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Additional Information

27 Regarding texture, lower liquid phase volume and higher fruit-solution ratios led to
28 spread- products with higher consistency and cohesiveness values (consistency values:
29 5.5 ± 0.4 vs 2.9 ± 0.1 (1 % of pectin), 6.92 ± 0.08 vs 4.3 ± 0.3 (1.5 % of pectin), $10 \pm$
30 1 vs 5.2 ± 0.3 (2 % of pectin); cohesiveness values: 0.82 ± 0.07 vs 0.32 ± 0.04 (1 % of
31 pectin), 1.21 ± 0.04 vs 0.72 ± 0.08 (1.5 % of pectin), 1.8 ± 0.3 vs 1.00 ± 0.06 (2 % of
32 pectin)), as well as the use of sucrose instead of isomaltulose at 2% of pectin
33 (consistency values: 9.02 ± 0.13 vs 7.9 ± 0.3 (W), 11.3 ± 0.4 vs 9.60 ± 0.02 (D2);
34 cohesiveness values: 1.78 ± 0.03 vs 1.56 ± 0.09 (W), 2.16 ± 0.09 vs 1.80 ± 0.12 (D2)).
35 Concerning sensorial evaluation of spread-products formulated with isomaltulose, the
36 taste was the parameter which conditioned the global preference by panelists. Regarding
37 spreadability, the products ranging from 4 to 5 N·s for consistency, and 0.6 to 0.9 N·s
38 for cohesiveness were the most appreciated.

39

40 **Keywords:** Isomaltulose, Dry Osmotic Dehydration, optical and mechanical properties,
41 sensory evaluation, Pairwise Friedman ranking test, Correspondence Analysis.

42

43 **1. Introduction**

44 Nowadays, consumers want products with good taste and flavour, but moreover, they
45 need to be healthier and with good nutritional and functional value. Besides, these
46 aspects, sometimes it is also required that these food products do not produce
47 undesirable effects, related for example with sugar consumption, as caries and diabetes
48 Pereira *et al.*, 2005; Jeffery *et al.*, 2006; Frank & Vasanti, 2010; Fraser & Edwards,
49 2010; McPhail *et al.*, 2011). Therefore, the development of new products which satisfy
50 consumer expectations is becoming a priority goal of the food industry.

51 From this point of view, the development of new products such as spreadable fruit could
52 be interesting since they present some characteristics similar to fresh fruit, but on the
53 other hand are more stable than the fresh ones as the a_w (water activity) and the moisture
54 of the product are reduced. The big difference between a spreadable fruit product and a
55 jam is that in the former, cooking to reach a final soluble solid content is avoided, as it
56 provokes the greatest changes from a nutritional, sensorial and functional point of view.
57 Moreover, a jam must have at least 45 °Brix, whereas a fruit spread does not have any
58 restriction related to sugar content (BOE 04/07/07; RD: 863/2003)

59 Wet Osmotic Dehydration is a widely extended technique for the processing of fruits
60 and vegetables, due to the high quality of the products obtained when compared with
61 other drying methods (Fito *et al.*, 1998; Lazarides *et al.*, 1999; Nieto *et al.*, 2004; Pani
62 *et al.*, 2008). One of the most important advantages of osmotic dehydration is the use of
63 low temperatures, so that water removal takes place without phase exchange, and
64 therefore damage to colour, taste and aroma is minimized (Moraga *et al.*, 2000; Moreno
65 *et al.*, 2000). Moreover, this technique promotes the biosynthesis of key aroma
66 compounds in fruit such as strawberries (Zabetakis & Holden, 1997; Escriche *et al.*,
67 2001; Talens, 2002), pineapples (Pino *et al.*, 1999) and kiwis (Bereiter, 2001). All of
68 this, together with acidity reduction and an increase in the concentration of solutes
69 (sugars), may contribute to improving the taste of acidic and/or sour fruit such as
70 grapefruit.

71 On the other hand, during osmotic dehydration, besides the loss of water, some natural
72 compounds, such as pigments, aromas, acids, minerals and vitamins are released into
73 the solution (Valdez-Fragoso *et al.*, 1998; Dalla-Rosa & Giroux, 2001; García-Martínez
74 *et al.*, 2002a). The reutilization of the osmotic solution would mean an accumulation of
75 these compounds and, from this point of view, its use as an ingredient in the formulation

76 of new products could be an interesting alternative. In fact, there are some authors who
77 propose osmotic dehydration for the elaboration of jam without heat treatment (Shi *et*
78 *al.*, 1996; García-Martínez *et al.*, 2002b), and semi-concentrate products (such as
79 canned liquid products, carbonated beverages, fruits juices, etc). (González-Mariño *et*
80 *al.*, 2001, Dalla-Rosa & Giroux, 2001). However, some disadvantages related to the
81 handling of large volumes of osmotic solutions and high water consumption should be
82 considered. Dry Osmotic Dehydration (DOD) might be an option since the volume of
83 solution generated is considerably lower than the volume managed in the wet method.
84 Previous studies have demonstrated that there is also a greater concentration of aromatic
85 compounds, and soluble vitamins and minerals, as this solution comes from the product
86 itself (Doménech & Escriche, 2009). DOD consists of covering the product with a solid
87 osmotic agent (avoiding the use of a solution), and leaving this to perform for a period
88 of time provoking the egress of water from the interior of the product. So, as in
89 traditional osmotic dehydration, the obtained product would be more stable than the
90 fresh one as it has decreased moisture content and water activity (Rosa *et al.*, 2008;
91 Peinado *et al.*, 2009).

