity.

43 Among the three different tested resins, the S 7968 offered the best performance in
44 terms of adsorption/desorption ratio for chlorogenic acid, with a total
45 adsorption/desorption yield (TADY) of 63.39%; for the apigenin 7-O-glucoside the S
46 7968 and the S 2328 resins showed a TADY in the range 68.31-78.45%.

47

48 *Keywords:* Artichoke wastewaters; Ultrafiltration; Nanofiltration; Macroporous resins;
49 Phenolic compounds.

50

51 **1. Introduction**

52 The artichoke (*Cynara scolymus* L.) is an ancient herbaceous perennial plant typically
53 cultivated in the Mediterranean area with the main producers being Italy and Spain,
54 where its commercial production contributes substantially to the agro-economy [1].

55 The results of different clinical investigations have widely demonstrated the health-
56 protective potential of artichoke extracts in terms of hepatoprotective, anticarcinogenic,
57 antibacterial, anti-HIV and hypocholesterolemic activity [2,3]. These properties are
58 linked to their special composition which includes high levels of phenolic compounds
59 and inulin. In particular, mono- and di-isomers of caffeoylquinic acids (chlorogenic acid
60 and cynarin) and flavonoid O-glycosides (luteolin and apigenin derivatives) have been
61 identified as the main responsible compounds for the biological properties of artichoke
62 extracts and their marked antioxidant activity [4-8].

63 The artichoke-based industry generates huge amounts of agricultural waste (up to 60%
64 of the harvested product) consisting mainly of the leaves, stems and the external parts of
65 the flower which are not suitable for human consumption. Blanching waters represent
66 additional residues of the canning artichoke industry.

67 The management of artichoke processing wastes is a serious environmental issue due to
68 their perishable character. The common disposal of artichoke byproducts is as organic
69 mass, animal feedstuff [9], ensilage [10], fiber and fuel production [11].

70 There is a considerable interest in preventive medicine and in the food industry in the
71 development of natural antioxidants from botanic sources. Therefore, research efforts
72 have been intensified to discover and utilize methods for the extraction, separation and
73 purification of these compounds from artichoke by-products. **The recovery of**
74 **polyphenols is nowadays conducted in distinct steps following the so-called "5-Stages**
75 **Universal Recovery Processing" [12].** Feasible protocols based on the use of methanol

76 and water extractions to obtain phenolic-rich extracts [13] and inulin [14] from
77 artichoke agroindustrial wastes have been proposed. Separation methods for the
78 enrichment of phenolic compounds from plant-based materials, including liquid-liquid
79 extraction, ultrasound-assisted extraction, heat treatment, enzyme-assisted extraction,
80 supercritical fluid extraction and chromatography have been recently reviewed by
81 Azmir et al. [15]. Unfortunately, most of these methodologies cause the degradation of
82 the targeted compounds due to high temperature and long extraction times as in solvent
83 extractions, or pose some health-related risks due to the unawareness of safety criteria
84 during irradiation. The requirement of costly and high purity solvents with low selective
85 extractions are additional drawbacks for large scale productions.

86 Membrane processes offer several advantages (low temperature, absence of phase
87 transition and low energy consumption) when compared with conventional technologies
88 for concentrating and/or fractionating bioactive phenolic compounds from different
89 vegetable sources. In particular, pressure-driven membrane technologies, such as
90 ultrafiltration (UF) and nanofiltration (NF), have been widely investigated for the
91 recovery and concentration of bioactive compounds from natural products and by-
92 products of their industrial transformation [16,17]. Successful applications include the
93 concentration by NF of biologically active compounds from mate (*Ilex paraguariensis*)
94 [18], *Sideritis* ssp. L. (an endemic plant of the Balcan Peninsula) [19] and coffee
95 extracts [20], the fractionation of proanthocyanidins from winery extracts [21], the
96 recovery of phenolic compounds from bergamot juice [22] and orange press liquor [23].
97 The integration of UF and NF units have been also proposed for the production of soy-
98 protein hydrolysate with high antioxidant capacity [24], for the concentration of
99 anthocyanin extracts from aronia fruits (black chokeberry) [25] and for the enrichment

100 of polyphenolic compounds relatively to other compounds such as carbohydrates in
101 ethanolic extracts of *Eucalyptus globulus* bark [26].

102 The combination of membrane operations with other conventional separation
103 technologies (i.e. adsorption, precipitation, crystallization) offers new and interesting
104 perspectives in order to increase the selectivity of the process [27]. For example, the
105 combination of adsorption/desorption with UF and UF-NF coupled processes, have
106 been applied to isolate total polyphenols and caffeic acid from *Green tea leaves* [28]
107 and to purify phenolics compounds in distilled **grape** pomace press liquors in order to
108 increase the antioxidant capacity of the final products [29].

109 **In a previous work the combination of two different NF membranes was proposed in**
110 **order to obtain two enriched fractions containing phenolic compounds and sugars,**
111 **respectively, from ultrafiltered artichoke wastewaters [30].**

112 **This work was aimed at evaluating the potential of an integrated system based on the**
113 **combination of membrane processes and polymeric resins for the selective purification**
114 **of polyphenols with desirable biofunctional properties from artichoke wastewaters.** In
115 particular, artichoke wastewaters were clarified by UF in order to remove
116 macromolecular compounds and suspended solids. The UF permeate was then
117 submitted to a NF process in order to obtain concentrated fractions of phenolic
118 compounds and sugars and a water permeate stream which can be reused in the
119 artichoke processing industry. The NF retentate was submitted to an
120 adsorption/desorption treatment by using three different macroporous resins in order to
121 purify phenolic compounds, such as chlorogenic acid (CA) and apigenin 7-O-glucoside
122 (AOG) from sugars. Fractions coming from the membrane processes (UF and NF) were
123 analyzed for their content in total antioxidant activity (TAA), low molecular weight
124 polyphenols and sugars, while fractions from adsorption/desorption process were

125 analyzed in terms of low molecular weight polyphenols and sugars in order to evaluate
126 the selectivity of each step towards compounds of interest. The performance of UF and
127 NF membranes was also evaluated in terms of productivity (permeate fluxes) in selected
128 operating conditions.

129

130 **2. Material and methods**

131 *2.1. Artichoke wastewaters*

132 Artichoke wastewaters coming from the blanching step were supplied by Conservas
133 Manuel Mateo Candel S.L. (Rafal, Alicante, Spain). Before use, they were filtered
134 through a cotton fabric filter in order to remove most of suspended solids and foreign
135 materials. The prefiltered solutions were stored at -17°C and defrosted before
136 membrane processing. The physico-chemical composition of the UF feed solution is
137 provided in Table 1.

138

139 *2.2. Ultrafiltration*

140 Artichoke wastewaters were clarified by using a pilot plant consisting of a 100 L
141 stainless steel feed tank, a pre-filter system equipped with a 10 µm filter cartridge, a
142 centrifugal pump, a feed flow meter, a thermometer, two manometers for the measure of
143 the inlet and outlet pressures and a membrane module. The feed flow-rate and the
144 transmembrane pressure (TMP) values were regulated by a pressure control valve, on
145 the retentate side, and by regulating the pump velocity. A tube and shell heat exchanger,
146 placed after the feed pump, was used to maintain the feed temperature constant.

147 The plant was equipped with a tubular UF membrane module supplied by Tami
148 Industries (Nyons, France) whose characteristics are reported in Table2.

149 Artichoke wastewaters were clarified in selected operating conditions according to a
150 batch concentration configuration (permeate is collected separately and retentate is
151 recycled to the feed tank). In particular, the UF system was operated at a transmembrane
152 pressure (TMP) of 430 kPa, an axial feed flow rate of 4,000 L/h and a temperature of
153 25°C. Experimental runs were performed in triplicate. Permeate flux data were
154 expressed as mean \pm SD.

155 After each experiment the membrane was cleaned by using a 0.2% NaOH solution at
156 40°C for 1 h. Then the system was rinsed with tap water for 30 min.

157

158 2.3. Nanofiltration

159 The clarified artichoke wastewaters were submitted to a NF process performed by using
160 a laboratory plant supplied by Matrix Desalination Inc. (Florida, Usa). The equipment
161 consists of a feed tank with a capacity of 20 liters, a stainless steel housing for 2.4x21
162 inches spiral wound membrane module, a high pressure pump, two pressure gauges (0-
163 4000 kPa) for the control of the inlet and outlet pressures, a pressure control valve and a
164 coiling cool fed with tap water used to maintain the feed temperature constant.

