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Additional Information

1 **Title:**

2 **Uterine slow wave: directionality and changes**
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24 **ABSTRACT**

25 *Objective.* The slow wave (SW) of the electrohysterogram (EHG) may contain relevant
26 information on the electrophysiological condition of the uterus throughout pregnancy and
27 labor. Our aim was to assess differences in the SW as regards the imminence of labor and
28 the directionality of uterine myoelectrical activity.

29 *Approach.* The SW of the EHG was extracted from the signals of the Icelandic 16-
30 electrode EHG database in the bandwidth [5, 30] mHz and its power, spectral content,
31 complexity and synchronization between the horizontal (X) and vertical (Y) directions
32 were characterized by the root mean square (RMS), dominant frequency (domF), sample
33 entropy (SampEn) and maximum cross-correlation (CCmax) of the signals, respectively.
34 Significant differences between parameters at time-to-delivery (TTD) ≤ 7 vs. >7 days and
35 between the horizontal vs. vertical directions were assessed.

36 *Main results.* The SW power significantly increased in both directions as labor
37 approached (TTD ≤ 7 d vs. >7 d (mean \pm SD): $RMS_x = 0.12 \pm 0.10$ vs. 0.08 ± 0.06 mV; $RMS_y =$
38 0.12 ± 0.09 vs. 0.08 ± 0.05 mV), as well as the dominant frequency in the horizontal
39 direction ($domF_x = 9.1 \pm 1.3$ vs. 8.5 ± 1.2 mHz) and the synchronization between both
40 directions ($CC_{max} = 0.44 \pm 0.16$ vs. 0.36 ± 0.14). Furthermore, its complexity decreased in
41 the vertical direction ($SampEn_y = 6.13 \cdot 10^{-2} \pm 8.7 \cdot 10^{-3}$ vs. $6.50 \cdot 10^{-2} \pm 8.3 \cdot 10^{-3}$), suggesting
42 a higher cell-to-cell electrical coupling. Whereas there were no differences between the
43 SW features in both directions in the general population, statistically significant
44 differences were obtained between them in individuals in many cases.

45 *Significance.* Our results suggest that the SW of the EHG is related to bioelectrical events
46 in the uterus and could provide objective information to clinicians in challenging obstetric
47 scenarios.

48 **Keywords:** electrohysterogram, slow wave, delivery, labor, directionality

49

50 INTRODUCTION

51 The electrohysterogram (EHG) is the surface electromyogram signal from the uterus
52 recorded on the abdomen generated by changes in the myometrial smooth muscle cells'
53 transmembrane potential, which propagates through the conductive tissues (Laforet et al.,
54 2011). Two waveforms are usually identified in the EHG: a slow wave (SW), with a
55 bandwidth that ranges from approximately 5 to 30 mHz and whose existence has been
56 associated with slow variations of the uterine transmembrane potential (Garfield et al.,
57 2021). The other is a fast wave (FW) with a bandwidth that goes from around 0.1 Hz to 3
58 Hz, divided into FW low and FW high, which have been associated with the propagation
59 of uterine activity and uterine excitability, respectively (Devedeux et al., 1993).

60 The FW of the EHG has been widely studied in the literature and the analysis of its
61 characteristics has provided new insights into electrophysiological processes and changes
62 in the pregnant uterus throughout gestation and labor. Several authors have described an
63 increase in FW amplitude as pregnancy advances, accompanied by a shift of its spectral
64 content towards higher frequencies and reduced complexity (Almeida et al., 2022; Devedeux
65 et al., 1993; Mas-Cabo et al., 2020a). However, the literature is more controversial as regards
66 the directionality of its propagation, while some authors have described a preferentially
67 downward propagation, others have reported upward and multidirectional propagation as
68 well as a simultaneous upward and downward propagation (Rabotti and Mischi, 2015).
69 Regarding the clinical utility of the FW, its features have been exploited to develop and
70 implement predictive systems of labor (Alberola-Rubio et al., 2017; Vlemminx et al., 2018)
71 (especially preterm labor (9,10)), and the possible success of labor induction (Benalcazar-
72 Parra et al., 2019).

73 On the other hand, few studies have been devoted to assessing the SW. The first that
74 reported the SW in the EHG was by Dill and Maiden (Dill and Maiden, 1946), who
75 performed recordings from both the abdominal and uterine surfaces of pregnant women
76 during labor. A decade later Larks et al (Larks et al., 1957; Larks and Dasgupta, 1958)
77 described the amplitude, duration and shape of SW activity from the abdominal surface.
78 They described it as a regular slow negative deflection preceded by a diphasic complex
79 of the recorded potential with a mean amplitude of 6.74 mV, a duration of several minutes
80 and a period equal to that of the uterine contraction, whose presence was associated with
81 the electrical recovery/repolarization of the uterine muscle. Hon and Davis (Hon and Davis,
82 1958) later recorded the SW from both the abdominal surface and the peritoneal surface
83 of the uterine fundus in early labor. The first signal, less constant and predictable,
84 consisted of a slow potential drift of 4-5 mV over intervals of 20-25 minutes and another
85 slow potential drift of 1-2 mV over shorter intervals. The second signal consisted of
86 monophasic negative deflections of about 0.5 mV that occurred at the same time as
87 changes in the intrauterine pressure signal.