92 Strawberries are especially interesting because of their content in fibre, minerals,
93 vitamins and other functional compounds such as phenols, many of which have healthy
94 properties. Nevertheless, strawberries in general have a very significant seasonality and
95 a high water content that make them very perishable. Recent food trends (fast food and
96 ready-to-eat food) have resulted in a decrease in the consumption of fresh fruit
97 especially among young people. Although there is a wide range of processed fruit
98 products, such as juices, milky beverages or concentrates, it is important to note that
99 many of them have low fruit content, which in many cases is replaced with a large
100 amount of additives.

101 On the other hand, since sugar consumption is directly related to health problems like
102 obesity, one of the goals of the food industry is the development of natural sugar control
103 and low glycemic foods (Sloan, 2005; Peinado *et al.*, 2008). Nowadays there are
104 products which replace common sugar with non-caloric sweeteners (glutamate,
105 saccharin, aspartame and polyols (sorbitol) among others). Polyols have a characteristic
106 sweet taste, but the energetic value (calories) of the product is lower when compared
107 with foods containing sucrose (Riku & Yrjö, 2001). There is another possible sucrose
108 replacer in the market, isomaltulose, which might help to decrease the insulinemic
109 response provoked by other foods. It is found in small amounts in honey and sugar cane
110 (Siddiqui & Furgala, 1967; Low & Sporns, 1988; Barez *et al.*, 2000) but can be easily
111 obtained from sucrose by means of an enzymatic process (Weidenhagen & Lorenz,
112 1957; Mauch & Schmidt-Berg-Lorenz, 1964; Schiweck, 1980, Schiweck *et al.*, 1990).

113 Finally, it should be said that colour and texture are sensorial parameters of great
114 interest in the food industry since consumers base their choices on the external aspects
115 of the products, and most of the time they look for products similar to the fresh ones.
116 For example, regarding the colour characteristics of this kind of product, a brilliant red
117 colour is desired by consumers who associate this aspect with “freshness” and
118 “healthiness” as opposed to a dark red colour which may led to rejection of the product
119 (Cordenunsi *et al.*, 2003). Moreover, regarding texture, this kind of product usually
120 requires the addition of pectin to achieve an adequate gel consistency, so the amount of
121 pectin depends on the amount of sugars and acids as well as the kind of fruit (Rauch,
122 1987; Gabriele *et al.*, 2001; Renard *et al.*, 2006).

123 The aim of this work was to analyze the influence of processing variables, type of sugar
124 (sucrose or isomaltulose), elaboration method (dry or wet osmotic dehydration, and
125 percentage of fruit), and pectin percentage (1, 1.5 and 2 %) on the mechanical and

126 optical properties of 30 °Brix strawberry spreadable products. Sensorial response and
127 analytical data obtained by instrumental measurements were also compared.

128

129 **2. Material and Methods**

130 ***2.1. Raw material***

131 Strawberries (*Fragaria vesca*, Camarosa), acquired in a local supermarket between
132 March and June but always from the same supplier that has different controlled
133 production areas in different zones of Spain. After carrying out a visual selection in
134 terms of colour, shape and level of ripeness to eliminate damaged fruit and homogenise
135 the sample, the strawberries were cleaned and they were cut into cubes of approximately
136 1 cm³.

137 Samples were dipped in chlorinated water to eliminate possible pesticide residues, and
138 then they were cut into cubes of approximately 1 cm³.

139 ***2.2. Methodology***

140 Figure 1 shows the flow chart of the processing conditions depending on the different
141 variables to get the strawberry spreadable products. As it can be seen, the process was
142 carried on in two stages:

143 *Equilibrium of the samples:*

144 Two osmotic agents were used, sucrose (as reference sugar) and isomaltulose (98 %)
145 (Diexpa S.A., Spain). Samples were equilibrated using two osmotic dehydration
146 processes. Wet Osmotic Dehydration (WOD), traditional osmotic dehydration in which
147 samples were immersed in 40 °Brix hypertonic solutions, and Dry Osmotic Dehydration
148 (DOD) in which samples were directly covered with the solid osmotic agent (sucrose or
149 isomaltulose). This last method is similar to the dry salting process commonly applied
150 to meat and fish products. Osmotic dehydration was carried out until samples achieved

151 30 °Brix (equilibrium concentration). The appropriate fruit-solution ratio was calculated
152 with the correspondent mass balance. The process was carried out 25 °C. The final point
153 control was determined by refractometry measuring the soluble solids concentration in
154 the osmotic solution.

155 Jellification

156 Once equilibrium was reached, the dehydrated fruit was separated from the osmotic
157 solution in order to formulate different spreadable products. The ingredients in the
158 formulations were: dehydrated strawberry, osmotic solution, apple pectin (1, 1.5 or 2 %) as a
159 gelling agent and potassium sorbate at a fixed concentration of 500 ppm (as a
160 microbiological preserver) (Karabulut *et al.*, 2001; Castelló *et al.*, 2011). According to
161 the different proportions of dehydrated strawberry-osmotic solution and dehydration
162 method (wet or dry) three different strawberry spreads were elaborated: W, spreads
163 obtained by means of WOD and formulated with a dehydrated fruit-osmotic solution
164 ratio of 70:30; D1, spreads obtained by means of DOD and formulated with the total
165 amount of dehydrated fruit and final osmotic solution obtained and D2, spreads
166 obtained by means of DOD and formulated with a dehydrated fruit-osmotic solution
167 ratio of 70:30.

168 Finally, depending on the different variables (type of sugar, elaboration method and
169 pectin percentage) 18 different strawberry spreads were formulated (table 1). Products
170 were homogenized with a mixer for 3 minutes. Then they were stored for 24 hours at 25
171 °C to allow correct gel stabilization before performing the analysis. All the analyses in
172 each of the samples were carried out by triplicate.

