

1 **1. Introduction**

2 Cement-based materials are affected by changes in internal moisture content within
3 the pore structure, resulting in dimensional changes and tensile stresses that can
4 promote internal cracking. Two principal mechanisms cause internal moisture changes.
5 The first is that caused by autogenous shrinkage that occurs during cement hydration,
6 what especially occurs in low water to binder ratio mixtures (e.g. < 0.40) [1]. The
7 second is that caused by the removal of water from the cement matrix pore structure
8 driven by external evaporation what causes significant volumetric shrinkage of the
9 material, whose main mechanisms are disjoining pressure, capillary pressure and
10 changes in surface free energy [2]. In addition, since outer surfaces dry faster, moisture
11 gradients can be produced what lead into tensile cracking, and which in turn will be
12 enhanced in those materials with lower diffusion rates [REF]. With all, the extent of the
13 resulted microcracking shrinkage on drying, depends on the external geometrical
14 restraint conditions of the sample [3], the exposure conditions [4], the aggregate content
15 [5-7], and on the characteristics of the pore network [REF]. External evaporation can
16 further promote microstructural modification, such as an increase of the surface energy
17 what results in an increase of the bonding between particles of C-S-H, even in the
18 absence of shrinkage cracking, under moderate oven drying temperatures (at and below
19 105°C) [8]. Moreover, Moukwa and Aïtcin [9] demonstrated that cement paste samples
20 oven dried at 105°C showed an increase in capillary-sized porosity (mainly in the range
21 from 0.01 to $0.1\ \mu\text{m}$), but no obvious signs of microcracking, where this effect became
22 more prevalent with decreasing w/c . Gallé [10] confirmed the findings of Moukwa and
23 Aïtcin for oven dried cement pastes, and further observed similar behavior in concrete
24 samples, but at lower oven drying temperatures (60°C).

1 The cracking potential of cement-based materials owing to drying is commonly
2 assessed by dilatometry based techniques, such as the ring test [11, 12]. Acoustic
3 emission-based monitoring has also been successfully applied to monitor
4 microstructural changes in cement-based materials owing to cement hydration and
5 setting [13, 14] and drying [15]. Although acoustic emission can be used to monitor
6 active transient events related to hydration, setting and drying, the method cannot be
7 applied to assess a sample after the specific processes have occurred; thus the method is
8 unable to characterize the existing damage level in a sample in situ, or to derive
9 constitutive properties of the material. Mechanical wave methods, such as ultrasonic
10 pulse velocity or vibration resonance, are sensitive to internal damage and constitutive
11 properties in cement-based materials [16]. However, conventional methods based on
12 linear mechanical wave propagation have rarely been used to monitor the
13 microstructural changes owing to desiccation, most likely because of the high degree of
14 sensitivity needed to detect such subtle characteristics in the materials. Recently,
15 nonlinear mechanical wave based methods have shown promise for enhanced detection
16 of cracking damage in concrete exposed to sustained temperatures greater than 100°C
17 [17], and simulated damage in mortars [18].

18 In this paper, we further investigate the utility of nonlinear acoustic vibration based
19 nondestructive tests to detect the subtle shrinkage microcracking produced in cement-
20 based materials on drying. For more comprehensive analysis, we consider both linear
21 and nonlinear vibration results. Mortar samples with varying aggregate to cement ratio
22 and water to cement ratio are subjected to an oven drying process at 60°C. The oven
23 dried mortar samples are expected to exhibit reduced internal moisture content,
24 increased amounts of capillary sized porosity [9, 10], and microcracking damage [REF].
25 Furthermore, the samples with very low water to binder ratio are expected to exhibit

1 exacerbated cracking, because of either: enhanced autogenous shrinkage or lower
2 diffusion rates producing nonuniform drying. On other hand, the mortars with greater
3 aggregate content are expected to restrain the development of microcracks produced on
4 the bulk shrinkage of the material after drying.

