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Additional Information

25 processed by both casting and compression molding, all of which exhibited a
26 bactericidal effect.

27

28 **Keywords:** Corn starch, bovine gelatin, lysozyme, LAE, *Listeria innocua*.

29

30 **Introduction**

31 Petroleum-derived synthetic plastics have been traditionally used as packaging
32 materials due to their availability, low cost, good mechanical and barrier
33 properties and their thermo-processing ability. In the food industry, these
34 materials are broadly used as packaging materials to preserve and protect food
35 from physical damage, oxidation and microbial spoilage. However, the
36 accumulation of these non-biodegradable materials is a serious environmental
37 problem while their recycling incurs a high cost. This is why new materials
38 based on biodegradable polymers have been developed in the last few years ¹.

39 Starch and gelatin are biodegradable materials, widely available, low cost and
40 with very good film forming ability^{2, 3, 4, 5}. The combination of TPS (thermoplastic
41 starch) with other polymers, such as gelatin, has been pointed out as a way of
42 enhancing film mechanical behavior, leading to films with higher resistance and
43 elongation capacity ^{6, 7, 8, 9}. Previous works reflected that the starch:gelatin
44 combination (1:1 mass ratio) yielded films with improved mechanical resistance
45 and extensibility ⁶.

46 Incorporation of bioactive agents into biodegradable films enhanced their
47 functionality and added value to obtain active packaging materials. These
48 compounds also favour the preservation of the packaging itself. Developing

49 active films is a very useful strategy in order to prevent the growth of spoilage
50 microorganisms, hence prolonging the shelf-life of the food products and
51 maintaining their quality. Some of the most widely studied natural bioactive
52 agents are essential oils, phenolic compounds, bacteriocines and enzymes ¹⁰,
53 ¹¹.

54 Lysozyme (LZ) is among the antimicrobial enzymes that have been
55 incorporated into biodegradable polymer materials to obtain active packaging ¹².
56 It is broadly stable, and as it has a high isoelectric point ($pI \approx 11$), it is positively
57 charged at the pH of most food products ¹⁰. The antimicrobial activity of this
58 protein is based on its ability to break the bonds between N-acetylmuramic acid
59 and N-acetylglucosamine of the peptidoglycan of the cell walls of Gram-positive
60 bacteria ¹³. Egg White lysozyme is considered as GRAS (generally recognized
61 as safe) by the Food and Drug Administration (FDA), and used as a food
62 additive E-1105.

63 Ethyl lauril arginate (N- α -lauroyl-L-arginine ethyl ester monohydrochloride, LAE),
64 is a cationic surfactant derived from lauric acid, L-arginine, and ethanol. It is
65 considered as one of the most potent food antimicrobial agents with a wide
66 spectrum of antimicrobial activity ¹². It interacts with the cell membranes and
67 causes the membrane protein denaturation, which increases its permeability
68 and causes cell growth inhibition or even death ¹⁴.

69 LAE can be metabolized to yield digestible compounds, which is why it is
70 considered GRAS by FDA, and it has been accepted as food additive E243 ^{15, 16}
71 It has recently been incorporated into food packaging materials, such as
72 polyethylene terephthalate and polypropylene, and even biodegradable

73 matrices, such as etilen-vinil-alcohol ¹⁷ and chitosan ¹⁶. LAE is predominantly
74 hydrophilic and hence tends to be located in the aqueous phase of food, where
75 the antimicrobial activity takes place. It is chemically stable within the range pH
76 3 to 7, which includes most food products. It is effective even at lower
77 concentrations than other food preservatives, which makes it a promising
78 additive for biodegradable films ¹⁶.

79 The novelty of this study resides in the possibility of enhancing the functionality
80 and added value of starch-gelatin films by means of the incorporation of
81 lysozyme or LAE in order to obtain active packaging materials for food
82 applications, based on their low cost and food compatibility. In this sense, both,
83 the casting method, which are useful for food coating, and thermoplastic
84 processing, with potential industrial scale-up, have been studied. Thus, the aim
85 of the present work was to obtain active films based on starch-gelatine blends,
86 by incorporating LZ or LAE, using both casting and thermoprocessing methods.
87 The effect of active compounds and processing method on the microstructure,
88 functional properties and antimicrobial power against *Listeria innocua* of the
89 blend films was analysed. Total migration values of the different films into
90 distinct food simulants were also determined.

91

92 **2. Materials and Methods**

93 *2.1. Materials*

94 The following materials were used for film preparation: Corn starch (CS)
95 (Roquette Laisa España, S.A., Valencia, Spain); Bovine gelatin type A (BG)
96 (Sancho de Borja, S.L., Zaragoza, Spain); liofilized lysozyme (LZ) (Fluka

97 Analytical, Sigma–Aldrich Chemie GmbH, Steinheim, Germany); Ethyl lauroyl
98 arginate (LAE) at 10% w/v in ethanol (Vedeqsa, Lamirsa, Terrassa, Spain). All
99 other chemicals were reagent grade supplied by Panreac Química S.A.
100 (Castellar del Vallés, Barcelona, Spain). Tryptic Soy Broth (TSB), Palcam Agar
101 Base, Agar Bacteriological and Buffered Peptone Water were from (Scharlab,
102 Barcelona, Spain). *Listeria innocua* (CECT 910) was provided by the Colección
103 Española de Cultivos Tipo (CECT, Burjassot, Valencia, Spain). *Micrococcus*
104 *lysodeikticus* ATCC 4698 was purchased from Sigma, Steinheim, Germany.

105

106 2.2. Lysozyme activity

107 The enzyme activity of lysozyme was determined by a spectrophotometric
108 method as described by previous authors ¹⁸, using a spectrophotometer (Helios
109 Zeta UV-VIS, Thermo Fisher Scientific, UK). The absorbance reduction, caused
110 by the lysis of *Micrococcus lysodeikticus* (0.015% w/v), for 5 min, was
111 measured at 450 nm and 25 °C ¹⁸.

112 The cells were suspended at 0.01% (w/v) in phosphate buffer (66.6 mM, pH
113 6.24), aiming to achieve an initial absorbance of between 0.6 and 0.7 at 450 nm
114 and 25 °C. A lysozyme solution (200-400 units/ml) was prepared using the
115 same buffer, and 100 µl of this solution were mixed with 2.5 mL of *M.*
116 *lysodeikticus* suspension. The absorbance was monitored at 25 °C for 5
117 minutes. A mixture of 2.5 mL of *Micrococcus suspension* and 100 µL of buffer
118 was used as blank.

119 The initial slope of the absorbance vs. time curve was used to quantify the
120 enzymatic activity. This was expressed as units of lysozyme per mg (U/mg).

121 One unit corresponds to a change in absorbance of 0.001 in 1min ¹⁹. Each
122 analysis was carried out in triplicate.

123

124 *2.3. Film preparation*

125 Three different film forming formulations were prepared using corn starch and
126 bovine gelatin (wt. ratio 1:1) as blend matrix, using glycerol as plasticizer.
127 Control films (CF) and films with lysozyme (LZ) or LAE were considered. Both
128 bioactive compounds were added at a polymer:compound wt.ratio of 1:0.1.
129 Two different techniques were used in order to obtain each film formulation,
130 namely casting (C films) and melt blending plus thermocompression (P films).
131 The amount of plasticizer was fitted in each process to obtain handling films by
132 using the minimum amount as possible to reduce its negative effects. In the
133 case of casting films, glycerol was added at 25 wt.% with respect to the total
134 polymer mass, whereas this ratio was 30 wt.% for thermo-processed films.
135 Therefore, six film types were obtained: control films (CCF and PCF), films with
136 LZ (CLZ and PLZ), and films with LAE (CLAE and PLAE), by using casting or
137 thermocompression, respectively.