173 **2.3. Analytical determinations**

174 **2.3.1. Physicochemical analyses**

175 All measurements were carried out in triplicate. Moisture content was determined
176 gravimetrically by drying to constant weight in a vacuum oven at 60 °C (method 20.103
177 AOAC, 1980). Soluble solids content (°Brix) was measured, in previously homogenized
178 samples, with a refractometer at 20 °C (ATAGO 3 T), (dilution at a ratio of 4 g water
179 for each gram of sample was necessary). Water activity (a_w) was determined with a dew
180 point hygrometer ((FA-st lab, GBX). pH was determined with a pH-meter (SevenEasy,
181 Mettler Toledo).

182 **2.3.2. Colour**

183 Instrumental measurements of colour were conducted at room temperature in a Minolta
184 spectrophotometer (model CM-3600d), placing the strawberry spread in a 20 mm thick,
185 transparent plastic cell and using a black plate as the background to standardize the
186 measurements. Visible absorption spectra were recorded between 380 and 770 nm by
187 reflectance to obtain tristimulus values of CIEL*a*b*, using illuminant D₆₅ and
188 standard observer (10° visual field) as references.

189 **2.3.3. Texture**

190 Objective determinations of strength and consistency were measured with the back-
191 extrusion test using a texturometer TA/XT/PLUS Texture Analyser and the accessory
192 Back extrusion cell with 35 mm ring (García-Martínez *et al.*, 2002b; Sesmero *et al.*,
193 2007).

194 The back-extrusion test consisted of making a circular base embolus 35 mm in diameter
195 through the sample contained in a cylindrical glass vessel, at a constant speed of 1
196 mm·s⁻¹. For all the assays the embolus covered the same distance to the bottom of the
197 vessel and the amount of sample was the same.

198 This assay provides a typical curve with two characteristic areas. The above area of the
199 curve ($A_{1,2}$) is taken as a measurement of **consistency**, while the negative area ($A_{2,3}$) is
200 an indication of the **cohesiveness** and also consistency/viscosity of the sample (Sesmero
201 *et al.*, 2007).

202 2.3.4. Sensory evaluation

203 A Friedman Pairwise Ranking Analysis was used to evaluate the consumer preferences
204 of the formulations (Meilgaard *et al.*, 1999; Escriche *et al.*, 2001; González-Tomás *et*
205 *al.*, 2004). This test was chosen as it is particularly useful for a relatively inexperienced
206 panel (non trained panellists) to evaluate sets of three to six samples considering a
207 single attribute each time. 20 subjects constituted the panel which performed the
208 sensory evaluation. The selected samples for this evaluation were presented to each of
209 the subjects, in all possible paired combinations.

210 The selection of the sensory attributes was based on the characteristic criteria of the
211 samples as well as some previous experiments carried out on similar products (Abdullah
212 & Cheng, 2001; Levaj *et al.*, 2010). The panellists were asked which of the two
213 presented samples they preferred, according to each of the different attributes to be
214 evaluated, in the following order: colour (under white light), spreadability (spreading
215 the product on bread), taste (eating the product with a teaspoon), cohesiveness (sticky
216 feeling in mouth), taste with bread (eating the product once it has been spread on bread)
217 and the global preference.

218 In order to establish the existence of significant differences between the samples, the
219 statistical function T Friedman was calculated by means of equation (I). These results
220 were compared with the tabulated $X^2=7.81$ ($\alpha=0.05$) with (t-1) degrees of freedom
221 (Meilgaard *et al.*, 1999).

$$222 T = (4/p \cdot t) \cdot \sum_{i=1}^t R_i^2 - (9 \cdot p \cdot [t-1]^2) \quad (I)$$

223 where,

224 p =number of panellists

225 t =number of samples ($t=4$)

226 R_i =rank sum for each evaluated attribute

227 Afterwards, the HSD (Tukey's honestly significant difference) was calculated to

228 establish between which samples these differences lay, (equation II) (Meilgaard *et al.*,

229 1999):

$$230 \text{ HSD} = q_{\alpha, t, \infty} (p \cdot t / 4)^{1/2} \quad (II)$$

231 where,

232 $q_{\alpha, t, \infty}$ =value in table T4

233 p =number of panellists

234 t =number of samples ($t=4$)

235 *2.3.5. Statistical analysis*

236 Statgraphics Centurion was used to perform the statistical analyses. Analyses of

237 variance (multifactor ANOVA) were carried out to estimate the significance effect of

238 the process variables (kind of sugar, elaboration method and % of pectin) on the final

239 product. Furthermore a Correspondence Analysis (CA) was performed to establish the

240 relationship between the selected samples and the evaluated sensory attributes. This

241 graphical tool establishes the association structure between categorical variables

242 (McEwan & Schlich, 1991/92; Guerrero *et al.*, 2010; Beh *et al.*, 2011).

243

244 **3. Results and Discussion**

245 *3.1. Physicochemical characterization of spreadable products*

246 The composition of the strawberry spreads in terms of water activity (a_w), soluble solids

247 content (x^{ss}), moisture content (x^w) and pH is shown on table 1. It can be observed that

248 there were no significant differences between the different spreads in terms of soluble
249 solids content or pH, as they were all formulated to reach a final concentration of 30
250 °Brix. Nevertheless, a_w exhibited different values depending on the sugar used in the
251 formulation. These differences might be the result of the different configuration of the
252 sugar molecules, so despite the equal molecular size, the higher solubility leads to a
253 reduction of a_w .

254 ***3.2. Influence of the formulation on the optical and mechanical properties of the*** 255 ***spreadable strawberry products***

256 Table 2 shows the colorimetric coordinates of the different products obtained. In
257 general, the strawberry spreads showed lower values of L^* , a^* and b^* when compared
258 with fresh strawberries, independently of the process variables. Therefore, lower
259 Chroma ($C^* = (a^{*2} + b^{*2})^{1/2}$), L^* values (darkening of samples) and a slight decrease in
260 hue ($h^* = \arctg(b^*/a^*)$) were observed too. This decrease in the colorimetric
261 coordinates after the formulation process might be due to the higher soluble solids
262 content of strawberry spreads compared with fresh strawberries, and/or the degradation
263 of the red anthocyanin pigments, which are the principal phenolic compounds
264 responsible for the strawberry colour (Francis, 1985). In fact, García-Viguera *et al.*,
265 1999, pointed out that anthocyanins are very sensitive to oxidation when exposed to
266 light and oxygen.

