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Carando, D.; Defant, A.; Sevilla Peris, P. (2015). THE BOHNENBLUST-HILLE INEQUALITY COMBINED WITH AN INEQUALITY OF HELSON. Proceedings of the American Mathematical Society. 143(12):5233-5238. doi:10.1090/proc/12551.


The final publication is available at
https://dx.doi.org/10.1090/proc/12551

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# The Bohnenblust-Hille inequality combined with an inequality of Helson 

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#### Abstract

We give a variant of the Bohenblust-Hille inequality which, for certain families of polynomials, leads to constants with polynomial growth in the degree.


## 1 Introduction

Hardy and Littlewood showed in [8] that there exists a constant $K>0$ such that for every $f \in H^{1}$ we have

$$
\left(\int_{\mathbb{D}}|f(z)|^{2} d m(z)\right)^{1 / 2} \leq K \int_{\mathbb{U}}|f(w)| d \sigma(w)
$$

where $d m$ and $d \sigma$ denote respectively the normalised Lebesgue measures on the complex unit disk $\mathbb{D}$ and the torus (or unit circle) $\mathbb{T}$. Equivalently, this means that the Hardy space $H_{1}(\mathbb{T})$ is contained in the Bergman space $B_{2}(\mathbb{D})$. Shapiro [13, p. 117-118] showed that the inequality holds with $K=\pi$ and Mateljević [11] (see also [12, [14]) showed that actually the constant could be taken $K=1$. A simple reformulation of the Bergman norm then gives that if $\sum_{n=0}^{\infty} a_{n} z^{n}$ is the Fourier series expansion of $f \in H^{1}(\mathbb{D})$ we have

$$
\left(\sum_{n=0}^{\infty} \frac{\left|a_{n}\right|^{2}}{n+1}\right)^{1 / 2} \leq \int_{\mathbb{T}}|f(w)| d \sigma(w) .
$$

A few years later Helson in [10] generalised this inequality to functions in $N$ variables. For $n \in \mathbb{N}$ denote by $d(n)$ the number of divisors and by $p^{\alpha}=p_{1}^{\alpha_{1}} \cdots p_{k}^{\alpha_{k}}$

[^0]the prime decomposition of $n$. Then we have that for every $f \in H^{1}\left(\mathbb{T}^{N}\right)$ with Fourier series expansion $\sum_{\alpha \in \mathbb{N}_{0}^{N}} c_{\alpha} z^{\alpha}$
\[

$$
\begin{equation*}
\left(\sum_{\alpha \in \mathbb{N}_{0}^{N}} \frac{\left|c_{\alpha}\right|^{2}}{d\left(p^{\alpha}\right)}\right)^{1 / 2} \leq \int_{\mathbb{T}^{N}}|f(w)| d \sigma(w) \tag{1}
\end{equation*}
$$

\]

Given a multiindex $\alpha$, we write $\alpha+1=\left(\alpha_{1}+1\right) \cdots\left(\alpha_{k}+1\right)$. Note that, with this notation, we have $d\left(p^{\alpha}\right)=\alpha+1$.

On the other hand, by the Bohnenblust-Hille inequality [4] as presented in [5] there is a constant $C>0$ such that for every $m$-homogeneous polynomial in $N$ variables $P(z)=\sum_{|\alpha|=m} c_{\alpha} z^{\alpha}$ with $z \in \mathbb{C}^{N}$ we have

$$
\begin{equation*}
\left(\sum_{|\alpha|=m}\left|c_{\alpha}\right|^{\frac{2 m}{m+1}}\right)^{\frac{m+1}{2 m}} \leq C^{m} \sup _{z \in \mathbb{D}^{N}}|P(z)| . \tag{2}
\end{equation*}
$$

The proof of this inequality given in [5] consists basically of two steps: first to decompose the sum in (2) as the product of certain mixed sums and second to bound each one of these sums by a term including $\|P\|$, the supremum of $|P|$ in $\mathbb{D}^{N}$. For this second step usually the following result of Bayart [1] is used: for every $m$-homogeneous polynomial in $N$ variables we have

$$
\begin{equation*}
\left(\sum_{|\alpha|=m}\left|c_{\alpha}\right|^{2}\right)^{1 / 2} \leq 2^{m / 2} \int_{\mathbb{T}^{N}}\left|\sum_{|\alpha|=m} c_{\alpha} w^{\alpha}\right| d \sigma(w) . \tag{3}
\end{equation*}
$$

Very recently, it was proved in [2] Corollary 5.3] that for every $\varepsilon>0$ there exists $\kappa>0$ such that we can take $\kappa(1+\varepsilon)^{m}$ as the constant in (2). Our aim in this note is get a variant of (2) by using (1) instead of (3). With this variant, we see that for polynomials $P$ each of whose monomials involve a uniformly bounded number of variables, the obtained constants have polynomial growth in $m$.

