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Additional Information

1 **Molecular markers of oocyte differentiation in European eel during**  
2 **hormonally induced oogenesis**

3

4 **Iratxe Rojo-Bartolomé<sup>a</sup>, Leticia Martínez-Miguel<sup>a</sup>, Anne-Gaëlle**  
5 **Lafont<sup>b</sup>, M. Carmen Vilchez<sup>c</sup>, Juan F. Asturiano<sup>c</sup>, Luz Pérez<sup>c</sup>, Ibon**  
6 **Cancio<sup>a\*</sup>**

7 *<sup>a</sup>CBET Research Group, Dept. of Zoology and Animal Cell Biology, Research Centre for*  
8 *Experimental Marine Biology and Biotechnology of Plentzia (PIE-UPV/EHU),*  
9 *University of the Basque Country (UPV/EHU), Areatza, z/g E-48620 Plentzia, Basque*  
10 *Country*

11 *<sup>b</sup>Muséum National d'Histoire Naturelle, Sorbonne Universités, Research Unit BOREA,*  
12 *Biology of Aquatic Organisms and Ecosystems, CNRS 7208, IRD 207, UPMC, UCN, UA,*  
13 *Paris, France*

14 *<sup>c</sup>Grupo de Acuicultura y Biodiversidad. Instituto de Ciencia y Tecnología Animal.*  
15 *Universitat Politècnica de València. Edificio 7G. Camino de Vera, s/n, 46022, Valencia,*  
16 *Spain*

17

18 **Running title:** Ribosomal biogenesis genes during oogenesis in eels

19

20 \*Corresponding author

21 Dr. Ibon Cancio;

22 *CBET Research Group, Dept. of Zoology and Animal Cell Biology, Research Centre for*  
23 *Experimental Marine Biology and Biotechnology of Plentzia (PIE-UPV/EHU),*  
24 *University of the Basque Country (UPV/EHU),*  
25 *Areatza, z/g E-48620 Plentzia, Basque Country*

26 Email: [ibon.cancio@ehu.es](mailto:ibon.cancio@ehu.es)

27       **Abstract**

28       Reproduction in captivity is a key study issue in *Anguilla anguilla* as a possible  
29       solution for its dwindling population. Understanding the mechanisms controlling the  
30       production of ribosomal building blocks during artificially induced oocyte maturation  
31       could be particularly interesting. Transcription levels of ribosomal biogenesis  
32       associated genes could be used as markers to monitor oogenesis. Eels from the  
33       Albufera Lagoon were injected with carp pituitary extract for 15 weeks and ovaries  
34       in previtellogenic (PV) stage (non-injected), in early-, mid-, late-vitellogenesis (EV,  
35       MV, LV), as well as in migratory nucleus stage (MN) were analysed. 5S rRNA and  
36       related genes were highly transcribed in ovaries with PV oocytes. As oocytes  
37       developed, transcriptional levels of genes related to 5S rRNA production (*gtf3a*),  
38       accumulation (*gtf3a*, *42sp43*) and nucleocytoplasmic transport (*rpl5*, *rpl11*) and the  
39       5S/18S rRNA index decreased (PV>EV>MV>LV>MN). On the contrary, 18S rRNA  
40       was at its highest at MN stage while *ubtfl* in charge of activating RNA-polymerase I  
41       and synthesising 18S rRNA behaved as 5S related genes. Individuals that did not  
42       respond (NR) to the treatment showed 5S/18S index values similar to PV females,  
43       while studied genes showed EV/LV-like transcription levels. Therefore, NR females  
44       fail to express the largest rRNAs, which could thus be taken as markers of successful  
45       vitellogenesis progression. In conclusion, we have proved that the transcriptional  
46       dynamics of ribosomal genes provides useful tools to characterize induced ovarian  
47       development in European eels. In the future, such markers should be studied as putative  
48       indicators of response to hormonal treatments and of the quality of obtained eel oocytes.

49

50       **Key words:** *Anguilla anguilla*, Carp pituitary extract, oocyte growth, 5S rRNA,  
51       5S/18S rRNA index, RNA Polymerases I and III, ribosomal biogenesis genes.

52 **1. Introduction**

53 The European eel stock has been in gradual decline for at least half a century (van  
54 Ginneken et al. 2005; Pujolar et al. 2012; ICES 2013) with numbers dropping as much as  
55 99% since the 1980s (ICES 2013) so understanding the mechanisms triggering sexual  
56 maturation in European eels has become a focus of economic and scientific interest (van  
57 van Ginneken et al. 2005). Developing new methodologies to control reproductive  
58 maturation of eels in captivity could allow establishing a self-sustained aquaculture rather  
59 than the nowadays applied culture system dependent on fishing and growing of wild glass  
60 eels (Dirks et al. 2014).

61 In order to establish an efficient aquaculture activity, high-quality eggs and sperm are  
62 needed to produce viable juveniles. Attempts to reproduce eels in captivity have largely  
63 been unsuccessful (Boëtius and Boëtius, 1980; Pedersen, 2004; Palstra et al. 2005; Palstra  
64 and van den Thillart, 2010; Pérez et al. 2011). In this respect[UF1], Tanaka and co-workers  
65 were able to obtain leptocephali larvae of Japanese eel (*Anguilla japonica*) in captivity in  
66 2003, taking them through metamorphosis to obtain glass eels (Ijiri et al. 2011; Okamura  
67 et al. 2014). In the case of the European eel successful fertilization and hatching, taking  
68 the larvae through the yolk-sac stage was recently reported (Butts et al. 2014; Sørensen  
69 et al. 2014). However, with the existing breeding protocols, most fertilized eggs do not  
70 develop and all larvae die prematurely. Considering this, it is imperative to enhance the  
71 knowledge base on eel reproduction and develop the technology needed to produce good  
72 quality gametes and viable offspring that would allow to rear larvae beyond the first  
73 feeding stage.

74 Gonadotropins (luteinising hormone, LH; and follicle-stimulating hormone, FSH)  
75 positively control the development and activity of gonads in all vertebrates (Dufour et al.  
76 2003; Levavi-Sivan et al., 2010; Zohar et al. 2010). In some teleosts, gonadotropin

77 secretion at the pituitary is under the control of gonadotropin-releasing hormone (GnRH)  
78 that exerts a stimulatory control, and dopamine, kisspeptins and gonadotropin inhibitory  
79 hormone, with an inhibitory effect (Dufour et al. 2003; Zohar et al., 2010; Pasquier et al.  
80 2011). Eels do not mature in their continental water habitats due to a strong dopaminergic  
81 inhibition and a deficient stimulation of gonadotropin-releasing hormone (GnRH) release  
82 (Dufour et al. 2003; Vidal et al. 2004). Therefore, eels will not become sexually mature  
83 until they are in the open ocean, under the influence of still unknown environmental  
84 factors (Bruijs et al. 2009; Mazzeo et al. 2014). Research on the control of this blockade  
85 of sexual maturation has allowed inducing maturation in captivity, applying hormonal  
86 treatments mainly consisting of injections of fish pituitary extracts to silver eels captured  
87 in transition from freshwaters to the ocean (reviewed in Okamura et al. 2014). In this way,  
88 the maturation in female European eels is based on weekly injections of such extracts  
89 administered for periods of 10-20 weeks (Butts et al. 2014). The same is applied to males  
90 injecting human chorionic gonadotropins (Asturiano et al. 2005; Okamura et al. 2014).  
91 There are obvious disadvantages to this method. In this sense, individuals need to be  
92 manipulated weekly, while cost is high and gamete quality is unpredictable (Okamura et  
93 al. 2014). Besides, in many circumstances some individuals do not respond even after 6  
94 months of injections (Dirks et al. 2014).