267 As it can be seen, there was no clear trend for the colorimetric coordinates (L^* , a^* and
268 b^*), with respect to the sugar used or the pectin percentage. On the other hand, the
269 elaboration method D2 (DOD removing liquid phase) seemed to be the method which
270 better preserved the colour of fresh strawberries. Dervisi *et al.*, (2001) point out that the
271 percentage of pectin seems to have an influence on the colour of different jams.
272 Moreover, Withy *et al.*, (1993) suggest that red colour stability is affected by different

273 factors such as temperature, pH, oxygen concentration, and sugar, acid and metal
274 content. The influence of the different ingredients on the food system does not only
275 depend on their concentration or distribution within the different system phases but also
276 on the different component interactions. This determines the differences in the results
277 shown in this work.

278 Figure 2 shows the values of consistency and cohesiveness of the different evaluated
279 products. As could be expected, the higher the percentage of pectin, the higher the
280 consistency and cohesiveness values. The elaboration method also presented an
281 influence on texture parameters, probably not only because of the different fruit-solution
282 proportions but also because of the different amounts of liquid phase depending on the
283 dehydration methods (WOD or DOD). Lower liquid phase levels and higher fruit-
284 solution ratios lead to spreadable fruit products with higher consistency and
285 cohesiveness values. Finally there were differences in the mechanical properties
286 depending on the sugar used; the fruit spreads formulated with sucrose being the ones
287 with the highest values for texture parameters. It is important to point out that the
288 differences observed as a result of the different sugars and the different elaboration
289 methods became more important as the pectin percentage increased. Thus, products
290 formulated under D2-S-2 conditions (DOD removing liquid phase- sucrose - 2 %
291 Pectin) achieved the highest consistency and cohesiveness values; while jellification of
292 the products containing 1 % of pectin was not enough to give products with similar
293 values of consistency and cohesiveness to those presented by commercial jams. These
294 results suggest different behaviour in the food matrix depending not only on the
295 different ingredients but also on the different proportions and interactions. (Rauch,
296 1987; Dervisi *et al.*, 2001; Renard *et al.*, 2006)

297 The statistical analyses (ANOVA) confirmed the results discussed above. Table 3
298 shows the statistical results for the homogeneous groups depending on the different
299 process variables. Regarding the colour parameters, it can be said that neither the sugar
300 used nor the pectin percentage had a significant effect ($p_{\text{value}} < 0.05$) on the colour of the
301 different products, while the elaboration method seemed to be the only parameter which
302 produced differences in the colorimetric coordinates. As commented above, the D2
303 method seemed to preserve the colour of fresh strawberries best. On the other hand, the
304 sugar used, the elaboration method and the percentage of pectin had a significant effect
305 ($p_{\text{value}} < 0.05$) on the texture of the different products.

306 **3.3. Sensory evaluation**

307 Of the 18 possible formulations, only four strawberry spreads with isomaltulose were
308 selected to carry out the sensory evaluation (Table 4). Sucrose formulations were not
309 selected for the following reasons: Firstly, the instrumental results did not show
310 important differences between those spreadable strawberry products formulated with
311 sucrose and those formulated with isomaltulose. Secondly, one of the principal interests
312 of this study was to discern the sensory perception of consumers when sucrose was
313 totally replaced with isomaltulose. Finally, it was not considered appropriate to compare
314 sucrose and isomaltulose formulations in terms of sweetness as sucrose is twice as
315 sweet as isomaltulose (Schiweck, 1980; Hawai *et al.*, 1989; Lina *et al.*, 2002). Wet
316 Osmotic Dehydration formulations (W) were not selected as the mechanical and optical
317 results obtained with this method were not very different from those obtained with Dry
318 Osmotic Dehydration eliminating liquid phase (D2). Moreover, the former dehydration
319 method produces much higher volumes of generated osmotic solution, with the
320 consequent disadvantages from an environmental point of view. Finally, products
321 containing 1 % pectin were also avoided as this pectin level produced spreads which

322 were not consistent and cohesive enough to allow the typical jelly texture presented by
323 commercial jellies and spreads. Therefore, a total of 6 pairs, corresponding to all the
324 possible pairings of the 4 products, were evaluated by the panellists.

325 Table 4 shows the results of the pairwise ranking test for the sensory evaluation of the
326 four spreadable strawberry products selected. It shows the number of times that each
327 row sample was preferred to each column sample for each attribute. The first step in the
328 Friedman analysis is to compute the rank sum for each sample. In this case the rank
329 sums were obtained by adding the sum of row frequencies to twice the sum of the
330 column frequencies (Table 5). The most preferred samples have the lowest values on the
331 ranking scale, and the least preferred the highest values, depending on the evaluated
332 attribute. In order to evaluate whether there were significant differences between the
333 four samples for each of the evaluated attributes, the statistical function T Friedman was
334 obtained as mentioned in material and methods (Escriche *et al.*, 2001; González-Tomás
335 *et al.*, 2004). As these T values were higher than the tabulated $X^2=7.81$ ($\alpha=0.05$) in all
336 cases (except for colour), there were significant differences between the four samples
337 for all the other evaluated attributes with a significance level of 95 % (Meilgaard *et al.*,
338 1999).

