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Additional Information

# Ultra-Fast Directional Janus Pt-Mesoporous Silica Nanomotors for Smart Drug Delivery

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**ABSTRACT.** Development of bio-inspired nanomachines with an efficient propulsion and cargo-towing has attracted much attention in last years due to their potential biosensing, diagnostics and

therapeutics applications. In this context, self-propelled synthetic nanomotors are promising carriers for intelligent and controlled release of therapeutic payloads. However, the implementation of this technology in real biomedical applications is still facing several challenges. Herein, we report the design, synthesis, and characterization of innovative multifunctional gated platinum-mesoporous silica nanomotors constituted of a propelling element (platinum nanodendrite face), a drug-loaded nanocontainer (mesoporous silica nanoparticle face) and a disulfide-containing oligo(ethylene glycol) chains (S-S-PEG) as a gating system. These Janus-type nanomotors present an ultra-fast self-propelled motion due to the catalytic decomposition of low concentrations of hydrogen peroxide. Likewise, nanomotors exhibit a directional movement which drives the engines towards biological targets, THP-1 cancer cells, as demonstrated using a microchip device that mimics penetration from capillary to post-capillary vessels. This fast and directional displacement facilitates the rapid cellular internalization and the on-demand specific release of a cytotoxic drug into the cytosol, due to the reduction of the disulfide bonds of the capping ensemble by intracellular glutathione levels. In the microchip device and in the absence of fuel, nanomotors are neither able to move directionally nor reach cancer cells and deliver its cargo revealing that the fuel is required to get into inaccessible areas and to enhance nanoparticle internalization and drug release. Our proposed nanosystem shows many of the suitable characteristics for ideal biomedical destined nanomotors, such as rapid autonomous motion, versatility, and stimuli-responsive controlled drug release.

**KEYWORDS.** Janus nanomotors, directional motion, ultrafast self-propulsion, drug delivery, on-command controlled release.

Nowadays, one of the most ambitious objectives of nanotechnology is the development of advanced systems that mimic inherent functions of living entities, among which are autonomous movement,<sup>1</sup> communication skills<sup>2</sup> and the ability to recognize and react to environmental signals<sup>3</sup>. Regarding this topic, synthetic nano/micromotors have attracted much interest in recent decades. Research on these technology-based systems is focused in achieving efficient nanodevices capable of performing multiple “smart” tasks at the same time, as responding to environmental stimuli and self-propelling.

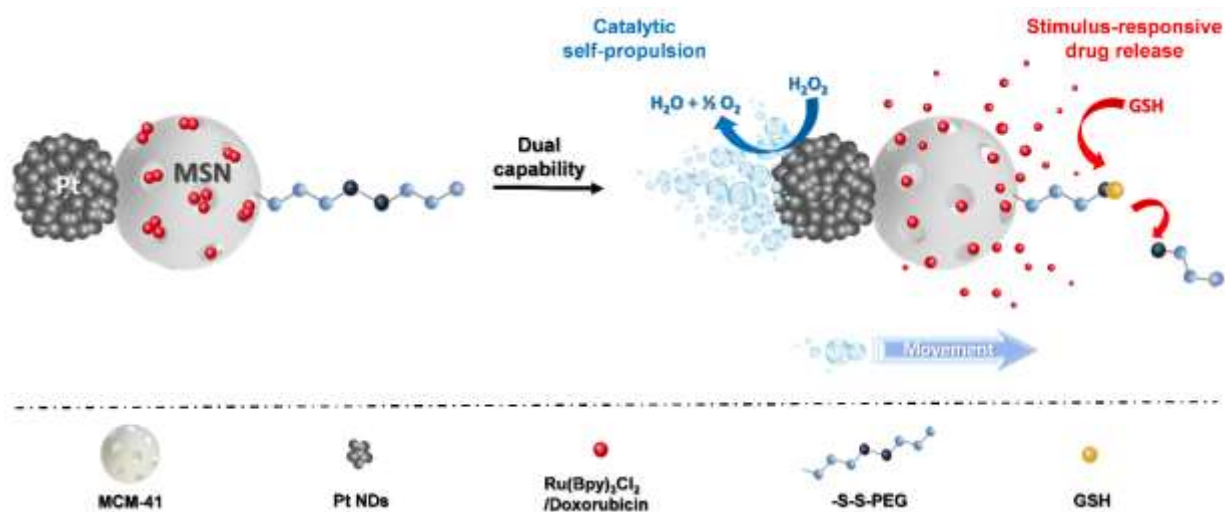
Although there are numerous nano/micro-devices powered by external forces, such as magnetic, acoustic or electric fields, chemically-powered prototypes are the most widely used. These motors autonomous movement is due to the conversion of chemical substances into mechanical energy by different transduction mechanisms, summarized in the generation of bubbles,<sup>4-7</sup> auto-electrophoresis<sup>8,9</sup> or auto-diffusiophoresis.<sup>10-12</sup> The main geometries that chemically self-propelled engines present are nanowires,<sup>13</sup> microtubes<sup>14</sup> and Janus-type,<sup>15</sup> whereas, their composition is usually based on metals with intrinsic catalytic activity, among which platinum (Pt; that decomposes hydrogen peroxide in water and oxygen gas) and zinc (Zn; by Zn auto-oxidation to generate hydrogen bubbles) attract more attention. The propulsion mechanism followed by these active vehicles depends on their geometry but is more strongly influenced by its size, as at the nanometric scale the diffusion-type mechanisms govern the movement and any type of directionality is usually lost in favor of rotational diffusion.<sup>16,17</sup> This is a drawback as the implementation of this technology in real biotechnological applications, such as drug delivery, environmental bioremediation or biosensing, usually requiring to control the artificial motors speed and direction towards a specific location. Furthermore, the most common and powerful man-made motors developed to date register high speed similar to biological motors but they are driven

by high concentrations of hydrogen peroxide ( $\text{H}_2\text{O}_2$ ), being useful for non-biomedical applications as sensors development, environmental bioremediation, surfaces bacteria elimination.<sup>18</sup> Nonetheless, lower levels of hydrogen peroxide can be found in human diseased regions, such as inflamed sites, infections or cancer and cardiovascular diseases<sup>19</sup> which could be exploited by a nanomotor with low fuel requirements.<sup>20</sup>

In connection to biomedical applications for artificial devices, selectively release of therapeutic payloads at their destination is highly desired. The advantage that nano/micromotors present compared to other release passive systems is their ability to self-propel and to display tissue penetration. This could be translated into an improvement in drug delivery efficacy to target tissues and cells, reducing side effects.<sup>21-23</sup> A wide variety of nanomaterials have been developed for drug delivery applications, among which we highlight systems based on mesoporous silica nanoparticles (MSNs) due to their high load capacity, biocompatibility, as well as the large external surface that is easily functionalized with supramolecular assemblies to modulate the delivery of payloads.<sup>24,25</sup> These capping systems provide devices with an intelligent response to specific environmental stimuli keeping a practically zero cargo delivery until the “opening signal” is recognized in the local environment. MSNs have been widely used as passive and “smart” delivery systems with excellent results, where the cargo is released from the nanopores through a simple diffusion process. However, these gated nanomaterials have practically not been tested for the development of chemical-powered nanomotors with controlled delivery capabilities.<sup>26,27</sup> To achieve this goal it is necessary to include an element that generates the driving power in the MSN. The few designs published to date, generally integrate thin layers of catalytic metals by physical or chemical deposition on the silica support as “motion system”, creating Janus-type anisotropic spheres, Table SI-1(i).<sup>11,16,26-33</sup> This metallic layer considerably reduces the external surface of the

silica, which is a great disadvantage to anchor the stimulus-responsive systems that provides the ability to respond towards the environment. Additionally, these designs require high concentrations of toxic fuel to record random Brownian motion through a self-electrophoresis or self-diffusiophoresis mechanism, making them usually incompatible for implementation on biological samples. More recent examples include highly active enzymes (such as urease and catalase) anchored to the external silica surface as a propellant element that generate the movement based on the enzymatic transformation of chemical substrates.<sup>39-44</sup> Although, in these cases the fuel is not an inconvenient, since they are self-propelled at low concentrations of biocompatible propellants, the type of movement is still in some cases Brownian making them difficult to control.

Based on the above, we report herein Janus-type Pt-MSN nanomotors as nanocarriers with multifunctional capabilities, such as catalytic self-propulsion and drug delivery in a specific and glutathione-mediated way for payload release in cells (Scheme 1). In order to provide Janus nanoparticles with improved autonomous motion, compared to typical Janus-type nanoparticles synthesized by electron beam evaporation or sputtering techniques, an innovative nanomaterial was designed based on a toposelective synthesis<sup>45</sup> founded on a selective surface manipulation (at the Pt/ligand/MSN interface), using a Pickering emulsion where MSNs are partially exposed for the chemisorption of Pt nanodendrites (PtNDs) by thiol bonds. In our proposed design, MSN nanoparticles are used as nanocontainer with a redox-sensitive gating mechanism, whereas the PtNDs are employed as propelling element to convert chemical energy into a bubble propulsion by the catalytic reduction of  $H_2O_2$ .



**Scheme 1.** Schematic illustration of Janus Pt-MSNs nanomotors with a catalytic self-propulsion and a glutathione-mediated drug release.