88 The SW then ceased to be the focus of research and, unlike the FW, advances in signal
89 processing techniques were not exploited to study the uterine myoelectrical behavior by
90 analyzing the characteristics of this EHG component. The main reason is that its
91 bandwidth overlaps with that of the artifacts generated by the fluctuation of the skin-
92 electrode potential and motion artifacts due to cable movements, changes in skin
93 stretching or electrode movements, so that its physiological origin is questioned
94 (Devedeux et al., 1993). In a recent study, Garfield et al assessed SW directionality before
95 labor and in its different stages by EHG recordings obtained in three directions (left-right,
96 up-down and front-back) (Garfield et al., 2021). Particularly, they assessed the relationship
97 between the amplitudes of the SW in the X, Y and Z directions, and described a

98 predominantly downward directionality of the SW with the progression of labor.
99 However, their analysis did not study other aspects, like the spectral, non-linear or
100 coupling characteristics of this signal component. Several studies on the FW have proved
101 that these features are strongly influenced by electrophysiological changes in the uterus
102 during gestation and labor (Garcia-Casado et al., 2018; Huber et al., 2019), so that their study
103 could provide additional relevant information on the electrical behavior of the uterus.
104 The aim of the present study was thus to characterize the SW of the pregnant uterus and
105 to assess how it changes according to the directionality of the activity (horizontal,
106 vertical) and the imminence of labor.

107 **MATERIALS AND METHODS**

108 **Database composition**

109 The study was carried out on the Icelandic 16-electrode EHG database, composed of 122
110 EHG recordings of 45 pregnant women (Alexandersson et al., 2015) at different gestational
111 ages.

112 The sessions lasted from 8 to 86 minutes and 16 monopolar EHG signals were recorded
113 using a four-by-four square grid of disposable Ag/AgCl electrodes placed on the patient's
114 abdomen halfway between the uterine fundus and pubic symphysis, as well as two
115 additional electrodes (reference and ground) positioned on the hips (see (Alexandersson et
116 al., 2015)). The distance between electrode centers was 17.5 mm. Signals were low-pass
117 filtered over 100Hz, digitalized to 16 bits and sampled at 200Hz.

118 **EHG preprocessing**

119 Following the method used in the most recent study on the SW as a reference (Garfield et
120 al., 2021), the myoelectrical activity was characterized in the vertical and horizontal

121 directions of the largest possible uterine area. Two raw bipolar signals ($rEHG_a(t)$,
 122 $rEHG_b(t)$) were obtained from the raw monopolar EHG signals recorded by the corner
 123 electrodes of the four-by-four grid (Cardoso, 2018; Sousa, 2015), numbered as 1, 4, 13,
 124 16 (Alexandersson et al., 2015). The inter-electrode distance for these signals is 41% greater than
 125 it would be for ‘direct’ vertical and bipolar signals.

$$126 \quad rEHG_a(t) = rEHG_{13}(t) - rEHG_4(t) \quad (1)$$

$$127 \quad rEHG_b(t) = rEHG_1(t) - rEHG_{16}(t) \quad (2)$$

128 Their projections on the X and Y axis of the Cartesian coordinates system ($rEHG_x(t)$,
 129 $rEHG_y(t)$) were calculated and summed (45° clockwise rotation) to specifically study
 130 the characteristics of the uterine myoelectrical activity in the horizontal and vertical
 131 directions (see Figure 1):

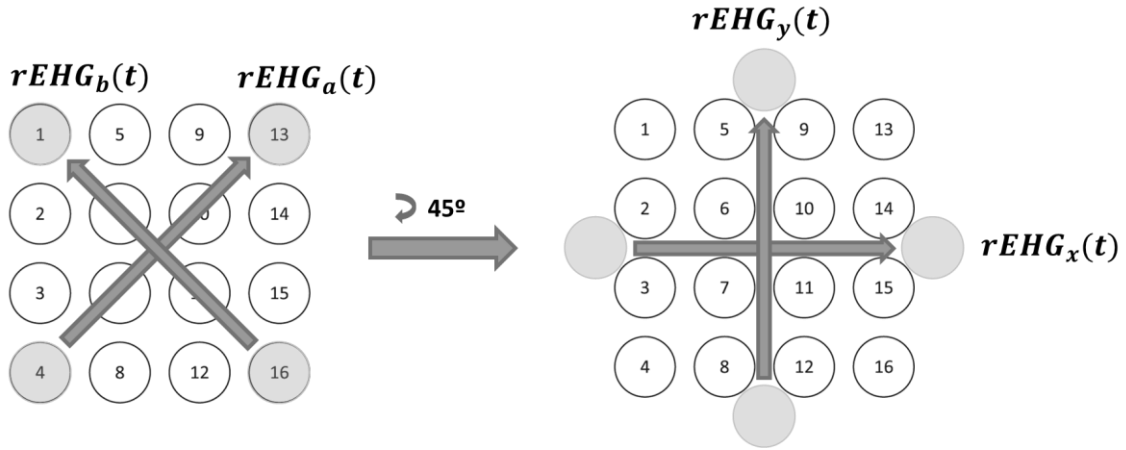
$$132 \quad rEHG_x(t) = rEHG_a(t) \cdot \cos(45^\circ) + rEHG_b(t) \cdot \cos(135^\circ) \quad (3)$$

$$133 \quad rEHG_y(t) = rEHG_a(t) \cdot \sin(45^\circ) + rEHG_b(t) \cdot \sin(135^\circ) \quad (4)$$

134 The SW of both signals ($SW_x(t)$, $SW_y(t)$) was extracted by applying a band-pass
 135 Butterworth filter (4th-order, zero-lag) in the bandwidth [5, 30] mHz to the corresponding
 136 raw bipolar signals ($rEHG_x(t)$, $rEHG_y(t)$) (Devedeux et al., 1993). They were then down-
 137 sampled to 4 Hz and the three first and last minutes of the recording were discarded to
 138 prevent the stabilization time of the skin-electrode interphase and the digital filters, as
 139 well as the artifacts associated with manipulating the equipment or the patient’s
 140 movements at the end of the recording, from influencing the analysis.

