

Document downloaded from:

<http://hdl.handle.net/10251/64787>

This paper must be cited as:

Mazzeo, I.; Borrell, YJ.; Gallego Albiach, V.; Garcia Fernandez, C.; Sánchez, JA.; Blanco, G.; Pérez Igualada, LM.... (2014). Larval width as indicator of growth rate and effect of larval classification on final body composition and flesh quality in cultured gilthead seabream (*Sparus aurata*, L.). *Journal of Applied Ichthyology*. 30:300-306. doi:10.1111/jai.12380.



The final publication is available at

<https://dx.doi.org/10.1111/jai.12380>

Copyright Wiley

Additional Information

1 Larval Width as Indicator of Growth Rate and Effect of Larval Classification on  
2 Final Body Composition and Flesh Quality in Cultured Gilthead Sea-bream  
3 (*Sparus aurata*, L.).

4

5 Ilaria Mazzeo<sup>1</sup>, Yaisel J. Borrell<sup>2</sup>, Victor Gallego<sup>1</sup>, Carmen García Fernández<sup>2</sup>,  
6 José Antonio Sánchez<sup>2</sup>, Gloria Blanco<sup>2</sup>, Luz Pérez<sup>1</sup>, Juan F. Asturiano<sup>1\*</sup>

7

8 <sup>1</sup>Grupo de Acuicultura y Biodiversidad. Instituto de Ciencia y Tecnología Animal.  
9 Universitat Politècnica de València. Camino de Vera s/n. 46022, Valencia, Spain.

10 <sup>2</sup>Departamento de Biología Funcional. Laboratorio de Genética Acuícola. IUBA,  
11 Universidad de Oviedo, c/Julián Clavería s/n. 33071, Oviedo, Asturias, Spain.

12

13

14

15

16

17

18

19

20

21

22 \*Corresponding author:

23 E-mail: jfastu@dca.upv.es

24

25

26 Summary

27 The objective of this study was evaluating the effects of separating larvae  
28 according to larval width on growth rate and flesh quality in cultured gilthead sea-  
29 bream (*Sparus aurata*, L.).

30 Progeny from two broodstocks (A and B) were divided according to larval width  
31 into two groups, heads (being the biggest specimens) and tails. After 18 months,  
32 both groups were analyzed to evaluate growth, carcass traits and proximal  
33 composition.

34 The head specimens reached a bigger size and showed a greater level of well-  
35 being and degree of nourishment. The total body and fillet composition was found  
36 to be that generally expected for this species. Some differences were found in total  
37 body composition between head and tail specimens in both batches, and in fillet  
38 composition in batch B (higher fat and lower moisture content in head  
39 specimens).

40 Sensory analyses were carried out with untrained panelists. They were unable to  
41 distinguish between the head and tail samples in batch A, whereas in batch B  
42 differences were noticed. The panelists judged samples from the head group to be  
43 tastier and juicier, a consequence of their higher fat content.

44 Hence, fish separation according to larval width is an effective tool to separate  
45 progeny with slow and fast growing, whereas total body and fillet analyses and  
46 sensory test allow us to ensure that selection does not generate any negative  
47 effects on the product quality.

48

49

50

51 Introduction

52

53 The gilthead sea-bream (*Sparus aurata* L.) represents one of the most important  
54 cultured species in Mediterranean Sea. Global production reached 151,346 tons in  
55 2011, with Greece, Turkey and Spain being the main producers (APROMAR,  
56 2012). To improve production, companies usually focus their efforts on nutrition,  
57 stock management, disease prevention and facility location (Navarro et al.,  
58 2009a). However, little attention is given to genetic aspects, due to high cost and  
59 not immediate results obtained. Nevertheless, genetic selection and the rearing of  
60 breeders with high genetic variability are important tools for improving progeny  
61 quality and avoiding inbreeding; a bigger problem in fish farming than in  
62 livestock (Borrell et al., 2007).

63 Selection programs focus on growth rate, food conversion efficiency, fecundity,  
64 meat quality and resistance to stress and diseases, as enhancing these  
65 characteristics can lead to shorter rearing times and lower mortality rates  
66 (Gjedrem, 1983; Afonso et al., 1998; Thorland et al., 2007; Dupont-Nivet et al.,  
67 2008; Antonello et al., 2009; Navarro et al., 2009a).

68 In selection programs, composition analyses are required to ensure that the  
69 characteristics of the final product are not altered due to the selection process.  
70 Body composition and flesh quality, especially skeletal muscle composition and  
71 fat deposition, can influence consumer choice because they affect fish appearance,  
72 smell and taste (Grigorakis, 2007).

73 Favourable and unfavourable traits can be positively correlated as in the case of  
74 Condition Factor (CF) and visceral fat - desirable and not desirable, respectively -  
75 in *S. aurata* (Grigorakis and Alexis, 2005; Navarro et al., 2009b) or in the case of

76 high harvest weight (favourable) and flesh fat content (unfavourable) in Atlantic  
77 salmon (*Salmo salar* L.) (Quinton et al., 2005).

78 In *S. aurata*, high heritability for visceral fat has been found (Navarro et al.,  
79 2009b) and as it is an undesirable character, because it is not appreciated by  
80 consumers (Grigorakis, 2007), its indirect selection should be monitored and  
81 avoided.

