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12-Jul-2018

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KEY WORDS



Enrichment of chips with fibre from a tiger-nut (*Cyperus esculentus*) milk co-product to “source of fibre” and “high fibre content” levels: impact on processing, physicochemical and sensory properties.

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3 1 **Enrichment of chips with fibre from a tiger-nut (*Cyperus esculentus*) milk co-**
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5 2 **product to “*source of fibre*” and “*high fibre content*” levels: impact on processing,**
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7 3 **physicochemical and sensory properties.**
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ABSTRACT

The impact of integrating a tiger-nut milk co-product into the wheat chip production process to enrich fibre content until the European reglamentation values “*source of fibre*” and “*high fibre content*” was studied. Four different flours, based on their composition and particle size, were obtained from the co-product. Wheat flour was substituted at the 5%, 10% and 20% levels with the co-product. Impact on processing, physicochemical and sensory properties of end product was studied. In the baking phase, mass loss was increase, but differences were equilibrated during tempering time. This effect was related to the increased chips surface during forming phase because dough viscoelasticity decreased. End chips presented significant differences in their physicochemical properties. Sensory evaluation was favorable for all formulas. The co-product as a fibre source produced alterations to chip processing that should be taken into account, however, chips did not have a negative impact on consumer acceptance.

Keywords: chips, fibre, co-product, tiger-nut, enrichment

1. INTRODUCTION

Incrementing dietary fibre intake is a recommendation made by Health Authorities because of the displacement of population dietetic habits to products with high-fat and refined carbohydrate contents (Dhingra, Michael, Rajput, & Patil, 2012) which, in turn, rises calorie input and poor nutrition. These dietetic habits have been catalogued as contributing to health diseases, such as type II diabetes mellitus, hypertension, obesity, and colon cancer (Dorner & Rieder, 2004; Retelny, Neuendorf, & Roth, 2008). Effects of increased fibre intake have been strongly related with physiological protection against coronary heart disease and other diseases as modification of blood lipid profiles (Wu et al., 2014).

Enriching the fibre content of food products with low-fibre content natively is an extended practice in industry (refined flours bakery, drinks, beverages, dairy and meat products) because it improves nutritional input, provides high-value products and contributes to competitiveness. These products should be labeling as "source of fibre foods" if contents 3g of fibre/100g of product and "high fibre content foods" 6g of fibre/100g of product. However, incorporation of fibre into pre-established matrix products induces changes across the process chain and sensorial properties, being many times non-viable enriching enough for labeling the denominations above mentioned. The most affected features are those related with physicochemical properties, such as rheological behaviour, heat conductivity, water retention, texture, colour, etc. (Bortnowska et al., 2016). Therefore, studying the impact of incorporating fibre sources into specific products, is a necessary experimentation area.

In this sense, there is a marked tendency in food industry of recovering from the secondary products valuable compounds contained in food processing waste, which represent in many cases a rich dietetic fibre source. These co-products can be converted

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3 74 into profitable products as raw materials for secondary processes (intermediate
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5 75 compounds), operating supplies, or ingredients of new products (Sánchez-Zapata et al.,
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7 76 2009). Along these lines, tiger-nut (*Cyperus esculentus*) milk co-product process is an
8
9 77 excellent source of dietetic fibre, which is destined traditionally to organic mass for
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11 78 combustion, composting and feed production purposes. This false nut is the tuber of a
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13 79 *Corsia* sedge genus perennial herb member of the grass family Cyperaceae (Ayeh-Kumi
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15 80 et al., 2014). Interest in developing applications for this co-product also lies in the fact
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17 81 that large volumes of it are generated in several geographic zones of Spain (one of the
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19 82 world's main tiger-nut milk producers).

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23 83 Data about the impact of this co-product on some food properties, such as pork sausages
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25 84 and burgers, have been reported in several studies (Sánchez-Zapata et al., 2010;
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27 85 Sánchez-Zapata et. al., 2013), but information about its effect on some food production
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29 86 chain phases of given products is still poor. One group of foods with more formulas
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31 87 including high-fibre content derives from cereal and bakery. Concretely, snack foods
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33 88 (related with high fat and salt contents) are less commonly produced enriched in fibre
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35 89 because of difficulties for obtaining acceptable products and processing impact. Hence
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37 90 the incorporation of fibre into snack food formulas can help improve their nutritional
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39 91 quality (Yuksel, Karaman, & Kayacier, 2014). This work was to study the viability of
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41 92 integrating a valuable high-fibre source like the tiger-nut milk co-product into chip
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43 93 processing until levels of “source of fibre” and “high fibre content”.

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99 2. MATERIAL AND METHODS

100 2.1 Raw materials: wheat flour and tiger-nut milk co-product conditioning

101 The tiger-nut milk co-product was obtained from a local tiger-nut milk manufacturing
102 plant. It was presented as a coarse wet fibrous flour. Two types of triturated fibrous
103 tissues were differenced from a macroscopic point of view in this co-product. The first
104 had a particle size of approximately $>800\mu\text{m}$ and was brown like any grain bran, and is
105 provided by the periderm (skin) and cortex of the tuber. It is a typical woody fraction
106 characterised by a high lignin content, among other insoluble polymers. The second had
107 a particle size of some $<800\mu\text{m}$ and was quite white. It is provided by internal tuber
108 parenchymal tissues, such as the perimedulla and medulla. It is a cottony material
109 whose composition is based on insoluble carbohydrates, such as cellulose and
110 hemicellulose (Habibi, Mahrouz, & Vignon, 2009). Since both are mixed perfectly at
111 the end of tiger-nut milk processing, separation was done to allow the flour to be
112 formed by an isolated white fraction, for which an $800\text{-}\mu\text{m}$ sieve was used. Thus two
113 co-product flour types were obtained: total co-product (*T*) and white fraction (*W*). The
114 decision was made to work with those two flour types to evaluate whether the white
115 fraction reduces the impact on the colour attributes of the end product, which are among
116 the most affected when enriching fibre content. Both flours were dried to 14% of
117 moisture (w.b) to be remilled in a stainless steel grinder (Retsch GmbH, ZM 200, Haan,
118 Germany) to obtain these two flour types, but in a small particle size version. The
119 milled versions were called reduced particle of total co-product (Trp) and reduced
120 particle of white fraction (Wrp). The commercial wheat flour that we used was obtained
121 from a local producer (Molí del Picó-Harinas Segura S.L. Valencia, Spain). The
122 alveographic parameters were also facilitated by the company, which were $P=94\pm 2$
123 (maximum pressure (mm)), $L=128\pm 5$ (extensibility (mm)), $W=392\pm 11$ (strength (J-4))

