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Additional Information

1 **Monofloral honey authentication by voltammetric electronic tongue: A**
2 **comparison with ¹H-NMR spectroscopy**

3
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29 **Keywords:** Monofloral honey, pollen analysis, adulteration, voltammetric-electronic-tongue, ¹H-NMR
30 spectroscopy.

31 **Abstract**

32 Proton-nuclear-magnetic-resonance-spectroscopy (¹H-NMR) is the widely accepted reference method
33 for monitoring honey adulteration; however, the need to find cheaper, faster, and more
34 environmentally friendly methodologies makes the voltammetric-electronic-tongue (VET) a good
35 alternative. The present study aims to demonstrate the ability of VET (in comparison with ¹H-NMR)
36 to predict the adulteration of honey with syrups. Samples of monofloral honeys (citrus, sunflower and
37 heather, assessed by pollen analysis) simulating different levels of adulteration by adding syrups
38 (barley, rice and corn) from 2.5 to 40% (w/w) were analyzed using both techniques. According to the
39 indicators (slope, intercept, regression coefficient-R², root mean square error of prediction-RMSEP)
40 of the partial-least-squares (PLS) regression models, in general terms, the performance of these models
41 obtained by both techniques was good, with an average error lower than 5 % in both cases. These
42 results support the use of VET as a screening technique to easily detect honey adulteration with syrups.

43 **1. Introduction**

44 Honey is one of the foods with a considerable risk of fraud. This is mainly due to its high composition
45 of sugars, where the adding of syrups can be done quite easily. This fraud tends to affect primarily
46 monofloral honeys since their higher price in the market produces a greater profit margin. Consumers
47 are willing to pay more for a monofloral honey with attributed therapeutic properties such as the
48 antioxidant activity in heather honey (Silva, Chisté, & Fernandes, 2021) or the specific sensory
49 nuances like citrus honey (Juan-Borrás, Periche, Domenech, & Escriche, 2015; Escriche, Juan-Borrás,
50 Visquert, Asensio-Grau, Valiente, 2021; Seraglio, et al., 2021).

51 In general, a honey is considered as monofloral if the pollen grain percentage is higher than 45% (e.g.
52 *Echium* sp., *Erica* sp., *Eucalyptus* sp., *Prunus* sp., or *Rubus* sp.); although, some exceptions exist
53 regarding under/over-represented pollen grains (e.g. *Citrus* sp., *Lavandula* sp., *Trifolium* sp., and
54 *Castanea sativa* sp. honeys which need at least 10%, 15%, 70%, and 90%, respectively) (Silva,
55 Gonçalves, Nunes & Alves, 2020). On the other hand, a honey should be considered multifloral if it
56 does not meet the pollen, physicochemical or sensory requirements to be considered monofloral
57 (Council Directive 2001/110 Relating to Honey, 2002).

58 Adulteration is an unfair competition and implies a certain destabilization in the honey markets, hence
59 affecting all beekeepers. Moreover, the consumers may feel deceived when buying a honey that does
60 not meet their expectations in terms of organoleptic flavors and therapeutic characteristics attributed
61 to the pure monofloral honeys; and not to mention the possible toxicological connotations derived
62 from the adulteration practices.

63 The technique routinely conducted to classify monofloral honeys is the melissopalynological analysis
64 performed by optical microscopy which focuses on the identification of the pollen grains morphology
65 of the different botanical species visited by the bees. However, with this methodology it is not possible
66 to determine whether a syrup has been added to honey, since the sediment to be observed under the
67 microscope would not change, even if the adulteration was done in a significant amount (Louveaux,
68 Maurizio, & Vorwohl, 1970; Juan-Borrás et al., 2015).

69 Different analytical methods have been tested with the aim of identifying adulteration in the honey,
70 highlighting among others: Fourier reflectance, infrared spectroscopy, high performance liquid
71 chromatography (HPLC) (Wang, et al., 2015; Wu, et al., 2017), carbon ratio isotopic mass
72 spectrometry (SCIRA) (Tosun, 2013), differential scanning calorimetry (DSC) (Sobrino-Gregorio,
73 Vargas, Chiralt & Escriche, 2017). However, the most valued technique, for both the scientific
74 community and the commercial transactions, is the proton nuclear magnetic resonance spectroscopy
75 ($^1\text{H-NMR}$). This technique offers a comprehensive range of information on honey, permitting both the

76 quantification of specific substances related to its quality, such is the hydroxymethyl furfural, or the
77 presence of adulterants, like syrups or sugars (Bertelli et al, 2010; Boffo, Tavares, Tobias, Ferreira, &
78 Ferreira, 2012).

79 Despite the many advantages of ¹H-NMR spectroscopy (easy sample preparation; fast acquisition in
80 less than 5 minutes; identification of unknown compounds at molecular level; good repeatability and
81 reproducibility, etc.) (Günther, 2013), its disadvantages (extremely high cost and highly skilled
82 personnel required) hamper the use of ¹H-NMR spectroscopy as a routine technique. Therefore, the
83 beekeeping sector is forced to subcontract this expensive service to specialized laboratories, which
84 indirectly results in increased costs of honey for the consumer. Consequently, this sector demands
85 suitable analytical techniques to meet their requirements.

86 Sensitive to all these issues, the European Parliament (Directive 2014/63/EU, amending Council
87 Directive 2001/110/EC relating to honey, 2002) highlights that to guarantee fair commercial practices
88 and protect the interests of consumers, it is necessary to establish appropriate analysis methods to
89 verify whether honey is compliant with international standards (approved by the Codex Alimentarius).
90 It also indicates that these methods, both those currently recognized and validated and those that may
91 arise as a result of technical progress must be considered for this purpose (Council Directive 2001/110
92 Relating to Honey, 2002). These new methods should help to identify the authenticity of honey without
93 losing the perspective of the industry requirements (nonspecialized workers, cheap hardware coupled
94 with simple, quick and easy techniques, among others).

95 The electrochemical techniques, with a rapid response and low-cost, are analytical tools in the forefront
96 of the methods that fulfil these requirements and having the additional advantage of being
97 environmentally friendly. Among them, the electronic tongues based on cross-sensitivity sensors of
98 low selectivity combined with pattern recognition or multivariate analysis tools, are widely used (Lolli,
99 Bertelli, Plessi, Sabatini, & Restani, 2008; Riul, Dantas, Miyazaki, & Oliveira, 2010). This
100 methodology has been widely applied in the classification (Wei, Yang, Wang, Zhang, & Ren, 2018)

101 or analysis adulteration (Carpintero Barroso de Morais, Ribeiro Rodrigues, Teixeira de Carvalho Polari
102 Souto & Lemos, 2019) of foodstuff. In the specific case of honey, it has been proven to be useful in
103 differentiating honeys in different situations: botanical origin (Escriche, Kadar, Domenech, & Gil-
104 Sánchez, 2012; Pauliuc, Dranca, & Oroian, 2020), geographical origin (Sobrino-Gregorio, Tanleque-
105 Alberto, Bataller, Soto, & Escriche, 2020) and antioxidant capacity (Juan-Borrás, Soto, Gil-Sánchez,
106 Pascual-Maté, & Escriche, 2017). A good correlation between the electronic tongue and different
107 quality physicochemical parameters was found (Escriche, et al., 2012; Juan-Borrás, et al., 2017;
108 Sobrino-Gregorio et al., 2020). In one of our previous works the potential of a voltammetry electronic
109 tongue system to differentiate among different types of pure honey, as well as the addition of syrups
110 at several levels was explored (Sobrino-Gregorio, Bataller, Soto, & Escriche, 2018). Nevertheless, in
111 order to prove the reliability of this electronic tongue in differentiating honey adulterations it necessary
112 to perform an additional validation by comparing it with the reference technique of choice, which is
113 currently $^1\text{H-NMR}$ spectroscopy.

