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Sorensen, S.; Gallego Albiach, V.; Pérez Igualada, LM.; Butts, I.; Tomkiewicz, J.; Asturiano Nemesio, JF. (2013). Evaluation of methods to determine sperm density for the European eel, *Anguilla anguilla*. *Reproduction in Domestic Animals*. 48(6):936-944.
doi:10.1111/rda.12189.



The final publication is available at

<https://dx.doi.org/10.1111/rda.12189>

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Additional Information

1

2 **Title: Evaluation of methods to determine sperm density for the**

3 **European eel, *Anguilla anguilla***

4

5 Abridged title: European eel sperm density

6

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21

22 **Contents**

23 European eel, *Anguilla anguilla*, is a target species for future captive breeding, yet best

24 methodology to estimate sperm density for application in *in vitro* fertilization is not

25 established. Thus, our objectives were to evaluate methods to estimate European eel

26 sperm density including spermatocrit, computer assisted sperm analysis (CASA) and
27 flow-cytometry (FCM), using Neubauer Improved hemocytometer as benchmark.
28 Initially, relationships between spermatocrit, hemocytometer counts, and sperm motility
29 were analyzed, as well as the effect of sperm dilution on hemocytometer counts.
30 Furthermore, accuracy and precision of spermatocrit, applying a range of G-forces, were
31 tested and the best G-force used in method comparisons.

32 We found no effect of dilution on hemocytometer sperm density estimates, whereas
33 motility associated positively with hemocytometer counts, but not with spermatocrit.
34 Results from all techniques, spermatocrit, CASA and FCM, showed significant positive
35 correlations with hemocytometer counts. The best correlation between spermatocrit and
36 hemocytometer counts was obtained at $6000 \times g$ ($r = 0.68$). Out of two CASA variants,
37 one or three photographic fields (CASA-1 and CASA-2), CASA-2 showed a very high
38 accuracy to hemocytometer counts ($r = 0.93$), but low precision (CV: CASA-2 =
39 28.4%). FCM was tested with and without microfluorospheres (FCM-1 and FCM-2,
40 and relationships to hemocytometer counts were highly accurate (FCM-1: $r = 0.94$;
41 FCM-2: $r = 0.88$) and precise (CV: FCM-1 = 2.5; FCM-2 = 2.7%). Overall, CASA-2
42 and FCM-1 feature reliable quantification of European eel sperm, but FCM-1 has a clear
43 advantage featuring highest precision and accuracy. Together, these results provide a
44 useful basis for gamete management in fertilization protocols.

45

46 **Introduction**

47 European eel, *Anguilla anguilla*, is a well-known species in aquaculture with a
48 commercial value in 2010 of ~8.3 € per kg and production approaching 7000 tons
49 (FIGIS 2012). Still, the eel farming industry relies solely on wild-caught juveniles for
50 production, as protocols for commercial production of glass eels are not available. Since

51 2006, new integrated methods have expanded this research field for European eel, thus
52 enabling researchers to produce multiple batches of competent gametes, embryos and
53 yolk sac larvae (Tomkiewicz (ed) 2012; PRO-EEL 2013).

54 For several species of marine finfish, it is challenging to produce high-quality
55 gametes for fertilization (Bobe and Labbé 2010). As such, research has focused on how
56 to optimize fertilization strategies for a given species (Butts et al. 2012; 2009).
57 Standardizing the sperm to egg ratio is one such technique that has been used to
58 improve fertilization rates (Bart and Dunham 1996; Christopher et al. 2010; Suquet et
59 al. 1995). Generally lowering the sperm density reduces the fertilization percentage, but
60 any excess sperm sticking to the egg chorion serves as a substrate for microbial activity,
61 which is known to impair embryonic development (Bergh et al. 1992; Oppenheimer
62 1955). Determining the optimal sperm to egg ratio (among other methods) is therefore
63 important for successful *in-vitro* fertilization, thus implying the need for accurate and
64 precise methods for quantification of sperm concentration and density.

65 Sperm quality is commonly assessed using density and motility/velocity. In literature
66 sperm density and motility has been linked with no or unclear relationships (Rideout et
67 al., 2004; Tvedt et al., 2001). Quantifying spermatozoa density is routinely done by
68 counting the number of spermatozoa in a specific volume of ejaculate (Alavi et al.
69 2008). The most common counting method is performed using a hemocytometer, which
70 is classified by the World Health Organization as the “gold standard” for sperm
71 quantification in humans (WHO 1999). This method however, is time consuming
72 (Suquet et al. 1992), and precision relies on skilled personnel. As such, studies have
73 been conducted to discover faster and more automated counting methods (reviewed in
74 Fauvel et al. 2010).

75 Spermatocrit, defined as the ratio of packed sperm to the total volume of milt $\times 100$,
76 is a fast and easy method to estimate spermatozoa concentration. Positive significant
77 correlations between spermatocrit and sperm density estimates, using a hemocytometer,
78 have been reported for several species (Agarwal and Raghuvanshi 2009; Ciereszko and
79 Dabrowski 1993; Hatef et al. 2007; Rideout et al. 2004). However, it is important to
80 note that sperm sedimentation is a reported feature in marine fish species (Fauvel et al.
81 2010), potentially compromising the accuracy of spermatocrit estimates. In addition,
82 fluctuations in spermatozoa size during the spawning season potentially bias and
83 influence spermatocrit values; for instance, spermatozoa head size changes in marine
84 fish during a spawning season, such as in Atlantic cod (Butts et al. 2011).

85 Computer assisted sperm analysis (CASA) automates sperm quality assessment,
86 which in turn provides quick, precise, and objective results (Fauvel et al. 2010; López
87 Rodríguez et al. 2011). The strength of CASA lies in quantification of motility, velocity,
88 and behavioral trajectories (i.e. linearity, amplitude of lateral head movement). CASA is
89 furthermore capable of quantifying density of sperm as shown by (Ehlers et al. 2011)
90 together making it a versatile descriptor of sperm quality. Flow-cytometry (FCM) is
91 another automated technique that is able to measure the amount of one or more
92 fluorescent stains in a cell. It features high precision, sensitivity, accuracy, and speed
93 (Cordelli et al. 2005) and due to this deemed a potentially valuable method for assessing
94 male germ cell quality (Cordelli et al. 2005). Within this context, there is a need to
95 assess the applicability of these automated counting methods for the European eel.