5 **2. Background Information**

6 Resonance vibration inspection techniques are based on the mechanical properties
7 of a finite sized body when it resonates at its natural frequencies. Under flexural motion,
8 the dynamic modulus of elasticity (E_d) of a prismatic concrete sample supported at its
9 nodal points is given by [20].

$$10 \quad E_d = \frac{4\pi \cdot L^4 \cdot f_f^2 \cdot \rho \cdot 1.401}{4.73^4 \cdot t^2}, \quad (1)$$

11 where f_f is the natural frequency corresponding to the first bending mode , ρ is mass
12 density, L is length, and t is the radius of gyration of the sample. During a transient
13 resonance event, the sample loses mechanical energy with each successive vibration
14 cycle. This rate of mechanical energy loss is expressed through the quality factor (Q),
15 which is defined as the ratio between the resonance frequency peak (f_f), and the
16 bandwidth frequencies (f_b and f_a) corresponding to a 50% reduction of vibration energy
17 in the power frequency spectrum [20]

$$18 \quad Q = \frac{f_f}{f_b - f_a}. \quad (2)$$

19 A reduction in Q value is associated with an increase in material mechanical damping
20 losses, either caused by viscous, hysteretic, or other mechanisms.

21 Both, E_d and Q assume a linear stress-strain relationship and linear damping. However,
22 the presence of defects on the complex microstructure of cement-based composites

1 across a range of length scales (microcracks, porosity, interfacial transition zones, etc.)
2 reveals the presence of so called non-classical nonlinear phenomena [21]. With this
3 behavior, a nonlinear modulus parameter should be used to describe hysteresis in the
4 stress-strain relationship. In resonance vibration tests, the nonlinear hysteresis behavior
5 manifests as a down shift of resonance frequency value with an increase in vibration
6 energy (normally represented as dynamic strain) amplitude; this is also referred to as the
7 “fast dynamics” effect. The hysteretic parameter α is related to the down shift of the
8 resonance frequency (Δf) with increasing strain amplitude ($\Delta \varepsilon$) by [22]

$$9 \quad \frac{\Delta f}{f_0} = \alpha \cdot \Delta \varepsilon \quad (3)$$

10 where f_0 is a low amplitude linear resonance frequency value that is used as a
11 comparative standard. The hysteretic parameter α can be obtained using an
12 experimental configuration known as Nonlinear Impact Resonance Acoustic
13 Spectroscopy (NIRAS). NIRAS is carried out by applying a set of impulse based
14 vibration tests with progressively increasing impact energy, and monitoring the change
15 (reduction) in resonant frequency. NIRAS has been applied to characterize a wide range
16 of damage mechanisms in cement-based materials [23-25]. In this study, we apply linear
17 vibration tests [26] and NIRAS to study the effect of desiccation in mortars.

18 **3. Experimental Investigation**

19 Mortar samples of dimension 40 x 40 x 160 mm and with varying composition
20 were produced. Series “I” comprises samples with aggregate to cement ratio (a/c) of 3
21 with water to cement ratio (w/c) varying from 0.40 to 0.65. Series “II” comprises
22 samples with a/c of 1 with w/c varying from 0.25 to 0.45. The portland cement used was
23 type CEM II 42.5R/A-L. A siliceous aggregate was used with sieve size distribution

1 following the recommendation in the standard EN 196-1 [27]. The lowest w/c
2 specimens within both series (I-0.40 and II-0.25) were prepared with a 1% by weight of
3 a sulphonated melamine-based superplasticizer to obtain a workable consistency. Six
4 samples of each mortar designation were produced and tested. Dry bulk density and
5 open porosity were ascertained from saturated, immersed and dried weights. One
6 additional mortar replicate set (three samples per type of mortar) was produced to
7 determine compressive strength at the age of 28 days after mixing. Table 1 summarizes
8 the mortar designations, mix proportions and physical properties such as slump, open
9 porosity, dry bulk density and compressive strength at 28 days.

10 Table 1. Mortar designation, mixture proportions and physical properties in fresh and
11 hardened states.

Designation	Cement/Water/Sand	Slump, mm	Dry bulk density, g/cm^3	Open porosity, %	Compressive strength at 28 days MPa
I-040	1:0.40:3	131 ± 5	2.14 ± 0.01	11.4 ± 0.5	65.41 ± 1.84
I-045	1:0.45:3	120 ± 5	2.12 ± 0.01	12.9 ± 0.6	54.86 ± 2.98
I-050	1:0.50:3	155 ± 9	2.06 ± 0.01	15.0 ± 0.4	53.85 ± 1.36
I-055	1:0.55:3	190 ± 11	2.05 ± 0.01	17.2 ± 0.3	52.65 ± 1.84
I-060	1:0.60:3	222 ± 11	2.05 ± 0.01	18.0 ± 0.5	49.97 ± 2.35
I-065	1:0.65:3	245 ± 6	2.03 ± 0.02	19.3 ± 0.8	40.30 ± 2.96
II-025	1:0.25:1	150 ± 6	2.21 ± 0.01	8.7 ± 0.8	83.04 ± 3.55
II-030	1:0.30:1	146 ± 6	2.17 ± 0.01	10.3 ± 1.3	74.93 ± 3.48
II-035	1:0.35:1	187 ± 6	2.05 ± 0.01	17.4 ± 1.0	68.14 ± 2.00
II-040	1:0.40:1	225 ± 8	2.03 ± 0.01	18.3 ± 0.4	62.25 ± 2.28
II-045	1:0.45:1	246 ± 8	1.96 ± 0.01	21.9 ± 1.3	57.31 ± 2.52