114 Therefore, the aim of this study is to compare the information generated by a voltammetric electronic
115 tongue (VET) with $^1\text{H-NMR}$ spectroscopy by using a set of three types of monofloral honeys and
116 simulating different levels of adulterations with several types of syrups. In other words, this research
117 is intended to evaluate the extent to which the results acquired by VET are comparable with those
118 obtained with the established and accepted $^1\text{H-NMR}$ spectroscopy.

119 **2. Materials and methods**

120 **2.1. Honeys: pollen analysis and sample preparation**

121 Different raw monofloral honeys were used in this study: citrus (*Citrus* spp.), sunflower (*Helianthus*
122 *annuus*) and heather (*Erica* spp.). Three batches of each type of honey were directly bought from
123 beekeepers in different regions in Spain in 2019. They were classified on arrival at the laboratory by
124 melissopalynological analysis (under the microscope Zeiss Axiolab, Göttingen, Germany at 400x
125 magnification) to corroborate their botanical origin (Escuredo, Silva, Valentão, Seijo & Andrade,

126 2012; Tanleque-Alberto, Juan-Borrás, & Escriche, 2019). All the samples showed no signs of
127 alteration or granulation and the organoleptic characteristics corresponding to these specific three types
128 of monofloral honey. Furthermore, their physicochemical characterization together with the pollen
129 information is shown in Table S1. After, samples were preserved at 12 °C until they were analysed by
130 VET and ¹H-NMR spectroscopy techniques.

131 A honey was considered to be from citrus if the percentage of pollen from *Citrus* spp. was not lower
132 than 10%; from sunflower, if the pollen from *Helianthus annuus* was not lower than 30% and from
133 heather if the pollen from *Erica* spp. was not lower than 37-45% (Persano-Oddo & Piro, 2004; Von
134 Der Ohe, Persano-Oddo, Piana, Morlot, & Martin, 2004). A new image labelling and annotation
135 software, developed by the Institute of Industrial Computing and Control Systems (AI2) at the
136 *Universitat Politècnica de València*, was used to sample, count and classify the honey pollens. Figure
137 S1 (Supplementary material) shows examples of different photomicrographs corresponding to them.

138 With the aim of simulating the adulteration of these honeys, three different syrups were used: barley
139 (Finestra Cielo, Italy), rice (Mitoku Macrobiotic, Japan) and corn (Roquette Laisa SA, Spain) which
140 were mixed at different proportions with the three monofloral honeys (ratios honey/syrup in weight:
141 60/40; 80/20; 90/10; 95/05; 97.5/2.5). In summary, a total of 51 samples (3 monofloral honeys x 3
142 different syrups x 5 levels of adulteration + 3 pure honeys + 3 pure syrups) were evaluated by VET
143 and ¹H-NMR spectroscopy techniques.

144 **2.2. ¹H-NMR spectroscopy study**

145 **2.2.1. Sample preparation and spectra acquisition**

146 Mixture solutions of each type of honey and adulterant previously mentioned were prepared in
147 dimethylsulfoxide-*d*₆ (Acros-Organics, New Jersey, USA) (DMSO-*d*₆) with a final volume of 1 mL
148 (Bertelli, et al., 2010). After the preparation, the samples were immediately analysed by 1D ¹H-NMR
149 spectroscopy. 700 µL of each sample (mixes and pure honey and syrups) were transferred to a 5 mm
150 NMR tube, (Wilmad Economy grade for 400 MHz). ¹H-NMR spectra were performed on a 400 MHz

151 NMR spectrometer (Bruker Ascend 400) equipped with an ATM 5mm probe (BBO 400 MHz 5mm Z-
152 Grad). Experiments were carried out at 300 K. The experiments consisted in a 1D ¹H sequence using
153 a 30-degree flip angle (zg30 Bruker library). Eight scans were performed, with an acquisition time of
154 4.09 s, spectral width of 5 ppm (2003 Hz), a fid resolution of 0.25 Hz and a size of fid of 16 k. Each
155 spectrum was recorded in 1 min and 39 s.

156 **2.2.2 Spectra processing and assignment**

157 After the spectra acquisition, the free induction decay (FID)'s were Fourier transformed, and their
158 phase, baseline and chemical shift corrected with MestReNova version 6.0.2 (Mestrelab Research SL,
159 Santiago de Compostela, Spain). DMSO signal was used for chemical shift reference to align all the
160 spectra, assuming a chemical shift of this signal of 2.5 ppm relative to tetramethylsilane (TMS). The
161 phase and the baseline correction were performed manually. Resonances were identified according to
162 the bibliography (Bertelli, et al., 2010, Spiteri, et al., 2015). Once processed, the spectra were included
163 in one file to be exported for statistical analysis. Peak intensities were used for semiquantitative
164 approximation.

165 **2.3 Voltammetric electronic tongue data acquisition, data processing**

166 The electronic tongue body (VET) consists of an array of four working electrodes or noble metals (Au,
167 Pt, Ir, Rh) with a purity of 99.9% and 1 mm diameter from Aldrich, housed inside a stainless steel
168 cylinder. The different wire electrodes were fixed inside this cylinder using an epoxy RS 199-1468
169 polymer. In all cases a calomel electrode was used as reference electrode and the stainless-steel piece
170 was used as a counter electrode. This device included an innovative electrochemical polishing of the
171 working electrodes previously described by Sobrino-Gregorio et al., 2020. Specific in-house software
172 designed by Campos et al., 2013 permitted control of the pumping system and the measurement of the
173 equipment.

174 Previous dilution of the sample in water (up to 50 mL) was only necessary to start the voltammetric
175 analysis. For each iteration 8 g of honey excluding water (in dry matter) was weighed. After

176 measurement in each sample, the active surface of the electronic tongue device was self-polished to
177 regenerate the working electrodes active surface. All samples were measured three times and in
178 random order to minimize possible error due to memory of the electrodes.

179 The voltammetry measurements were carried out on a potentiostatic electronic tongue designed at the
180 Universitat Politècnica de València, Interuniversity Research Institute for Molecular Recognition and
181 Technological Development (IDM) (Alcañiz, et al., 2012). In this work, 40 pulses of 50 ms were
182 applied. The typical distribution of voltages in increasing or decreasing steps of 200 mV between +1
183 V and -1 V (to avoid water electrolysis) was reported by Sobrino-Gregorio et al., 2018. The potential
184 was set to zero after each potential increase.