96 Spermatogenesis in eels applied in captive reproduction experiments is induced using
97 human chorionic gonadotropin (hCG) (Pérez et al. 2000; Tomkiewicz et al. 2011).
98 Spermiation in European eel starts around week 5 using 1.5 to 2.0 IU hCG g^{-1} fish in
99 weekly treatment (Asturiano et al. 2006; Pérez et al. 2000) with sperm volume

100 increasing until week 8-12 of treatment after which it stabilizes (Asturiano et al. 2006;
101 Tomkiewicz et al. 2011). At this stage, spermatozoa densities are in the range of 5 to 18
102 $\times 10^9$ cells mL⁻¹ (Gallego et al. 2012; Pérez et al. 2000). During spermatozoa
103 maturation, spermatozoa size changes in European eel (Asturiano et al. 2006; Marco-
104 Jiménez et al. 2006). This includes an increase in spermatozoa head length from the 5th
105 to 7th week and head thickening continuing until the 8th week of hormonal treatment
106 (Asturiano et al. 2006; Marco-Jiménez et al. 2006). After the 8th week, only minor
107 changes in spermatozoa/sperm cells head size occur, followed by a decrease in head
108 length from the 12th week and onwards (Marco-Jiménez et al. 2006; Peñaranda et al.
109 2010; Pérez et al. 2009). Within the last decade, European eel sperm have been
110 analyzed using CASA techniques to describe motility parameters (Gallego et al. In
111 Press; Peñaranda et al. 2010; Pérez et al. 2009), ratio of viable spermatozoa (Asturiano
112 et al. 2005; 2004) and their morphology (Marco-Jiménez et al. 2006). Furthermore,
113 spermatocrit (12,000 \times g) has been used to standardize sperm:egg ratios in European eel
114 fertilization experiments (Tomkiewicz (ed) 2012). However, no studies have been
115 conducted to quantify eel sperm density using CASA or FCM; nor has the accuracy and
116 precision of different methods to quantify sperm density been evaluated.

117 The purpose of this study was to provide fast and reliable tools to measure sperm
118 density for European eel. More specifically, our objectives were to (i) test the
119 relationship between spermatocrit and Neubauer Improved hemocytometer counts, (ii)
120 test whether spermatocrit and hemocytometer counts correlates with sperm motility
121 class; (iii) assess the effect of sperm dilution on hemocytometer counts; (iii) test the
122 accuracy of spermatocrit for sperm quantification and identify the G-force for best
123 correlation between spermatocrit and hemocytometer counts; (iv) evaluate accuracy and
124 precision of spermatocrit, CASA, FCM using hemocytometer counts as benchmark; and

125 (v) discuss these results in context of applicability for use in hatchery production of the
126 European eel.

127

128 **Material and methods**

129 **Data collection**

130 *Fish and hormonal treatment*

131 Male European eels (n = 43; mean standard length and body weight \pm SD: 40 \pm 2.6 cm
132 and 124 \pm 21 g, respectively) were obtained from a commercial eel farm, Stensgård Eel
133 Farm A/S in Jutland, Denmark (55.655461N : 9.20051E). Age of the fish ranged from 2
134 to 6 years. The fish were transported to a research facility (55.407444N : 9.403414E) of
135 the Technical University of Denmark (DTU) in September 2011, and acclimatized to
136 saltwater over a 10 day period. While at DTU, the eels were kept in 300 L tanks
137 equipped with a closed re-circulation system. The salinity and temperature of the system
138 ranged from 36.7 to 37.3 ppt and 19.5 to 20.5 °C, respectively. Saltwater was made
139 artificially using Tropic Marin Sea Salt (Dr. Biener GmbH, Wartenberg, Germany).
140 Fish were maintained under photoperiod of 12 h at ~20 lux and 12 h in dark with a 30
141 min gradual transition between these. No feed was provided during the experiment
142 mimicking nature, where eels in silvering stage cease feeding (Dollerup and Graver
143 1985).

144 Hormonal treatment was initiated on 22 September 2011. Prior to onset of hormonal
145 treatment, all males were anesthetized using ethyl p-aminobenzoate at 20 mg L⁻¹
146 (benzocaine; Sigma-Aldrich Chemie, Steinheim, Germany). Each fish was tagged with
147 a passive integrated transponder (PIT tag) in the dorsal muscle tissue. Each week, fish
148 were weighed and received dorsal injections of recombinant human chorionic
149 gonadotropin at 1.5 IU g⁻¹ fish (rhCG; Ovitrelle, Madrid, Spain) following Gallego et al.

150 (2012).

151

152 *Sperm sampling*

153 Milt was collected after the 8th (trial 1) and 9th (trials 2+3) hormonal treatment,
154 coinciding with the recommended time to strip sperm for high quality gametes
155 (Asturiano et al. 2006). Sperm samples were obtained 24 h after injection of rhCG to
156 optimize sperm quality (Pérez et al. 2000). Prior to harvest, males were anesthetized
157 using benzocaine as above. The urogenital pore was thoroughly cleaned using Milli-Q
158 water and dried prior to sperm collection. The first ejaculate of milt was omitted to
159 avoid urine and feces contamination. Ejaculated milt was kept in sterilized 50 mL
160 Falcon tubes, covered using Parafilm[®]M, and stored at 4 °C until motility estimation
161 (max. 30 min). Following motility estimation sperm was refrigerated at 4 °C until
162 further assessment (within 5 h).

163

164 *Sperm dilution*

165 Dilutions used for hemocytometer counting, CASA, and FCM were 1:1000 or 1:2000
166 (see below). Hemocytometer counts was performed on fresh sperm, while the other
167 treatments were conducted on preserved sperm samples. Sperm dilutions were done
168 immediately after milt collection in P1 medium (Peñaranda et al. 2010) containing
169 glutaraldehyde 2.5% (v/v) (Sigma-Aldrich Chemie, Steinheim, Germany) to avoid
170 movement of sperm. Dilutions were done using a two-step procedure by first diluting
171 sperm 1:20 and subsequently 1:50 or 1:100 to obtain final dilutions of 1:1000 or 1:2000,
172 respectively.

173

174 *Sperm motility determination*

175 Immediately after milt collection, sperm motility was assessed by mixing 2 μ L of milt
176 with 200 μ L of 37 ppt artificial seawater (Aqua Medic Sea salt, GmbH, Bissendorf,
177 Germany), with 2% w/v Bovine Serum Albumin (Sigma-Aldrich, Chemie, Steinheim,
178 Germany), adjusted to 8.2 pH (Peñaranda et al. 2010). After activation, 2 μ L of sperm
179 were assessed in a SpermTrack-10® chamber (Proiser R+D, S.L.; Paterna, Spain) and
180 observed between 15 and 30 s after activation using a Nikon Eclipse 55i microscope
181 (Nikon Corporation, Tokyo, Japan), fitted with a Nikon DS-Fi1 camera head, and 100 \times
182 magnification (10 \times CFI Plan Flour). All the samples were performed in triplicate and
183 analyzed by the same trained observer to avoid subjective differences in motility
184 evaluation. Motility of each replicate was characterized to nearest 10% increment,
185 averaged, and then categorized into an arbitrary scale where 0: represents no motile
186 sperm; while I: <25%; II: 25-50%; III: 50-75%; IV: 75-90%; and V: 90-100% represent
187 per cent of motile spermatozoa (Pérez et al. 2009).

188

189 *Spermatocrit*

190 Spermatocrit, defined as the ratio of packed sperm to the total volume of milt \times 100,
191 was used to estimate sperm concentration. Fresh milt from each male was drawn into
192 three Vitrex™ micro-hematocrit tubes, 75 mm long, with a 1.1 to 1.2 mm opening and
193 sealed using Vitrex™ Sigillum wax. Tubes were centrifuged (Haematokrit 210, Andreas
194 Hettich GmbH & Co.KG, Tuttlingen Germany) for 10 min at specific G-forces ranging
195 from 500 to 14,000 \times g (see below for further details). The mean of three measurements
196 per male was used for statistical analyses. Spermatocrit was determined using a digital
197 caliper (\pm 0.05 mm).