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3 124 and 0.73 of P/L. Particle sizes (Ps) of wheat flour and co-product flours are collected in
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5 125 Table S1. Proximate composition has also been included in Table S1, where fraction of
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7 126 protein, water, fat, ash and dietetic fiber are indicated. The particle size of the flours was
8
9 127 measured 6 times by laser scattering in a Mastersizer 2000 (Malvern, Instruments, UK),
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11 128 equipped with a Scirocco dry powder unit. Proximate composition analysis were done
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13 129 by triplicated based on the ICC (International association for cereal science and
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15 130 technology) standards 110/1, 156, 136, 105/2 and 104/1 for water, dietary fibre, fat,
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17 131 protein and ash respectively.
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23 133 **2.2 Chips processing**

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25 134 The first chips production step involved mixing the wheat flour with the four co-product
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27 135 flours (T, W, Trp and Wrp). Three substitution levels applied: 5%, 10% and 20% w/w,
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29 136 all on dry basis (d.b). The percentages of substituted mass were calculated on the dry
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31 137 matter fraction of the used wheat flour to maintain the ratio of grams of water per gram
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33 138 of solutes constant between dough formulas (0.58g of water/g of solutes). These
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35 139 substitution levels were selected following the Regulation (EC) No 1924/2006 of the
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37 140 European Parliament and of the council of 20 December 2006 on nutrition and health
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39 141 claims made on foods. It indicates the parameters for “source of fibre foods”, which
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41 142 requires 3g of fibre/100g of product and “high fibre content foods” 6g of fibre/100g of
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43 143 product. In this sense, the 5% substituted formula is according with the first
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45 144 denomination; the 10% with the second one, and the 20% was included to evaluate the
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47 145 behavior and viability of a higher amount of fibre in the process. Thus, 13 different
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49 146 formulas were prepared (two flour types * two particle sizes * three substitution levels +
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51 147 the control). The formula of the control was: 65% wheat flour, 27.7% water, 5.7% oil
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53 148 (maximum acidity 0.2° Koipesol Semillas, S.L., Spain), 1.4% salt (refined marine salt \geq
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3 149 97% NaCl Salinera Española S.A., Spain). These percentages remained constant for all
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5 150 the substituted formulas, and the amount of co-product flour varied according to each
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7 151 case. Twenty samples were produced for each formula. The procedure was as follows:

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10 152 1. Liquid components (water and oil) and salt were placed into a food mixer
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12 153 (Thermomix® TM31, Vorwerk, Germany) and mixed to obtain a homogeneous
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14 154 solution (1.5min/50rpm).
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16 155 2. The pre-homogenised mix of flour was added to the food mixer and mixed
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18 156 (4min/550rpm) with random turns of the mixer helix in both directions.
- 19
20 157 3. Homogeneous dough was allowed to rest in a sealed bowl for 20min at room
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22 158 temperature (20°C).
- 23
24 159 4. The forming phase of the samples was carried out by separating 10-gram balls
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26 160 of dough to be placed in a manual laminator (IMPERIA SM/220, FIMAR,
27
28 161 Italy) between rollers and maintaining a 2mm separation.
- 29
30 162 5. Baking was done in an oven (530x450x340, grill power 1200W, internal
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32 163 volume 32L, Rotisserie, DeLonghi, Italy) at 160°C for 30min.
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34 164 6. All the samples were allowed to rest for 10 minutes at room temperature.
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40 166 **2.3 Mass evolution in the baking phase**

41
42 167 To collect mass loss data in the baking, the oven was coupled to a balance (K3R-15KD-
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44 168 SE, Gram Precision S.L., Barcelona) and weigh data were collected every 5min during
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46 169 the process. Finally, six weighing values were obtained with time, from which the mass
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48 170 loss kinetics were calculated in percentage terms based on Equation 1:

$$49 \quad \Delta M_t = \frac{m_t - m_0}{m_0} \cdot 100 \quad (1)$$

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3 172 Where ΔMt is the mass increment in % at any time, m_t the mass at any time and m_o the
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5 173 initial mass before baking.
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11 175 **2.4 Characterization of the end product: physicochemical and sensory properties**

13 176 **2.4.1 Mass loss and morphology properties**

15 177 After tempering samples at room temperature for 10min, they were analysed in mass
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17 178 loss (ΔMf) and water fraction (Xw). Morphology of chips were evaluated based on the
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19 179 chips area (A). To evaluate the impact of the co-product flours on sample shape, areas of
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21 180 samples were obtained by scanning with scanner MICROTEK ScanMaker 9800XL Plus
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23 181 after baking and tempering. Images of samples were processed with the ImageJ image
24
25 182 analyser software, where areas were calculated in pixels and converted into cm^2 by
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27 183 previous calibration. Impact in this phase is expressed as area increment in % (ΔA),
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29 184 between control formula and the rest of formulas.
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36 186 **2.4.2 Texture analysis**

37 187 Texture of samples were evaluated analyzing the maximum braking force (H). The
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39 188 texture analysis procedure was based on Islas-Rubio et al. (2014). The breaking force in
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41 189 g of the chips was determined on texture analyzer TA-XT2 (Stable Microsystems,
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43 190 England) with a spherical-end accessory of 6.35mm in diameter at the test speed of
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45 191 1mm/s. The hardness threshold was 1g and the distance threshold was 1mm. Twenty
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47 192 replies from each formula were analysed. Individual samples of each formula were
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49 193 placed on the fracture accessory (code TA-101) and the ball penetrated the chip until a
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51 194 complete fracture occurred. Breaking force (H) represents the maximum force required
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53 195 to break the chip.
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197 2.4.3 Colour measurement