## 2 Main result and some remarks

The following is our main result.
Theorem 2.1. Let $\Lambda \subseteq\left\{\alpha \in \mathbb{N}_{0}^{N}:|\alpha|=m\right\}$ be an indexing set. Then for every family $\left(c_{\alpha}\right)_{\alpha \in \Lambda}$ we have

$$
\left(\sum_{\alpha \in \Lambda}\left(\frac{\left|c_{\alpha}\right|}{\sqrt{\alpha+1}}\right)^{\frac{2 m}{m+1}}\right)^{\frac{m+1}{2 m}} \leq m^{\frac{m-1}{2 m}}\left(1-\frac{1}{m-1}\right)^{m-1} \sup _{z \in \mathbb{D}^{N}}\left|\sum_{\alpha \in \Lambda} c_{\alpha} z^{\alpha}\right|
$$

We give several remarks before we present the proof.

## Remark 2.2.

1. It is easy to see that $\sqrt{\alpha+1} \leq \sqrt{2}^{m}$. Hence the preceding inequality includes the hypercontractive version of the Bohnenblust-Hille inequality from (2) as a special case.
2. Thanks to the term $\sqrt{\alpha+1}$, the constants in the previous inequality grow much more slowly than the constants in (2). Actually, we have

$$
m^{\frac{m-1}{2 m}}\left(1-\frac{1}{m-1}\right)^{m-1}=\frac{\sqrt{m}}{e}(1+o(m))
$$

3. Let $\operatorname{vars}(\alpha)$ denote the numbers of different variables involved in the monomial $z^{\alpha}$. In other words, $\operatorname{vars}(\alpha)=\operatorname{card}\left\{j: \alpha_{j} \neq 0\right\}$. Given $M$ we consider the set

$$
\Lambda_{N, M}=\left\{\alpha \in \mathbb{N}_{0}^{N}:|\alpha|=m \text { and } \operatorname{vars}(\alpha) \leq M\right\}
$$

(note that if $M \geq N$, then $\Lambda_{N, M}=\Lambda_{N, N}$ ). An application of Lagrange multipliers gives that for any $\alpha \in \Lambda_{N, M}$ we have for every $N$ and $M$

$$
\alpha+1=\left(\alpha_{1}+1\right) \cdots\left(\alpha_{k}+1\right) \cdots \leq\left(\frac{m}{M}+1\right)^{M}
$$

Combining this with Theorem 2.1 we obtain for every $m, N, M$

$$
\begin{aligned}
\left(\sum_{\alpha \in \Lambda_{N, M}}\left|c_{\alpha}\right|^{\frac{2 m}{m+1}}\right)^{\frac{m+1}{2 m}} & \leq\left(\frac{m}{M}+1\right)^{M / 2}\left(\sum_{\alpha \in \Lambda_{N, M}}\left(\frac{\left|c_{\alpha}\right|}{\sqrt{\alpha+1}}\right)^{\frac{2 m}{m+1}}\right)^{\frac{m+1}{2 m}} \\
& \leq\left(\frac{m}{M}+1\right)^{M / 2} m^{\frac{m-1}{2 m}}\left(1-\frac{1}{m-1}\right)^{m-1} \sup _{z \in \mathbb{D}^{N}}\left|\sum_{\alpha \in \Lambda_{N, M}} c_{\alpha} z^{\alpha}\right|
\end{aligned}
$$

hence

$$
\begin{equation*}
\left(\sum_{\alpha \in \Lambda_{N, M}}\left|c_{\alpha}\right|^{\frac{2 m}{m+1}}\right)^{\frac{m+1}{2 m}} \leq 2^{\frac{M}{2}} m^{\frac{M+1}{2}} \sup _{z \in \mathbb{D}^{N}}\left|\sum_{\alpha \in \Lambda_{N, M}} c_{\alpha} z^{\alpha}\right| \tag{4}
\end{equation*}
$$