165 The plant was equipped with a NF spiral wound membrane module (Filmtec NF 270)
166 supplied by Dow Chemicals (Minneapolis, USA) whose characteristics are reported in
167 Table 2.

168 NF experiments were carried out according to the batch concentration configuration at
169 an operating temperature of 12 °C, an axial feed flow rate of 300 L/h and a TMP of 800
170 kPa up to reach a weight reduction factor (WRF) of 5.

171 The WRF is defined as the ratio between the initial feed weight and the final retentate
172 weight, according to the following equation:

$$173 \quad WRF = \frac{W_f}{W_r} = 1 + \frac{W_p}{W_r} \quad (1)$$

174 where W_f , W_p and W_r are the weight of feed, permeate and retentate, respectively.

175 Experimental runs were performed in triplicate. Permeate flux data were expressed as
176 mean \pm SD.

177 After the artichoke wastewater treatment, the NF membrane was cleaned with a 0.05 %
178 (w/w) NaOH solution at 40°C for 1h. Then the system was rinsed with tap water for 30
179 min.

180 The effect of the UF and NF processes on the recovery of bioactive compounds was
181 measured by the rejection (R) rate according to the following equation:

$$182 \quad R = \left(1 - \frac{C_p}{C_f}\right) \cdot 100 \quad (2)$$

183 where C_p and C_f are the feed and permeate concentration of compounds of interest.

184

185 2.4. Polyphenols purification by resin adsorption

186 2.4.1. Adsorbents

187 The final retentate of the NF process was processed by using three different
188 macroporous resins based on polystyrene (Lewatit S 6328 A, Lewatit S 2328 and
189 Lewatit S 7968) from Lanxess (Leverkusen, Germany). The S 6328 A is a strongly
190 basic, macroporous anion exchange resin; the S 2328 is a food grade strongly acidic,
191 crosslinked macroporous cation exchange resin and the S 7968 is a macroporous
192 uncharged adsorbent resin (without functional groups).

193 The characteristics of the selected resins are reported in Table 3 according to the
194 manufacturer's information. Before use, adsorbents were activated as follows: 15 g of
195 each resin (wet basis, w.b.) were previously cleaned. For the S 2328 resin, the start-up
196 was performed by a sequence of water cleaning with 6% HCl and back-wash steps. For
197 the start-up of S 6328 A and S 7968 resins, 6% HCl and 4% NaOH solutions were used

198 with distilled water washes in between. Finally, for all resins, distilled water was passed
199 through resins as necessary to reach a pH close to the distilled water pH.

200

201 *2.4.2. Dynamic adsorption and desorption tests*

202 Dynamic adsorption and desorption experiments were conducted in a glass column
203 packed with 15 g (w.b.) of pre-treated resins. The bed volume (BV) of the wet-packed
204 resin was 20 mL. In order to properly compare the performance of the 3 resins, the feed
205 volume of concentrated wastewaters for all of them was fixed at 250 mL. Concentrated
206 artichoke wastewaters were pumped to the column at a flow rate of 2 ± 0.2 mL/min using
207 a peristaltic pump (Peristaltic PR-2003, JP Selecta S.A, Spain). Desorption experiments
208 were carried out with ethanol-water (70:30, v/v) solutions at a flow rate of 1 ± 0.2
209 mL/min using a fixed volume of ethanol-water of 110 mL. To follow the adsorption and
210 desorption processes, samples were collected at intervals of 30 min approx. during the
211 adsorption tests and 20 min approx. for desorption runs. All samples were later analyzed
212 by HPLC in terms of CA and AOG.

213 A schematic representation of the processing method investigated is reported in Figure
214 1.

215

216 *2.4.3. Quantification of the adsorption and desorption ratios*

217 The adsorption ratio was calculated as adsorbed weight/feed weight (%), while the
218 desorption ratio was calculated as desorbed weight/adsorbed weight (%) of the analyzed
219 polyphenols, CA and AOG.

220 For the calculation of the feed and adsorbed weight of CA and AOG, the concentration
221 of the feed and the effluent samples during the adsorption process was plotted against
222 the volume passed through the column. The area under the feed line was the weight

223 passed by the column whereas the area under the effluent samples meant the weight of
224 CA or AOG do not adsorbed. The CA and AOG adsorbed weight was calculated as the
225 difference of these feed and non adsorbed areas. In the desorption process, the CA and
226 AOG desorbed weight was directly calculated as the area of the effluent samples vs.
227 volume of ethanol-water passed through the column.

228 The total adsorption-desorption yield (TADY) was calculated as the product of both
229 adsorption and desorption ratios. To normalize and compare results obtained for the
230 investigated macroporous resins the total adsorption-desorption capacity for each resin
231 was expressed as TADY/weight of resin (%/g). Moreover, to reduce the effect of the
232 moisture content of resins, total adsorption-desorption capacities were expressed in
233 terms of the dry weight of resins.

234

235 *2.5. Analytical evaluations*

236 *2.5.1 Suspended solids*

237 The suspended solids content was determined by centrifuging at 2000 rpm for 20 min,
238 10 mL of a pre-weighted sample; the weight of settled solids was determined after
239 removing supernatant.

240

241 *2.5.2. Total soluble solids (TSS)*

242 Total soluble solids (TSS) were measured by using a hand refractometer (Atago Co.,
243 Tokyo, Japan) with scale range of 0-32 °Brix.

244

245 *2.5.3. Identification and quantification of polyphenols compounds by HPLC*

246 The content chlorogenic acid and apigenin-7-O-glucoside was determined by a Waters
247 Alliance 2695 (Milford, MA, USA) HPLC system, equipped with a vacuum degasser, a

248 binary pump, an autosampler, a thermostated column compartment, a model 2996 diode
249 array detector (DAD) and a Empower software (Waters Corporation, Milford, Ireland)
250 for data collection.

251 Chromatographic separation was performed by using a Luna C 18(2) column
252 (250×4.6mm, 5µm, Phenomenex, Torrance, CA, USA). The mobile phase consisted of
253 0.1% of HCOOH in water (eluent A) and 0.1% of HCOOH in acetonitrile (eluent B).
254 The following gradient system was used: 0 min, 90% A and 10% B; 30 min, 50% A and
255 50% B; 35 min, 0% A and 100% B. Analyses were stopped after 50 min. The system
256 was equilibrated between runs for 10 min using the start mobile phase composition. The
257 flow was maintained at 1 mL/min and the injection volume was 10 µL. Diode array
258 detection was between 200 and 600 nm.

259 Prior to HPLC analysis, all samples were filtered by using 0.45 µm nylon filters. All
260 polyphenols were identified by matching the retention time and their spectral
261 characteristics against those of standards. Quantification was made according to the
262 linear calibration curves of standard compounds.

263

264 *2.5.4. Identification and quantification of glucose, fructose and sucrose*

265 Analyses of sugars were performed by a high performance anion exchange
266 chromatography coupled with pulsed amperometric detection (HPAEC-PAD). The
267 separation was performed by using a Metrosep Car B (250×4.6mm, from Metrohn)
268 column. The following conditions were used: flux, 1mL/min; temperature of detector,
269 32°C; pressure: 9-10MPa; mobile phase, NaOH 0.1 M (isocratic elution). Prior to
270 HPAEC analysis, all samples were filtered by using 0.45 µm nylon filters and diluted
271 1:25 with bidistilled water.

272

273 2.5.5. Antioxidant activity in “vitro”

274 The total antioxidant activity in samples coming from the UF and NF processes was
275 measured by the DPPH method [31]. An aliquot of 0.2 mL of diluted sample was added
276 to 3.8 mL of DPPH solution (60 µM in Methanol). The absorbance was measured at $t=0$
277 and $t=30$ min at 515 nm. The antioxidant capacity was expressed as a percentage of
278 inhibition of DPPH radical according to the following equation:

279 % inhibition of DPPH radical = $\left(\frac{A_c(0) - A_a(30)}{A_c(0)} \right) * 100$ (3)

280 where $A_{c(0)}$ is the absorbance of the control at $t=0$ min and $A_{a(30)}$ the absorbance of the
281 antioxidant at $t= 30$ min. Results were expressed as mM Trolox equivalent.

282

283 2.5.6. Determination of the moisture content of resins

284 For the determination of the moisture content of resins, 15 g (w.b.) of each resin were
285 spread in a petri dish and left stand at room temperature during 24 h. Afterwards, petri
286 dishes were introduced in a vacuum oven at 60°C and weighted regularly until reaching
287 a constant weight.

288

289 **3. Results and discussion**

290 3.1. Ultrafiltration of artichoke wastewaters

291 Figure 2 shows the time evolution of the permeate flux referred to the clarification of
292 artichoke wastewaters by UF in the selected operating conditions.