82 However, in *S. aurata* a positive correlation between size and fat deposition  
83 (Grigorakis and Alexis, 2005) and between weight and length (Navarro et al.,  
84 2009b) has been found and in this case increase of both characters is desirable, as  
85 they increase size, fish appearance, taste and juiciness.

86 In the case of gilthead sea-bream, there is a lack of efficient breeding programs  
87 (Thorland et al., 2007). However, using samples from the progenies of the  
88 broodstocks used in the present study, it has been demonstrated that microsatellite  
89 analysis is a good molecular tool for assisting breeding programs, as it allows us  
90 to identify the breeders which primarily contributed to fast-growing progenies  
91 (Borrell et al., 2011).

92 Complementing these previous results, the main aim of this experiment was to test  
93 other not genetic tools (such as the larval classification, and the evaluation of flesh  
94 composition) which could be complementarily used as part of selection programs.  
95 Hence differences in growth rate, body parameters, proximate composition and  
96 flesh composition in progenies with different larval width obtained from two  
97 different broodstocks (A and B) were evaluated.

98

99

100

101 Material and Methods

102 Rearing and fish samplings

103 From a total of 101 *S. aurata* adult individuals (80 females and 21 males)  
104 available in December of 2006 from a hatchery in Spain (Piscicultura Marina  
105 Mediterránea, S.L. Burriana, Castellón, Spain), two broodstocks (Broodstock A:  
106 29 females, average weight  $1998.2 \pm 43.5$  g and 11 males, average weight  $1877.2$   
107  $\pm 83.4$  g; Broodstock B: 28 females, average weight  $1992.8 \pm 50.1$  g, and 10  
108 males, average weight  $1950.0 \pm 76.3$  g) were grouped using a combinatorial  
109 optimization approach that followed the procedures described in Borrell et al.  
110 (2007), ensuring the same genetic variability in both broodstocks.

111 In March 2007 breeders were allowed to spawn freely. Fertilized eggs coming  
112 from one single day were collected from every broodstocks and incubated under  
113 identical conditions in two tanks until hatching. Larvae were reared in large tanks  
114 and after 86 and 78 days post-hatching offsprings (batch A and B, respectively)  
115 were classified by body width, using different sieves, and a slow and a fast  
116 growing group, named tails and heads, respectively, were obtained from each  
117 batch. As measuring all the fish was not viable, selection size was determined  
118 according to the mean width after trying different sieves. In batch A, fish with a  
119 body width greater than 4.5 mm or lower than 3.5 mm were selected as heads and  
120 tails respectively; whereas in batch B fish with a body width greater than 3.5 mm  
121 or lower than 2.5 mm formed head and tail groups respectively. The difference  
122 between batch A and B is due to the different ages of the larvae. The mean  
123 weights are shown in table 1. Weights were obtained in the UPV facility where a  
124 precision balance was available and using absorbent tissue paper to minimize the  
125 effect of humidity.

126 Ultimately, four different fish groups were obtained: A-Heads (AH), A-Tails  
127 (AT), B-Heads (BH) and B-Tails (BT).

128 At the age of 165 and 157 days post-hatching (batches A and B, respectively) a  
129 sample of approximately 1,000 fish per group (mean fish weight of head groups:  
130 6.5 g; mean fish weight of tail groups: 2.0 g) was moved to the facilities at the  
131 Universitat Politècnica de València (Valencia, Spain). The fish were distributed in  
132 1,750 L fiberglass tanks where they were reared under intensive conditions. The  
133 tanks were kept in a re-circulating marine water system (30 m<sup>3</sup> capacity) with a  
134 rotary mechanical filter and a gravity biofilter. All tanks were equipped with  
135 aeration and the water temperature was maintained at  $22 \pm 3$  °C by a heat pump  
136 installed in the system, and oxygen at  $6.25 \pm 0.44$  ml/L. Photoperiod was natural.  
137 Fish were fed by hand using commercial fish feed (Dibaq S.A., Segovia, Spain)  
138 twice a day to apparent satiety. Feed size was chosen according to fish size.  
139 Rearing conditions were made as much as possible similar to those present in  
140 fishfarms.

141 At an intermediate stage of growth (311 and 303 days post-hatching, batch A and  
142 B, respectively) 250 juveniles from each group (corresponding to 25% of the  
143 total) were chosen by weight, with the final aim of selecting the biggest fish for  
144 the head groups and the smallest fish for the tail groups. Weight ranges were  
145 established according to the estimated mean weight in each group. In batch A  
146 heads with a weight  $>41$  g and tails with a weight  $<15$  g were selected; while in  
147 batch B heads with a weight  $>31$  g and tails with a weight  $<12$  g were selected.

148 Finally, the head and tail groups were distributed into four 4,000 L tanks where  
149 they were reared under intensive conditions. At an intermediate stage of growth

150 (411 days post-hatching batch A and 403 days post-hatching batch B), 100 fish  
 151 from each tank were weighed to calculate biomass and growth tendency.

152 At the end of the growth cycle (528 and 520 days post-hatching, batch A and B,  
 153 respectively) all fish were weighed to establish the growth rate.