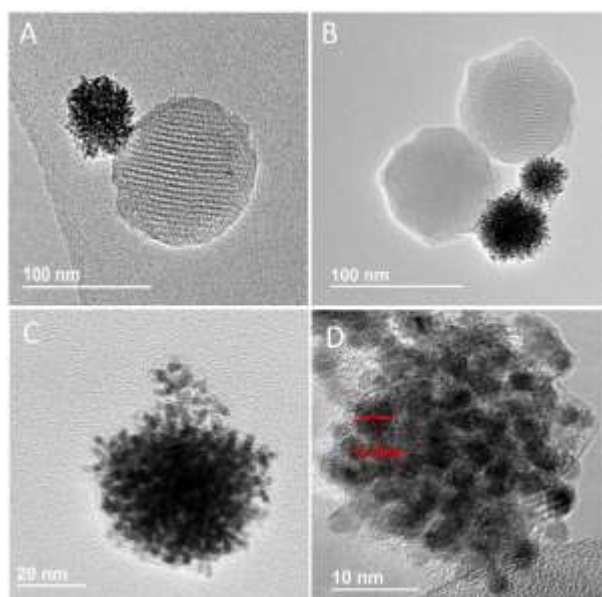
PtNDs were selected as motion system, instead of using Pt layers, due to their major roughness and active catalytic area, which are expected to improve the propulsion capacity. In addition, this anisotropic nanomaterial has the advantage to maintain most of the MSN face available for loading and effective external surface functionalization, when compared to previously Pt-catalytic motors made by sputtering technology. Accordingly, we envisioned that nanomotors would be able to self-propel in presence of low concentrations of hydrogen peroxide and would lead to an effective delivery of drugs once a reducing environment is reached in diseased areas. In fact, an ultra-fast self-propelled motion and controlled drug delivery capabilities in THP-1 cancer cells, using a microchip device with physical limits, is demonstrated. The main features and innovation points of our system in comparison to previously reported Janus Pt-MSN nanomotors are summarized in Table SI-2.

## RESULTS AND DISCUSSION

### Nanomotors synthesis and characterization.

According to the synthetic procedure (SI-Scheme 1), Janus Pt-MSNs were prepared by the conjugation of two different nanoparticles in a single nanodevice.<sup>45-47</sup> First and briefly, MSNs (calcined MCM-41-type, obtained by an alkaline hydrolysis reaction) were partially imbedded at the interface of the Pickering emulsion, formed by paraffin wax (oily phase) and water-ethanol (aqueous phase). The un-masked MSNs surface was decorated with reactive thiol groups, by reaction with (3-mercaptopropyl)trimethoxysilane, on which PtNds were subsequently attached. After removing the paraffin with chloroform, Janus Pt-MSNs (**S<sub>0</sub>**) were obtained.

To synthesize the nanomotor, the PtNds in **S<sub>0</sub>** was protected with 3-mercaptopropionic acid, and the mesoporous nanoparticles were loaded with the dye Ru(bpy)<sub>3</sub>Cl<sub>2</sub> as model cargo.<sup>48</sup> The silica surface was further modified with (3-mercaptopropyl)trimethoxysilane which was reacted with 2,2-dipyridyl disulfide<sup>49</sup> and then with O-(2-mercaptoethyl)-O-methyl-hexa(ethylene glycol), allowing the capping of the mesopores with the redox-sensitive molecular gate (S-S-PEG) (**S<sub>1</sub>**). Another similar nanodevice was prepared using the cytotoxic Doxorubicin drug (Doxo) as cargo (**S<sub>2</sub>**) for intracellular delivery studies.





**Figure 1.** HR-TEM images of Janus Pt-MSNs (**S<sub>0</sub>**) (A-B) and PtNds (C-D), showing the interplanar spacing of 2.3 Å in (111) plane of PtNds crystals.

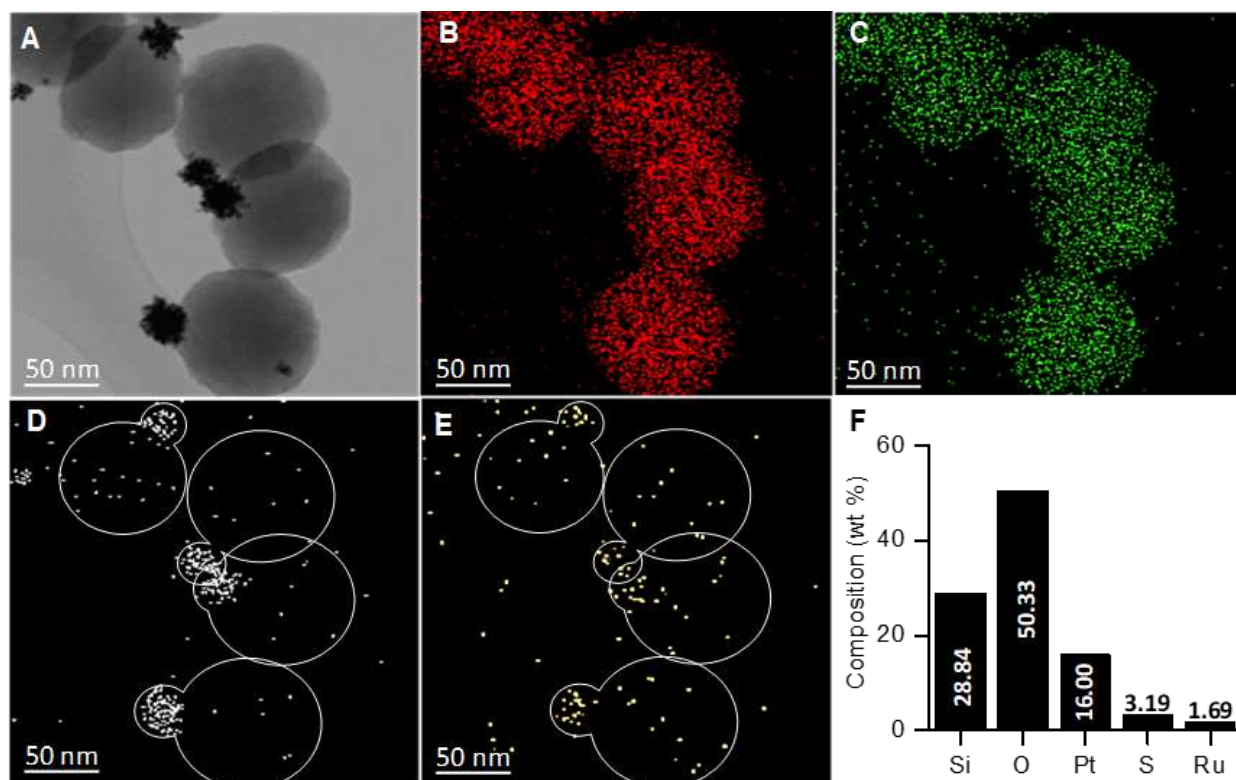
To confirm the effective synthesis, nanomaterials were characterized using standard methods (See SI for details). The nanostructure morphology (snowman-like Janus) of the starting Pt-MSNs (**S<sub>0</sub>**) and PtNds were confirmed by high resolution transmission electron microscopy (HR-TEM). Figure 1A-B (and SI-Scheme 1) shows the presence of PtNds attached to well-developed MSNs ( $100 \pm 13$  nm), confirming the successful synthesis of the anisotropic nanomaterial. PtNds (Figure 1C-D) are spherical in shape with an average diameter of  $20 \pm 9$  nm. This spherical morphology is caused by the fusion of several Pt seeds of a size of  $2.5 \pm 0.3$  nm. PtNds were synthesized by an autocatalytic surface reduction (SI for details). In the synthesis of PtNds, the formed Pt<sup>0</sup> sites by chemical reduction of H<sub>2</sub>PtCl<sub>6</sub> (Pt<sup>+4</sup>) with L-ascorbic acid, serve as catalytic sites for further reduction and atomic addition in the nanocrystal, resulting in a dendritic controlled growth controlled by absorption of a monolayer of PVP on the Pt surface. This mechanism produces a high increase in surface area and improves the PtNds catalytic capacity towards oxygen reduction.<sup>50,51</sup> Furthermore, it is important to emphasize the high stability of PtNds that remained as nanodendrites even after PVP removal through heating and washing steps during the Pt-MSNs synthesis. Moreover, no apparent changes in PtNds size or morphology was observed after exposing the material to high concentrations of hydrogen peroxide for a long time (Figure SI-1).

HR-TEM analysis also revealed the presence of crystal faces in the synthesized PtNds with an average inter-planar spacing of 2.3 Å (Figure 1D), which corresponds to the distance between the (111) faces in face-centered cubic (fcc) platinum crystals.<sup>52</sup> The crystalline structure was further demonstrated by powder X-ray diffraction (PXRD) pattern showing four characteristic Pt diffraction peaks at high-angles indexed as (111), (200), (220) and (311) planes, (Figure SI-2).

Moreover, the PXRD spectrum shows the characteristic Bragg peak of MCM-41 type structures at  $2.63^\circ$  (indexed as (100) plane) in solids **S<sub>0</sub>**, **S<sub>1</sub>** and **S<sub>2</sub>**, indicating that mesoporous hexagonal network was not modified throughout the synthesis process, confirming the microstructure morphology observed by HR-TEM.

Additionally, the porous arrangement was corroborated by N<sub>2</sub> adsorption–desorption isotherms of **S<sub>0</sub>** and **S<sub>1</sub>** (Figure SI-3). For **S<sub>0</sub>**, an acute adsorption process is shown at values of 0.1-0.3 P/P<sub>0</sub> due to the condensation of nitrogen within the mesoporous network. However, this absorption step was not observed for the final nanodevice **S<sub>1</sub>**, which confirms the loading and capping of the pores. Pore size and specific volume and area for **S<sub>0</sub>** and **S<sub>1</sub>** were calculated (Table SI-3). The synthesized nanomaterial was also monitored by scanning transmission electron microscopy coupled with energy dispersive X-ray spectroscopy (STEM-EDX). The presence of Si, O and Pt atoms of the Pt-MSNs scaffold are mapped in Figure 2B, C and D images for **S<sub>1</sub>**, respectively. Moreover, Figures 2E and 2F demonstrated the presence of S atoms (assigned to disulfide-linked chains of the gatekeeper and the functionalization of the Pt surface) and Ru (attributed to the Ru(bpy)<sub>3</sub>Cl<sub>2</sub> dye loaded in the nanochannels of the silica face).