293 The results showed that the permeate flux declined immediately after starting the
294 process, due to the accumulation of artichoke wastewaters components in the pores
295 (membrane fouling) and on the membrane surface (concentration polarization and gel
296 formation). The J_p vs time curve could be divided in three periods: a first step
297 characterised by a rapid decrease of permeate flux from the initial value of 82 kg/m²h; a

298 second step corresponding to a smaller decrease of permeate flux; a third period
299 characterised by a small decrease of permeate flux up to a steady-state value of about 20
300 $\text{kg/m}^2\text{h}$. A similar behavior was observed by Wallberg and Jonsson [32] in the treatment
301 of kraft black liquors by using a 15 kDa ceramic UF membrane at lower TMP values
302 (100 kPa).

303 The alkaline cleaning of the UF membrane according to the selected protocol (0.2%
304 NaOH, 40 °C, 1h) produced a water flux recovery of 77% due to an irreversible fouling
305 component.

306 The physico-chemical composition of artichoke wastewaters before and after the UF
307 process is reported in Table 1. The UF membrane retained all suspended solids
308 producing a clear artichoke wastewaters; the content of TSS and pH remained
309 unchanged in the UF permeate.

310 A little decrease of polyphenols was observed in the clarified fraction. Particularly, the
311 content of apigenin 7-0-glucoside in the UF permeate was 6% lower than the feed
312 solution while the content of chlorogenic acid remained unchanged. The TAA of the
313 initial solution was very well preserved after the clarification process: the UF membrane
314 showed a low rejection towards this parameter (1%). Similar results were obtained by
315 Galanakis et al. [33,34] in the clarification of high-added value products from olive mill
316 wastewaters by using polysulphone UF membranes with a MWCO of 25 kDa.

317 These membranes were able to partially remove the heavier fragments of
318 hydroxycinnamic acid derivatives and flavonols, and simultaneously to sustain the
319 antioxidant properties of the phenol containing beverage in the permeate stream.

320 By referring to the analyses of sugar compounds, a low rejection towards glucose and
321 fructose was measured (1.5-2.5%, respectively), while the observed rejection towards
322 sucrose was of 8.57%. Adversely, Gullón et al. [35] measured a higher rejection

323 towards glucose (about 35%) using a 15 kDa ceramic membrane in the treatment of
324 liquors from *Eucalyptus globulus* autohydrolysis.

325

326 3.2. Nanofiltration of clarified artichoke wastewaters

327 In order to concentrate the phenolic compounds and sugars in artichoke wastewaters,
328 the UF permeate was processed by NF. The behavior of the permeate flux as function of
329 the operating time and WRF during the NF process, in selected operating conditions, is
330 showed in Figure 3. A decrease in permeate flux (from an initial value of 10.3 kg/m²h
331 up to a steady-state value of about 4 kg/m²h) was observed throughout the time, due to
332 different factors:

- 333 1) the osmotic pressure increases due to the increment of the concentration of small
334 molecules, mainly sugars and low molecular weights polyphenols, in the
335 retentate, and consequently on the membrane surface;
- 336 2) increasing of the viscosity of the concentrated fraction;
- 337 3) fouling phenomena due to the reversible or irreversible adhesion of the
338 molecules on the membrane surface or inside the pores which reduces their
339 diameter.

340 This behavior was similar to that observed by Xu and Wang [36] in the concentration of
341 flavonoids from aqueous *Ginkgo biloba* extract by NF. These authors obtained permeate
342 fluxes between 5.9 and 9.5 L/m²h operating at pressures of 1200 kPa and temperatures
343 of 35-40 °C. Similarly, Warczok et al. [37] obtained permeate flux values between 1.8
344 and 5.9 L/m²h in the concentration of apple juice operating at 1200 kPa and 30 °C.
345 Operating at lower pressures and temperatures (300 kPa and 24 °C, respectively)
346 Negrão Murakami et al. [18] obtained average permeate fluxes of about 4.53 L/m²h in

347 the concentration of phenolic compounds from an aqueous mate extract by using a
348 spiral-wound NF membrane with a MWCO of 150-300 Da.

349 A complete recovery (about 99%) of the initial water permeability was obtained after a
350 cleaning of the NF membrane with a 0.05% (w/w) NaOH solution.

351 In Table 4 the content of low molecular weight polyphenols (chlorogenic acid and
352 apigenin 7-O-glucoside), sugars (glucose, fructose and sucrose) and TAA in the
353 different fractions of the NF process is reported.

354 The NF membrane presented a very high retention towards phenolic compounds: no
355 phenolics compounds were detected in the NF permeate allowing to verify the
356 efficiency of the membrane concentration process. The obtained results were also
357 confirmed by the HPLC profile (Figure 4): a remarkable increase of the peaks (1-2)
358 corresponding to the chlorogenic acid and apigenin 7-O-glucoside, respectively, was
359 observed. The concentrated fraction showed a high value of the antioxidant activity in
360 “vitro” (43 mM of Trolox in comparison with 13 mM Trolox of the NF feed) as a
361 consequence of the concentration of phenolic compounds. Accordingly, a low
362 antioxidant capacity was detected in the NF permeate due to the absence of phenolic
363 compounds. This is in agreement with results obtained by Gouveia and Castilho [38]
364 which reported a decrease in the antioxidant potential of artichoke dietary supplements
365 due to the absence of phenolic compounds. A correlation between the caffeoylquinic
366 and chlorogenic acids content and the radical scavenging activities of artichoke has
367 been also reported in literature [6,39].

368 The NF membrane showed also a high retention towards glucose, fructose and sucrose.
369 Consequently, the NF permeate is completely depleted of sugar compounds as showed
370 in Figure 5. This is in agreement with the estimated molecular weight cut-off (250 Da)
371 of the NF membrane and the molecular weight cut-off of the analyzed compounds (in

372 the range 180-480 g/mol). Therefore, the size exclusion can be considered as the
373 dominant phenomenon during the separation process, while the concepts of polarity
374 resistance and induced concentration polarization affected it to a lesser extent [40].
375 Cissè et al. [41] reported similar results in terms of high rejection towards TSS and
376 anthocyanins during the treatment of clarified roselle extract by using the same NF
377 membrane. Similarly, Giacobbo et al. [42] suggested a concentration of sugars and
378 polyphenols during the treatment of winery effluents with the NF 270 membrane. A
379 rejection of 90% towards glucose model solutions was also measured with this
380 membrane by Mänttari et al. [43].

381

382 3.3. Selection of macroporous resins for the purification of phenolics compounds

383 The moisture content for S 2328, S 6328 A and S 7968 adsorption resins was of
384 $67.3\pm 1.6\%$, $48.6\pm 1.7\%$ and $61.3\pm 1.6\%$, respectively. The different tested resins showed
385 different results in terms of adsorption ratio and desorption ratio of the analyzed
386 polyphenols (chlorogenic acid and apigenin 7-O-glucoside).

387 According to data reported in Table 5, the macroporous S 7968 resin presented the
388 highest adsorption ratio for both CA and AOG (81.35% and 100%, respectively).
389 Adversely, the S 2328 resin showed the lowest adsorption ratios (26.65% for CA and
390 85.70% for AOG), while the S 6328 A resin showed a low adsorption ratio (38.38%) for
391 CA and a high adsorption ratio (99.88%) for AOG. The low adsorption ratio of the S
392 2328 resin may be explained assuming that the low affinity of the analyzed compounds
393 with cation exchangers. Kammerer et al. [44] showed a low binding rate of phenolic
394 compounds, particularly chlorogenic and caffeic acids, with a cationic Lewatit S 2328
395 resin as compared to the anion exchange and adsorbent resins.

396 Results related to the desorption process of CA and AOG by elution with 70%
397 ethanol/water are also reported in Table 5. For CA, good desorption ratios, between
398 72.74 and 77.92% were detected for all the investigated resins. For AOG the range of
399 desorption ratios was wider (20.78-91.54%) than that observed for CA, with the S 2328
400 resin showing the highest desorption ratio.

401 **Regarding the total adsorption-desorption yield,** for the CA it was found that the S 7968
402 resin showed the highest performance (63.39%), while the worst TADY was given by
403 the S 2328 resin (19.40%). For the AOG, the S 6328 A was by far the resin with lowest
404 TADY (20.76%), while S 2328 and S 7968 resins, showed not very different
405 performances (78.45% and 68.31%, respectively). **In Table 5 are also listed the TADY**
406 **results in wet and dry basis.** According to these data, the S 6328 A resin presented the
407 lowest TADY (d.b.) for both CA and AOG. The S 2328 resin gave the best performance
408 for AOG but it cannot be selected for CA. On the other hand, the S 7968 resin could be
409 considered suitable for the recovery of both CA and AOG.