198

199 *Hemocytometer counting*

200 A Neubauer Improved hemocytometer was used for counting sperm cell density diluted
201 at 1:1000 or 1:2000 (see section *Sperm dilution*). Sperm counts were done in triplicate
202 and results expressed as spermatozoa $\times 10^9 \text{ mL}^{-1}$

203

204 *CASA counting*

205 Milt samples preserved and diluted at 1:2000 in P1 medium (see section *Sperm dilution*)
206 were applied for CASA counting. Sperm (2.5 μL) were added to the SpermTrack-10®
207 chamber (Proiser R+D, S.L.; Paterna, Spain) and density was assessed by the
208 concentration module of the Integrated Semen Analysis System (ISAS; Proiser R+D,
209 S.L.; Paterna, Spain). Images for CASA analyses were captured using a Nikon Eclipse
210 E-400 microscope (Nikon Corporation, Tokyo, Japan) equipped with a 10 \times negative
211 phase objective lens. The image captured represented ~90% of the whole microscope
212 field. The mean number of cells per field was between 15 and 45 depending on sperm
213 density. All analyses were performed in triplicate and two different methods were used:
214 CASA-1 = capturing one microscope field per replicate and CASA-2 = capturing three
215 microscope fields per replicate.

216

217 *Flow cytometer counting*

218 Milt samples used for flow cytometer analyses (Cytomics FC500; Beckman Coulter,
219 USA) were diluted at 1:2000 in P1 medium (see section *Sperm dilution*). Two different
220 methods were applied to calculate sperm density: FCM-1 = at least 5000 events
221 (spermatozoa detected, after discarding debris) were analyzed by a medium flow rate
222 (30 $\mu\text{L}/\text{min}$) with time as the measured factor in each sample; and FCM-2 = a known
223 concentration of fluorospheres (Flow-Check™ Fluorospheres, Beckman Coulter) were
224 diluted in each sperm sample and at least 5000 events (spermatozoa and fluorospheres

225 detected, after discarding debris) were analyzed by a medium flow rate. Here the ratio
226 of sperm cells/fluorospheres was the registered factor in each sample. In both methods,
227 sperm density was determined by the number of spermatozoa per volume analyzed for
228 each sample. All spermatozoa were stained using 0.1 μM SYBR-14 for 10 min, making
229 sperm distinguishable from the remaining particles. We used a 20-mW air-cooled
230 Argon ion laser with excitation wavelength of 488 nm, and measured emission light
231 using the FL1 photodetector channel to read the green light (525 nm).

232

233 **Experimental design**

234 *Trial 1: Relationships between spermatocrit, sperm density, and motility*

235 Males ($n = 43$) were stripped and spermatocrit was measured in triplicate for individual
236 males by centrifuging at $12,000 \times g$ for 10 min. Sperm samples were counted using a
237 hemocytometer with a dilution of 1:1000. Sperm motility was assessed for each male.

238

239 *Trial 2: Effect of sperm dilution*

240 In total, 14 randomly chosen males were stripped and sperm from six of these
241 individuals were selected to have a good dispersion of motility values and avoid bias
242 (10 to 45%). For hemocytometer counts, sperm samples from the same males were
243 diluted at 1:1000 and 1:2000 in P1 medium.

244

245 *Trial 3: Identification of the optimal G-force*

246 Initially milt from 35 mature males was collected. From these fish, sperm from 10
247 males were selected covering the range from low to high (27 to 95%) spermatozoa
248 motility. Spermatocrit was measured using 500; 2000; 4000; 6000; 8000; 10,000;
249 12,000; and $14,000 \times g$ at a centrifugal time of 10 min. For each G-force, new aliquot

250 samples of sperm were used. For each male, hemocytometer counts were obtained using
251 samples diluted at 1:2000 (see section *Hemocytometer counting*).

252

253 *Trail 4: Test accuracy of automated methods (CASA, FCM) with hemocytometer counts*

254 Data were collected using the same 10 sperm samples as in Trial 3. Automated counting
255 was performed using CASA (CASA-1 and CASA-2) and FCM (FCM-1 and FCM-2). In
256 addition, sperm were counted using a hemocytometer. Measurements were done in
257 triplicate.

258

259 **Statistical analyses**

260 Data were analyzed using Sigmaplot v. 11 (Systat Software Inc, Hounslow, UK), and R
261 (R Core Team, 2012, Vienna, Austria). Shapiro-Wilk and Levene's test were used to
262 check for normality and homoscedasticity assumptions, respectively. Data were
263 expressed as mean \pm SD. Alpha was set at 0.05 for main effects and interactions.

264

265 *Trial 1: Relationships between spermatocrit, sperm density, and motility*

266 To compare spermatocrit and hemocytometer counts Model II linear regression was
267 used (ordinary least products regression as described by (Ludbrook 2010)) due to
268 possible variation on both x and y-axes. Model II regression was run for all males and
269 also for a subset of males exhibiting motility values greater than 80%. Furthermore,
270 one-way ANOVAs were run to test whether spermatocrit and hemocytometer counts
271 were independent of sperm motility class. Hemocytometer data violated ANOVA
272 assumptions. As such, a Kruskal-Wallis test was used for further analyses.

273

274

275 *Trial 2: Effect of sperm dilution on sperm density*

276 A student T-test was used to compare sperm density estimates in samples diluted in the
277 ratios 1:1000 and 1:2000, respectively.

278

279 *Trial 3: Identification of the optimal G-force*

280 Model II linear regression was used to compare hemocytometer counts and spermatocrit
281 for each G-force.

282

283 *Trial 4: Test accuracy of automated methods (CASA, FCM) with hemocytometer counts*

284 Model II linear regression was used to compare CASA-1, CASA-2, FCM-1, FCM-2,
285 spermatocrit with hemocytometer counts. Next, coefficient of variation (CV) was used
286 for each counting technique to assess between subject variability; spermatocrit values
287 for this analysis were obtained from Trial 3.

288

289 **Results**

290 *Trial 1: Relationships between spermatocrit, sperm density, and motility*

291 Spermatocrit at $12,000 \times g$ ranged from 12.3 to 100% and hemocytometer counts
292 ranged from 1.4 to 21.4×10^9 sperm mL^{-1} (Fig. 1). For these 43 males, there was a
293 significant positive relationship between spermatocrit and hemocytometer counts ($r =$
294 0.53 , $F_{1,42} = 15.60$, $P < 0.001$, $y = -1.564 + 4.031x$). However, a high degree of scatter
295 was observed in the spermatocrit values; i.e. spermatocrit values for hemocytometer
296 counts around 8×10^9 mL^{-1} ranged from 15 to 60%. The hemocytometer counts for
297 males showing motility $> 80\%$ ($n = 10$) were generally higher, resulting in a different
298 relationship between spermatocrit and hemocytometer counts ($r = 0.62$, $F_{1,9} = 5.02$, $P =$
299 0.030 , $y = -24.434 + 4.661x$).