185 **2.4. Statistical analysis**

186 Least significant difference (LSD) at significance level $\alpha = 5\%$ was used to analyse the differences
187 between samples data. A full residual analysis was previously carried out to check the suitability for
188 all the datasets. In this respect, independence (each sample was randomly selected and independent),
189 homoscedasticity (by means of Levene's test), and normality (by means of a normal probability plot)
190 were all tested. Multivariate statistical analysis, Principal component analysis (PCA) and Partial Least
191 Square (PLS) was used to analyse the VET and $^1\text{H-NMR}$ spectroscopy data obtained, and it was
192 performed using the software Toolbox Solo 8.9 (2021, Eigenvector Research, Inc. Manson, WA USA
193 98831; software available at <http://www.eigenvector.com>) for chemometric analysis. PCA was applied
194 to evaluate the possible classification (non-supervised) of the pure and adulterated honey samples.
195 Partial Least Square (PLS) was used to generate models to predict quantitative information on the
196 content of honey adulterant in the analysed samples. For the $^1\text{H-NMR}$ data analysis, only the spectral
197 regions containing meaningful resonances were included (spectral regions ranging from 2.75 to 3.27
198 ppm and from 3.45 to 6.7 ppm). The VET and $^1\text{H-NMR}$ data were separated in sets according to the
199 adulterant. Each set contained all the data from samples for the three honeys and one adulterant in the
200 different concentrations. So, three initial and independent data sets were built for VET and $^1\text{H-NMR}$

201 spectroscopy data. Afterwards, in each of these three independent sets, the data from samples regarding
202 two honeys were selected to build a model for the adulterant quantification (training set) and the data
203 for the third honey with adulterant were used to evaluate the performance of this model (validation).
204 This procedure was repeated changing each honey in the validation set for one honey in the training
205 set, and also for each adulterant. Models' performance was evaluated by comparing the correlation
206 coefficient (R^2), a, b (from the simplest linear model: $y = ax + b$) and the root mean square error of
207 prediction (RMSEP) as the most common metric obtained to measure accuracy of this methodology
208 in the representation of predicted vs real level of adulterant in the validation set.

209 **3. Results and discussion**

210 **3.1. $^1\text{H-NMR}$ spectroscopy analysis in pure and adulterated honeys**

211 The $^1\text{H-NMR}$ spectra of pure honeys and syrups analysed in this study are presented in Figure 1. The
212 most typical resonances showed in $^1\text{H-NMR}$ spectra belong to sugars such as maltose, glucose and
213 fructose. They were identified according to their ^1H chemical shift and J-coupling, and compared with
214 previously published literature (Lolli et al., 2008). From downfield shifts, signals from α - and β -
215 maltose (δ_{H} 6.65 and 6.32 ppm) could be observed only in adulterant syrups or in high percentage-
216 adulterated honey. Moreover, the anomeric hydroxyls of β -glucopyranose at δ_{H} 6.58, and α -
217 glucopyranose at δ_{H} 6.18 ppm are also shown in this region. Hydroxyls and anomeric hydroxyls of
218 fructose can be found at δ_{H} 5.68 ppm (α -fructofuranose), δ_{H} 5.35 ppm (β -fructofuranose) and δ_{H} 5.20
219 ppm (β -fructopyranose). Anomeric protons of glucose can be observed at δ_{H} 4.81 ppm for β -
220 glucopyranose and δ_{H} 4.74 ppm for α -glucopyranose. The intermediate region between δ_{H} 3.00 and
221 4.20 ppm contains the signal of aliphatic protons except for anomeric protons. As should be noted,
222 there are common regions and signals in the $^1\text{H-NMR}$ spectrum among monofloral honeys, regardless
223 of botanical origin.

224 Compared to the typical $^1\text{H-NMR}$ spectrum of a pure honey, an adulterated honey presents some
225 hallmarks. Remarkably, the $^1\text{H-NMR}$ spectrum of the barley and rice pure syrups exhibited some

226 unresolved resonances, due possibly to their higher viscosity or the presence of undissolved particles.
227 The signals highlighted with dotted boxes in Figure 1 appear with high intensity in the adulterated
228 honey spectrum and in very low intensity, almost at noise level, in the pure honeys spectra. In
229 particular, the signals from anomeric hydroxyls of α - and β -maltose centered at δ_{H} 6.65 and 6.32 ppm
230 are evident, similar to signals ascribed to other hydroxyls of maltose, sucrose, or other oligosaccharides
231 at δ_{H} 5.40, 5.00 ppm. Accordingly, these signals grow in intensity from pure honey to pure adulterant
232 throughout the series of different adulterant concentration. An example of these increasing intensities
233 signals by means of a superposition of the spectra involved is shown in Figure 2 that shows $^1\text{H-NMR}$
234 spectra of pure citrus honey, citrus honey adulterated with different concentration of rice syrup and
235 pure rice syrup. The signal at $\delta = 6.32$ ppm has been assigned to the anomeric hydroxyl of β -maltose
236 and has increasing intensity according to the growing content of adulterant syrup.

237 **3.2. Electronic tongue in pure and adulterated honeys**

238 In order to evaluate from a descriptive point of view the global effect of the adulteration level of the
239 three monofloral honeys on the VET data, a Principal Component Analysis (PCA) was performed with
240 the average values of each one of the 51 sample conditions (explained in the section 2.1). This
241 unsupervised procedure confirmed that there was a clear spontaneous classification from the data
242 obtained according to the type of monofloral honey and the level of adulteration. To observe more
243 easily the influence of the addition of the different proportions of syrup to honey, Figure 3 shows, as
244 an example the PCA obtained only for the simulation adulteration with barley syrup. PC1 and PC2
245 explain 51% and 22% of total variance. The first component is more related to the level of adulteration
246 and the second with the type of monofloral honey. In general, the increase in adulteration level
247 promoted a movement towards the left quadrant with an effect more marked for the highest
248 adulteration level (40% of syrup). For each adulteration level, each monofloral honey exhibited
249 different behaviour in terms of the voltammetric measurement.

250 This figure illustrates that pure and adulterated honeys are detected by VET, since this technique can
251 identify the presence of both electroactive, oxidizable or reducible compounds (associated with the so-
252 called Faradaic current) and dissolved ionic species (which generate the so-called Non-Faradaic
253 current). In the first case, the high content of sugars (monosaccharides and oligosaccharides such as
254 glucose, fructose and maltose) could assume a marked antioxidant character in all these matrices.
255 However, due to the acidic character of honey (pH less than 4) and slightly acidic for syrups (around
256 5 units of pH) the reducing nature of the samples analysed, especially in the case of honey, cannot be
257 attributed to the high sugar content. In this line, Torto, (2009) (studying the kinetics and oxidation
258 mechanisms of monosaccharides and some oligosaccharides) showed that reducing sugars are oxidized
259 over the noble metal electrodes when the medium is basic; on the contrary when the pH is neutral or
260 acidic, the oxidation process becomes undetectable. In addition, this author reported that the catalytic
261 currents of oxidation of reducing sugars can be inhibited by the presence of the chloride anion (present
262 in honey, although in low quantity), since this seems to deactivate the layer of gold oxide that catalyses
263 the oxidation process of these species (Pasta, La Mantiab, & Cui, 2010).

264 Therefore, the discriminatory capacity of VET among honeys, syrups and adulterated honeys must be
265 attributed to other minority antioxidant agents (polyphenols, flavonoids, carotenes, tannins, vitamin C
266 and E, among other) that remain electroactive in the medium, which are also associated with the
267 Faradaic current. All these agents constitute a complex mixture of characteristic antioxidants only for
268 honeys because they are not present in adulterant syrups. The range of oxidation potentials of these
269 compounds usually oscillates between -0.1 and -0.4 Volts (versus standard calomel electrode), which
270 is within the working range used by VET in the present study (Bertoncelj, Dobersek, Jamnik & Golob,
271 2007; Peres, Sousa, Veloso, Leticia, & Días, 2016; Juan-Borrás, et al., 2017).