198 Colour measurements were taken after tempering samples. Hunter L^* , a , b colour
199 parameters were determined by a UV/VS Minolta Spectrophotometer model CM-3600d
200 from 400 to 700 nm at 10-nm intervals using an integrating sphere. The employed
201 colour system was CIE L^*ab . Illuminant D-65 was used with 10° observer angles,
202 which evaluates colour using typical bright daylight and an overcast sky and colour
203 temperature at 6500K. The L^* , a and b values were obtained from the mean of 10
204 determinations per formula. Whiteness Index (WI) was also calculated according to
205 Bortnowska et al. (2016), the calculation equation was as follows:

$$206 \quad WI = 100 - \sqrt{(100 - L)^2 + a^2 + b^2} \quad (3)$$

207

208 2.4.4 Sensory properties

209 In order to test the impact of the co-product presence in the product, a sensory
210 assessment was made. The process was undertaken by 50 non-expert and untrained
211 assessors, who are regular consumers of different types of chips. Tests were based on
212 the semi-structured scales (AENOR, 2006) by which the attributes colour, odour,
213 appearance, aftertaste, mouth texture and global acceptance were assessed. These
214 attributes were selected as the most descriptive for both industry and consumers of such
215 products. A questionnaire was used and was based on 8-cm lines where three reference
216 points were represented (0 = unpleasant, 4 = acceptable, and 8 = pleasant) for each
217 attribute. Each assessor evaluated two samples served at room temperature and coded
218 them with a 3-digit random number. Samples were entire chips (Figure S1A).

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220 2.5 Statistical procedure

221 A one-way and multifactor ANOVA was used to study the results of the dependent
222 variables, as well as the main effects and interactions between factors (co-product flour
223 type, particle size, substitution level, time). In cases with effect was significant (P-value
224 < 0.05), the average was compared by Fisher's least significant difference (LSD). A
225 multivariate unsupervised statistical method, Principal Component Analysis (PCA), was
226 also used to report which variables better described each sample, and to therefore
227 explain the differences between them simultaneously. PCA is a method used to describe
228 and reduce the dimensionality of end product quantitative variables to a small number
229 of new variables, called principal components (PCs), which are the result of the linear
230 combinations of the original ones. The number of PCs was selected after considering
231 the change in tendency on the screen plot, and also the accumulated percentage of
232 explained variability above 75%.

233

234 3. RESULTS AND DISCUSSION

235 3.1 Mass evolution in the baking phase

236 Registered data of mass evolution during baking was represented in Figure 1 (until 30
237 min) in terms of percentage of mass increment (ΔM). Results showed the typical
238 sigmoidal curves of heating, where a steep slope was produced until arriving to
239 asymptotic zone, due to the reduction of water content in this case. All substituted
240 formulas presented higher mass loss than control, although flour T presented the most
241 one. The substitution level did not have effect, all curves appeared overlapping.
242 Conversely, when baking time was finished and samples were tempered during 10
243 minutes, a recuperation of mass was observed (from 30 to 40 min, water mark zone

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3 244 Figure 1). The mass increase during this time equilibrated the final mass loss (ΔM_f) of
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5 245 all formulas until similar values. This effect has to be explained observing the
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7 246 differences in chips morphology. This parameter is deep discussed in the next section,
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9 247 however is necessary taking into account the differences observed in area of chips (A)
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11 248 (Figure S1). The increasing in the surface of chips when co-product flours were added
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13 249 produced an increment of migration front from the same dough weight, generating then
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15 250 a faster water loss during baking at the same time that a faster water recuperation from
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17 251 ambient during tempering time. Thus, in despite of the mass loss kinetics differences
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19 252 during baking, the mass loss differences were reduced between formulas across the
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21 253 tempering time.
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28 255 **3.2 Characterization of the end product: physicochemical and sensory properties**

29 256 **3.2.1 Mass loss and morphology properties**

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33 257 The results of final mass loss (ΔM_f), water fraction (X_w) and area (A) are collected in
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35 258 Table 1. All cases presented significant reductions in the water fraction compared to
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37 259 control samples after tempering time, excepting samples with W_{rp} . Although these
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39 260 differences were significant statistically, the maximum of them was around 3% between
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41 261 control and T at 10%. This behavior was directly related with above discussed mass loss
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43 262 kinetics, assuming all mass loss as mass of water from dough.
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47 263 In regard to the chips morphology, the effect of substitution resulted in incremented
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49 264 samples area processing under the same conditions, as has been commented above. The
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51 265 control presented an average area of $49.1 \pm 1.7 \text{ cm}^2$, which was the minimum value of
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53 266 them all. The maximums were registered for non-milled co-product flours: W at 20%,
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55 267 with $86.9 \pm 1.1 \text{ cm}^2$ and T at 20% with $76.9 \pm 0.7 \text{ cm}^2$. All substituted formulas had
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3 268 statistically differences compared to control. Moreover, the two types of flours had not
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5 269 differences when were milled (*Wrp* and *Trp*) within each substitution level. For
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7 270 knowing the influence of each studied factor (substitution level, type of flour, particle
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9 271 size) in the total variance, the results were analyzed by a multiple ANOVA, and then the
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11 272 significance of the main effects for the factors substitution level, particle size and co-
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13 273 product flour type were determined. Significance for the main effect of the substitution
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15 274 level and particle size was observed, following that same order of importance based on
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17 275 their F-ratio. Moreover, co-product flour type had no significant main effect on dough
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19 276 behavior in this variable. A significant interaction was also observed between
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21 277 substitution level-particle size, and substitution level-type of flour. Therefore, the type
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23 278 of flour had significance in non-milled flours, since it appeared to have the same
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25 279 behavior when particle size was reduced.