154 Fifteen animals from each group were randomly measured to calculate the body  
 155 parameters and stored at -20 °C until carcass and fillet proximate analysis  
 156 (moisture, fat, protein and ash content). In addition, ten animals from each group  
 157 were gutted and filleted.

158 To perform the sensory test, the animals were filleted and the dorsal fillets were  
 159 stored at -20 °C until use.

160

161 Growth analysis

162 Growth was calculated by using weights recorded at 311, 411 and 528 days post-  
 163 hatching (batch A) and 303, 403 and 520 days post-hatching (batch B).

164 Between 311 and 528 days post-hatching (batch A) and 303 and 520 days post-  
 165 hatching (batch B) the following parameters were calculated to evaluate the  
 166 differences between tail and head groups:

167 Daily growth index (DGI, %/d) =  $100 \times (\text{final weight}^{1/3} - \text{initial weight}^{1/3}) / d$

168 Feed Intake (FI, %/d) =  $100 \times \text{feed consumption (g)} / \text{average biomass (g)} \times d$

169 Feed Conversion Ratio (FCR) =  $\text{feed offered (g)} / \text{weight gain (g)}$

170 Thermal Growth Coefficient (TGC x 1000) =  $(\text{Final weight}^{1/3} - \text{Initial weight}^{1/3})$   
 171  $/ (\sum \text{°C effective} \times d)$

172

173



## 174 Body analysis

175 Total length was measured and total body, liver, gonads, mesenteric fat, guts,  
176 head, skin, fins and bone were weighed in 15 animals from each group.

177 For each fish, the hepatosomatic index [ $I_H$  (%) = 100 x liver weight (g) / total  
178 weight (g)], gonadosomatic index [ $I_G$  (%) = 100 x gonad weight (g) / total weight  
179 (g)], condition factor [ $C_F$  = 100 x total weight (g) / total length<sup>3</sup> (cm<sup>3</sup>)],  
180 viscerosomatic index [ $I_V$  (%) = 100 x viscera weight (g) / total weight (g)],  
181 mesenteric fat index [ $I_M$  (%) = 100 x mesenteric fat weight (g) / total weight (g)],  
182 fillet yield [ $F_Y$  (%) = 100 x (total body weight – head – viscera – fins – bone –  
183 skin - gonad) (g) / total weight (g)] and head percentage [ $H_P$  (%) = 100 x head  
184 weight (g) / total weight (g)] were calculated.

185

## 186 Proximate analysis

187 Ten specimens from each group were analyzed for carcass composition following  
188 the AOAC procedure (1990). Moisture levels were determined by drying samples  
189 (2.5-3 g) in porcelain cups at 104 °C for 24 h. Ash levels were determined by  
190 incinerating the dried samples at 550 °C for 5 h. Protein content was determined  
191 in 0.5 g of lyophilized and minced fish using the Kjeldhal method. Fat content  
192 was determined in 0.5 g of lyophilized and minced fish using Soxhlet extraction.

193 In five specimens per group, the analyses previously described were carried out  
194 only on fish fillets with the aim to evaluate the composition of the edible part. All  
195 analyses were performed in triplicate. All these traits are expressed as a  
196 percentage of fresh weight.

197

198

199 Sensory analysis

200 A triangle test following ISO 1420 (1983) was performed to evaluate the sensory  
201 differences between head and tail specimens. Dorsal fillets were thawed at room  
202 temperature, vacuum-packed in plastic bags and cooked for 10 min using a water-  
203 bath at 60 °C. Each fillet was then cut into nine pieces, each weighing  
204 approximately 3–4 g. The resulting equally sized pieces were coded, wrapped in  
205 aluminum foil and kept in 40 °C thermo regulated boxes until the test. To ensure  
206 that possible differences were not due to the effects of the fillet portions, samples  
207 from a similar part of the fillet were compared in each test. At each session, three  
208 triangle tests were presented to each panelist. A total of 120 triangles for 40  
209 untrained panelists were prepared for each group and the panelists were asked to  
210 identify the odd piece. ‘No difference’ was not accepted as a valid response,  
211 according to Meilgaard et al. (1999). The minimum number of correct answers (x)  
212 for a statistically significant result ( $p < 0.05$ ) was calculated according to  $x =$   
213  $0.4174 \times 1.64 \times (\sqrt{n}) + (2n + 3) / 6$  where n = number of responses (International  
214 Organization for Standardization 1983).

215

216 Statistical analysis

217 After establishing data normality, an ANOVA (Newman-Keuls test) was carried  
218 out to compare results. If normality failed (GSI and weights for growth evolution)  
219 with transformed data, a Kruskal-Wallis test was carried out. All values are  
220 expressed as mean  $\pm$  standard error (SEM).

221 Growth curves were compared by regression analysis and regression coefficients  
222 (slopes) were compared using analysis of variance. Differences were considered

223 significant at  $p < 0.05$ . All statistical procedures were run using Statgraphics Plus®  
224 5.1.

225

## 226 Results

227 Growth parameters at the end of the feeding period are shown in Table 2. During  
228 the feeding period, the weight of the head specimens was significantly higher. The  
229 tail specimens presented higher FI values, whereas no differences were recorded  
230 in DGI, TGC and FCR. The comparison of the slopes (b) of the two regression  
231 lines confirmed a higher growth rate in the head group specimens.

