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Benthic Recovery after the Cessation of a Gilthead

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Seabream, *Sparus aurata*, Farm in the Mediterranean Sea

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Abstract

An environmental recovery study was done after cessation of a gilthead seabream farm off the Mediterranean coast of Spain. Physico-chemical variables of sediments, *in situ* benthic fluxes of oxygen and nutrients, and benthic macrofauna were measured in the farming area and at a control station. Five sampling campaigns were made, one before the closure, and the others at 1, 3, 9, and 24 months after cessation. Benthic flux of ammonium was the first variable to recover, followed by benthic fluxes of phosphate and dissolved oxygen and % organic matter in the sediments, which 3 months after cessation of farming already showed levels similar to those in the control station. Nine months after cessation the other abiotic variables of the sediments disturbed by the activity had recovered, such as % coarse fraction, total phosphorus concentrations, and redox potential measurements. The recovery of the macrofauna was slower than the abiotic variables. Three-months after cessation, *Capitella capitata* abundance had reduced drastically in the farming area, but similar specific richness levels were not observed between the two sampled zones until 2 years after farming cessation.

43 More than half of all sea products consumed by the world population are now
44 produced on fish farms. This milestone has been reached after four decades of
45 continuous and intense development (APROMAR 2012). The FAO (2010) estimates
46 by 2030, 65% of aquatic food will come from aquaculture. Ensuring high food standards
47 is an essential goal in the European Union, and ensuring food security, environmental
48 protection, and social welfare of employees are essential principles.
49 For correct environmental management, it is important to have good knowledge about
50 the processes regulating the effects of aquaculture residues on the ecosystem (Sanz-
51 Lázaro and Marín 2011) and understand the processes of ecosystem recovery when
52 activity ceases or during a fallow period (Aguado et al. 2012).

53 There is considerable literature regarding the environmental effects of fish farming,
54 and following fish farm expansion, various researchers have studied the impacts on
55 water column, sediments, fauna, and flora in the vicinity of fish farm facilities. These
56 studies – some of which were made in the early days of farming – include: Gowen and
57 Bradbury (1987); Hall et al. (1990); Holby and Hall (1991); Holmer and Kristensen
58 (1992); Diaz and Rosenberg (1995); Karakassis et al.(1998), and these have been
59 supplemented over the years by Mazzola et al. (2000); La Rosa et al. (2002); Cancemi
60 et al. (2003); Porrello et al. (2005); Pitta et al. (2005); Maldonado et al. (2005); Pergent-
61 Martini et al. (2006). The most recent studies were made by: Yucel-Gier et al. (2007);
62 Freitas et al. (2008); Olsen et al. (2008); Ferrón et al. (2009); Matijević et al. (2009);
63 Siokou-Frangou et al. (2010); Sanz-Lázaro and Marín, (2011); Huang et al. (2011);
64 Morata et al. (2012). However, few studies have examined the evolution of the
65 environment after production ceases – despite the fact this information is needed for
66 carrying capacity estimations, fallowing times, and for making future impact
67 predictions.

68 The biogeochemical processes of recovery are poorly studied, and the time
69 needed to restore an ecosystem has not been determined (McGhie et al. 2000; Pereira
70 et al. 2004; Gray and Elliott 2009). Despite this, recovery has been studied under
71 various settings, including situations of temporary cessation (fallowing between two
72 production periods) (McGhie et al. 2000; Brooks et al. 2003; Macleod et al. 2006, 2007;
73 Vita and Marín 2006; Lin and Bailey-Brock 2008), and after the complete cessation of
74 productive activity (Karakassis et al. 1999; Mazzola et al. 2000; Kraufvelin et al. 2001;
75 Brooks et al. 2004; Macleod et al. 2004; Pereira et al. 2004; Sanz-Lázaro and Marín
76 2006; Aguado et al. 2012). In the case of fallowing, sediment recovery is understood,
77 from a sustainability point of view, as recovery to the extent of preventing a progressive
78 sediment deterioration which may be sufficient to support long-term farming operations
79 (Macleod et al. 2007).

80 A complete recovery is not then required or expected after fallowing. Nevertheless,
81 in the context of definitive cessation, sediment recovery is understood as a return to
82 conditions similar to those in adjacent undisturbed sediments (Sanz-Lázaro and Marín
83 2006). Brooks et al. (2003) observed that a chemical remediation should first occur to
84 allow a subsequent biological remediation. Degrees of recovery are quite variable,
85 depending mainly on the hydrological characteristics of the area, the sediment type,
86 and in the case of fallowing, the duration of fallowing (Pereira et al. 2004; Macleod et
87 al. 2007; Lin and Bailey-Brock 2008). Moreover, benthic response and thus recovery
88 processes are scale-dependent and may vary in terms of the extent of the impact
89 (Villnäs et al. 2011). Additionally, biotic factors, such as community composition and
90 other characteristics (dispersal, recruitment, life stage, etc.), and their relationships
91 (competition, predation, etc.) influence recovery processes (Norkko et al. 2006).

92 The aim of this study was to analyse the recovery of an area in the Mediterranean
93 affected by a gilthead seabream, *Sparus aurata*, farm after farming cessation. To
94 achieve this, different physicochemical variables of the sediments and macrobenthic
95 community were analysed. Moreover, benthic fluxes of oxygen and nutrients *in situ*
96 were measured – this being the first study to do these incubation experiments *in situ*
97 after farming cessation.