141 Recordings of less than 30 minutes with prominent artifacts and/or that had been acquired
 142 from women who had delivered prematurely, i.e. with a gestational age lower than 37
 143 weeks, were not analyzed. These patients were not included in the analysis, given the lack

144 of information on the influence of this obstetric scenario on the SW characteristics. The
 145 recording sessions were grouped according to the imminence of delivery ($TTD \leq 7d$: 27
 146 recordings; $TTD > 7d$: 83 recordings) (Lemancewicz et al., 2016; Mas-Cabo et al., 2019).



147

148 Figure 1. Scheme of the EHG bipolar signals aligned with the horizontal and vertical directions ($rEHG_y$
 149 and $rEHG_x$, right) from original bipolar recordings ($rEHG_a$ and $rEHG_b$, left).

150

151 **SW parametrization**

152 The FW of the EHG ([0.2-4] Hz) is typically studied in sliding windows of 120s (Mas-
 153 Cabo et al., 2020b; Prats-Boluda et al., 2021). As the period of the SW ranges from 33.3s to
 154 200s, a larger analysis window was required, therefore a window length of 500s was
 155 selected. As the aim of the present study was to get a detailed insight into the uterine SW
 156 activity rather than implementing or testing novel signal metrics, four parameters that
 157 assess different signal characteristics and whose use and interpretation have been broadly
 158 addressed in the literature were computed from sliding windows (80% overlap) of $SW_x(t)$
 159 and $SW_y(t)$: root mean square (RMS), dominant frequency ($domF$), sample entropy
 160 ($SampEn$) and maximum cross correlation (CC_{max}).

161 *Root Mean Square (RMS)*

162 Given a discrete time series $x[n]$ of N samples, its RMS is computed as follows:

163
$$RMS = \sqrt{\frac{\sum_{i=1}^N x[i]^2}{N}} \quad (5)$$

164 In surface electromyography, and particularly in electrohysterography, the *RMS* of the
165 signal is a robust measure of its amplitude and power, the reason why it was computed in
166 the present study to characterize SW activity. Higher *RMS* values are associated with
167 increased rates of temporal and spatial recruitment of muscle fibers (Farina et al., 2004).

168 *Dominant frequency (domF)*

169 The *domF* of a signal is the frequency at which its power spectral density (PSD) is
170 maximal (Phinyomark et al., 2012). In this study, the signal PSD was estimated with
171 autoregressive models (1000th order). The dominant frequency has been typically used to
172 assess the repetition frequency of the SW of other biosignals such as those from the
173 stomach or the small bowel (Garcia-Casado et al., 2005; Ye-Lin et al., 2009), the reason why
174 it was selected in the present study to assess SW spectral content.

175 *Sample Entropy (SampEn)*

176 *SampEn* is a non-linear measure defined as the negative natural logarithm of the
177 conditional probability that two segments within a given numerical series of length *N* that
178 are similar at *m* samples (*m* < *N*) are still similar at *m*+1 samples, according to a tolerance
179 *r* and ignoring self-matches (Richman et al., 2004). Like other entropy metrics, *SampEn*
180 measures the complexity or randomness of the signal's information, so that greater values
181 are associated with an increased rate of information production (Delgado-Bonal and
182 Marshak, 2019). *SampEn* was chosen to characterize SW complexity since it has been used
183 in previous studies on the EHG FW (di Marco et al., 2014; Garcia-Gonzalez et al., 2013;
184 Mischi et al., 2018) more than other non-linear indices such as approximate entropy,
185 fuzzy entropy or spectral entropy.

186 *Maximum cross correlation (CCmax)*

187 The cross correlation (*CC*) of two numerical series $a[n]$ and $b[n]$ measures the linear
188 correlation between them when one of them is lagged τ samples with respect to the other:

$$189 \quad CC(\tau) = \frac{E[(a[n]-\bar{a})(b[n+\tau]-\bar{b})^*]}{\sigma(a[n]) \cdot \sigma(b[n])} \quad (6)$$

190 Where E , $\bar{}$, $*$ and σ are the expected value, mean, conjugate transpose and standard
191 deviation operators, respectively. *CCmax* is the maximum absolute value of *CC* for all
192 possible τ delays and it ranges from 0 to 1. In surface electromyography, and thus in
193 electrohysterography, values near to 1 are associated with high across-muscle
194 synchronization, while values close to 0 are associated with low across-muscle
195 synchronization (Keenan et al., 2007). *CCmax* was used to characterize SW activity since
196 it is a simple and fast-to-compute index to assess coupling between two time series
197 (Stacey et al., 2020).

198 *RMS*, *domF* and *SampEn* were computed for each window of $SW_x(t)$ and $SW_y(t)$
199 separately, while *CCmax* was calculated for each pair of time-matching windows of
200 $SW_x(t)$ and $SW_y(t)$.

201 **Data analysis**

202 The SW features of each recording session were summarized from two approaches
203 (*Approach I*, *Approach II*) and, for each of these two statistical studies were carried out
204 to assess any differences between the characteristics of the SW in both directions (*Study*
205 *A*) and of both TTD groups (*Study B*).