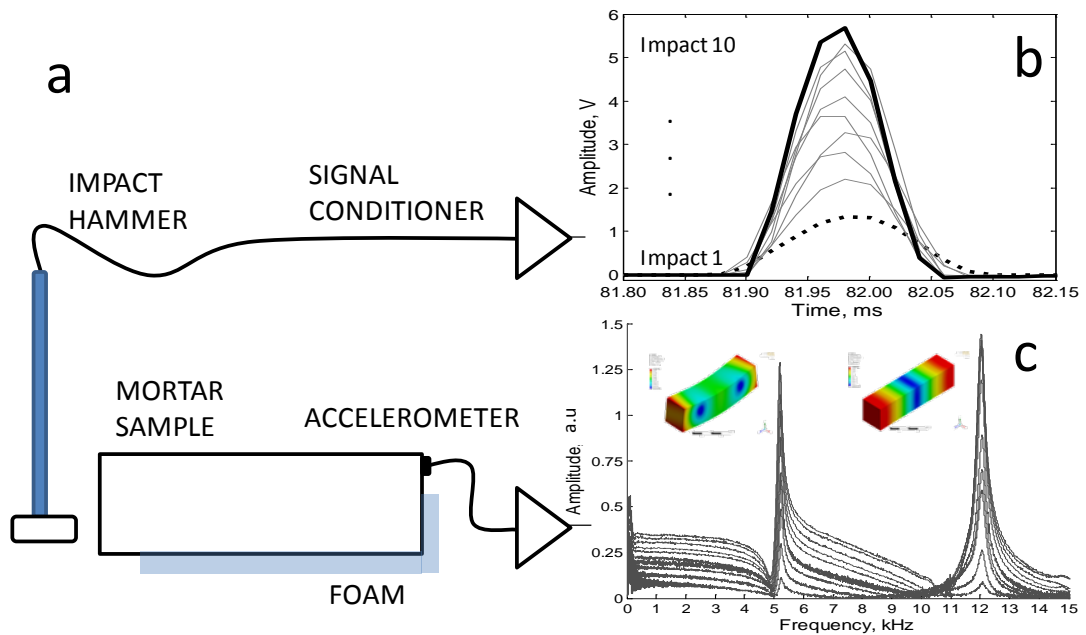
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1 The samples were tested at two moisture conditions: fully saturated and oven dried.
2 All samples were immersed in 20°C water for more than 28 days after mixing. Under
3 these conditions, we expect the pore structure of the mature mortar to be fully saturated
4 with water. The samples were removed from the water bath and subjected to linear
5 vibration and NIRAS tests. Then the samples were oven-dried at 60°C until their mass
6 remained constant (± 1 g), removed from the oven, allowed to cool naturally during 24
7 hours to room temperature and at ambient relative humidity, and subjected to linear
8 vibration and NIRAS tests again.

9 The linear vibration tests were conducted following the standard resonance
10 vibration test configuration to promote flexural mode of vibration, according to ASTM-
11 C215:08 [26]. Linear dynamic modulus of elasticity (E_d) was determined using Eqn. 1.
12 The linear quality factor (Q) was computed from the data following the procedure
13 shown in Eqn. 2. The average of ten repeated relatively low energy impacts were
14 obtained for each sample and test. The bulk density, obtained by weighing the samples
15 at saturated and dried states, was used in the computation of E_d at both saturation states:
16 fully saturated and after oven drying.