138 *To obtain casting films*, CS was dispersed in distilled water (2% wt.) and stirred
139 for 5 minutes. In order to induce starch gelatinization, it was immersed in a
140 thermostatic bath at 100°C for 30 min, and then cooled down to room
141 temperature. BG dispersion (2% wt) was prepared at 40°C under magnetic
142 stirring for 30min. Additionally, LZ dispersion at 10 wt.% was prepared under
143 stirring at 800rpm for 20min at 25°C. CS and BG dispersions were mixed in the
144 adequate proportions to obtain the control films (CCF). Glycerol (25g/100 g

145 polymer) and LZ or LAE (10% w/v in ethanol) solutions were added to obtain
146 CLZ and CLAE films with 10 g of active/100 g polymer. The mass of film
147 forming dispersion corresponding to 1.5 g solids was poured in Teflon plates
148 (150 mm diameter) and dried for 48 h at 45%RH and 25 °C. Dried films were
149 separated from the plates and conditioned for one week at 25°C and 53% RH
150 (in desiccators with saturated solutions of magnesium nitrate) prior to analyses.

151 Compression molded films were obtained by mixing the dry components, CS,
152 BG (and LZ when present) in the proportions defined. The dry blend was mixed
153 with glycerol and water using polymers:glycerol:water mass ratios of 1:0.3:1.1.
154 For films containing LAE, the corresponding amount of the LAE ethanol solution
155 was added to the polymer-glycerol-water blend.

156 Each mixture was hot-blended in a two-roll mill (Model LRM-M-100, Labtech
157 Engineering, Thailand) at 160°C and 8 rpm for 10 minutes until a homogeneous
158 blend was obtained. The pellets obtained were conditioned for one week at
159 25°C and 53%RH using saturated solutions of magnesium nitrate. The films
160 were obtained by compression molding using a hot-plate press (Model LP20,
161 Labtech Engineering, Thailand). Four grams of the blend were preheated at
162 160°C for 5 min in the press plate and then pressed at 160°C and 30 bar for 2
163 min, followed by 130 bar for 6 min. Thereafter, a cooling cycle to 6°C for 3 min
164 was applied. The films were finally conditioned in the same way as those
165 obtained by casting.

166

167 *2.4. Microstructural and physical film characterization*

168

169 2.4.1. Film microstructure

170 Cross section and surface images of the films were obtained by Field Emission
171 Scanning Electron Microscopy (FESEM), with a microscope ZEISS®, model
172 ULTRA 55 (Germany). Prior to analysis, the samples were conditioned in
173 desiccators containing P₂O₅ for 48h. For the cross-section observations,
174 samples were cryofractured by immersion in liquid nitrogen. All the samples
175 were mounted on copper stubs and coated with platinum.

176

177 2.4.2. Tensile properties

178 The **tensile** behavior was analyzed following the standard method ²⁰ using a
179 texture analyzer (TA-XTplus, Stable Micro Systems, Surrey, United Kingdom).
180 Twelve replicates per film sample, using film strips (25mm wide, 100mm long),
181 were considered. Prior to every test, the film thickness was measured at four
182 different points by using a hand-held digital micrometer (Electronic Digital
183 Micrometer, Comecta S.A., Barcelona, Spain). Equilibrated film specimens were
184 mounted in the film extension grips and stretched at 50 mm min⁻¹ until breaking.
185 Elastic modulus (EM), tensile strength (TS) and elongation at break (% E) were
186 determined from stress–strain curves, estimated from force–deformation data.

187

188 2.4.3. Optical properties: translucency, color and gloss

189 The reflectance spectra of the films (400 to 700nm) were obtained with a
190 spectrophotometer MINOLTA, model CM-3600d (Minolta CO, Tokyo, Japan), on
191 both a black (R₀) and a white (R) **background of known reflectance**. The internal

192 transmittance of the films (T_i) was calculated from these spectra, as an indicator
193 of the film transparency, using the Kubelka–Munk theory ²¹ for multiple
194 scattering. The reflectance for an infinite film thickness, R_∞ , was also determined
195 to obtain color CIE-L*a*b* parameters (CIE, 1986), using illuminant D₆₅ and
196 observer 10°. Color coordinates, Lightness (L^*) chrome (C_{ab}^*) and hue (h_{ab}^*), as
197 well as the whiteness index (WI) of the samples, were calculated according
198 previous works ²². Six samples per formulation were measured.

199 The gloss of the films was measured according to the standard method ²³ at 60°
200 incidence angle, using a flat surface gloss meter (Multi.Gloss 268, Minolta,
201 Germany). Six samples per formulation and three measurements per sample
202 were taken. For casting films, measurements were taken on the side which was
203 in contact with air during drying. Results were expressed as gloss units, relative
204 to a highly polished surface of black glass standard with a value near to 100.

205

206 2.4.4. Moisture content and barrier properties

207 The moisture content of film samples previously conditioned at 53% RH was
208 determined in six samples per formulation. Samples were dried in a vacuum
209 oven (60°C-24h) and, subsequently, conditioned in desiccators with P₂O₅ until
210 constant weight was reached. The results were expressed as g of water per g of
211 dry film.

212 The water vapour permeability (WVP) of the films was determined following a
213 modification of the gravimetric method ²⁴, as described by other authors ²⁵. Six
214 samples (35mm diameter) per formulation were analyzed. Film thickness was
215 measured with a hand-held digital micrometer (Electronic Digital Micrometer,

216 Comecta S.A., Barcelona, Spain) at six points. The film samples were secured
217 in Payne permeability cups (Elcometer SPRL, Hermelle/s Argenteau, Belgium)
218 containing 5ml of distilled water (100%RH). Then, the cups were placed in a
219 pre-conditioned cabinet at 25 °C and 53% RH using magnesium nitrate
220 saturated solutions. In order to reduce the resistance to transport of water
221 vapour, a fan was placed above each cup. The cups were weighed periodically
222 (± 0.00001 , ME36S Sartorius, Germany) every 1.5 h, until steady state had been
223 reached (24h).

224 The oxygen permeability (OP) of the films was determined by using an OX-
225 TRAN (Model 2/21 ML Mocon Lippke, Neuwied, Germany) following the
226 standard method ²⁶. Measurements were carried out at 53% RH and 25°C on
227 samples with 50cm² of exposed area. The sample thickness was measured at
228 six points before the test using a hand-held digital micrometer (Electronic Digital
229 Micrometer, Comecta S.A., Barcelona, Spain). Two replicates per formulation
230 were made. The OP was calculated from the oxygen transmission rate, taking
231 into account the film thickness.