Moreover, the content corresponding to the gatekeeper (S-S-PEG) and the loaded dye, amounted 73.7 mg and 68.5 mg per gram of **S<sub>1</sub>**, respectively, which were obtained by thermogravimetric (Figure SI-4) and delivery studies. To complete the characterization, nanomotor assembly was evaluated by dynamic light scattering analysis (DLS) (Figure SI-5). Zeta potential showed a decrease in negative surface charge from -52.8 mV for **S<sub>0</sub>** to -6.3 mV for **S<sub>1</sub>**, due to the immobilization of the redox-sensitive S-S-PEG gate and the loading with Ru(bpy)<sub>3</sub>Cl<sub>2</sub> on the MSN face. On the other hand, the average hydrodynamic diameter increased from 145 nm to 335 nm for the initial and final nanodevices, respectively.



**Figure 2.** STEM image (A), STEM-EDX elemental mapping of Si atoms (B), O atoms (C), Pt atoms (D), S atoms (E) and wt % composition detected (F) in S<sub>1</sub> Janus Pt-MSNPs.

### Motion Analysis.

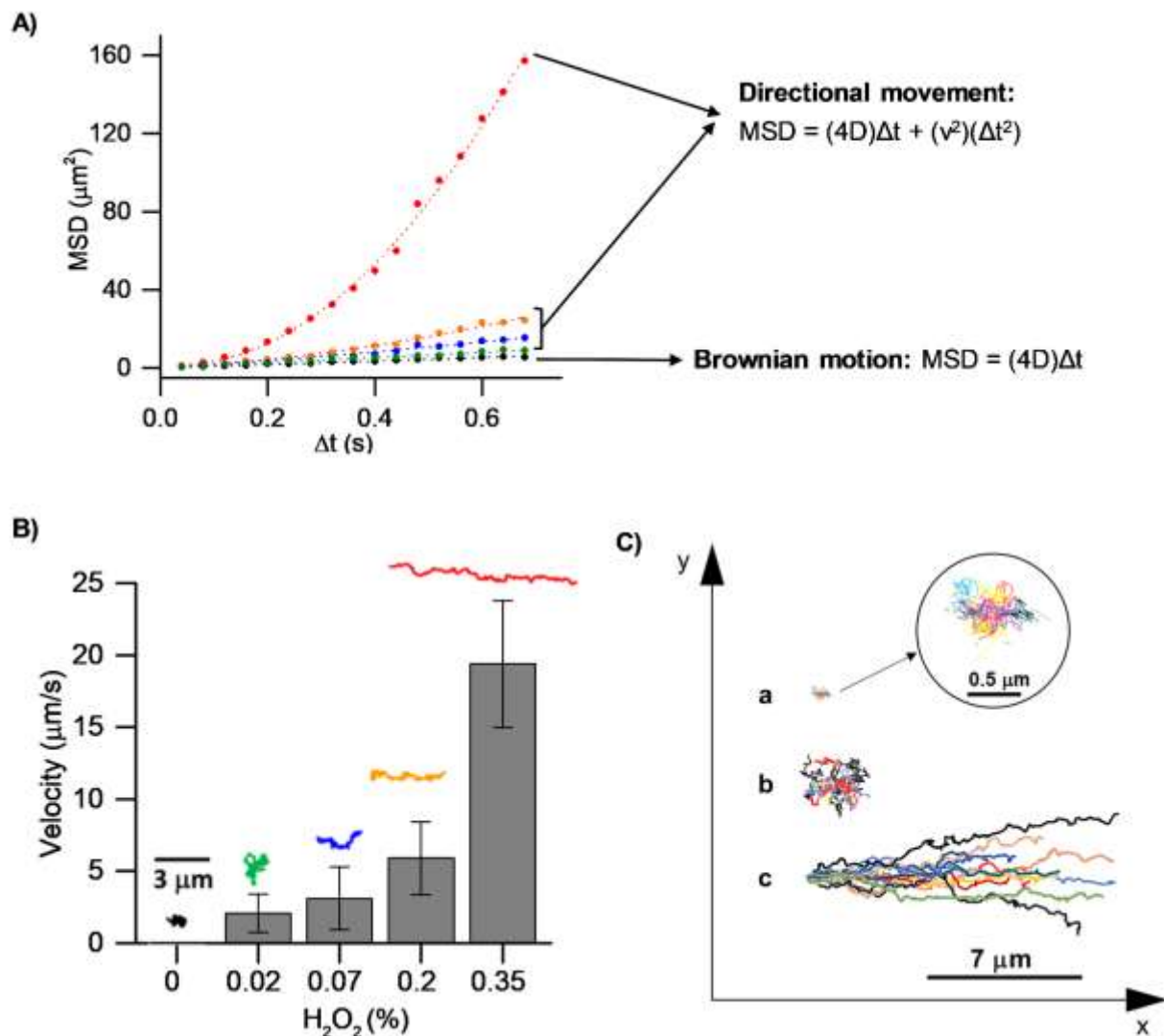
Prior to characterize the nanomotor motion, the catalytic activity of Pt in S<sub>1</sub> was evaluated using a spectrophotometric assay based on the oxidation of 2,2'-azino-bis-(3-ethylbenzthiazoline-6-sulphonic acid (ABTS) in presence of hydrogen peroxide in the 0-30 mM range. The reaction rate of ABTS oxidation (kinematically recorded by measuring absorbances at 415 nm) catalyzed by Pt in S<sub>1</sub> at different concentrations of H<sub>2</sub>O<sub>2</sub> showed a typical Michaelis-Menten behavior (Figure SI-6A). This demonstrated that the nanomotor exhibits a peroxidase-like activity, with an apparent affinity value ( $K_M$ ) for H<sub>2</sub>O<sub>2</sub> which was calculated in 2.3 mM (from a Lineweaver-Burk plot

according to equation-S1), a value that is comparable with native horseradish peroxidase (4.37 mM)<sup>53</sup> (Figure SI-6B).

The self-propelled motion of the nanomotor  $S_1$  in PBS was characterized by nanoparticle tracking analysis (NTA) using a Nanosight NS300 instrument. In these experiments, the trajectories of nanomotors were recorded in real time in absence and in presence of different concentrations of the fuel  $H_2O_2$ , from 0% to 0.35%. in buffer PBS solution. From each sample, 5 videos of 30 seconds ( $30 \text{ frames} \cdot \text{s}^{-1}$ ) length were registered and analyzed. The x-y coordinates of 20 nanoparticles (selected size between 100–200 nm) were extracted by the NTA 3.0 software allowing the estimation of their mean square displacement (MSD) obtained with the equation 1.

Motion studies were performed at short time intervals,  $\Delta t < \tau_r$  (rotational diffusion time or time required for the particles to move randomly, theoretically calculated in 0.8s using equation 2) which means that the contribution of the ballistic displacement of fuelled nanomotors is higher than the diffusive motion. At longer times, the ballistic trajectories of the nanomotors would be randomized again.<sup>54</sup>

After representing the calculated MSD values *versus* different time intervals ( $\Delta t$ ), the motion of nanomotors in each fuel concentration was evaluated (Figure 3A). When the movement is Brownian-type, MSD presents a linear correlation with  $\Delta t$ . This diffusive behavior could be observed in the absence of fuel (0%  $H_2O_2$ ). However, in the presence of  $H_2O_2$  the MSD curves showed a parabolic shape, with an increase in the MSD values as function of hydrogen peroxide concentrations, suggesting a directional movement due to a bubble-propulsion mechanism,<sup>12,55</sup> which was corroborated by the appearance of visible bubbles at all fuel concentrations tested (Figure SI-7).



**Figure 3.** Motion characterization of Janus Pt-MSN  $S_1$  nanomotors. A) Mean squared displacement as a function of time interval for the nanomotors at 0% (black), 0.017% (green), 0.07% (blue), 0.2% (orange) and 0.35% (red) fuel concentration. Curves were fitted using the equations show in the figure. B) Velocity of nanomotors at different fuel concentrations ( $N = 20$ ; error bars represent the standard error of the mean velocities obtained). C) Trajectories for 20 Janus Pt-MSN  $S_1$  nanomotors at: PBS solution (a) and 0.07% (b) and 0.35% (c) of hydrogen peroxide solutions.

As observed in Figure 3B, the propulsion velocity, calculated with the parabolic MSD equation illustrated in Figure 3A, increased from zero to  $19.4 \mu\text{m}\cdot\text{s}^{-1}$  at 0 and 0.35% of fuel, respectively. This ultrahigh velocity supposes a relative speed of 149 body length (bl) per second, which, considering the concentration of fuel used, corresponds to a relative velocity of  $\sim 426 \text{ bl}\cdot\text{s}^{-1}\cdot\%^{-1}$ . To our knowledge, is the maximum speed reported for chemically-powered Janus-type nano/micromotors and also for other nano-designs, Table SI-1.<sup>11,16,26-38</sup> Besides, that speed is even higher than that presented by natural mobile microorganism like *Escherichia coli* ( $8\text{-}15 \text{ bl}\cdot\text{s}^{-1}$ ).<sup>56</sup> We attributed the ultra-fast velocity shown to a catalytic enhancement due to the rough and large surface area that PtNDs presents, compared with conventional Janus micro/nanomotors made by chemical or physical vapor deposition of platinum.