272 In addition to the implication of the role played by the Faradaic current in the discriminatory capacity
273 of the analysed samples, the importance of non-Faradic currents must also be considered. In the
274 specific case of honey, the latter are associated with the presence of both cationic compounds

275 (potassium, magnesium, iron, etc.) and inorganic anions (chlorides, nitrates, sulfates and phosphates).
276 These currents appear in the pulse voltagrams for very short time and are directly related to the
277 electrical conductivity of each of the studied samples (Kropf, Jamnik, Bertoneclj, & Golob, 2008).
278 Figure 5 shows, as an example, the effect of the addition of different levels of barley syrup (Figure
279 5.A) or corn syrup (Fig 5.B) on the sunflower honey. Both represent the variation of the current
280 intensity as a function of time for a potential step (400 mV) with a gold electrode. The electrochemical
281 behaviour of adulterated sunflower honey shows an exponential decrease in the intensity as a function
282 of time. In figure (5.A) an increase in the initial current intensity (with non-Faradic character) is
283 observed, as increasing amounts of barley syrup are added (5, 10, 20, 40%). This is because the
284 conductivity of this type of syrup is higher (0.55 mS/cm) than that of the honey (0.22 mS/cm).
285 However, the value obtained from the final Faradic current at 50 ms is practically constant and equal
286 to 48 μ A in all cases.

287 Figure (5.B) shows that the addition of increasing amounts of corn syrup produces a progressive
288 decrease in the initial intensity (non-Faradic current) because the conductivity of the corn syrup is
289 much lower (0.05 mS/cm) than that of the honey (0.22 mS/cm). The initial current values show that
290 when the amount of syrup added increases, the non-Faradic current intensity decreases (from 110 μ A
291 for pure honey to approximately 75 μ A for an adulterant level of 40%). In the case of the final current
292 (Faradic current) also undergoes a decrease in its intensity (from 48 to 35 μ A for a level of adulteration
293 of 40%). This phenomenon is not observed in the case of the barley adulterant (Fig 5.A), which
294 maintains a practically constant level of faradic current regardless of the level of adulteration. This fact
295 seems to indicate that the type of adulterant added can affect the electrochemical activity of the natural
296 antioxidants contained in honey, and therefore VET could be used to detect these types of effects. Even
297 further, this technique could help to characterize the type of adulterant added by observing the
298 differences in the Faradic part of the pulse.

299 **3.3. Comparison of electronic tongue and $^1\text{H-NMR}$ spectroscopy techniques by PLS analysis**

300 To demonstrate the correlation between VET and ¹H-NMR analyses, the Partial Least Square (PLS)
301 obtained by using both techniques were compared. Nine PLS prediction models were calculated taking
302 the spectra from two honeys and each of the three adulterants for calibration (3 pairs of honeys
303 multiplied by 3 syrups). These models were validated against the honey not considered in the couple
304 and with the 3 syrups. PLS graphs with the prediction for corn syrup content on adulterated sunflower
305 honey obtained from ¹H-NMR spectra and VET voltgrams data analyses are shown as an example in
306 Figure 4. Measured vs. predicted values of the adulteration levels have been plotted to evaluate the
307 performance of the created prediction linear model. As observed, the results obtained using each one
308 of the techniques individually are quite close. Linear regression, slope and intercept are similar in both
309 cases.

310 To assess the performance of the nine models for all the honeys and adulterants, Table 1 shows the
311 PLS prediction results, number of latent variables (LV), correlation coefficient (R^2), slope, intercept,
312 as well as RMSEP (root mean square error in the prediction) to quantitatively describe the accuracy of
313 model outputs obtained. This table also shows the average values of these indicators. According to this
314 information, in general terms, the performance of the models was good for both techniques, although
315 somewhat better for NMR. The best performance was achieved by the sunflower NMR models with
316 correlation coefficients of 0.997 (with corn), 0.996 (with barley) and 0.995 (with rice). The weakest
317 correlation was for heather-rice (0.762) and citrus-corn (0.776) in the case of VET information. In
318 terms of capability of prediction, models of NMR for sunflower showed a lower RMSEP, compared
319 to the data obtained with VET, whereas in the rest of the cases the RMSEP obtained was better when
320 VET was used for the analysis (with the only exception of heather-rice). Considering the global results
321 for all the models with one or another technique separately, the average RMSEP achieved by ¹H-NMR
322 spectroscopy was 4.174 % of error, and the RMSEP average for VET was 3.879 % of error in the
323 prediction of the percentage of adulterant added. As a result, the capability of both techniques for this
324 prediction was very similar.

325 **4. Conclusions**

326 The findings of this study confirm the validation of the VET methodology for the detection of
327 adulteration of monofloral honey with different types of syrups, by using $^1\text{H-NMR}$ spectroscopy
328 technique as a reference. Comparable prediction models from VET and $^1\text{H-NMR}$ spectroscopy were
329 obtained showing a similar behaviour in predictive precision (RMSEP), with an average error less than
330 a 5% in the estimation of adulterant content. This demonstrates similar ability in the prediction of this
331 type of honey adulteration with a satisfactory level of error in the estimation of the percentage of added
332 syrup. This range of precision here obtained by the VET methodology is enough for standard use as a
333 screening technique for analysing quality control in commercial transactions of honey. Compared to
334 $^1\text{H-NMR}$ spectroscopy, VET requires much less investment and can be implemented in portable
335 devices, which enables the use of VET in situ. It can also be automatized in the sampling process and
336 furthermore, the need for specialized and skilled personnel for the routine use are lower in VET than
337 in $^1\text{H-NMR}$ spectroscopy. All these advantages reinforce VET as robust, reliable, and a relatively
338 inexpensive technique, allowing for a more comprehensive monitoring of the adulteration of honey.

339 **Declaration of Competing Interest**

340 The authors declare that they have no known competing financial interests or personal relationships
341 that could have appeared to influence the present work.