410 Table 6 shows the content of sugar compounds in the NF retentate and in the desorbed
411 fractions of each investigated resins. As it can be seen sugar compounds were quite
412 totally recovered in the desorbed fraction independently on the type of resin.

413 According to these results and considering a NF retentate volume to be treated of 1 L,
414 two options based on the sequential use of both S 2328 and S 7968 resins were
415 proposed for the recovery of CA and AOG. **In both cases, some amount of polyphenols**
416 **get retained by resin matrix (less than 25%).** For the first option (Figure 6a), expected
417 values for the recovery of CA and AOG in each stream involved are also reported. The
418 first option consists in a previous use of S 2328 resin in which CA and AOG are
419 fractioned so that in the product of the desorption step, most AOG of the feed is
420 obtained, representing the 43.6% of the total polyphenol content in this desorbed

421 stream. On the other hand, most CA from the feed is obtained in the not adsorbed
422 stream, representing the 96.4% of the total polyphenols. In case pure CA would be
423 desirable, the use of S 7968 resin would be recommended.

424 The second option (Figure 6b) is based on the use of the S 7968 resin first and then
425 AOG is completely adsorbed so that a stream of pure CA can be obtained. When
426 desorption of the resin is performed AOG represents only the 17.1% of the total
427 polyphenols. If a major fractionation of CA and AOG is required, the desorbed stream
428 from the S 7968 resin can be used as feed for the S 2328 resin, obtaining a stream of not
429 adsorbed polyphenols with a 96.2% of CA and a desorbed stream containing close to
430 50% of AOG.

431

432 **4. Conclusions**

433 An integrated process based on the use of membrane operations such as UF and NF and
434 adsorbents resins, in a sequential form, was proposed for the concentration and
435 purification of phenolic compounds from artichoke wastewaters.

436 Suspended solids and macromolecular compounds were completely removed from the
437 artichoke wastewaters by UF producing a permeate stream enriched in phenolic
438 compounds and sugars.

439 Phenolic compounds were concentrated by NF with a production of a retentate stream
440 containing about 1.6 g/L of CA and 0.3 g/L of AOG.

441 Among the three different tested resins, the S 7968 offered the best performance in
442 terms of adsorption/desorption ratio for CA, with a TADY of 63.39%; while for the
443 AOG the S 7968 and the S 2328 resins showed a TADY in the range 68.31-78.45%.

444 **The global results indicate that the integration of membrane operations with adsorbents**
445 **resins can be an interesting approach for the purification of phenolic compounds from**

446 artichoke wastewaters. In particular, the combination of an adsorption/desorption
447 system with a membrane filtration system produces a more purified fraction of phenolic
448 compounds if compared to an integrated system fully based on the use of membranes.
449 Although the set-up of the process has been structured on lab scale experiments future
450 developments could lead to its implementation on pilot or industrial scale.

451

452 **Acknowledgements**

453 This work was partially supported by the “POR Calabria FSE 2007/2013, Asse IV,
454 Obiettivo operativo M2” (postdoctoral fellowship).

455 Authors acknowledge the Vicerrectorado de Investigación of the “Universitat
456 Politècnica de València” for the financial support (project 1965) from the call
457 “Proyectos de Nuevas Líneas de Investigación Mul-tidisciplinarios (PAID05-11)”.

458 The Authors gratefully acknowledge also Conservas Manuel Mateo Candel S.L. (Rafal,
459 Alicante, Spain) for providing the blanching artichoke wastewater and Lanxess
460 Chemicals, S.L. (Barcelona, Spain) for providing the Lewatit resins.

461

462 **References**

- 463 [1] V. Lattanzio, P.A. Kroon, V. Linsalata, A. Cardinali, Globe artichoke: A
464 functional food and source of nutraceutical ingredients, *J. Funct. Food.* 1 (2009)
465 131-144.
- 466 [2] R. Gebhardt, Antioxidative and protective properties of extracts from leaves of the
467 Artichoke (*Cynara scolymus* L.) against hydroperoxide-induced oxidative stress
468 in cultured hepatocytes, *Toxicol. Appl. Pharmacol.* 144 (1997) 279-286.
- 469 [3] N. Mulinacci, D. Prucher, M. Peruzzi, A. Romani, P. Pinelli, C. Giaccherini, F.F.
470 Vincieri, Commercial and laboratory extracts from artichoke leave: estimation of

- 471 caffeyl esters and flavonoidic compounds content, J. Pharm. Biomed. Anal. 34
472 (2004) 349-357.
- 473 [4] I.M. Abu-Reidah, D. Arraez-Roman, A. Segura-Carretero, A. Fernandez-
474 Gutierrez, Extensive characterisation of bioactive phenolic constituents from
475 globe artichoke (*Cynara scolymus L.*) by HPLC-DAD-ESI-QTOF-MS, Food
476 Chem. 141 (2013) 2269-2277.
- 477 [5] A. Garbetta, I. Capotorto, A. Cardinali, I. D'Antuono, V. Linsalata, F. Pizzi, F.
478 Minervini, Antioxidant activity induced by main polyphenols present in edible
479 artichoke heads: influence of *in vitro* gastro-intestinal digestion, J. Funct. Food.
480 10 (2014) 456-464.
- 481 [6] M. Lutz, C. Henríquez, M. Escobar, Chemical composition and antioxidant
482 properties of mature and baby artichokes (*Cynara scolymus L.*), raw and cooked,
483 J. Food Compos. Anal. 24 (2011) 49-54.
- 484 [7] D. Negro, V. Montesano, S. Grieco, P. Crupi, G. Sarli, A. De Lisi, G. Sonnante,
485 Polyphenols Compounds in Artichoke Plant Tissues and Varieties, J. Food Sci. 77
486 (2002) C244-C251.
- 487 [8] X. Wu, G. Beecher, J. Holden, D. Haytowitz, S. Gebhardt, R. Prior, Lipophilic
488 and hydrophilic antioxidant capacities of common foods in United States, J.
489 Agric. Food Chem. 52 (2004) 4026-4037.
- 490 [9] A. Martínez Teruel, J. Sánchez, M.D. Megías, J.A. Barrera, A., Yañez, F.
491 Ruíperéz, Using of forages and byproducts in dairy cows farms of Murcia Region,
492 Arch. Zootec. 47 (1998) 33-42.
- 493 [10] M.D. Megías, A. Martinez-Teruel, M.R. Hernandez, Potential environmental
494 impact of effluents from the artichoke (*Cynara scolymus L.*) by product ensiling
495 process using additives, J. Agric. Food Chem. 47 (1999) 2455-2458.

- 496 [11] A. Femenia, A. Robertson, K. Waldron, R. Selvendran, Cauliflower (*Brassica*
497 *oleracea* L.), Globe artichoke (*Cynara scolymus* L.) and Cichory Witloof
498 (*Cichorium intybus*) processing by-products as sources of dietary fibre, *J. Sci.*
499 *Food Agric.* 77 (1998) 511-518.
- 500 [12] C.M. Galanakis, Recovery of high added-value components from food wastes:
501 Conventional, emerging technologies and commercialized applications, *Trends*
502 *Food Sci. Technol.* 26 (2012) 68-87.
- 503 [13] R. Llorach, J.C. Espin, F.A. Tomas-Barberan, F. Ferreres, Artichoke (*Cynara*
504 *scolymus* L.) by products as a potential source of health-promoting antioxidant
505 phenolics, *J. Agric. Food Chem.* 50 (2002) 3458-3464.
- 506 [14] D. López-Molina, M.D. Navarro-Martínez, F.R. Melgarejo, A.N.P. Hiner, S.
507 Chazarra, J.N. Rodríguez-López, Molecular properties of prebiotic effect of inulin
508 obtained from artichoke (*Cynara Scolymus* L.), *Phytochemistry* 66 (2005) 1476-
509 1484.
- 510 [15] J. Azmir, I.S.M. Zaidul, M.M., Rahman, K.M., Shari, A. Mohamed, F. Sahena,
511 M.H.A. Jahurul, K. Ghafoor, N.A.N. Norulaini, .A.K.M. Omar, Techniques for
512 extraction of bioactive compounds from plant material: A review, *J. Food Eng.*
513 117 (2013) 426-436.
- 514 [16] E. Conde, B. Diaz-Reinoso, M.J. Gonzáles-Muños, A. Moure, H. Domínguez,
515 J.C. Parajó, Recovery and concentration of antioxidants from industrial effluents
516 and from processing streams of underutilized vegetal biomass, *Food Pub. Health* 3
517 (2013) 69-91.
- 518 [17] C. Galanakis, Recovery of high added-value components from food wastes:
519 conventional, emerging technologies and commercialized applications, *Trends*
520 *Food Sci. Technol.* 26 (2012) 68-87.