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29 280 Results showed an affectation of the rheological properties of doughs that makes
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31 281 influence on forming phase of product. This effect was principally done because the
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33 282 amount of gluten available to generate the gluten matrix was smaller, which reduced
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35 283 dough retraction capacity after formation. Presence of different solids, such as insoluble
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37 284 fibre, also disrupted optimal gluten network formation, and led to alterations in dough
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39 285 behaviour (Tuhumury, Small, & Day, 2016). This weakening of wheat doughs because
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41 286 replacements with bran and rich-fibre compounds is a typical phenomenon (Sudha,
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43 287 Vetrmani, & Leelavathi, 2007)

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47 288 Figure S1B shows the incremented area of samples in all cases compared to the control.
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49 289 The co-product with the original particle size presented a greater increment of area,
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51 290 while the reduced particle size flours had less impact on gluten matrix formation,
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53 291 despite having been incorporated at the same substitution level. The morphology was
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55 292 significantly impacted.

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294 **3.2.2 Texture analysis**

295 Hardness of chips (H) presented regular reduction with substitution level. In both cases,
296 co-product flours with reduced particles (Wrp and Trp) presented lesser reduction than
297 the original size ones (W and T). Between W and T , the first one presented the
298 maximum impact on this variable, generating the softest chips. These results followed
299 the causes described previously on morphology changes and are in the same line as
300 reported studies about effect of cellulose and other fibres in wheat flour substitutions. In
301 this sense, the effect of different cellulose fibres was the reduction in energy required to
302 tear wheat flour doughs from 5% (Goldstein, Ashrafi, & Seetharaman, 2010).
303 Concretely, reductions around 10 and 20% in energy required to tear of pure wheat gel
304 samples were described in substitutions of 5 and 10% respectively. In our case, the
305 hardness reduction ranges were from 5 to 20%: 5-55% for W , 12-37% for Wrp , 2-33%
306 for T and 1.5-18% for Trp repectively. The disruption of correct starch-protein
307 formation is equally interpretable; however, the vitreous matrix of chips generates
308 harder differences between substitution levels than viscoelastic systems like gels.

309 Thus, if these disruptions were produced because the presence of non-wheat flour
310 materials, they should be related with the particle size. Therefore, the effect of particle
311 size should be related with the hardness, but also with area (A), since differences in this
312 morphological parameter produces differences matrix configuration of samples. To
313 explore this fact, a plot was made with hardness (H), chip area (A) and average of
314 particle size (Ps : $D [4. 3]$), Figure 2. Four different models were observed in function of
315 type of co-product flour, having beginning on control. In all cases, H presented inversed
316 relationship with A and Ps , having higher slope for W and T flours. The differences in

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3 317 models direction within space revealed the effect of specific flour type, where both W
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5 318 and Wrp presented less H in chips with similar A and Ps .
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320 **3.2.3 Colour measurement**

321 The colour parameters presented clear differences when particle size were modified in
322 the same co-product flour. L^* was mostly reduced in samples with Wrp and Trp . In all
323 them, both parameters a and b increased, which agreed with displacement of colour
324 towards brown tonalities between yellow and red. The colour difference (ΔE) presented
325 higher values for T and Trp , which agreed with the fact that those flours maintained the
326 original fibre covering from external tiger-nut parts, which is brown as any grain bran
327 is. Regarding the Whiteness Index (WI), the control presented the highest WI value. The
328 minimum ones were the samples with both reduced particle flours (Trp and Wrp). When
329 testing the relationship between WI and % of substitution (Figure 3) we observe the
330 tendency formed between them, where the increment in % also meant a drop in the WI
331 values, except for the W samples. Note that the same increments in the substitution level
332 greatly reduced T and increased W ; indeed, W was the most similar to the control when
333 substitution rose. An increase in W could compensate the effect of light scattering due to
334 surface rugosity, and also due to recovered lightness and whiteness (Chung, Degner, &
335 McClements, 2013). Moreover, reduced particle size produced a similar response for
336 both flours, an accentuated reduction in whiteness, and irrespectively of flour type. So
337 flour W presented a higher margin for substitution level and had a less color impact on
338 all the co-product flour types.

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340 **3.2.4 Sensory properties**

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3 341 The results of scores and analysis of variance for sensory analysis were collected in
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5 342 Table S2. All scores for all variables exceeded the category “acceptable” (>4), therefore
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7 343 the captured variability was linked to products that were considered suitable for
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9 344 consuming according to the panel of untrained assessors. Some formulas reached scores
10
11 345 with no differences to control (marked in cursive letter). Flours *T* and *Trp* got the most
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13 346 of this cases, principally in global acceptance, odour, appearance and taste. In *W* and
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15 347 *Wrp*, this last one presented the most scores in common in regard to odour and taste. *T*
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17 348 and *Trp*, in despite of a higher particle size and visual impact, appeared to offer better
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19 349 sensory properties than the isolated white fraction.

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23 350 With the aim of evaluate the relationships between sensory results and physicochemical
24
25 351 properties, a correlation study was carried out and a significance map was generated
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27 352 (Table S3). There were correlations with high significance ($\alpha=0.05$, $\alpha=0.025$ and
28
29 353 $\alpha=0.01$) between several variables from the data blocks. Were highlighted the case of
30
31 354 color, which was inversely related with *A*, ΔMf and *Ps* in *W* and *Wrp* flours, however
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33 355 global appreciation indicated positive relationship with *WI* and L^* , which reveals the
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35 356 effect of whiteness when particle was reduced on *Wrp* flour. Color was also inversely
36
37 357 with *a* and *b* of flour *T*, probably because the excessive visualization of co-product
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39 358 particles along chip surface (Figure S1). This relationship was according to appearance
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41 359 results, which was commonly correlated with *Ps* negatively. *Ps* was also related
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43 360 negatively with texture and global appreciation in *T*. Those results centered *Ps* as the
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45 361 main factor or sensory depletion for *T*.