95 Oocyte differentiation and maturation in fish relies on an intense incorporation of a large  
96 quantity of molecules into the cell. This involves a specific expression regulation of the  
97 oocyte genome, although many of the molecules are incorporated from surrounding  
98 ovarian somatic cells or from other organs such as the liver. Our previous studies have  
99 revealed that 5S ribosomal RNA (5S rRNA) and accompanying proteins are good markers  
100 of female fish oocyte differentiation due to their transcription level dynamics changing  
101 as oocyte grows (Diaz de Cerio et al. 2012; Rojo-Bartolomé et al. 2016). For instance,

102 high levels of 5S rRNA in oocytes allows identification of intersex testis in fish that due  
103 to exposure to xenoestrogenic chemicals develop oocytes in their spermatocysts (Diaz  
104 de Cerio et al. 2012; Ortiz-Zarragoitia et al. 2014).

105 All the molecular machinery necessary for 5S rRNA transcription and accumulation is  
106 also required in great quantities in the oocyte (Song et al. 2005; Lyman-Gingerich et al.  
107 2007). Ribosomes are formed by the assembly of ribosomal rRNAs (28S, 18S, 5.8S and  
108 5S rRNA) and ribosomal proteins (Rpl) (Lyman-Gingerich et al. 2007). With the  
109 exception of 5S rRNA, all other rRNAs are produced in the nucleolus as a single 45S  
110 rRNA precursor by RNA polymerase I (Pol I). This Pol I is controlled by the upstream  
111 binding transcription factor 1 (Ubf1). In contrast, 5S rRNA is transcribed in the nucleus  
112 by RNA polymerase III regulated by the general transcription factor IIIA (Gtf3a)  
113 (Szymanski et al. 2003; Ortiz-Zarragoitia et al. 2014). Gtf3a binds 5S rRNA within the  
114 nucleus and the complex is transported to the cytosol where it is accumulated in the form  
115 of small 7S ribonucleoprotein particles (RNP) (Szymanski et al. 2003). Although a big  
116 proportion of the cytosolic 5S rRNA appears as 7S RNP, it can also be accumulated as  
117 42S RNP associated to P43 (P43 5S RNA-binding protein or 42Sp43) (Picard et al. 1980;  
118 Zhang et al. 1995; Ortiz-Zarragoitia et al. 2014). Ribosomal protein 15 (Rpl15) can then  
119 bind 5S rRNA accumulated as 7S or 42S RNPs to stabilize 5S rRNA and forming a pre-  
120 ribosomal RNP that will migrate to the nucleus for ribosome assembly when bound to yet  
121 another ribosomal protein, Rpl11 (Ciganda and Williams, 2011).

122 In *Xenopus*, *gtf3a* mRNA levels are approximately 1 million times higher in oocytes than  
123 in somatic cells, *42sp43* transcript levels being also very high in oocytes (Allison et al.  
124 1995; Penberthy et al. 2003; Szymanski et al. 2003). The levels of *gtf3a* and *42sp43*  
125 mRNA mirror those of total 5S rRNA also in fish ovaries (Diaz de Cerio et al. 2012).  
126 *gtf3a* is overexpressed early in oogenesis, constituting a high proportion of total

127 cytoplasmic mRNA and protein in oocytes of anurans and fish, and then decreases  
128 manifold during vitellogenesis (Penberthy et al. 2003; Rojo-Bartolomé et al. 2016). In  
129 this way, *gtf3a* is also a potent molecular marker of oocytes in many teleost fish species  
130 (Rojo-Bartolomé et al. 2016). Additionally, it has been observed that the expression of  
131 5S rRNA predominates in ovaries with oocytes in previtellogenic stages, while  
132 vitellogenesis marks the onset of the transcription and accumulation of 18S rRNA in fish.  
133 Therefore, a simple calculation of the ratio 5S to 18S rRNA allows ranking fish ovaries  
134 according to their developmental stage (Rojo-Bartolomé et al. 2016). In this molecular  
135 context, it could be hypothesised that oocytes in fish need to accumulate ribosomal  
136 intermediates in order to quickly assemble ribosomes in case of being fertilized (Diaz de  
137 Cerio et al. 2012). This would allow sustaining protein synthesis during embryogenesis.  
138 Our aim in the present study was to characterize the profile of ribosomal RNA  
139 incorporation into experimentally matured European eel oocytes. For that purpose, we  
140 calculated the ovarian 5S/18S index using total RNA as a molecular biomarker of oocyte  
141 development and differentiation, and quantified the transcription levels of different genes  
142 related with ribosomal biogenesis, chosen according to their association with the activity  
143 of RNA polymerases I and III (*18S rRNA*, *ubtf1* and *gtf3a*) and 5S rRNA accumulation  
144 in the cell (*gtf3a*, *42sp43*, *rpl5* and *rpl11*). Such transcripts could provide quantitative  
145 information of the effect of hormonal treatments on the differentiation process of oocytes  
146 in European eels.

147

## 148 **2. Material and methods**

### 149 *2.1. Samples and hormonal treatment*

150 Wild female European eels (*Anguilla anguilla* L.) were captured by local fishermen in  
151 the Valencia Albufera lagoon during their migrating phase as silver eels and transferred

152 to the Aquaculture Laboratory of the Universitat Politècnica de València, where they were  
153 maintained in 500 l tanks equipped with recirculation system, heating/cooling systems,  
154 and black covers to reduce light intensity. After acclimation from freshwater to seawater  
155 conditions at 15-20 °C, weekly hormonal treatments started. Female eels were treated  
156 with weekly intraperitoneal injections of carp pituitary extract (CPE, Catvis, Ltd.) at a  
157 dose of 20 mg/kg body weight (Pérez et al. 2011; Mazzeo et al. 2014), until the end of  
158 the experiment, after 15 weeks. As the eels stop feeding at the silver stage and throughout  
159 sexual maturation, they were not fed during the experiment and were handled in  
160 accordance with the European Union regulations concerning the protection of  
161 experimental animals (Dir 86/609/EEC). This study was carried out in strict accordance  
162 with the recommendations in the Guide for the Care and Use of Laboratory Animals of  
163 the Spanish Royal Decree 53/2013 on protection of animals used for scientific purposes  
164 (BOE 2013). The protocol was approved by the Committee on the Ethics of Animal  
165 Experiments of the Universitat Politècnica de València (UPV) and final permission was  
166 given by the local government (Generalitat Valenciana; Permit Number:  
167 2014/VSC/PEA/00147). All efforts were made to minimize animal suffering and stress.

168

## 169 *2.2. Histological analysis and staging*

170 Animals (n=33) were dissected, as described in Mazzeo et al. (2014), previous to the first  
171 injection (0) and after 4, 8 and 12 weeks of hormonal treatment with CPE. For histological  
172 analysis the ovaries were fixed with 10% (v/v) buffered formalin and embedded in  
173 paraffin wax. Then, sections of 5 to 10 µm in thickness were produced. Sections were  
174 stained with haematoxylin and eosin using standard procedures. Slides were observed  
175 using a Nikon Eclipse E-400 microscope (Nikon, Tokyo; Japan) and the evaluation of the  
176 maturation stages was performed according to Pérez et al. (2011). After histological



177 observation the samples were classified into five stages of ovarian development (Fig. 1).  
178 Non-injected eels showed previtellogenic oocytes (PV), displaying lipid droplets but  
179 without observable yolk vesicles (Fig. 1a). Females in early-vitellogenic stage (EV) were  
180 obtained after 4 weeks of injections, and their gonads showed EV oocytes with small yolk  
181 vesicles restricted to the cell cortex (Fig. 1b). Ovaries with mid-vitellogenic (MV) oocytes  
182 were obtained after 8 CPE injections (Fig. 1c), and showed abundant yolk vesicles.  
183 Characteristic and abundant yolk vesicles were distributed throughout the cytoplasm  
184 advancing inwards towards the nucleus. Late-vitellogenic (LV) ovaries were obtained  
185 after 12 CPE injections, showing oocytes with enlarged and more abundant yolk vesicles  
186 (Fig. 1d). Post-vitellogenic ovarian samples were obtained after 12-15 weeks; they  
187 showed the nucleus migrating from the centre of the oocyte to the periphery, during the  
188 process leading to final oocyte maturation (Fig. 1e). Some ovaries showed no evidence  
189 of having initiated oocyte differentiation after 8 and 12 weeks of injection, non-  
190 responders (NR), with the oocytes resting in early oogenesis stages, most of them at PV  
191 stage (Fig. 1f).