206 In *Approach I* the median value of the parameter in windows of $SW_x(t)$ and of $SW_y(t)$
207 was computed. In this approach, *Study A* consisted of comparing the distributions of the

208 medians of the SW feature in $SW_x(t)$ vs. $SW_y(t)$, separately for each TTD group
209 ($TTD \leq 7d$, $TTD > 7d$), according to a paired sample T-test or a Wilcoxon signed-rank test
210 -depending on the normality of data- at the 5% significance level. *Study B* compared the
211 distributions of the medians of the SW features in $TTD \leq 7d$ vs. $TTD > 7d$, separately
212 for each direction (X, Y), according to a two sample T-test or a Mann-Whitney U test -
213 depending on the normality of data- at the 5% significance level

214 *Approach II* was implemented to specifically consider the degree of dissimilarities
215 between the SW of both directions of the individual recordings, regardless of the
216 existence of any fixed trend of differences in the total population. In this approach the
217 difference of the parameter value in each pair of time-matching windows of $SW_x(t)$ and
218 $SW_y(t)$ in the recording sessions was computed and the distribution of this difference was
219 statistically compared to 0 (according to a paired sample T-test or a Wilcoxon signed-
220 rank test, depending on the normality of data at the 5% significance level). The recording
221 session was thus included in the $X > Y$, $Y > X$ or $X = Y$ group, depending on whether the
222 distribution of the difference of the parameter was statistically greater than 0 ($X > Y$),
223 lower than 0 ($Y > X$) or not different from 0 ($X = Y$). In this approach, *Study A* consisted of
224 assessing whether there was an equal proportion (33%) of $X = Y$, $X > Y$ and $Y > X$
225 recordings within a given TTD group according to the Chi-square goodness of fit test at
226 the 5% significance level. In *Study B*, significant differences between the percentage of
227 recordings of each group ($X = Y$, $X > Y$ and $Y > X$) in $TTD \leq 7d$ vs. $TTD > 7d$ were assessed
228 according to the Chi-square test of independence at the 5% significance level. Post hoc
229 analysis considering Bonferroni correction were conducted in both studies.

230 Table 1 shows an overview on the statistical analyses and summarization approaches
231 performed on each SW feature.

232 Table 1. Summary on the approaches used to synthesize the information of each recording (Approach I,
 233 Approach II) and the statistical studies (Study A-directionality, Study B-labor imminence) performed to
 234 assess the differences in the root mean square (*RMS*), dominant frequency (*domF*), sample entropy
 235 (*SampEn*) and maximum cross correlation (*CCmax*) of the slow wave (*SW*) characteristics, depending on
 236 the directionality of the activity and labor imminence. [TTD: time to delivery. d: days]

		RMS	domF	SampEn	CCmax	
Approach I Differences directly assessed at population level	Study A					
	Comparison of medians of: SW_x vs. SW_y (TTD \leq 7d)		x	x	x	
	SW_x vs. SW_y (TTD $>$ 7d)					
	Study B					
	Comparison of medians of: TTD \leq 7d vs. TTD $>$ 7d (SW_x)		x	x	x	x
	TTD \leq 7d vs. TTD $>$ 7d (SW_y)					
Approach II Differences assessed firstly at patient level and secondly at population level	Study A					
	Comparison of proportions: [X=Y] = [X>Y] = [Y>X] (TTD \leq 7d)		x	x	x	
	[X=Y] = [X>Y] = [Y>X] (TTD $>$ 7d)					
	Study B					
	Comparison of proportions: TTD \leq 7d vs. TTD $>$ 7d (X=Y)		x	x	x	
	TTD \leq 7d vs. TTD $>$ 7d (X>Y)					
	TTD \leq 7d vs. TTD $>$ 7d (Y>X)					

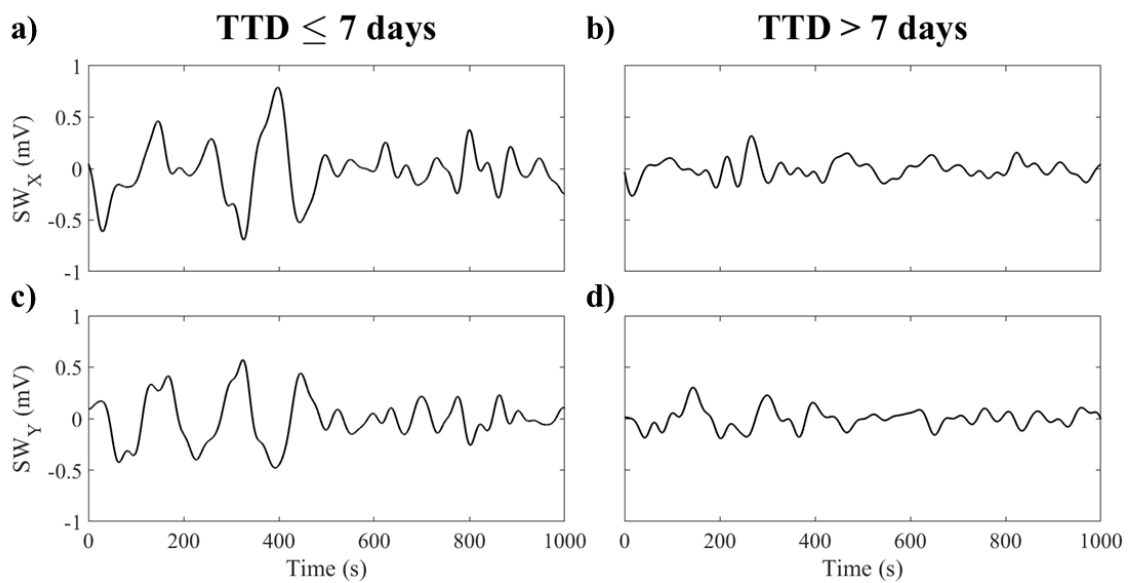
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238

239 **RESULTS**

240 Figure 2 shows 1000s of the SW obtained from EHG recorded in the horizontal (top
241 panels) and vertical (bottom panels) directions in two women with TTDs ≤ 7 days (left)
242 and >7 days (right), respectively. It can be seen that the signal reached higher peak-to-
243 peak amplitudes in the first than the second patient in both directions.