98

Materials and Methods

99 The study area was located in the north-west Mediterranean, in the Gulf of
100 Valencia (Spain), at a site which previously produced gilthead seabream, *Sparus*
101 *aurata*. The fish farm installation was located in the open sea, about 2 km from the
102 coast at a depth of 19 m. Fish farming began in 1999 and closed in June 2009. Fish
103 production at this farm was 500 t per year during the final seven years of operation.
104 Different variables in sediments and *in situ* measurements of fluxes were studied at
105 two sampling points: one that was affected by the farming activity and located under
106 one of the central cages in the installation (0° 3' 11.101" W; 39° 50' 19.6243"N), and
107 the other at a control station (0° 3' 6.1871"W; 39° 50' 21.4126"N). The control station
108 was used as an indicator of reference conditions that were in place close to the
109 installation (130 m northeast of the fish farm) which had the same sediment
110 characteristics, depth, and up-current from dominant sea currents (Morata et al. 2013).
111 Other nearby sites were not adequate due to having a different benthic habitat which
112 did not allow comparisons.

113 Samples were collected during five sampling campaigns: the first in early summer,
114 before farming cessation (June 2009); and the remaining ones, 1 month (July 2009), 3
115 months (September 2009), 9 months (April 2010), and 24 months (July 2011) after
116 farming cessation. In the final sampling campaign, benthic fluxes were not measured.

117 During each sampling campaign, three samples were taken of unaltered sediment
118 layers from both the fish farm and control station, using corers (with an internal
119 diameter of 6.5 cm), which were taken by scuba divers. The upper most layer (1 cm)
120 was removed to analyse granulometry, porosity, organic matter (OM), and total
121 phosphorus (TP). Granulometry was performed using the Wentworth scale (Shepard
122 1954). Sediment porosity was calculated following Dell'Anno et al. (2002). OM was
123 analysed using the combustion method (Dell'Anno et al. 2002). To determine sediment
124 TP, digestion was performed following Arocena and Conde (1999). When the corers
125 were brought to the surface, redox potential (Eh) was measured at a depth of 0.5 cm
126 using a Crison PH25 potentiometer.

127 To measure nutrients and oxygen benthic fluxes *in situ*, six benthic chambers (3
128 light and 3 dark) were used. The chambers were made of semi-spherical methacrylate
129 (diameter of 40 cm and a volume of 16.7 L) and contained a manual stirrer to minimise
130 concentration gradients (Niencheski and Jahnke 2002). The chambers were placed in
131 the sediment manually by scuba divers, and the total incubation period was around six
132 hours. Water samples were taken from inside the chambers every 2 hours, and the
133 variables analysed were: dissolved oxygen (DO), ammonium (NH₄⁺), nitrate (NO₃⁻),
134 nitrite (NO₂⁻) and phosphate (PO₄³⁻). Benthic fluxes were calculated from the slope of
135 a linear regression of the time series results and the chamber volume (Niencheski and
136 Jahnke 2002), and Equation 1, as used by Nizzoli et al. (2007): (1)
137 $F = (C_t - C_o) \cdot (1/(A \cdot t)) \cdot V \cdot 24$. Where F is the calculated flux in mmol/m²*d; C_t and C₀ are
138 the final and initial concentrations (mmol) obtained from the linear fit; A is the area of
139 incubation in m²; t is the total incubation time in hours; and V is volume of incubated
140 water in L. A more detailed description of benthic chambers and the calculation to
141 obtain fluxes is available in Morata et al. (2012).

142 The DO samples were fixed immediately and analysed using the Winkler
143 iodometric method (Baumgarten et al. 1996). Nutrients were analysed using the
144 methods described by Aminot and Chaussepied (1983) and adapted by Baumgarten
145 et al. (1996).

146 To identify and count benthic macroinvertebrates three additional corers were
147 taken in each area during all the sampling campaigns. These corers were sieved using
148 a 0.5-mm mesh and 7% magnesium chloride was used as an anaesthetic. Organisms
149 were later fixed in 7% formaldehyde solution.

150 A one-way ANOVA was used to determine the existence of significant differences
151 ($P<0.05$) among variables measured in sediment and benthic fluxes in each sampling
152 campaign between the affected area and the control station. When data did not meet
153 the assumptions for the ANOVA, we applied appropriate transformations.

154 The effects of benthic environmental variables on the abundances of species in
155 the macrofauna and their spatial variation were analysed using Canonical Correlation
156 Analysis (CCA). Since rare taxa can distort the coordination points, the taxa that were
157 only observed during a sampling campaign at either the fish farm installation or the
158 control station were excluded. The abundance values were converted into log
159 (abundance+1). The analysis was made with the samplings campaign data before
160 cessation and 1, 3, and 9 months after cessation.

161 **Results**

162 Sediment Physicochemical Variables

163 The sediments were sandy with a grain size mode between 0.125 and 0.063 mm
164 and an average grain size corresponding to very fine. Porosity, at both sites, was
165 similar between 0.44-0.50 at the former fish farm and 0.43-0.49 at the control station.
166 In the sampling campaign before cessation and in the first two samplings after

167 cessation (1 and 3 months), significant differences could be observed between the
168 farming area and the control station in the % of sediment coarse fraction (%Cf). This
169 material represents particle sizes greater than 2 mm and is mainly composed of shells.
170 These shells were mostly mussel valves, which in the affected area came from
171 cleaning the submerged structures of the farm while it was operating. The %Cf in this
172 area reached 8.5% (in the sampling 1 month after cessation), 37 times more than the
173 average value found at the control station (0.2 ± 0.1).