339 Once it was demonstrated that significant differences existed between the samples, it
340 was necessary to discover where the differences lay. For this reason, the HDS (which
341 indicates whether two samples are significantly different) was calculated, as explained
342 in material and methods. There are significant differences between two spreadable
343 products, for each attribute, when the difference between their rank sum values is higher
344 than the HDS (16.23). On the contrary, when the difference between the rank sum
345 values is lower than the HDS (16.23), there is no significant difference between the two

346 samples for this attribute. In Table 5, the indices “a” or “b” are used to indicate
347 homogeneous groups (Meilgaard *et al.*, 1999).

348 Regarding colour, panellists did not notice significant differences between the different
349 spreadable products. Nevertheless formulation D1-1.5 was the one with the best
350 evaluated attributes in terms of adhesiveness, taste, taste with bread and global
351 appreciation, though its spreadability obtained the lowest value. This formulation
352 showed significance differences with formulation D2-2 which attained the worst
353 evaluated attributes in terms of adhesiveness, taste, taste with bread and global
354 appreciation, but the best spreadability value. These results were not surprising as they
355 were the spreadable products with the greatest differences in their process variables.

356 A Correspondence Analysis was conducted to better understand the relationship
357 between the preferences of the subjects and the evaluated attributes from a descriptive
358 point of view. Figure 3 shows the two dimension plot of sample scores and compound
359 loadings obtained by means of the correspondence analysis. The first two dimensions
360 explained 95.57% of the total variance (Dimension 1, 56.61% and Dimension 2, 38.96
361 %). The attributes which contribute the most to the global preference “*global*” were
362 cohesiveness, taste, and taste with bread, as they are located close to each other on the
363 right side of the plot. Given their proximity to these attributes, the spreadable products
364 formulated by means of D1 (Dry Osmotic Dehydration without eliminating liquid
365 phase) were the ones which were preferred. On the other hand, spreadability was the
366 attribute which contributed least to the global preference of the product, this attribute
367 being located on the left side of the plot, together with spreadable products formulated
368 by means of D2 (Dry Osmotic Dehydration eliminating liquid phase). Moreover, there
369 were no differences between the colour of the different formulations (values of C* and

370 h* were very similar) since this attribute was located at the top of the plot and did not
371 really contribute to the panellists' choices.

372 Finally, with the aim of observing the relation between the mechanical parameters
373 obtained by means of instrumental analyses, and the sensorial preferences, these
374 instrumental values were plotted in Figure 3. It shows, how the most appreciated values
375 of mechanical properties were those ranging from 4 to 5 N·s for consistency, and 0.6 to
376 0.9 N·s for cohesiveness, while higher values of both parameters were not appreciated
377 by the panellists.

378 **4. Conclusions**

379 The type of sugar, the fruit-solution proportion and the pectin percentage have a high
380 influence on the texture (consistency and cohesiveness) of the spreadable strawberry
381 products. Of these, the sucrose products with more fruit and high pectin percentage had
382 the highest values for texture, as expected. Regarding instrumental measurements,
383 colour does not seem to be affected by the different variables, though the spreadable
384 strawberry products obtained with “Dry Osmotic Dehydration eliminating the liquid
385 phase” (D2), seem to be more similar to fresh strawberries. Global preference was
386 mainly influenced by taste and texture, the most appreciated products being those
387 obtained without eliminating the osmotic solution and containing intermediate levels of
388 pectin. These results suggest that spreadable products made with isomaltulose could
389 have a good acceptability among consumers. Nevertheless, further research would be
390 interesting to establish the self-life of the product. For instance a mild heat treatment
391 such as pasteurization, once the final spread is formulated, may be indicated to give
392 more durability to the product without decreasing its quality.

393

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398

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Table 1. Average physicochemical composition of strawberry spreadable products depending on type of sugar, elaboration method and pectin percentage (n=3).

30 Brix		x^w	x^{ss}	a_w	pH	
Elaboration	% Pectin					
Sucrose						
1		1	0.665 (0.002)	0.320 (0.009)	0.952 (0.002)	-
2	W	1.5	0.6580 (0.0004)	0.325 (0.004)	0.9550 (0.0006)	3.663 (0.012)
3		2	0.6667 (0.004)	0.323 (0.002)	0.9550 (0.0012)	3.56 (0.02)
4		1	0.6703 (0.0004)	0.326 (0.005)	0.9490 (0.0012)	-
5	D1	1.5	0.6640 (0.0009)	0.309 (0.006)	0.9480 (0.0012)	-
6		2	0.6688 (0.0012)	0.327 (0.003)	0.952 (0)	3.62 (0)
7		1	0.687 (0.002)	0.306 (0.002)	0.9530 (0.0006)	3.633 (0.006)
8	D2	1.5	0.6823 (0.002)	0.302 (0.003)	0.958 (0.002)	3.617 (0.006)
9		2	0.663 (0.002)	0.26 (0.02)	0.9470 (0.0012)	-
Isomaltulose						
10		1	0.73 (0.06)	0.31 (0.02)	0.9700 (0.0006)	3.753 (0.006)
11	W	1.5	0.6775 (0.0012)	0.266 (0.006)	0.967 (0.002)	3.547 (0.012)
12		2	0.6766 (0.0012)	0.29 (0.02)	0.971 (0.002)	-
13		1	0.699 (0.002)	0.278 (0.007)	0.9670 (0.0006)	3.580 (0.012)
14	D1	1.5	0.6905 (0.0012)	0.293 (0.014)	0.968 (0.002)	3.637 (0.012)
15		2	0.6890 (0.0008)	0.3019 (0.003)	0.9640 (0.0006)	-
16		1	0.706 (0.005)	0.277 (0.003)	0.9640 (0.0006)	-
17	D2	1.5	0.691 (0.003)	0.283 (0.008)	0.9720 (0.0006)	-
18		2	0.719 (0.002)	0.29 (0.02)	0.9710 (0.0012)	3.660 (0.012)
Mean (standard deviation)						