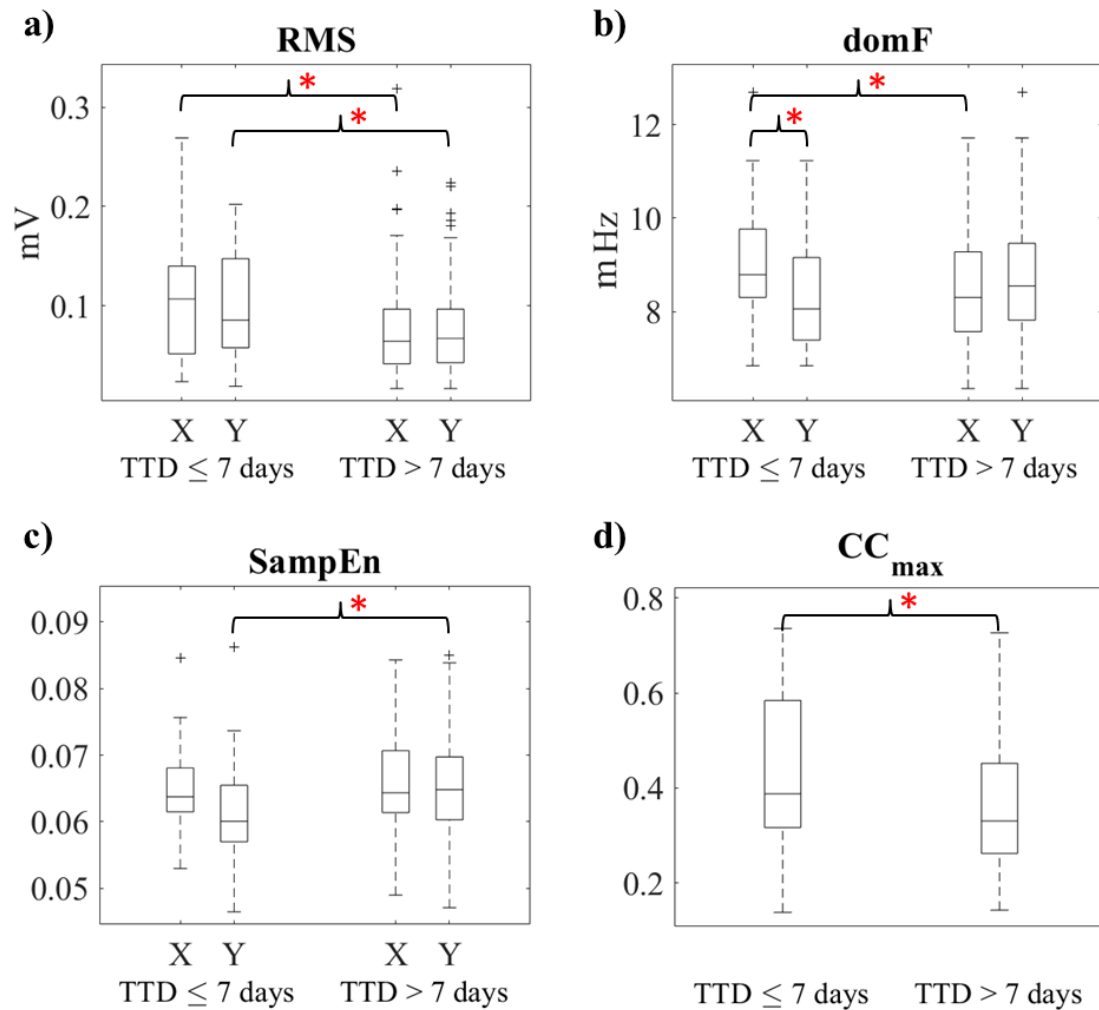
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245

246 Figure 2. Slow waves of the electrohysterogram in the horizontal (SW_X , panels (a) and (b)) and vertical
247 (SW_Y , panels (c) and (d)) direction from two patients with TTDs less than or equal to 7 days (TTD ≤ 7
248 days, panels (a) and (c)) and higher than 7 days (TTD > 7 days, panels (b) and (d)).

249 Figure 3 shows the box-whisker plot of the median values of each parameter of the
250 recording sessions (Approach I) considering each direction (X, Y) separately and delivery
251 group (TTD ≤ 7 days, >7 days). Significantly different pairs of distributions (p-value $<$
252 0.05) in Study A and B are marked with asterisks.