174 Figure 1 shows %OM, TP concentrations, and Eh measurements in sediments
175 from the farming area and the control station during the five sampling campaigns. In
176 the sampling campaigns before and 1 month after cessation, significant differences
177 were observed in the sediments between both areas in %OM, TP concentrations, and
178 Eh measurements. In the sampling campaign 3 months after cessation significant
179 differences in the TP concentrations and Eh measurements were observed, although
180 the %OM no longer showed significant differences. In the other sampling campaigns
181 there were no significant differences between the sampled zones in any measured
182 variables.

183 Benthic Fluxes

184 In general, DO fluxes were negative (Fig. 2a), which indicates DO consumption by
185 the sediment. The exceptions were at the control station in the light chambers, in the
186 sampling campaign before cessation, and in campaign 9 months after cessation, in
187 which the fluxes were positive. Significant differences were only observed between
188 both station in the sampling campaigns before cessation and 1 month after cessation.

189 All the chambers showed positive fluxes in NH_4^+ from the sediment to the water
190 column (Fig. 2b). Significant differences were only found between the affected area
191 and the control station before cessation, and the largest flux was found under the cages

192 in the dark chambers ($13.6 \pm 1.0 \text{ mmol/m}^2\text{d}$). In the remaining sampling campaigns,
193 the fluxes were similar in both zones and were no greater than $2 \text{ mmol/m}^2\text{d}$.

194 NO_2^- fluxes did not reveal a clear trend and were low compared with the other
195 measured fluxes in sampling campaigns at both sites (Fig. 2c). NO_3^- fluxes were
196 negative, meaning that NO_3^- was consumed by the sediment from the water column
197 (Fig. 2d). No sampling campaigns showed significant differences in NO_2^- and NO_3^-
198 fluxes between both areas.

199 PO_4^{3-} fluxes were generally positive (Fig. 2e), meaning there was an input of
200 phosphorus from the sediment to the water column. Significant differences were
201 observed between the farming area and the control station in the sampling campaign
202 before cessation and in the campaign 1 month after cessation. The greatest
203 differences were observed before cessation with an average difference of 0.73
204 $\text{mmol/m}^2\text{d}$, and fluxes were higher under the cages. In the remaining sampling
205 campaigns, the PO_4^{3-} fluxes in both areas were low compared to measurements taken
206 before cessation in the farming area.

207 Benthic Organisms

208 Figure 3 shows the results for abundance and specific richness of benthic
209 macrofauna. In the sampling campaigns before and 1 month after cessation, the
210 affected area showed greater total abundance (mostly due to Polychaeta) compared
211 with the control station (Fig. 3a). In the remaining sampling campaigns, the control
212 station showed greater total abundance than the farming area, although in the
213 sampling campaign 2 years after cessation the differences were minimal. For specific
214 richness, the farming area was always considerably less rich than the control station,
215 except for sampling campaign 2 years after cessation when levels were similar (Fig.

216 3b). Both areas contained very few species of Mollusca and Crustacea in all the
217 sampling campaigns. Among the Crustacea, *Apseudes latreilli* was always present at
218 the control station, nevertheless, in the affected area, this species was only found in
219 the sampling campaigns conducted 9 months and 2 years after cessation.

220 The number of species of Polychaeta found at the control station was between 6
221 and 12 belonging to the Eunicidae, Glyceridae, Lumbrineridae, Nephtyidae,
222 Pectinariidae, Phyllodocidae, Spionidae, Maldanidae, Paraonidae, and Sabellidae
223 families. In contrast, in the farming area, the number of species ranged from a single
224 species (*Capitella capitata*) in the sampling campaign before cessation to 10 species
225 of Polychaeta in the sampling campaign 2 years after cessation, in which individuals
226 of the Eunicidae, Glyceridae, Lumbrineridae, Spionidae, Maldanidae, Sabellidae and
227 Acoetidae families were found. It is worth noting in the final sampling in the farming
228 area, organisms belonging to the Nematomorpha, Equinodermata and Sipuncula
229 groups were found for the first time, some of which had been found at the control
230 station in some previous sampling campaigns.

231 Environmental factors included in the CCA were those showing differences
232 between the area that was affected by farming and the control station, namely: benthic
233 fluxes of NH_4^+ , PO_4^{3-} and DO, %OM, TP concentrations, Eh, and %Cf, with the aim of
234 detecting those that may be associated with the distribution of the benthic macrofauna.

235 Table 1 shows the results of CCA performed on macrofauna abundance and
236 environmental variables. Analysis showed the first axis accounted for 37.8% of the
237 total variance contained in the data for the species in the benthic community, the
238 second 18.7%, and the third 13.5%. All the environmental variables correlated better
239 in Axis 1 (Table 1). The variables that best correlated with Axis 1 were TP (0.89), %Cf
240 (0.83), Eh (-0.79), DO fluxes (-0.71) and %OM (0.65). The Pearson correlation

241 between the species and the environmental variables was 1 for the three axes, and
242 the Monte Carlo permutation test ($P < 0.05$) gave $P = 0.004$ for the correlation between
243 the environmental variables and the macrofauna – meaning that the observed
244 correlations were significant. The factors diagram (Fig. 4) for Axis 1, showed a clear
245 differentiation in the two sampled zones, given that in the four sampling campaigns
246 (before and 1, 3, and 9 months after cessation), there was a negative correlation for
247 the control stations, while the farming area was positively correlated.