192

### 193 *2.3. RNA extraction, quantification and quality assessment: 5S/18S rRNA index*

194 A portion (less than 40 mg) of each of the 33 ovaries analysed histologically was  
195 embedded in RNA Later (Sigma-Aldrich, St. Louis, Missouri, USA) and frozen in liquid  
196 nitrogen until needed for RNA extraction. Total RNA was then isolated using TRI®  
197 reagent (Invitrogen, Carlsbad, California, USA) according to manufacturer's instructions.  
198 Dry RNA pellet was resuspended in 80 µL RNase-free water and stored at -80°C.  
199 RNA amount and quality were assessed with a cuvette photometer (Biophotometer plus,  
200 Eppendorf AG, Hamburg, Germany) and also using 2100 Bioanalyzer Agilent RNA 6000  
201 Nano Kit (Agilent Technologies, Santa Clara, California, USA).  $A_{260}/A_{280}$  ratio values

202 around 2 and  $A_{260}/A_{230}$  ratio values around 1.8 were considered acceptable. The RIN  
203 value of all samples was calculated when possible with the Bioanalyzer (RIN values in  
204 the range of 7.2-9.4 are considered acceptable). This ratio was impossible to measure in  
205 PV, EV and NR ovaries due to the high signal detected in the 5S rRNA region. In these  
206 cases the 28S/18S ratio was used as quality indicator, with values around 2 indicating  
207 good quality.

208 Electropherograms provided by the Bioanalyzer were also used to quantify the relative  
209 concentration of the bands corresponding to 5S rRNA and 18S rRNA in each sample. The  
210 Time Corrected Area of each rRNA peak was used to calculate the 5S/18S rRNA ratio  
211 and  $\text{Log}_2$  of this value provided the 5S/18S rRNA index (Rojo-Bartolomé et al. 2016).

212

#### 213 *2.4. cDNA synthesis and quantitative PCR (qPCR) analysis*

214 First-strand cDNA was synthesized using the SuperScript™ First-Strand Synthesis  
215 System for RT-PCR (Invitrogen) in the 2720 Applied Biosystems Thermal Cycler (Life  
216 Technologies). Retrotranscription was performed according to manufacturer's  
217 instructions using random primers using a maximum of 2  $\mu\text{g}$  total RNA in a reaction  
218 volume of 20  $\mu\text{l}$  (100  $\text{ng}/\mu\text{L}$  final theoretical cDNA concentration).

219 The concentration of single stranded cDNA (ssDNA) was quantified by fluorescence in  
220 the Synergy HT Multi-Mode Microplate Reader (BioTek, Winoosky, USA) using Quant-  
221 iT™ OliGreen® ssDNA Assay Kit (Invitrogen, Life Technologies). The quantification  
222 was run in triplicates, in a reaction volume of 100  $\mu\text{l}$ , with a theoretical cDNA  
223 concentration of 0.2  $\text{ng}/\mu\text{L}$ . The fluorescence was measured at 485/20 nm excitation and  
224 528/20 nm emission wavelengths. Real cDNA concentration was calculated using the  
225 high-range standard curve according to the manufacturer's instructions. Once cDNA  
226 concentration was calculated, the exact amount of cDNA loaded in the qPCR reactions

227 was calculated adjusting the dilution used for each gene.

228

## 229 2.5. Gene transcription analyses by qPCR

230 Sequences for *A. anguilla ubtf1* (GeneBank Accession number: KX132907), *rpl5*  
231 (KU140416) and *rpl11* (KU140415) were obtained from the European eel transcriptome  
232 database available in our laboratory after pyrosequencing the multi-tissue eel  
233 transcriptome (data not published). 18S rRNA sequence was obtained from the National  
234 Center for Biotechnology Information (NCBI: <http://www.ncbi.nlm.nih.gov/>)  
235 (FM946070). Information allowing to clone and sequence partial fragments of *A. anguilla*  
236 *gtf3a* (KX132905) and *42sp43* (KX132906) sequences were obtained from the European  
237 eel genome sequence repository (<http://www.zfgenomics.com/sub/eel>). Annotation of  
238 sequences was performed through homology search using the BlastN and BlastX analysis  
239 from NCBI (Table 1).

240 Primers 15-25 bp long were designed to obtain amplicons of around 200 bp. They were  
241 also designed to span exon-exon boundaries to avoid amplification of genomic DNA. The  
242 obtained primer sequences (Table 2) were evaluated for homo/hetero-dimers and hairpin  
243 formations using the IDT online primer design tool <https://eu.idtdna.com/calc/analyzer>).  
244 Primers were purchased from Eurofins MWG (<https://www.eurofinsgenomics.eu/>). To  
245 verify specificity of the primers, conventional PCRs were performed as follows: 94°C for  
246 2 min, denaturation at 94°C for 30 s, annealing step (temperature for each primer set in  
247 table 2) for 30 s, elongation at 72°C for 30 s. PCR was finalised at 72°C for 8 min. PCR  
248 products were visualized in 1.5% (w/v) agarose gels stained with ethidium bromide.

249 Transcription levels of *gtf3a*, *ubtf1*, *42sp43*, *rpl5*, *rpl11* and 18S rRNA were determined  
250 using SYBR Green PCR Master Mix (Roche, Indianapolis, USA) in all 33 individuals  
251 analysed histologically. Optimal concentrations of primers (25 mM for *ubtf1* and 12.5

252 mM for other genes) and samples (20 ng/ $\mu$ L) were used for each gene. Samples were run  
253 in triplicates in a 7300 PCR thermal cycler (Applied Biosystems, Forster City, California,  
254 USA) using a final reaction volume of 20  $\mu$ L, containing 2  $\mu$ L of appropriately diluted  
255 sample. Reaction conditions were as follows: 2 min at 50°C, 10 min at 95°C, followed by  
256 40 cycles of 15 s at 95°C and annealing step of 60 s at appropriate temperature (Table 2).  
257 Amplification reaction was followed by a dissociation stage to obtain a dissociation  
258 curve, which would allow checking the specificity of each primer set and ensuring that  
259 only the specific transcript was amplified.