232

233 2.4.5. Film solubility and swelling in water

234 Water solubility and swelling of the films were determined by using a
235 modification of the method described by Balaguer et al., (2011) ²⁷. Film samples
236 of 3x3 cm² were initially conditioned for 2 weeks in a desiccator over P₂O₅ (zero
237 theoretical equilibrium moisture content) to obtain dried films. Weighed (W_d)
238 dried film samples were immersed in 10 mL of distilled water, gently stirred and
239 kept in contact for 24h at 25°C. Then, the samples were taken out from the

240 solvent, gently drained and weighed (W_w^f). The total water content of the wet
241 films was determined by conditioning them in desiccators over P_2O_5 till constant
242 weight (W_d^f). Three replicates per formulation were run. The solubility of the
243 films was expressed as the weight loss (WL%) of the samples (Equation 1) in
244 g/100 g of dried film, while the swelling capacity was estimated as the water
245 uptake (ΔW) (Equation 2) and expressed as g water/100 g of final dried film.

$$246 \quad WL\% = \frac{W_d^i - W_d^f}{W_d^i} \cdot 100 \quad (\text{Equation 1})$$

247

$$248 \quad \Delta W\% = \frac{W_w^f - W_d^f}{W_d^f} \cdot 100 \quad (\text{Equation 2})$$

249

250 2.4.6. Overall Migration

251 Overall migration tests of the films conditioned for 1 week at 53% RH were
252 carried out following the current legislation²⁸. Film samples with a total area of
253 20.8 cm² were immersed in 50 mL of different food simulants: distilled water,
254 simulant A (ethanol 10% v/v, simulating hydrophilic foods), simulant B (acetic
255 acid 3% w/v, simulating low pH hydrophilic foods) and simulant D2 (isooctane,
256 simulating lipophilic foods with free fats at the surface). All the samples were
257 kept in contact with the simulants for 10 days at 20°C, to simulate any food
258 contact under frozen and refrigerated conditions. After incubation, the film
259 samples were removed from the simulants, which were evaporated to dryness.
260 The final mass of the residues determines the overall migration value. The
261 results were expressed as mg of total constituents released per dm² of film. All
262 the tests were run in duplicate.

263

264 2.4.7. Thermogravimetric analysis

265 The thermal stability of the films was analyzed using a thermogravimetric
266 analyzer (TGA/SDTA 851e, Mettler Toledo, Schwerzenbach, Switzerland).
267 Approximately 3 mg of preconditioned sample were used in each test. The
268 sample was heated from room temperature to 600 °C, under nitrogen flow (50
269 mL/min), at 10°C/min. Two replicates per formulation were run.

270

271 *2.5. Antimicrobial characterization*

272 The antimicrobial activity of the films with LZ and LAE was analyzed using the
273 Gram positive bacterium *Listeria innocua* (CECT 910). The strain used, initially
274 frozen in TSB with 30% glycerol, was regenerated by inoculation in 10 ml TSB.
275 After incubation (24 h at 37°C), 10µl were transferred into 10 ml TSB, which
276 was incubated for 24 h at the same temperature **to obtain the** work culture.

277 Agar plates with 10mL of TSA-NaCl (3%) were inoculated with 10² CFU/cm² of
278 *L.innocua* (diluted from the work culture), and completely covered by a film with
279 the same surface as the plate. An inoculated plate without film was used as
280 inoculum control, and films without antimicrobial agents (CCF and PCF) were
281 used as control films. All the plates were incubated at 37°C for 24 h, and
282 bacterium counts were performed at different times of incubation (0, 5 and 24
283 h), using a specific medium for *Listeria*, Palcam agar. All the tests were run in
284 duplicate.

285

286 *2.6. Statistical analysis*

287 The statistical analysis of the data was performed through analysis of variance
288 (ANOVA) using Statgraphics Centurion XVI s for Windows 5.1 (Manugistics
289 Corp., Rockville, Md.)

290

291 **3. Results and Discussion**

292

293 *3.1. Microstructural and physical film characterization*

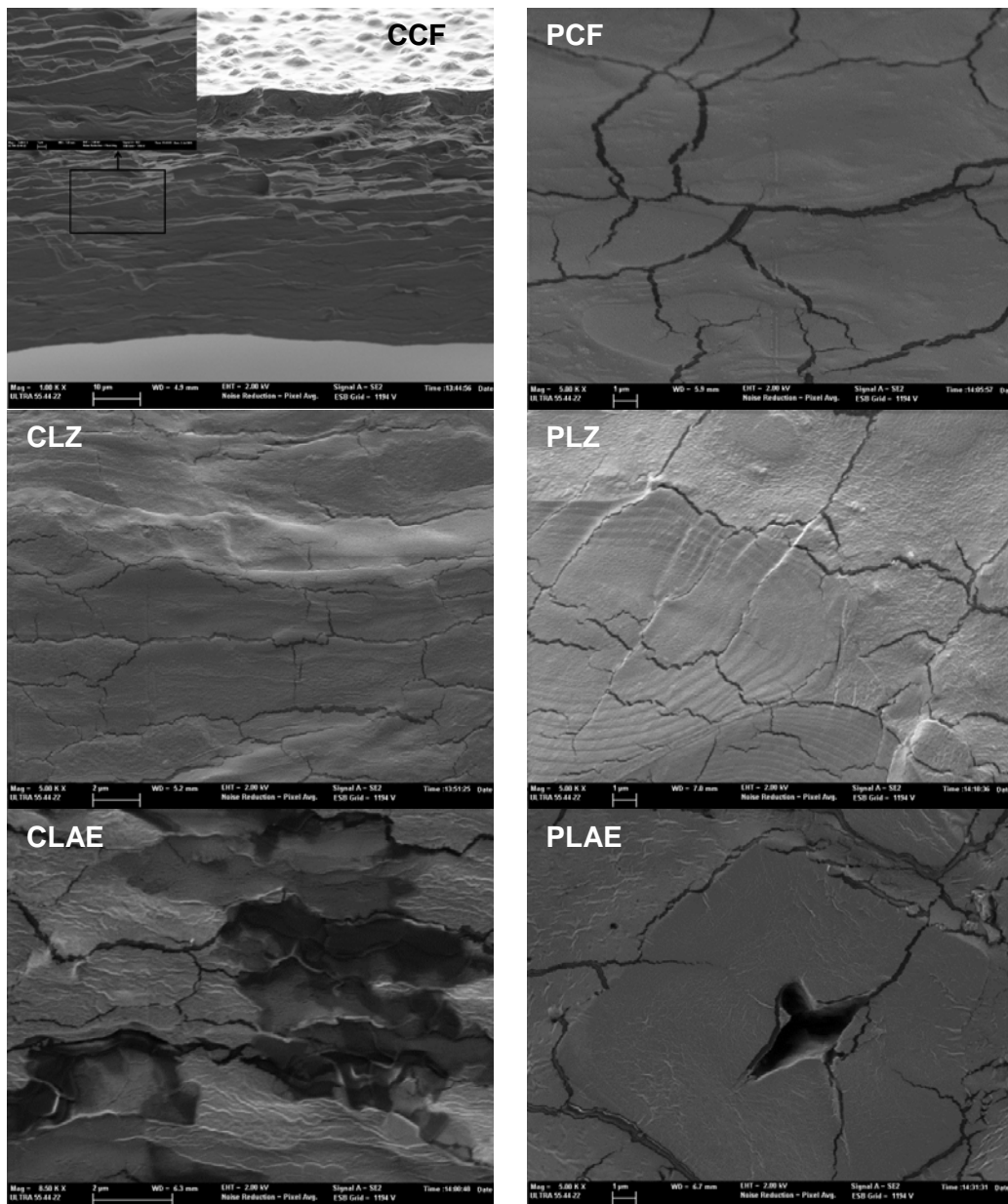
294

295 3.1.1. Microstructure of the films

296 Figures 1 and 2 show the images of the cross sections and surface of the films,
297 obtained by FESEM. Figure 1 illustrates the differing internal microstructure of
298 the control films (starch and gelatin blends) obtained by casting and
299 compression molding. The former (CCF) shows a stratified arrangement of the
300 polymers, caused by their limited miscibility, which forms during the drying step.
301 Phase separation occurs during this step and the gelatin-rich phase (with low
302 density) is predominant at the top of the film, whereas the starch-rich phase
303 (with higher density) remains mainly distributed at the bottom of the film. This
304 polymer arrangement is also evidenced at surface level (Figure 2), where the
305 gelatin domains can be observed as globular formations, as previously seen in
306 casting films of similar composition by other authors ⁶. Polymer phase
307 separation could also be observed in control films obtained by compression
308 molding (PCF), even though no gravitational stratification can take place in this

309 case. Figure 1 shows the lack of complete adhesion of both phases at the
310 interface of different polymer domains. The PCF surface (Figure 2) shows a
311 fibrous structure which could be attributed to the gelatin chain aggregations.
312 This polymer tends to acquire a tridimensional structure similar to collagen,
313 through the aggregation of its helical conformation ⁶.