248 **Discussion**

249 The effects observed at the fish farm before cessation were consistent with other
250 studies on the effects of farming on the physicochemical properties of sediments,
251 benthic fluxes, and macrofauna (Karakassis et al. 1998; Karakassis et al. 2000; Aguado
252 et al. 2004; Maldonado et al. 2005; Nizzoli et al. 2007; Freitas et al. 2008; Ferrón et al.
253 2009). Morata et al. (2012, 2013) analysed these abiotic and biotic variables during a
254 yearly cycle demonstrating the maximum difference between the installation and the
255 control station were produced in summer as a consequence of increased food supply
256 grown the higher water temperature and metabolic activity of fish. However, variables
257 such as NO_2^- and NO_3^- fluxes, did not follow this pattern, showing the biggest
258 differences in autumn as they were mainly related to high NO_3^- levels in the water
259 column (Morata et al. 2012). For that reason, after ceasing farming which took place
260 in summer, no differences were found in NO_2^- and NO_3^- fluxes between the farming
261 area and the control station in any sampling campaigns.

262 Of the environmental variables measured in the farming area before cessation, the
263 NH_4^+ flux was the first to recover by showing levels similar to those measured at the
264 control station in sampling campaign 1 month after cessation. This result suggests
265 most nitrogenous organic matter provided by the farm, which mainly came from

266 uneaten food, was rapidly degraded biochemically and reincorporated into the water
267 column (Cromeey et al. 2002).

268 The next variables to recover were %OM, PO_4^{3-} and DO fluxes, as there were no
269 differences between the farming area and the control in the sampling campaign taken
270 3 months after cessation. These results show when the supply of OM from the farm
271 stopped, the OM accumulated in the sediment was quickly mineralized. This rapid
272 mineralization of organic matter may have been accelerated by high temperatures
273 (Pereira et al. 2004) reached during summer when water temperature at the bottom
274 was around 24C. Moreover, the great abundance of *Capitella capitata* in this area
275 before and 1 month after cessation (31,151 and 17,122 ind/m², respectively) may have
276 contributed to the consumption of organic material. According to Banta et al. (1999),
277 this phenomenon may account for up to 15% of the total respiration of sediments. The
278 PO_4^{3-} and DO fluxes are directly related to the diagenesis of organic matter (Vink et al.
279 1997). The highest consumption of DO by sediment was found under the cages before
280 cessation of farming, coinciding with the highest OM content in the sediment (1.8%).
281 Pereira et al. (2004) also measured the fluxes of DO, but *ex situ*, after the cessation of
282 a fish farm, and saw it as an early variable of benthic recovery.

283 In the sampling campaign 9 months after cessation, Eh, TP, and %Cf were the
284 next to recover, showing values similar to those measured at the control station. The
285 recovery in the Eh measurements could be interpreted as a decrease in geochemical
286 anaerobic processes, which is another sign of chemical recovery. However, Aguado et
287 al. (2012) observed 8 months after cessation of a fish farm, Eh measurements were
288 still significantly different from those measured at the control sites. The decrease in TP
289 levels in sediments in the farming area during the first 9 months was nearly constant
290 at about 3.955 mg TP/kg*d (Fig. 5). However, the measured benthic fluxes of PO_4^{3-} did

291 not follow this tendency (Fig. 2e). To compare the TP losses in the sediment with the
292 benthic PO_4^{3-} fluxes measured, it is necessary to transform the $\text{mg TP/kg}\cdot\text{d}$ in mmol
293 $\text{TP/m}^2\cdot\text{d}$ (flux units). We estimated an outer layer (1 cm deep) of 1 m^2 sediment, had
294 an average dry weight of 19 kg (data estimated from the weight of the first cm of the
295 6.5 cm diameter corers with an average humidity of 25%). The TP losses were 2.42
296 $\text{mmol/m}^2\cdot\text{d}$. We also assumed the PO_4^{3-} fluxes came from the first centimetre of
297 sediment, and between two consecutive sampling campaigns, the PO_4^{3-} fluxes had the
298 same levels as the first of the two sampling campaigns. We see between the first and
299 second sampling campaign, fluxes of PO_4^{3-} could represent a maximum of 30.2% of
300 TP losses. However, between the second and third sampling campaign, PO_4^{3-} fluxes
301 explained 5.4%; and between the third and fourth sampling campaign only 1.2% of TP
302 losses. The remaining TP losses could be partially related to the decrease of the
303 opportunistic polychaete *Capitella capitata* observed in the affected area; as well as
304 the burial of sediment and/or dispersal of waste due to the hydrodynamics of the area
305 and passing storms. The decrease in %Cf in the affected area could also be explained
306 by burial and/or the hydrodynamics of the area.

307 The differences in macrofauna, found in the farming area and the control station
308 before cessation, were largely as a consequence of organic enrichment occurring in
309 sediments under the cages (Morata et al. 2013). *Capitella capitata* was found under
310 the cages before the cessation in densities of 31,151 ind/m^2 and it is thought to be an
311 indicator par excellence of anoxic conditions (Rosenberg 2001) and is classified as an
312 opportunistic species (Pinedo et al. 2007).