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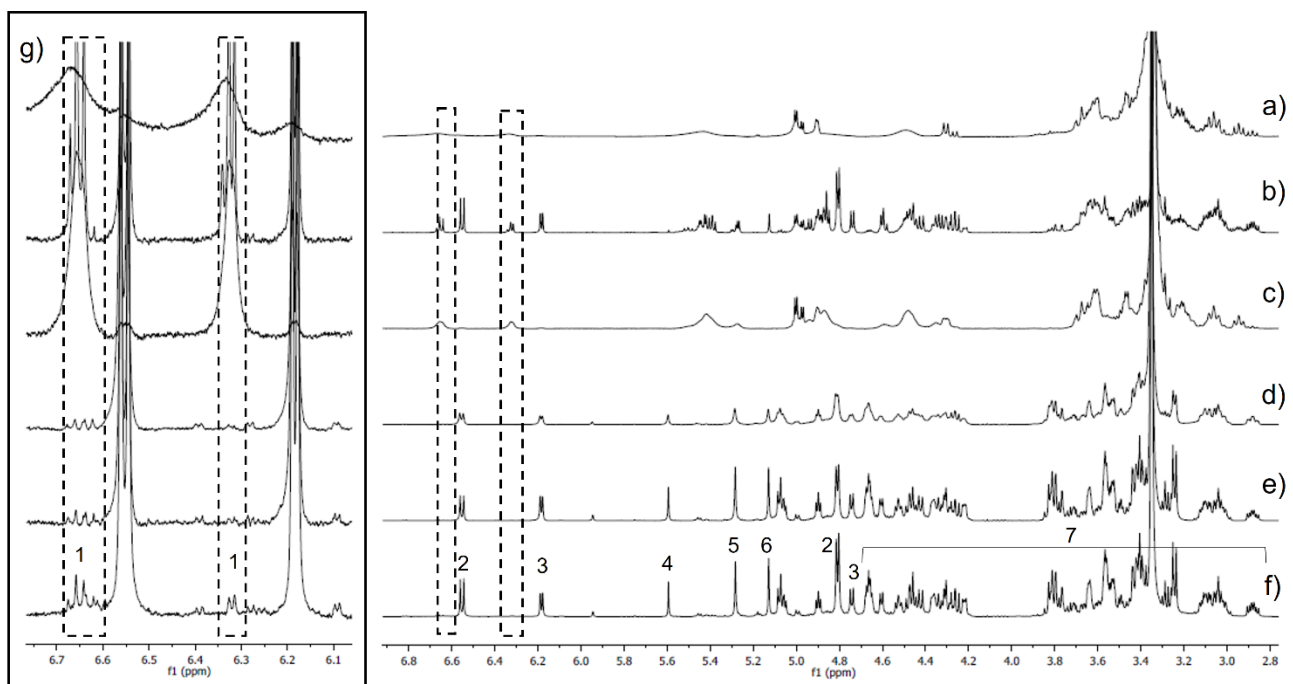
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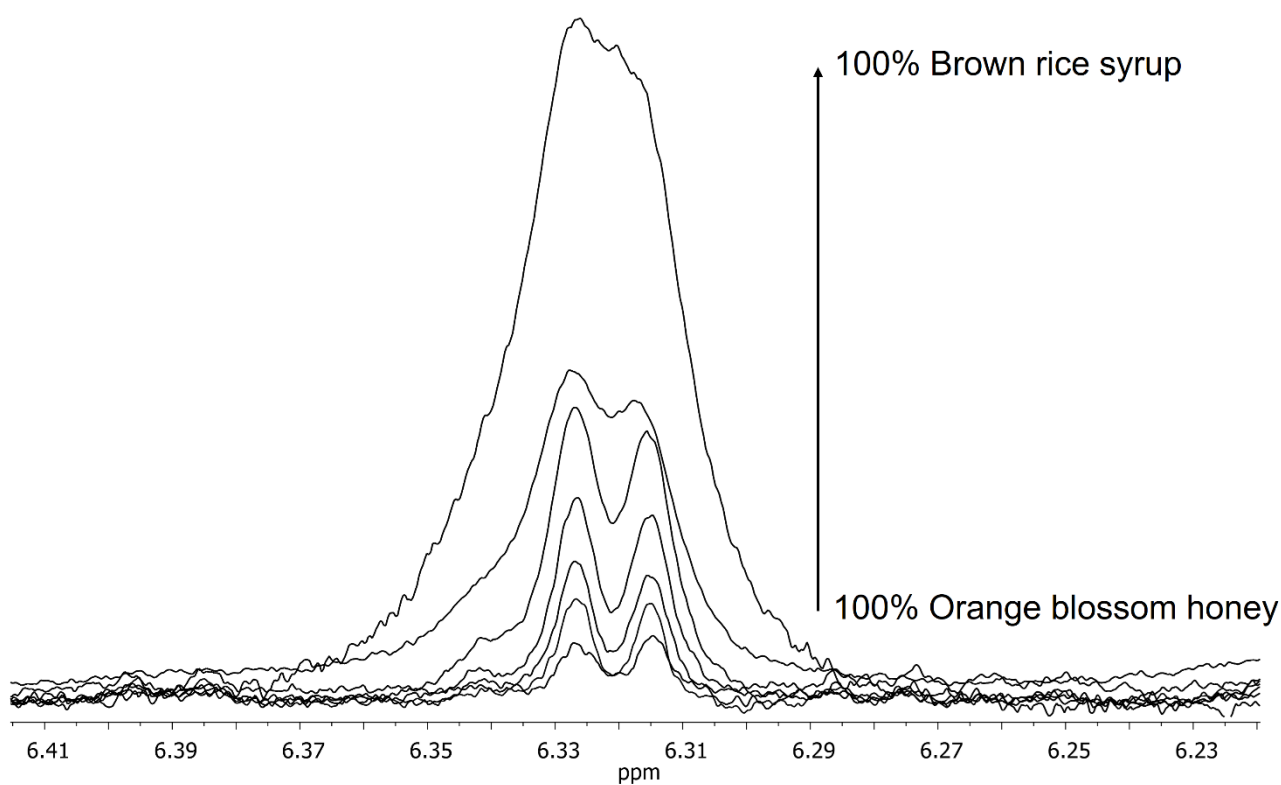
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462 **Figure 1.** ^1H NMR spectra of pure adulterants and pure honeys in DMSO- d_6 : a) rice syrup, b) corn
463 syrup, c) barley syrup, d) citrus pure honey, e) sunflower pure honey and f) heather pure honey. g)
464 magnification from 6.0 to 6.8 ppm. Main resonances of monosaccharides are identified as follows: 1
465 β -maltose, 2 β -glucopyranose, 3 α -glucopyranose, 4 α -fructofuranose, 5 β -fructofuranose, 6 β -
466 fructopyranose, 7 aliphatic protons and other oligosaccharides.

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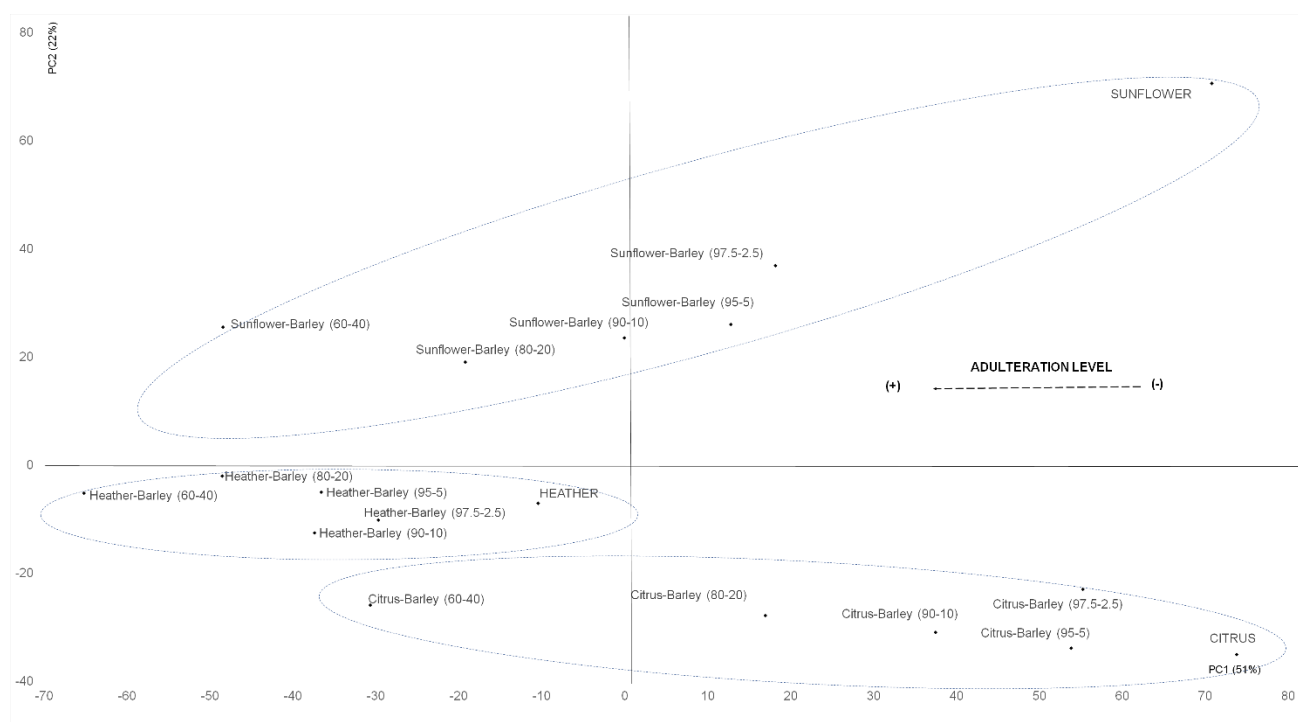