300

301 [Insert Figure 1]

302

303 Hemocytometer counts were associated with motility class, such that sperm counts
304 were significantly higher in motility class V (approaching 100 %) than in class 0 with
305 lowest motility ($F_{4,37} = 2.73$, $P = 0.034$; Fig. 2). On the contrary, spermatocrit values did
306 not vary among sperm motility classes ($H = 4.789$, $P = 0.442$; Fig. 2). The number of
307 males in motility class 0 shows high variability because it is composed of two
308 individuals.

309

310 [Insert Figure 2]

311

312 *Trial 2: Effect of sperm dilution on sperm density*

313 The effect of dilution (1:1000 vs. 1:2000) on hemocytometer estimates of sperm density
314 was non-significant ($t_{10} = 0.048$, $P = 0.963$; Fig. 3); only the variation among replicates
315 tended to be higher at lower dilution.

316

317 [Insert Figure 3]

318

319 *Trial 3: Identification of optimal G-force*

320 Sperm from Male 3 and Male 8 showed a rapid decrease in spermatocrit over the G-
321 force gradient (Fig. 4). There were significant positive relationships between
322 spermatocrit and hemocytometer counts at 500; 4000; 6000; 12,000; and 14,000 \times g (r
323 values ranged from 0.33 to 0.68, $P \leq 0.049$; Fig. 5.). The best relationship was found

324 between spermatocrit and hemocytometer counts at $6000 \times g$ ($r = 0.68$, $P = 0.016$; Fig.
325 5), as such these G-force data were used for further comparisons.

326

327 [Insert Figure 4]

328 [Insert Figure 5]

329

330 *Trail 4: Test accuracy of automated methods (CASA, FCM) with hemocytometer counts*
331 CASA-1 ($r = 0.70$, $F_{1,9} = 7.61$, $P = 0.012$) and CASA-2 ($r = 0.93$, $F_{1,9} = 51.16$, $P < 0.001$;
332 Fig. 6) density estimates were positively related to hemocytometer counts. Furthermore,
333 there were significant positive relationships between FCM-1 ($r = 0.94$, $F_{1,9} = 62.921$, $P <$
334 0.001) and FCM-2 ($r = 0.88$, $F_{1,9} = 26.84$, $P < 0.001$) and hemocytometer counts.

335

336 [Insert Figure 6]

337

338 The CVs for CASA-1 (17.9%) and CASA-2 (28.4%) were in the order of 7.5 times
339 greater compared to the other counting techniques (CV ranges from 2.5 to 5.9%; Table
340 1).

341

342 [Insert Table 1]

343

344 **Discussion**

345 In this study, we report several key findings: (i) hemocytometer counts were positively
346 associated sperm motility; (ii) hemocytometer counts were not affected by milt dilution
347 ratio; (iii) optimizing G-force for centrifuging milt improved the relationship between
348 spermatocrit and hemocytometer counts; (iv) spermatocrit, CASA and FCM, were all

349 positively related to hemocytometer counts with CASA-2 and FCM-1 having the
350 strongest relationship to hemocytometer counts.

351 Spermocrit has been used to estimate sperm concentration for several species of
352 fish (Rakitin et al. 1999; Rideout et al. 2004), such as yellow perch, *Perca flavescens*
353 (Ciereszko and Dabrowski 1993), haddock, *Melanogrammus aeglefinus* (Rideout et al.
354 2004), Atlantic halibut, *Hippoglossus hippoglossus* (Tvedt et al. 2001), snow trout,
355 *Schizothorax richardsonii* (Agarwal and Raghuvanshi 2009), brown trout, *Salmo trutta*
356 (Poole and Dillane 1998), Atlantic salmon, *Salmo salar* (Aas et al. 1991), rainbow trout,
357 *Oncorhynchus mykiss* (Ciereszko and Dabrowski 1993) and lake whitefish, *Coregonus*
358 *clupeaformis* (Ciereszko and Dabrowski 1993). Together these studies found
359 spermocrit as a quick and easy technique for estimating sperm concentration (Alavi et
360 al. 2008). In the present study, we evaluated the relationship between spermocrit and
361 hemocytometer counts for the European eel and showed a significant positive
362 relationship between these two quantitative sperm metrics. However, its relationship
363 with hemocytometer counts showed considerable scatter and appeared inferior to the
364 automated counting methods. Furthermore, the tests of different centrifugal G-forces
365 revealed that r varies between 0.33 and 0.68 and the best relationship between
366 spermocrit and hemocytometer counts was obtained at $6000 \times g$. Higher centrifugal
367 forces tended to result in low correlation coefficients, as a result of changes in cell
368 packing within the microhematocrit tube.

369 A non-significant relationship between spermocrit and hemocytometer counts was
370 found in Atlantic cod, *Gadus morhua* (Rakitin et al. 1999). The authors suggested this
371 might be an artifact of small volumes of milt being diluted in immobilizing media
372 before sperm density was quantified using a hemocytometer. This study by Rakitin et al.
373 (1999) used a one-step 500-fold dilution and their reported variability was high (CV =

374 27.7%). We found negligible effect of milt dilution ratio on hemocytometer counts as
375 well as a low coefficient of variation (CV = 5.9%). The precision and accuracy of
376 hemocytometer counts has been addressed in the literature (see Alavi et al. 2008 and
377 Fauvel et al. 2010 for review) and errors due to pipetting, dilution ratio, sperm settling
378 times, and operator biases are emphasized (Rakitin et al. 1999). Therefore, there is a
379 need for species-specific guidelines for fishes as set by the WHO for humans (WHO
380 1999).

381 Sperm motility and spermatocrit values were independent, while hemocytometer
382 density estimates increased with motility class, such that the low motility class 0 (no
383 motility) had significantly lower sperm density than the high motility class V (90-100%
384 motility). The latter concurs with final hydration of spermatozoa coinciding with final
385 maturation and increase of motility (Gallego et al. 2012). Useful future research should
386 relate these quantitative sperm metrics to other estimates of quality, such as sperm
387 velocity and fertilization success.

388 In our study, CASA-2 and FCM-1 show strong predictive relationships with
389 hemocytometer counts ($r = 0.93$ and 0.94 , respectively). FCM-1 gave the strongest
390 relationship. FCM has an advantage over CASA in that it has a 10-fold lower
391 coefficient of variation. Similarly, sperm counts measured by hemocytometer and flow
392 cytometer were also highly correlated ($r^2 = 0.85$) in the razorback sucker, *Xyrauchen*
393 *texanus* (Jenkins et al. 2011). CASA, although not commonly used for quantification of
394 fish sperm density, gave promising result. This indicates that CASA is a universal tool
395 for sperm quality and quantity assessment. Such that CASA complements flow
396 cytometry and is primarily used for sperm velocity and motility analysis while Flow
397 cytometri complements with parameters related to physiological state of sperm e.g.
398 membrane potential and cell integrity (Cordelli et al. 2005; Fauvel et al. 2010) CASA

399 software is commonly used throughout the field of sperm biology (Marco-Jiménez et al.
400 2006; Peñaranda et al. 2010; 2008; Pérez et al. 2009), as open-source systems have
401 immersed, resulting in inexpensive alternatives for sperm quality assessment (Komori
402 et al. 2006; Wilson-Leedy and Ingermann 2007). We recommend these automated
403 systems for studying reproductive physiology and for routine assessment of sperm
404 density for the European eel. Additionally, spectrophotometry methods should be
405 examined (Fauvel et al. 1999).