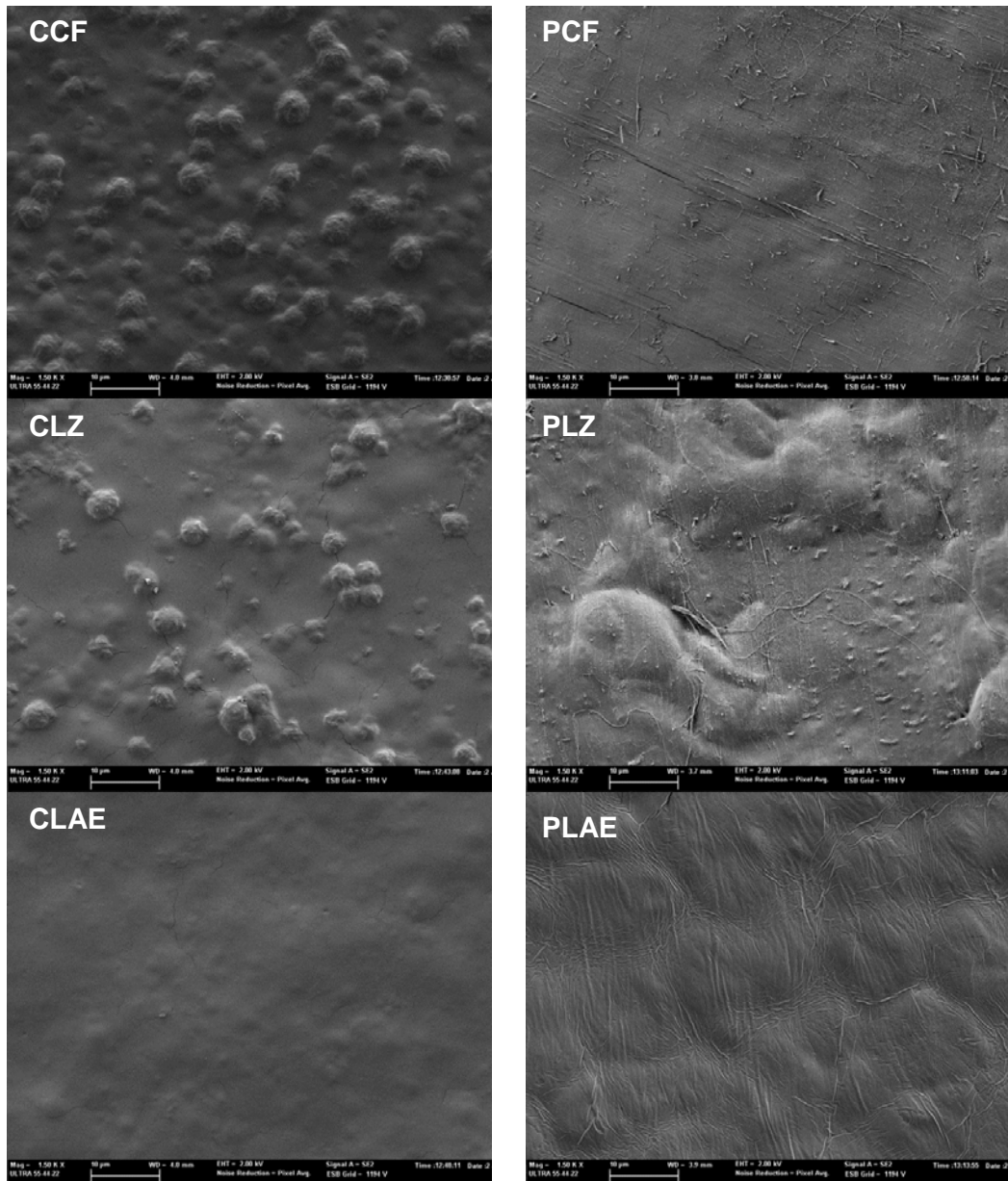
314 The incorporation of LZ into the films seems to enhance the interactions
315 between the two polymers, hence favouring the blending, both for casting and
316 compression-molding films. Figure 1 shows some degree of polymer phase
317 separation in CLZ and PLZ films, but the interfacial adhesion appears to be
318 improved as compared to the control films. The surface of casting films with
319 lysozyme (Figure 2) also exhibits globular forms, but to a lesser extent than the
320 control films. PLZ samples show less clearly delineated fibrous structures than
321 PCF control films, thus indicating a better degree of gelatin and starch phase
322 blending.



323

324 **Figure 1.** FESEM images of the cross section of control films and films
 325 containing LZ and LAE, obtained by casting (left) and compression molding
 326 (right). Bar in CCF corresponds to 10 μm and for the included micrograph, at
 327 higher magnification, to 2 μm ; bars in CLZ and CLAE correspond to 2 μm and,
 328 in PCF, PLZ and PLAE, to 1 μm .

329



330

331 **Figure 2.** FESEM images of the surface of control films and films containing LZ
 332 and LAE, obtained by casting (left) and compression molding (right). Bars in all
 333 micrographs correspond to 10 μ m.

334 In films with LAE, the starch and gelatin domains were smaller, which suggests
 335 the improvement of the polymer blending capacity caused by this surfactant
 336 compound. The internal structure of PLAE films showed some gaps, probably
 337 caused by air incorporation during the homogenization step, favoured by the

338 surfactant effect of LAE. The surface of films with LAE was more homogeneous,
339 coherently with the better polymer homogenization due to the interfacial action
340 of this compound.

341 So, the amphiphilic nature of LZ, and especially of LAE, contributed to enhance
342 blending capacity of starch and gelatin phases, thus giving rise to a different
343 microstructural arrangement in the polymer matrix. Likewise, casting or
344 compression molding processes seriously affected film microstructure due to
345 the differences in the polymer chain interactions which occurred in the aqueous
346 solution during film drying or in the melt blending process, as well as the
347 gravitationally induced stratification of separate polymer phases during the
348 drying step of casting films.

349

350 *3.1.2. Tensile properties*

351 Table 1 shows the film thickness values, along with the tensile parameters:
352 elastic modulus (EM), tensile strength at break (TS) and percentage elongation
353 at break (%E) of the films. The compression molding method led to a
354 significantly increased film thickness, as compared to the casting method, due
355 to the low flowability of the material in the compression step.

356 The tensile parameters of the casting control films (CCF) were in the order of
357 those reported by previous works ⁶ for films of similar composition. In general,
358 thermo-pressed films were less rigid, less resistant to fracture and more
359 stretchable than casting films, which can be explained by their different
360 microstructure. In the casting films, both polymer phases are partially separated
361 in the film forming solution, but the polymer chains can extend and interact to a

362 different extent throughout the drying step, thus giving rise to two independent
363 networks with strong chain attraction within each homopolymer phase and
364 weaker interactions at the polymer interfaces. On the other hand, in the films
365 obtained by compression molding, polymer domains of different sizes were
366 produced during the melt blending step, which offers less opportunity for the
367 development of molecular interactions. A great contact surface between the two
368 polymer phases is produced, with weak adhesion forces at the interface.
369 Differences in the film thickness for casting and thermo-processed films will also
370 affect their tensile properties.