313 Unlike the other variables measured in this study, the macrofauna showed a slow
314 recovery. In the sampling campaigns taken 3 and 9 months after cessation, the
315 situation in the farming area showed a significant improvement, although differences

316 with the control station could still be observed. The abundance of *Capitella capitata*
317 decreased significantly at 3 and 9 months (with levels of 552 and 221 ind/m²
318 respectively), while *Apseudes latreilli* could be found 9 months after cessation. Since
319 these two species are surface deposit feeding (Borja et al. 2000), the replacement
320 could be explained by the physicochemical changes associated with the mineralization
321 of organic matter and not only by the quantity of organic matter. The decline of *Capitella*
322 was also accompanied by an increase in mobile carnivorous species such as *Glycera*
323 and *Nephtys* (Fauchald and Jumars 1979) and sessile burrowers such as Maldanidae
324 (Borja et al. 2000). The CCA results indicate benthic environmental variables were
325 responsible for a significant percentage of the total variance of the species.

326 Axis 1 of the CCA was related to % coarse fraction (% Cf), total phosphorus (%TP),
327 organic matter (%OM) and fluxes of ammonium (F-NH₄⁺) and phosphate (F-PO₄³⁻)
328 (positive coefficients). The higher the content of organic matter in the sediment, the
329 lower the Eh values were and the higher the oxygen consumption (negative
330 coefficients), due to aerobic mineralization of organic matter. Few benthic species
331 occurred where accumulation and decomposition of the organic matter were higher
332 and many species where these were low. This axis accounted for 38% of the variability
333 of the data. Whereas in axes 2 and 3 no relationship was found between the
334 environmental variables and the species, nor in the sampling campaigns.

335 These results showed that the development of the whole structure of the
336 macrofauna is associated with improved abiotic conditions, which were potentially less
337 aggressive for the growth of biota. However, it was not until 2 years after cessation that
338 we found an absence of *Capitella capitata* in the farming area. It was only then the
339 specific richness was similar to the control station. Our results are consistent with what
340 several authors have suggested (Brooks et al. 2003) on the recovery of the soft bottom

341 affected by organic discharge from fish farms, which suggest the chemical recovery of
342 the sediments is the first to occur and is necessary for a subsequent biological
343 recovery. The recovery rate of an impacted system is difficult to compare with other
344 locations, because it depends, among other things, on the characteristics of the area
345 and the ecological processes taking place (Dernie et al. 2003). However, we have
346 reviewed other studies that have analysed the macrobenthic recovery after a fallow
347 period or a fish farm cessation (Johannessen et al. 1994; Pohle et al. 2001; Pereira et
348 al. 2004; Villnäs et al. 2011; Aguado et al. 2012). None of these studies observed a full
349 recovery of the macrofauna, although, in most of them, the study period was less than
350 24 months. Only Villnäs et al. (2011) continued their study 2 years after the cessation
351 of two fish farms in Finland, but they only observed a partial recovery in benthic
352 macrofauna.

353 Studies of recovery after ceasing farming are less frequent than studies about the
354 impact of working farms, given it is necessary to work both with an installation that has
355 ceased farming and to have data from the functioning period to make comparisons.
356 Furthermore, it would have been interesting to have had more reference points to
357 validate the comparisons made, however we had to compromise between what was
358 desirable and what was possible, as there were no other similar habitats available.
359 Moreover, increasing the number of control sites would have meant a reduction in the
360 measured variables and number of incubation experiments in sediments, as it would
361 not have been possible to carry out with only one team of divers.

362 **Conclusions**

363 Before farming cessation, the abiotic and biotic conditions of the sediment under
364 the cages showed differences when compared with the control station, mainly due to
365 the continuous discharge of organic matter generated by the fish farm. Although it is

366 difficult to establish when there is a complete recovery of a stressed benthic
367 environment, this study observed signs at various time scales that can be considered
368 as a partial recovery. These changes were attributed mainly to farming cessation. The
369 NH_4^+ benthic flux was the first variable to recover, just 1 month after cessation. This
370 was followed by fluxes of PO_4^{3-} , DO, and %OM in the sediments, which showed levels
371 similar to the control station just 3 months after cessation. Nine months after cessation
372 the remaining abiotic variables of sediments disturbed by farming (%Cf, TP, and Eh)
373 had recovered.

374 Three months after cessation the abundance of *Capitella capitata* had fallen
375 drastically in the farming area, but the recolonisation of species tolerant of lower levels
376 of contamination in unaffected nearby areas was slower, and similar levels of specific
377 richness in the two sampling areas were not observed until 2 years after cessation.

378 In our study, the role of benthic fluxes in recovery after farming cessation was
379 limited to a maximum of 3 months, as these are associated with the diagenesis of
380 organic matter. In our case, a complete recovery was only observed after 2 years.