232 Body parameters at the end of the growth period are shown in Table 3. In batch A,  
233 higher body weights, total length,  $C_F$  and  $I_G$  were recorded in head specimens  
234 than in tails, demonstrating a significant difference in size. However, all  
235 specimens were sexually immature. No differences were found in the rest of  
236 parameters ( $I_H$ ,  $I_V$ ,  $I_M$ ,  $F_Y$  and  $H_P$ ). In batch B the head specimens showed higher  
237 values in all the measured parameters, except head percentage.

238 With regards to body composition, analysis was carried out on the whole body in  
239 both batch A and batch B (Table 4). No differences were found in either ash or  
240 protein content between head and tail groups, however the head specimens  
241 presented a higher fat content and a lower moisture percentage than the tail  
242 specimens.

243 Concerning fillet composition (Table 5), no differences were recorded in batch A,  
244 where both head and tail groups demonstrated the same moisture, ash, protein and  
245 fat content. Nevertheless, in batch B, coinciding with the results observed in the  
246 whole body analyses, no differences were found in ash or protein content, whereas

247 a higher fat content and a lower moisture percentage were recorded in head  
248 specimens.

249 Sensory test results are reported in the Table 6. One hundred and twenty triangle  
250 tests were performed, but in both batches four 'no differences' replies were  
251 rejected, thus only 116 tests were considered.

252 For 116 triangle tests, the number of correct answers necessary for a  $p < 0.05$  is 47.

253 For batch A the number of correct answers was 42, demonstrating that the  
254 panelists were unable to distinguish between head and tail specimens. However,  
255 for batch B the number of correct answers was 48, showing that the panelists  
256 could distinguish between heads and tails. In terms of the differences noticed, the  
257 panellists described the head samples as tastier and juicier than the tail samples, in  
258 both batches.

259

## 260 Discussion

261 At the end of the growth period (528 days post-hatching for batch A and 520 days  
262 for batch B), higher length, weight and growth rate values were seen in fish from  
263 the head groups. The tail groups presented a higher feed intake (FI) but this did  
264 not signify a more rapid increase in size as demonstrated by the lack of  
265 differences in DGI, TGC and FCR between heads and tails.

266 Growth results show that separating larvae according to body width is an effective  
267 tool for individualizing and obtaining fish with a higher growth rate. Apparently,  
268 this could be a good complementary tool to be included together with genetic  
269 analyses as part of selection programs. Due to the difficulties in comparing  
270 growth parameters between fish of different sizes, as was the case in this study,  
271 fish from this experiment were compared with fish of similar size and culture

272 conditions. For comparisons with fish from ingredient replacement experiments  
273 control group results were considered. TGC and FCR were recalculated on the  
274 basis of the results, if not shown in the articles.

275 Head specimen results were compared with those shown by Martínez-Llorens et  
276 al. (2008), who obtained a TGC = 1.41, a lower value than the one obtained in  
277 selected heads during the present experiment (TGC = 1.49). Moreover, a lower  
278 FCR (1.40) was recorded in the head specimens in the present study than that  
279 obtained by these authors (FCR = 1.93).

280 However, the tail group specimens selected during the experiment showed a lower  
281 TGC (TGC = 1.67) than that obtained by Sitjà-Bobadilla et al. (2005) (TGC =  
282 2.04). Moreover, tail specimens from the present experiment showed a higher  
283 FCR (FCR = 1.35) than that obtained by Sitjà-Bobadilla et al. (2005) and  
284 Benedito-Palos et al. (2008) (1.18 and 0.99, respectively).

285 Therefore, size classification allows the possibility of keeping animals with faster  
286 growth and discarding those with slow growth.

287 Differences in  $C_F$  indicate that the head specimens have a higher level of well-  
288 being and degree of nourishment than the tail specimens.  $C_F$  can vary according to  
289 sexual maturation, age and sex, but in this case it is due only to weight and length  
290 differences as the specimens were the same age and had not reached sexual  
291 maturation. In fact,  $I_G$  for mature *S. aurata* is higher than 1% for females and  
292 0.70-1% for males (Zohar et al., 1984), whereas the maximum  $I_G$  recorded at the  
293 end of the experiment was 0.2%. Sexual maturity was not reached, despite the  
294 animal age, probably because of the water temperature, which was maintained at  
295 22 °C, while *S. aurata* spawns during winter, with an optimal temperature range

296 of 15-17 °C (Moretti et al., 1999). In any case,  $C_F$  results are consistent with  
297 literature (Navarro et al., 2009a,b; Sánchez-Lozano et al., 2009).

298 In batch A, body parameters differences were limited at length, weight,  $C_F$  and  $I_G$ .

299 However, in batch B, the head specimens presented differences in all the  
300 considered parameters, except head percentage, probably as consequence of the  
301 greater difference between head and tail specimens in this batch.

302 Results here reported for  $I_M$  and  $I_H$  are similar to those shown by Grigorakis et al.  
303 (2002) for specimens reared at the same temperature. In the same way,  $I_V$   
304 obtained in this experiment is consistent with the dressing percentage reported by  
305 Navarro et al. (2009a), as these parameters are inversely proportional.

