Thesis title:

"The intervention of art in the field of Community Health: Human Rights and Development of Creativity" - action-research project. A training model for social actors working with vulnerable groups.

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This thesis aims to validate a training model project, based on a constructivist, critical and educative humanistic conception of expressive art, with contributions from art therapy; to assist in the promotion and protection of human rights; training social actors in order to act in different areas of health, education and criminal justice, understanding the relationship between creativity, art and health. The model presented is an action-research project that includes an expressive-reflective methodology of work, that could be use to act in several scenarios, providing a meaningful learning.

Research objectives:

Analyze conceptions of Art, Art Therapy and Education, related to documentary sources and key concepts of the hypothesis. Understand educational practice as an area where action-research methodology can be applied. Describe and analyze arguments, objectives, contents and evaluation criteria of the forming action promoted by the project. Explain the methodology of expressive-reflective workshop training model, analyze the concept of teaching sequence and promote the presentation of the same teaching programs and practices by the workshop participants.

Research methods applied in the thesis:

Descriptive: diagnose and identify problems related with contexts where the hypothesis is developed. Projective: propose a model for training trainers. Evaluative: appreciate the effects of the action-research project referred to this investigation. Comparison: identify differences and similarities in the practical experimentation of the project.

Methodology applied in the practice experimental model to validate:
Action-Research

Teaching-learning model to validate:
Reflective-expressive Workshop with art therapy devices

Results and major contributions:

In the faculties of Fine Arts of the UPV and ULL, it was the first training course that allowed students to teach art to young prison inmates (Spain 2008/09). In Argentina, the project enabled prison officers, to consider the ethical side of their work; for the first time in 2009/10, in detention centers for adolescents (Salta and Oran); they dictated expressive workshops for adolescents. In Buenos Aires province, in the Community Health Promoters (Marcos Paz) and students of the Adult-Oriented Health School (Lomas de Zamora); first they were trained to comprehend the expressive function of art as a health promoter (2011/12). The project is included in a course of Higher Technician in Social Work (Moreno); thanks to that, students incorporated useful knowledge that could be used in their practice. (2011/12). While the research presented, refers to the one developed during the period 2009/12; it is important to say that after being valued by the Ministry of Education's, an agreement letter was signed...
between the Ministry of Human Rights –in force since 2009- and the Inmate education Mode of the same Ministry, to dictate the project as a federal seminar; in 2015 it was presented in the following provinces: Salta, Tucumán and La Pampa.