406 When deciding which method to use for quantification of sperm, both economic
407 feasibility and accuracy/precision of specific device(s) need to be considered. In Table
408 2, we provide an overview of resource requirements, advantages, and disadvantages for
409 the different quantitative methods investigated. In summary, the hemocytometer
410 features low operational costs, precise measurements, but is time consuming and
411 precision relies on skilled personnel. Spermatocrit measurements require a centrifuge,
412 low level of operator training, are fast, but are not as accurate as other methods. CASA-
413 1 requires special software and a microscope with video frame grabber. Additionally,
414 CASA-1 gives fast results, but has relatively low accuracy and precision. CASA-2, like
415 the aforementioned, needs software, requires a microscope, and video frame grabber.
416 Furthermore, CASA-2 gives an accurate result, but at low precision. FCM-1 requires
417 expensive equipment, gives both accurate and precise results, while FCM-2 features the
418 same characteristics, although slightly more expensive and less accurate. Both the
419 hemocytometer and automated counting techniques differ from spermatocrit by giving
420 counts rather than concentration, and therefore are likely less subjective to bias from
421 changes in spermatozoa head morphology (Marco-Jiménez et al. 2006).

422

423 [Insert Table 2]

424

425 In conclusion, we found highly predictive relationships between CASA-2 and FCM-
426 1 and hemocytometer counts, which can be considered as accurate methods for
427 quantification of European eel sperm. These methods appear the most efficient for
428 developing standardized fertilization protocols, enabling optimized sperm to egg ratios.
429 We also found a lower, but significant correlation between spermatocrit and
430 hemocytometer counts, although not as clear as reported in some other fish species.

431

432 **Acknowledgements**

433 This work was conducted as part of the project “Reproduction of European Eel: Toward
434 a Self-sustained Aquaculture” (PRO-EEL) supported financially by the European
435 Commission's 7th Framework Programme under the Theme 2 "Food, Agriculture and
436 Fisheries, and Biotechnology", Grant Agreement n°245257. Juan F. Asturiano and Luz
437 Pérez received a grant to stay in Denmark from Programa de Apoyo a la Investigación y
438 Desarrollo (PAID-00-11) of the Universitat Politècnica de València. Victor Gallego has
439 a predoctoral grant from Spanish Ministry of Science and Innovation (MICINN). Fish
440 were raised at a commercial eel farm in Jutland, Denmark (Stensgård Eel Farm A/S).
441 We want to thank Peter Lauesen, Billund Aquaculture Service, Christian Graver,
442 Danish Eel Producers Association, and Maria K. Johnsen, Technical University of
443 Denmark, for help and assistance in experiments. All fish were handled in accordance
444 with the European Union regulations concerning the protection of experimental animals
445 (Dir 86/609/EEC).

446

447 **Conflict of interest**

448 None of the authors have any conflict of interest to declare.

449

450 **Author contributions**

451 SRS, JT and JFA conceived the experiment. SRS, VG, LP and JFA performed the
452 experimental design and experiment execution. SRS, VG, IEAB, JT and JFA performed
453 data analyses and interpretation. JT and JFA supervised the study design, execution,
454 analysis and approved the final version. All authors read and approved the manuscript.

455

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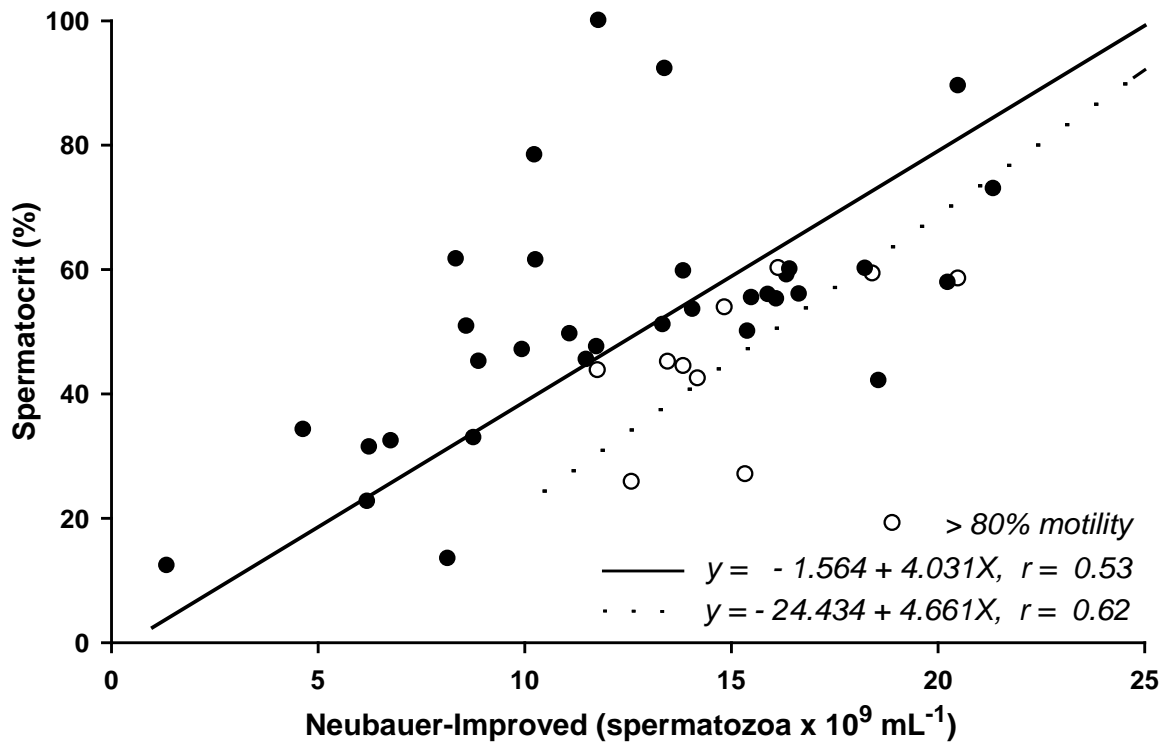
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609 Figure 1

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613 Fig. 1. Relationships between spermatocrit and hemocytometer counts in the European
 614 eel, *Anguilla anguilla*. Model II linear regression was used (ordinary least products
 615 regression as described by (Ludbrook 2010)) due to possible error in both x and y-axes.
 616 Regression analyses were run for all males (n = 43) and this is represented by a solid
 617 line; those males with motility >80% (n = 10) are represented by open circles and a
 618 dashed line.