Based on the velocities registered in Figure 3B, the propulsion force ( $F_{\text{prop}}$ ) applied on the nanomotors was calculated (by equation 3), that is equal to the repulsion or drag force ( $F_{\text{drag}}$ ) in our experimental conditions (at low Reynolds numbers).<sup>57</sup>  $F_{\text{prop}}$  values raised up to 53fN with the increment of fuel concentration, supporting that the movement is governed by the ballistic force created in the decomposition of  $\text{H}_2\text{O}_2$ , leading to linear trajectories. Figure 3C, shows the influence of fuel concentrations on nanomotors trajectories, monitoring a huge increase in the linearity of the nanomotor pathways at high fuel concentrations. The directional movement is promoted by the anisotropy of the nanomaterial,<sup>12</sup> their high catalytic activity and the location of the bubble growth. In our case it is expected that the center of the bubbles was always along the long axis of the dimer formed by the PtNDs and the MCM. Furthermore, the PtNDs roughness surface participates in the stabilization of the bubbles once they nucleate,<sup>55</sup> which as can be observed with naked eye after only 5 min of fuel addition (Figure SI-7).

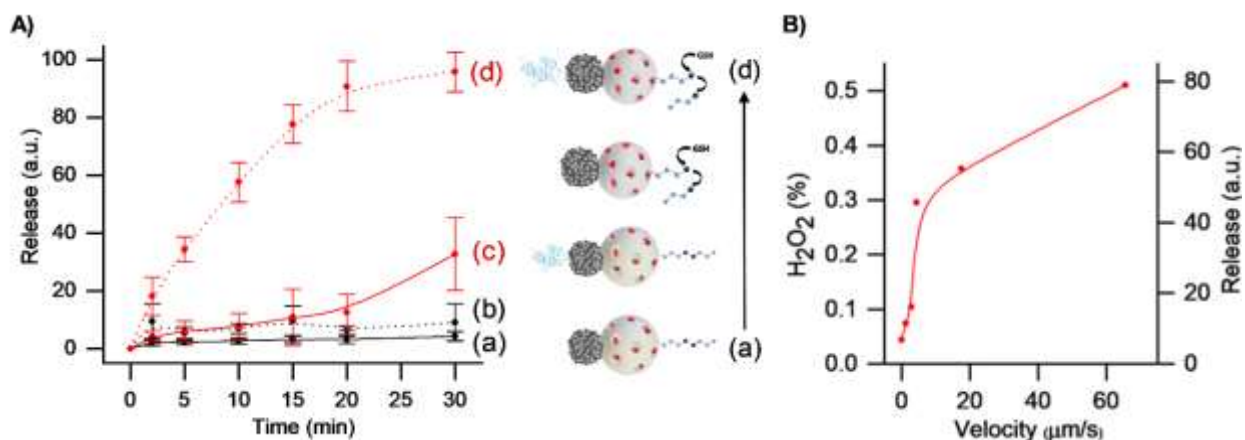
Although activated nanomotors are propelled along a straight trajectory when the images were zoomed (in the y-positions) some Brownian contributions were clearly observed (Figure SI-8). Despite of these reorientation movements, due to nanoparticle collisions with solvent molecules, the directional motion is retained.<sup>59</sup> By last, the self-propelled motion was also evaluated by the translational diffusion coefficient ( $D_t$ , calculated with parabolic MSD equation recently mentioned), increasing its value up to  $5.4 \mu\text{m}^2 \cdot \text{s}^{-1}$  with the increment of fuel concentration (Figure SI-9). For non-activated nanomotors, where the motion is controlled by Brownian diffusion, the diffusion value ( $D$ , extracted from lineal MSD equation) was  $2.06 \mu\text{m}^2 \cdot \text{s}^{-1}$ . These results showed weak dependence of diffusion coefficients with the concentration of  $\text{H}_2\text{O}_2$ , in contrast with the velocity behavior.

It would have been interesting to record the positions of the nanomotors at higher time intervals to further characterize their motion like recently have been published by Archer *et al.*<sup>58,59</sup>, but it was impossible due to technical limitations (NTA provides trajectories of a maximum of 100 frames per particle) as well as the high speed exhibited by our nanosystems, leaving quickly the field of view. Although tracking of motors for longer times has been reported in previous studies using optical microscopes, it should be noted that nanoscale (<200 nm) objects are below the limit of resolution of optical microscopy.

### **Control Release Studies.**

Once directional motion of the nanomotor was confirmed, the ability of  $\text{S}_1$  to deliver the cargo under different conditions was evaluated. Release assays were carried out by suspending 0.5 mg of nanomotors in 1 mL of sodium phosphate buffer (PBS) in the presence and absence of GSH at 10 mM (a typical reported intracellular concentration)<sup>60</sup>. GSH is the “key” molecule that triggers

the opening of the capping system, releasing the cargo loaded inside the pores of the mesoporous face. Delivery studies were further conducted under static and stirring conditions and in the presence and absence of the fuel (0.1%  $\text{H}_2\text{O}_2$ ) to evaluate the effect of the self-propulsion on the release of the  $\text{Ru}(\text{bpy})_3\text{Cl}_2$  cargo. Dye release kinetic profiles from  $\text{S}_1$  under static condition are illustrated in Figure 4A. In the absence of GSH and  $\text{H}_2\text{O}_2$ ,  $\text{S}_1$  remained capped and the delivery of  $\text{Ru}(\text{bpy})_3\text{Cl}_2$  was practically negligible (curve a). The same behavior was observed in the presence of  $\text{H}_2\text{O}_2$ , confirming that the gating system is not affected by the fuel (curve b). Moreover, a slow delivery kinetic from  $\text{S}_1$  under static conditions was triggered by the GSH *via* the rupture of disulfide bonds in the S-S-PEG gate (curve c). In contrast, in the presence of both inputs,  $\text{H}_2\text{O}_2$  and glutathione, a faster release was observed due to the synergic effect of the self-propulsion and the uncapping of the nanoparticles by GSH (curve d).



**Figure 4.** Normalized cargo release from  $\text{S}_1$  nanomotors in static conditions determined by measuring  $\text{Ru}(\text{bpy})_3\text{Cl}_2$  fluorescence (at 544 nm) vs time in aqueous solution (50 mM PBS pH 7.5), using: (a) nanomotors without GSH and without  $\text{H}_2\text{O}_2$  addition, (b) 0.1%  $\text{H}_2\text{O}_2$ -propelled nanomotors without GSH addition, (c) nanomotors with 10 mM GSH addition and without  $\text{H}_2\text{O}_2$ ,



and (d) 0.1% H<sub>2</sub>O<sub>2</sub>-propelled nanomotors with 10 mM GSH addition (A). Relation between H<sub>2</sub>O<sub>2</sub> (%), velocities and normalized cargo release (%) from S<sub>1</sub> nanomotors (B).

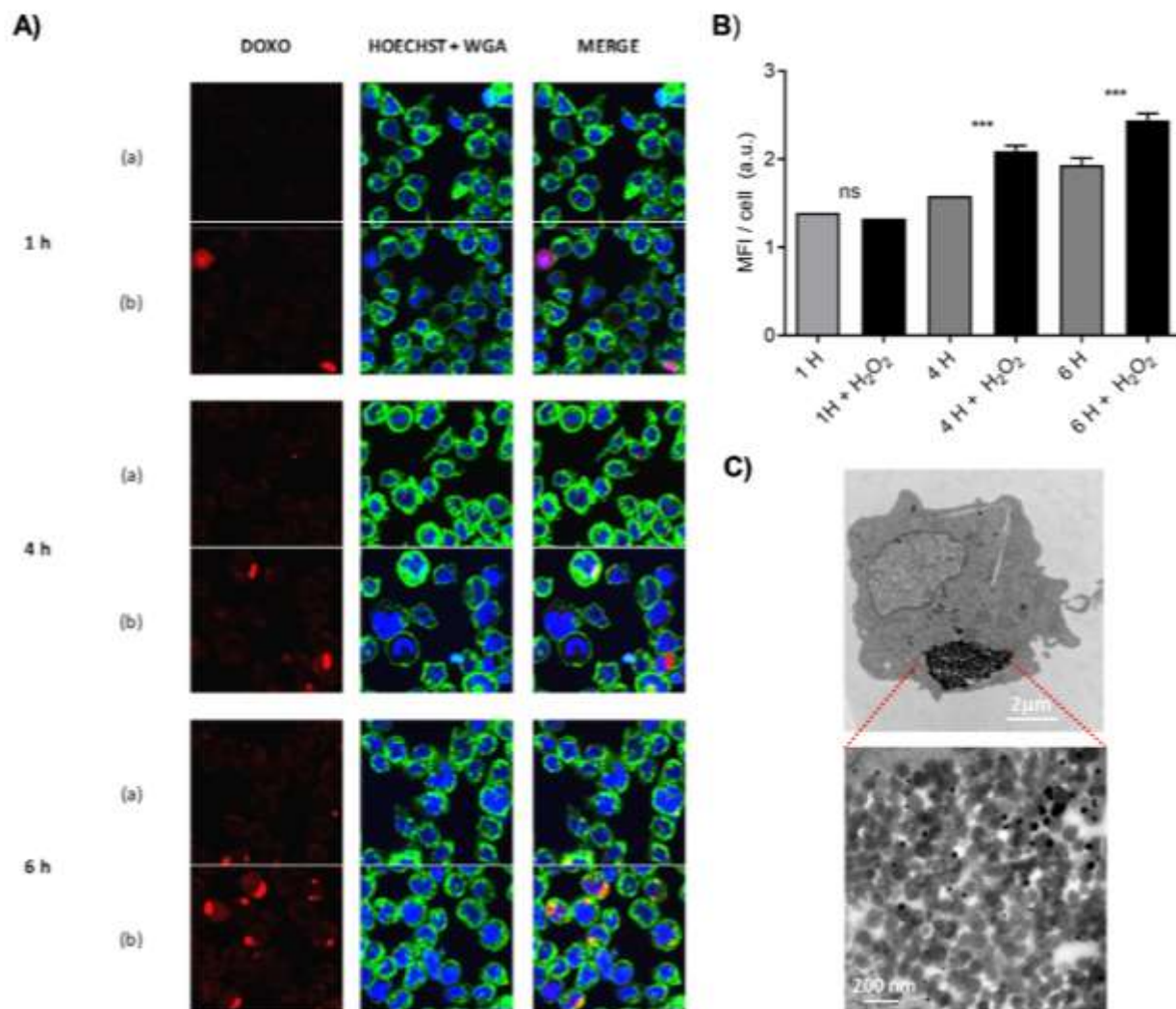
This is supported by additional experiments that demonstrated that under stirring conditions cargo delivery from S<sub>1</sub> in the presence of GSH and GSH + H<sub>2</sub>O<sub>2</sub> was almost the same (Figure SI-10A). Besides, the influence of nanomotors velocity on cargo release was studied. For that, a dye delivery assay using S<sub>1</sub> at a fixed time of 30 minutes, static conditions and variable concentrations of fuel was performed. As observed in Figure 4B, an increase in nanomotors movement, as consequence of higher fuel concentrations, turns out in an increment of cargo release to the medium. Finally, cargo release from nanomotor S<sub>2</sub> (loaded with the cytotoxic drug Doxorubicin) was also evaluated. A similar delivery behavior under static and stirring conditions in the presence of GSH and H<sub>2</sub>O<sub>2</sub> to that found for S<sub>1</sub> was observed (Figure SI-10B). The total amount of Doxorubicin released was calculated spectroscopically and amounted 0.7 μmol per gram of solid S<sub>2</sub>.