371 Lysozyme addition affected the tensile behavior of the compression molded
372 films. As compared to the corresponding control film (PCF), lysozyme addition
373 did not significantly affect the tensile properties of the thermoprocessed films,
374 although the interfacial action of LZ in thermo-compressed films resulted in an
375 improved polymer adhesion (Figure 1). However, casting films with lysozyme
376 (CLZ) were significantly less rigid and resistant, but more stretchable than the
377 corresponding control film (CCF).

378 On the other hand, LAE addition affected the tensile behavior of the films
379 obtained by both methods. In comparison with control films, films with LAE
380 became less rigid and resistant ($p < 0.05$) in both casting and thermo-
381 compression methods. This reduction of the strength parameters is justified by
382 the improved dispersion of starch and gelatin phases (smaller domains) caused
383 by LAE addition, thus exhibiting greater interfacial area where adhesion forces
384 are weaker. The film extensibility was increased in casting films (CLAE), and
385 notably reduced for those obtained by compression molding (PLAE). The
386 increased extensibility of casting films could be related to the sliding of the

387 polymer chains during the tensile test favoured by the interfacial action of LAE,
388 whereas in the control film (CCF) the intermingled phases show more
389 resistance and lower deformability. On the contrary, the interfacial action of LAE
390 seems to be less effective in the thermo-compression process, since polymer
391 phases are structured as adhered smaller domains (greater interfacial area)
392 with some gaps, which makes the film rupture easier, as compared to the
393 corresponding control film (PCF).

394 On the other hand, the degree of crystallinity in both polymer phases could also
395 have a remarkable effect on the tensile response of the films obtained by the
396 different methods. In the casting films, aggregation and crystallization
397 phenomena are liable to occur during the drying step due to the high molecular
398 mobility of the polymer chains, whereas this molecular arrangement is much
399 less probable in thermo-compressed films, which will exhibit more amorphous
400 and less resistant structures ²⁹.

401

402 *3.1.3. Optical properties*

403 The values of the optical parameters of the films (lightness, chrome, hue,
404 whiteness index and gloss at 60°) are reported in Table 2. The film processing
405 method significantly affected the colour of the films. Compression molding
406 yielded darker films with higher chrome and lower hue than those obtained by
407 casting ($p < 0.05$). The films obtained by compression molding had some reddish
408 coloration, indicating that some browning reactions take place during the
409 thermal process. On the contrary, the casting films were almost white (with low
410 chrome, regardless of the hue value).

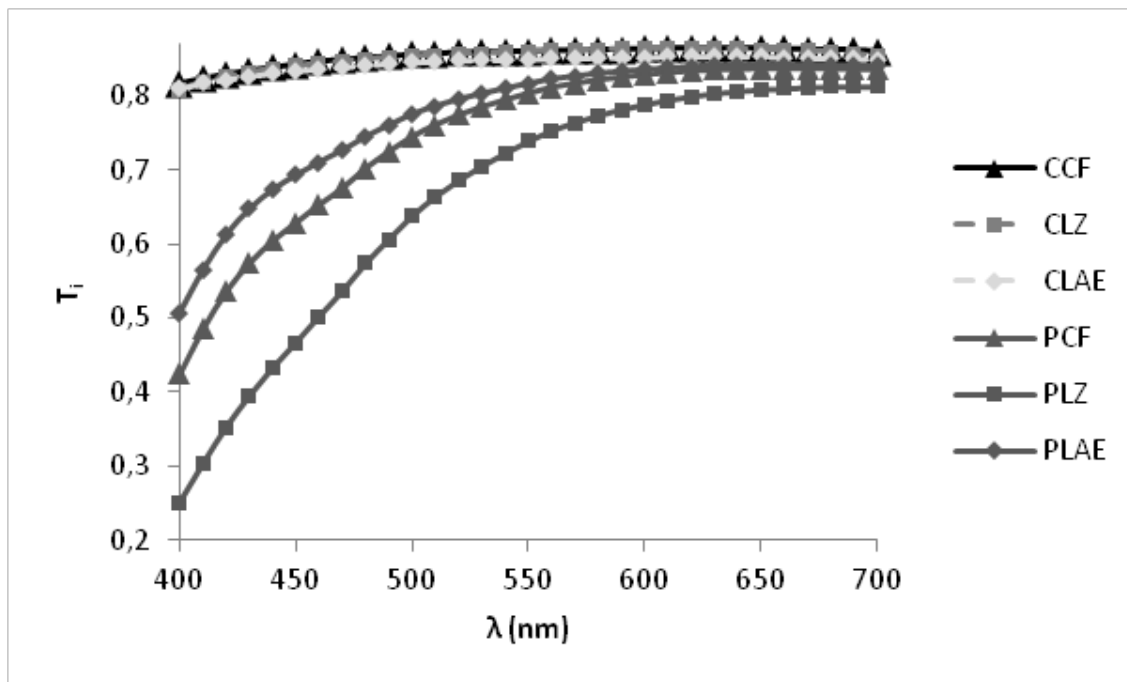
411 Lysozyme addition did not affect the colour of casting films, whereas in
412 compression molded films, this compound led to a lightness and hue reduction,
413 and a chrome increase ($p<0.05$), giving rise to more brownish films, as
414 compared to PCF. LAE incorporation in casting films resulted in a significant
415 decrease in lightness and chrome, whereas hue increased ($p<0.05$). However,
416 when this compound was incorporated into compression molded films, chrome
417 was significantly reduced ($p<0.05$) while WI increased with respect to the
418 corresponding control films, thus indicating that less film browning was
419 produced in this case. In fact, of the compression molded films, PLAE were the
420 least affected by browning. The whiteness index values were coherent with the
421 colour parameters, and they were significantly higher in casting films ($p<0.05$).
422 These results suggest that melt blending and compression molding could not
423 represent a convenient strategy to obtain starch-gelatin films since the dark
424 brown discoloration evidences some degradation of the materials occurring
425 during the thermal process, although LAE incorporation mitigated these effects.

426 For both processing methods, LZ and LAE addition resulted in a significant
427 gloss increase ($p<0.05$) and no significant effect of the method was observed.
428 The gloss increase can be attributed to the surface roughness reduction (fewer
429 globular formations), as deduced from the FESEM observations in Figure 2.

430 Figure 3 shows the internal transmittance (T_i) spectra of the films, as an
431 indicator of their transparency. The processing method was the factor that
432 mainly affected this property; the films obtained by casting were more
433 transparent (higher T_i values) than those obtained by compression molding. The
434 addition of LZ and LAE only affected the transparency of the compression
435 molded films. With respect to the control film (PCF), PLZ showed the lowest T_i

436 values, hence being the least transparent films, whereas LAE addition led to a
437 transparency increase in compression molded films (PLAE).

438 The reduction of T_i at low wavelength may be attributable to the browning
439 products absorbing light between 400 and 500nm. These compounds may
440 result from Maillard reactions (condensation reactions between protein amine
441 groups and carbohydrate carbonyl groups) or the caramelization of the
442 carbohydrates, both enabled by the high process temperature. In this sense, it
443 is remarkable that LZ and LAE provoked different effects, both having amino
444 groups but probably with different reactivity.



445
446 **Figure 3.** Spectral distribution of internal transmittance between 400 and 700
447 nm, for the different film formulations obtained by casting (C) and compression
448 molding (P).