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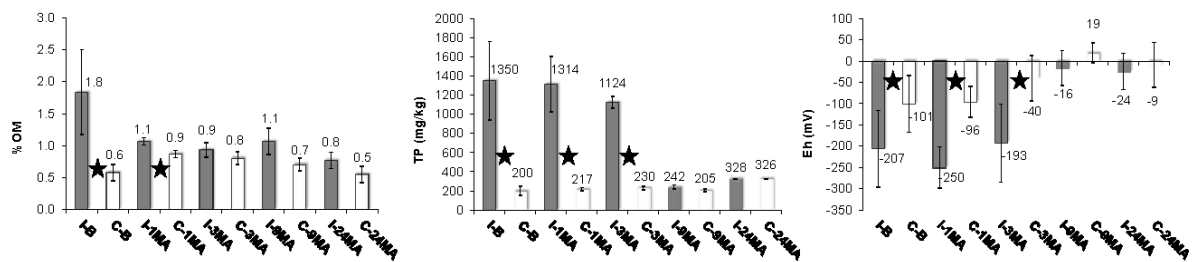
TABLE 1. Results of CCA performed on macrofauna abundance and environmental variables.

AXES	1	2	3
Correlations of environmental variables			
Fluxes NH ₄ ⁺	0.421	-0.334	0.288
Fluxes PO ₄ ³⁻	0.507	-0.377	0.215
Fluxes DO	-0.705	0.273	0.098
% Organic matter	0.648	-0.081	0.440
Total phosphorus	0.885	0.265	0.177
Redox potencial	-0.790	-0.355	-0.089
% of sediment coarse fraction	0.834	0.280	-0.144
Summary statistics for ordination axes			
Eigenvalue	0.549	0.273	0.197
Variance in species data			
% of variance explained	37.8	18.7	13.5
Cumulative % explained	37.8	56.5	70
Pearson Correlation, Species–Environment	1.000	1.000	1.000

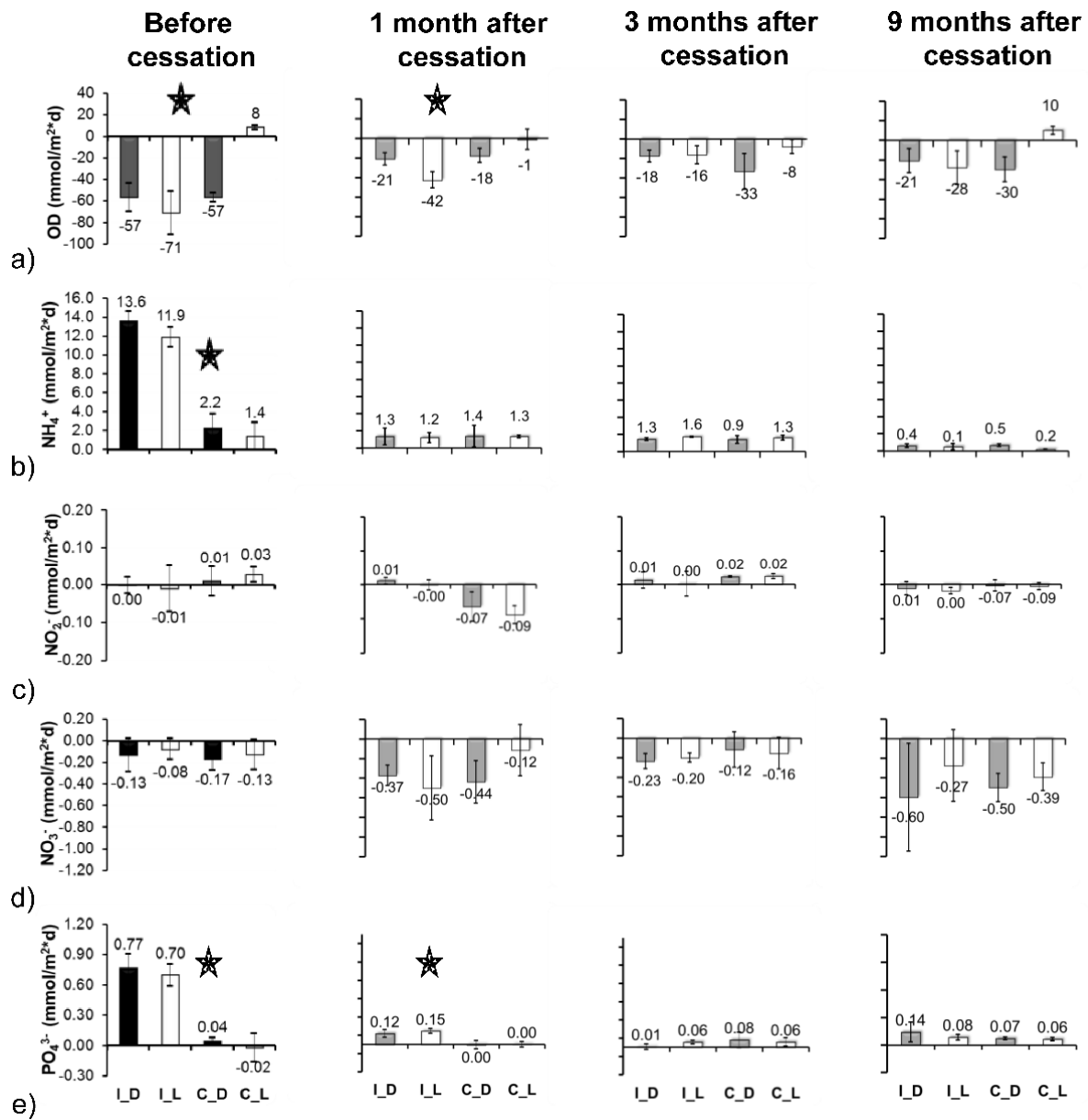
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Figure Legend