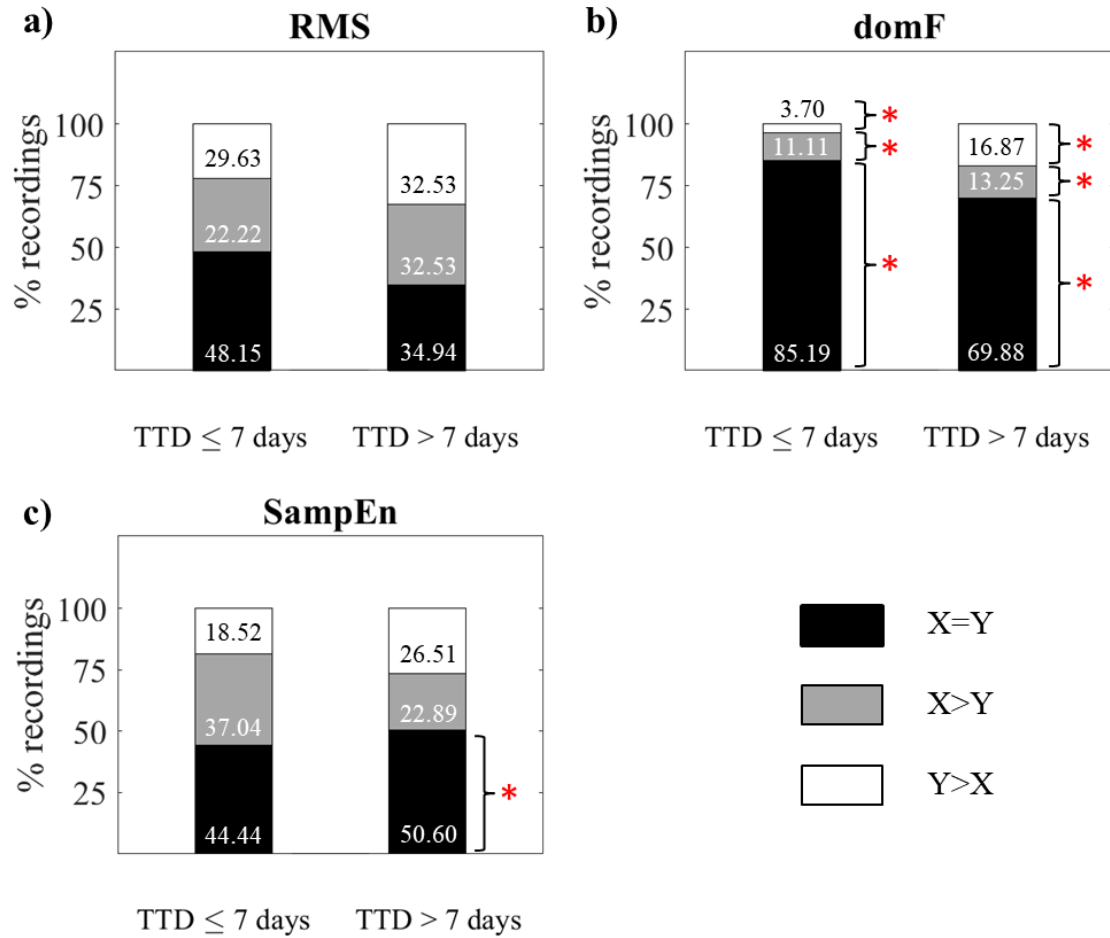
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254 Figure 3. Box-whisker plots of the a) root mean square (RMS), b) dominant frequency (domF), c) sample
 255 entropy (SampEn) of the slow waves of the horizontal (X) and vertical (Y) directions and d) maximum
 256 cross correlation (CC_{max}) between them in patients with TTDs less than or equal to 7 days (≤7 days) and
 257 higher than 7 days (>7 days). Red asterisk: statistically significant difference (confidence level: 5%)
 258 between the distributions shown under the ends of the brace.

259 In Study A there were no statistically significant differences between the characteristics
 260 of the SW recorded in each direction with both TTD ≤7 days or > 7days. The only
 261 exception was the *domF* of the SW in TTD≤7 days group, whose value was significantly
 262 greater in the X direction than in the Y ($domF_X = 9.1 \pm 1.3$ mHz vs. $domF_Y = 8.3 \pm$
 263 1.2 mHz). In the comparisons between the TTD groups (Study B), the *RMS* of the SW
 264 was significantly greater in TTD≤7 days than in TTD>7 days in both directions ($RMS_X =$

265 0.12 ± 0.10 mV vs. 0.08 ± 0.06 mV; $RMS_Y = 0.12 \pm 0.09$ mV vs. 0.08 ± 0.05 mV,
266 respectively). Conversely, there were significant differences between the *domF* and
267 *SampEn* of the SW of both TTD groups only in one of the two directions: the *domF* was
268 significantly greater in TTD \leq 7 days than the other only in the X direction ($domF_x =$
269 9.1 ± 1.3 mHz vs. 8.5 ± 1.2 mHz, respectively), while *SampEn* was significantly lower
270 only in the Y direction ($SampEn_y = 6.1 \cdot 10^{-2} \pm 0.9 \cdot 10^{-2}$ vs. $6.5 \cdot 10^{-2} \pm 0.8 \cdot$
271 10^{-2} , respectively). For CC_{max} , median values were lower than 0.5 in both TTD groups
272 and were significantly higher in TTD \leq 7 days than TTD $>$ 7 days ($CC_{max} = 0.44 \pm$
273 0.16 vs. 0.36 ± 0.14 , respectively).

274 Figure 4 gives the results obtained when the data from each recording session were
275 summarized in Approach II, showing the percentage of recordings belonging to the TTD
276 groups with *RMS*, *domF* and *SampEn* values not significantly different between the
277 windows of both SW signals (X=Y), significantly greater in their SW_x windows than in
278 those of their SW_y (X>Y) and vice versa (Y>X). Percentages of X=Y, X>Y and Y>X
279 recordings significantly different than 33% for each TTD group (Study A) are highlighted
280 with an asterisk. In the *RMS* and *SampEn* parameters, for which Approach I showed no
281 significant differences in directionality in the total population, the X=Y group could be
282 expected to be significantly predominant in individual patients, although the X<Y and
283 X>Y groups accounted for more than 50% of the recordings for both TTD groups. In
284 *domF*, the X=Y group percentage was significantly higher than the rest for both TTD
285 groups. In Study B, the percentage of cases of both X<Y and X>Y groups was always
286 smaller (greater similarity between directions in individual patients) for TTD \leq 7days than
287 $>$ 7days (except for X>Y in *SampEn*), although no statistically significant differences
288 were found in any case between both TTD groups.