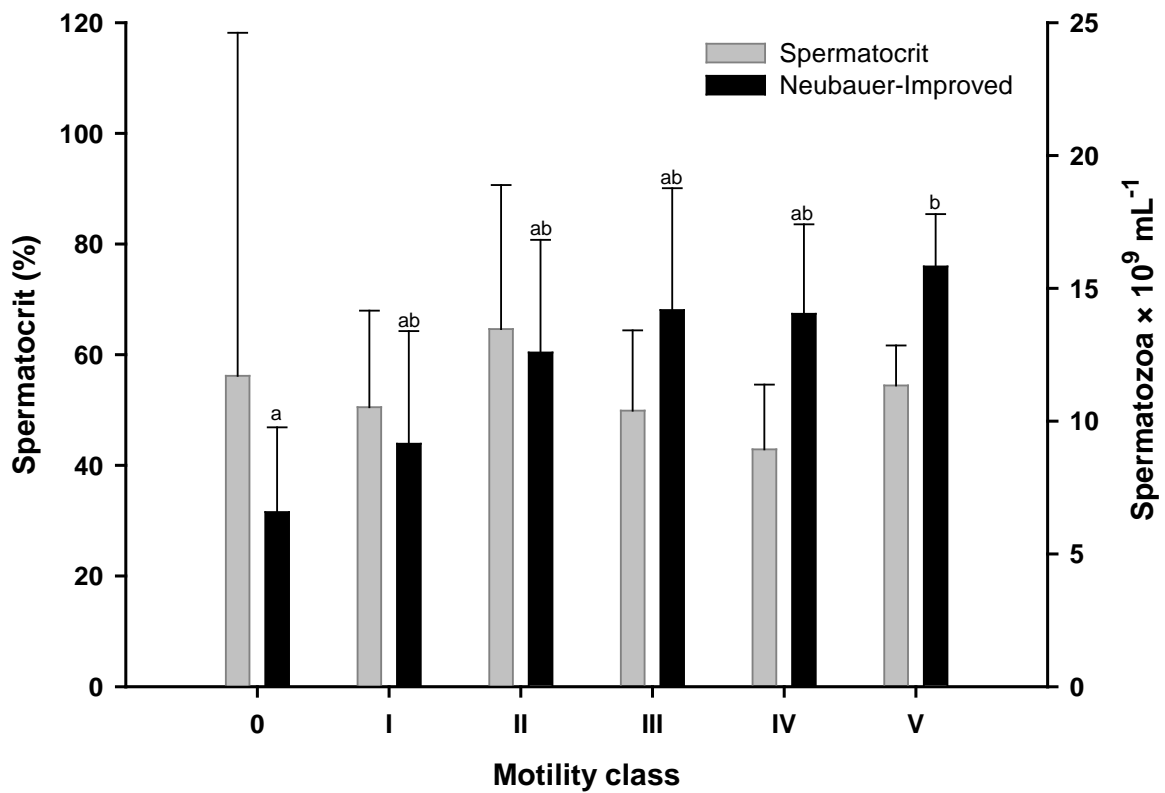
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623 Figure 2



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626 Fig. 2. Spermatocrit (gray bars on primary y-axis) and hemocytometer counts (black
 627 bars on secondary y-axis) for five sperm motility classes in the European eel, *Anguilla*
 628 *anguilla*. Data are expressed as mean \pm SD. Values with common letters were not
 629 significantly different via one-way ANOVA. 0 = 0% motility; I: 1 to 25% motility; II:
 630 25 to 50% motility; III: 50 to 75% motility; IV: 75 to 90% motility; V: 90 to 100%
 631 motility.

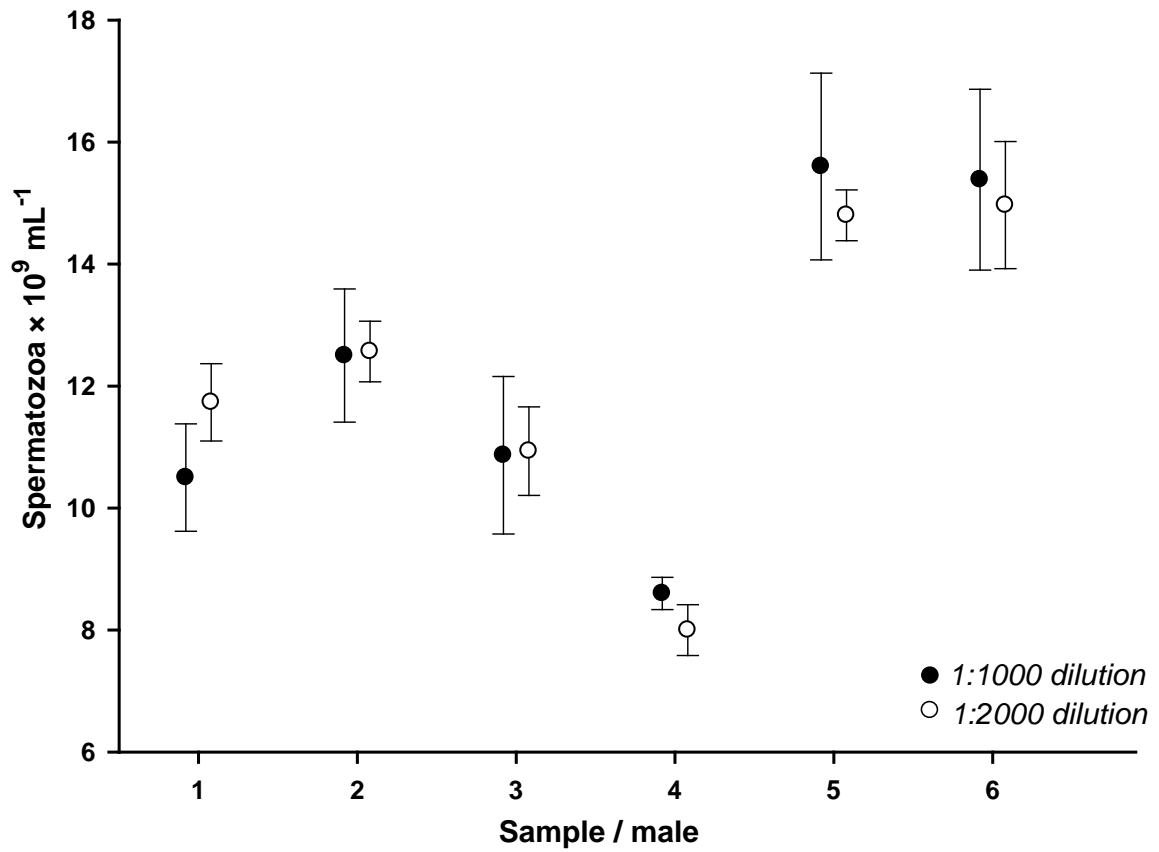
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636 Figure 3



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639 Fig. 3. Hemocytometer counts for six males using two different milt dilutions in the
640 European eel, *Anguilla anguilla*. Solid symbols = 1:1000; open symbols = 1:2000
641 dilution.