260 Transcription levels were normalized in reference to the amount of cDNA loaded for each  
261 sample as measured by fluorescence. All gene transcription results were normalized with  
262 the amount of cDNA charged in the qPCR according to Rojo-Bartolomé et al. (2016)  
263 using as adapted  $\Delta$ CT formula ( $RQ$ ) with efficiency correction ( $E$ ):

$$264 \quad E = \left[ 10^{-1/m} \right] - 1$$

265  $m$  being the slope of the standard curve of the qPCR reaction.

$$266 \quad RQ = \text{Log}_2 \left[ \frac{(1 + \text{Efficiency})^{|\Delta CT|}}{\text{ng cDNA}} \right]$$

267 Where  $\Delta CT = CT \text{ sample} - CT \text{ plate internal control}$

268

## 269 2.6. Statistical analysis

270 The statistical analyses were undertaken using SPSS (SPSS Inc., Chicago, Illinois, USA).  
271 For the statistical analysis data were tested for normality by the Shapiro-Wilk ( $n < 30$ ) test.  
272 Equality of variance was also tested applying the Levene's test, both at a 0.05 significance  
273 level ( $p < 0.05$ ). Then, data were subjected to analysis of variance by One-way ANOVA  
274 to identify significant differences between the ovarian developmental stages. The one-  
275 way ANOVA analyses were followed by a Tukey post-hoc test to compare all of the

276 groups in pairs. In the case of the 5S/18S rRNA index ANOVA could not be applied and  
277 non-parametric Kruskal-Wallis test was used ( $p < 0.05$ ).

278

### 279 **3. Results**

#### 280 *3.1. RNA analysis and 5S rRNA*

281 RNA quality was checked by spectrophotometry and capillary electrophoresis. The mean  
282 value of  $A_{260}/A_{280}$  ratio was 1.71, with quite similar values for all the samples (Table 3).  
283 The total RNA quality assessment provided by the RIN algorithm could not be calculated  
284 for any of the PV and NR samples, and for some of the EV, MV and LV ones. In the cases  
285 when the RIN was measurable, only ovaries with LV and MN oocytes displayed values  
286 acceptable under the commonly used standards (Table 3).

287 In the less developed ovaries total RNA electrophoresis always showed a prominent band  
288 in the region around 120 nucleotides that corresponds to 5S rRNA. Meanwhile the typical  
289 bands for 18S rRNA and 28S rRNA were very faint, increasing its presence along  
290 vitellogenesis. Electropherograms provided by the Agilent 2100 Bioanalyzer allowed to  
291 distinguish these differences in transcript profiles for ovaries depending on the  
292 developmental stage of the oocytes they contained (Fig. 2). 5S rRNA peak was very high  
293 in ovaries with previtellogenic oocytes (PV and NR, Fig. 2A and 2F). Subsequently, 18S  
294 and 28S rRNA peaks progressively gained importance with respect to the 5S rRNA peak  
295 as vitellogenesis (EV < MV < LV; Fig 2B to 2D) advanced towards oocyte maturation (MN,  
296 Fig 2E).

297

#### 298 *3.2. 5S/18S rRNA index during oocyte development*

299 The 5S/18S rRNA index, calculated measuring the area contained within the 5S rRNA  
300 and 18S rRNA specific peaks in the electropherograms, allowed distinguishing ovaries

301 according to their developmental stage (Fig. 3). The highest index values were shown by  
302 the ovaries with oocytes in PV stage, differing significantly from ovaries with oocytes at  
303 other developmental stages as a result of the high prevalence of 5S rRNA. The index  
304 value decreased as the oocytes entered vitellogenesis and started to produce 18S rRNA  
305 and 28S rRNA, till reaching final maturation. Some of the animals did not respond to the  
306 hormonal stimulus and did not progress from early oogenesis, this being reflected in a  
307 lack of activation of 18S rRNA production. In these NR samples, the 5S/18S rRNA index  
308 was high, resembling the index values of non-treated ovaries (Figs. 1A and 1F, 2A and  
309 2F and 3). Therefore, after only 4 weeks of injection the 5S/18S rRNA index allows to  
310 identify that ovarian recrudescence cannot be triggered by the hormonal treatment in NR  
311 female eels.

312

### 313 *3.3. Transcription levels of ribosome biogenesis related genes through ovary* 314 *development*

315 The transcription levels of genes related with the 5S rRNA production by RNA  
316 Polymerase III (*gtf3a*), cytosol stockpiling (*gtf3a* itself and *43sp42*) and nuclear transport  
317 for ribosome assembly (*rpl5* and *rpl11*) were measured by qPCR (Fig. 4A). All genes  
318 showed identical transcription pattern. The highest transcription levels in all the cases  
319 were recorded during early oocyte developmental stages (PV and EV). On the contrary,  
320 when the oocytes were mature, at MN stage, the lowest transcription levels were  
321 measured. NR individuals showed transcription levels among EV, MV or LV groups (Fig.  
322 4).

323 Also, genes related with RNA Polymerase I activity and 18S rRNA production were  
324 studied transcriptionally (*ubtf1* and 18S rRNA) (Fig. 4B). In the case of *ubtf1*, the  
325 transcription levels followed the same trend observed for the genes related to 5S rRNA,

326 with decreasing levels during vitellogenesis. The NR group showed the same  
327 transcription levels of LV and MN groups. On the contrary, 18S rRNA transcription levels  
328 were at their lowest at PV stage and increased while oogenesis progressed to maturity, in  
329 accordance with observations in the total RNA electrophoretic analysis. Transcription  
330 levels in the NR individuals resembled those recorded in PV individuals (Fig. 4B).

331

## 332 **4. Discussion**

### 333 *4.1. Ovarian development and 5S rRNA accumulation in European eel*

334 Vitellogenesis in European eels inhabiting continental waters is blocked mainly due to  
335 dopaminergic inhibition (Dufour et al. 2003; Vidal et al. 2004). Thus, treatments with fish  
336 pituitary extract can artificially stimulate oocyte growth (Pasquier et al. 2011; Pérez et al.  
337 2011). The electrophoretic analysis of total RNA extracted from eel ovaries showed that  
338 previous to initiation of vitellogenesis, oocytes accumulated high relative amounts of 5S  
339 rRNA in PV oocytes; whereas 18S and 28S rRNA progressively gained in importance as  
340 vitellogenesis advanced towards final oocyte maturation. This oocyte specific  
341 accumulation of 5S rRNA was first described in anuran frogs, where 5S rRNA can  
342 constitute 75% of the ovarian total RNA content (van den Eynde et al. 1989), and it has  
343 been also demonstrated in many teleost fish species with different ovarian maturation  
344 mechanisms; asynchronous vs synchronous (Diaz de Cerio et al. 2012; Rojo-Bartolomé  
345 et al. 2016).

346 These observations have important methodological implications when applied to the  
347 analysis of gene transcription profiles in fish ovaries. The gold standard for the analysis  
348 of the quality of total RNA is given by the RNA Integrity Number (RIN) obtained using  
349 the 2100 Bioanalyzer of Agilent Technologies. This value is obtained using the 28S to  
350 18S rRNA ratio. Acceptable values for downstream qPCR analysis are above 7-7.8. In

351 our eel samples, with oocytes in stages MV to MN, RIN values were normally above 7.  
352 In contrast, in many samples with oocytes in PV or EV, RIN values could not be  
353 calculated or were below 7, due to the lack of prominent 18S/28S rRNA bands. We have  
354 previously seen in ovaries of different fish species that RIN values cannot be calculated  
355 when ovaries are in early oogenesis stages (Rojo-Bartolomé et al. 2016). Kroupova et al.  
356 (2011) and Manousaki et al. (2014) have also described this problem. Manousaki et al.  
357 (2014) concluded that it was not possible to calculate the RIN value in the ovaries of the  
358 proterandric fish *Diplodus puntazzo*. These authors mentioned specific efforts to improve  
359 sub-optimal RIN number values, due to the presence of a prevalent peak of around 100  
360 nucleotides (5S rRNA). In the future, fish reproductive physiologists and endocrinologists  
361 should consider that RIN calculation is not representative of RNA quality in fish ovaries,  
362 especially in immature individuals.

