

**Thesis title:**

"The intervention of art in the field of Community Health: Human Rights and Development of Creativity" -action-research project. A training model for social actors working with vulnerable groups.

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This thesis aims to validate a training model project, based on a constructivist, critical and educative humanistic conception of expressive art, with contributions from art therapy; to assist in the promotion and protection of human rights; training social actors in order to act in different areas of health, education and criminal justice, understanding the relationship between creativity, art and health. The model presented is an action-research project that includes an expressive-reflective methodology of work, that could be used to act in several scenarios, providing a meaningful learning.

**Research objectives:**

Analyze conceptions of Art, Art Therapy and Education, related to documentary sources and key concepts of the hypothesis. Understand educational practice as an area where action-research methodology can be applied. Describe and analyze arguments, objectives, contents and evaluation criteria of the forming action promoted by the project. Explain the methodology of expressive-reflective workshop training model, analyze the concept of teaching sequence and promote the presentation of the same teaching programs and practices by the workshop participants.

**Research methods applied in the thesis:**

Descriptive: diagnose and identify problems related with contexts where the hypothesis is developed. Projective: propose a model for training trainers. Evaluative: appreciate the effects of the action-research project referred to this investigation. Comparison: identify differences and similarities in the practical experimentation of the project.

**Methodology applied in the practice experimental model to validate:**

Action-Research

**Teaching-learning model to validate:**

Reflective-expressive Workshop with art therapy devices

**Results and major contributions:**

In the faculties of Fine Arts of the UPV and ULL, it was the first training course that allowed students to teach art to young prison inmates (Spain 2008/09). In Argentina, the project enabled prison officers, to consider the ethical side of their work; for the first time in 2009/10, in detention centers for adolescents (Salta and Oran); they dictated expressive workshops for adolescents. In Buenos Aires province, in the Community Health Promoters (Marcos Paz) and students of the Adult-Oriented Health School (Lomas de Zamora); first they were trained to comprehend the expressive function of art as a health promoter (2011/12). The project is included in a course of Higher Technician in Social Work (Moreno); thanks to that, students incorporated useful knowledge that could be used in their practice. (2011/12). While the research presented, refers to the one developed during the period 2009/12; it is important to say that after being valued by the Ministry of Education's, an agreement letter was signed

between the Ministry of Human Rights –in force since 2009- and the Inmate education Mode of the same Ministry, to dictate the project as a federal seminar; in 2015 it was presented in the following provinces: Salta, Tucumán and La Pampa.

**Keywords:** Art. Creativity. Reflection. Education. Art Therapy. Health. HR. Constructivism. Action-Research methodology. Perception. Workshop. Expression. Sensitivity. Body. Transformation. Prevention. Game. Communication.