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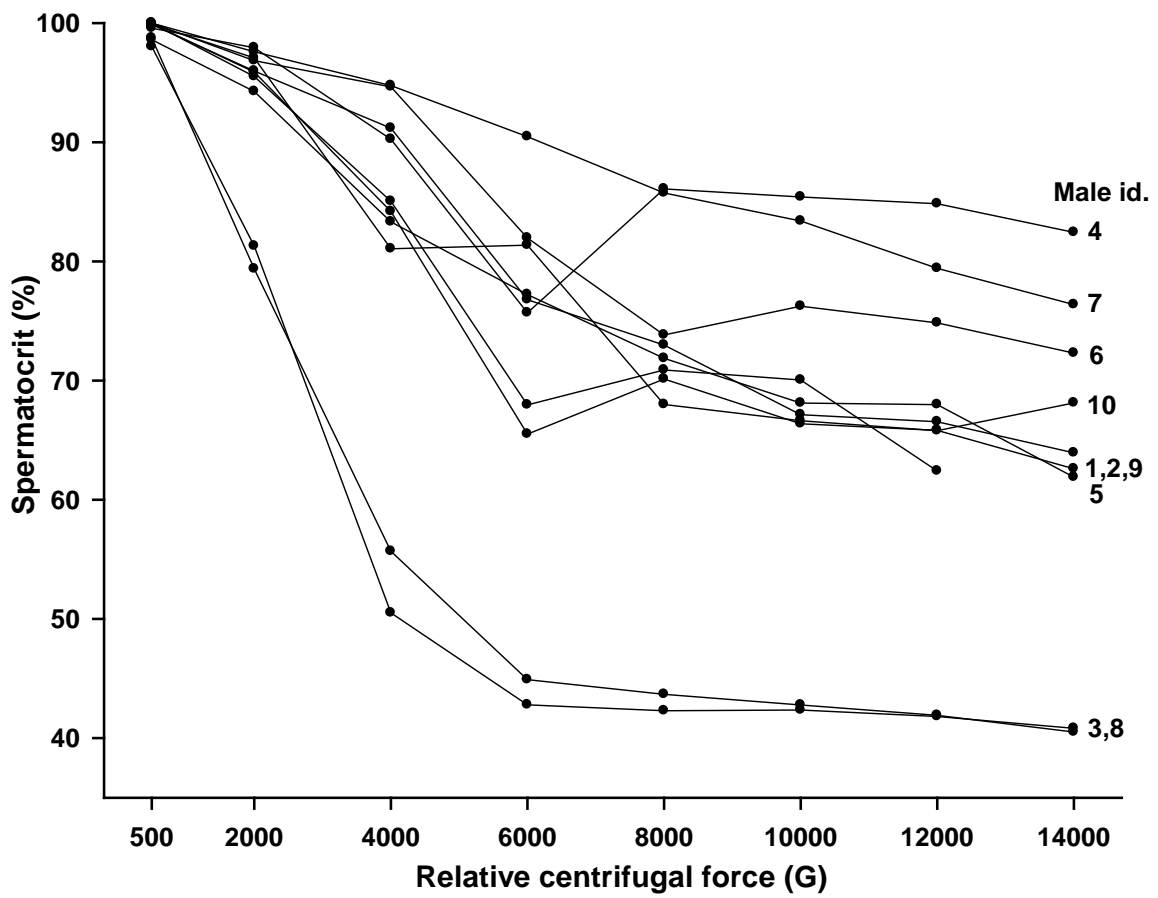
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648 Figure 4



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651 Fig. 4. Values of spermatocrit for 10 males over a G-force gradient (500 to 14,000 × g)

652 in the European eel, *Anguilla anguilla*. Male Id is shown on the right (1 to 10).

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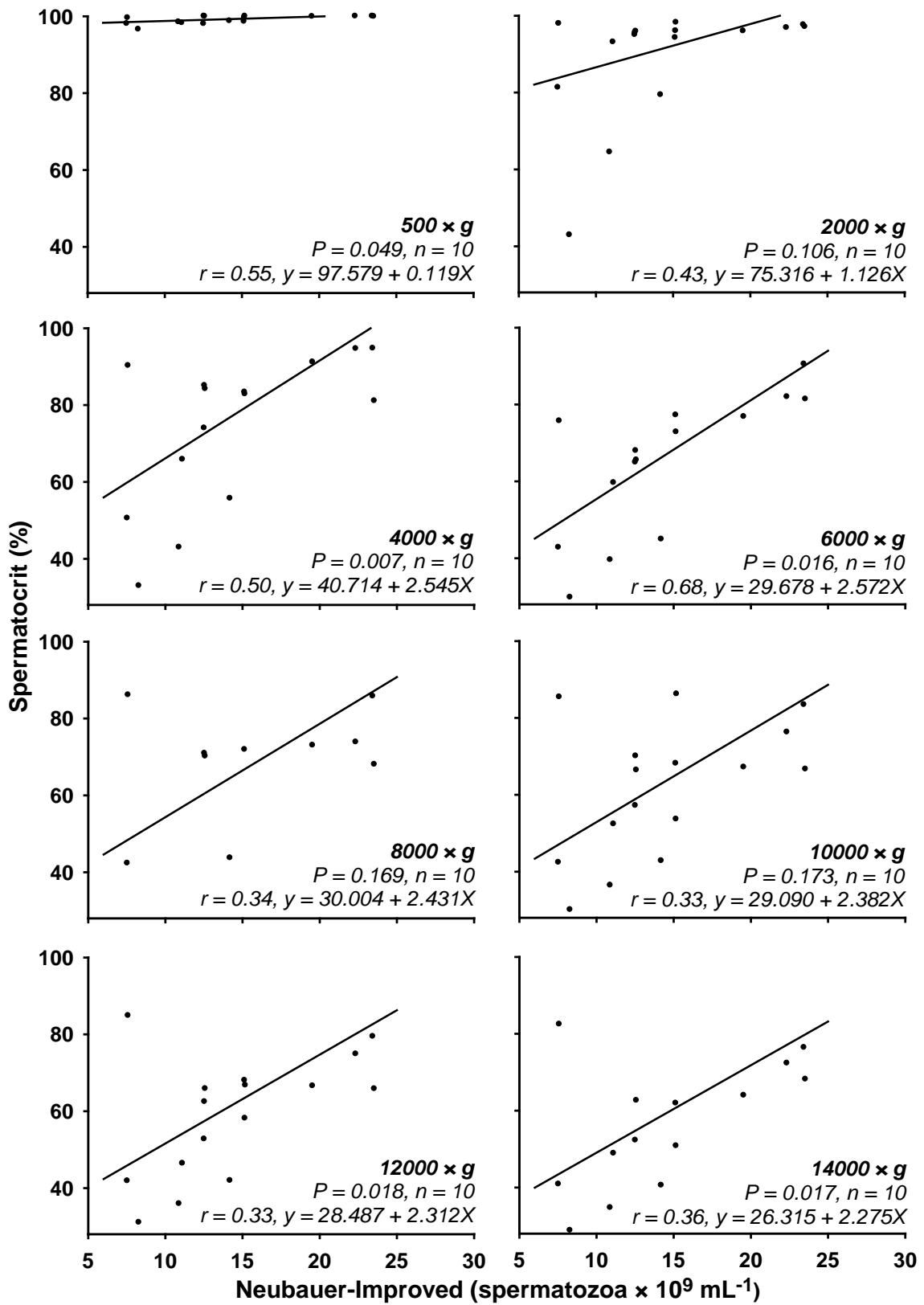
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659 Figure 5



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662 Fig. 5. Relationships between spermatocrit and hemocytometer counts over a G-force
663 gradient (500 to 14000 × g) in the European eel, *Anguilla anguilla*. Model II linear
664 regression was used (ordinary least products regression as described by (Ludbrook
665 2010)) due to possible error in both x and y-axes. For each plot the P-value, sample size,
666 correlation coefficient, and equation of line are shown.