In summary, these experiments demonstrated that our Janus Pt-MSNs nanomotors display high self-propulsion capabilities at relatively low concentrations of H<sub>2</sub>O<sub>2</sub> *via* catalytic fuel decomposition. Moreover, the nanobots remain capped and only deliver their payload upon recognition of the reducing agent GSH, due to the cleavage of the gatekeepers. Thus, the nanodevice displays desired features for nanomotors in terms of biomedical applications: (i) autonomous motion and (ii) the ability to sense the environment and deliver the drug only in the presence of a stimulus (*i.e.* GSH).

**Self-propel and drug release capabilities in cells.**

Nanomotors for biomedical applications should propel in the presence of low fuel concentration with no premature cargo leakage, and deliver the payload once target cells or tissues are reached. Taking into account these concepts and encouraged by the above results (*i.e.*, self-propulsion and controlled release capabilities), we studied Doxorubicin delivery in THP-1 cancer cells by confocal fluorescence microscopy. In this experiment, THP-1 cells were incubated with a suspension of 50  $\mu\text{g mL}^{-1}$  of  $\text{S}_2$  in the presence and absence of  $\text{H}_2\text{O}_2$  (0.02%) at 37°C for 30 min. Subsequently, uninternalized nanoparticles were removed by washing and cells were further incubated for 1, 4 and 6 h in a fresh medium. Before acquiring the confocal fluorescence image, the THP-1 cell nucleus and membrane were stained with Hoechst 3342 and WGA, respectively.

As shown in Figure 5A, an intracellular Doxorubicin-associated fluorescence was observed indicating  $\text{S}_2$  internalization and the cleavage of the gatekeeper by intracellular GSH in both cases (absence or presence of fuel). Moreover, a larger intracellular Doxorubicin release was observed for nanobots incubated with  $\text{H}_2\text{O}_2$  after 4 and 6 h. This suggests that the enhanced diffusion of the nanobots in the presence of fuel results in an enhanced cell internalization and a larger intracellular cargo release. These results demonstrate the ability of the nanomotor to sense the redox environment in the cell and to specifically trigger the release of the cytotoxic drug. In addition, an improvement in cells uptake attributed to the autonomous movement of nanomotors was confirmed at very low fuel concentrations. Larger amounts of fuel are toxic for THP-1 and therefore were not studied.



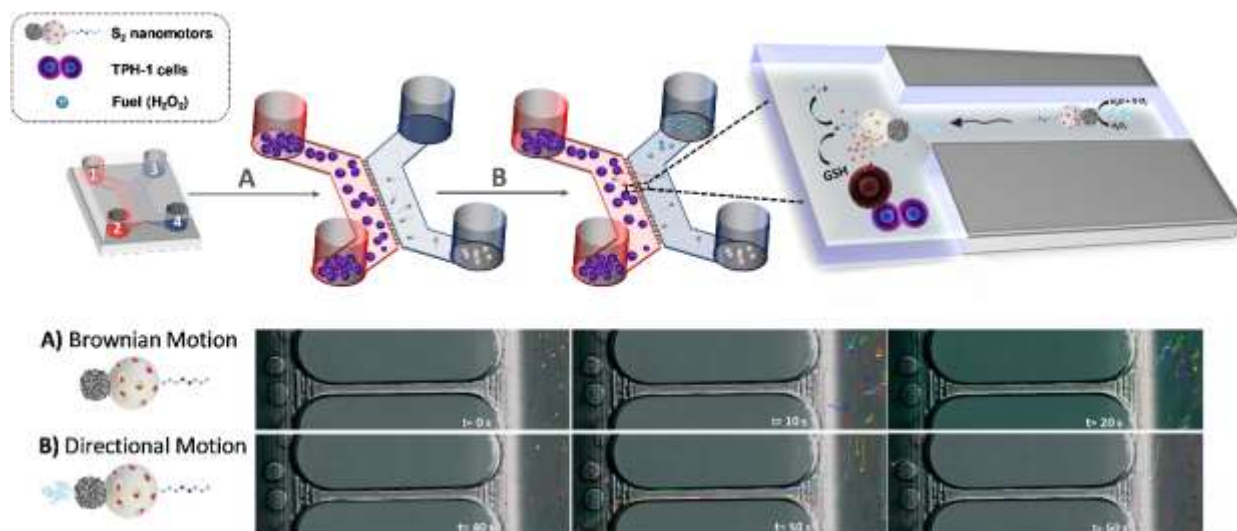
**Figure 5.** A) Confocal microscopy images of internalization and controlled Doxorubicin release of S<sub>2</sub> nanodevice in THP-1 cells at different times. THP-1 cells treated with 50 μg mL<sup>-1</sup> of S<sub>2</sub> nanomotors in the absence of fuel (a); THP-1 cells treated with 50 μg mL<sup>-1</sup> of S<sub>2</sub> in a medium containing 0.02% of H<sub>2</sub>O<sub>2</sub> (b). From left to right: Doxorubicin fluorescence, DNA, and membrane fluorescence marker (Hoechst 3342 and WGA, respectively) and combined (merge). B) Mean fluorescence intensity quantification in cells from confocal images at different times and with or without the addition of fuel. C) TEM image of S<sub>2</sub> nanomotors (100 μg mL<sup>-1</sup>) internalization in THP-1 cells after 6 h.

Nanomotors internalization in cancer cells was also confirmed by TEM. Figure 5C shows the uptake of nanoparticles and, as the image is zoomed, Janus-like nanomotor structures are clearly perceived. The results were completed with the WST-1 cell viability tests after 24 h, confirming that the concentration of S<sub>2</sub> and fuel selected for the treatment carried out, did not significantly affect THP-1 cells (Figure SI-11). Furthermore, a reduction in the amount of drug necessary to induce cell death by apoptosis was observed, noting that 200 µg mL<sup>-1</sup> of S<sub>2</sub> (corresponding to 0.14 µM of drug released) displayed the same cellular toxicity as 1.5 µM of free Doxorubicin, which demonstrates the effective strategy of using fueled nanomotors to enhance drug delivery in cells for therapeutic applications.

Finally, as proof of concept, the capacities of nanomotors mentioned above to perform autonomous movement and release therapeutic payloads in THP-1 cells were examined using a microchip device aiming to reproduce channels and fluids of living systems, such as blood vessels. Nanomotor testing on microfluidic platforms are the pre-application stage in more complex organ-on-a-chip devices to achieve the future implementation in real therapies.<sup>61</sup> Previous studies demonstrated how the use of this type of device with physical limits confines the space where nanomotors “swim”, controlling their speed and directionality without using external sources.<sup>62,63</sup>

For the assay, a 4-compartment microchip (from XonaChips®) was used, which allowed the compartmentalization of THP-1 cells, nanomotors and fuel. The 4 wells are connected two by two 1-2 (red part) and 3-4 (blue part) and these were additionally connected to each other by micrometric channels (Figure 6). The experiment was performed in a cell culture media (RPMI-1640 buffer) depositing 108 THP-1 cells in wells 1 and 2, while 100 µg mL<sup>-1</sup> of S<sub>2</sub> nanomotors were added to position 3 (see Methods section for more details). Then 2 min videos were recorded by confocal microscopy (SI-1 video). Without fuel and after the addition of S<sub>2</sub>, the nanomotors

diffused through the cuvette (blue part) and once stabilized, a Brownian motion behavior was observed, as shown in the trajectories recorded in time-lapse images taken from SI-2 video (A).