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 611 FIGURE 1. Percentage organic matter (%OM), total phosphorus (TP), and redox
 612 potential (Eh) in sediments in the farming area (I) and the control station (C) in the
 613 five sampling campaigns: before farming cessation (B), and 1, 3, 9, and 24 months
 614 after farming cessation (1MA, 3MA, 9MA, and 24MA, respectively).
 615 Significant differences (ANOVA, $P < 0.05$) between the farming area and the control
 616 are indicated by a star.
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619 FIGURE 2. Benthic fluxes of DO, NH₄⁺, NO₂⁻, NO₃⁻, and PO₄³⁻ in dark (D) and light (L)

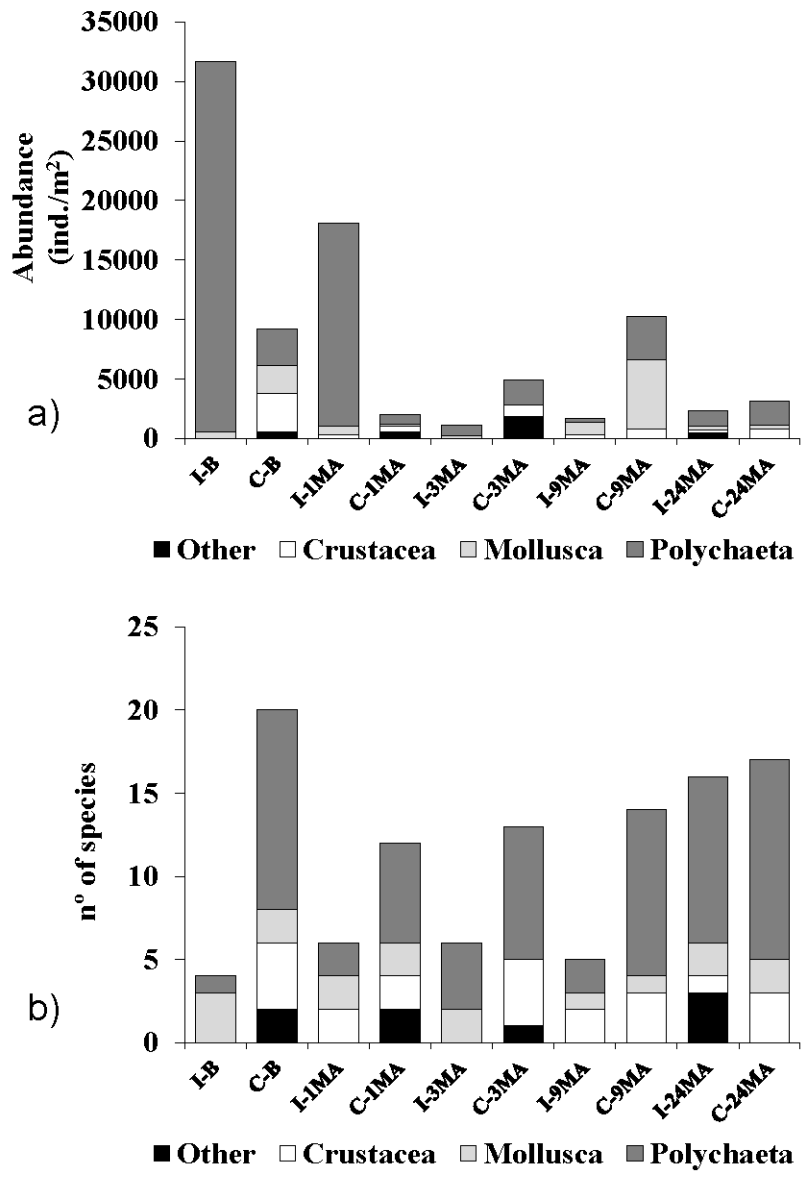
620 chambers in the farming area (I), and the control station (C), before farming

621 cessation and 1, 3, and 9 months after farming cessation.

622 Significant differences (ANOVA, *P*<0.05) between the farming area and the control

623 are indicated by a star.