Table 2 Values of the colorimetric coordinates (L^* , a^* , b^*), chroma (C^*) and hue (h^*) of raw strawberries and the different spreadable products depending on the different variables

			L^*	a^*	b^*	C^*	h^*
Raw strawberries			35.77 (0.09)	23.1 (0.2)	9.98 (0.09)	25.2 (0.2)	23.3 (0.2)
Sucrose							
1		1	37.211 (0.008)	15.6 (0.2)	6.42 (0.13)	16.9 (0.2)	22.3 (0.2)
2	W	1.5	31.2 (0.2)	17.9 (0.3)	7.569 (0.108)	19.4 (0.3)	22.9 (0.4)
3		2	31.353 (0.106)	19.7 (0.2)	8.9 (0.2)	21.7 (0.3)	24.5 (0.2)
4		1	30.1 (0.3)	17.2 (0.5)	8.5 (0.3)	19.2 (0.6)	26.33 (0.09)
5	D1	1.5	32.2 (0.3)	17.3 (0.3)	8.1 (0.2)	19.1 (0.4)	25.2 (0.2)
6		2	30.31 (0.09)	15.39 (0.02)	7.0 (0.04)	16.90 (0.03)	24.428 (0.103)
7		1	31.4 (0.2)	18.4 (0.5)	7.9 (0.2)	20.1 (0.5)	23.2 (0.2)
8	D2	1.5	31.3 (0.2)	19.2 (0.3)	8.4 (0.2)	21.0 (0.3)	23.6 (0.2)
9		2	33.6 (0.4)	18.7 (0.7)	8.5 (0.4)	20.5 (0.8)	24.6 (0.2)
Isomaltulose							
10		1	31.6 (0.2)	16.7 (0.4)	6.5 (0.2)	17.9 (0.4)	21.3 (0.2)
11	W	1.5	32.2 (0.2)	16.7 (0.4)	7.7 (0.2)	18.4 (0.5)	24.8 (0.2)
12		2	33.2 (0.3)	17.1 (0.2)	7.6 (0.2)	18.8 (0.2)	23.9 (0.5)
13		1	30.2 (0.2)	16.3 (0.6)	7.6 (0.3)	18.0 (0.8)	25.16 (0.05)
14	D1	1.5	30.62 (0.05)	17.03 (0.13)	7.68 (0.14)	18.7 (0.2)	24.3 (0.2)
15		2	37.5 (0.3)	15.2 (0.4)	6.7 (0.2)	16.6 (0.5)	23.7 (0.1)
16		1	31.4 (0.2)	19.3 (0.4)	9.0 (0.3)	21.3 (0.5)	25.1 (0.2)
17	D2	1.5	34.3 (0.2)	19.6 (0.2)	8.91 (0.13)	21.5 (0.2)	24.5 (0.2)
18		2	30.38 (0.09)	15.30 (0.13)	6.09 (0.03)	16.5 (0.2)	21.7 (0.07)

Variables: elaboration method (*W* wet osmotic dehydration, *D1* dry osmotic dehydration without eliminating the liquid phase, *D2* dry osmotic dehydration eliminating the liquid phase); type of sugar (*S* sucrose, *I* isomaltulose); and pectin percentage (1, 1.5 and 2 g pectin/100 g) ($n=3$)
 Values are presented as mean (standard deviation)

Table 3 Homogeneous groups identified from the ANOVA factorial performed depending on the elaboration method (W, D1 or D2); type of sugar (S or I); and pectin percentage (1, 1.5 and 2 g pectin/100 g)

	Sugar		Elaboration method		% Pectin	
Colorimetric coordinates						
<i>L*</i>	S	32.1 (0.3) (a)	W	32.8 (0.4) (a)	1	32.0 (0.4) (a)
			D1	31.8 (0.4) (a)	1.5	32.0 (0.4) (a)
	I	32.4 (0.3) (a)	D2	32.1 (0.4) (a)	2	32.7 (0.4) (a)
<i>a*</i>	S	17.72 (0.13) (b)	W	17.72 (0.16) (b)	1	17.24 (0.16) (a)
			D1	16.40 (0.16) (a)	1.5	17.96 (0.16) (b)
	I	17.02 (0.13) (a)	D2	18.41 (0.16) (c)	2	16.90 (0.16) (a)
<i>b*</i>	S	7.94 (0.09) (b)	W	7.47 (0.12) (a)	1	7.66 (0.12) (a)
			D1	7.61 (0.12) (a)	1.5	8.07 (0.12) (b)
	I	7.54 (0.09) (a)	D2	8.14 (0.12) (b)	2	7.48 (0.12) (a)
Texture values						
Consistency	S	6.4 (0.4) (b)	W	6.7 (0.5) (b)	1	4.6 (0.5) (a)
			D1	4.2 (0.5) (a)	1,5	6.0 (0.5) (b)
	I	5.6 (0.4) (a)	D2	7.1 (0.5) (b)	2	7.4 (0.5) (c)
Cohesiveness	S	1.12 (0.08) (b)	W	1.2 (0.1) (b)	1	0.7 (0.1) (a)
			D1	0.7 (0.1) (a)	1.5	1.0 (0.1) (b)
	I	0.97 (0.08) (a)	D2	1.3 (0.1) (b)	2	1.5 (0.1) (c)

Values are presented as mean (standard deviation)

W wet osmotic dehydration, *D1* dry osmotic dehydration without eliminating liquid phase, *D2* dry osmotic dehydration eliminating liquid phase, *S* sucrose, *I* isomaltulose

Same letters in parentheses mean no significant difference

Table 4 Pairwise ranking test: number of times that each row sample was selected as to have better attributes than each column sample