363

#### 364 4.2. 5S/18S rRNA index during oogenesis in European eels

365 As described in other teleost species, *Engraulis encrasicolus* and *Lepidorhombus*  
366 *whiffiagonis* (Rojo-Bartolomé et al. 2016), PV stages in eels displayed the highest 5S/18S  
367 rRNA index values, while ovaries containing MN oocytes ranked the lowest, due to the  
368 increased transcription of 18S rRNA during vitellogenesis. Therefore, 5S/18S rRNA  
369 index values calculated on electropherograms are diagnostic to identify quantitatively the  
370 developmental stage of the ovaries.

371 Oogenesis involves oocyte growth, meiosis, and synthesis and storage of organelles and  
372 new molecules (Song et al. 2006; Kleppe et al. 2014). This is evident in the case of 5S  
373 rRNA in PV oocytes. Ribosome biogenesis is dependent of rRNA synthesis, which is  
374 itself subjected to the availability of nutrients (Murray et al. 2003). Oocytes would need  
375 to accumulate rRNAs in order to quickly assemble ribosomes in case of being fertilized



376 and allow protein synthesis during early embryogenesis (Ortiz-Zarragoitia et al. 2014). It  
377 could be hypothesised that early production and stockpiling of 5S rRNA in PV oocytes  
378 occurs first due to the reduced energetic demand in comparison to the investment required  
379 for the production of the largest rRNA molecules. In this way, the oocytes would save  
380 energy during previtellogenesis until reproduction is envisaged to occur under favourable  
381 conditions (Rojo-Bartolomé et al. 2016). With the onset of the energetically expensive  
382 vitellogenesis, the production of the larger rRNA molecules would be also put in place.  
383 This is more evident in yellow eels that live in continental waters at prepubertal stage for  
384 years. Mechanistically, the present study suggests that blockade of vitellogenesis in  
385 European eels, also affects oocyte 18S and 28S rRNA production. Thus, gonadotropins  
386 (or the sex steroids induced by them) would release this inhibition during gonadal  
387 recrudescence.

388 On the other hand, these results fully disregard 18S rRNA as a useful housekeeping gene  
389 for qPCR results along fish oogenesis. In this sense, we consider that there are no adequate  
390 reference genes for the study of the dynamic transcriptional processes happening during  
391 oogenesis, so we recommend normalizing qPCR results to the exact amount of cDNA  
392 loaded per sample and amplification (Rojo-Bartolomé et al., 2016).

393

#### 394 *4.3. Transcription levels of genes controlling rRNA synthesis in European eel ovaries*

395 5S rRNA is produced by RNA Polymerase III (Pol III) in eukaryotic cells. In turn, Pol III  
396 activation is controlled by Gtf3a (Szymanski et al. 2003). Additionally, Gtf3a also binds  
397 5S rRNA for its stockpiling in the cytosol and it has been shown to be highly transcribed  
398 in ovaries in contrast to testis in fish (Rojo-Bartolomé et al. 2016). *gtf3a* transcripts also  
399 accumulate in ovaries of eels and, as it occurs in ovaries from megrim (Rojo-Bartolomé  
400 et al. 2016), transcription levels decreased at vitellogenesis allowing the ranking of the

401 ovarian developmental stages. PV individuals displayed the highest *gtf3a* transcription  
402 levels and MN ones the lowest. NR females, despite long hormonal treatment, showed  
403 *gtf3a* transcription levels similar to those observed in EV and LV. Thus, transcription of  
404 *gtf3a* seems somehow regulated by the hormonal treatment itself, although full regulation  
405 is a consequence of oocyte differentiation occurring after CPE treatment.

406 18S rRNA and other ribosomal RNAs, in contrast to 5S rRNA, are synthesised by RNA  
407 polymerase I (Pol I) which produces the 45S pre-rRNA in the nucleolus (Drygin et al.  
408 2010). Ubtfl is the transcription factor that enables the access of the Pol I machinery to  
409 the 45S rDNA genes (Bazett-Jones et al. 1994; Reeder et al. 1995). In cancer cells, where  
410 a high demand of ribosomes for protein production occurs, upregulation of *ubtf1* has been  
411 observed (Drygin et al. 2010). On the other hand, post-translational regulation of Ubtfl  
412 activity by (de)phosphorylation and (de)acetylation processes has been defended to  
413 predominate (Russell and Zomerdijk, 2005). In the present study, qPCR analysis showed  
414 no match between the profiles of *ubtf1* and 18S rRNA transcription. In eel ovaries *ubtf1*  
415 transcript levels were at their highest during PV stage, when, as reported in *Xenopus*, Pol  
416 I activity would be very low (Roger et al. 2002). On the contrary, it was significantly  
417 downregulated during MN phase, when Pol I activity should be maximal, according to  
418 18S rRNA levels in the present study and as reported for *Xenopus* oocytes (Ginsberg et  
419 al. 1984). As the production of 45S rRNA precursor must be fast before meiosis  
420 resumption, Pol I could be controlled mainly by post-translational modifications of Ubtfl.  
421 Thus, we propose that gonadotropins within CPE, or the ovarian estradiol production  
422 triggered by them, would regulate Pol I activation during secondary oocyte growth. In  
423 NR females the impossibility to respond to CPE would be reflected in an impossibility to  
424 activate Pol I and to produce 18S rRNA.

425

426 4.4. Transcription levels of other genes involved in 5S rRNA subcellular localization

427 It could be expected that genes related to ribosome biogenesis and 5S rRNA handling  
428 would be also transcribed very early during oocyte development (Diaz de Cerio et al.  
429 2012). For instance, *42sp43* forms 42S RNP storage particles with 5S rRNA in the cytosol  
430 (Ciganda and Williams, 2011), and as previously observed in thicklip grey mullet ovaries  
431 (Diaz de Cerio et al. 2012), *42sp43* showed the transcription pattern of 5S rRNA and  
432 *gtf3a* during artificially induced eel maturation. *rpl5* and *rpl11* also showed the same  
433 transcription pattern during maturation. The lowest levels were recorded in the most  
434 mature ovaries, and the highest in ovaries with PV oocytes. NR females always showed  
435 higher transcription levels than responding ones. It must be remembered that both  
436 ribosomal proteins are responsible for the nuclear transportation and incorporation of 5S  
437 rRNA into the nucleolus (Szymanski et al. 2003; Donati et al. 2013; Tang et al. 2015),  
438 which is the main morphological and functional feature of fish perinucleolar PV oocytes.  
439 The overall gene transcription profile hereby, with the exception of 18S rRNA, shows a  
440 downregulation during oocyte development. It could be deduced that this downregulation  
441 is a consequence of a general turning off of the transcription machinery, occurring with  
442 whole chromatin assembly prior to final meiotic division in oocytes. However, fish  
443 oocytes are known to be transcriptionally active until the MN stage, and many genes are  
444 actively upregulated during vitellogenesis (Kleppe et al. 2014). In a microarray based  
445 transcriptome comparison of Atlantic cod (*Gadus morhua*) follicles in different oogenesis  
446 stages, including ovulated eggs, Kleppe et al. (2014) demonstrated a continuous pattern  
447 of mRNA accumulation and degradation along oogenesis. In general, more transcripts  
448 were downregulated than upregulated from PV to EV follicles (555 transcripts down vs  
449 349 up), or from EV to LV stages (532 down vs 376 up), but transcription was still active  
450 at LV. The general shut down of transcription occurred at ovulation (MN) but with still

451 149 upregulated genes (647 down). Studies performed with the same eel samples studied  
452 here, have demonstrated constant transcript levels of zona pellucida genes until the MN  
453 stage (Mazzeo et al. 2012, 2014).