- 521 [18] A.N. Negrão Murakami, R.D. de Mello Castanho Amboni, E.S. Prudêncio, E.R.
522 Amante, L.M. Zanotta, M. Maraschin, J.C. Cunha Petrus, R.F. Teófilo,
523 Concentration of phenolic compounds in aqueous mate (*Ilex paraguariensis* A. St.
524 Hill) extract through nanofiltration, LWT-Food Sci. Technol. 44 (2011) 2211-
525 2216.
- 526 [19] B. Tylkowski, I. Tsibranska, R. Kochanov, G. Peev, M. Giamberini,
527 Concentration of biologically active compounds extracted from *Sideritis* ssp. L.
528 by nanofiltration, Food Bioprod. Process. 89 (2011) 307-314.
- 529 [20] B. Pan, P. Yan, X. Li, Concentration of coffee extract using nanofiltration
530 membranes, Desalination 317 (2013) 127-131.
- 531 [21] B. Santamaria, G. Salazar, S. Beltrán, J.L. Cabezas, Membrane sequences for
532 fractionation of polyphenolic extracts from defatted milled grape seeds,
533 Desalination 148 (2002) 103-109.
- 534 [22] C. Conidi, A. Cassano, E. Drioli, A membrane-based study for the recovery of
535 polyphenols from bergamot juice, J. Membr. Sci. 375 (2011) 182-190.
- 536 [23] C. Conidi, A. Cassano, E. Drioli, Recovery of phenolic compounds from orange
537 press liquor by nanofiltration, Food Bioprod. Process. 90 (2012) 867-874.
- 538 [24] S. Ranamukhaarachchi, L. Meissner, C. Moresoli, Production of antioxidant soy
539 protein hydrolysates by sequential ultrafiltration and nanofiltration, J. Membr. Sci.
540 429 (2013) 81-87.
- 541 [25] B. Gilewicz-Łukasik, S. Koter, J. Kurzawa, Concentration of anthocyanins by the
542 membrane filtration, Sep. Purif. Technol. 57 (2007) 418-424.
- 543 [26] C.R. Pinto Paula, I.F. Mota, J.M. Loureiro, A.E. Rodriguez, Membrane
544 performance and application of ultrafiltration and nanofiltration to ethanol/water
545 extract of Eucalyptus bark, Sep. Purif. Technol. 132 (2014) 234-243.

- 546 [27] I. Tsibranska, I. Saykova, Combining nanofiltration and other separation methods
547 (Review), *J. Chem. Technol. Metall.* 48 (2013) 333-340.
- 548 [28] P. Li, Y. Wang, R. Ma, X. Zhan, Separation of tea polyphenols from Green Tea
549 Leaves by a combined CATUFM-adsorption resin process, *J. Food Eng.* 67
550 (2005) 253-260.
- 551 [29] B. Díaz-Reinoso, N. Gonzáles-López, A. Moure, H. Domínguez, J.C. Parajo,
552 Recovery of antioxidants from industrial waste liquors using membranes and
553 polymeric resins, *J. Food Eng.* 96 (2010) 127-133.
- 554 [30] C. Conidi, A. Cassano, E. Garcia-Castello, Valorization of artichoke wastewaters
555 by integrated membrane operations, *Water Res.* 48 (2014) 363-374.
- 556 [31] A. Arnous, P.D. Makris, P. Kefalas, Effect of principal polyphenolic components
557 in relation to antioxidant characteristics of aged red wines, *J. Agric. Food Chem.*
558 49 (2001) 5736-5742.
- 559 [32] O. Wallberg, A.S. Jonsson, Influence of the membrane cut-off during
560 ultrafiltration of kraft black liquor with ceramic membranes, *Chem. Eng. Res.*
561 *Des.* 81 (2003) 1379-1384.
- 562 [33] C.M. Galanakis, E. Tornberg, V. Gekas, Clarification of high-added value
563 products from olive mill wastewater, *J. Food Eng.* 99 (2010) 190-197.
- 564 [34] C.M. Galanakis, Separation of functional macromolecules and micromolecules:
565 From ultrafiltration to the border of nanofiltration, *Trends Food Sci. Technol.*
566 (2014), <http://dx.doi.org/10.1016/j.tifs.2014.11.005>.
- 567 [35] P. Gullón, M.J. González-Muñoz, H. Domínguez, J.C. Parajó, Membrane
568 processing of liquors from *Eucalyptus globulus* autohydrolysis, *J. Food Eng.* 87
569 (2008) 257–265.

- 570 [36] L. Xu, S. Wang, The *Ginko biloba* extract concentrated by nanofiltration.
571 Desalination 184 (2005) 305-313.
- 572 [37] J. Warczok, M. Ferrando, F. López, C. Güell, Concentration of apple and pear
573 juice by nanofiltration at low pressures, J. Food Eng. 63 (2004) 63-70.
- 574 [38] S.C. Gouveia, P.C. Castilho, Phenolic composition and antioxidant capacity of
575 cultivated artichoke, Madeira cardoon and artichoke-based dietary supplements,
576 Food Res. Int. 48 (2012) 712-724.
- 577 [39] X. Yuan, G. Mingzhe, H. Xiao, T. Chengyu, D. Yuguang, Free radical scavenging
578 activities and bioactive substances of Jerusalem artichoke (*Helianthus tuberosus*
579 L.) leaves, Food Chem. 133 (2012) 10-14.
- 580 [40] C.M. Galanakis, S. Chasiotis, G. Botsaris, V. Gekas, Separation and recovery of
581 proteins and sugars from Halloumi cheese whey, Food Res. Int. 65 (2014) 477-
582 483.
- 583 [41] M. Cissé, F. Vaillant, D. Pallet, M. Dornier, Selecting ultrafiltration and
584 nanofiltration membranes to concentrate anthocyanins from roselle extract
585 (*Hibiscus sabdariffa* L.), Food Res. Int. 44 (2011) 2607-2614.
- 586 [42] A. Giacobbo, A.M. Bernardes, M. de Pinho, Nanofiltration for the recovery of
587 low molecular weight polysaccharides and polyphenols from winery effluents,
588 Sep. Sci. Technol. 48 (2013) 2524-2530.
- 589 [43] M. Mänttari, T. Pekuri, M. Nyström, NF270 a new membrane having promising
590 characteristics and being suitable for treatment of dilute effluents from the paper
591 industry, J. Membr. Sci. 242 (2004) 107-116.
- 592 [44] J. Kammerer, D.R. Kammerer, R. Carle, Impact of saccharides and amino acids
593 on the interaction of apple polyphenols with ion exchange and adsorbent resins, J.
594 Food Eng. 98 (2010) 230-239.

Table 1 - General composition of artichoke wastewaters before and after the UF process

Parameters	Feed	Permeate	Retentate
pH	4.18 ±0.03	4.12±0.12	4.16 ±0.60
TSS (°Brix)	2.3±0.1	2.3±0.1	2.6±0.1
Suspended solids (%)	3.08±0.08	n.d.	3.17±0.07
TAA (mM Trolox)	13.2±0.2	13.0 ±0.2	13.1±0.1
Chlorogenic acid (ppm)	560.1±1.3	555.4±1.2	556.20±3.0
Apigenin-7-O-glucoside (ppm)	80.0±1.3	75.0±0.2	81.0±2.1
Glucose (ppm)	1422.0±2.5	1400.0±3.2	1450.0±1.7
Fructose (ppm)	614.0±2.1	600.0±2.3	627.0±2.7
Sucrose (ppm)	350.0±2.4	320.0±3.1	365.0±3.7

Table 2 - Characteristics of UF and NF membranes

Membrane type	Inside Ceram	NF 270
Manufacturer	Tami industries	Dow-Filmtec
Material	TiO ₂	Polyamide
Configuration	tubular	spiral-wound
MWCO (Da)	15,000	200-300
Membrane surface area (m ²)	0.1	2.6
Maximum operating pressure (kPa)	1,000	4,100
Maximum operating temperature (°C)	350	45
MgSO ₄ retention (%)	-	>97
pH range	0-14	3-10