289

290 Figure 4. Percentage of recordings in which the a) root mean square (*RMS*), b) dominant frequency (*domF*),
 291 c) sample entropy (*SampEn*) of the slow waves were equal in both directions (X=Y), significantly greater
 292 in the horizontal than in vertical direction (X>Y) and vice versa (Y>X) in patients with TTDs lower than
 293 or equal to 7 days (TTD≤7 days) and higher than 7 days (TTD>7 days). Red asterisk: proportion
 294 significantly different from the expected value (confidence level: 5%).

295

296 **DISCUSSION**

297 The present study assessed differences in the characteristics of uterine SW activity by
298 their directionality analyzed by the Cartesian projections (horizontal, vertical) and the
299 imminence of labor in the Icelandic 16-electrode EHG database (Alexandersson et al.,
300 2015).

301 In *Approach I*, the results showed that there were no differences between the SW
302 characteristics in both directions, indicating that no direction (X or Y) of the SW Cartesian
303 decomposition prevailed over the other in the total population, regardless of the
304 imminence of labor. The only exception was the dominant frequency, which was greater
305 in the horizontal than vertical direction in the imminent delivery group ($TTD \leq 7d$). This
306 finding suggests that electrophysiological events originating SW activity show a higher
307 repetition frequency when labor is closer.

308 On the other hand, there were several significant differences between the SW parameters
309 between women far and close to delivery (Study B), particularly with higher power,
310 (assessed by *RMS*) and dominant frequency and lower complexity of information
311 (assessed by *SampEn*) in imminent deliveries, in agreement with the electrophysiological
312 changes found in the FW (Devedeux et al., 1993; Mas-Cabo et al., 2020a). As delivery
313 approaches uterine excitability increases (Wray and Arrowsmith, 2021), so that the rise in
314 SW power could be associated with a greater number of activated excitable myometrial
315 cells and their discharge rate (Farina et al., 2004). Furthermore, the higher conduction
316 velocity of electrical signals across the uterus as pregnancy progresses (Smith et al., 2015)
317 and the transition of excitable cells from independent oscillators to a highly coupled
318 system able to generate organized contractions (Banney et al., 2015) would justify the
319 changes observed in the SW spectral content and regularity, respectively. It should also

320 be pointed out that when both TTD groups were compared, significant differences were
321 found in SW power in both directions, but in SW spectral content and complexity only in
322 one of the two directions (horizontal in the first and vertical in the second). This suggests
323 that the electrophysiological changes experienced by the uterus as parturition approaches
324 affect the bioelectrical activity differently in both directions (Anderson et al., 1981) .

325 The synchronization between horizontal and vertical SW activity directions was also
326 assessed by quantifying the degree of resemblance of both waveforms' morphology
327 (assessed by their *CCmax*). In agreement with previous studies on the FW (Mas-Cabo et
328 al., 2018), our results showed higher synchronization when parturition was close than
329 longer than a week after the recording session. This finding agrees with other studies in
330 the literature that found that cell-to-cell coupling increases during pregnancy and
331 especially in labor thanks to a rise in the number and permeability of gap junctions (Nadir
332 Çiray et al., 1994; Sakai et al., 1992). On the other hand, the present study analyzed bipolar
333 signals obtained from the corner electrodes of the four-by-four grid, so that they provided
334 information on the myoelectrical activity of a relatively large uterine area. Coupling
335 within the myometrium at this global level mainly occurs during labor, when the fetus is
336 about to be expelled (Garfield and Maner, 2007), while we considered a wide TTD threshold
337 (7 days) for imminent delivery. A stricter threshold (0-1 day) would probably have
338 yielded greater CC values for this group, since the most remarkable electrophysiological
339 changes take place one or two days before delivery, or at most seven days before in
340 premature births (Maner et al., 2003).

341 The aim of the second approach used to summarize the myoelectrical information of the
342 recording sessions was to consider specific differences between the SW in both directions
343 in individual recordings, since we considered that the parameter's median value
344 throughout the whole recording session would only be able to provide vague information

345 on this aspect. The differences between horizontal and vertical EHG features were thus
346 assessed in individual patients before comparing the different groups. According to our
347 results, the power and complexity of the SW in both directions was at most equal in half
348 of the recordings for both TTD groups, while in the remainder they were greater in the
349 horizontal than vertical direction in a similar number of cases. This indicates differences
350 between the characteristics of the activity in both directions in a significant number of
351 cases, but balanced in terms of ‘predominant’ directionality. This could explain why no
352 significant differences were found in the total population (Approach I). On the other hand,
353 the dominant frequency in both directions was similar in most recordings, regardless of
354 the imminence of labor, which could have been influenced by the narrow bandwidth of
355 the SW ([5, 30] mHz) and the frequency resolution of its PSD (2 mHz). We also found a
356 trend towards greater similarity between both directions in individuals when labor was
357 imminent, although these were not statistically significant.

358 The latest study on the SW was performed by Garfield *et al.* (2021), who obtained and
359 analyzed the vector electromyogram of SWs recorded in the X and Y directions of
360 pregnant women at term not in labor and also in its first and second stages. They reported
361 that the loop of the vector did not show any predominant direction in women who were
362 not in labor, while it pointed mainly downward in those who were in labor, which can be
363 interpreted as a larger vertical than horizontal SW amplitude. As indicated above, in the
364 present study SW amplitude was not significantly greater in either direction with TTDs
365 longer than a week, which agrees Garfield’s results, although we found this to be so when
366 labor was near. The main reason could be that the close-to-parturition group included
367 signals from women suspected to be in labor with others who delivered up to seven days
368 after the recording, so that we did not specifically assess changes in the SW throughout
369 labor, as did Garfield and colleagues. They also analyzed activity in the [30, 100] mHz

370 EHG bandwidth rather than in the [5, 30] mHz bandwidth, which means that remnant FW
371 activity could still be present in their SW signal, given the closeness of both bandwidths
372 (Devedeux et al., 1993). Finally, interelectrode distances were considerably greater in their
373 work than in ours, which means they could detect the SW activity of a wider area.