454 Thus, we can conclude that 5S rRNA is highly expressed in European eel ovaries with  
455 the highest relative expression levels in ovaries with PV oocytes and the lowest in ovaries  
456 with MN oocytes. CPE, probably gonadotropins therein or the estrogens they induce to  
457 produce in the ovary, positively regulates vitellogenesis in European eel, controlling  
458 directly or indirectly also the inactivation of Pol III and the activation of the Pol I pathway.

459 In female eels therefore, identification of a decrease in 5S/18S rRNA index and in *gtf3a*  
460 transcript levels could be taken as an indication of ovarian recrudescence and initiation  
461 of vitellogenesis. This could be a very useful tool in the research of eel reproduction,  
462 endocrinology and physiology. However, the observed regulation of ribosomal genes  
463 cannot be considered a direct consequence of CPE injections, but a consequence of the  
464 oocyte differentiation/maturation triggered by the treatment. NR females, treated during  
465 8-12 weeks, never reach the gene transcription levels in the MN group. In any case, non-  
466 differentiated NR females show transcription levels most similar to MV suggesting that  
467 hormonal treatment in itself, has some transcription regulation role on such genes. Maybe  
468 full regulation of the genes requires induction of steroidogenesis in the ovary. This would  
469 explain that while *gtf3a* is downregulated to EV-LV values, 5S/18S rRNA index is still  
470 as high as in PV. Therefore, this index identifies NR females after only 4 weeks of  
471 injection. Long-term hormonal treatments are expensive, and maturing one single female  
472 eel can cost between 50-100 €(Mazzeo et al. 2014). To be able to predict that a batch of  
473 treated female eels will not be able to mature properly after 4-5 injections could save a  
474 considerable amount of money. In conclusion, this study provides important basic  
475 knowledge on the transcriptional regulation of ribosomal genes during oocyte

476 development in fish and could have important implications for the study of European eel  
477 endocrinology in basic research and, although based on an invasive technical approach,  
478 also in a future aquaculture production context.

479

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482

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489

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645

## 646 **Legends**

647 **Figure 1. European eel ovarian developmental stages as analysed through ovary**  
648 **histology.** Micrographs illustrate the developmental stage of oocytes in the eel ovaries  
649 along the carp pituitary extract (CPE) treatment. (a) Ovary with previtellogenic (PV)  
650 oocytes in perinucleolar stage in a control female that received no CPE injections. (b)  
651 Ovary with oocytes in early-vitellogenesis (EV) stage after 4 CPE injections. (c) Oocytes  
652 in MV stage after 8 CPE injections. (d) Late-vitellogenesis (LV) stage oocytes after 12  
653 CPE injections. (e) Ovary with oocytes in nuclear migratory (NM) stage (12 CPE  
654 injections). (F) Ovary after 8 CPE injections in a NR female showing previtellogenic  
655 stage oocytes. Scale bars: a, c, d, e and f=100  $\mu$ m; b=50  $\mu$ m.

656

657 **Figure 2. Total RNA extracted from eel ovaries at different developmental stages**  
658 **after hormonal treatment and analyzed through capillary electrophoresis using the**  
659 **2100 Agilent Bionalyzer.** (a) Electropherogram corresponding to an ovary with oocytes  
660 in previtellogenic (PV) stage with a prominent peak (high RNA concentration) belonging  
661 to 5S rRNA. 18S and 28S rRNA levels are so low that they can be hardly recognised. (b,  
662 c and d) Electropherograms of ovaries with oocytes at early- (b), mid- (c) and late-  
663 vitellogenic (d) stages. (e) Electropherogram of an ovary with oocytes in nuclear  
664 migratory (NM) stage. (f) Ovary from a non-responding (NR) female with PV oocytes.

665

666 **Figure 3. 5S/18S rRNA index during the European eel ovarian development as**  
667 **calculated from the total RNA electropherograms.** Each dot identifies the index value

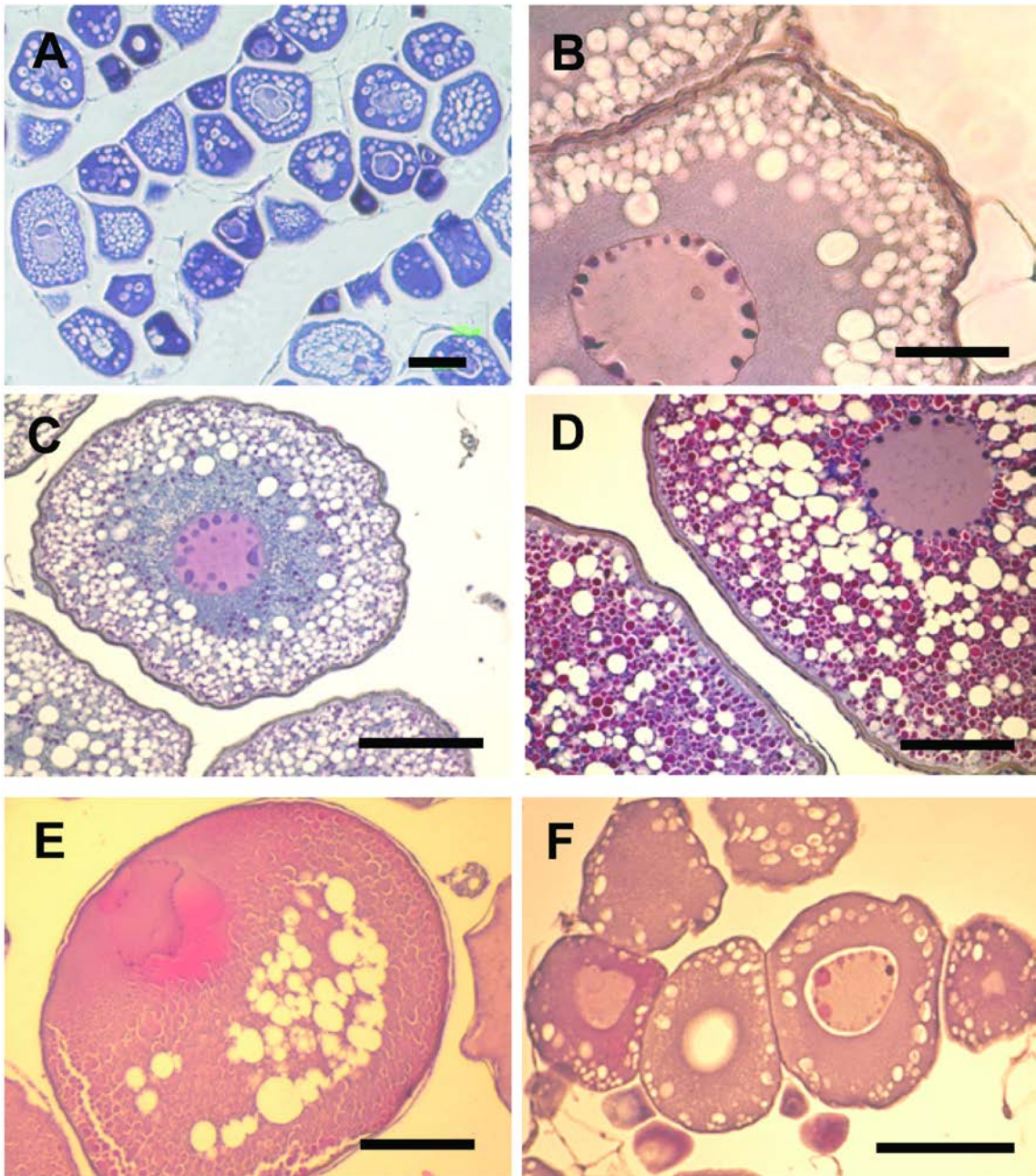
668 of one individual. Box plots represent the data within the 25th and 75th percentiles, with  
669 the median indicated by a line, and top and bottom whiskers indicating the minimum and  
670 maximum values. Different letters indicate significant differences between groups  
671 (Kruskal-Wallis,  $p < 0.05$ ). The number of carp pituitary extract injections received by  
672 each individual is indicated “x number”. In the non-responding (NR) group, 3 of the eels  
673 received 8 injections while the fourth one received 12 injections.