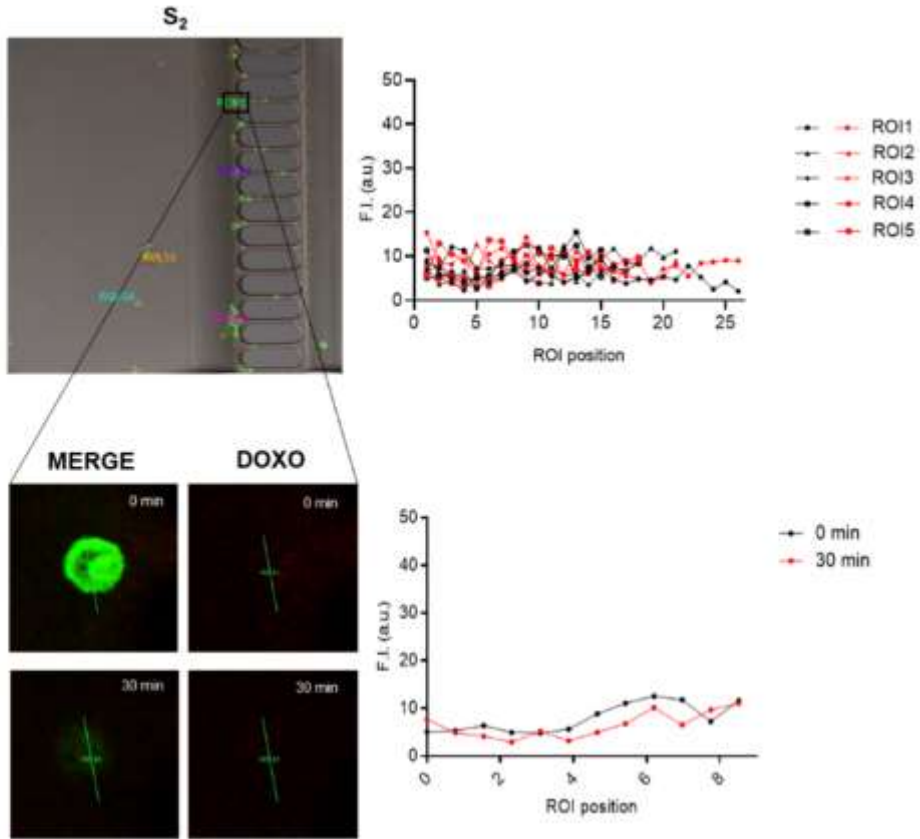
**Figure 6.** Three-dimensional scheme depicting the assay followed to study self-propulsion and drug release capabilities of  $S_2$  nanomotors in THP-1 cells using a microchip device and time-lapse optical images taken from SI-1 and SI-2 videos of confocal microscopy showing the nanomotors motion behavior, which includes the trajectories analyzed by Manual Tracking plug-in of the FIJI program, before (A) and after the addition of 0.02%  $H_2O_2$  at 40 s of the experiment (B). (Experimental conditions:  $10^8$  THP-1 cells  $mL^{-1}$  in wells 1 and 2, 0.02%  $H_2O_2$  in well 3 and  $100 \mu g mL^{-1}$  of  $S_2$  nanomotors in well 4).

At 40 s of assay time, the fuel (0.02%  $H_2O_2$ ) was added to the well 3 and then a clear directional movement was observed. Interestingly, this propelled some nanomotors through the microchannels towards the cells area (red part), as can be seen in the trajectories recorded from SI-3 video at different times (B). Activated nanomotors swam to the opposite side of fuel addition in a confined flow, movement denominated as negative rheotaxis. Velocities of  $S_2$  observed in that experiment seemed higher than the speed recorded by the NTA, when the cross section of the

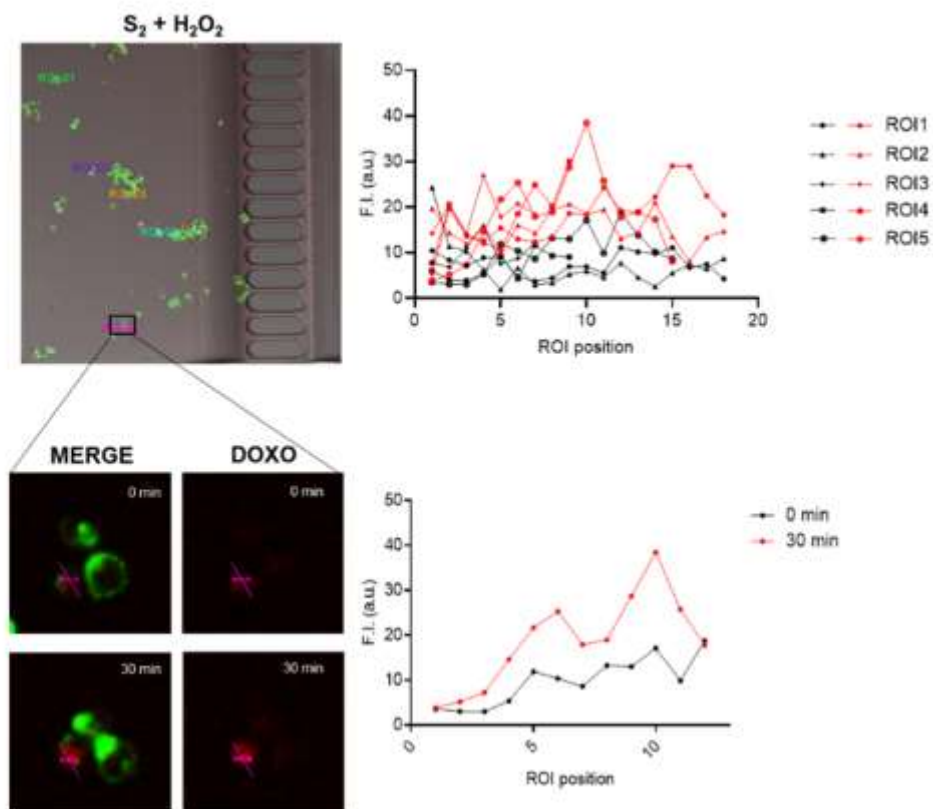
channel decrease from 100  $\mu\text{m}$  to 4  $\mu\text{m}$  (microchannels). This effect could be due to the bubble creation in a confined area and also to the enhanced flow velocity by a Venturi effect.<sup>64</sup> The movement of the nanomotors through the microchannels to a wider area would mimic the effect suffered by circulating cells when moving from capillary to post-capillary vessels, with larger diameters, reducing their speed and moving towards the vessel walls. This process facilitates blood cells interaction with the endothelium and extravasation to tissues.<sup>65</sup>

Regarding controlled release of the drug, a similar experiment by confocal microscopy but extending the assay time until 30 min was carried out. Figure 7 shows the fluorescence intensities along the profile of several regions of interest analyzed, corresponding with different experiments (with and without the fuel). When  $\text{H}_2\text{O}_2$ -powered nanomotors reached cells through the microchannels, there was an increase in cell fluorescence over time, demonstrating the Doxorubicin delivery mediated by intracellular GSH. In the absence of  $\text{H}_2\text{O}_2$ , the fluorescence intensity was low and similar in both times analyzed, suggesting the inability of non-powered nanomotors to cross microchannels and reach target cells, remaining in the channel between wells 3 and 4 (as observed in the SI-1 video). Note that nanomotors **S2** remained capped and only delivered the cargo when internalized in cells.

A)



B)



**Figure 7.** Image of THP-1 cells and **S**<sub>2</sub> nanomotors (100 μg mL<sup>-1</sup>) in the microchip device in the absence (A) and the presence (B) of H<sub>2</sub>O<sub>2</sub> solution (0.02%). Analysis of Doxorubicin fluorescence intensity in 5 defined linear regions of interest (ROI 1-5), corresponding to different THP-1 cells at 0 (black) and 30 (red) minutes of test time (ROI 1 from **S**<sub>2</sub> and ROI 5 from **S**<sub>2</sub> + H<sub>2</sub>O<sub>2</sub> zoomed).

## CONCLUSIONS

In summary, we report here the design, synthesis, and characterization of ultrafast and directional Janus Pt-MSNs nanomotors with stimuli-responsive drug release capabilities. They are based on the anisotropic conjunction of two individual nanoparticles with different and complementary functions, i) a PtNds face, responsible for the autonomous self-propulsion *via* catalytic decomposition of H<sub>2</sub>O<sub>2</sub> into water and oxygen bubbles and, ii) a redox sensitive (S-S-PEG) gated-MSNs face, as nanocontainer for the loading of Doxorubicin cytotoxic drug. The main advantage of PtNds nanoparticles used as propelling element, lies in their major roughness and high active surface catalytic area. PtNds endow improved propulsion capacity to the nanomotors at very low concentration of fuel, which was demonstrated by the elevated relative velocities registered (426 bl·s<sup>-1</sup>·%<sup>-1</sup>). These values are far superior to the speeds reported by previous chemically-powered nano/micromotors reported, including Pt-catalytic motors made using sputtering technology, as well as by some mobile microorganisms. Moreover, the nanobots remain capped and only deliver their payload upon recognition of the reducing agent GSH, due to the cleavage of the gatekeepers. We also observed that an increase in nanomotors movement, as consequence of higher fuel concentrations, turns out in an increment of cargo release to the medium. We also found that the nanorobot **S**<sub>2</sub> is able to internalize in THP-1 cancer cells. THP-1 were selected as model cells to evaluate the selective drug release capacity of our nanomotors mediated by the reducing environment present in them. Moreover, a larger intracellular



Doxorubicin release was observed for nanobots incubated with H<sub>2</sub>O<sub>2</sub> after 4 and 6 hours. Finally, the use of nanorobots to target THP-1 cells was also studied using a microchip device with physical boundaries (microchannels), mimicking the transport along capillary vessels. The fast displacement of the propelled nanodevices facilitated nanomotors to pass through the microchannels towards the cells area where are internalized in THP-1 cells. However, non-fueled nanomotors were not able to reach target cells and delivery its cargo, revealing the advantage of using self-propelled nanoparticles.