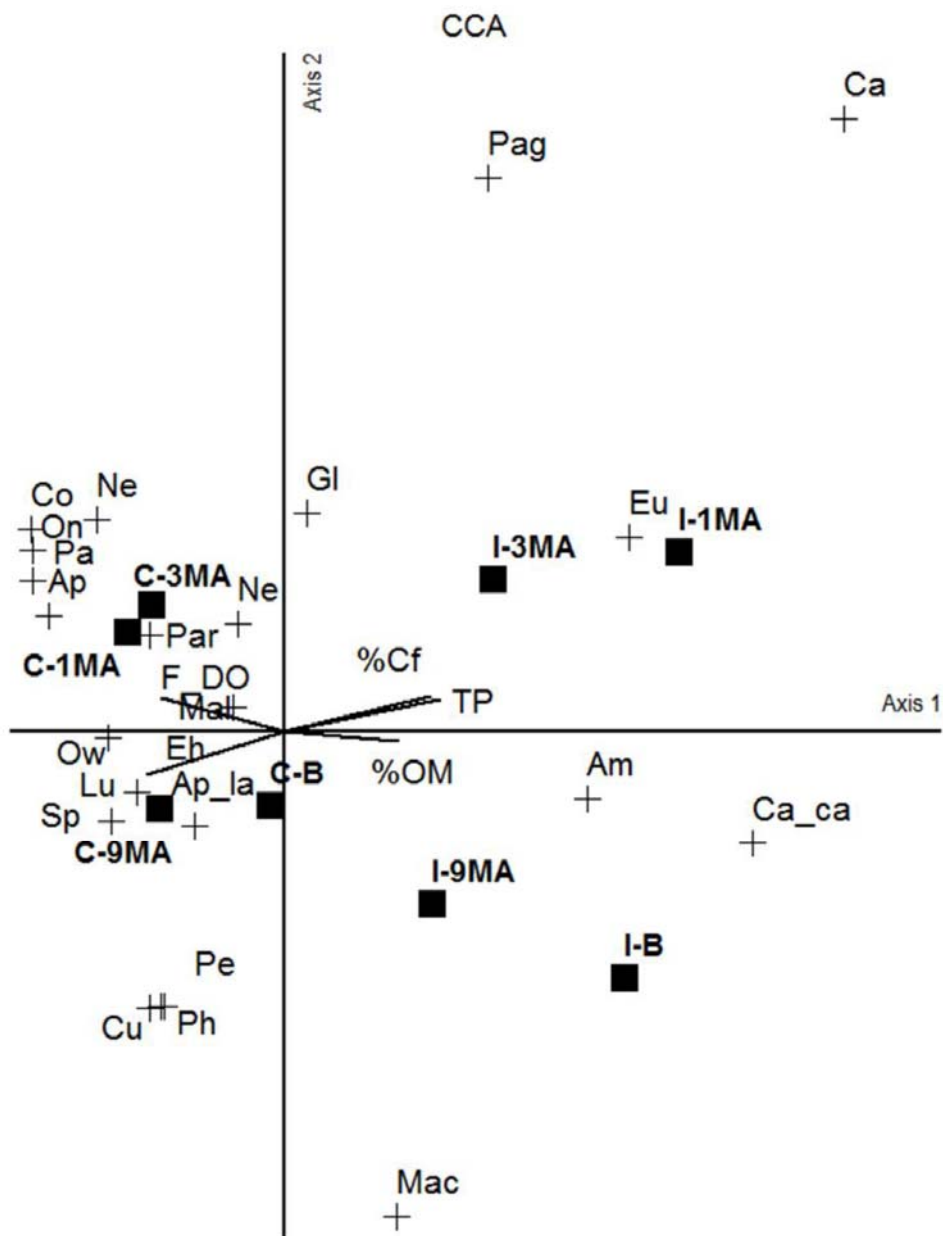
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626 FIGURE 3. a) Density of individuals, and b) number of species in the farming area (I),
 627 and the control station (C) in the five sampling campaigns: before farming
 628 cessation (B) and 1, 3, 9, and 24 months after farming cessation (1MA, 3MA, 9MA,
 629 and 24MA, respectively).

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632 FIGURE 4. CCA ordination diagram showing the study sites positions: farming area

633 (I), and control station (C), in four sampling campaign (square symbol), before

634 farming cessation (B), and 1, 3, and 9 after farming cessation (1MA, 3MA, and

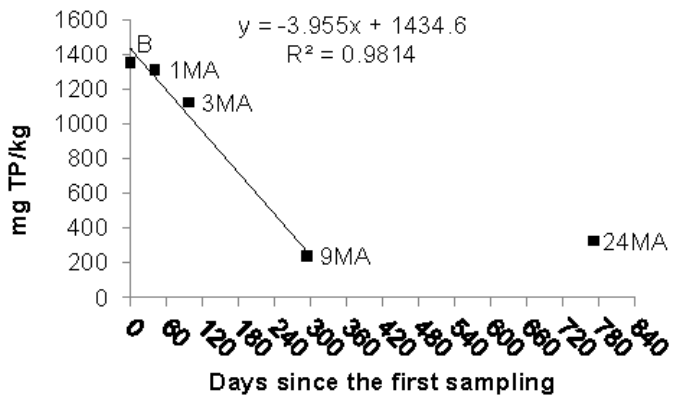
635 9MA, respectively); and distribution of species (sum symbol) in relation to predictor

636 variables: flux of dissolved oxygen (F-DO), % organic matter (%OM), total

637 phosphorus (TP), redox potential (Eh), and % coarse fraction (%Cf). Cu

638 (Cumacea), Par (Pariambidae), Ap_la (*Apseudes latreilli*), Co (Corophiidae), Am

639 (Ampeliscidae), Pag (Paguridae), Ca (Cardiidae), Mac (Mactridae) Ap
640 (Apistobranchidae), Eu (Eunicidae), Gl (Glyceridae), Lu (Lumbrineridae), Ca_ca
641 (*Capitella capitata*), Mal (Maldanidae), Ne (Nephtyidae), On (Onuphidae), Ow
642 (Oweniidae), Pa (Paraoniodae), Pe (Pectinariidae), Ph (Phyllodocidae), Sp
643 (Spionidae), Ne (Nematomorpha).
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647 FIGURE 5. Temporal variation of the concentration of TP in the sediments in the
 648 farming area in the five sampling campaigns: before farming cessation (B) and 1,
 649 3, 9, and 24 months after farming cessation (1MA, 3MA, 9MA, and 24MA,
 650 respectively).

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