This means that for polynomials whose monomials have a uniformly bounded number $M$ of different variables, we get a Bohnenblust-Hille type inequality with a constant of polynomial growth in $m$. We remark that the dimension $N$ plays no role in this inequality, the only important point here is the number of different variables in each monomial. As a consequence, an analogue of (4) holds for $m$-homogeneous polynomials on $c_{0}$ : Let $P: c_{0} \rightarrow \mathbb{C}$ be an $m$-homogeneous polynomial and

$$
\Lambda_{M}=\left\{\alpha \in \mathbb{N}_{0}^{(\mathbb{N})}:|\alpha|=m \text { and } \operatorname{vars}(\alpha) \leq M\right\}
$$

Then for every $M$ and $m$

$$
\left(\sum_{\alpha \in \Lambda_{M}}\left|c_{\alpha}(P)\right|^{\frac{2 m}{m+1}}\right)^{\frac{m+1}{2 m}} \leq 2^{\frac{M}{2}} m^{\frac{M+1}{2}}\|P\|,
$$

where the $c_{\alpha}(P)$ are the coefficients of $P$ and $\|P\|$ is the supremum of $|P|$ on the unit ball of $c_{0}$.
4. In [6, Theorem 5.3] a very general version of the Bohnenblust-Hille inequality is given, involving operators with values on a Banach lattice. A straightforward combination of the proof of Theorem 2.1 (see the final section) and the arguments presented in [6. Theorem 5.3] easily gives a version of Theorem 2.1 in that setting.

## 3 The proof

Let us fix some notation before we prove our main result. We are going to use the following indexing sets

$$
\begin{aligned}
\mathscr{M}(m, N) & =\left\{\boldsymbol{i}=\left(i_{1}, \ldots, i_{m}\right): 1 \leq i_{j} \leq N, j=1, \ldots, m\right\} \\
\mathscr{J}(m, N) & =\left\{\boldsymbol{i} \in \mathscr{M}(m, N) \in: 1 \leq i_{1} \leq \cdots \leq i_{m} \leq N\right\} .
\end{aligned}
$$

In $\mathscr{M}(m, N)$ we define an equivalence relation by $\boldsymbol{i} \sim \boldsymbol{j}$ if there is a permutation $\sigma$ of $\{1, \ldots, N\}$ such that $j_{k}=i_{\sigma(k)}$ for every $k$. With this, if $\left(a_{i_{1}, \ldots, i_{m}}\right)$ are symmetric then we have

$$
\sum_{i \in \mathscr{M}(m, N)} a_{i}=\sum_{i \in \mathscr{\mathscr { L }}(m, N)} \sum_{\boldsymbol{j} \in[\boldsymbol{i}]} a_{\boldsymbol{j}}=\sum_{i \in \mathscr{\mathscr { J }}(m, N)} \operatorname{card}[\boldsymbol{i}] a_{i}
$$

Also, given $\boldsymbol{i} \in \mathscr{M}(m-1, N)$ and $j \in\{1, \ldots, N\}$, for $1 \leq k \leq m-1$ we define $\left(\boldsymbol{i},{ }_{k} j\right)=$ $\left(i_{1}, \ldots, i_{k-1}, j, i_{k}, \ldots, i_{m-1}\right) \in \mathscr{M}(m, N)$ (that is, we put $j$ in the $k$-th possition, shifting the rest to the right).
There is a one-to-one correspondance between $\mathscr{J}(m, N)$ and $\left\{\alpha \in \mathbb{N}_{0}^{N}:|\alpha|=m\right\}$ defined as follows. For each $\boldsymbol{i}$ we define $\alpha=\left(\alpha_{1}, \ldots, \alpha_{N}\right)$ by $\alpha_{r}=\operatorname{card}\left\{j: i_{j}=r\right\}$ (i.e. $\alpha_{r}$ counts how many times $r$ comes in $i$ ); on the other hand, given $\alpha$ we define $\boldsymbol{i}=\left(1,{ }_{\ldots}^{\alpha_{1}}, 1, \ldots, N,{ }_{N}, \ldots, N\right) \in \mathscr{J}(m, N)$.
Each $m$-homogeneous polynomial on $N$ variables has a unique symmetric $m$ linear form $L: \mathbb{C}^{N} \times \cdots \times \mathbb{C}^{N} \rightarrow \mathbb{C}$ such that $P(z)=L(z, \ldots, z)$ for every $z$. If $\left(c_{\alpha}\right)$ are the coefficients of the polynomial and $a_{i_{1}, \ldots, i_{m}}=L\left(e_{i_{1}}, \ldots, e_{i_{m}}\right)$ is the matrix of $L$ we have $c_{\alpha}=\operatorname{card}[\boldsymbol{i}] a_{i}$, where $\alpha$ and $\boldsymbol{i}$ are related to each other.
Finally, if $\alpha$ and $\boldsymbol{i}$ are related and $p_{1}<p_{2}<\cdots$ denotes the sequence of prime numbers, we will write $p^{\alpha}=p_{1}^{\alpha_{1}} \cdots p_{N}^{\alpha_{N}}=p_{i_{1}} \cdots p_{i_{m}}=p_{i}$.