17 The vibrational response of the samples was sensed with an accelerometer: PCB
18 model 352A21 with a sensitivity of 0.956 mV/(m.s⁻²). For the NIRAS tests, an
19 instrumented hammer (PCB model Brüel & Kjær 8206, 22.7 mV/N) is used to strike the
20 samples at ten different energy levels. The relative position between impact and
21 accelerometer used in this study, allows simultaneous monitoring of the fundamental
22 bending and longitudinal resonant modes of vibration. Figure 1 shows the schematic test
23 configuration employed for the NIRAS tests, typical hammer load step, and the
24 resulting frequency spectra showing the two fundamental resonant peaks.

1 From the acceleration amplitude, the strain amplitude can be approximately obtained
 2 using the analytical solution of a free-free beam [Abeele JONE]. In the study conducted
 3 herein, the acceleration was converted to strain using a numerical simulation of the test
 4 configuration (results not shown here) similarly to the method described on [28].



5
 6 Figure 1. a) Schematic setup for NIRAS, note off-center impact location and
 7 sensing in the sample, b) typical incrementally increasing hammer load responses
 8 applied to samples, and c) typical received frequency spectra showing two resonance
 9 modes: fundamental bending mode (5-6 kHz) and fundamental longitudinal mode (11-
 10 13 kHz); inset images illustrate respective modal vibration shapes of each mode.

11 4. Results

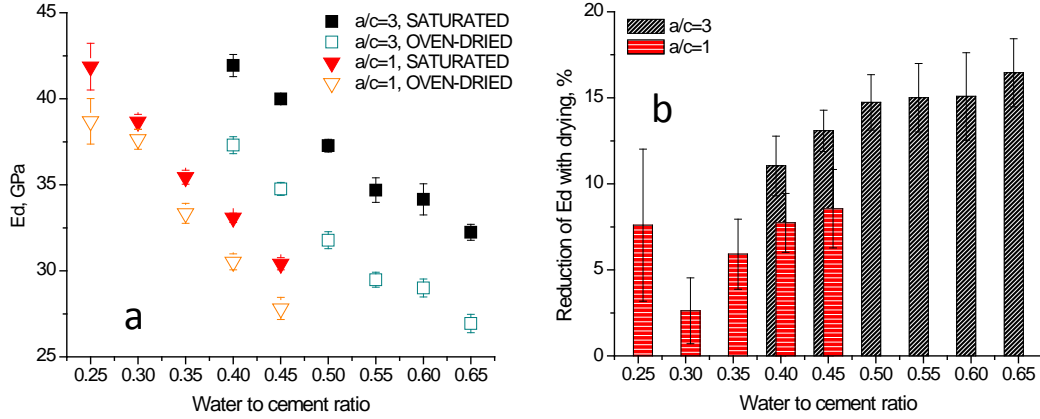
12 Figure 2a shows the values of E_d as a function of w/c at the saturated and dried
 13 states. It can be seen that E_d decreases with increasing w/c regardless of internal
 14 moisture condition and mixture composition, confirming expected behavior [20]. The
 15 change of E_d with respect to moisture removal with drying was found to be dependent

1 on both w/c and a/c . To better understand this behavior, the relative reduction of E_d after
2 oven drying can be expressed as

$$3 \quad \%RE = \left(1 - \frac{E_{d(s=0)}}{E_{d(s=1)}}\right) \cdot 100 \quad (4)$$

4 where $E_{d(s=1)}$ is the dynamic modulus in the pristine saturated state, and $E_{d(s=0)}$ that after
5 oven drying. Figure 2b shows values of the relative reduction of E_d (RE) after drying.
6 Except for the $w/c=0.25$ sample, the results demonstrate that higher w/c mortars
7 experience more reduction in E_d after drying for a given a/c value. Similar behavior has
8 been reported for static modulus of elasticity measured on mortars with different w/c
9 content after drying [29], and most plausibly is a result of the increased capillary
10 porosity content obtained with increasing w/c . Similar conclusions can be drawn from
11 the reduction of dynamic modulus observed after drying, on concrete batches with
12 different amounts of capillary porosity [Yaman]. The anomalous behavior of the
13 $w/c=0.25$ samples is addressed in the Discussion section below. The moisture inside of
14 a pore network affects the measured global stiffness of the material. This pore water-
15 induced stiffening effect appears to be dependent on pore size distribution, where
16 capillary-sized pore networks demonstrate a strong influence on such behavior [29, 30].
17 The results shown in Fig 2b demonstrate that the reduction of dynamic modulus upon
18 drying is also dependent on a/c . In particular, the values of RE obtained on mortars with
19 a/c of 3 are greater than those obtained on mortars with a/c of 1. For instance, mortars I-
20 060 and II-040 have similar open porosity of about 18%, though the RE values are 15%
21 and 7.5%, respectively. The presence of aggregates endows a more open pore structure
22 at the interfacial transition zone (ITZ), compared with the bulk cement paste [31], such
23 that the volume of capillary-sized pore networks increases with increasing aggregate
24 content [32]. Therefore, greater values of RE for mortars with $a/c=3$ as compared with