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51 52 53 363 **4. CONCLUSIONS**

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3 364 The impact of adding the tiger-nut milk co-product was significant both on chip
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5 365 production and end product. Reduced wheat from substitution level and gluten network
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7 366 disruption by fibre particles caused the reduction of viscoelastic capacity of dough. This
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9 367 effect generated chips with a larger surface, which increased the mass loss during
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11 368 baking, although it was compensated along tempering time, reducing the differences
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13 369 among formulas. The physicochemical properties of the resulting products presented
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15 370 significant differences, which were highly related with type of co-product flour and
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17 371 substitution level, which reveals the co-product's particle size importance. The mean
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19 372 impact was observed on reduced hardness and color properties. Sensory properties
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21 373 raised acceptable values for all formulas and some of them without differences to pure
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23 374 wheat chips. White fraction did not produce any advantage about consumer perception.
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25 375 Therefore, the inclusion of co-product as fibre source generated alterations to chip
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27 376 processing that should be taken into account to optimise operations, however it did not
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29 377 have necessary negative impact on sensory acceptance, which makes plausible to obtain
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31 378 chips cataloged as "source of fibre" and "high fibre content".
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380 **ACKNOWLEDGEMENTS**

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43
44 382 Sport for Scientific and Technological Politics by Project entitled "*Use of non-wheat*
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46 383 *flours, from co-products of the food industry, to produce bread, cakes and snacks*
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48 384 *(AICO/2015/107)*"
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52 53 54 386 **5. REFERENCES**