449

450 3.1.4. Moisture content and barrier properties

451 Table 3 shows the equilibrium moisture content of the films (X_w , g water per g
452 dry film), their water vapor permeability (WVP) and their oxygen permeability
453 (OP). The moisture content was slightly lower in thermoprocessed films and
454 casting films with LAE, whereas LZ casting films showed the highest value,
455 although the differences are not very remarkable and could be attributed to the
456 different structural arrangement of polymers which could imply a different ratio
457 of active points for water adsorption. The reduction of water affinity provoked by
458 the LAE addition in the films, suggests that a slightly more hydrophobic matrix is
459 produced in this case, whereas the opposite trend was observed for LZ films.
460 Nevertheless, these effects disappeared in thermoprocessed films, where
461 browning reactions, occurred during heating, may involve polar groups, thus
462 contributing to the overall reduction of the number of active sites for water
463 adsorption.

464 The barrier properties (WVP and OP) of the casting control films were similar to
465 those previously reported for starch-gelatin casting films ⁶. However,
466 compression molded films exhibited significantly higher values of WVP and OP
467 ($p < 0.05$) than casting films. For both film forming techniques, the incorporation
468 of LZ reduced OP (6, 20%, for C and P films) and increased WVP (19, 17%, for
469 C and P films). Contrarily, LAE significantly increased OP (65, 279% for C and
470 P films) and reduced WVP (28, 30%, for C and P films) for both film types. This
471 different response could be explained by the fact that the different structural
472 properties and the induced changes in the hydrophilic character of the matrix
473 (different water adsorption capacity) give rise to different transport rates for
474 water and oxygen in the film. In this sense, compression molded films,
475 exhibiting multiphasic structures with weak interphase adhesion, and being less

476 compact than casting films, allowed for a greater degree of mass transport than
477 casting films. The effect the processing method had on mechanical and barrier
478 properties coincides with that previously reported by other authors for gelatin-
479 starch films ⁹.

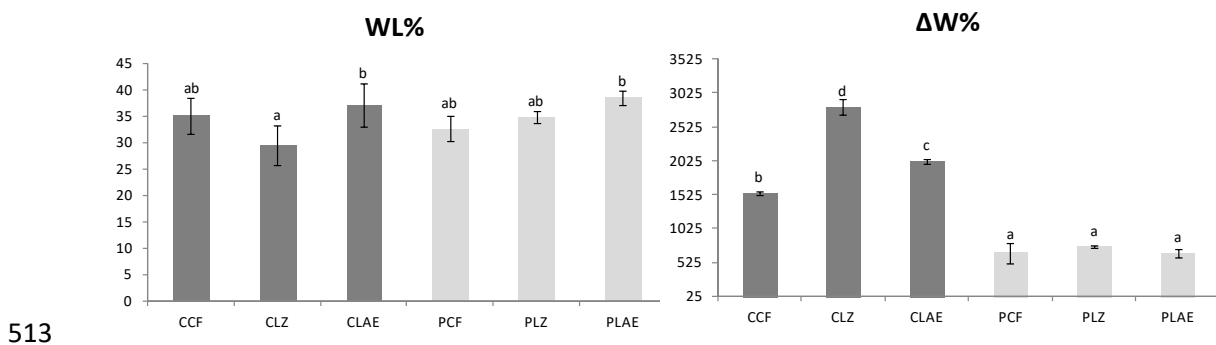
480 The opposite effect of LZ and LAE on WVP and OP agrees with the previously
481 mentioned reverse effect of these compounds on the water affinity of the films;
482 whereas LZ enhanced the matrix hydrophilic character, LAE promoted its
483 hydrophobicity. Consequently, water solubility in the matrix increases in LZ
484 films, whereas oxygen solubility increases in LAE films, thus affecting the
485 permeation behavior of each molecule in the matrix in an opposite way.
486 Likewise, according to the multiphasic structure of the films, tortuosity factor for
487 mass transport of permeants will also affect the mass transport rate ³⁰.
488 Moreover, the obtained values for water vapour barrier properties of starch-
489 gelatin blends were not in the established range of water vapour transmission
490 rate for food systems' requirements ³¹ and reduction would be necessary, which
491 could be also obtained by cross linking strategies. Nevertheless, oxygen barrier
492 properties of these films cover the whole range of food packaging requirements
493 ³¹.

494

495 3.1.5. Film water solubility and swelling and migration capacity

496 Figure 4 shows the values obtained for the water solubility and swelling capacity
497 of the different samples, expressed as weight loss (%) and water uptake (%),
498 respectively. Control films obtained by both casting and thermo-pressing
499 methods (CCF and PCF) showed a similar water solubility to that reported by

500 Fakhouri et al. (2013). Neither film composition nor the processing method led
 501 to significant changes in the film solubility. On the contrary, films obtained by
 502 casting exhibited a significantly greater water uptake ($p < 0.05$) (Figure 5b). In all
 503 likelihood, the chain packing stemming from the drying of the film forming
 504 solutions is able to partially recover the hydrated form, binding a high water
 505 ratio, whereas the different polymer chain packing obtained from melt blending
 506 has a much lower water binding capacity in line with the development of
 507 different chain interactions at high temperatures without water. In addition, the
 508 loss of hydroxyl groups occurred during the caramelization process in
 509 compression molded films, could contribute to reduce the water uptake values.
 510 Both LZ (more markedly) and LAE enhanced the water uptake capacity of the
 511 casting films, whereas no significant effect was observed in compression
 512 molded films.



514 **Figure 4.** a) Weight loss of dried films (WL%, g/100 g dried film) after 24h of
 515 immersion in distilled water at 25°C. Water uptake ($\Delta W\%$, g water/100 dried
 516 film) of the films after 24h of immersion in distilled water at 25°C. Average
 517 values and standard deviation. Different letters (a,b,c,d) indicate significant
 518 differences among the different formulations.

519 Related with the solubility of the films in water systems such as foods, Table 4
520 shows the overall migration values obtained for the different films in water and
521 some food simulants. For all the films, migration values in hydrophilic simulants
522 (water, 10 % ethanol and 3 % acetic acid), exceeded the established limit for
523 the overall migration of 10 mg/dm² by the current law. In the most hydrophobic
524 simulant (isooctane), films obtained by compression molding showed
525 significantly lower overall migration values than those obtained by casting,
526 meeting the established limit. When 10 % ethanol was used, a different
527 behavior was observed for casting and thermoprocessed films; casting films
528 exhibited the lowest migration levels among all the hydrophilic simulants, these
529 being closer to those obtained in isooctane, whereas thermoprocessed films
530 showed the highest values. In general, the film processing mainly affected the
531 the overall migration behavior of the films, while the addition of LZ or LAE
532 slightly promoted the migration of film components in polar simulants. On the
533 basis of these results, different strategies, such as a crosslinking process,
534 would be required in order to reduce the migration capacity of the starch-gelatin
535 films in aqueous food systems.