1 those with $a/c=1$ can be attributed to the expected increased capillary and ITZ pore
 2 volume that is expected from increased aggregate volume.

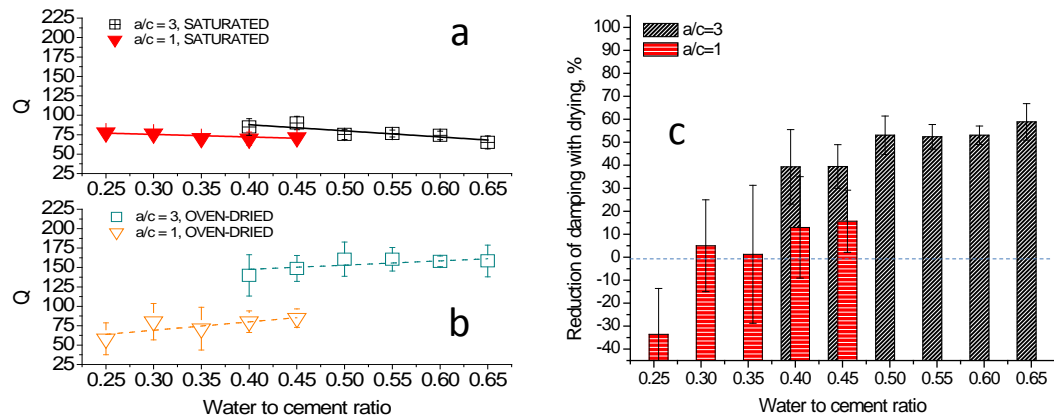


3
 4 Figure 2. a) Variation of E_d (measured using flexural resonance according to ASTM
 5 C215) with w/c of pristine saturated samples, and again after oven drying, b) $RE\%$ for
 6 varying w/c . Error bars indicate standard deviation.

7 The Figure 3a and 3b show Q data (inverse attenuation) for mortar as function of
 8 w/c and a/c , for saturated and oven-dried conditions, respectively. The relative reduction
 9 of Q (RQ) after oven drying is expressed as

$$10 \quad \%RQ = \left(1 - \frac{1/Q_{s=0}}{1/Q_{s=1}} \right) \cdot 100 \quad (5)$$

11 where $Q_{s=1}$ is the Q in the pristine saturated state, and $Q_{s=0}$ that after oven drying. At
 12 saturated conditions (Figure 3a) mortars exhibit a slight inverse relation between w/c
 13 and Q , for both a/c values. Studies have proposed that that the magnitude of damping is
 14 directly related to the volume of water filled pores [32]. However, this phenomenon
 15 appears to be quite minor, as the change in Q value across w/c values is relatively small,
 16 and nearly insignificant.



1
 2 Figure 3. Damping properties versus water to cement ratio for a) saturated, and b) oven
 3 dried samples; continuous and dashed lines illustrate the shift from inverse towards
 4 direct proportionality after drying, c) RQ for varying w/c . Error bars indicate standard
 5 deviation.

6 However, when the samples are oven-dried and all free water is removed, the
 7 dependence of Q with w/c reverses sense (Figure 3b). Amick and Monteiro [33] found
 8 that damping in concrete increases (that is, Q decreases) with w/c for relatively early
 9 age (4-week old) concrete, but then decreases with w/c for relatively mature (18-week
 10 old) concrete. Amick and Montiero attribute this behavior to the lower internal moisture
 11 content in the mature samples owing to the completion of hydration (self-desiccation),
 12 and the resulting switch of dominating damping mechanism type from viscous to
 13 Coloumb damping which in turn, strongly depends on if the loss of moisture involved
 14 generation of microcracks. In the results presented herein (Figure 3b), the reverse of
 15 sense is most likely because of lower w/c mortars developed microcracks upon drying,
 16 and hence resulting on a reverse of the trend of Q with w/c .