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470 **Figure 2.** Expansion of spectral region for the proton linked to the anomeric carbon of β -maltose,
471 centered at $\delta = 6.32$ ppm, for citrus-rice adulterated honey ^1H NMR. . The different levels of
472 adulteration are displayed superimposed with the same vertical scaling to show the growing intensity
473 of the signals. From bottom to top are the spectra belong to the following samples: Citrus honey/rice
474 syrup: 100/0, 97.5/2.5, 95/5, 90/10, 80/20, 60/40 and 0/100.

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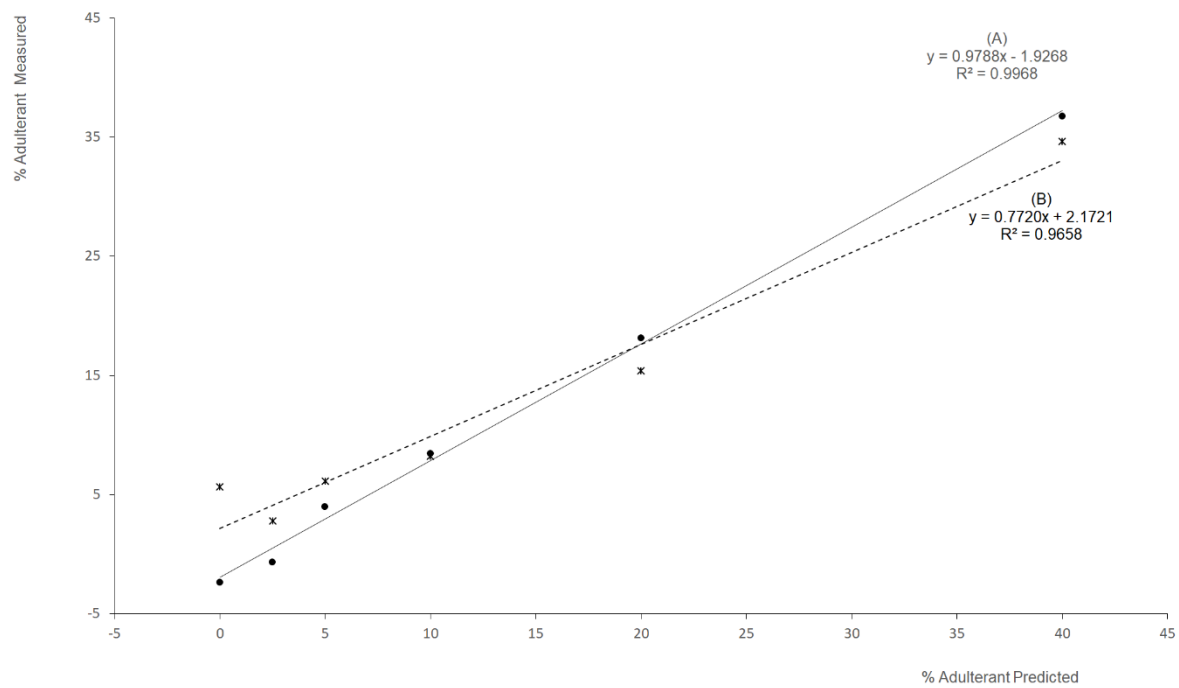
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479 **Figure 3.** PCA score plot from the voltammetric electronic tongue measurements on three raw
480 monofloral honeys samples and their adulterations at different percentages (w/w) with barley syrup (0,
481 2.5, 5, 10, 20, 40%)

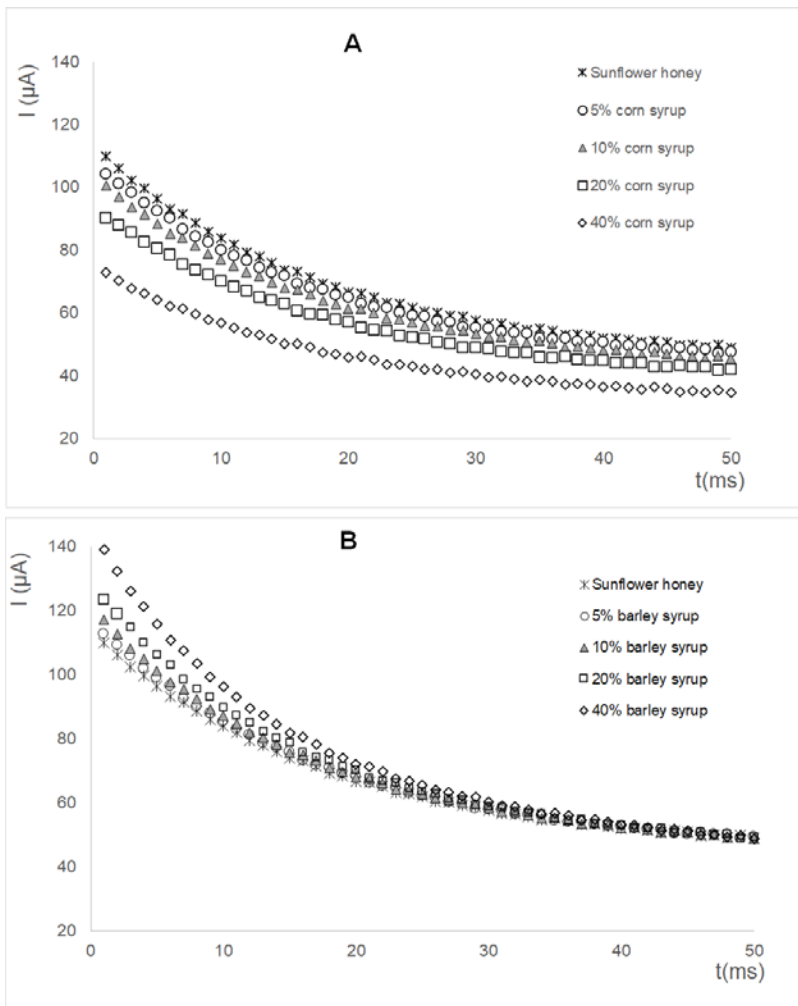
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485 **Figure 4.** Measured versus predicted values of sunflower honey adulterated with corn syrup given by
 486 PLS model calculated from ¹H-NMR spectra data (A, continuous line) and VET voltagrams (B, dotted
 487 line).