	D1-1.5	D1-2	D2-1.5	D2-2
Cohesiveness				
D1-1.5	–	10	17	15
D1-2	9	–	12	16
D2-1.5	2	7	–	13
D2-2	5	4	5	–
Taste				
D1-1.5	–	12	19	14
D1-2	8	–	9	13
D2-1.5	0	11	–	13
D2-2	6	7	4	–
Colour				
D1-1.5	–	10	9	9
D1-2	7	–	11	9
D2-1.5	9	7	–	12
D2-2	8	9	5	–
Spreadability				
D1-1.5	–	7	6	6
D1-2	13	–	6	7
D2-1.5	14	14	–	8
D2-2	14	13	9	–
Taste with bread				
D1-1.5	–	11	16	15
D1-2	8	–	9	10
D2-1.5	3	11	–	11
D2-2	5	8	6	–
Global				
D1-1.5	–	12	16	13
D1-2	8	–	9	10
D2-1.5	4	11	–	14
D2-2	7	10	5	–

Pectin percentage, 1.5 and 2 g pectin/100 g

D1 dry osmotic dehydration without eliminating the liquid phase, *D2* dry osmotic dehydration eliminating the liquid phase)

Table 5 Rank of the different attributes obtained by Friedman test

	D1-1.5	D1-2	D2-1.5	D2-2
Colour	76 (a)	79 (a)	78 (a)	82 (a)
Cohesiveness	74 ^a (a)	79 ^a (a)	90 (ab)	102 ^a (b)
Taste	73 ^a (a)	90 (ab)	88 (ab)	97 ^a (b)
Spreadability	101 ^a (b)	94 (ab)	78 ^a (a)	78 ^a (a)
Taste (bread)	74 ^a (a)	87 (ab)	87 (ab)	91 ^a (b)
Global	79 ^a (a)	93 (ab)	89 (ab)	96 ^a (b)

Pectin percentage, 1.5 and 2 g pectin/100g; HSD=16.2339 ($p<0.05$), $q_{\alpha,t,\infty}$ being 3.65

Same letters in parentheses mean no significant difference

D1 dry osmotic dehydration without eliminating the liquid phase, *D2* dry osmotic dehydration eliminating liquid phase

^a Values in the same row with significant differences (95 %)