674

675 **Figure 4. Box plots representing relative quantification of the transcription levels of**  
676 **different genes related to the biogenesis of ribosomes in ovaries of European eels**  
677 **injected with CPE.** Box plots represent the data within the 25th and 75th percentiles,  
678 with the median indicated by a line, and top and bottom whiskers indicating the minimum  
679 and maximum values. (a) Transcript levels of 5S rRNA related genes (*gtf3a*, *42sp43*, *rpl5*  
680 *and rpl11*) (b) Transcript levels of RNA Polymerase I related genes (*ubtf1* and 18S  
681 rRNA). Different letters indicate significant differences between means (ANOVA,  
682  $p < 0.05$ ).

683

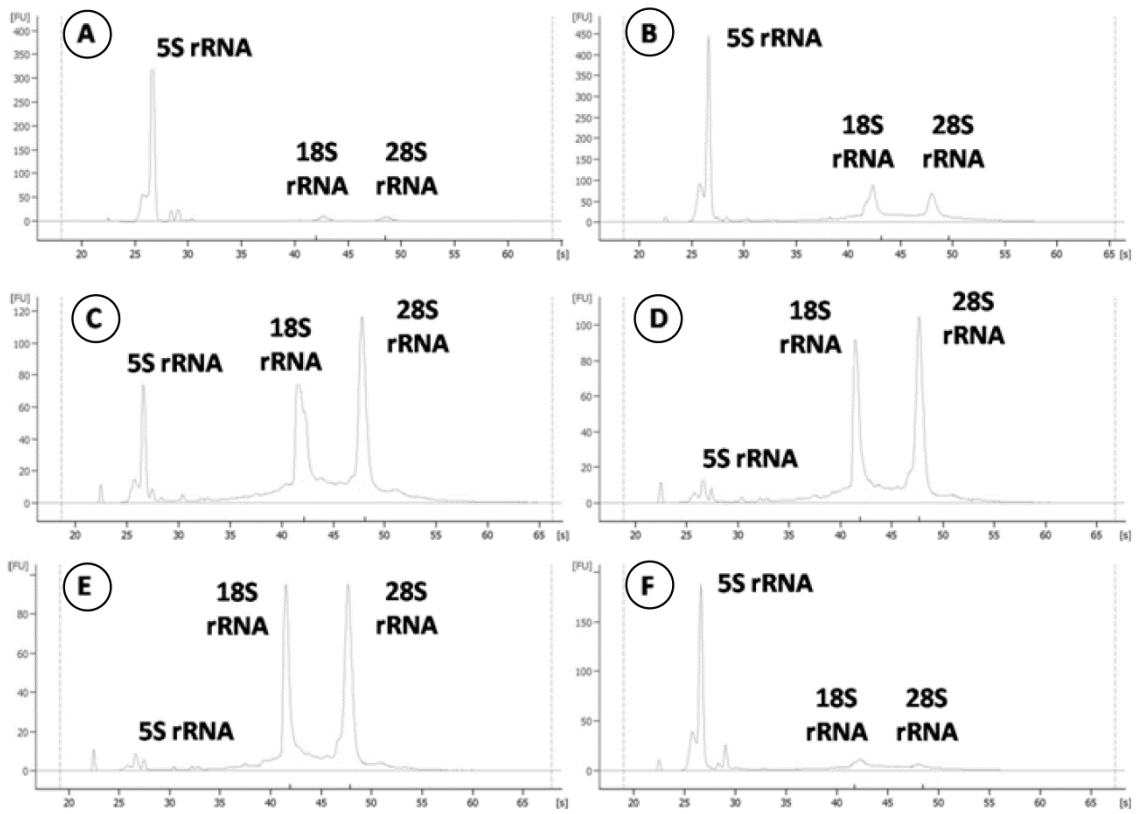
684 Fig. 1.