Overall, our nanomotors gather highly desired properties for nanobots for biomedical applications such as autonomous motion, biocompatibility, efficient cargo transport and stimulus-responsive controlled drug release in cancer cells. In future works, it is expected to delve into a more selective delivery of therapeutic payloads to target destinations, including specific cellular markers in the nanomotor design, as well as, in other therapeutic strategies based on the elimination of hydrogen peroxide by their catalytic decomposition. It is widely reported that H<sub>2</sub>O<sub>2</sub> produced by both cancer cells and associated fibroblasts, causes DNA damage and inflammation, resulting in cell proliferation and metastasis. Besides, some resistance to tumor drugs is also associated with the presence of hydrogen peroxide. In accordance to this, our Janus Pt-MSN nanomotors would be a useful antioxidant therapeutic tool to prevent development and recurrence tumor and overcome drug resistance. We envision that combining the versatility of stimuli-responsive gatekeepers and catalytic nanomotors can lead to promising advances in nanorobotics and biomedicine in the near future.

## **METHODS**

**Chemicals.** Dihydrogen hexachloroplatinate (H<sub>2</sub>PtCl<sub>6</sub>), polyvinylpyrrolidone (PVP), ascorbic acid, 3-mercaptopropionic acid, tetraethyl orthosilicate (TEOS), (3-mercaptopropyl)-

trimethoxysilane, *n*-cetyltrimethylammonium bromide (CTABr), paraffin wax, tris(2,2'-bipyridyl)dichlororuthenium(II) hexahydrate (Ru(bpy)<sub>3</sub>Cl<sub>2</sub>), 2,2'-dipyridyl disulfide, O-(2-mercaptoethyl)-O'-methyl-hexa(ethylene glycol) (PEG-SH), Doxorubicin (C<sub>27</sub>H<sub>29</sub>NO<sub>11</sub>), 2,2'-azino-bis(3-ethylbenzothiazoline)-6-sulfonic acid (ABTS), fetal bovine serum (FBS), RPMI-1640 medium, L-glutathione reduced (GSH), Hoechst 33342 and WGA were purchased by Sigma-Aldrich. Sodium hydroxide (NaOH), hydrogen peroxide (30%), sodium hydrogen phosphate monohydrate, disodium hydrogen phosphate heptahydrate, absolute ethanol, toluene, chloroform, and acetonitrile were provided by Scharlau.

**General methods.** Transmission electron microscopy (TEM) images were achieved using a JEOL TEM-2100F Electron microscope and TEM images of cells were acquired using a microscope FEI Tecnai Spirit G2. Scanning transmission electron microscopy coupled with electronic energy dispersive x-ray spectroscopy (STEM-EDX) was performed using a JEM 2100F instrument. Powder X-ray diffraction (PXRD) measurements were carried out using a Seifert 3000TT diffractometer using CuK $\alpha$  radiation. Dynamic light scattering (DLS) experiments were performed using a ZetaSizer Nano ZS (Malvern). N<sub>2</sub> adsorption-desorption isotherms were recorded using a Micromeritics TriStar II Plus automated analyzer. Thermal analysis was performed with a TA Instruments SDTQ600 apparatus (USA). Nanoparticle tracking experiments were carried out using a Nanosight NS300 (Malvern). UV-visible measurements were recorded with a JASCO V-650 Spectrophotometer. Confocal microscopy imaging was recorded with a Leica TCS SP8 AOBS inverted laser scanning confocal and a microfluidic device XC450 of XonaChip®.

**Synthesis of mesoporous silica nanoparticles (MSNs).** To synthesize mesoporous silica nanoparticles, CTAB (1.00 g, 2.74 mmol), was first dissolved in deionized water (480 mL) and

the solution was magnetically stirred. Then, to increase the pH, NaOH (3.5 mL, 2 M) was added, followed by an adjustment in the temperature to 80°C. TEOS, used as inorganic silica precursor, was added dropwise to the surfactant solution. The mixture was stirred for 2 h at 80°C giving a white precipitate. Finally, the solid was isolated by centrifugation, washed with deionized water until reaching neutral pH and dried overnight at 70°C. The nanomaterial, named “as made”, was calcined at 550 °C using an oxidant atmosphere for 5 h in order to remove the template phase, obtaining the final mesoporous nanomaterial (MSNs).

**Synthesis of platinum nanodendrites (PtNDs).**<sup>66,67</sup> For the preparation of platinum nanodendrites, H<sub>2</sub>PtCl<sub>6</sub> (164 mg) and PVP (20 mg) were dissolved in deionized water (20 mL). Then, a solution of ascorbic acid in water (350 mg in 10 mL) was added drop by drop to the H<sub>2</sub>PtCl<sub>4</sub> solution. The reaction was heated at 45°C for 1 h under magnetic stirring. The initially pale-yellow color change to black when the platinum nanoparticles are synthesized.

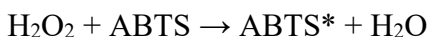
**Synthesis of Janus Pt-MSN nanoparticles (S<sub>0</sub>).** Janus Pt-MSN were synthesized following an adapted method previously reported by Villalonga *et al.*<sup>45</sup> Mesoporous silica nanoparticles (180 mg) were dispersed in an aqueous solution (10 mL, 6.7 % ethanol) and CTAB was added (208 µL, 1 µM). The temperature of the mixture was increased at 75°C and 1 g of paraffin wax was added. When the paraffin was melted, the mixture was homogenized using an Ultra-Turrax T-8 (IKA, Germany) for 10 minutes. Then, the reaction was further magnetically stirred at 75°C for 1 h, to form a Pickering emulsion. The result was cooled to room temperature, diluted with methanol (10 mL) and treated with of (3-mercaptopropyl)trimethoxysilane (200 µL). The reaction was magnetically stirred for 3 h and the resultant solid, was isolated by centrifugation and washed with methanol two times. Afterward, the partially mercapto-functionalized mesoporous silica

nanoparticles were dispersed into the platinum nanoparticles (30 mL). The reaction was stirred overnight at room temperature. Lastly, the solid was filtered, washed with chloroform, and dried. This process yielded the Janus Pt-MSN nanoparticles (**S<sub>0</sub>**).

**Synthesis of Janus Pt-MSN (Ru)-PEG (S<sub>1</sub>).** The platinum face was functionalized with 3-mercaptopropionic acid in order to protect it, 50 mg of **S<sub>0</sub>** reacted with 70  $\mu$ L of this molecule for 1 h, using ethanol as solvent. After 1 h, the solid was washed with ethanol for 3 times. The next step was loading the pores with the dye, the nanoparticles were resuspended in 3 mL of a concentrated solution of [Ru(bpy)<sub>3</sub>]Cl<sub>2</sub>·6H<sub>2</sub>O (30 mg) in anhydrous acetonitrile and stirred for 24 h. Next, we proceeded to functionalize the mesoporous face. First, the solid reacted with 93  $\mu$ L (3-mercaptopropyl)-trimethoxysilane for 5.5 h. Second, 110 mg of 4,4'-dipyridyl disulfide were added to the mixture and the reaction was magnetically stirred 24 h. Third, the thiolated-solid reacted overnight with 50  $\mu$ L of PEG-SH after being washed with acetonitrile and resuspended in 3 mL of acetonitrile. Finally, the suspension was centrifugated, washed with acetonitrile and dried under vacuum, yielding the final solid **S<sub>1</sub>**.

**Synthesis of Janus Pt-MSN (Doxorubicin)-PEG (S<sub>2</sub>).** To synthesize this solid, the same procedure used for the preparation of **S<sub>1</sub>** was followed. However, in this case the pores were loaded with the anticancer drug Doxorubicin. For 50 mg of **S<sub>0</sub>** we added 24 mg (0.044 mmol) of Doxorubicin diluted in 50 mM sodium phosphate buffer pH 7.5. The filling process was carried out in darkness, under magnetic stirring for 24 h. Lastly, once the “molecular gate” was formed, the solid was further washed with 50 mM sodium phosphate buffer pH 7.5. The resulting nanoparticles (**S<sub>2</sub>**) was stored in buffer solution at 4°C.

**Peroxidase-like activity assay.** To confirm the catalytic activity of our nanomotors, peroxidase activity assays were performed.<sup>68</sup> The method employed is based on the platinum capability to oxidize ABTS in the presence of H<sub>2</sub>O<sub>2</sub>, mimicking the peroxidase catalytic action. The result is a blue-green product (ABTS\*) that can be detected by UV-visible spectrophotometry ( $\lambda_{\text{abs}} = 405$  nm). This reaction is resumed in the next equation:



For this assay, dissolutions of ABTS (9 mM) and H<sub>2</sub>O<sub>2</sub> (from 0 to 30 mM) were prepared in 100 mM PBS pH 5. Afterwards, 2.9 mL of ABTS and 0.1 mL H<sub>2</sub>O<sub>2</sub> were mixed in a cuvette at 25 °C and 0.05 mL of S<sub>1</sub> (0.5 mg mL<sup>-1</sup>) were added to them. Finally, the variation in the absorbance was recorded for 3 minutes.

**Motion analysis by MSD calculation.** To evaluate the nanomotors movement we analyzed the trajectories of single nanoparticles by NTA using a Nanosight NS300 device. This technique is based on the tracking of the light scattered by the nanoparticles when a laser beam falls upon them. The device is formed by a sCMOS camera coupled to an optical microscope and a single mode laser diode with 55 mW blue light illumination.

The samples were diluted in sodium phosphate buffer at a concentration of 0.002 mg mL<sup>-1</sup>, ultrasonicated and introduced into the Nanosight chamber at 25°C using a 1 mL syringe. Nanomotors motion was registered in 5 videos of 30 seconds with a speed of 30 frames s<sup>-1</sup>. The x-y coordinates of 20 nanoparticles throughout that time (selected size between 100–200 nm to avoid aggregates) were extracted by the NTA 3.0 software. That allows the estimation of the mean

square displacement (MSD) for each nanoparticle, obtained applying the equation 1 (assuming the motion to be two-dimensional).<sup>16</sup>

$$\text{Equation 1: } \text{MSD} \equiv \langle (x_t - x_0)^2 \rangle = \frac{1}{N} \sum_{i=0}^N (x^i(t) - x^i(0))^2$$

(N: number of averaged nanoparticles;  $x^i$  and  $x^t$  vector positions of particles at different times).