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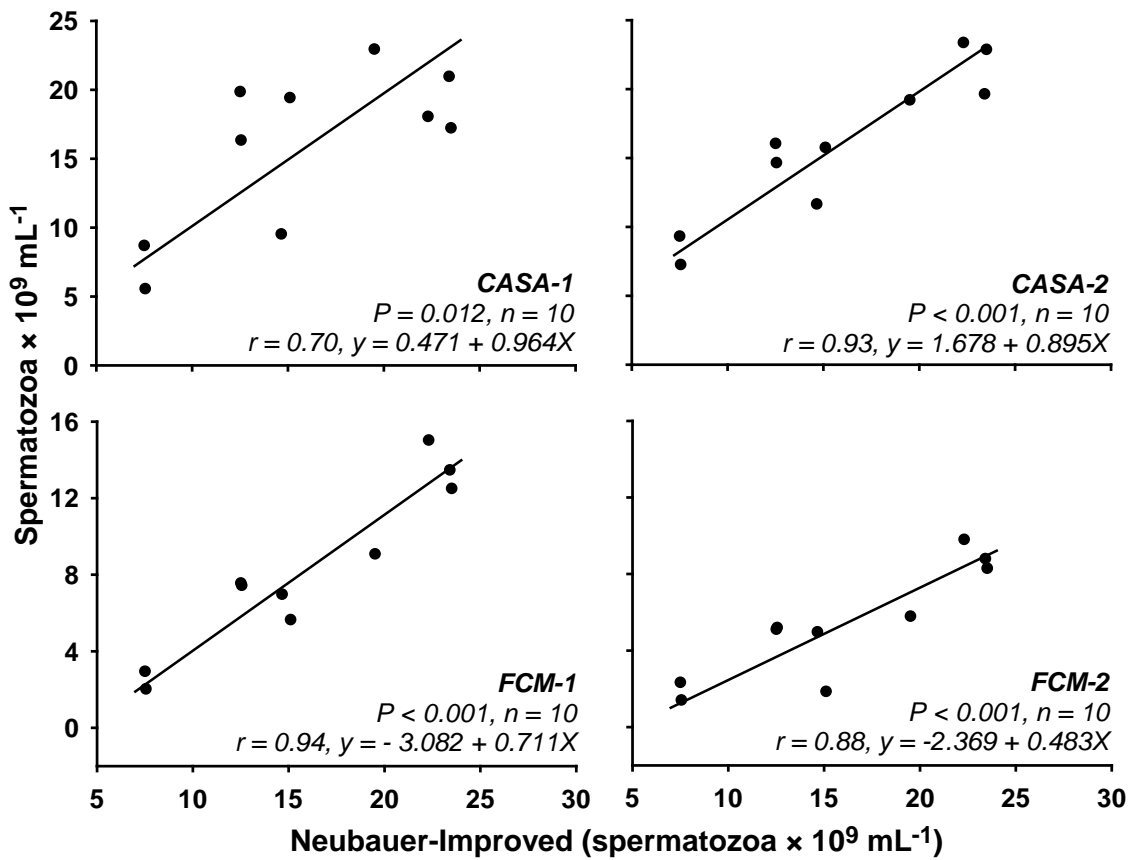
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686 Fig. 6. Relationships between CASA-1, CASA-2, FCM-1, FCM-2 and hemocytometer
 687 for the European eel, *Anguilla anguilla*. Model II linear regression was used (ordinary
 688 least products regression as described by (Ludbrook 2010)) due to possible error in both
 689 x and y-axes. For each plot the P-value, sample size, correlation coefficient, and
 690 equation of line are shown.

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694 Table 1. Coefficients of variation for hemocytometer, spermatocrit at $6000 \times g$,
 695 computer assisted sperm analysis (CASA-1 and CASA-2) and flow cytometry (FCM-1
 696 and FCM-2) for the European eel, *Anguilla anguilla*. Mean values are shown for each
 697 counting method. Measurements were performed in triplicate for 10 males.
 698

Male number	Neubauer-Improved	Spermatocrit	CASA-1	CASA-2	FCM-1	FCM-2
1	6.1	6.5	36.5	34.7	5.5	3.6
2	11.2	3.0	11.7	31.5	1.7	2.5
3	8.4	2.1	13.8	27.4	1.8	3.5
4	0.0	10.1	6.9	36.0	2.1	1.5
5	5.1	9.6	30.6	27.3	1.7	1.4
6	4.7	6.8	12.0	21.0	2.5	3.9
7	8.7	6.8	1.8	16.0	3.8	4.2
8	6.0	4.0	29.0	21.5	2.0	3.2
9	7.6	4.2	32.4	26.4	0.8	3.0
10	0.9	3.1	3.8	42.2	3.6	0.5
Mean	5.9	5.6	17.9	28.4	2.5	2.7

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712 Table 2. Resource requirements, advantages, and disadvantages for the different
 713 quantitative methods used to determine sperm density for the European eel, *Anguilla*
 714 *anguilla*.

Quantification method	Requirements	Advantages	Disadvantages
Neubauer-Improved hemocytometer	<ul style="list-style-type: none"> • microscope required • Neubauer Improved hemocytometer • trained personnel 	<ul style="list-style-type: none"> • cheap • precise - low CV • described in literature 	<ul style="list-style-type: none"> • time consuming
Spermatocrit	<ul style="list-style-type: none"> • centrifuge required • microhematocrit tubes • tube sealant • haematocrit tube reader 	<ul style="list-style-type: none"> • fast • precise - low CV • low level of training 	<ul style="list-style-type: none"> • inaccurate - low r • sperm sedimentation
CASA-1	<ul style="list-style-type: none"> • CASA software • software calibration • computer and microscope with frame grabber • training 	<ul style="list-style-type: none"> • fast • additional measures of sperm quality obtained 	<ul style="list-style-type: none"> • low precision - high CV • inaccurate – low r • trained personnel
CASA-2	<ul style="list-style-type: none"> • CASA software • software calibration needed • computer and microscope with frame grabber • training 	<ul style="list-style-type: none"> • fast • accurate - high r • additional measures of sperm quality easy obtainable 	<ul style="list-style-type: none"> • low precision - high CV • trained personnel
FCM-1	<ul style="list-style-type: none"> • flow cytometer required • training 	<ul style="list-style-type: none"> • precise - low CV • accurate – high r 	<ul style="list-style-type: none"> • trained personnel • need to extrapolate by equation
FCM-2	<ul style="list-style-type: none"> • flow cytometer and fluorospheres required • training 	<ul style="list-style-type: none"> • precise - low CV • accurate – high r 	<ul style="list-style-type: none"> • fluorospheres making it more expensive than FCM-1 • lower accuracy than FCM-1 • need to extrapolate by equation

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