685

686

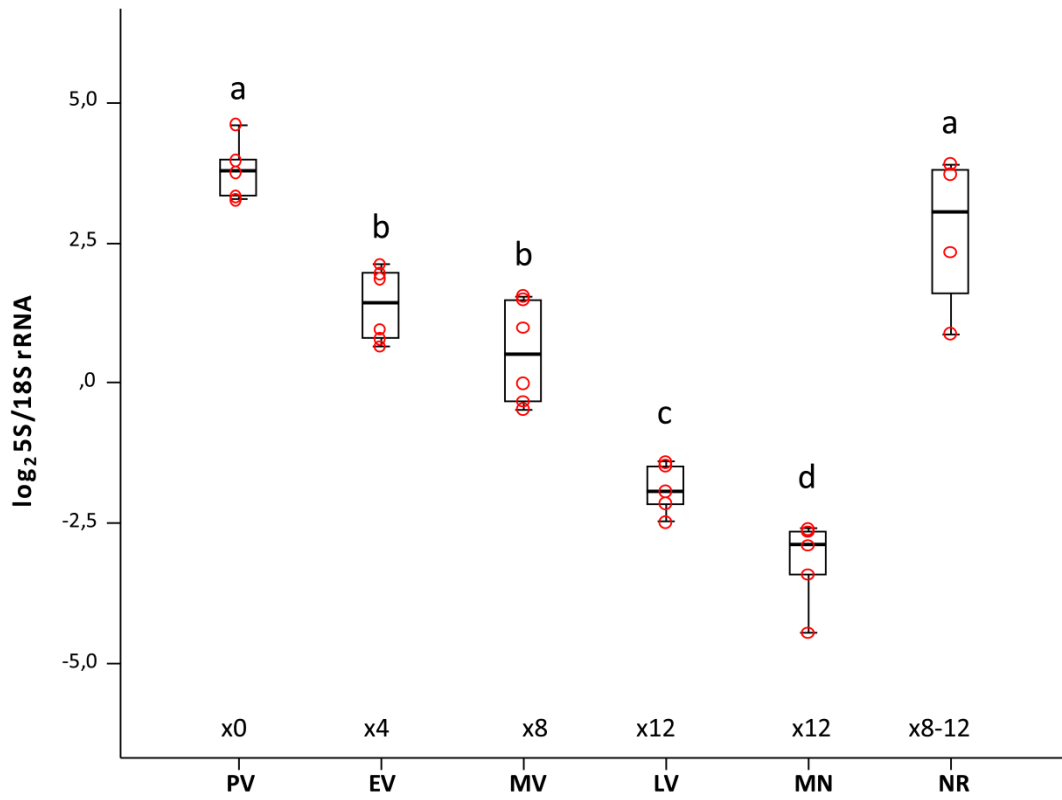
687 Fig.2



688

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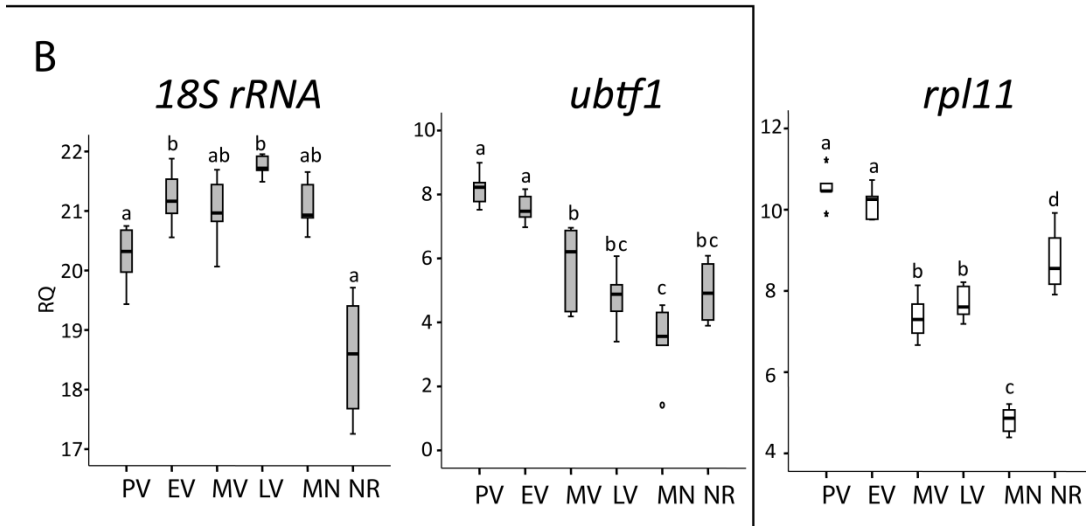
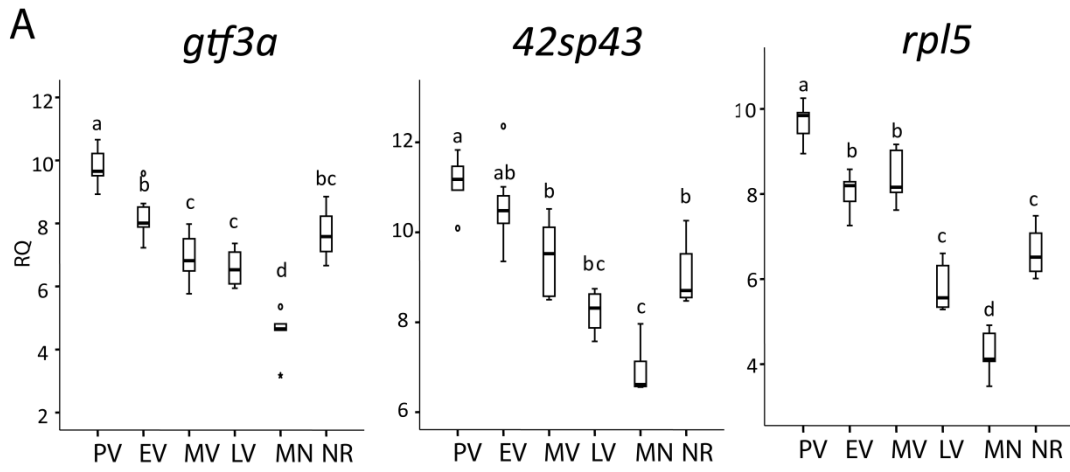
690 Fig. 3



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695 **Tables**

696 **Table 1** European eel sequences cloned and sequenced for this study and identity values  
 697 (through Blastx) with the most similar ortholog sequences available in GenBank. The  
 698 percentage of the sequenced total gene cds is provided for each gene.

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Gene name & NCBI accession number	Aminoacid identity (%)	E value (Blastx)	Most similar ortholog in GenBank	CDS%
<i>A. anguilla</i> upstream binding factor 1 ( <i>ubtf1</i> ) KX132907	97	2E-145	Upstream binding transcription factor, RNA polymerase I [ <i>Danio rerio</i> ] NP_001005395	73
<i>A. anguilla</i> transcription factor III A ( <i>gt3a</i> ) KX132905	62	E-116	General transcription factor IIIAa [ <i>Danio rerio</i> ] AAH95553	97
<i>A. anguilla</i> 42sp43 KX132906	64	3E-143	PREDICTED: P43 5S RNA-binding protein-like [ <i>Esox lucius</i> ] XP_012991469	96
<i>A. anguilla</i> ribosomal protein 15 ( <i>rpl5</i> ) KU140416	95	0	60S ribosomal protein L5 [ <i>Salmo salar</i> ] ACI66198	96
<i>A. anguilla</i> ribosomal protein 111 ( <i>rpl11</i> ) KU140415	99	2E-54	60S ribosomal protein L11 [ <i>Platichthys plesus</i> ] CAH57695	92

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702 **Table 2** Primer sequences used for the qPCR analysis in European eel ovaries.

Gene	Forward sequence (5'-3')	Reverse sequence(5'-3')	Amplicon size (bp)	Annealing temp (°C)
<b>18SrRNA</b>	GAGGCCCTGTAATTGGAATGAG	TAATATACGCTATTGGAGCTGGAATT	110	60
<i>42sp43</i>	CCTGCTTCTCCACCACCTT	CAGACTCTCCTGCATGGCA	124	58
<i>gtf3a</i>	AGGGTTGCGACAAGAGTTTCTGC	GAACACTTTTCCACAGCCCTCATA	214	61
<i>rpl5</i>	AGCAGTTCTCCCGCTTCAT	GACTGGGTCTCACGGATA	96	56
<i>rpl11</i>	ATCGGCATCTACGGCTTGGA	GCCTCCTCCTTGCGGATG	119	59
<i>ubtf1</i>	ACCACTGCTAAAGATCAAGCCTG	CTGCAGAGTAGTGATTGAATGCC	154	61

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705 **Table 3** RNA quality parameters as they were estimated spectrophotometrically  
 706 measuring the absorbance at  $A_{260}/A_{280}$  and at  $A_{260}/A_{230}$  and as measured through the  
 707 calculation of the RNA Integrity Number (RIN) after capillary electrophoresis in the 2100  
 708 Bioanalyzer.

<b>Sample</b>	<b><math>A_{260}/A_{280}</math></b>	<b><math>A_{260}/A_{230}</math></b>	<b>RIN</b>
<b>PV1</b>	1.85	2.22	-
<b>PV2</b>	1.89	2.03	-
<b>PV3</b>	1.89	1.97	-
<b>PV4</b>	1.76	2.35	-
<b>PV5</b>	1.83	1.89	-
<b>EV1</b>	1.80	2.14	2.5
<b>EV2</b>	1.61	0.56	4.9
<b>EV3</b>	1.80	0.97	5.5
<b>EV4</b>	1.89	0.37	2.8
<b>EV5</b>	1.73	1.56	-
<b>EV6</b>	1.65	1.98	-
<b>EV7</b>	1.79	2.08	-
<b>EV8</b>	1.63	1.36	5.5
<b>MV1</b>	1.71	2.06	-
<b>MV2</b>	1.65	2.03	7.4
<b>MV3</b>	1.68	1.89	-
<b>MV4</b>	1.63	2.23	-
<b>MV5</b>	1.74	1.54	8.7
<b>MV6</b>	1.75	1.84	8.2
<b>LV1</b>	1.70	1.04	2.4
<b>LV2</b>	1.63	1.31	8.7
<b>LV3</b>	1.63	2.05	8.5
<b>LV4</b>	1.55	2.05	8.8
<b>LV5</b>	1.61	1.19	9.1
<b>LV6</b>	1.63	1.42	8.9
<b>LV7</b>	1.67	1.65	-
<b>MN1</b>	1.60	1.18	9.4
<b>MN2</b>	1.89	1.98	7.2
<b>MN3</b>	1.75	1.87	9.0
<b>MN4</b>	1.69	1.67	9.3
<b>MN5</b>	1.70	1.65	9.0
<b>NR1</b>	1.63	1.78	-
<b>NR2</b>	1.59	2.30	-
<b>NR3</b>	1.59	2.30	-
<b>NR4</b>	1.68	1.20	-

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