306 The differences in the lipid content between head and tail specimens, recorded in  
307 the whole body analysis in both batches A and B, are due to their difference in  
308 weight. In fact, it has been demonstrated that muscle, perivisceral and peritoneal  
309 fat increase with size (Grigorakis and Alexis, 2005) as animals first use energy for  
310 their muscles and then to deposit fat (Gjedrem, 1997). In accordance with Navarro  
311 et al. (2009b) our experiments also demonstrated that the percentage of fat is  
312 inversely proportional to the percentage of moisture (Tables 4 and 5). When  
313 analyzing only the fillets, no differences were found between the head and tail  
314 groups in batch A, whereas in batch B fillets from the head specimens presented a  
315 higher fat content and a lower moisture percentage than the tail specimens.

316 The differences between batch A and B with regard to body parameters and body  
317 and fillet composition are due to the greater difference in weight between the head  
318 and tail specimens in batch B as opposed to batch A.

319 Protein and ash content maintained constant values in both batches (A and B) both  
320 in whole body and fillet composition. In general, ash and protein are considered

321 stable components of fish body and do not seem to be dependent on weight  
322 (Navarro et al., 2009b). In salmonids, the mechanism for protein homeostasis  
323 seems to be more effective than the one for lipid homeostasis, and body protein  
324 percentage shows low phenotypic and genetic variations (Kause et al., 2009). In  
325 *Salmo salar* carcass protein value stabilizes when fish reach 100 g in weight  
326 (Shearer et al., 1994). As highlighted by Grigorakis et al. (2002), no studies have  
327 been carried out to determine the relationship between body weight and protein  
328 percentage in Mediterranean fish.

329 In cultured *S. aurata* values for fillet yield and moisture, ash, fat and protein in  
330 fillet are, 31.3-48%, 68-76%, 1.2-1.6%, 2.5-11% and 18-23 %, respectively  
331 (Grigorakis, 2007). Hence, the values obtained from the present experiment  
332 (Tables 3 and 5) are those expected for this species.

333 During the sensory test, the panelists were unable to distinguish between the head  
334 and tail fish from batch A. When sampling fish from batch B, the panelists  
335 distinguished head and tail samples. In general, head samples were appreciated  
336 more because they were considered tastier and juicier. Taste and juiciness depend  
337 on the percentage of fat and the opinion of the panelists is consistent with  
338 proximate analyses. The ability to distinguish head and tail samples in batch B  
339 and not in batch A is consistent with the differences in fillet composition. These  
340 results show that consumers can detect the differences in fish with different levels  
341 of fat content, confirming the importance of to carry out composition and quality  
342 analyses during selection programs, as selection itself should not jeopardize the  
343 final product quality.

344 Due to the limitations of the experimental design, in particular related with the  
345 lack of true replicates, results here obtained have to be considered as preliminary.

346 However conditions under which experiments were carried on are very similar to  
347 the ones fish farms have to deal with, especially the limited number of tanks.  
348 Moreover, the study was aimed to identify a valid, effective and immediate tool  
349 which could be easily used in fish farms to optimize the productive cycle  
350 obtaining fish with a fast growth.

351 Also, the study aimed to study not the growth performance of an experimental  
352 group but the individual growth performance of some subsamples. Analyzing fish  
353 as single allowed establishing the parental contribution of breeders to the progeny,  
354 as shown in the parallel article by Borrell at al. (2011). The evidence that some  
355 breeders contribute more to fast growth progeny reinforces the idea that progeny  
356 is an important element to select breeders.

357

#### 358 Acknowledgements

359 Funded by the Coordinated Project SELECTBREAM (Spanish Ministry of  
360 Science and Innovation; AGL2007-64060-C03-00, including European Regional  
361 Development Funds); I. Mazzeo was supported by a FPI scholarship financed by  
362 Generalitat Valenciana; V. Gallego was supported by a FPI scholarship financed  
363 by the Spanish Ministry of Science and Innovation; C. García-Fernández was  
364 supported by a FPU scholarship financed by the Spanish Ministry of Science and  
365 Innovation.

366

#### 367 References

368 Afonso, J.M.; Montero, D.; Robaina, L.; Fernández, H.; Izquierdo, M.; Ginés, R.;  
369 1998: Selection programmes for stress tolerance in fish. *CIHEAM – Options  
370 Mediterraneennes* **34**, 235-245.