Table 3 - Characteristics of the macro-porous resins

Resin type	S 6328 A	S 2328	S 7968
Manufacturer	Lewatit	Lewatit	Lewatit
Matrix	Crosslinked polystyrene	Crosslinked polystyrene	Crosslinked polystyrene
Structure	Macroporous	Macroporous	Macroporous
Ionic form as shipped	Cl ⁻	H ⁺	Neutral
Functional group	Quaternary ammine	Sulphonic acid	None
Stability pH range	0-14	0-14	0-14

Table 4 - General composition of artichoke wastewaters before and after the NF process

Parameters	Feed	Permeate	Retentate
TSS (°Brix)	2.4±0.2	0.6±0.1	6.8±0.2
TAA (mM Trolox)	13.5±1.5	1.0±0.1	43.0±1.6
Chlorogenic acid (ppm)	550.0±5.0	n.d	1620.0±7.1
Apigenin-7-O-glucoside (ppm)	70.0±4.5	n.d.	310.0±5.6
Glucose (ppm)	1381.0±2.4	n.d.	5771.0±2.2
Fructose (ppm)	530.0±5.1	n.d	2704.0±4.3
Sucrose (ppm)	274.0±2.7	n.d	1360.0±3.4

Table 5 - Adsorption and desorption ratios of Chlorogenic acid and Apigenin-7-O-glucoside for all tested resins. Total adsorption-desorption (TYAD) yields

Resin	Adsorption (%)	Desorption (%)	TADY (%)	TADY (%) /g resin (w.b.)	TADY (%) /g resin (d.b.)
<i>Chlorogenic acid</i>					
Lewatit S 6328A	38.38±1.47	75.74±3.29	29.07±2.38	1.94±0.04	3.78±0.12
Lewatit S 2328	26.65±1.54	72.81±8.10	19.40±3.28	1.29±0.05	3.96±1.14
Lewatit S 7968	81.35±1.91	77.92±1.26	63.39±2.51	4.23±0.06	10.93±0.55
<i>Apigenin 7-O-glucoside</i>					
Lewatit S 6328A	99.88±6.79	20.78±0.91	20.76±2.32	1.38±0.07	2.70±0.18
Lewatit S 2328	85.70±6.42	91.54±4.38	78.45±9.63	5.23±0.21	16.01±1.14
Lewatit S 7968	100±6.23	68.31±1.55	68.31±5.81	4.55±0.12	11.78±0.55

Table 6 - Concentration of glucose, fructose and sucrose in samples before and after the treatment with the tested resins

Resin	NF retentate (ppm)	After treatment with resin (ppm)
<i>Glucose</i>		
Lewatit S 6328A	5341.0±10.4	5311.0±15.6
Lewatit S 2328	5523.0±6.3	5496.0±11.6
Lewatit S 7968	5638.0±8.4	5622.0±9.2
<i>Fructose</i>		
Lewatit S 6328A	2596.0±6.2	2596.0±5.5
Lewatit S 2328	2662.0±14.6	2625.0±8.8
Lewatit S 7968	2685.0±10.4	2634.0±9.4
<i>Sucrose</i>		
Lewatit S 6328A	1346.0±5.7	1326.0±8.4
Lewatit S 2328	1355.0±9.4	1348.0±10.5
Lewatit S 7968	1388.0±12.5	1375.0±9.7

Figure captions

Figure 1. General scheme of the investigated process.

Figure 2. UF of artichoke wastewaters with 15 kDa ceramic membrane. Time course of permeate flux. ($T = 25\text{ }^{\circ}\text{C}$; $Q_f = 4.0\text{ m}^3/\text{h}$; $\text{TMP} = 430\text{ kPa}$).

Figure 3. NF of clarified artichoke wastewaters with Filmtec NF 270 membrane. Time course of permeate flux. ($T = 12\text{ }^{\circ}\text{C}$; $Q_f = 300\text{ L/h}$; $\text{TMP} = 800\text{ kPa}$).

Figure 4. HPLC chromatograms of phenolics compounds detected in feed, permeate and retentate samples coming from the NF process. Peaks: 1, chlorogenic acid (CA); 2, apigenin 7-O-glucoside (AOG).

Figure 5. HPAEC chromatograms of sugars detected in feed, permeate and retentate samples coming from the NF process. Peaks: 1, glucose; 2, fructose; 3, sucrose.

Figure 6. Proposal for the fractionation, purification and recovery of chlorogenic acid (CA) and apigenin-7-O-glucoside (AOG) from 1 L of NF retentate.