536

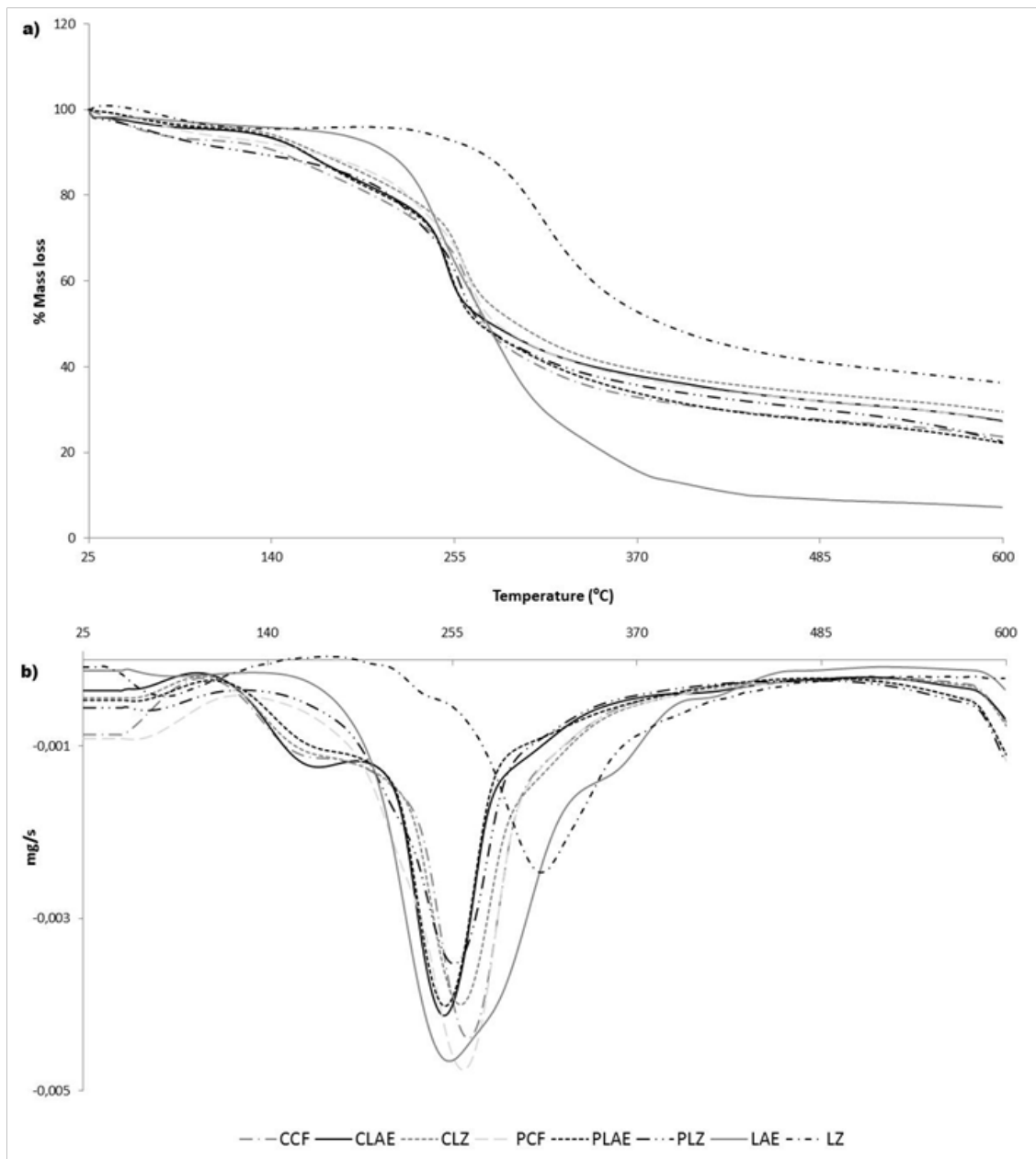
537 3.1.6. Thermogravimetric analysis

538 Figure 5 shows the obtained thermograms for the different films and pure LZ
539 and LAE. Likewise, in Table 5, the values of the initial degradation temperature
540 (T_0) and the temperature at the maximum degradation rate (T_{max}) for the
541 different films and the pure active compounds are summarized. These results
542 allow for the elucidation of the thermal stability of the material as a function of

543 the composition, as well as the possible effect of thermal processing, as
544 compared to casting films. The initial degradation temperatures of LZ and LAE
545 were 217°C and 175°C respectively. These values are higher than the process
546 temperature (160°C), which offers some guarantees about their stability during
547 the melt blending process.

548 Nevertheless, all the films obtained by compression molding, except PLAE,
549 showed a T_0 value of around 160°C, whereas this was about 120°C for the rest
550 of the films. This indicates that during the thermoprocessing at 160°C, some
551 degradation compounds were formed from 120°C onwards, which may be
552 responsible for the coloration of these films, as previously mentioned. The
553 increase of T_0 for the films obtained by thermocompression indicates the
554 different chemical composition attained by the materials after being partially
555 degraded during the thermal process. It is remarkable that the
556 thermocompressed films with LAE (PLAE), did not present significant browning,
557 which is coherent with the lower T_0 value (121°C) observed in the thermogram.
558 This seems to indicate that there is some thermoprotective effect of this
559 compound in the polymers during the melt blending process. The maximum
560 degradation rate temperature of all the films was between 250°C and 260°C; it
561 was slightly lower both in films with bioactive compounds and, except for LAE
562 formulation, in compression molded films.

563 On the basis of these results and the optical analysis, thermal processing of
564 starch-gelatin blends could not represent a good strategy to obtain films due to
565 the occurrence of some degradation reactions, which give rise to dark brown
566 discoloration of the films. Nevertheless, LAE incorporation implied a certain
567 protection against these browning reactions.



568

569 **Figure 5.** Thermogravimetric curves (a) and the first derivative of TGA curves
 570 (b) of the film samples and pure antimicrobial compounds (LZ and LAE).

571

572 3.2. Antilisterial properties of the films and Lysozyme activity

573 Table 6 shows the results obtained from the analysis of the films'
 574 antimicrobial activity. The films with LAE (both CLAE and PLAE) had an
 575 absolute bactericidal effect at every control time. On the other hand, none of the

576 formulations with LZ exhibited antilisterial activity, in spite of its notable enzyme
577 activity (21.803 ± 2.378 U/mg), determined through the absorbance reduction
578 caused by the lysis of *Micrococcus lysodeikticus*¹⁹. This could be attributed to
579 the immobilization of LZ in the starch-gelatin matrix, which could limit its
580 diffusion from the film surface, taking into account its high molecular weight
581 (14.4 kDa). Therefore, its potential antimicrobial activity would be inhibited.

582

583 **4. CONCLUSIONS**

584 Whereas the incorporation of LAE to starch-gelatin blend films was very
585 effective at imparting active (antilisterial) properties to the material, LZ did not
586 confer notable antibacterial activity on the films. LAE also improved the
587 interfacial adhesion of the polymers in both casting and thermoprocessing
588 methods, making the blending process easier. The incorporation of LAE
589 notably reduced stiffness and resistance to break in casting films, making them
590 more extensible, which was only observed for LZ in the case of the casting
591 method. Likewise, LAE promoted water vapor barrier properties and increased
592 the oxygen permeability of the films, although the latter was in the range of food
593 packaging requirements. Likewise, this antimicrobial compound enhanced the
594 thermal stability of the blends, which is highly positive for thermoplastic
595 processing at industrial level. Therefore, as it is a promising compound when
596 formulating biodegradable active films obtained by either casting or thermal
597 processing, its incorporation into starch-gelatin films greatly enhanced their
598 functionality and added value. Nevertheless, due to the fact that there is a high
599 degree of overall migration of the films to hydrophilic food simulants, different

600 strategies, such as the crosslinking process, would be required to limit this
601 aspect.

602

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609

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689

690 **Table 1.** Values of thickness (mm) and tensile parameters (EM (MPa), TS
 691 (MPa) and %E) of the films equilibrated at 53% of RH at 25°C. Average values
 692 and standard deviation.