Proof of Theorem 2.1. We follow essentially the guidelines of the proof of the Bohnenblust-Hille inequality as presented in [5]. First of all let us assume that $c_{\alpha}=0$ for every $\alpha \notin \Lambda$; then we have

$$
\begin{aligned}
\left(\sum_{\alpha \in \Lambda}\left(\frac{\left|c_{\alpha}\right|}{\sqrt{\alpha+1}}\right)^{\frac{2 m}{m+1}}\right)^{\frac{m+1}{2 m}}=\left(\sum_{\boldsymbol{i} \in \mathscr{J}(m, N)}\left|\operatorname{card}[\boldsymbol{i}] \frac{a_{\boldsymbol{i}}}{\sqrt{d\left(p_{\boldsymbol{i}}\right.}}\right|^{\frac{2 m}{m+1}}\right)^{\frac{m+1}{2 m}} \\
=\left(\sum_{\boldsymbol{i} \in \mathscr{M}(m, N)} \frac{1}{\operatorname{card}[\boldsymbol{i}]}\left|\operatorname{card}[\boldsymbol{i}] \frac{a_{\boldsymbol{i}}}{\sqrt{d\left(p_{\boldsymbol{i}}\right)}}\right|^{\frac{2 m}{m+1}}\right)^{\frac{m+1}{2 m}} \\
=\left(\sum_{\boldsymbol{i} \in \mathcal{M}_{(m, N)}}\left|\operatorname{card}[\boldsymbol{i}]^{1-\frac{m+1}{2 m}} \frac{a_{\boldsymbol{i}}}{\sqrt{d\left(p_{\boldsymbol{i}}\right)}}\right|^{\frac{2 m}{m+1}}\right)^{\frac{m+1}{2 m}}
\end{aligned}
$$

We now use an inequality due to Blei [3, Lemma 5.3] (see also [5, Lemma 1]): for any family of complex numbers $\left(b_{\boldsymbol{i}}\right)_{\boldsymbol{i} \in \mathscr{M}(m, N)}$ we have

$$
\begin{equation*}
\sum_{i \in \mathscr{M}(m, N)}\left|b_{\boldsymbol{i}}\right|^{\frac{2 m}{m+1}} \leq \prod_{k=1}^{m}\left(\sum_{j=1}^{N}\left(\sum_{i \in \mathcal{M}(m-1, N)}\left|b_{(i, k j)}\right|^{2}\right)^{1 / 2}\right)^{\frac{2}{m-1}} \tag{5}
\end{equation*}
$$

Using this and the fact that $\operatorname{card}\left[\left(\boldsymbol{i},{ }_{k} j\right)\right] \leq m \operatorname{card}[\boldsymbol{i}]$ we get

$$
\begin{aligned}
&\left(\sum_{\alpha \in \Lambda}\left(\frac{\left|c_{\alpha}\right|}{\sqrt{\alpha+1}}\right)^{\frac{2 m}{m+1}}\right)^{\frac{m+1}{2 m}} \\
& \leq \prod_{k=1}^{m}\left(\sum_{j=1}^{N}\left(\sum_{\boldsymbol{i} \in \mathscr{M}(m-1, N)}\left|\operatorname{card}[(\boldsymbol{i}, k j)]^{\frac{m-1}{2 m}} \frac{a_{(i, k j)}}{\sqrt{d\left(p_{(i, k j)}\right.}}\right|^{2}\right)^{1 / 2}\right)^{\frac{1}{m}} \\
& \leq \prod_{k=1}^{m}\left(\sum_{j=1}^{N}\left(\sum_{i \in M(m-1, N)}\left|\operatorname{card}[\boldsymbol{i}]^{\frac{m-1}{2 m}} m^{\frac{m-1}{2 m}} \frac{a_{\left(\boldsymbol{i}_{k} j\right)}}{\sqrt{\boldsymbol{d}\left(p_{(i, k j)}\right)}}\right|^{2}\right)^{1 / 2}\right)^{\frac{1}{m}} \\
&=m^{\frac{m-1}{2 m}} \prod_{k=1}^{m}\left(\sum_{j=1}^{N}\left(\sum_{\boldsymbol{i} \in \mathscr{M}(m-1, N)} \operatorname{card}[\boldsymbol{i}]\left|\frac{a_{(\boldsymbol{i}, k j)}}{\sqrt{d\left(p_{(i, k j)}\right.}}\right|^{2}\right)^{1 / 2}\right)^{\frac{1}{m}}
\end{aligned}
$$