- 371 Antonello, J.; Massault, C.; Franch, R.; Haley, C.; Pellizzari, C.; Bovo, G.;  
372 Patarnello, T.; de Koning, D. J., Bargelloni, L., 2009: Estimates of heritability and  
373 genetic correlation for body length and resistance to fish pasteurellosis in the  
374 gilthead sea bream (*Sparus aurata* L.). *Aquaculture* **298**, 29–35.
- 375 AOAC, 1990: 15th ed. Official Methods of Analysis, vols I and II. Association of  
376 Official Analytical Chemists, Arlington, VA, USA, 1298 pp.
- 377 APROMAR, 2012: La acuicultura marina en España. <http://www.apromar.es>. In  
378 Spanish.
- 379 Benedito-Palos, L.; Navarro, J. C.; Sitjà-Bobadilla, A.; Bell, J. C.; Kaushik, S.;  
380 Pérez-Sánchez, J., 2008: High levels of vegetable oils in plant protein-rich diets  
381 fed to gilthead sea bream (*Sparus aurata* L.): growth performance, muscle fatty  
382 acid profiles and histological alterations of target tissues. *Br. J. Nutr.* **100**, 992-  
383 1003.
- 384 Borrell, Y.J.; Carleos, C. E.; Asturiano, J.F.; Bernardo, D.; Vázquez, E.; Corral,  
385 N.; Sánchez, J.A.; Blanco, G., 2007: Use of microsatellites and a combinatorial  
386 optimization approach in the acquisition of gilthead sea-bream (*Sparus aurata*, L.)  
387 broodstocks for hatcheries. *Aquaculture* **269**, 200-210.
- 388 Borrell, Y.J.; Gallego, V.; García-Fernández C.; Mazzeo, I.; Pérez, L.; Asturiano,  
389 J.F.; Carleos, C.E.; Vázquez, E.; Sánchez, J.A.; Blanco, G., 2011: Assessment of  
390 parental contributions to fast and slow growth progenies in the sea bream *Sparus*  
391 *aurata* L. using a new multiplex PCR. *Aquaculture* **314**, 58-65.
- 392 Dupont-Nivet, M.; Vandeputte, M.; Vergnet, A.; Merdy, O.; Haffray, P.;  
393 Chavanne, H., Chatain, B. 2008: Heritabilities and GxE interactions for growth in  
394 the European sea bass (*Dicentrarchus labrax* L.) using a marker-based pedigree.  
395 *Aquaculture* **275**, 81–87.

- 396 Gjedrem, T., 1983: Genetic variation in quantitative traits and selective breeding  
397 in fish and shellfish. *Aquaculture* **33**, 51-72.
- 398 Gjedrem, T., 1997: Flesh quality improvement in fish through breeding. *Aquacult.*  
399 *Int.* **5**, 197-206.
- 400 Grigorakis, K., 2007: Compositional and organoleptic quality of farmed and wild  
401 gilthead sea bream (*Sparus aurata*, L.) and sea bass (*Dicentrarchus labrax*) and  
402 factors affecting it: A review. *Aquaculture* **272**, 55-75.
- 403 Grigorakis, K.; Alexis, M. N., 2005: Effects of fasting on the meat quality and fat  
404 deposition of commercial-size farmed gilthead sea bream (*Sparus aurata* L.) fed  
405 different dietary regimes. *Aquacult. Nutr.* **11**, 341-344.
- 406 Grigorakis, K.; Alexis, M.N.; Taylor, K.D.A.; Hole, M., 2002: Comparison of  
407 wild and cultured gilthead sea bream (*Sparus aurata*); composition, appearance  
408 and seasonal variations. *Int. J. Food Sci. Technol.* **37**, 477-484.
- 409 International Organization for Standardisation, ISO 4120, 1983: Sensory  
410 Analysis. Triangle Test. International Organisation for Standardisation, Geneva,  
411 Switzerland.
- 412 Kause, A.; Quinton, C.D.; Ruohonen, K.; Koskela, J., 2009: Genetic potential for  
413 the regulation of variability in lipid and protein content of European whitefish  
414 (*Coregonus lavaretus*). *Br. J. Nutr.* **101**, 1444-1451.
- 415 Martínez-Llorens, S.; Tomás Vidal, A.; Moñino, A.V.; Gómez Ader, J.; Pla  
416 Torres, M.; Jover Cerdá, M., 2008: Blood and haemoglobin meal as protein  
417 sources in diets for gilthead sea bream (*Sparus aurata*): effects on growth,  
418 nutritive efficiency and fillet sensory differences. *Aquacult. Res.* **39**, 1028-1037.
- 419 Meilgaard, M.; Civille, G.V.; Carr, B.T., 1999: *Sensory Evaluation Techniques*  
420 (3th edition), CRC Press, Boca Raton, Florida, USA. 387 pp.

- 421 Moretti, A.; Pedini Fernandez-Criado, M.; Cittolin, G.; Guidastri, R., 1999:  
422 Manual on hatchery production of Seabass and Gilthead sea-bream, FAO, vol 1  
423 pp 194.
- 424 Navarro, A.; Zamorano, M.J.; Hildebrandt, S.; Ginés, R.; Aguilera, C.; Afonso,  
425 J.M., 2009a: Estimates of heritabilities and genetic correlations for growth and  
426 carcass traits in gilthead seabream (*Sparus aurata* L.), under industrial conditions.  
427 *Aquaculture* **289**, 225-230.
- 428 Navarro, A.; Zamorano, M.J.; Hildebrandt, S.; Ginés, R.; Aguilera, C.; Afonso,  
429 J.M., 2009b: Estimates of heritabilities and genetic correlations for body  
430 composition traits and G x E interactions, in gilthead seabream (*Sparus aurata*  
431 L.). *Aquaculture* **295**, 183-187.
- 432 Quinton, C.D.; McMillan, I.; Glebe, B.D., 2005: Development of an Atlantic  
433 salmon (*Salmo salar*) genetic improvement program: Genetic parameters of  
434 harvest body weight and carcass quality traits estimated with animal models.  
435 *Aquaculture* **247**, 211-217.
- 436 Sánchez-Lozano, N.B.; Martínez-Llorens, S.; Tomás-Vidal, A.; Jover Cerdá, M.,  
437 2009: Effect of high-level fish meal replacement by pea and rice concentrate  
438 protein on growth, nutrient utilization and fillet quality in gilthead seabream  
439 (*Sparus aurata*, L.). *Aquaculture* **298**, 83-89.
- 440 Shearer, K.D.; Åsgård, T.; Andorsdóttir, G.; Aas, G.H., 1994: Whole body  
441 elemental and proximate composition of Atlantic salmon (*Salmo salar*) during the  
442 life cycle. *J. Fish Biol.* **44**, 785-797.
- 443 Sitjà-Bobadilla, A.; Peña-Llopis, T.S.; Gómez-Requeni, P.; Médale, F.; Kaushik,  
444 S.; Pérez-Sánchez, J., 2005: Effect of fish meal replacement by plant protein  
445 sources on non-specific defence, mechanisms and oxidative stress in gilthead sea