374 As described in the Methods section, to characterize global uterine SW activity in
375 horizontal and vertical directions we obtained bipolar signals from the furthest electrodes
376 in the grid and performed a 45° rotation. To test the reliability of the preprocessing, we
377 also analyzed the bipolar signals recorded by each pair of electrodes on the edges of the
378 four-by-four grid and aligned with the X and Y axes. We obtained the same SW difference
379 trend with respect to labor imminence -greatest power and dominant frequency and lower
380 complexity of information- but with less statistical significance (results not shown).

381 The present study was limited by the impossibility of directly relating the analyzed
382 bioelectrical signal to electrophysiological events. The origin of the SW has been broadly
383 discussed in the literature and some authors have associated it with motion artifacts
384 caused by skin stretching (Devedeux et al., 1993; Hon and Davis, 1958). However, we believe
385 that the EHG component between 5 and 30 mHz characterized in this study was of uterine
386 origin for different reasons. First, if the analyzed SW was mainly generated by changes
387 in the skin-electrode contact and/or cable movements it should only be present during
388 intervals of contractile activity and not during basal activity, as we noticed when we
389 visually inspected the preprocessed recordings. Secondly, no other physiological
390 component (possible embedded interference) has been reported in the [5, 30] mHz
391 bandwidth of the EHG, apart from the uterine SW, not even fetal and maternal
392 electrocardiograms, whose spectral components are associated with frequencies higher
393 than 50 mHz (Marchon and Naik, 2015). Thirdly, the electrophysiological changes found
394 in the SW with imminent labor, which were in line with those reported in the literature

395 on the FW, should not occur if the SW was merely a baseline fluctuation. We also
396 investigated the possibility of the SW extracted being a remnant of the FW activity
397 obtained after filtering the EHG, even though SW activity could be identified even in
398 periods with no FW activity.

399 Another of the study's limitations was the small number of recordings in the database
400 performed at most 24 hours before parturition, which prevented us from specifically
401 examining the changes in SW activity in such close deliveries. As mentioned above, the
402 use of a lax criterion to define the nearest labor group could be the reason why no
403 differences were found between the SW in both directions, as could have been expected
404 on the basis of the study by Garfield *et al.* (2021).

405 However, in spite of its limitations the study has confirmed that SW activity contains
406 relevant information on the proximity of labor, and so could represent an indicator, not
407 previously addressed in the literature, that could potentially help to detect imminent labor.
408 As set forth by Devedeux *et al.* (1993), the most relevant bandwidths identified in the
409 EHG, i.e. FW low and FW high, are associated with different aspects of the uterine
410 myoelectrical activity such as its propagation or cells excitability. In the case of SW, its
411 existence could be related to electrophysiological characteristics that may experience
412 more pronounced changes with labor imminence than those related to FW, thus implying
413 a potential advantage of using SW compared to FW to detect labor. The fact that the SW
414 usually showed amplitude values higher than those of the FW can also be regarded as an
415 inherent advantage of SW analysis with respect to assessing the FW, since this indicates
416 more robustness against artifacts and noise. Furthermore, FW analysis requires the
417 existence of contractile events in the signal, which may not appear in short recordings
418 during pregnancy check-ups, and typically their individual annotation, which can be a
419 cumbersome and time-consuming task. SW activity is present in contractile and non-

420 contractile periods and its analysis does not require the identification of specific signal
421 segments.

422 In future work it would be interesting to increase the sample size -particularly the number
423 of recordings acquired on the day of parturition- and repeat the present analysis to assess
424 variations in labor-associated SW activity in greater depth. SW characterization could be
425 broadened with additional parameters, such as other novel non-linear metrics (e.g. phase
426 entropy or multiscale entropy) that have shown their potential to monitor pregnancy
427 progression (Reyes-Lagos et al., 2020), or other approaches focused on interdependences
428 between signals of different regions (e.g. Granger causality or direct transfer entropy) that
429 have already yielded promising results in FW analysis (Zhang et al., 2022). Further efforts
430 should also be made to analyze any possible relationship between SW and FW temporal
431 dynamics and whether their information is redundant or complementary in predicting
432 term and/or preterm labor.

433 **CONCLUSIONS**

434 Our results show that the uterine SW experiences significant changes as delivery
435 approaches: its power and frequency increases, the complexity of its information
436 decreases and synchronization between the activity of the horizontal and vertical
437 directions rises. These variations could be associated with a larger number of activated
438 excitable uterine cells and a higher conduction velocity, accompanied by a transition of
439 this cells from independent oscillators to a highly coupled system mediated by gap
440 junctions.

441 As regards the directionality of the activity, there are no significant differences in the
442 general population, although the SW characteristics are not always homogeneous across
443 the horizontal and vertical directions in individual patients.

444 This study shows that the SW of the EHG provides relevant information on the
445 bioelectrical behavior of the pregnant uterus. Its analysis can yield new insights into the
446 electrophysiological processes and changes as pregnancy progresses and labor
447 approaches. It could also develop new biomarkers for term/preterm birth or labor
448 induction success prediction.

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