We now bound each one of the sums in the product. We use the fact that the coefficients $a_{\boldsymbol{j}}$ are symmetric. Also, if $q$ divides $p_{i_{1}} \cdots p_{i_{m}}=p_{\boldsymbol{i}}$, then it also divides $p_{i_{1}} \cdots p_{i_{m}} p_{j}=p_{(i, k j)}$; hence $d\left(p_{\boldsymbol{i}}\right) \leq d\left(p_{(i, k j)}\right)$ for every $\boldsymbol{i}$ and every $j$. This altogether gives

$$
\begin{aligned}
& \sum_{j=1}^{N}\left(\sum_{i \in \mathcal{M}(m-1, N)} \operatorname{card}[\boldsymbol{i}]\left|\frac{a_{(i, k j)}}{\sqrt{d\left(p_{(i, k j)}\right)}}\right|^{2}\right)^{1 / 2} \\
&=\sum_{j=1}^{N}\left(\sum_{i \in \mathscr{J}(m-1, N)} \operatorname{card}[\boldsymbol{i}]^{2} \frac{\left|a_{\left(\boldsymbol{i}_{k} j\right)}\right|^{2}}{d\left(p_{(i, k j)}\right)}\right)^{1 / 2} \\
& \leq \sum_{j=1}^{N}\left(\sum_{\boldsymbol{i} \in \mathscr{J}(m-1, N)} \frac{\left|\operatorname{card}[\boldsymbol{i}] a_{(i, k j}\right|^{2}}{d\left(p_{\boldsymbol{i}}\right)}\right)^{1 / 2}
\end{aligned}
$$

Let us note that what we have here are the coefficients of an ( $m-1$ )-homogeneous
polynomial in $N$ variables, we use now (1) to conclude our argument

$$
\left.\begin{array}{rl}
\sum_{j=1}^{N}\left(\sum_{\boldsymbol{i} \in \mathscr{J}(m-1, N)}\right. & \frac{\left.\mid \operatorname{card}[\boldsymbol{i}] a_{(i, k} j\right)}{} \\
d\left(p_{i}\right)
\end{array}\right)^{1 / 2} .
$$

where the last inequality follows from a result of Harris [9, Theorem 1] (see also [5, (13)]). This completes the proof.

As we have already mentioned, very recently [2, Corollary 5.3] has shown that for every $\varepsilon>0$ there exists $\kappa>0$ such that (2) holds with $\kappa(1+\varepsilon)^{m}$. The main idea for the proof is to replace (5) by a similar inequality in which we have mixed sums with $k$ and $m-k$ indices (instead of 1 and $m-1$, as we have here). This allows to use instead of (3) the following inequality:

$$
\left(\sum_{|\alpha|=m}\left|c_{\alpha}\right|^{2}\right)^{1 / 2} \leq c_{p}^{m}\left(\int_{\mathbb{T}^{N}}\left|\sum_{|\alpha|=m} c_{\alpha} w^{\alpha}\right|^{p} d \sigma(w)\right)^{\frac{1}{p}} \text { for } 1 \leq p \leq 2
$$

A good control on the constants $c_{p}$ (that tend to 1 as $p$ goes to 2 ) gives the improvement on the constant in (2) presented in [2]. In our setting, by dividing by $\alpha+1$, we are using (1), which already has constant 1 . Hence this new approach does not improve the constants in our setting.

The authors wish to thank the referee for her/his careful reading and the suggestions and comments that helped to improve the paper.

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    ${ }^{\ddagger}$ Instituto Universitario de Matemática Pura y Aplicada. Universitat Politècnica de València. 46022 Valencia (Spain). Supported by MICINN MTM2011-22417 and UPV-SP201207000