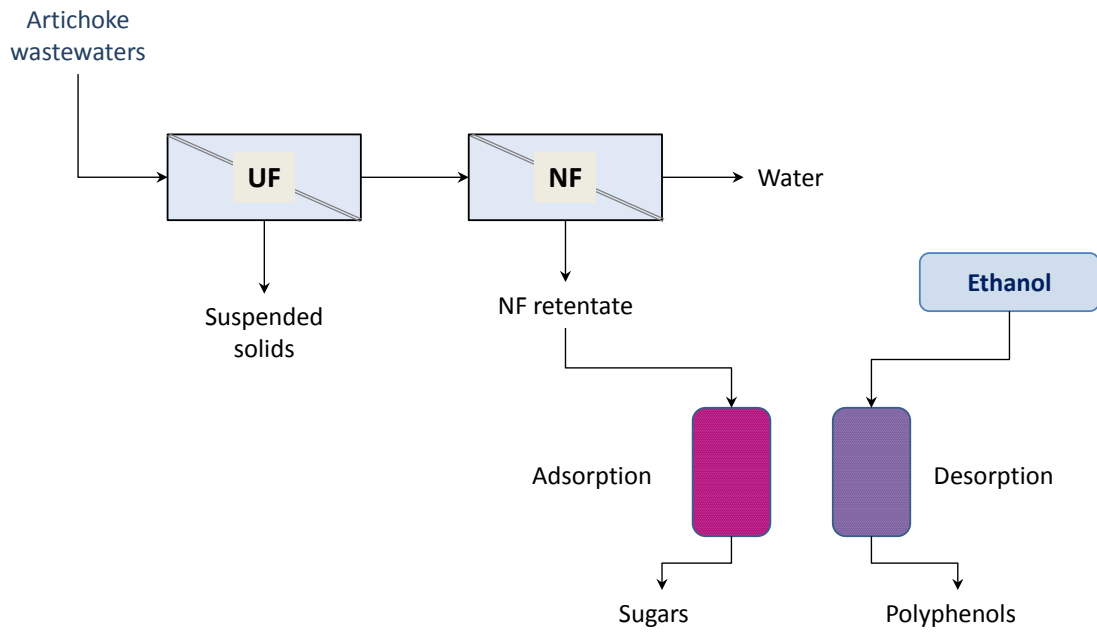


FIGURE 1

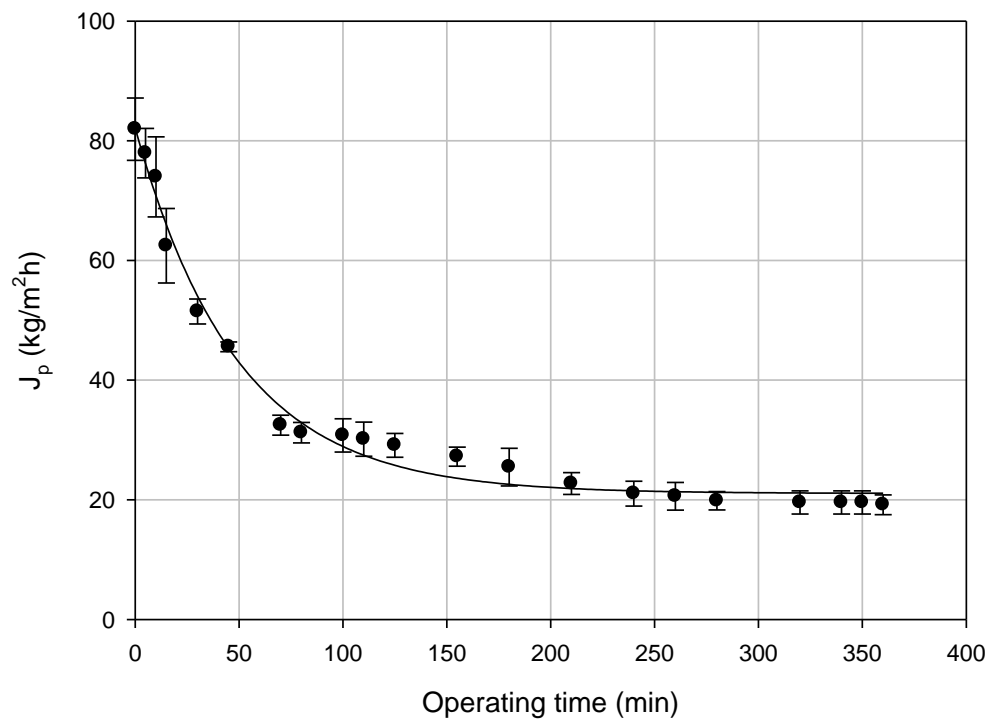


FIGURE 2

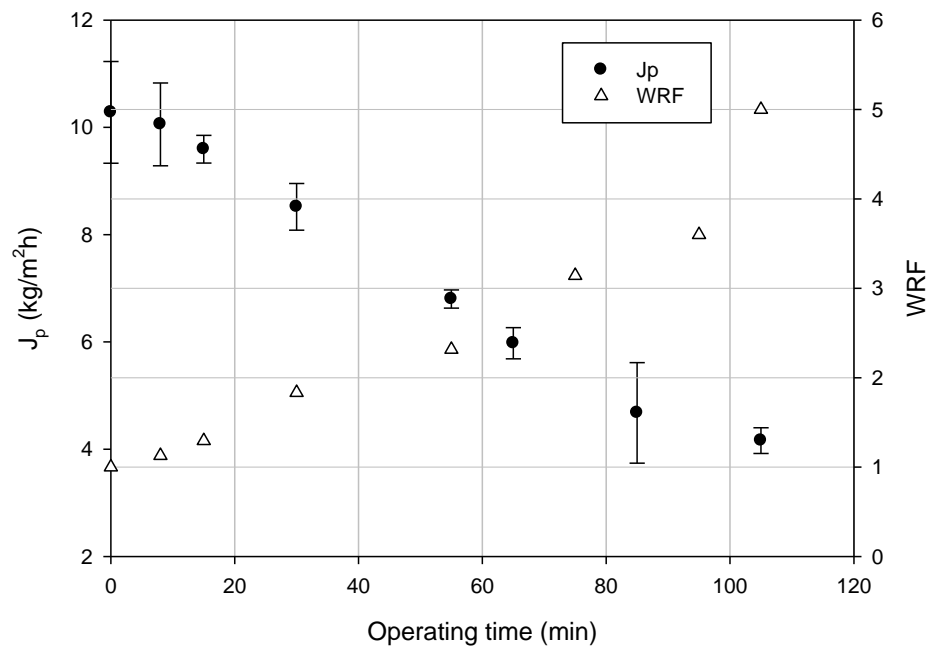


FIGURE 3

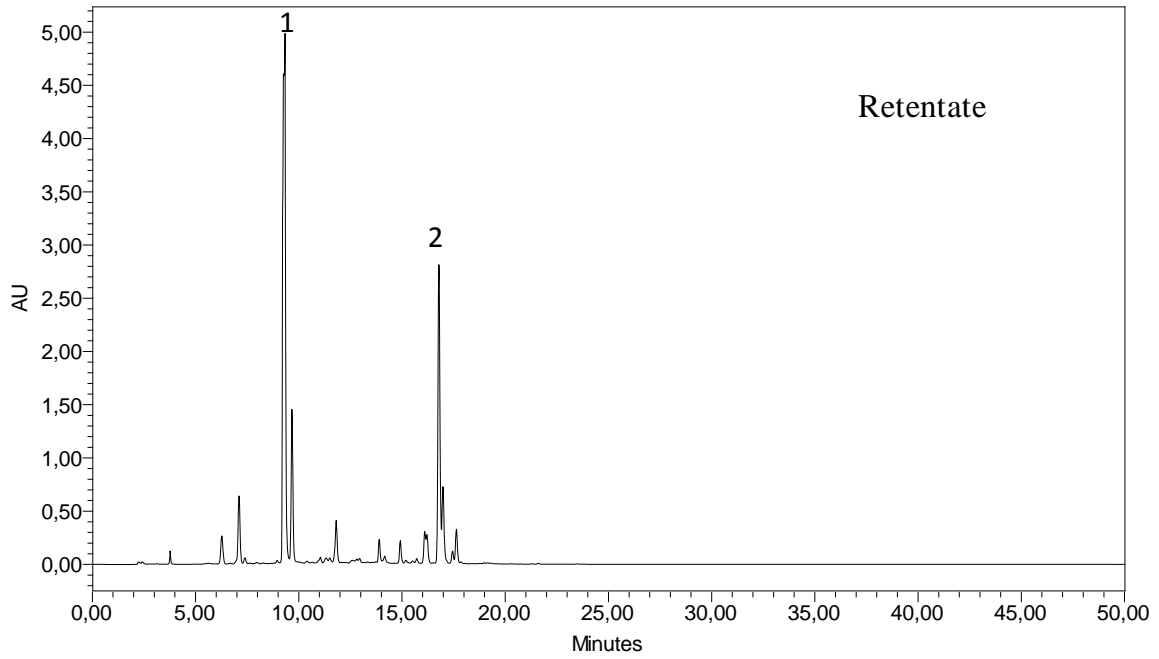
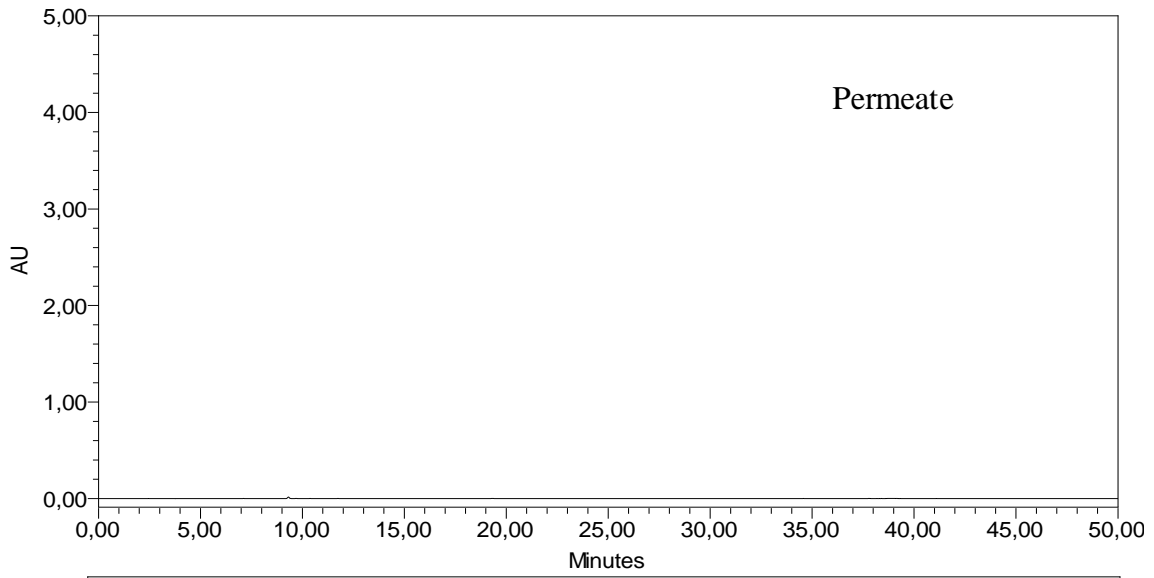
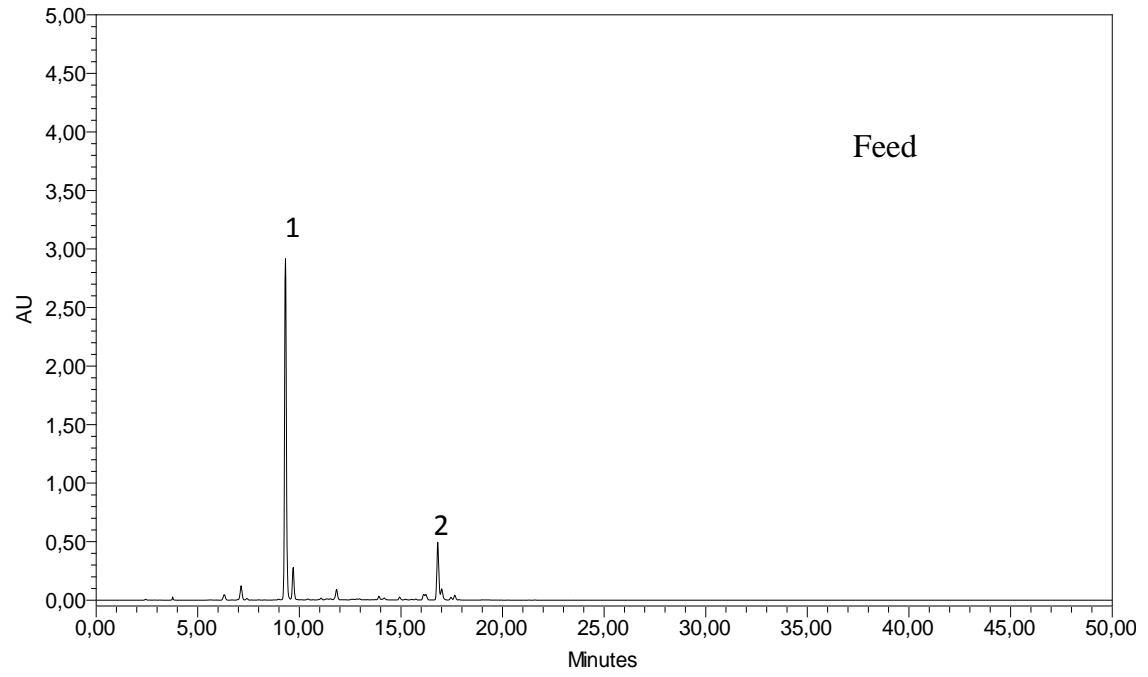