446 bream (*Sparus aurata*). Aquaculture **249**, 387-400.

447 Thorland, I.; Papaioannou, N.; Kottaras, L.; Refstie, T.; Papisolomontos, S.; Rye,  
448 M., 2007: Family based selection for production traits in gilthead seabream  
449 (*Sparus aurata*) and European sea bass (*Dicentrarchus labrax*) in Greece.  
450 Aquaculture **272S1**, 314.

451 Zohar, Y.; Billard, R.; Weil, C., 1984: La reproduction de la daurade (*Sparus*  
452 *aurata*) et du bar (*Dicentrarchus labrax*) connaissance du cycle sexuel et controle  
453 de la gametogenese et de la ponte. In: L'Aquaculture Du Bar et Des Sparides. Eds:  
454 G. Barnabé; R. Billard, Paris, France, INRA. pp. 3–24.

455

456

457

458

459

460

461

462

463

464

465

466

467

468

469

470

471 **Tables**

472 Table 1. Weights and longitude at the moment of the first larval selection

Batch	Size	Heads	Size	Tails
A	>4.5 mm	$0.74 \pm 0.20$ g	<3.5 mm	$0.18 \pm 0.24$ g
		$3.91 \pm 0.30$ cm		$2.52 \pm 0.24$ cm
B	>3.5 mm	$0.31 \pm 0.10$ g	<2.5 mm	$0.06 \pm 0.02$ g
		$3.91 \pm 0.30$ cm		$1.89 \pm 0.19$ cm

473

474

475

476

477

478

479

480 Table 2. Growth parameters of cultured gilthead sea-bream at the end of the feeding period. Values are reported as mean  $\pm$  SEM. AH=A Heads,  
 481 AT=A Tails, BH=B Heads, BT=B Tails.  $n_{AH, AT, BH, BT}$  Initial weight = 250;  $n_{AH}$  final weight = 206;  $n_{AT}$  final weight = 153;  $n_{BH}$  final weight = 155;  $n_{BT}$  final weight  
 482 = 136.

	AH	AT	BH	BT	483
Initial weight (g)	47.8 $\pm$ 8.6 b	10.6 $\pm$ 2.3 a	41.5 $\pm$ 8.5 b	8.9 $\pm$ 2.2 a	484
Final weight (g)	301.9 $\pm$ 51.7 b	195.9 $\pm$ 28.9 a	320.7 $\pm$ 52.0 b	183.9 $\pm$ 32.7 a	485
	Heads		Tails		486
FI (g 100 / g fish x d)	0.93 $\pm$ 0.02 a		1.09 $\pm$ 0.02 b		487
DGI (% / d)	1.49 $\pm$ 0.45		1.67 $\pm$ 0.45		488
TGC (x1000)	1.49 $\pm$ 0.05		1.67 $\pm$ 0.05		489
FCR	1.40 $\pm$ 0.05		1.35 $\pm$ 0.05		490
Growth slope (b)	1.24 $\pm$ 0.05 b		0.84 $\pm$ 0.05 a		491

492

493 FI (Feed Intake, g 100 / g fish x d) =  $100 \times \text{feed consumption (g)} / \text{average biomass (g)} \times \text{d}$ ; DGI (Daily Growth Index, %/d) =  $100 \times (\text{final}$   
494  $\text{weight}^{1/3} - \text{initial weight}^{1/3}) / \text{d}$ ; TGC (Thermal Growth Coefficient, TGC x 1000 =  $(\text{Final weight}^{1/3} - \text{Initial weight}^{1/3}) / (\sum \text{°C effective} \times \text{d})$ ; FCR  
495 (Feed Conversion Ratio =  $\text{feed offered (g)} / \text{weight gain (g)}$ ).

496

497

498

499

500

501

502

503

504

505

506 Table 3. Body parameters at the end of the growing period. Values are reported as mean  $\pm$  SEM. Different letters mean significant differences  
 507 between head and tail specimens of a same batch. AH=A Heads, AT=A Tails, BH=B Heads, BT=B Tails.  $n_{AH, AT, BH, BT} = 15$ .