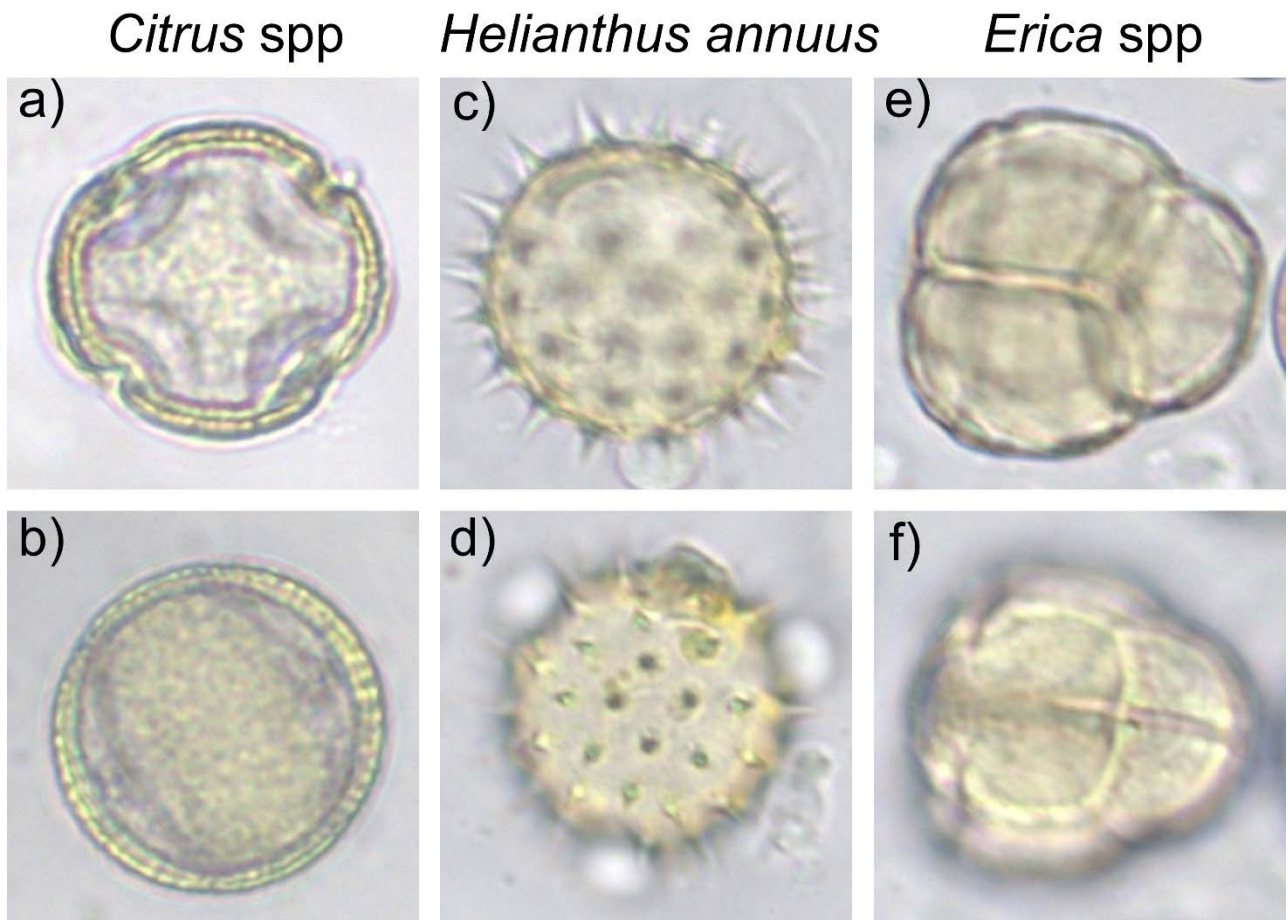
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491 **Figure 5.** Variation of the current intensity as a function of time for a potential step (400 mV with gold
 492 electrode) by adding different levels of barley syrup (Figure 5.A) or corn syrup (Fig 5.B) on the
 493 sunflower honey.

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498 **Figure S1 (Supplementary material).** Photomicrographs of the 3 main pollen identified in the honey
 499 samples at 400 magnification in differential interference contrast (DIC), two different
 500 photomicrographs are shown for each type of pollen.

501 a) and b) images of pollen grains from *Citrus* sp. monofloral honey. The pollen analysis of three
 502 different batches revealed these contents: (Batch1: 16% *Citrus* sp., 11% *Anthyllis* sp., 12% *Brassica*
 503 sp., *Echium* sp., *Prunus dulcis*, *Palmaceae*, *Rosmarinus officinalis*, *Umbeliferae*, *Carduus* Type,
 504 *Helianthus annuus*, *Olea europaea*.; Batch2: 19% *Citrus* sp., 16% *Echium* sp., *Brassicaceae*.,
 505 *Hypocoum* sp., *Eucalyptus* sp., *Leguminosae*, *Rosmarinus officinalis*, *Palmaceae*, *Liliaceae*, *Olea*

506 *europaea*. Batch3: 12% *Citrus sp.*, *Prunus dulcis*, *Rosmarinus officinalis*, *Brassicaceae*, *Taraxacum*
507 *Type*, *Ceratonia siliqua*, *Asteraceae*, *Echium sp.*, *Olea europaea*).

508 c) and d) images of pollen grains from *Helianthus annuus* monofloral honey. The pollen analysis of
509 three different batches revealed these contents: (Batch1: 56% *Helianthus annuus*, 15% *Echium sp.*,
510 *Rubus sp.*, *Xanthium sp.*, *Vicia Type*, *Brassicaceae*, *Rosmarinus officinalis*, *Erica sp.*, *Lavandula*
511 *stoecha*; Batch2: 62% *Helianthus annuus*, 12% *Erica sp.*, *Taraxacum type*, *Brassicaceae*, *Rubus sp.*,
512 *Thymus sp.*, *Prunus dulcis*; Batch3: 48% *Helianthus annuus*, 12% *Rubus sp.*, *Thymus sp.*, *Onobrychis*
513 *sp.*, *Umbeliferae.*, *Xanthium sp.*, *Leguminosae*, *Centaurea cyanus*, *Lavandula latifolia*).

514 e) and f) images of pollen grains from *Erica sp.* monofloral honey. The pollen analysis of three different
515 batches revealed these contents: (Batch1: 39% *Erica sp.*, 16% *Helianthus annuus*, *Rubus sp.*,
516 *Umbeliferae*, *Thymus sp.*, *Prunus sp.*; Batch2: 46% *Erica sp.*, *Rubus sp.*, *Helianthus annuus*,
517 *Onobrychis sp.*, *Brassicaceae*, *Thymus sp.*, *Hypecoum sp.*; Batch3: 40% *Erica sp.*, 15% *Echium sp.*,
518 *Rubus sp.*, *Helianthus annuus*, *Rosmarinus officinalis*, *Brassicaceae*, *Centaurea cyanus*, *Hypecoum*
519 *sp.*).