For the nanoparticles with Brownian motion, the rotational diffusion coefficient was gotten from the plot of MSD vs  $\Delta t$ , through the Stokes-Einstein equation ( $\text{MSD} = 4D_r \Delta t$ ). Whereas, for the nanoparticles that follows a directional motion, the parabolic component of the Stokes-Einstein equation ( $\text{MSD} = 4D_t \Delta t + (v \Delta t)^2$ ) is applied to obtain the velocity and translational diffusion coefficient.

The time interval used in this study was set below the rotational diffusion time ( $\tau_r$ ) where propulsion movement dominates, theoretically calculated using the following equation:

$$\text{Equation 2: } \tau_r = \frac{8\pi\eta R^3}{k_B \cdot T}$$

where  $\eta$  is the viscosity ( $10^{-3}$  Pa s),  $k_B$  is the Boltzmann constant, T is the temperature ( $25^\circ\text{C}$ ) and R is the radius of the particle (145 nm, assuming a spherical morphology). Under these conditions a value of 0.8s was obtained for  $\tau_r$ .

To calculate the propulsion force ( $F_{\text{Prop}}$ ) or the drag force ( $F_{\text{drag}}$ ) applied on activated nanomotors we employed the drag law of Stokes in fluids, assuming nanomotors morphology as spherical.

$$\text{Equation 3: } F_{\text{drag}} = 6\pi\eta R V$$

where  $\eta$  is the viscosity ( $10^{-3}$  Pa) and  $R$  is the radius of the particle (145 nm). Calculated  $F_{\text{drag}}$  were 5.6, 8.5, 16 and 53 fN for 0.02, 0.7, 0.2 and 0.35% of fuel concentration, respectively.

**Control release studies.** Release of  $\text{Ru}(\text{bpy})_3\text{Cl}_2$  from  $\text{S}_1$  was carried out under static and stirring conditions, to study the effect of the nanomotor self-propulsion on the delivery of the cargo. In a typical stirring experiment, 4 different suspensions of 0.5 mg of  $\text{S}_1$  in 1 mL of 50 mM PBS (pH 7.5) were prepared. Solutions were placed in a shaker (Thermo-shaker HC24N Grant Instruments PCMT) 30 minutes at 14000 rpm. After this period,  $\text{H}_2\text{O}_2$ , GSH or both were added at final concentrations of 1% and 10 mM, respectively (registered as zero release time). At scheduled times (2, 5, 10, 15, 20 and 30 minutes), 200  $\mu\text{L}$  aliquots were taken and centrifugated (3 minutes, 125000 rpm) to isolate the  $\text{Ru}(\text{bpy})_3\text{Cl}_2$  released in the supernatant from the nanoparticles. Then, fluorescence emission of the dye was monitored at 595 nm with a JASCO spectrofluorometer FP-8300. The results of three independent experiments are shown in Figure SI-7A. In the static experiment, the four samples were prepared as previously described (0.5 mg  $\text{mL}^{-1}$  in 50 mM PBS, pH 7.5) but remained without external stirring. After 30 minutes, the inputs ( $\text{H}_2\text{O}_2$ , GSH or both, at final concentrations of 0.1% and 10 mM, respectively) were carefully added through the wall of the tubes containing the samples. Afterwards, 200  $\mu\text{L}$  aliquots were taken at different times (2, 5, 10, 15, 20 and 30 minutes) and centrifuged (3 minutes, 125000 rpm) to sediment the nanodevices. Fluorescence of  $\text{Ru}(\text{bpy})_3\text{Cl}_2$  delivered to the media was measured at 595 nm ( $\lambda_{\text{exc}} = 453$  nm), Figure 4.A. The Doxorubicin release from  $\text{S}_2$  assay was further performed in static conditions, following the same procedure than for  $\text{S}_1$ . In this case, the Doxorubicin fluorescence emission was monitored at 555 nm ( $\lambda_{\text{exc}} = 470$  nm). The kinetic curves of four independent experiments are shown in Figure SI-7B.

**Cell culture conditions.** THP-1, human monocytic cell line derived from an acute monocytic leukemia patient, were purchased from ATCC and were grown in RPMI-1640 supplemented with 10% FBS. Cells were incubated at 37°C in an atmosphere of 5 % carbon dioxide.

**Viability Assay.** THP-1 cells were seeded in 96-well plates at 800,000 cells/well and incubated at 37°C for 24 h. Then, cells were treated with different reagents concentrations to evaluate their toxicity to cells. The reagents analyzed were H<sub>2</sub>O<sub>2</sub>, S<sub>2</sub> nanomotors and free Doxorubicin. Finally, cell viability was evaluated by incubation with the cell proliferation WST-1 reagent for 1 hour and measuring the absorbance at 595 nm.

**Cell uptake of nanomotors by confocal microscopy.** THP-1 were seeded at 10<sup>6</sup> cells mL<sup>-1</sup> in a 6-well plate and incubated with S<sub>2</sub> nanomotors (50 µg mL<sup>-1</sup>) in RPMI-1640 buffer supplemented with 10% FBS at 37°C for 30 min in the presence and absence of 0.02% (8.5 mM) H<sub>2</sub>O<sub>2</sub>. Afterward, uninternalized nanoparticles were removed from cells by a washing step and further incubated for 1, 4 and 6 h in a fresh media. Next, cells were seeded on glass coverslips and DNA and membrane marker, Hoechst 33342 and WGA respectively, were added. Finally, slides were visualized under a Leica TCS SP2 AOBS inverted laser scanning confocal microscope (Leica Microsystems Heidelberg GmbH, Mannheim, Germany). The images were acquired with an excitation wavelength of 405 nm for Hoescht, 480 nm for Doxorubicin and 650 nm for WGA (Wheat germ agglutinin). The distribution of fluorescence inside the cells was analyzed using ImageJ Software (Figure 6A).

**Cell uptake of nanomotors by TEM.** THP-1 cells were seeded in a 6-well plate at 800,000 cells/well and incubated at 37°C for 24 h. Then, cells were treated with Janus nanomotors (100 µg mL<sup>-1</sup>) at 37°C for 6 h. After this period, cells were washed with phosphate buffer 0.1 M (pH 7.4)



and fixed in a 2.5 % glutaraldehyde + 2% paraformaldehyde solution for 1 h at room temperature and 72 hours more at 4°C. Fixed cells were washed with phosphate buffer, dehydrated in ethanol and stained with uranyl acetate (1%) and osmium tetroxide (1%). Finally, samples were included in epoxy resin (Araldite) and sectioned for TEM analysis. TEM images were acquired using a microscope FEI Tecnai Spirit G2 operating at 80 kV with a digital camera (Soft Image System, Morada), Figure 6C.

**Self-propel and drug release capabilities of S<sub>2</sub> in microchip device.** Movement and delivery abilities of nanomotors were performed by recording confocal microscopy videos using a 4-compartment microchip device (acquired from XonaChips®) with a 150 µm microgroove barrier and a 75 x 25 mm size. This device has 4 wells connected two by two (1-2; 3-4) and these were connected to each other by micrometric channels (Figure 6). The experiment was carried out by depositing 106 THP-1 cells/ml in 1 and 2 wells dyed with WGA, 100 µg mL<sup>-1</sup> of S<sub>2</sub> nanomotors in position 4 and completing the volume with RPMI-1640 buffer in well 3, (final volume 150 µL per well). At this point, it was waited few minutes to start the video, in order to eliminate the diffusive movement of the nanomotors after their addition to the well. Brownian motion of nanodevices was then recorded using a Leica TCS SP2 AOBS confocal microscope during 5 min. Then, the same methodology was repeated adding the fuel (H<sub>2</sub>O<sub>2</sub>) in position 3 to a total concentration of 0.02% in the cuvette (fuel volume added was previously removed from the well 3 to maintain a constant total volume). Furthermore, to study the controlled Doxorubicin release from S<sub>2</sub> in the cells, previous experimental procedure was also followed but for a prolonged time of 30 minutes. In recorded videos, assemblies nanomotors (up to 350 nm) can be observed through the excitation of the Doxorubicin loaded in the silica nanopores because of the confocal microscopy resolution.<sup>69</sup> Finally, nanomotors trajectories were drawn with the plugin Manual

Tracking from Image J software<sup>70</sup> and the intensity of cellular fluorescence was also analyzed using LAS X software and the "Line Profile" tool. This tool measures the fluorescence intensity along the linear regions of interest (ROI) defined by us and are shown graphically as a curve. Five regions of interest were defined (ROI 01-05), and the fluorescence intensity associated with Doxorubicin was analyzed in each condition. Line profiles were placed through the cells and the peak currents were evaluated simultaneously at time 0 and 30 minutes (Figure 7).

## **ASSOCIATED CONTENT.**

### **Supporting Information.**

- Supporting figures (PDF): H<sub>2</sub>O<sub>2</sub>-fueled motors comparison (Tables SI 1-2), TEM images, hydrodynamic diameter, zeta potencial, PXRD patterns, N<sub>2</sub> adsorption-desorption isotherms, activity assay, images of bubble growth and zoomed trajectories, diffusion coefficients, release capability in stirring conditions and Doxorubicin release kinetics.
- Videos of nanomotors trajectories tracking (AVI): SI-1 (complete assay, 2 minutes), SI-2 (without fuel, 0-20 seconds) and SI-3 (with 0.02% of fuel concentration, 20-40 seconds).

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### **Author Contributions**

The manuscript was written through contributions of all authors. All authors have given approval to the final version of the manuscript.

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