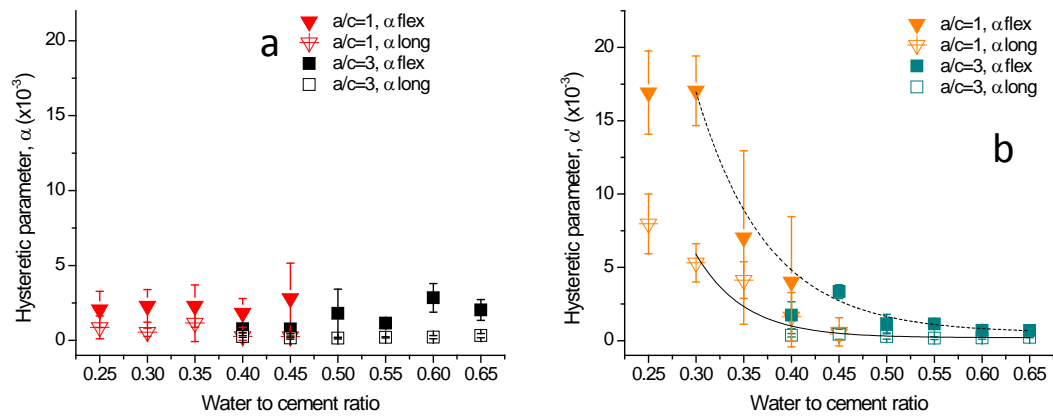
17 In general, Q values of mortars at saturated state are lower than those after oven
 18 drying. However, the samples with $w/c = 0.25$ show lower Q values upon drying; this
 19 behavior is discussed further in the Discussion section below. With the exception of the

1 $w/c=0.25$ samples, the relative increase of Q after oven drying depends, slightly, on w/c
2 and, more significantly, on a/c as seen in Figure 3c. The increase in Q with drying is
3 proportional to the w/c for both values of a/c . For $a/c=3$ samples, the increase in Q with
4 drying is significant, while for $a/c=1$ samples the increase in Q with drying is modest,
5 and nearly insignificant. We attribute the relatively modest increase in Q for dried
6 mortars with $a/c=1$ to increased microcracking shrinkage expected in these mortars after
7 the heat treatment, which offsets the damping reduction (that is Q increase) expected
8 from the reduction of internal moisture content.

9 Figures 4a and 4b show the parameter α for mortar samples in the saturated state
10 and after oven drying. Results for both the fundamental bending and longitudinal modes
11 are presented. The values of α obtained from the fundamental bending mode are
12 consistently greater than those obtained for longitudinal mode for all samples and
13 moisture states.

14 At saturated conditions, α maintains a consistently low value, and no clear relation
15 between the hysteretic parameter and w/c is seen for any of the samples. However, the
16 oven-dried samples exhibit different behavior: α increases dramatically with decreasing
17 w/c . The sources of non-classical hysteretic effects that are captured by α are mainly
18 attributed to contact interactions between rough interfaces, such as those along cracks
19 [21, 22]. The increase in α after oven drying suggests an increase of nonlinear sources,
20 such as microcracks, throughout the samples. In general, mortars with a/c of 1 exhibited
21 greater material nonlinearity, suggesting a greater extent of microcracking, than those
22 with a/c of 3, and most likely due to the restraining effect of the aggregates on
23 microcracking shrinkage, and the reduced volume of neat paste, when compared with
24 mortars with $a/c=1$. Regardless of a/c , though, the hysteretic parameter α increases,
25 approximately following exponential behavior as the w/c decreases, and in particular

1 higher water to cement ratio samples does not significantly increase the material
 2 nonlinearity after heat treatment. Similar observations from dried concrete samples are
 3 reported by Payan et al. [35]. The higher w/c studied by Payan et al. (w/c of 0.8)
 4 exhibited significantly lower hysteretic nonlinear behavior than those with lower w/c
 5 (concrete samples with w/c varying from 0.3 to 0.6) in the dry state.



6
 7 Figure 4. Hysteretic parameter α from flexural and longitudinal resonance modes
 8 for a) saturated pristine samples, and b) oven-dried samples. Dashed and continuous
 9 lines aim to guide the eye following the values of α for first bending (dashed) and
 10 longitudinal (continuous) modes with varying w/c .