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For Peer Review

FIGURE 1

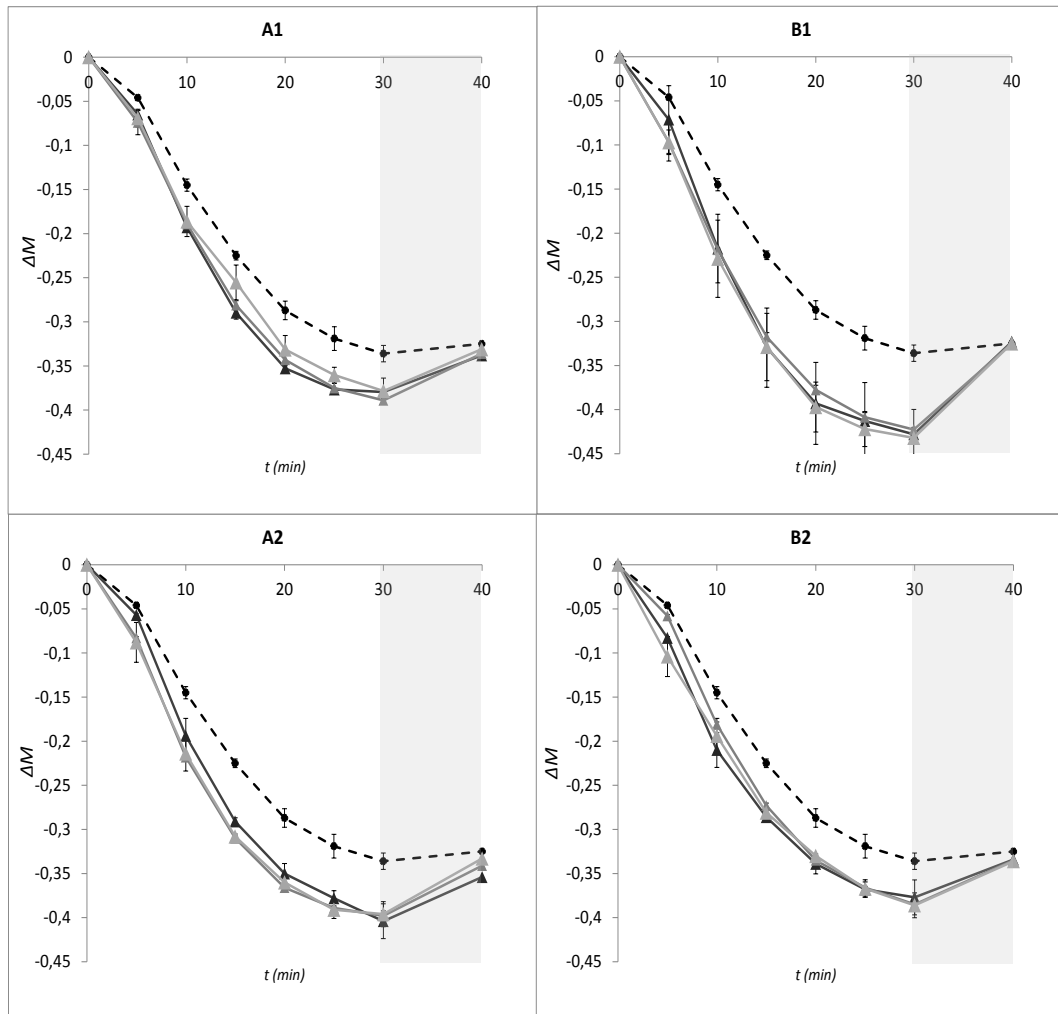


FIGURE 2

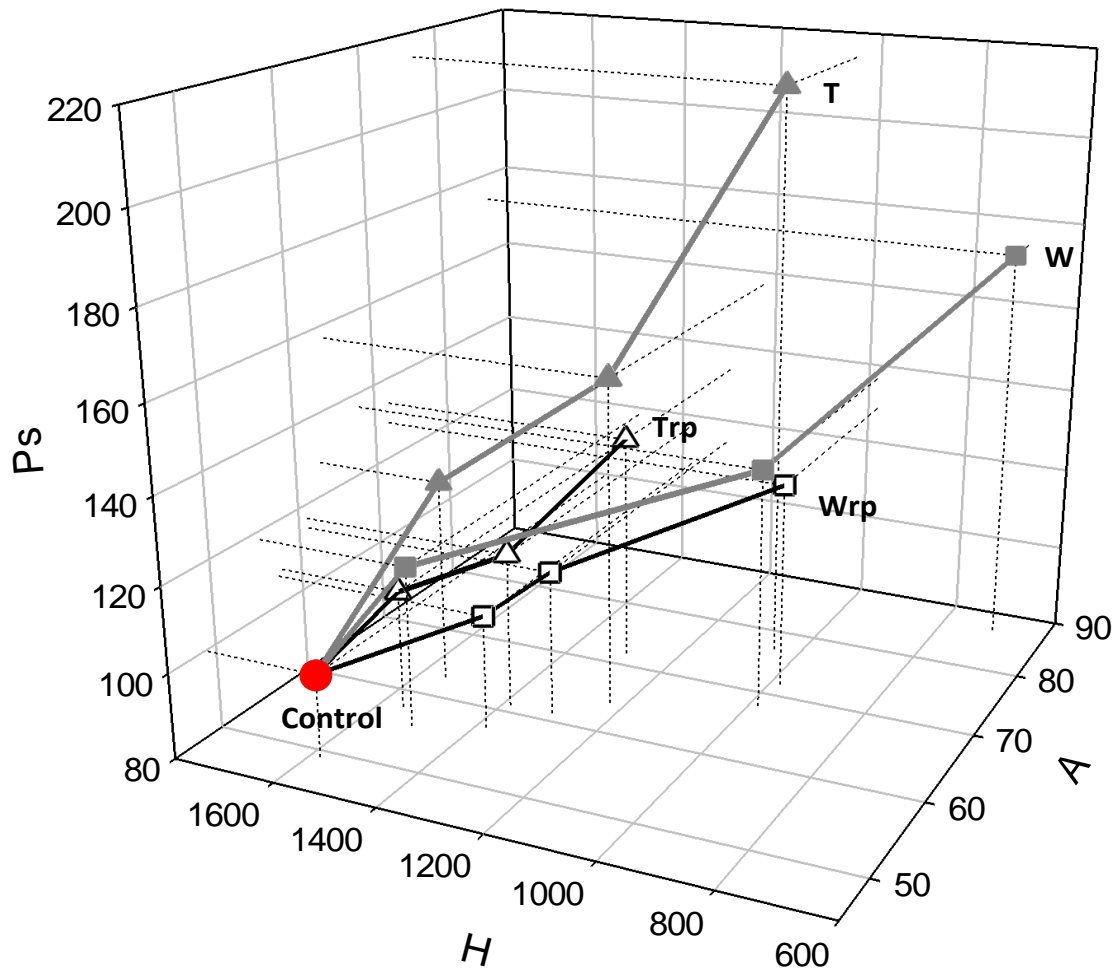


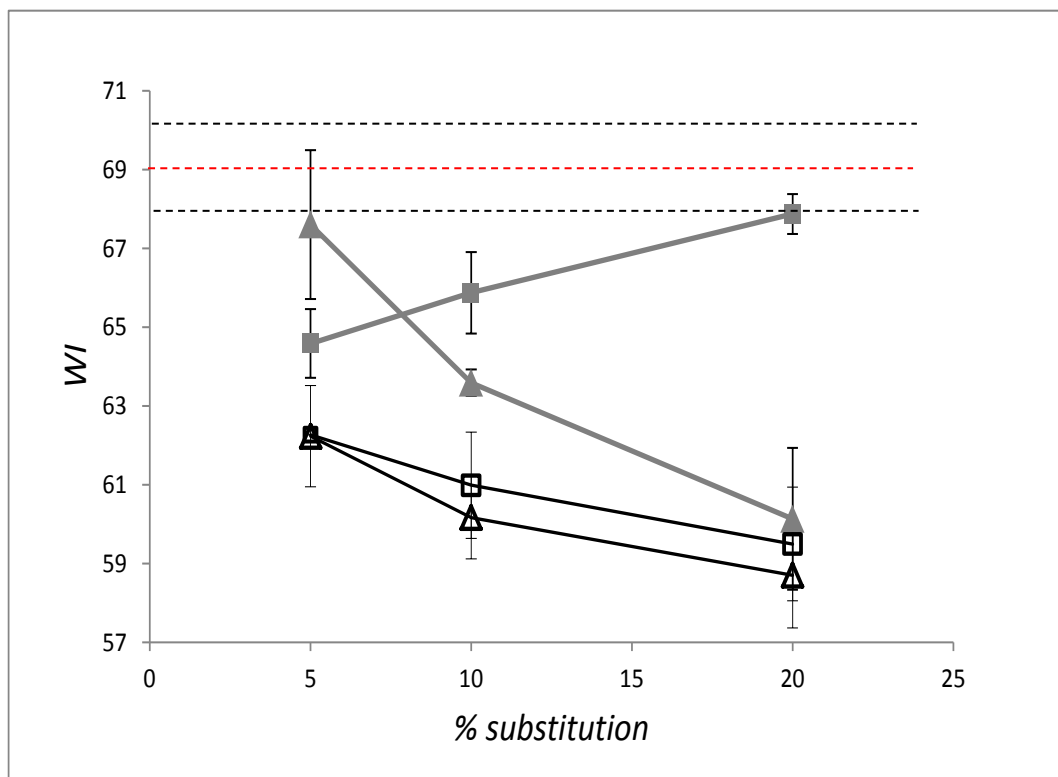
FIGURE 3

Table 1. Results of the physicochemical properties of chips.