	AH	AT	BH	BT
Body weight (g)	290.5 $\pm$ 11.6 b	186.0 $\pm$ 11.6 a	319.3 $\pm$ 12.0 b	176.3 $\pm$ 12.0 a
Total length (cm)	24.3 $\pm$ 0.4 b	21.7 $\pm$ 0.4 a	24.7 $\pm$ 0.3 b	20.9 $\pm$ 0.4 a
$C_F$	1.97 $\pm$ 0.04 b	1.81 $\pm$ 0.04 a	2.07 $\pm$ 0.04 b	1.93 $\pm$ 0.04 a
$I_G$ (%)	0.11 $\pm$ 0.02 b	0.00 $\pm$ 0.02 a	0.20 $\pm$ 0.03 b	0.02 $\pm$ 0.03 a
$I_H$ (%)	1.67 $\pm$ 0.11	1.68 $\pm$ 0.11	2.04 $\pm$ 0.14 b	1.63 $\pm$ 0.14 a
$I_V$ (%)	7.01 $\pm$ 0.32	7.69 $\pm$ 0.32	8.26 $\pm$ 0.22 b	7.62 $\pm$ 0.22 a
$I_M$ (%)	1.51 $\pm$ 0.20	1.26 $\pm$ 0.20	2.19 $\pm$ 0.22 b	1.46 $\pm$ 0.22 a
$F_Y$ (%)	36.91 $\pm$ 1.19	35.25 $\pm$ 1.19	38.85 $\pm$ 1.61 b	32.72 $\pm$ 1.61 a



HP (%)	$23.40 \pm 0.68$	$23.40 \pm 0.68$	$22.26 \pm 0.49$	$22.49 \pm 0.51$	508
--------	------------------	------------------	------------------	------------------	-----

---

~~509~~

510

511

512

513

514

515

516

517

518

519

520

521  $C_F$  (Condition Factor) =  $100 \times \text{total weight (g)} / \text{total length}^3 \text{ (cm)}$ ;  $I_G$  (Gonadosomatic index, %) =  $100 \times \text{gonad weight (g)} / \text{total weight (g)}$ ;  $I_H$   
522 (Hepatosomatic index, %) =  $100 \times \text{liver weight (g)} / \text{total weight (g)}$ ;  $I_V$  (viscerosomatic index, %) =  $100 \times \text{viscera weight (g)} / \text{total weight (g)}$ ;  
523  $I_M$  (mesenteric fat index, %) =  $100 \times \text{mesenteric fat weight (g)} / \text{total weight (g)}$ ;  $F_Y$  (fillet yield, %) =  $100 \times (\text{total body weight} - \text{head} - \text{viscera} -$   
524  $\text{fins} - \text{bone} - \text{skin} - \text{gonad}) \text{ (g)} / \text{total weight (g)}$ ;  $H_P$  (head percentage, %) =  $100 \times \text{head weight (g)} / \text{total weight (g)}$ .

525

526

527

528

529

530

531

532

533

534

535 Table 4. Whole body composition at the end of growing period. Values are reported as mean  $\pm$  SEM. Different letters mean significant  
 536 differences between heads and tails of a same batch. AH=A Heads, AT=A Tails, BH=B Heads, BT=B Tails.  $n_{AH, AT, BH, BT} = 10$ .

537

	AH	AT	BH	BT
Moisture (%)	60.91 $\pm$ 0.45 a	64.44 $\pm$ 0.45 b	60.95 $\pm$ 0.69 a	65.79 $\pm$ 0.69 b
Ash (%)	2.29 $\pm$ 0.12	2.13 $\pm$ 0.12	2.19 $\pm$ 0.12	2.12 $\pm$ 0.12
Protein (%)	15.70 $\pm$ 0.14	15.98 $\pm$ 0.14	15.73 $\pm$ 0.10	15.44 $\pm$ 0.10
Fat (%)	20.77 $\pm$ 0.53 b	17.06 $\pm$ 0.53 a	20.14 $\pm$ 0.69 b	16.02 $\pm$ 0.69 a

538

539

540

541

542

543

544 Table 5. Fillet composition at the end of growing period. Values are reported as mean  $\pm$  SEM. Different letters mean significant differences545 between heads and tails of a same batch. AH=A Heads, AT=A Tails, BH=B Heads, BT=B Tails.  $n_{AH, AT, BH, BT} = 5$ .

	AH	AT	BH	BT
Moisture (%)	73.50 $\pm$ 0.41	74.56 $\pm$ 0.41	71.82 $\pm$ 0.39 a	73.35 $\pm$ 0.39 b
Ash (%)	1.37 $\pm$ 0.03	1.43 $\pm$ 0.03	1.43 $\pm$ 0.02	1.43 $\pm$ 0.02
Protein (%)	20.20 $\pm$ 0.28	20.56 $\pm$ 0.28	20.08 $\pm$ 0.27	20.70 $\pm$ 0.27
Fat (%)	4.58 $\pm$ 0.20	4.23 $\pm$ 0.22	6.52 $\pm$ 0.38 b	4.61 $\pm$ 0.38 a

546

547

548

549

550 Table 6. Results for sensory test. AH=A Heads, AT=A Tails, BH=B Heads, BT=B Tails.

Set	AH vs AT	BH vs BT
Number of triangles	116	116
Number of correct responses	42	48
Significance	> 0.05	< 0.05