11 5. Discussion

12 Linear (E_d and Q) and nonlinear (α) dynamic parameters are affected by both
 13 moisture content reduction and microstructural changes that are induced by drying. E_d
 14 consistently and significantly decreases with drying, and the extent of this decrease
 15 apparently depends on capillary porosity content. After water removal with drying, the
 16 hydrostatic stiffening effect on the pore structure system is alleviated, which leads to an
 17 apparent reduction in material modulus. But furthermore, material microcracking
 18 induced by drying further contributes to the reduction of E_d . It is difficult to distinguish

1 the contributions to the reduction of E_d owing to the coupled microcracking shrinkage
2 and pore moisture loss effects, although it can be argued from the presented data that
3 pore moisture effects likely dominate the value of E_d unless the extent of microcracking
4 is significantly large. Consider the anomalous behavior of the Mortar II-025 samples,
5 where an expectedly large reduction in E_d with drying was observed. This phenomenon
6 is likely due to significantly enhanced drying and autogenous shrinkage microcracking
7 that contributes in a more equitable way to the reduction of E_d after drying. In general,
8 autogenous shrinkage effects are more prominent in low water to binder cement-based
9 materials, and their effects extend over time. Drying at 60°C can promote further
10 hydration and autogenous shrinkage, especially in very low w/c mortars, even after 28
11 days of wet curing; this damage is additive to that caused by normal drying shrinkage.
12 The Q and α parameter data for the Mortar II-025 samples also indicate greater than
13 expected levels of damage after drying. All together, these results indicate the likelihood
14 that the very low w/c samples ($w/c=0.25$) experienced notably higher microcracking
15 damage upon drying because of enhanced autogenous shrinkage effects and, further,
16 that pore moisture effects dominate E_d values unless the extent of microcracking is
17 large.

18 Q values and the nonlinear hysteretic parameter α are also affected by coupled pore
19 moisture and microcracking phenomena. However it appears that both parameters, but
20 especially α are more influenced by increased cracking damage than by pore water
21 removal that are caused by drying. Assuming a constant level of material microcracking
22 damage, Q values are expected to be lower under dry conditions than saturated because
23 of the damping effect of the pore water. However, only the mortars with $a/c=3$ exhibited
24 notable increases in Q with drying, and consistent increases in RQ with higher porosity
25 (higher w/c). Mortars with $a/c=1$ displayed negligible increase in RQ with drying. These

1 materials are expected to exhibit more microcracking with drying because of lower
2 levels of internal restraint exerted by aggregates to resist drying shrinkage stresses than
3 those mortars with $a/c=3$. In fact the samples with $w/c=0.25$ exhibited a notable
4 decrease in Q with drying, which as before is attributed to the extensive amounts of
5 drying and autogenous shrinkage cracking experienced by the very low w/c materials.
6 Similar to, but perhaps even more so than, the behavior of Q , and α values appear to be
7 largely unaffected by varying w/c and a/c at saturated conditions. This insensitivity to
8 capillary pore variation under saturated conditions suggests that the pore moisture effect
9 on α is negligible, and further that microcracking effects dominate the response. This
10 contention is supported by the notable increase in α with drying in cases of lower w/c
11 and a/c , where enhanced microcracking is expected.

12 **6. Conclusions**

13 Linear and nonlinear vibration nondestructive tests were conducted on mature
14 mortar bar samples with varying w/c and a/c at pristine saturated moisture condition,
15 and again after oven drying to stable mass at 60°C. We expect this oven drying
16 treatment causes significant internal moisture decrease, and also notable amounts of
17 both microstructural modification and shrinkage cracking in the mortar. Further, we
18 expect the amount of microstructural modification and cracking damage to increase
19 with decreasing w/c and a/c . The obtained results demonstrate that the linear (E_d and Q)
20 and nonlinear (α) constitutive properties of cement-based materials are affected by the
21 oven drying treatment. However, the reduction in E_d appears to be mostly dependent on
22 internal moisture content, and less so on the accrued damage and microstructural
23 changes; E_d is also affected by the aggregate cement ratio of the mixture. Q and α
24 exhibited characteristics after oven drying treatment that suggest these parameters are
25 more sensitive to the accrued microstructural modifications and cracking, and less to the

1 changing internal moisture content. The α parameter appears to show particular
2 sensitivity to accrued damage owing to external drying without being masked by the
3 effects of changing pore moisture content.

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