<i>Flour type</i>	<i>%</i>	<i>Ps</i>	<i>A</i>	ΔMf	<i>Xwf</i>	<i>H</i>	<i>L*</i>	<i>a</i>	<i>b</i>	ΔE
<i>Control</i>	0	99.4±5.6	240±8.6a	32.5±1a	0.15±0.01b	1581±68c	73.4±0.9e	1.4±0.1a	15.8±0.7a	-
<i>W</i>	5	117.9±4.9	270.7±8.4b	33.1±1.3b	0.14±0.01a	1601±81b	70.1±0.7d	2.9±0.2b	18.7±0.9b	4.7±1.3a
	10	136.5±3.8	332.1±5.2d	33.6±1.3b	0.14±0.01a	983±71b	71.8±0.6d	3±0.2b	19±0.9b	3.9±1.4b
	20	173.6±6.2	424.1±5.5f	33.8±0.9b	0.13±0.01a	701±35a	73.3±1.3e	2.7±0.3b	17.6±0.6b	2.2±1b
<i>Wrp</i>	5	106.7±5.3	279.9±3.6b	33.3±0.7b	0.15±0.01b	981±53b	68±1.2c	3.6±0.2c	19.6±0.8bc	7±0.8bc
	10	114.1±4.9	298±11.7c	35.1±0.8b	0.16±0.01b	1302±37b	67.4±1.3bc	4±0.3c	21.1±0.8c	8.4±1cd
	20	128.8±4.6	350.2±11.5e	33.4±1b	0.15±0.01b	1380±39a	65.8±0.8b	4.4±0.2c	21.3±0.7c	9.8±0.5cd
<i>T</i>	5	128.1±6.1	307±14.1cd	32.5±0.9ab	0.14±0.01b	1650±38c	76.5±1.6e	1.9±0.4a	22.1±1.6c	7±1.2b
	10	156.8±4.8	313±6.2d	32±1.6a	0.12±0.01ba	1228±39b	73.1±5.1e	4.1±1.6d	24±2.1d	8.6±1c
	20	214.2±7.2	375.6±3.87f	32.3±0.8a	0.14±0.01ba	1050±44ab	71.8±1.3e	5.3±0.9e	27.7±2.3e	12.6±1.3d
<i>Trp</i>	5	107.9±4.2	281.7±11.5b	33.6±0.8b	0.14±0.01a	1556±52c	66.9±1.4bc	3.2±0.2c	18±0.5b	7±1.8bc
	10	116.5±4.2	297.6±12.5c	34±0.5b	0.13±0.01a	1385±46b	65.5±1.1b	4±0.3d	19.5±0.5b	9.1±0.3cd
	20	133.7±5.1	350.7±8.6e	33.4±0.5b	0.14±0.01a	1295±63b	63.1±1.2a	4.3±0.3d	18±0.8b	10.9±1.8cd

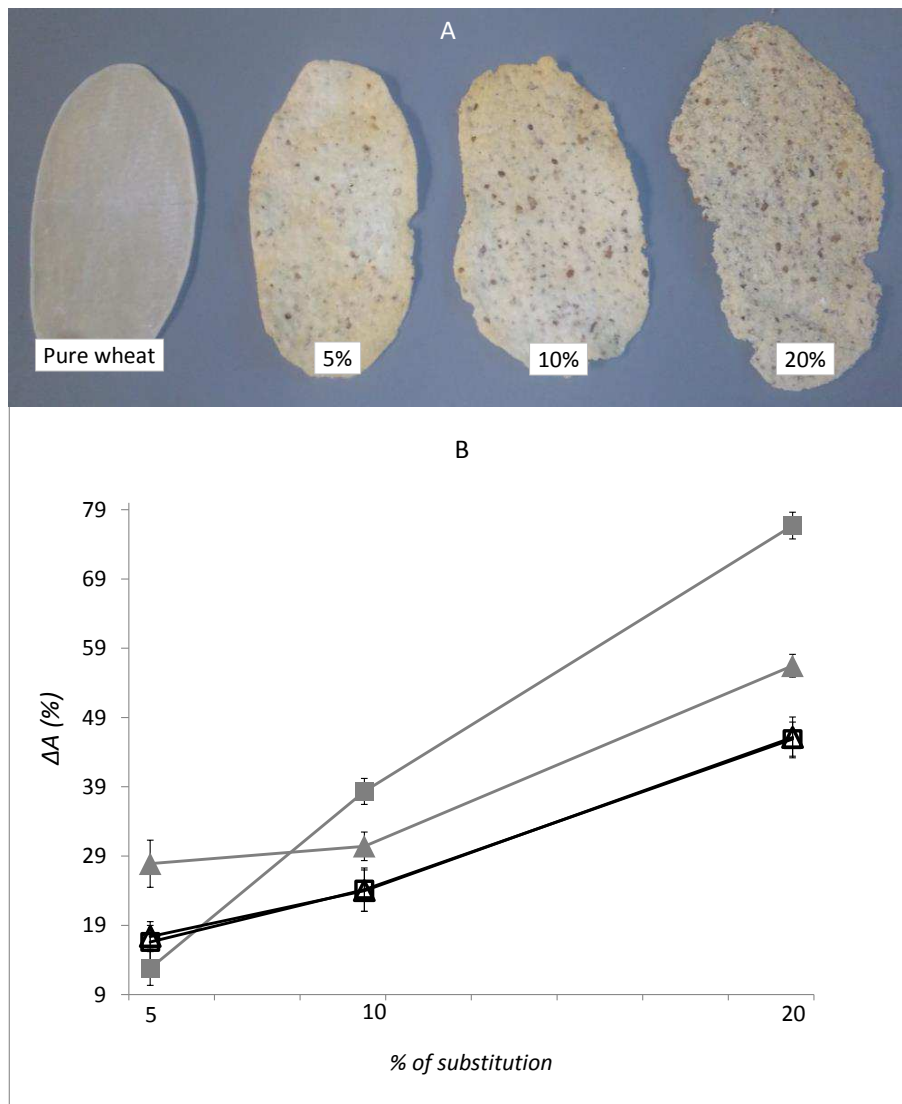
FIGURE S1

Figure S1. Chips dough with co-product. A: image of the example chips formulated with *T* flour at the 0%, 5%, 10% and 20% levels of substitution (d.b). B: Increment of the chips area after the forming phase vs. % of substitution. Filled square: *W* flour; Empty square: *Wrp* flour; Filled triangle: *T* flour; Empty triangle: *Trp*. ΔA : incremented surface compared to the control (%). Bars mark standard deviations.

Table S1. Characterization of tiger-nut milk co-product and wheat flour.