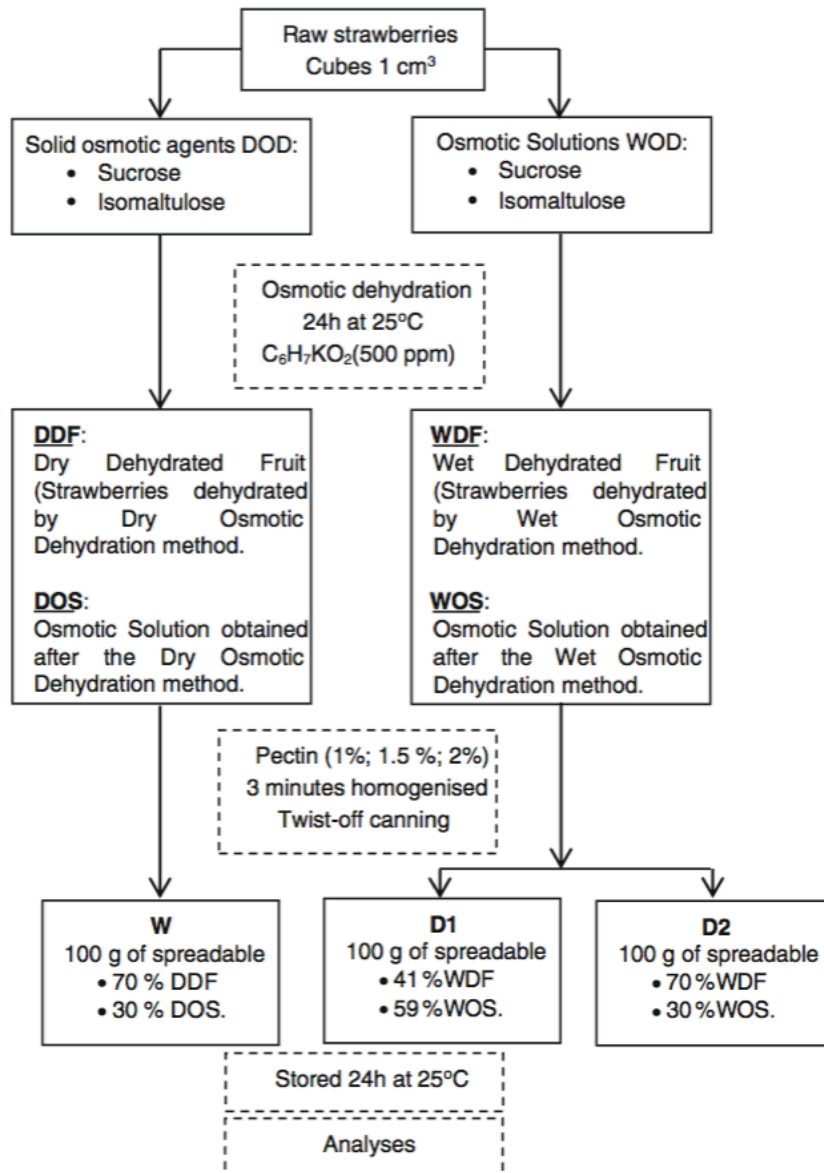


Figure 1: Flow chart of the processing conditions

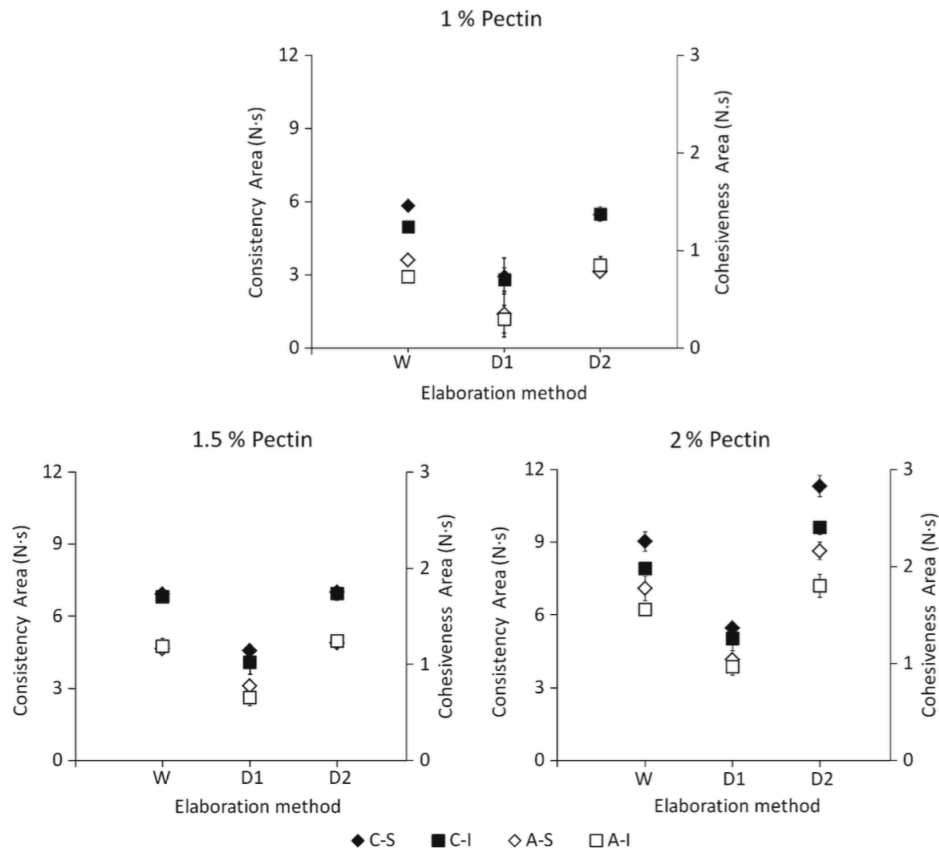


Figure 2: Values of consistency (C: positive area of curve Force vs. time (N·s)) and cohesiveness (A: negative area of curve Force vs. time (N·s)) of strawberry spreads considering elaboration method (W: *Wet Osmotic Dehydration*; D1: *Dry Osmotic Dehydration without eliminating liquid phase*; D2: *Dry Osmotic Dehydration eliminating liquid phase*), type of sugar (S: Sucrose; I: Isomaltulose) and pectin percentage (1, 1.5 and 2 %).

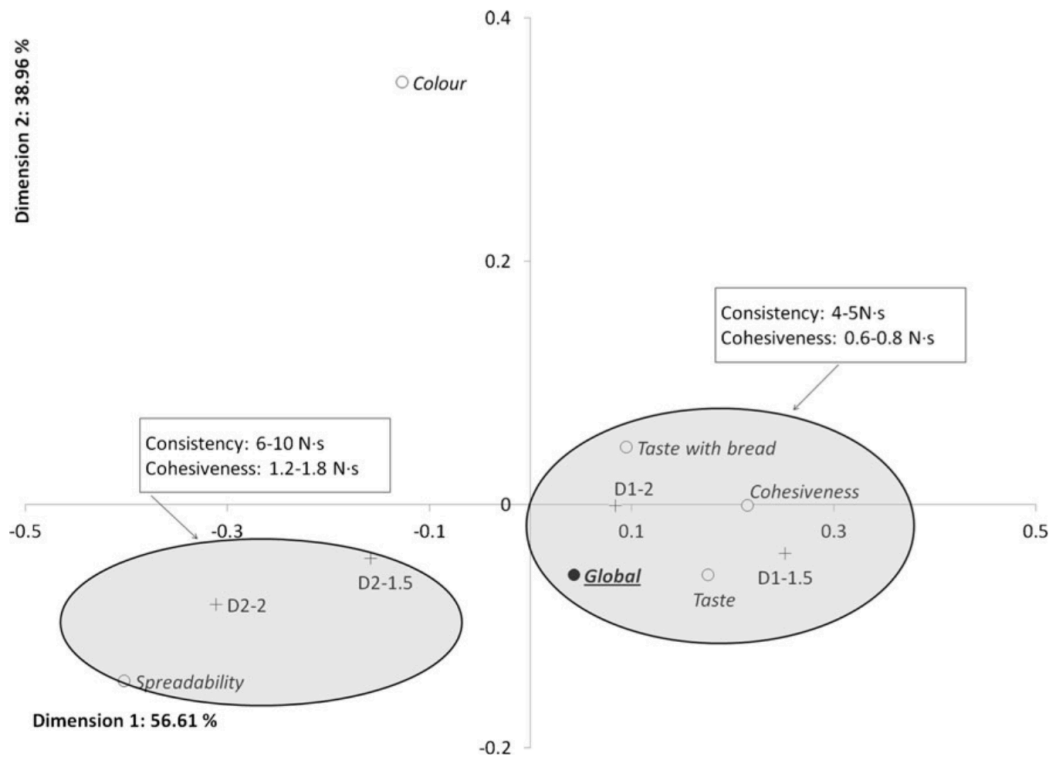


Figure 3: Two-dimensional correspondence plot (95.57% of the total variance: Dimension 1, 56.61 % and Dimension 2, 38.96 %), obtained from performing the correspondence analysis for the four selected samples considering the elaboration method (D1: *Dry Osmotic Dehydration without eliminating liquid phase*; D2: *Dry Osmotic Dehydration eliminating liquid phase*), and pectin percentage (1.5 and 2 %).