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529 **Table 1.** PLS prediction results obtained from the validation data for the adulteration of pure honeys (sunflower, citrus, heather) with syrup (barley, corn, rice)
 530 at different percentages (40, 20, 10, 5 and 2.5% w/w) measured with VET or ¹H NMR. Average parameters are also shown for a global appreciation of the
 531 capability of both techniques.

	LV		Correlation coeff		Slope		Intercept		RMSEP	
	VET	¹ H NMR	VET	¹ H NMR	VET	¹ H NMR	VET	¹ H NMR	VET	¹ H NMR
Sunflower-barley	3	2	0.976	0.996	0.886	0.960	1.138	-0.655	2.276	1.521
Sunflower-corn	4	3	0.966	0.997	0.772	0.979	2.172	-1.927	3.463	2.346
Sunflower-rice	2	2	0.958	0.995	0.901	0.955	1.366	-0.172	3.232	1.364
Citrus-barely	2	1	0.967	0.957	0.899	0.956	1.977	-2.734	3.675	4.365
Citrus-corn	4	1	0.776	0.973	0.778	0.746	6.130	5.140	4.855	4.305
Citrus-rice	4	1	0.887	0.956	0.884	0.734	1.531	-0.419	4.726	5.735
Heather-barley	3	2	0.925	0.907	0.904	0.985	2.460	5.291	3.497	6.684

532	Heather-corn	3	4	0.922	0.962	0.939	0.873	2.974	6.814	3.889	5.961
533	Heather-rice	3	3	0.762	0.980	0.822	0.811	3.836	6.772	5.301	5.288
534	Average			0.904	0.969	0.865	0.889	2.620	2.012	3.879	4.174
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537 **Table S1. Physicochemical characterization and relative content of different pollen types present in the monofloral honeys.**
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Monofloral honey	Physicochemical characterization (average)	Relative content of different pollen types			
		D (>45%)	A (15-45%)	I (3-15%)	R (1-3%)
Citrus sp.					
Batch 1	Moisture:18.9 % Elect. Conductivity: 191 µS/cm Colour: 6.0 mm Pfund Diastase: 9.8 DN Fructosa/Glucose ratio: 1.25		16% <i>Citrus sp.</i> 35% <i>Echium sp.</i> 20% <i>Olea europaea</i>	11% <i>Anthyllis sp.</i> , 12% <i>Brassica sp.</i> 9% <i>Palmaceae</i> 4% <i>Prunus dulcis</i>	3% <i>Rosmarinus officinalis</i> 3% <i>Umbeliferae</i> 2% <i>Carduus Type</i> 2% <i>Helianthus annuus</i>
Batch 2	Moisture:17.1 % Elect. Conductivity: 195 µS/cm Colour: 10.0 mm Pfund Diastase: 8.8 DN Fructosa/Glucose ratio: 1.25		19% <i>Citrus sp.</i> 16% <i>Echium sp.</i>	15% <i>Brassicaceae</i> 15% <i>Hypocoum sp.</i> 14% <i>Eucalyptus sp.</i> 12% <i>Leguminosae</i> 8% <i>Olea europaea</i>	2% <i>Rosmarinus officinalis</i> 1% <i>Palmaceae</i> 1% <i>Liliaceae</i>
Batch3	Moisture:18.9 % Elect. Conductivity: 185 µS/cm Colour: 5.0 mm Pfund Diastase: 7.0 DN Fructosa/Glucose ratio: 1.19		30% <i>Echium sp.</i>	15% <i>Brassicaceae</i> 15% <i>Prunus dulcis</i> 12% <i>Citrus sp.</i> 8% <i>Rosmarinus officinalis</i> 7% <i>Taraxacum Type</i> 7% <i>Ceratonia siliqua,</i>	2% <i>Olea europaea</i> 2% <i>Asteraceae</i>
Helianthus annuus					
Batch 1	Moisture:17.9 % Elect. Conductivity: 338 µS/cm	56% <i>Helianthus annuus,</i>	15% <i>Echium sp.</i>	11% <i>Rubus sp.</i> 5% <i>Xanthium sp.</i>	2% <i>Erica sp.</i>

	Colour: 56.0 mm Pfund Diastase: 22.8 DN Fructosa/Glucose ratio: 1.05			3% <i>Vicia Type</i> 3% <i>Brassicaceae</i>	1% <i>Rosmarinus officinalis</i> 1% <i>Lavandula stoechas</i>
Batch 2	Moisture:16.6 % Elect. Conductivity: 329 µS/cm Colour: 52.0 mm Pfund Diastase: 24.0 DN Fructosa/Glucose ratio: 1.00	62% <i>Helianthus annuus</i>		12% <i>Erica sp.</i> 9% <i>Taraxacum type</i> 8% <i>Brassicaceae</i> 5% <i>Rubus sp.</i>	1% <i>Thymus sp.</i> 1% <i>Prunus dulcis</i>
Batch3	Moisture:16.9 % Elect. Conductivity: 340 µS/cm Colour: 59.0 mm Pfund Diastase: 23.7 DN Fructosa/Glucose ratio: 0.99	48% <i>Helianthus annuus</i>	12% <i>Rubus sp.</i>	8% <i>Thymus sp.</i> 8% <i>Onobrychis sp.</i> 6% <i>Umbeliferae</i> 5% <i>Xanthium sp.</i> 5% <i>Leguminosae</i> 3% <i>Centaurea cyanus</i>	2% <i>Lavandula latifolia</i>
Erica sp		D (>45%)	A (15-45%)	I (3-15%)	R (1-3%)
Batch 1	Moisture:17.1 % Elect. Conductivity: 510 µS/cm Colour: 88 mm Pfund Diastase: 12.8 DN Fructosa/Glucose ratio: 1.18		39% <i>Erica sp.</i> 16% <i>Helianthus annuus</i>	14% <i>Rubus sp.</i> 12% <i>Umbeliferae</i> 8% <i>Thymus sp.</i> 8% <i>Prunus sp.</i>	2% <i>Asteraceae</i>
Batch 2	Moisture:18.0 % Elect. Conductivity: 470 µS/cm Colour: 79 mm Pfund Diastase: 13.5 DN Fructosa/Glucose ratio: 1.08	46% <i>Erica sp.</i>	18% <i>Rubus sp.</i> 15% <i>Hypocoum sp.</i>	8% <i>Helianthus annuus</i> 6% <i>Onobrychis sp.</i> 4% <i>Brassicaceae</i>	1% <i>Thymus sp.</i>
Batch3	Moisture:17.7 % Elect. Conductivity: 489 µS/cm Colour: 83 mm Pfund Diastase: 14.1 DN Fructosa/Glucose ratio: 1.15		40% <i>Erica sp.</i> 15% <i>Echium sp.</i>	14% <i>Rubus sp.</i> 14% <i>Helianthus annuus</i> 4% <i>Cerantonia siliqua</i>	3% <i>Rosmarinus officinalis</i> 3% <i>Brassicaceae</i> 2% <i>Centaurea cyanus</i> 2% <i>Hypocoum sp.</i> 2% <i>Asteraceae</i>

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D, predominant pollen (>45%); A, accompanying pollen (15% to 45%); I, important pollen (3% to 15%); R, minor pollen (1% to 3%).

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