<i>Flour type</i>	<i>Particle size</i>				<i>Proximate composition</i>				
	<i>d(0.1)</i>	<i>d(0.5)</i>	<i>d(0.9)</i>	<i>D [4. 3]</i>	<i>X_p</i>	<i>X_f</i>	<i>X_w</i>	<i>X_a</i>	<i>X_{df}</i>
Wheat	25.5±1.1	92±0.6	180.6±0.8	99.4±1.2	0.147±0.06	0.01±0.001	0.14±0.005	0.003±0	0.002±0
T	166.2±26	587±51	1326±33.6	673±38.8	0.019±0.007	0.09±0.001	0.14±0.004	0.018±0.001	0.69±0.004
Trp	24.3±0.7	182.7±7.7	663.6±32.4	271.1±14.5					
W	225.5±4.5	433±8.2	777.9±14.7	470.4±9.1	0.015±0.007	0.078±0.001	0.14±0.004	0.015±0.001	0.71±0.003
Wrp	31.9±0.7	197.4±7.7	516.5±32.4	246.7±14.5					

W: white fraction flour; *Wrp*: white fraction flour with reduced particle, *T*: total co-product; *Trp*: total co-product with reduced particle; *X_p*: protein fraction; *X_f*: fat fraction; *X_w*: water fraction; *X_a*: ash fraction; *X_{df}*: dietary fibre fraction. Letters within columns mean significant differences at ≤ 0.05 . Particle size (*Ps*) has been expressed in volumetric fractions (maximum size (μm) at 10% (d (0.1)), 50% (d (0.5)) and 90% (d (0.9)) as their averages (D [4, 3]) of the total volume of the analyzed particles.

Table S2. Results of the sensory properties of chips.

<i>Flour type</i>	<i>%</i>	<i>Color</i>	<i>Odour</i>	<i>Appearance</i>	<i>Taste</i>	<i>Texture</i>	<i>Global</i>
<i>Control</i>	0	6.2±1.1f	5.5±0.9cd	6.1±1.1e	5.4 ±1.5d	7.5 ± 0.3f	6.1±1.6d
<i>W</i>	5	5.5 ±1.2cd	5.1±0.9b	5.5± 1.0d	4.3±1.1ab	6.0±1.8b	5.5±0.9bc
	10	4.9±1.3b	4.8±0.7a	5.1±1.1bc	5.2±1.1cd	6.2±1.4bc	5.0±0.6ab
	20	4.7±1b	4.7±1.1a	4.5±1.4a	4.1±1.2a	4.8±1.9a	4.8±1.0a
<i>Wrp</i>	5	5.3±1.1c	5.2±1.0bc	5.4±0.9d	4.9±1.0c	6.6±0.3cd	5.5±1.1bc
	10	5.5±0.9cd	5.5±1.0 cd	5.4±0.9cd	5.5±1.3d	6.4±0.8c	5.7±0.9c
	20	4.3±1.5a	4.7±1.0a	4.2±1.4a	5.2±1.2cd	6.4±1.0c	5.2±1.0b
<i>T</i>	5	5.9±0.9e	6.0±1.2f	6.1±1.0e	5.7±1.2d	6.9±0.8d	5.8±0.9cd
	10	5.6±0.9cd	5.4±0.8cd	6.0±0.6e	5.3±1.5cd	6.8±0.9d	5.8±1.1cd
	20	5.6±1.1cd	5.5±1.3cd	4.9±1.5b	4.5±1.5b	5.8±0.9b	4.8±1.1a
<i>Trp</i>	5	6.1±0.7ef	5.5±0.9de	5.8±1.1e	5.0±1.2c	6.9 ±0.6d	4.9±0.9a
	10	5.4±1.2d	6.3±0.6 g	5.8±1.2e	5.5±1.6d	7.2 ±0.4e	5.8±1.2cd
	20	5.2±1.3c	5.8±0.9ef	5.5±1.4d	5.3±1.4cd	6.8 ±0.6d	5.7±1.2cd

W: white fraction flour; *Wrp*: white fraction flour with reduced particle, *T*: total co-product; *Trp*: total co-product with reduced particle. Letters within columns mean significant differences at ≤ 0.05 .




Table S3. Correlation map between physicochemical and sensory properties.

A1	color	odour	appearance	taste	texture	global
<i>A</i>	-		-			
ΔMf	-	-	-			
<i>Xwf</i>	+		+		+	
<i>H</i>	+	+	+			
<i>Ps</i>	-		-			
ΔE						
<i>Wi</i>						
<i>L*</i>						
<i>a</i>						
<i>b</i>						

B1	color	odour	appearance	taste	texture	global
<i>A</i>					-	-
ΔMf			+	+		+
<i>Xwf</i>	+				+	
<i>H</i>						
<i>Ps</i>			-		-	-
ΔE	-				-	
<i>Wi</i>					+	+
<i>L*</i>		+				
<i>a</i>	-					
<i>b</i>	-				-	

A2	color	odour	appearance	taste	texture	global
<i>A</i>	-		-			
ΔMf	-		-			
<i>Xwf</i>						
<i>H</i>						
<i>Ps</i>	-		-			
ΔE					-	-
<i>Wi</i>					+	+
<i>L*</i>					+	+
<i>a</i>					-	-
<i>b</i>					-	

B2	color	odour	appearance	taste	texture	global
<i>A</i>	-		-			
ΔMf						
<i>Xwf</i>						
<i>H</i>	+					
<i>Ps</i>			-			
ΔE						
<i>Wi</i>						
<i>L*</i>			+			
<i>a</i>						
<i>b</i>						

W: white fraction flour; *Wrp*: white fraction flour with reduced particle, *T*: total co-product; *Trp*: total co-product with reduced particle; *Ps*: average particle size of mixed flours [D 4.3]; *A*: surface of chips in cm²; ΔMf : mass increment at end of tempering time in %; *Xwf*: water fraction at end of tempering time; *H*: maximum force (g); *L**, *a* and *b*: CIE Lab space colour parameters; ΔE : colour difference. Colours indicates the signification level α : 0.05  0.025  0.01 . Symbols indicate positive or negative correlation.