FIGURE 4

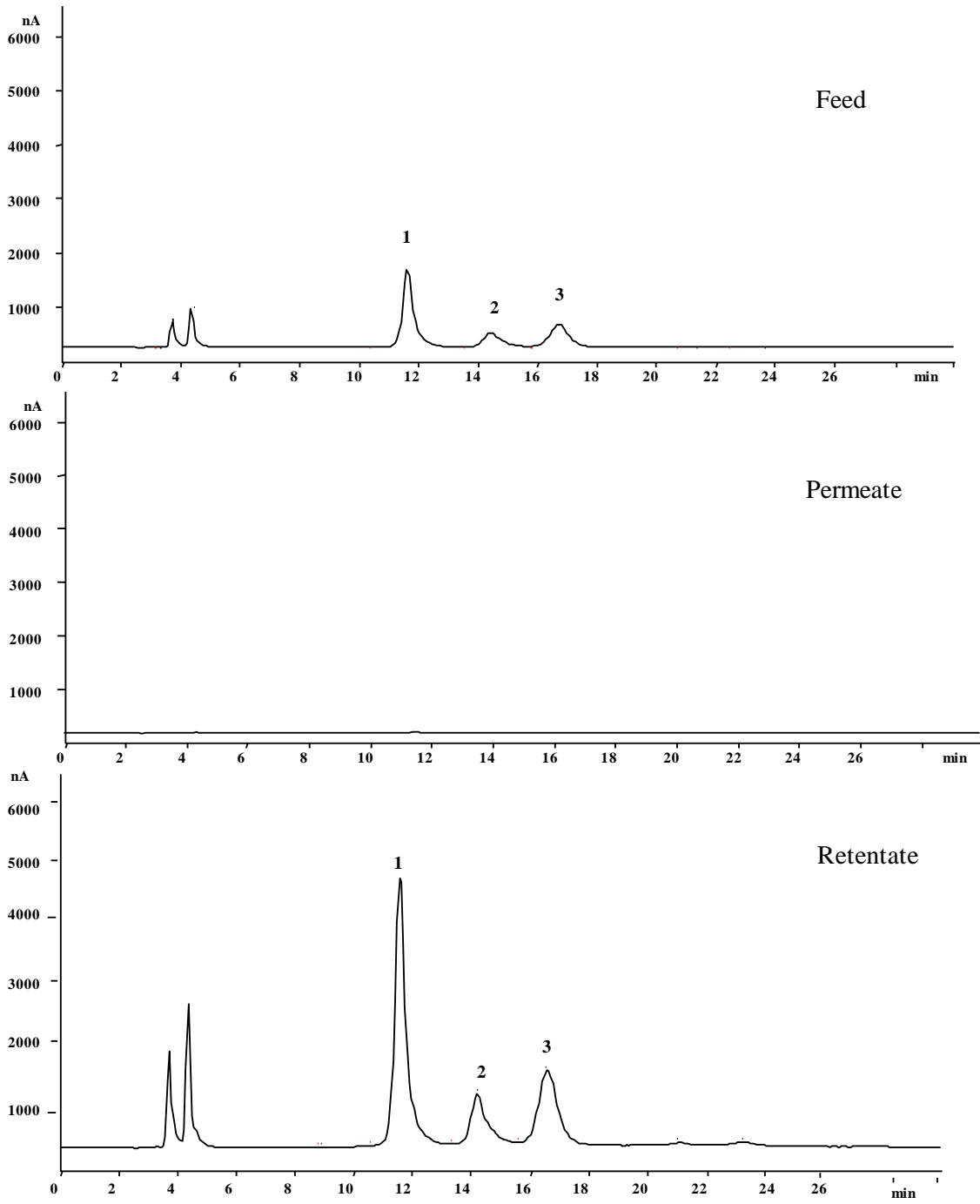
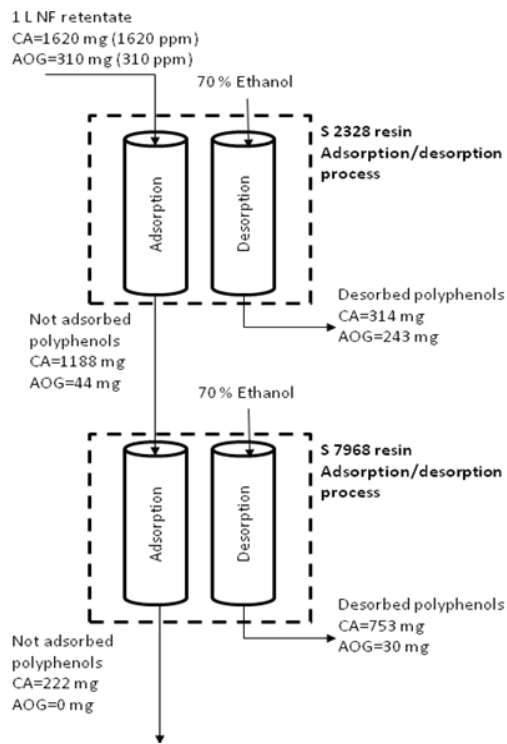
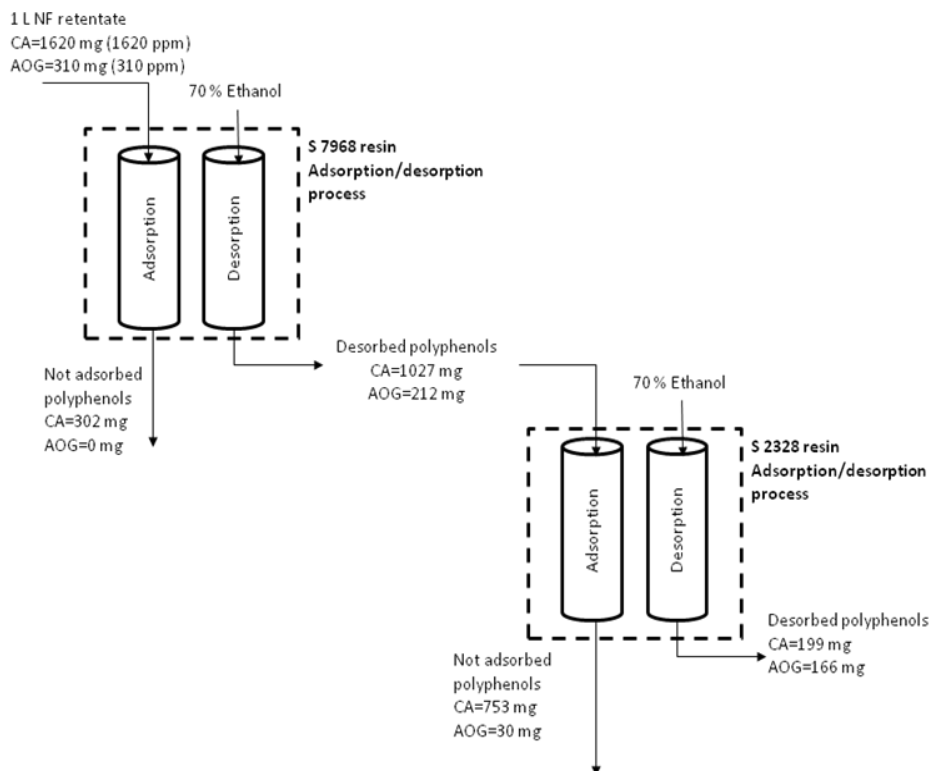


FIGURE 5



(a)



(b)

FIGURE 6