

ABSTRACT

Art and mysticism in the 21st century. Artistic creation as an approach to spirituality is the result of a deep study carried out from the point of view of artistic creation. A study based on mysticism, on the mystics of the 16th and 17th centuries and on the associated symbology and its influence in the art of the 21st century.

A research work that takes as reference an endless range of fields such as philosophy, psychology, theology, history, aesthetics and art among others, to go in depth into mysticism, mystery and spirituality.

The main objective of the work is the study of mysticism and its influence in art, focusing more intensely on the process of creation of the artistic project that has been carried out for this thesis. From references such as Santa Teresa de Jesus and San Juan de la Cruz, it has been developed a whole poetic and symbolic universe that has been used to generate the proposed sculptural resources.

Starting from this analysis, the concepts of spirituality and contemplation, dialogue, pain and silence have been taken to make each one of the personal artistic proposals. In our case this process has helped us, on the one hand, to discover our own inside, our being, in order to search for the absolute and, on the other hand, to propose new methods of creation, new ways of dealing with art itself. A whole field of concepts and references that have helped us to build our own artistic and plastic discourse.

This study serves to demonstrate the influence of these authors, themes and symbologies in contemporary art. Good evidence of this are the exhibitions that reveal these concepts, as well as the artists who make use of them.

This Doctoral Thesis is a place for reflection on methods of creation and it allows us to appreciate the similarities of the creative process between the mystic and the artist. Both paths bring us closer to our inner world and show that both art and mysticism imply a transforming dimension in mankind.