Formulation	Thickness (mm)	EM (MPa)	TS (MPa)	%E
CCF	0.065 ± 0.006 ^a	1021 ± 194 ^d	33 ± 6 ^e	14 ± 5 ^a
CLZ	0.065 ± 0.004 ^a	461 ± 15 ^c	18 ± 2 ^c	32 ± 9 ^b
CLAE	0.061 ± 0.003 ^a	512 ± 95 ^c	24 ± 7 ^d	35 ± 2 ^b
PCF	0.180 ± 0.014 ^b	110 ± 42 ^b	15 ± 2 ^b	94 ± 19 ^c
PLZ	0.227 ± 0.012 ^c	119 ± 34 ^b	16.4 ± 0.2 ^{bc}	100 ± 28 ^c
PLAE	0.176 ± 0.013 ^b	21.6 ± 1.8 ^a	3.4 ± 0.3 ^a	29 ± 3 ^b

693 Different letters (a, b, c, d, e) in the same column indicate significant differences among the different
 694 formulations (p<0.05).

695

696 **Table 2.** Values of the colour parameters (L*, Lightness; C_{ab}*, Chrome; h*, hue),
 697 Whiteness Index (WI) and Gloss at 60° for the different film formulations.
 698 Average values and standard deviation.

Formulation	L*	C _{ab} *	h _{ab} *	WI	Gloss (60°)
CCF	80.6 ± 0.5 ^d	7.3 ± 0.2 ^b	98.0 ± 0.3 ^d	79.4 ± 0.4 ^e	12.1 ± 0.7 ^a
CLZ	81.4 ± 0.3 ^e	7.4 ± 0.4 ^b	98.6 ± 0.8 ^d	80.0 ± 0.3 ^e	14.1 ± 0.9 ^b
CLAE	73.8 ± 0.6 ^c	4.36 ± 0.13 ^a	104.0 ± 0.9 ^e	73.4 ± 0.6 ^d	18.7 ± 1.3 ^c
PCF	62.32 ± 1.05 ^b	30.4 ± 1.3 ^d	83.6 ± 0.7 ^b	51.6 ± 0.9 ^b	12 ± 4 ^a
PLZ	54.7 ± 0.2 ^a	33 ± 3 ^e	76.5 ± 2 ^a	43.9 ± 1.9 ^a	19 ± 4 ^c
PLAE	62.3 ± 0.7 ^b	26.1 ± 1.8 ^c	85.5 ± 0.4 ^c	54.3 ± 0.2 ^c	19 ± 4 ^c

699 Different letters (a, b, c, d, e) in the same column indicate significant differences among the different
 700 formulations (p<0.05).

701

702

703 **Table 3.** Values of the barrier properties (WVP, Water Vapour Permeability; OP,
704 Oxygen Permeability) and equilibrium moisture content (X_w). Average values
705 and standard deviation.

Formulation	WVP (g/Pa·s·m)·10 ⁷	OP (cm ³ /m ² ·día)·10 ¹³	X _w (g water/g dry film)
CCF	6.9 ± 0.2 ^b	1.26 ± 0.03 ^a	12 ± 3 ^b
CLZ	8.2 ± 0.5 ^c	1,19 ± 0.02 ^a	14.0 ± 0.2 ^c
CLAE	5.0 ± 0.6 ^a	2.08 ± 0.07 ^{ab}	10.3 ± 0.5 ^a
PCF	15.1 ± 1.3 ^d	2.51 ± 0.02 ^b	10.3 ± 0.6 ^a
PLZ	17.6 ± 0.9 ^e	1.99 ± 0.16 ^{ab}	9.3 ± 0.9 ^a
PLAE	8.1 ± 1.2 ^c	9.47 ± 1.18 ^c	9.7 ± 0.5 ^a

706 Different letters (a, b, c, d, e) in the same column indicate significant differences among the different
707 formulations (p<0.05).

708

709 **Table 4.** Overall migration values (mg/dm²) of the different films (for 10 days at
710 20°C) into different food simulants, distilled water, ethanol (10% v/v) (simulant
711 A), acetic acid (3% w/v) (simulant B) and isooctane (simulant D2). Average
712 values and standard deviation.

713 Different letters (a, b, c, d) in the same column indicate significant differences among the different formulations for the same
714 stimulant (p<0.05).

715 Different letters (x, y, z) in the same row indicate significant differences among the different simulants for the same formulation

Formulation	Water	Ethanol (10% v/v)	Acetic acid (3% w/v)	Isooctane
CCF	318 ± 40 ^{a,y}	108 ± 15 ^{a,x}	362 ± 36 ^{a,y}	47 ± 24 ^{b,x}
CLZ	394 ± 84 ^{ab,y}	212 ± 46 ^{ab,x}	673 ± 35 ^{bc,z}	79 ± 8 ^{b,x}
CLAE	394 ± 129 ^{ab,xy}	348 ± 52 ^{b,xy}	622 ± 148 ^{bc,y}	126 ± 99 ^{b,x}
PCF	598 ± 14 ^{bc,y}	713 ± 16 ^{c,z}	531 ± 59 ^{ab,y}	3 ± 2 ^{a,x}
PLZ	793 ± 29 ^{c,yz}	853 ± 7 ^{cd,z}	774 ± 42 ^{c,y}	3 ± 2 ^{a,x}
PLAE	735 ± 164 ^{c,y}	989 ± 125 ^{d,y}	982 ± 51 ^{d,y}	2 ± 2 ^{a,x}

716 (p<0.05).

717

718

719 **Table 5.** Onset (To) and peak (Tmax) (maximum degradation rate)
720 temperatures for polymer degradation in the different films.

Formulation	T _{máx} (°C)	To (°C)
CCF	264.75 ± 0.11 ^e	119 ± 4 ^a
CLZ	260.09 ± 0.12 ^d	124.8 ± 0.7 ^a
CLAE	249.9 ± 0.4 ^a	123.5 ± 1.7 ^a
PCF	261.75 ± 0.11 ^d	162.2 ± 1.4 ^b
PLZ	255.92 ± 0.12 ^c	161.3 ± 1.4 ^b
PLAE	251.3 ± 1.3 ^a	121.6 ± 0.3 ^a
LAE	253.8 ± 1.1 ^b	175 ± 4 ^c
LZ	310.7 ± 1.6 ^f	217 ± 7 ^d

721 Different letters (a, b, c, d, e, f) in the same column indicate significant differences among the different
722 formulations (p<0.05).

723

724

725

726

727

728 **Table 6.** Effect of the films on the growth and survival of *Listeria innocua* (CECT
729 910) at 37°C. Bacterial counts obtained at initial time (0 h), 5 and 24 h of
730 incubation. Average values and standard deviation.

	0h	5h	24h
Formulation	Log (CFU/cm ²)	Log (CFU/cm ²)	Log (CFU/cm ²)
Ci**	2.08 ± 0.07 ^{a,x}	3.91 ± 0.05 ^{b,y}	7.35 ± 0.02 ^{b,z}
CCF	2.14 ± 0.04 ^{b,x}	4.19 ± 0.03 ^{c,y}	7.40 ± 0.05 ^{b,z}
CLZ	2.13 ± 0.03 ^{ab,x}	4.18 ± 0.03 ^{c,y}	7.40 ± 0.03 ^{b,z}
CLAE	NDG*	NDG*	NDG*

PCF	2.25 ± 0.02 ^{c,x}	3.86 ± 0.08 ^{b,y}	7.35 ± 0.04 ^{b,z}
PLZ	2.13 ± 0.02 ^{ab,x}	3.77 ± 0.06 ^{a,y}	7.24 ± 0.07 ^{a,z}
PLAE	NDG*	NDG*	NDG*

731 Different letters (a, b, c, d, e) in the same column indicate significant differences among the different
732 formulations (p<0.05).

733 Different letters (x, y, z) in the same row indicate significant differences among the different times of
734 incubation for the same formulation (p<0.05).

735 * No Detected Growth.

736 ** Inoculum Control.

737